



## MGM INSTITUTE OF HEALTH SCIENCES

(Deemed University u/s 3 of UGC Act, 1956)

Grade 'A' Accredited by NAAC

Sector-01, Kamothe, Navi Mumbai - 410 209

Tel 022-27432471, 022-27432994, Fax 022 - 27431094

E-mail : [registrar@mgmuhs.com](mailto:registrar@mgmuhs.com) | Website : [www.mgmuhs.com](http://www.mgmuhs.com)

### Value Added Course

## BASIC COURSE IN ROAD SAFETY AND TRAFFIC RULES

**Dr. Rajesh B. Goel**  
Registrar

**MGM Institute of Health Sciences**  
(Deemed University u/s 3 of UGC Act, 1956)  
Navi Mumbai- 410 209

**Dr. Shashank D. Dalvi**  
Vice Chancellor  
MGM Institute of Health Sciences  
Navi Mumbai - 410209



**MGM School of Physiotherapy**  
MGM Institute of Health Sciences, Navi Mumbai

***Value Added Course***

***Basic Course on Road Safety and Traffic Rules***

*Venue: MGM School of Physiotherapy*

*Kamothe, Navi Mumbai*



**Objectives:**

- ✓ Measure the magnitude and impact of road traffic injuries
- ✓ Assess the key risk factors
- ✓ Strengthen the evidence base for prevention
- ✓ Implement promising interventions
- ✓ Deliver post-crash care and transfer techniques
- ✓ Formulate and implement road safety policies

**Attendees:**

- ✓ Interns and Bachelor of physiotherapy students and Masters of Physiotherapy students

**Learning Outcomes:**

- ✓ On completion of this course you will achieve enhanced understanding of Basic Road Safety and post-crash care along with transfer techniques

**Resource Persons:** Dr. Meruna Bose, Associate Professor, MGM School of Physiotherapy, MGM Institute of Health Sciences, Navi Mumbai.



**MGM School of Physiotherapy**  
MGM Institute of Health Sciences, Navi Mumbai

**Programme Schedule**

<b>14<sup>th</sup> January 2016</b>	
<b>Timings</b>	<b>Sessions</b>
8.30 – 9.00 am	Breakfast & Registration
9.00 – 10.15 am	Introduction to causes of road traffic accidents
10.15 - 10.30 am	Break
10.30 - 11.00 am	Interaction Session with Spinal Cord Injury persons
11.00 am- 12.30 pm	Video graphic presentation of different types of mechanisms of injury
12.30 - 13.00 pm	Lunch
13.00 - 14.00 pm	To teach the students about safe lifting and transportation of the person/s with injury/s
14.00- 15.00 pm	To understand safety, do's and don'ts to avoid accidents and ways to prevent maximum impact
15.00- 16.00 pm	Hands-on practical session on lifting of a person at accident site
16.00 – 17.00 pm	Rules and regulations of road safety
17.00 - 17.30 pm	Interaction & Feedback
<b>15<sup>th</sup> January 2016</b>	
9.00- 13.00 am	Practice Hand's on session for transfer techniques for various injury levels
13.00 -13.30 pm	Lunch
13.30 - 14.30 pm	Risk enhancing behaviours in traffic measures of overcome them
14.30-15.00 pm	Measures of overcome risk enhancing behaviours in traffic
15.00- 16.00 pm	Interaction & Feedback
17.00 - 17.30 pm	Valedictory



**MGM School of Physiotherapy**  
MGM Institute of Health Sciences, Navi Mumbai

<b>Title</b>	<b>Value Added Course - Road Safety and Traffic Rules</b>
Department	MGM School of Physiotherapy, MGM Institute of Health Sciences, Navi Mumbai
Venue	Classroom 4, MGMSchool of Physiotherapy, MGM Institute of Health Sciences, Kamothe, Navi Mumbai
Course objectives	<ul style="list-style-type: none"><li>• Measure the magnitude and impact of road traffic injuries</li><li>• Assess the key risk factors</li><li>• Strengthen the evidence base for prevention</li><li>• Implement promising interventions</li><li>• Deliver post-crash care and transfer techniques</li><li>• Formulate and implement road safety policies</li></ul>
Course outline/content	<ul style="list-style-type: none"><li>• Introduction to causes of road traffic accidents</li><li>• Interaction Session with Spinal Cord Injury persons</li><li>• Video graphic presentation of different types of mechanisms of injury</li><li>• To teach the students about safe lifting and transportation of the person/s with injury/s</li><li>• To understand safety, do's and don'ts to avoid accidents and ways to prevent maximum impact</li><li>• Hands-on practical session on lifting of a person at accident site</li><li>• Rules and regulations of road safety</li><li>• Practice Hand's on session for transfer techniques for various injury levels</li><li>• Risk enhancing behaviors in traffic measures of overcome them</li><li>• Measures of overcome risk enhancing behaviors in traffic</li></ul>
Course Instructor	<ul style="list-style-type: none"><li>• Dr. Meruna Bose, Associate Professor, MGM School of Physiotherapy, MGM Institute of Health Sciences, Navi Mumbai</li></ul>
Duration of the course	<b>2 Days - 16 Hours</b>
Course evaluation	Practical skills assessed
Number of students who completed the course	<b>48</b>



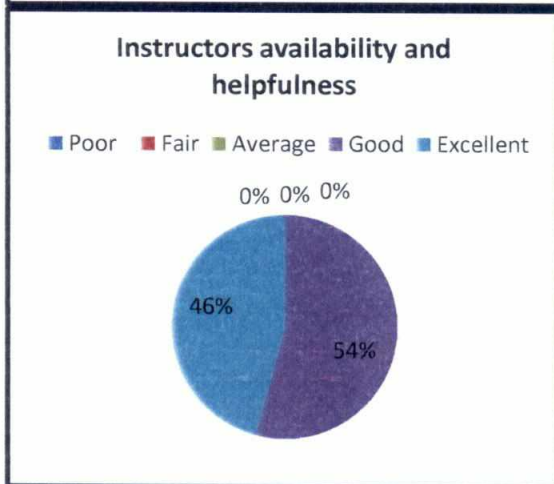
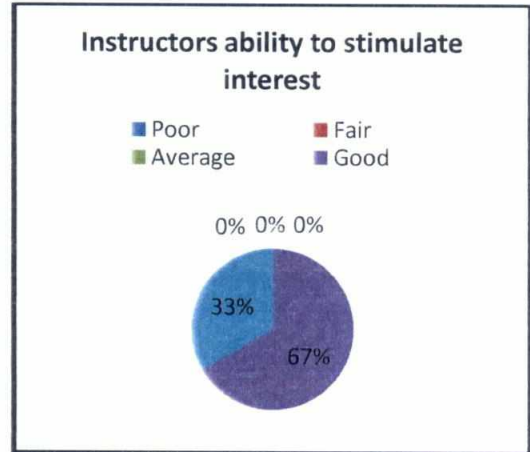
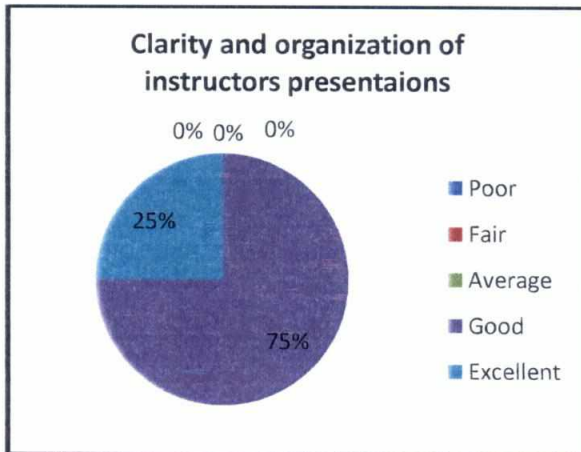
# MGM School of Physiotherapy

MGM Institute of Health Sciences, Navi Mumbai

Certificate of course completion

Given to all students

## Course Feedback





**MGM School of Physiotherapy**  
MGM Institute of Health Sciences, Navi Mumbai

