



MGM INSTITUTE OF HEALTH SCIENCES

(Deemed University u/s 3 of UGC Act, 1956)

Grade 'A' Accredited by NAAC

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Value Added Course

Palliative Nursing Care


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Title: Palliative care Nursing

Department : MGM New Bombay College of Nursing
Target Audience : Fourth Year B.Sc. Nursing
Duration : 16 hours Time : 9.00 am to 5.00 pm
Venue : 3rd floor class room, MGM New Bombay college of Nursing

Course objectives: This course aims to provide nursing students with knowledge on various concepts regarding palliative care and develop skills in taking care of palliative patients.

Specific objectives:

At the end of course the students will be able to

- Describe the various concepts of palliative care.
- Communicate therapeutically with patient and families
- Identify common symptoms associated with end of life process and manage
- Explain roles of nurse in ethical decision making
- Enhance management of grief and loss by patient and family

Hrs	Content	Teaching Learning method
2 hrs	Introduction to palliative care <ul style="list-style-type: none"> • History • Definition • Indications • Principles • Difference between Hospice Care and Palliative Care 	Lecture Group discussion
6 hrs	Symptom management in Palliative Care. <ol style="list-style-type: none"> 1. Management <ul style="list-style-type: none"> • Medical • Nursing • Alternate and Complementary Therapy 2. Pain <ul style="list-style-type: none"> • Assessment • Barriers • Management 3. Specific Nursing issues in Palliative Care 	Lecture Group activity Group discussion
2 hrs	Ethical and legal issues at End of life <ul style="list-style-type: none"> • Ethical and Legal issues • Ethical decisions • Advance directives • DNR (Do not Resuscitate) 	Lecture Assignment
2 hrs	Loss, grief and bereavement <ul style="list-style-type: none"> • Interventions to facilitate normal grief • Enhancing coping with death and anxiety 	Lecture, Assignment
3 hrs	Therapeutic communication <ul style="list-style-type: none"> • Clinical communication with patients with advanced & progressive diseases • Protocol for Breaking bad news 	Lecture, Group discussion Group activity
1 hr	Psychological, Social and Spiritual needs of End of life patients and their families	Lecture Group discussion

Course Evaluation: Written Examination /Assignments.

Name of the Co-ordinator:- M.Sc. Nursing Faculty (Medical Surgical Nursing)

Number of students :- 20 each

Faculty responsible of conducting the course :- Nursing & Medical Faculty / External Faculty

Course Fees:-Rs. 300/- per student