

**INDIAN COUNCIL OF MEDICAL RESEARCH  
ANSARI NAGAR, NEW DELHI -110029.**

No. 5/4/1-7/19-NCD-II

Date: 30-8-19

To

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The Dean  
MGM Medical College,  
Sector-18 Kamothe,  
Navi Mumbai 410 209

Subject: - " Randomized controlled study to assess effectiveness and acceptability of mobile app based interventional tool for cardiovascular disease self-management and risk factor control among diabetic patients " under Dr. Ipseeta Ray Mohanty, Mumbai.

Sir,

The Director-General of the Council sanctions the above mentioned research scheme initially for a period of one year from **01-09-2019** subject to extension upto the total duration specified in para 3(3) below.

The Director-General of the Council also sanctions the budget allotment of Rs. **11,26,750/- (Rupees eleven lakh twenty six thousand seven hundred fifty only)** as detailed in the attached statement for the period ending the **31-08-2020**.

The grant-in-aid will be given subject to the following conditions:-

1. The payment of the grant will be made in lump-sum to the head of the Institution. The first instalment of the grant will be paid generally as soon as a report regarding the commencement of the project and appointment of the staff is received by the Council. The demand for payment of the subsequent instalment of the grant should be placed with the Council in the prescribed proforma attached.
2. The staff appointed on the project should be paid as indicated in the budget statement attached.
3. The approved duration of the scheme is **3 years**. The annual extension will be given after review of the work done on the scheme during the previous year.
4. A report on the progress made will be submitted to the Council as and when called for.
5. The Institute will maintain a separate account of the receipts and the expenditure incurred on the scheme and will furnish a utilization certificate and an audited statement of account pertaining to the grant.

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6. The other terms and conditions are indicated in Annexure-1
7. The Host Institute shall utilize the grant after following the provisions laid down in the GFRs 2017 and T. A. Rules.
8. The PI may be advised to keep the fund in a separate Saving Bank Account opened for research funds received from ICMR so as to ensure that interest earned thereon is also credited in to the Fund Account.

The receipt of this letter may please be acknowledged.

Yours faithfully,



(Ishwar Likhar)  
Admn. Officer  
for Director-General

This issue with the concurrence  
of Finance Section vide RFC No. NCD/Adhoc/70/2019-20 dated 30/8/19

No.5/4/1-7/19-NCD-II

1. Copy together with a copy of the budget statement forwarded for information to Dr. Ipseeta Ray Mohanry, Professor, Pharmacology, M. G. M. Medical College, Sector-18 Kamothe, Navi Mumbai-410 209.
2. Copy together with a copy of the budget statement forwarded to the **Accounts Section** for information and necessary action.
3. Copy together with a copy of the budget statement forwarded to the **Budget Section** for compilation of the Council's budget.
4. IRIS Code Number (2019-0502)
5. A.O., NCD.
6. Mr. Hemnat Kumar , Sr. T. O. , ICMR, New Delhi

For Director-General

**Budget Statement for the period  
(01-09-2019 to 31-08-2019)**

No. 5/4/1-7/19-NCD-II

Date: 30-8-19

Subject: - “ Randomized controlled study to assess effectiveness and acceptability of mobile app based interventional tool for cardiovascular disease self-management and risk factor control among diabetic patients ” under Dr. Ipseeta Ray Mohanty, Mumbai.

Staff	1 <sup>st</sup> year (Rs.)
<b>Contingency (Recurring )</b>	
Contingency	25,000
Investigation Rs 3000/-per patients (3 time points 0&3 and 6 months) Total patients =300 total cost=300X3000=900000/- Dyslipidemia Lipid profile (TG, LDL, HDL, TC) Atherogenic index (Rs 400/- test) Glycemic control Fasting blood sugar, Glycosylated –Rs 100/- test hemoglobin Rs 500/- test Hemostasis High-sensitivity C- reactive protein Rs 500/- test Apolipoprotein A Rs 500/- test Apolipoprotein B1 Rs 500/- test	400000
Patient follow up and stationary	50000
Data entry and analysis	60000
<b>Total (A)</b>	<b>535000/-</b>
<b>Overhead Charge (5%) (B)</b>	<b>26750/-</b>
<b>Non-Recurring (Equipment)</b>	
Digital BP Measurement apparatus	10000
Body Composition monitor	40000
Healthy heart mobile app development online version	500000
<b>Total (C)</b>	<b>550000/-</b>
<b>(B) Travel</b>	<b>15000</b>
<b>Total (A+B+C+D)</b>	<b>11,26750/-</b>

(Rupees eleven lakh twenty six thousand seven hundred fifty only)



**TERMS AND CONDITION OF THE GRANT**

- i) Approval of the research proposal and the grant being released is for the specific project sanctioned and should be exclusively spent on this project within the stipulated time.
- ii) Expenditure should be on no account exceed the budget sanctioned for the enquiry. Expenditure incurred over the above the sanctioned amounts against one or more sub-heads of expenditure such as pay, allowances, contingencies etc, shall be met without reference to the ICMR, by re-appropriation of savings under remaining sub-heads provided by re-appropriation of incurred during the financial year is within the over all sanctioned ceiling of that year.
- iii) No expenditure shall be incurred on items not sanctioned by the Council. Savings should also not be re-appropriated for meeting or incurring expenditure on staff that has not been sanctioned by the council.
- iv) The grant paid by the Council shall be refunded in full by the Institution if and when the grantee concerned discontinues a scheme midway or does not follow the detailed technical programme laid down and approved.
- v) Receipts realised by the project officer and the sale proceeds, if any, will be remitted to the Council as miscellaneous receipts and should not be utilized for meeting expenditure on the scheme.
- vi) All facilities for the conduct of the research scheme basic equipment and other ordinary laboratory chemicals, glass ware, furniture and other help as may be required for the smooth working of the scheme shall be provided by the institute.

**Staff :**

- vii) The staff employed on the research scheme will not be treated as employees of the Council and the deployment of such staff at the time of completion or termination of the project will not be the concern/responsibility of the Council. They will be subjected to administrative control of the Institution and will be appointed generally in accordance with the normal recruitment rules and procedure of the Institute.
- viii) The Council will not be liable to bear any expenditure on pension/provident fund contribution and/or leave salary contribution incurred and committed by the grantee Institution for persons appointed on deputation from another organizations.
- viii (A) An undertaking on part-I (specimen attached) (Appendix 'A') to be obtained from the Head of the Institute where extra-mural project funded by ICMR are being sanctioned, may be sent to Council. The second part of the U.K. to be obtained from each employees, by the Principle Investigator.

No grant will be released unless the undertaking is receive by us sufficiently in advance to consider any release.

\* undertaking

## Release of funds

- ix) The first installment of the grant will be paid as soon as a report regarding the commencement of the project and appointment of staff is received by the Council. The Demand for payment of subsequent installments of the grant should be placed with the Council in the prescribed form (Appendix 'B').
- x) The institute will maintain separate audited account for this project. If it is found expeditious. Keep a part of whole of the grant in a bank account earning interest, the interest thus earned should be reported to the Council. The interest thus earned will be treated as a credit to be adjusted towards further installment of the grant.
- xi) The accounts will be subject to audit by the authorized auditor of the Institutions. In case, facilities are not available for such auditing, the account will be audited by the Council's own internal auditors. Latest by the end of December, following the financial year for which the grant is paid, an audit certification from, the auditors to the effect that "the accounts have been audited and that the money was actually spent on the objects for which it was sanctioned" shall be submitted to the Council.
- xii) Further grants will be stopped unless audited statements of accounts, utilization certificates are received within a period of one year after the end of the financial year for which grant was sanctioned.

## Stores:

- xiii) All expendable and non-expendable articles required for work of the enquiry should be purchased in accordance with the procedure in vogue in the institution. For permanent and semi-permanent assets acquired solely or mainly out of the grant, a separate audited record in the form of register in the prescribed Performa enclosed shall be maintained by the Institute. The term "assets means (1) immovable property and (ii) movable property of capital nature where the value exceeds Rs. 1,000/-. Separate assets registers for items costing Rs. 20,000/- or more and less than Rs. 20,000/- each item may be maintained. (Appendix "C").

For other stores purchased from the Council's grant, the Performa will be the same as is being used by the Institute.

All the assets acquired from the grant will be property of the Council and should, not without the prior sanction of the Council, be disposed of or encumbered or utilized for purpose other than those for which the grant has been sanctioned.

## Publications

The financial assistance rendered by the council should be acknowledged in any published account of work for which the grant is given.

The council publishes own journal " Indian Journal of ('B') Medial research", In case, it is proposed to publish the papers based on the work done under the auspices of the Council in Journals other than the IJMR, the name of the journal in which it is proposed to publish the paper may please be intimated. A reprint of paper when published may please be sent to the Council for information and record.

Prior permission of the Council should be obtained before publication of any such papers in a foreign journal.

## Patents

The Council shall have the right to make out patents in respect of inventions/discoveries make under a scheme/project financed by the council. The officer-in-charge or the staff employed on ICMR Schemes shall not apply or obtain patents for any invention/discovery made by them without prior approval of the council.

All patents will be registered with NDRC in the name of the Indian Council of Medical Research.

## Termination of Enquiry:

Prior permission of the Council should be obtained if the investigator desires to discontinue the enquiry. The reasons for discontinuing the scheme should invariably be scated. The investigator should submit a complete and detailed report of the work done by him on the project till the date of relief.

Any unspent balance out of the funds given to the institute shall be refunded to the ICMR on termination of the scheme.

A final report is required to be submitted within one month from the date of termination of the enquiry.

A list (in duplicate) of non-expendable and expendable articles together with property registers and suggestions for disposal of the articles should be sent to the Council within a month from the date of termination of the enquiry.

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