

DST/SATYAM/COVID-19/2020/385(G)
Government of India
Ministry of Science & Technology
Department of Science & Technology
KIRAN Division

Technology Bhavan
New Mehrauli Road
New Delhi-110 016
Dated 09.03.2021

ORDER

Sub: Financial approval of the project under Science and Technology for Yoga and Meditation (SATYAM) entitled "Stress, anxiety and depression in the first trimester of pregnancy and its outcome during COVID-19 pandemic: A multicentric case control study".

PI. Dr Sundarnag, Associate Professor, Department of Psychiatry, National Institute of Mental Health and Neuro Sciences (NIMHANS), Bangalore-560029, Karnataka.

Sanction of the President is hereby accorded to the above mentioned project at a total cost of Rs 13,30,560/- (Rupees Thirteen Lakh Thirty Thousand Five Hundred Sixty only) for a duration of 10 Months. The items of expenditure for which the total allocation of Rs 13,30,560/- (recurring) has been approved for 10 Months are given below:

Sl. N	Heads	1 st Installment	Final Installment	Total
A.	Non-Recurring (Capital Items)			
	Equipment: Nil	-----	-----	-----
B.	Recurring (General)			
	Manpower:			
	Project Assistant-4@Rs. 20,000/m +HRA@24% for 10 Months	9,92,000/-	-----	9,92,000/-
	Research Grant (Consumables+Contingency+other costs+Travel)	1,92,000/-	48,000/-	2,40,000/-
C.	* Overhead (8%)	78,848/-	19,712/-	98,560/-
D.	Total of Recurring Grant (B+C)	12,62,848/-	67,712/-	13,30,560/-
E.	GRAND TOTAL (A+D)	12,62,848/-	67,712/-	13,30,560/-

2. Overhead expenses are meant for the host institute towards the cost for providing infrastructure facilities and benefits to the staff engaged in the project, etc. Recruitment of Project Assistant will be done as per OM No. SR/S9/Z-08/2018 dated 30.01.2019.

3. Sanction of the grant is subject to the conditions as detailed in website www.dst.gov.in

4. Sanction of the President is accorded to the payment of Rs. 12,62,848/- (Rupees Twelve Lakh Sixty Two Thousand Eight Hundred Forty Eight only) under 'Grant-in-aid General' to the Director, National Institute of Mental Health and Neuro Sciences (NIMHANS), Bangalore-560029, Karnataka being first installment of grant for the year 2020-2021 for implementation of the said research project.

5. The Grantee Institute (GI) will maintain separate audited as per GFR 2017 Rule 230 (8) account for the project and the entire amount of grant will be kept in an interest bearing bank account. For Grants released during F/Y 2020-2021 and onwards interest and other earnings, against released Grant shall be remitted to Consolidated Fund of India, (through Non-Tax Receipt Portal (NTRP), i.e. www.bharatkosh.gov.in), immediately after finalization of accounts, as it shall not be adjusted towards future release of Grant. A certificate to this effect shall have to be submitted along with statement of expenditure/utilization certificate for considering subsequent release of grant/closure of project accounts. GI should also follow Rule 230 (17) of GFR 2017 concerning to reservation of SC/ST/OBC, if applicable.

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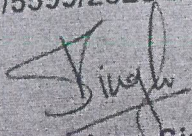
16. Goods (consumables/equipment) available in GeM portal are to be procured mandatorily online through GeM and PI will also follow DoE's guidelines for incurring expenditure under the different sub head.

17. The project continuation beyond 31.03.2021 will be subject to appraisal and approval of the continuation of the Scheme under which these projects are funded as approved by DoE vide their OM No.42(02)/PF-II/2014, dated 06.08.2020.

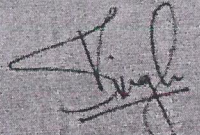
18. The Grantee Institution is advised to start using EAT module and next release will be made only after mapping and following EAT modules by the grantee institution.

19. As per Rule 234 of GFR 2017, this sanction has been entered at S. No. 162 in the register of grants maintained in the Research & Development.

20. This issues with the concurrence of IFD Vide their Concurrence Dy.No./5599/2020-21 dated 08.03.2021.


(Vandana Singh)
Scientist-E

- Copy forwarded for information and necessary action to:-
1. The Director of Audit (CW & M-II), AGCR Building, IP Estate, New Delhi-110 002.
 2. Copy with two spare copies of the sanction to the DDO, DST Cash Section.
 3. The Director, National Institute of Mental Health and Neuro Sciences (NIMHANS), Bangalore-560029, Karnataka.
 4. Dr Sundarnad, Associate Professor, Department of Psychiatry, National Institute of Mental Health and Neuro Sciences (NIMHANS), Bangalore-560029, Karnataka.
 5. Pay & Accounts Officer, DST, New Delhi.
 6. Sanction Folder.
 7. IFD, DST, New Delhi.

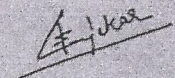

(Vandana Singh)
Scientist-E

SUMMARIZED BUDGET STATEMENT

File No: DST/SATYAM/COVID-19/2020/385

Subject: "Stress, Anxiety and depression in the first trimester of pregnancy and its outcome during COVID-19 pandemic: A multicentric case control study"

Sl. No	Budget Heads	Amount in INR
1.	Manpower (4 Project Assistant, Emolument Rs.20,000/- per month + HRA @ 24% Rs. 4,800/-)	9,92,000/-
2.	Consumable	25,000/-
3.	Contingency (Rs. 21,250/- for each centre) x 4	85,000/-
4.	Travel (Local) (Rs. 30,000/- for each centre) x 4	1,20,000/-
5.	Other Cost (Development of video on Pregnancy Yoga Module + tele-yoga Services)	10,000/-
6.	Overhead charges @ 10%	1,23,200
GRAND TOTAL		13,55,200
Rupees Thirteen Lakhs Fifty Five Thousand and Two Hundred only		



Dr. Sundarnag Ganjekar
 Associate Professor of Psychiatry
 Dept of Psychiatry
 National Institute of Mental Health and Neuro Sciences
 Bengaluru - 560029