

MEMORANDUM OF UNDERSTANDING

This Memorandum of Understanding (hereinafter referred to as "MOU") has been agreed upon, made, and executed on this 10th December 2021).

Between

HEARTFULNESS EDUCATION TRUST, a registered trust having its registered office at no. 40-15-9/12, Nandamuri Road, Venkateswarapuram Post Office, Vijayawada – 520 010, Andhra Pradesh, India (hereinafter referred to as "**HET**", which expression shall unless repugnant to the context and meaning thereof mean and include its successors, administrators, authorized representatives and permitted assigns);

And

MGM SCHOOL OF BIOMEDICAL SCIENCES, Navi Mumbai (MGMSBS, NM), a constituent unit of **MGM Institute of Health Sciences (MGMIHS)**, established in the year 2008 as a deemed university with campuses in Aurangabad and Navi Mumbai by statutory enactment to cater to the growing requirements of Higher Education of the region in general, and of Raigad district, in particular, located at Kamothe, Navi Mumbai, 410206, Raigad District (hereinafter referred to as "**MGMSBS, NM**", which expression shall unless it be repugnant to the context or meaning thereof mean and include its successors, administrators, authorized representatives and permitted assigns).

(**HET** and **MGMSBS, NM** shall hereinafter be collectively referred to as the "**Parties**" and individually referred to as "**Party**" in this MOU)

WHEREAS:

- i) **HET** is a public charitable trust registered under the Indian Trust Act, 1882 *inter alia* with an objective to impart Heartfulness approach to various wellness programs including relaxation, meditation, values-based educational programs for schools, colleges, government organizations,

corporates, etc., made available to all who are willingly interested in individual development and wellbeing. HET is also engaged in conducting various Teachers' training programs in collaboration with Certain State Governments/ Education Institutions.

- ii) **MGMSBS, NM** is MGM SCHOOL OF BIOMEDICAL SCIENCES (MGMSBS, NM), a constituent unit of MGM Institute of Health Sciences (MGMIHS), established in the year 2008 as a is deemed university with campuses in Aurangabad and Navi Mumbai by statutory enactment to cater to the growing requirements of Higher Education of the region in general, and of Raigad district, in particular, located at Kamothe, Navi Mumbai, 410206, Raigad District in particular. **MGMSBS, NM** desires to provide and inculcate in its students' values and inner development in order for them to perform better as students and be leaders for growth in nation-building. MGMIHS, NM has several recognized institutions under its umbrella.
- iii) **HET** through its Heartfulness initiatives offers a way for balanced living through various meditation techniques. These simple and effective techniques gradually imbibe feelings of discipline, empathy, and brotherhood, leading to mental, spiritual, and psychological well-being, helping an individual to transform not only inwardly but also his/ her attitudes and dealings with society at large.
- iv) **PU** intends to procure training and experiential learning services provided by HET on the terms agreed to herein, in order to stimulate and facilitate the development of programs/modules which serve to enhance the educational, social, spiritual & emotional development of students. Further, HET and MGMSBS, NM in support of their interest in the field of education are desirous of promoting mutual cooperation by organizing and conducting educational workshops for the mental, spiritual, and psychological well-being of its students, and desire to extend the basis for friendly and cooperative collaboration by way of this MOU.

NOW, THEREFORE, THE PARTIES HEREBY AGREE AS UNDER:

1. PURPOSE AND OBJECTIVES

- 1.1. MGMSBS, NM desires to create a precedent by offering suitable and pertinent learning and offerings to its students so as to enable them to lead their lives with purpose and be of help to the society at large. MGMSBS, NM constituent unit of MGMIHS has represented that it is a leading allied health professionals' college that offers high-quality education and its priority is to provide its students with values, and inner development enabling them to perform better in their education & be leaders in the nation building. It seeks to provide its students with basic life skills to manage challenges in their relationships, avoid intoxicating abuses, and digital dependence, and deal with the stress of modern life. It aims to enable its students and staff to de-stress, manage life's challenges in healthy ways and find joy, purpose, and fulfillment. This will directly enhance their academic and work performance and create a harmonious environment within MGMSBS, NM.
- 1.2. HET has agreed to be helpful in such a mission through its offerings as listed in Schedule 1 ("**Offerings**").
- 1.3. Both the Parties, hereby express their commitment to collaborate with each other to conduct (i) **educational**, (ii) Heartfulness relaxation, meditation, and (iii) other connected wellness workshops to help students, and teachers regulate their minds, moderate their tendencies, increase their concentration, sharpen the use of their will, introspect and self-analyses and accept people and situations in general. Through such workshops and Offerings of HET, they intend to help the students to improve their learning skills and behavior and inculcate humility, emotional maturity, confidence, stress management, self-awareness, and most importantly, develop a sense of purpose in life.

2. FACILITATORS

Both Parties shall nominate one or more representatives, who shall be the point of contact/ facilitator ("**Facilitators**") for the purposes of this MOU. The Facilitators of the respective Parties shall maintain regular contact with each other. Further, they shall propose and review the response received from the participants for the workshops and other activities that may be

conducted pursuant to this MOU and in furtherance to fulfilling the purpose and objectives envisioned under this MOU.

3. RESOURCES

- 3.1. MGMSBS, NM shall make arrangements at its agreed venue(s) with required reference and reading material as specified by HET, and an establishing an (i) Heartfulness corner in their library, and (ii) meditation practice room, and by providing such audio-visual equipment and other facilities as shall be required for the conduct of the workshops and/programs with respect to the Offerings.
- 3.2. **HET** shall nominate such teachers, trainers, and support staff as it deems necessary for conducting and providing training to participants at these workshops and programs pursuant to this MOU.
- 3.3. **HET** shall provide support to orient PU's teachers to conduct the sessions as advised by **HET** for the students at MGMSBS, NM, and shall provide such external support as required. Through these Offerings, **HET** will make students at MGMSBS, understand values and their role in improving the quality of their life and enable them to impart spiritual training as an extended activity in its institutions as and when feasible.
- 3.4. The Parties agree to distribute reading materials/ promotional/ literature to the participants, through any means including but not limited to audio and/or video recordings, books, and magazines as deemed fit by **HET**. **HET** shall share the content of such reading materials, literature, video recordings, and other such material with MGMSBS, NM, before distributing the same to the participants.
- 3.5. The Parties further agree that at **HET's** discretion, they shall set up stalls at the program venue to distribute promotional items including but not limited to clothing, apparel, mementos, brochures, other merchandise, and/or articles and details of the program, etc.
- 3.6. The Offerings detailed in Schedule 1 shall be the scope of service to be rendered by **HET** which will be adhered to by **HET** during the term of this MOU.

4. OTHER OBLIGATIONS OF MGMSBS, NM

4.1. MGMSBS, NM shall extensively promote **HET** Offerings so that a greater populace of students in MGMSBS, NM shall benefit from this initiative. As previously indicated in Clause 1.1 above, being a value-based model of education, MGMSBS, NM may make all or any part of the Offerings, as applicable, a part of their curriculum for the students on a mutually agreed basis between the Parties.

4.2. MGMSBS, NM shall:

- i) Take initiatives such that its students shall attend the sessions conducted by **HET** with an objective to help them develop ideal value systems to make them global citizens;
- ii) Facilitate students to integrate and imbibe such values into their lives and education;
- iii) Jointly conduct surveys at regular intervals to find the effectiveness of the programs conducted pursuant to this MOU;
- iv) Encourage its students, faculty, staff, and administration to share written, audio, and/or video testimonials with respect to any training programs, workshops, or seminars conducted by **HET**;

5. FINANCIAL UNDERSTANDING

5.1. **HET** shall provide its services with respect to Heartfulness meditation practices on a free of charge basis at all times as agreed. However, it is hereby agreed that certain expenses relating to but not limited to training programs, workshops and faculty shall be charged in the following manner. MGMSBS, NM shall bear the expenses:

- i) Relating to the Offerings in terms of material, recommended readings, library Heartfulness corner, meditation room(s) to be used by students and teachers at MGMSBS, NM shall be borne by MGMSBS, NM and the same would be set up as per the recommendations made by **HET**.

- ii) for training programs for faculty and students organized at HET centers, wherein an appropriate per diem expense would be undertaken by MGMSBS, NM for boarding and lodging of the participants.

5.2. Logistics:

PU shall reimburse all expenses with respect to (i) all actual to and from travel expenses, including but not limited to train, bus, flight, and taxi, borne by all the **HET** trainers and special guests who are invited to MGMSBS, NM for conducting sessions/programs, (ii) food and (iii) other miscellaneous expenses shall be reimbursed. HET shall provide such guidelines as necessary.

6. TERM

- 6.1. This MOU has been executed for the purpose of organizing workshops/ seminars/ training sessions at the premises of MGMSBS, NM or such other premises as may be mutually agreed upon in writing.
- 6.2. This MOU shall come into effect from the Execution Date and shall remain in force for a period of one year thereafter.
- 6.3. This MOU shall terminate after the completion of the term of one year from the Execution Date, without any financial obligations of Parties, except for any pending reimbursements and costs as provided herein.
- 6.4. The Parties may execute similar agreements for similar initiatives in the future or even extend the term of this MOU for such further periods as mutually agreed to by the Parties.
- 6.5. Either Party may voluntarily terminate this MOU by giving a 3-month notice in writing to the other.
- 6.6. The provisions of this Clause 6.6 and 8 and all of its sub-clauses will survive any expiration or termination of this MOU.

7. ASSIGNMENT

This MOU is personal to the Parties and the rights and obligations established herein shall not be assignable by the Parties, except to the extent expressly permitted under this MOU or with the prior written consent of the other Party.

8. INTELLECTUAL PROPERTY

- 8.1. Neither Party shall exercise any rights in the trademarks, copyright, or other intellectual property of the other Party, except as expressly stipulated herein.
- 8.2. All intellectual property rights including all (i) copyrights and other rights associated with works of authorship throughout the world, including neighboring rights, moral rights, and mask works, (ii) trade secrets and other confidential information, (iii) patents, patent disclosures and all rights in inventions (whether patentable or not), (iv) trademarks, trade names, internet domain names, and registrations and applications for the registration thereof together with all of the goodwill associated therewith, (v) all other intellectual and industrial property rights of every kind and nature throughout the world and however designated, whether arising by operation of law, contract, license, or otherwise, and (vi) all registrations, applications, renewals, extensions, continuations, divisions, or reissues thereof now or hereafter in effect ("**IPR**") with respect to (a) "Heartfulness", (b) "Heartfulness Relaxation", (c) "Heartfulness Meditation", (d) "Heartfulness Cleaning", their techniques and/or connected procedures therein and (d) the title and content/modules or any other information shared with PU, it's staff, students and teachers, as the case may be, as part of the Offerings of HET, and (e) other trademarks belonging to **HET** or of those of its associates, (collectively referred to as "**Heartfulness IP**") as and when used by **HET** under license shall always vest with **HET** or its associates, as applicable. **HET** reserves the right to use the same internally or externally at its sole discretion.
- 8.3. This MOU in no way creates or conveys any ownership interests in Heartfulness IP to **PU**. MGMSBS, NM shall only use such Heartfulness IP or any part thereof, in the manner and form previously approved in writing by **HET** and in coordination with and assistance of **HET** authorized representatives.

8.4. HET reserves the right to modify, change or improve such Heartfulness IP in the manner it deems fit and implements such changed versions of Heartfulness IP or wellness techniques at any time during the term of this MOU.

8.5. The Parties agree that all ownership rights in any and all testimonials submitted in accordance with Clause 4.2 (IV) above shall vest with **HET**.

9. INDEMNITY

9.1. Except for cost reimbursements, the services provided by **HETs** with respect to the Offerings are on a mutual basis and free of cost. Only willing participants for their own wellbeing / self-development are required to participate. MGMSBS, NM may for the development of its students make the **HET** programs, modules, and/or workshops, as part of its curriculum. The Parties, therefore, agree that such services do not give rise to any kind of damage or liability to anybody who participates and therefore no damage can arise therefrom. No indemnity is therefore provided herein. The Parties agree that **HET** programs do not guarantee the success of its objectives or purposes as mentioned anywhere in this MOU.

9.2. In the event MGMSBS, NM breaches the terms of Clause 8 (intellectual property) of this MOU, HET shall be entitled to seek specific performance against the MGMSBS, NM for performance of its obligations under Clause 8 (intellectual property) of this MOU in addition to any and all other legal or equitable remedies available to it.

10. GOVERNING LAW, JURISDICTION & ARBITRATION

10.1. This MOU shall be construed, interpreted, and enforced in accordance with the laws of India. In case of any differences between the Parties, they shall make all efforts to settle the disputes amicably through mutual discussion and negotiation within [30 days], failing which, dispute(s) shall be referred to a sole arbitrator appointed by both the Parties, as per provisions of Arbitration and Conciliation Act, 1996. The language of the arbitration shall be English and the place of arbitration shall be Hyderabad.

10.2. Subject to the arbitration Clause 10.1 above, the courts of competent jurisdiction in Hyderabad shall have exclusive jurisdiction with respect to any and all matters pertaining to this MOU.

11. MISCELLANEOUS

- i) This MOU together with any other documents including but not limited to the memorandum of understandings, communications exchanged between the Parties defining responsibilities, obligations of both the Parties for different programs, initiatives, etc. under this MOU, each of which shall be deemed to be an original, and all of which, taken together, shall constitute an integral part of this MOU constitute the entire agreement and supersedes any previous agreement between the Parties relating to the subject matter of this MOU.
- ii) This MOU can only be amended in writing by mutual consent of both the Parties. No modification or amendment to this MOU and no waiver of any of the terms or conditions hereof shall be valid or binding unless made in writing and duly executed by or on behalf of both the Parties.
- iii) This MOU may be executed in counterparts and shall be effective when each Party has executed a counterpart. Each counterpart shall constitute an original of this Agreement.
- iv) If any provision of this MOU shall be invalid, illegal, or otherwise unenforceable, the validity, legality, and enforceability of the remaining provisions shall in no way be affected or impaired thereby.
- v) The captions of the clauses of this MOU are for convenience of reference only and in no way define, limit or affect the scope or substance of any clause of this MOU.
- vi) The arrangement contemplated herein being in nature of cooperative strategic alliance for general wellbeing, no monetary consideration is involved except as provided for herein.
- vii) None of the provisions of this MOU as stated above shall be deemed to constitute a partnership between **HET** and MGMSBS, NM and neither

Party shall have any authority to bind or shall be deemed to be the agent of the other in any way. It is on a principle-to-principle basis.

- viii) PU agrees that the participants in any of the HET programs shall participate voluntarily. The practices prescribed by HET are not substitutes for any medical prescription or medical advice, if any, recommended by any medical practitioner.

IN WITNESS WHEREOF the Parties hereto have executed this MOU, in duplicate, by their duly authorized representatives on the date, month, and year first written above.

For **HEARTFULNESS
EDUCATION TRUST**

Nivedita
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Dr Nivedita Shreyans
**Coordinator Healthful
Campus**
Date: 10th Dec. 2021

For **MGM SCHOOL OF
BIOMEDICAL
SCIENCES(MGMSBS), NM**

Mansee

Dr. Mansee Thakur
Director MGMSBS, NM
Date: 10th Dec 2021
Director

MGM School of Biomedical Science
Kamothe, Navi Mumbai

Witnesses:

- 1) Dr. Kapil S. Thaker. *Kapil*
- 2)

Witnesses:

- 1) Mr. Yogesh Patil *Patil*
- 2) Dr. Neelam Jeram *Jeram*

SCHEDULE- 1

Scope of Work

Heartfulness Education Trust (HET) shall offer the following programs specifically developed for the specific needs of the University:

- 1. Staff Training:** HET shall impart a training program on “Wellness at work” to all Principals, Teachers, and Staff of the MGMSBS, NM institutions at its campus. MGMSBS, NM may at its sole discretion make it compulsory for its faculty/staff. Initially, this would be a three-day program to introduce the Heartfulness Meditation Practice and how it can be integrated into best education practices. This wellness program can also be offered at Kanha Shanti Vanam, the world headquarters of Heartfulness located near chegur village, RangaReddy district with a residential program facility on the basis of mutual agreement.
- 2. In-depth Faculty Training on Heartfulness Curricula:** Following the initial introduction, interested faculty would be provided a longer duration in-depth teacher training program to further enhance and develop the Heartfulness tools and Curricula. This program would be developed suitably by Heartfulness Education Trust and made available at Kanha Shanti Vanam / Heartfulness centers of on MGMSBS, NM campus on an ongoing basis on agreed intervals during the term of this MOU.
- 3. HELM (Heartfulness Enabled Leadership Mastery) curriculum for students:** HET shall choose a college on MGMSBS, NM campus to begin in-depth training for students. This would cover a [3 day] induction program and a [16-week] life-skills course which will be followed by subsequent foundational leadership programs such as ‘Discover’, ‘Develop’, ‘Deepen’, ‘Dedicate’ etc which can be included as credit courses. These are core Heartfulness programs conducted by certified Heartfulness trainers which will be experiential sessions of 60-90 minutes for each student group.
- 4. Internships for students:** Faculty offering ‘Heartful Electives’ can design projects that aim to integrate ethical and contemplative aspects into particular student projects.
- 5. Leadership Conclave/Roundtable on Heartfulness Leaderships:** HET shall conduct a 3-day workshop for the senior management of **PU**, including to limited to the vice-chancellors, registrars of MGMSBS, NM to shine some

light on the relationship between meditation and education.

6. **H.E.A.R.T:** HET shall conduct a workshop for the faculty at PU, to inspire them to teach in a reflective manner and also to help them integrate meditative aspects to their course design.
7. **Heartfulness Meditation Workshop:** HET shall introduce the experience of Heartfulness Meditation to the administration department, the ground staff, general public and parents of the students at MGMSBS, NM through a 3-day experiential workshop.
8. **Inner Well-Being Workshop:** HET shall introduce the experience of Heartfulness Meditation to counselors and/or peer counselors and provide them with techniques to help students handle situations in a calmer manner, through a 3-day workshop.

