



MGM INSTITUTE'S UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS
(A constituent unit of MGM INSTITUTE OF HEALTH SCIENCES, NAVI MUMBAI)
(Deemed to be University u/s 3 of UGC Act, 1956)

Grade 'A++' Accredited by NAAC

Sector-1, Kamothe, Navi Mumbai-410 209 | Tel.: 022-27437829, 27437620

Email: mgmudpo@mgmuhs.com | Website: www.mgmudpo.edu.in

EXTRACURRICULAR ACTIVITIES OF MGMIUDPO

Preamble

MGM Institute's University Department of Prosthetics and Orthotics recognizes the importance of holistic education and personal development. In line with our commitment to nurturing well-rounded individuals, we proudly introduce our extracurricular activities program.

Our extracurricular activities serve as an integral part of our educational mission, offering students opportunities beyond the classroom to explore their interests, develop leadership skills and foster a sense of community. These activities are designed to complement academic pursuits and promote a vibrant campus life. We aim to:

1. **Encourage Diversity:** We provide a diverse range of activities that cater to various interests, ensuring that every student can find their niche and express their unique talents.
2. **Promote Personal Growth:** Participation in extracurricular activities fosters personal growth, enhances communication skills and instills qualities such as teamwork, responsibility and time management.
3. **Build Unity:** Our activities create a sense of belonging and unity among students.
4. **Extend Learning:** Extracurricular activities provide opportunities for hands-on learning, practical application of knowledge and exposure to new ideas and perspectives.

MGM Institute's University Department Prosthetics & Orthotics organizes various extracurricular activities throughout the year for overall development of students. This helps to boost the confidence and students learn new skills.



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The events are as follows:

Sr No	Title of the event organized by the club or society	Name of the student society	Date of the event	No of students participated in the event
01	Celebration of International Disability Day-2021	Student Council of MGMIUDPO	03-Dec-21	19
02	Marathi Matrubhasha Diwas-2022 Celebration at MGMIUDPO		26th- Feb-2022	18
03	Marathi Matrubhasha Diwas-2022 Celebration at MGMIHS		28-Feb-22	19
04	Celebration of International Women's Day-2022		08-Mar-22	23
05	Gender Sensitization Programme-2022		10-Mar-22	26
06	Self Defense Training Session -2022		11-Mar-22	20
07	Blood Donation Camp-2022		09-Apr-22	6
08	Dr. B.R Ambedkar Jayanti celebration-2022		13-Apr-22	20
09	World Environment day-2022 celebration		04-Jun-22	29
10	International Yoga day-2022 celebration at MGMIUDPO		21-Jun-22	23
11	Independence Day-2022 celebration		15-Aug-22	18
12	Hindi Diwas -2022 celebration		14-Sep-22	23
13	N.S.S Day -2022 celebration		26-Sep-22	15
14	Clean India campaign -2022		18-Oct-22	12



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Outcome

Participating in extracurricular activities enhances personal development by honing skills like time management, leadership and teamwork. Contrary to detracting from academics, it often improves performance by instilling discipline and balance. Moreover, it builds self-confidence and fosters social skills through interactions with like-minded peers, expanding networks and friendships. These activities serve as a platform to explore interests, discover passions and even create a sense of personal identity. Leadership roles within these activities nurture decision-making skills and responsibility. Furthermore, they offer stress relief, resume enhancement and most importantly, personal fulfilment, enriching the college experience and preparing students for future success.

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Head of the Department,
MGM INSTITUTE'S UNIVERSITY DEPARTMENT
OF PROSTHETICS AND ORTHOTICS
NAVI MUMBAI



ACTIVITY -01

Name: Celebration of International Day for Persons with Disability -2021.

Date: 03rd December 2021.

No of participants: 113 attendees (faculties, students and patients)

Outcome: On the occasion of International Day for Persons with Disability, MGMIUDPO, MGMSOP & Department of Community Medicine of MGMIHS celebrated this day with patients. All the department organizes various types of sports and cultural events in which patients participated and won prizes.

GLIMPSES OF THE EVENT



ACTIVITY-02

Name: Marathi Rajbhasha Diwas at MGMIUDPO

Date: 26th February 2022.

No of participants: 18 Students and 02 faculties of MGMIUDPO.

Outcome: On the occasion of this day, a poetry competition on the theme of “**Importance of Health in Life**” was organized in the institute in which students and faculty had participated. Students shared their poetry on this theme in front of audience. The event was ended by thanks giving to all students and faculty by Dr. Pratiksha Shelar, N.S.S Coordinator for make this event successful.

GLIMPSES OF THE EVENT



ACTIVITY-03

Name: Marathi Rajbhasha Diwas at MGMIHS

Date: 28th February, 2022.

No of participants: 18 Students and 02 faculties of MGMIUDPO.

Outcome: This event was organized as NSS Activity, under NSS Unit MGMIHS, Kamothe, Navi Mumbai. MGM Institute's University Department of Prosthetics presented two skits in the competition.

1st Performance – New Leap.

In which students performed an activity which depicts the life of boy after losing his lower limb due to traumatic incident and acquiring new artificial limb to achieve his goals in life.

The participants were Ms. Gursimran Kaur, Ms. Surbhi Waghate, Ms. Shaifa Khan, Mr. Rushikesh Rajgude, Mr. Vighnesh Bidre, Mr. S Abu Thalib, Mr. Shivam Pandey, Ms. Shital Gaikwad, Ms. Shikha Garg, Ms. Sneha Sunilkumar, Mr. Wajid Mandal.

2nd Performance – Surrogacy.

In this skit performance, students depict the life of a women who is facing problem in conceiving and later with advance technology she can have a baby from another woman.

The participants are, Ms. Esha Malik, Ms. Snehal Rane, Ms. Pradnya Gawde, Ms. Riya Gawde, Ms. Rasika Gurav, Mr. Nikhil Wagh, Ms. Pranaya More.

Among the all other departments who participated in this competition Team – NEW LEAP from MGMIUDPO won 2nd Prize in the Inter-college role play competition.

The event was ended by thanks giving to all students and faculty by organizers of the event to make the event successful.

GLIMPSES OF THE EVENT



ACTIVITY- 04

Name: Celebration of International Women's Day -2022 at MGMIUDPO.

Date: 08th March 2021.

No of participants: 23 students, 04 faculties and 01 Administrative Staff of MGMIUDPO.

Outcome: On the occasion of International Women's Day an "Elocution Competition" was organized in which all the male students and staff explained how women in their life are contributing as a mother, sister, wife, daughter, friend etc. The event was ended by cake cutting specially brought for women's day by all male staff and students in the institute.

GLIMPSES OF THE EVENT



ACTIVITY- 05

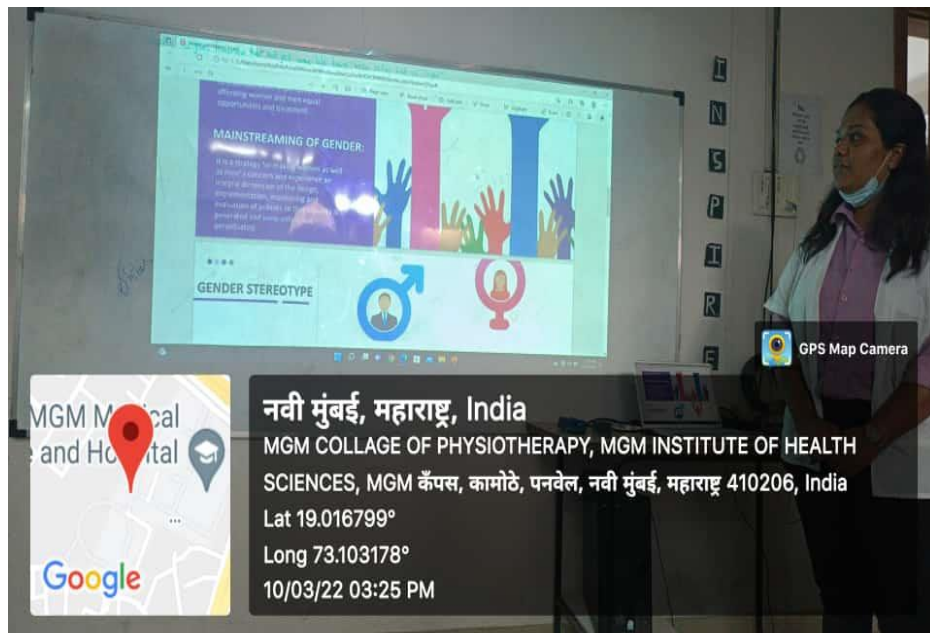
Name: Gender Sensitization Programme -2022 at MGMIUDPO

Date: 10th March 2021.

No of participants: 26 students and 04 faculties of MGMIUDPO.

Outcome: Gender Sensitization Programme was organized for students at MGMIUDPO in which everyone learned to respect other gender with dignity in every situation. In this event, 3 students Ms. Rasika Gurav, Ms. Yashashree Gawade and Mr. Sachin Kawankar through PowerPoint presentation expressed their views. The programme was beneficial for the students and faculty on the aspect of Gender Sensitization.

GLIMPSES OF THE EVENT



ACTIVITY-06

Name: Self Defense Training Session -2022 at MGMIUDPO.

Date: 11th March 2022

No of participants: 22 Students and 02 Faculty of MGMIUDPO.

Outcome: MGM Institute's University Department of Prosthetics & Orthotics under NSS Scheme organized a Self Defense Training Session. The institute invited Mr. Amit A. Makhare (3rd Dan Black Belt, National Judge & Referee KIO). First he demonstrated various types of Self Defense Training to all students & faculty of MGMIUDPO. Also gave training to each student one by one which actually benefitted to all students to overcome any type of dangerous situation in day today life. Lastly he shared various legal aspects of rules and regulations of Indian Penal Code to all students which was necessary knowledge for all. Overall the Training Session was an Eye-opening event for all faculty and students of MGMIUDPO.

GLIMPSES OF THE EVENT



ACTIVITY - 07

Name: Blood Donation Camp-2022 on the occasion of World Health Day -2022

Date: 09th April, 2022

No of participants: 06 students and 02 faculties of MGMIUDPO.

Outcome: On the occasion of World Health Day -2022, the event was organized by NSS Unit of MGMIUDPO. Blood donation is an important humanity service to the society. With this motto 02 faculties and 06 students of MGMIUDPO donated Blood to MGM Blood Bank.

GLIMPSES OF THE EVENT



ACTIVITY-08

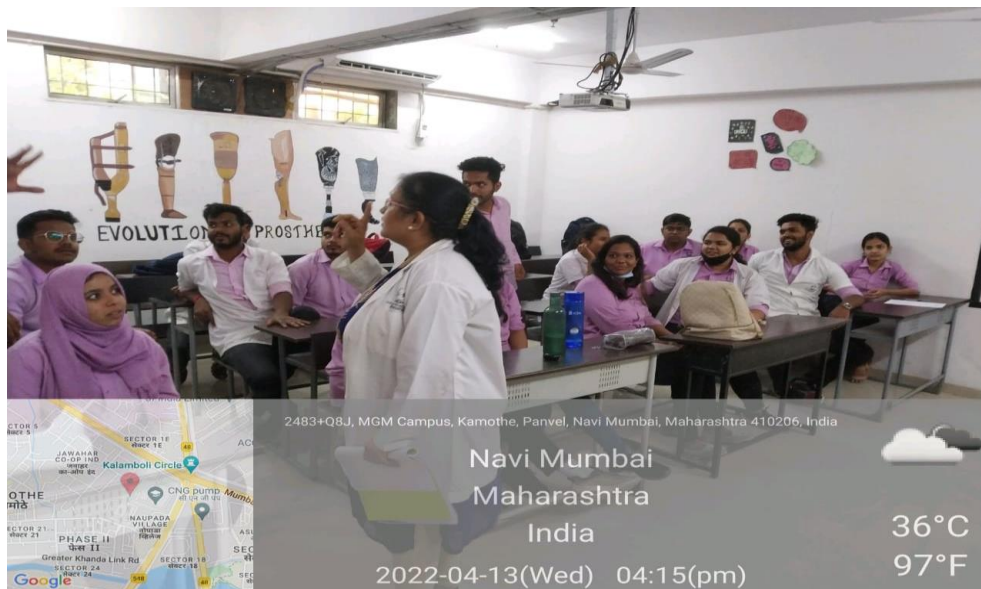
Name: Dr. Babasaheb Ambedkar Jayanti celebration at MGMIUDPO

Date: 13th April 2022

No of participants: 20 Students and 02 faculties of MGMIUDPO.

Outcome: On the occasion of Ambedkar Jayanti, a quiz competition on theme “**Role of Dr. Babasaheb Ambedkar in formation of constitution and equal rule based society**” was organized by MGMIUDPO in which 4 teams participated. All the questions were asked on the context of the above mentioned theme. Students enjoyed the quiz as a different activity for improve knowledge

GLIMPSES OF THE EVENT



ACTIVITY-09

Name: Celebration of World Environment Day -2022 under N.S.S Activities.

Date: 04th June 2022

No of participants: 29 students and 02 faculties of MGMIUDPO

Outcome: On the occasion of this important day N.S.S Unit of MGMIUDPO organized a cleanliness programme at Prabalgad and Prabalmachi fort which is one the most important tourist place of Maharashtra. Early morning students reached there and started the cleanliness drive, which was also supported by local villagers of the locality.

GLIMPSES OF THE EVENT



ACTIVITY -10

Name: Celebration of International Yoga day-2022

Date: 1st June 2022- 21st June 2022

No. of participants: 23 students, 06 Faculties and 01 Administrative Staff of MGMIUDPO

Outcome: The celebration of Yoga day was organized by NSS Unit of MGMIUDPO to create awareness about Yoga and its benefits for health. This year MGMIUDPO conducted a Yoga Competition among the students. 06 students participated in this competition and among them First Prize was received by Mr. Shivam Pandey, Second Prize was received by Mr. Rushikesh Rajgude and Third prize was received by Mr. Wajid Mandal. The event helped other students to get inspired for health awareness and inculcate YOGA in their day to day life.

GLIMPSES OF THE EVENT

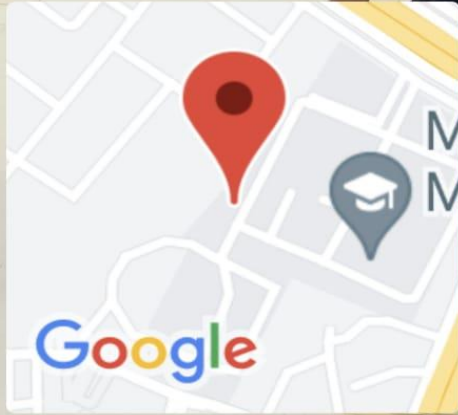




**NATIONAL SERVICE SCHEME
MAHARASHTRA UNIT**
राष्ट्रीय सेवा योजना
**MGM INSTITUTE'S
DEPARTMENT OF PROSTHETICS & ORTHOTICS**



GPS Map Camera



Navi Mumbai,
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410206, MGM
Campus, Kamothe,
Panvel, Navi Mumbai,
Maharashtra 410206,
India
Lat 19.017049°
Long 73.103228°
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ACTIVITY- 11

Name: 76th Independence Day Celebration, “Azadika Amrit Mahotsav” at MGMIHS.

Date: 15th August 2022

No of participants:18 Students and 04 faculties of MGMIUDPO.

Outcome: On the occasion of this auspicious day many students of MGMIUDPO participated in Prabhat pheri and in Tree Plantation Programme with other students of MGMIHS. After that institute distributed various types Prostheses and Orthoses to Divyangjan under Unnat Bharat Abhiyan Scheme. Lastly students of all constituent Unit Performed a skit on the theme “ Tribute to Indian Army” which was praised by everyone.

GLIMPSES OF THE EVENT





ACTIVITY- 11

Name: Har Ghar Tiranga on the Occasion of Independence Day -2022.

Date: 14 & 15th August 2022.

No of participants: 11 Students of MGMIUDPO.

Outcome: As a part of “Azadi Ka Amrut Mahotsav” **Har Ghar Tiranga Activity** has been launched by Government of India to encourage the citizens to host the National Flag of India at their home. N.S.S Student Volunteers and other students of MGMIUDPO host National Flag on their home to celebrate this event.

GLIMPSES OF THE EVENT



ACTIVITY- 12

Name: Hindi Diwas Celebration – 2022

Date: 14th September 2022.

No. of attendees: 23 Students and 04 faculties of MGMIUDPO

Outcome: The outcome of Hindi Diwas celebrations can vary, but typically it aims to promote the Hindi language and its cultural significance. Some common outcomes may include increased awareness of Hindi's importance, cultural programs and events showcasing Hindi literature and arts, educational initiatives to teach Hindi, and a sense of pride and unity among Hindi speakers. It also serves as a reminder to preserve and promote linguistic diversity in India.

GLIMPSES OF THE EVENT



ACTIVITY- 13

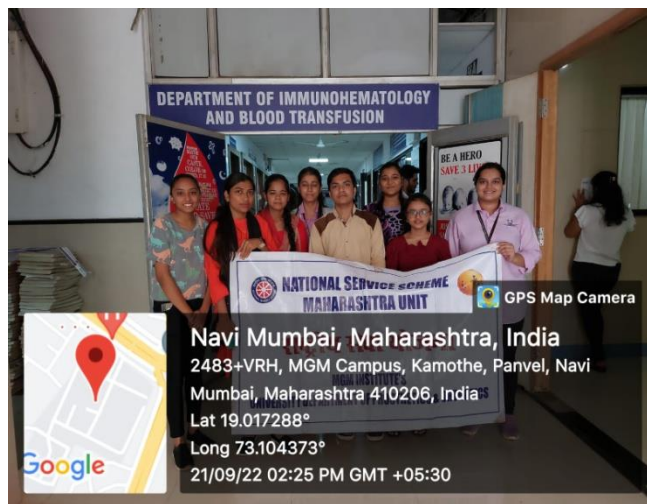
Name: NSS DAY Celebration - 2022

Date: 26th September 2022

No. of attendees: 15 students and 03 faculties of MGMIUDPO

Outcome: MGM Institute's University Department of Prosthetics and Orthotics (MGMIUDPO) celebrated NSS Day under NSS Unit of MGMIHS. National Service Scheme (NSS) was introduced in 1969 with the primary objective of developing the personality and character of the student youth through voluntary community service. 'Education through Service' is the purpose of the NSS. The ideological orientation of the NSS is inspired by the ideals of Mahatma Gandhi. A cultural program was organized to celebrate NSS Day where all constituent units under MGMIHS performed with the theme "Cultural Diversity". Students from MGMIUDPO performed traditional dance of Rajasthan and Uttar Pradesh. All the participants from various institutes gave outstanding performance. The program ended with Certificate distribution and refreshments were distributed to all the students and staff members of MGMIHS.

GLIMPSES OF THE EVENT



ACTIVITY- 14

Name: Clean India Campaign

Date: 18th October 2022.

No. of attendees: 12 Students and 01 Faculty of MGMIUDPO.

Outcome: Clean India Campaign is the mission initiated by the Government of India in 2014 to eliminate open defecation and improve solid waste management. The mission was to clean India and remove its dirt and dust. All the students from MGM Institute's University Department of Prosthetics & Orthotics understood the importance of hygiene. They participated in this activity with full enthusiasm.

GLIMPSES OF THE EVENT

