



Indian Women Scientists' Association

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Ref. No: IWSA/SZ/70/18

Date: 29/11/2018.

To,

Ms. Josmy Abraham,
& Ms. Sarika Nair
MGM New Bombay College of Nursing,
Kamothe, Navi Mumbai.

Dear Ms. Josmy and Ms. Sarika,

**Ref: Workshop on Health Management of your Golden Years
27th to 29th Nov. 2018**

I am happy to inform you that the "Golden Years" of the twelve participants were greatly brightened after they attended the workshop. The contents of the program covered many of the issues that are faced by the elderly. The lectures "Healthily the Elderly" by Ms Shefali Mehra and "Aging and Mental Health" by Prof. Susan Jacob were well appreciated.

It was a pleasure coordinating with you Ms Josmy for the organization of the program. I greatly appreciated your prompt response to all the correspondence that was needed.

The program was ably conducted by you Ms. Sarika. Both you and Ms Josmy ensured that your young team of nursing students ably presented the topics given for discussion and demonstration. Each of the students had made very good slides with optimal information, written text and photographs which the participants could understand very well.

Overall the workshop was well appreciated by the participants and several of our IWSA members who attended some of the talks and demonstrations.

Kindly accept a token of appreciation of Rs. 2000 from IWSA for your College of Nursing.

We look forward to conducting joint programs with your team under the overall guidance of Dr. Prabha Dasila, Director, MGMNB CON in the coming years.

With Regards

Sincerely,

Dr. Surekha Zingde
President, IWSA