



MGM INSTITUTE OF HEALTH SCIENCES

(Deemed to be University u/s 3 of UGC Act, 1956)

Grade 'A' Accredited by NAAC

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COMPETENCY BASED MEDICAL EDUCATION

(CBME)

(with effect from 2019-2020 Batches)

Curriculum for

First M.B.B.S

Human Biochemistry

Amended upto AC-42/2022, Dated 26/04/2022

Amended History

1. Approved as per BOM 57/2019 [Resolution no. 3.1.1.13], Dated 26/4/2019
2. Amended upto BOM 62/2020 [Resolution No. 3.2.1.3.i]; Dated 16/09/2020.
3. Amended upto BOM 63/2021 [Resolution No. 4.1.1.2.ii, Resolution No. 4.4.1.5, Resolution No. 4.4.1.6]; Dated 17/02/2021.
4. Amended upto AC-41/2021, [Resolution No. 4.1], [Resolution No. 4.2] [Resolution No. 4.3], [Resolution No. 4.4], [Resolution No. 4.7], [Resolution No. 4.8], [Resolution No. 4.9], [Resolution No. 4.10]; Dated 27/08/2021.
5. Amended upto AC-42/2022, [Resolution No.3.3], [Resolution No. 3.6] [Resolution No.3.19]; Dated 26/04/2022. (incorporated at the end of Syllabus).

Resolution No. 4.4 of AC-41/2021: Resolved to include “MGMIHS Graduate Attributes” in 1st MBBS Anatomy Physiology and Biochemistry syllabi and cover them in the foundation course, Journals & logbooks, with effect from the batch admitted in 2021-22 onwards

Annexure-23 of AC-41-2021

MGM INSTITUTE OF HEALTH SCIENCES, NAVI MUMBAI

GRADUATE ATTRIBUTES

A student graduating from MGM Institute of Health Sciences, Navi Mumbai, should attain the following attributes:

- 1** • Dynamic professionalism
- 2** • Exemplary leadership
- 3** • Effective communication skills
- 4** • Scholarly attitude
- 5** • Element of critical thinking
- 6** • Enthusiasm for research
- 7** • Social commitment
- 8** • Global competencies

Dynamic professionalism:

Abide by professional codes of conduct, demonstrate high personal standards of behaviour, be considerate, trustworthy and honest, act with integrity. Apply effective strategies to maintain their own physical, psychological, social and spiritual well-being. Should be able to apply profession-specific knowledge, clinical skills and professional attitudes in implementation of evidence-based protocols for optimal outcome.

Exemplary leadership:

Focuses on the qualities required to effectively manage a career, as a practitioner or academician, work effectively within a system aiming at quality improvement, fostering a spirit of team-building.

Effective communication skills:

Communicates effectively and humanely with all stakeholders, their families, colleagues, through a variety of means, gathers and conveys information respectfully, in a culturally acceptable and dignified manner.

Scholarly attitude:

Demonstrates a lifelong commitment to reflective learning, strives to maintain professional competence. Committed to learn, disseminate, apply and translate knowledge

Element of critical thinking:

Will develop a habit of inquiry, use the knowledge gained for dealing with complex situations foster an ambience conducive for effective learning with constructive criticism, exercise critical judgement in evaluating sources of information.

Enthusiasm for research:

Develop intellectual curiosity and embark upon opportunities to develop research capabilities. Imbibe the basic principles of research methodology and engage in ethical research.

Social commitment:

Inculcate values of self-awareness, empathy, mutual respect. Understand our obligation to society and foster an ability to work in a diverse cultural setting. Understand how one's actions can enhance the well-being of others.

Global competencies:

Team-building, communication, self-management, collaborative working, openness and respect for a range of perspectives.

Annexure – C– III

**Distribution of Teaching Hours for First MBBS Biochemistry as per
CBME curriculum**

Sr.No.	Name of Topic Theory		Hours
1	Distribution of Theory Lectures based on new MCI Competency based Syllabus UG (including Horizontal & Vertical Integration)		80
2	Distribution of Practical hours based on new MCI Competency based UG curriculum Practical Skills assessment	34	150
3	Distribution of Practical hours based on new MCI Competency based UG curriculum: Observation of Use of Equipments / Techniques in Biochemistry Practical	36	
4	Distribution of Practical hours based on new MCI Competency based UG curriculum: Name of Topic for Clinicobiochemical correlation- basis & rational of tests in various conditions	16	
5	PBL/ Tutorial/ Small Group discussion/revision practicals/ integrated teaching	64	
6	SDL		20
	Total		250

Final Distribution of Total Teaching Hours

Subject- Biochemistry	Hours
Lectures	80 hrs
Small Group Teaching/Tutorials/Integrated learning/Practical hours	150 hrs
Self directed learning hours	20 hrs
Total hours	250 hrs
Early Clinical Exposure	30 hrs

Theory Syllabus I MBBS Batch 2020-2021 (As per CBME)

Theory: 80 hours

Topics For Theory Lectures with Teaching Hours & Competencies

Sr. No.	Topics	Competency No	Hours
1.	Molecular & functional organization of cell & subcellular components	BI 1.1	1
2.	Chemistry & Metabolism of Carbohydrates.	BI 3.1 to BI 3.10	9
3.	Chemistry & Metabolism of Proteins.	BI 5.1 to BI 5.5	9
4.	Chemistry & Metabolism of Lipids.	BI 4.1 to BI 4.7	9
5.	Chemistry & Metabolism of Nucleo proteins & cell cycle	BI 7.1	4
6.	Enzymes.	BI 2.1 to BI 2.7	5
7.	Biological oxidation.	BI 6.6	2
8.	Chemistry & Metabolism Hb.	BI 5.2, BI 6.11	4
9.	Integration of metabolism and starvation metabolism	BI 6.1	2
10.	Mechanism of hormones action.	BI 6.5 , BI 13.5	1
11.	Vitamins (Fat & Water soluble)	BI 6.5	5
12.	Nutrition	BI 8.1 to BI 8.5	3
13.	Molecular Biology	BI 7.1 to BI 7.7, BI 9.3	6
14.	Biochemistry of cancer.	BI 10.1 to BI 10.2	2
15.	Immunology	BI 10.3 to BI 10.5	3
16.	Oxidative stress & antioxidants	BI 7.6 to BI 7.7	2
17.	Kidney function tests, Thyroid function tests, Liver function tests, Adrenal function tests	BI 6.13 to BI 6.15	4
18.	Mineral Metabolism.	BI 6.9 to BI 6.10	4
19.	Water and Electrolyte Balance.	BI 6.7	2
20.	Acid base balance	BI 6.7 to 6.8	2
21.	ECM	BI 9.1 to 9.2	1
22.	Detoxification mechanisms, Role of xenobiotics in disease	BI 7.5	1
23.	*Biochemical Laboratory Biomarkers alterations in patients of Covid 19		1

Practical Syllabus with Teaching Hours & Competencies

1. Total Number of Practical hours including LCDS , Small group discussion, including tutorials and integrated teaching, revision practicals : 150 hours.

List of Practicals, LCDs, Small group discussions etc.

First MBBS Practical Topics Total hours :34

SR NO	Name of Topic for Practical Skills assessment	Competency No.	Teaching method
1	Perform urine analysis to estimate and determine normal Constituents	11.4	DOAP
2	Perform urine analysis to estimate and determine abnormal Constituents	11.4,11.20	DOAP
3	Demonstrate the estimation of blood glucose	11.21	DOAP
4	Demonstrate the estimation of blood urea	11.21	DOAP
5	Demonstrate the estimation of serum creatinine and creatinine clearance	11.7,11.21	DOAP
6	Demonstrate estimation of serum proteins, albumin and A:G ratio	11.8,11.21,11.22	DOAP
7	Demonstrate the estimation of serum total cholesterol and HDLcholesterol	11.9	PRACTICAL
8	Demonstrate the estimation of triglycerides	11.10	PRACTICAL
9	Demonstrate estimation of calcium .	11.11	PRACTICAL
10	Demonstrate estimation of phosphorus .	11.11	PRACTICAL
11	Demonstrate estimation of Uric acid .	11.17	PRACTICAL
12	Demonstrate the estimation of serum bilirubin	11.12	PRACTICAL
13	Demonstrate the estimation of SGOT and SGPT	2.2,11.13	PRACTICAL
14	Demonstrate the estimation of alkaline phosphatase	11.14	PRACTICAL
15	C.S.F. Analysis	11.15	PRACTICAL

List of Lecture cum Demonstrations

C	Lecture cum Demonstrations		
SR NO	Name of Topic for Observation of Use of Equipments/ Techniques in Biochemistry Practical	Competency No.	Teaching method
1	Introduction to Biochemistry Laboratory Blood collection and anticoagulants	11.19	LCD
2	Common Laboratory instruments	B.I 11.16,11.19	LCD
3	First aid in Laboratory and Lab hazards	B.I. 11.1	LCD
4	Colorimetry	B.I 11.6	LCD
5	Autoanalyser	B.I B.I. 11.16	LCD
6	Spectrophotometry	B.I B.I.11.18	
7	pH meter	B.I 11.16	LCD
8	Paper chromatography of amino acid ,TLC	B.I. 11.5,11.16	LCD
9	Protein electrophoresis , PAGE	B.I. 11.16	LCD
10	Electrolyte analysis by ISE and Flammephotometry	B.I. 11.16	LCD
11	ABG analyzer	B.I. 11.16	LCD
12	ELISA	B.I. 11.16	LCD
13	Immunodiffusion	B.I. 11.16	LCD
14	Quality control	B.I. 11.16	LCD
15	DNA isolation from blood/ tissue	B.I. 11.16	LCD
16	GTT	B.I. 3.10	LCD
17	Advantages and disadvantages of use of fats in food	B.I.11.24	LCD
18	Calculate energy contents of different food items , identify food items with high and low glycemic index	11.23	LCD

Total Hours :36 Hours

List of SGDs - Basis and rational of tests in various conditions

Sr no	Name of Topic for Clinicobiochemical correlation – basis and rational of tests in various conditions	Competency No.	Teaching method
1	Diabetes mellitus	B.I.11.17	Small Group Discussion
2	Dyslipidemia, Myocardial infarction	B.I.11.17	Small Group Discussion
3	Renal failure,- proteinuria,- nephrotic syndrome	B.I.11.17	Small Group Discussion
4	Jaundice,- liver diseases	B.I.11.17	Small Group Discussion
5	Oedema , pancreatitis	B.I.11.17	Small Group Discussion
6	Disorders of acid- base balance	B.I.11.17	Small Group Discussion
7	Thyroid disorders	B.I.11.17	Small Group Discussion
8	Gout	B.I.11.17	Small Group Discussion

TOTAL HOURS : 16

*	Common questions on AETCOM modules - Biochemistry
1	Enumerate and briefly describe the roles of IMG (physician) as per MCI.
2	Describe the role of a physician in health care system
3	Physician role and responsibility to society and community that he serves.
4	Essentials elements of communication skill
5	Barriers of communication.
6	Methods of communication
7	Effective listening
8	Non verbal communication

*** Resolution No. 4.1 of AC-41/2021 : Resolved to continue the same AETCOM questions and their distribution for Anatomy, Physiology & Biochemistry as per syllabus in 2019-20, for subsequent batches.**

***Resolution No. 4.2 of AC-41/2021: Resolved to add the subtopics mentioned for Paper 1 and Paper 2 topics under topic heads in 1st MBBS (CBME) Syllabus for Biochemistry [ANNEXURE-21]**

Paper wise distribution of Theory topics:

Structural formulae are not obligatory.

Paper- I (100 marks) 3 hours duration

1. Cell.
2. Enzyme.
3. Chemistry and metabolism of proteins.
4. Chemistry and metabolism of purines and pyrimidines and related disorders, Cell cycle.
5. Molecular biology: Genetic code, Replication, Transcription, Translation, Regulation of gene expression, Recombinant DNA technology, PCR, DNA repair, gene mutation, Protein sorting & targeting.
6. Chemistry and Metabolism of haemoglobin.
7. Biological oxidation.
8. Immunology, Concept of vaccine development
9. Vitamins
10. Nutrition
11. Biochemical laboratory, Biomarkers alteration in patients of COVID-19

PAPER - II (100 marks) 3 hours duration

1. Chemistry and metabolism of carbohydrates.
2. Chemistry and metabolism of lipids.
3. Mineral metabolism: Water and electrolyte balance & imbalance.
4. Acid base balance and imbalance.
5. Integration of various aspects of metabolism and their regulatory pathways. Starvation metabolism.
6. Mechanism of hormone action.
7. Liver function tests, Kidney function tests, Thyroid function tests, Adrenal function tests.
8. Detoxification mechanisms, Role of xenobiotics in disease
9. Biochemical basis of cancer and carcinogenesis, Apoptosis
10. Oxidative stress & Antioxidants in health & diseases.

Paper wise distribution of Theory subtopics

Paper- I (100 marks) 3 hours duration

- 1. Cell:** Molecular and functional organization of a cell and its sub-cellular components.
- 2. Enzymes:**
General nature, classification & IUBMB nomenclature of enzymes, alloenzyme, coenzyme & co-factors. Specificity and mode of action of enzymes. Basic principles of enzyme activity, factors affecting enzyme activity, Enzyme inhibition (Kinetic not required), Enzyme inhibitors as poisons and drugs, therapeutic enzymes, Clinical utility of enzymes & isoenzymes. Enzymes in lab investigations, Enzymes based assay.
- 3. Chemistry and metabolism of proteins :**
General nature of amino acids, various ways of classification of amino acids, biologically important peptides, classification, properties and biological importance of proteins. Structural organization of proteins, structure-function relationships in relevant areas eg, hemoglobin and selected hemoglobinopathies. Plasma proteins-functions, clinical significance of various fractions, methods of separation (only principle).
Protein Metabolism:
Biochemical aspects of digestion and absorption of proteins. Fate of amino acid in the body (Deamination, Transamination, Transdeamination, Transmethylation, Decarboxylation), Fates of ammonia (Urea cycle, glutamine formation), Metabolism of aromatic and sulphur containing amino acids and their inborn errors. Metabolism of Glycine & Serine common disorders associated with protein metabolism. Interpretation of laboratory results of analytes associated with metabolism of proteins.
- 4. Chemistry and metabolism of purines and pyrimidines and related disorders.**
Nucleosides, Nucleotides. Biologically important free nucleotides, Biosynthesis of purines (sources of ring & regulatory steps only, conversion of IMP to GMP & AMP) and salvage pathway, Biosynthesis of pyrimidines, Breakdown of purines and pyrimidines, Common disorders associated with Nucleotide metabolism. Interpretation of laboratory results of analytes associated with Gout, Lesch- Nyhan Syndrome .
- 5. Molecular biology :**
Chemistry of nucleic acids: structure and function of DNA and RNA, Genetic code, DNA Replication & repair of DNA, Transcription, Translation, chain initiation, chain elongation , chain termination, Inhibitors of protein biosynthesis, Cell cycle, Gene Mutation, basic mechanism of gene expression & regulation. Lac- operon model.
Molecular Technologies: The principles of genetic engineering and their applications in medicine. Protein sorting & targeting. Recombinant DNA technology and PCR, their role in diagnosis and treatment of diseases with genetic basis, Restriction endonuclease, Chimeric molecule, and Gene library.
- 6. Chemistry and Metabolism of hemoglobin.**

Chemistry and functions of hemoglobin. Major types of hemoglobin and its derivatives found in the body and their physiological/ pathological relevance (HbS, M, Thalassemia). Haemoglobin Metabolism: Synthesis and break down of hemoglobin, porphyria (in brief), Fate of bilirubin, different types of Jaundice

7. Biological oxidation.

General concept of oxidation and reduction. Role of enzymes and co-enzymes in generation of ATP. Electron transport chain. Substrate level and Oxidative phosphorylation, Role of uncouplers and inhibitors.

8. Immunology.

Cellular and humoral components of the immune system & types and structure of antibody, Innate and adaptive immune responses, self/non-self-recognition and the central role of T-helper cells in immune responses, Antigens and concepts involved in vaccine development

9. Vitamins

General nature, classification, sources, active forms and metabolic role, deficiency manifestations, daily requirement and hypervitaminosis.

10. Nutrition:

Nutritional Importance of commonly used items of food (fruits and vegetables. (Macromolecules & its importance) and explain importance of dietary fiber, Balance diet for normal adult, Quality of dietary protein, SDA, protein energy malnutrition (Kwashiorkor and Marasmus), Dietary advice for optimal health in childhood and adult, in disease conditions like diabetes mellitus, coronary artery disease and in pregnancy, Causes (including dietary habits), effects and health risks associated with being overweight/ obesity

PAPER - II (100 marks) 3 hours duration

1. Chemistry and metabolism of carbohydrates:

Chemistry of carbohydrates: Classification and biochemical importance, chemistry and functions of monosaccharides (excluding isomerism), disaccharides and polysaccharides including Glycosaminoglycans (mucopolysaccharides).

Carbohydrate Metabolism: Biochemical aspects of digestion and absorption of carbohydrates. Synthesis and break down of glycogen, Glycolysis, Rapoport Lumbering cycle, Citric acid cycle, Gluconeogenesis, HMP shunt pathway and its biological significance, Uronic acid pathway (significance only). Metabolism of Galactose and Galactosemia. Mechanism & significance of blood glucose regulation in health & disease ,oral GTT and glycosuria, fructose metabolism & disorders Biochemistry of diabetes mellitus. Interpretation of laboratory results of analytes associated with metabolism of carbohydrates. Common poisons that inhibit crucial enzymes of carbohydrate metabolism.

2. Chemistry and metabolism of lipids.

Chemistry of Lipids: classification and biological importance of triacyl glycerol, phospholipids, spingolipids, glycolipids, fatty acids , prostaglandin- therapeutic uses of prostaglandins and inhibitors of eicosanoid synthesis. steroids and lipoproteins- Structure and functions of lipoproteins

Lipid Metabolism: Biochemical aspects of digestion and absorption of Lipids. Beta oxidation, biosynthesis of saturated fatty acids only, cholesterol biosynthesis, Lipoprotein metabolism, Regulation of lipoprotein metabolism & associated disorders, Ketogenesis,

Ketolysis and Ketosis. Fatty liver and atherosclerosis, Interpretation of laboratory results of analytes associated with metabolism of lipids.

3. Mineral Metabolism:

Study of (i) Calcium and phosphorous (ii) sodium, potassium & chloride; (iii) magnesium, copper & iodine; (iv) Iron, (v) manganese, selenium, zinc & fluoride. Sources, RDA & functions of various minerals in the body, their metabolism and homeostasis. Disorders associated with mineral metabolism

4. Acid base balance and imbalance : Maintenance of normal pH, mechanism of blood pH-buffer system, respiratory mechanism, renal mechanism. Disorders of Acid base balance. Interpretation of results of Arterial Blood Gas (ABG) analysis in various disorders.

5. Water and electrolyte balance and imbalance

Water distribution & regulation of water. Electrolyte distribution & regulation. Disorders of water & electrolytes.

6. Integration of various aspects of metabolism and their regulatory pathways.

Metabolic interrelationship of carbohydrates, lipids and proteins metabolism

7. Starvation metabolism.

Metabolic processes & Biochemical changes that take place in specific organs in the body in the fed and fasting state

8. Mechanism of hormone action.

Hormones: General characteristics and Mechanism of hormone action. cAMP the second messenger, phosphatidylinositol /calcium system as second messenger

9. Organ Function Tests: Functions of the kidney, liver, thyroid and adrenal glands. Associated abnormalities of kidney, liver, thyroid and adrenal glands. Tests that are commonly done in clinical practice to assess the functions of these organs (Liver function tests, Kidney function tests, Thyroid function tests, Adrenal function tests.)

10. Detoxification mechanisms

(Bio- transformation) oxidation, reduction, conjugation, hydrolysis. Role of xenobiotics in disease

11. Biochemical basis of cancer and carcinogenesis

Cancer initiation, promotion, oncogenes & oncogene activation. Causes of Cancer, carcinogens, p53 & apoptosis. Biochemical changes in cancerous cells. Various biochemical tumor markers and the biochemical basis of cancer therapy.

12. Oxidative stress & Antioxidants in health & diseases.

Anti-oxidant defense systems in the body, Role of oxidative stress in the pathogenesis of conditions such as cancer, complications of diabetes mellitus and atherosclerosis.

13. ECM

Functions and components of the extracellular matrix (ECM). Role of ECM components in health and disease.

MGMIHS
1st year MBBS. CBME
Format for Internal assessment examinations

Sr. No.	Exam	Theory	Practical
1.	Internal assessment examinations	200	100
2.	Preliminary examination	200	100
Total		400	200

- Preliminary examination pattern will be as per University examination
- Respective colleges/ departments will conduct internal assessment examinations and maintain records of the same.

I MBBS (Anatomy, Physiology & Biochemistry)

Time – 3 hrs. **Preliminary / University examination**

(* Applicable from 2020-21 Batch onwards)

Each subject – 2 papers (I / II) – 100 X 2 = **Total 200 Marks**

Each paper –

- **Section A** – MCQ – 20 X 1 mark = **20 Marks**
 - **10% MCQ i.e. 2 in each paper must be clinical based**

- **Section B** -

Q1. Answer any 5 out of 6 (BAQ) (5X3 marks =15 marks)

Q2. Answer any 3 out of 4 (SAQ) (3X5 marks =15 marks)

- 1 SAQ will be clinical application based
- 1 SAQ will be from **AETCOM modules (in Paper I)**

Q3. Answer any 1 out of 2(LAQ) (1X10 marks =10marks)

- **LAQ should be structured (With defined marks distribution)**

- **Section C** –

Q1. Answer any 5 out of 6 (BAQ) (5X3 marks =15marks)

Q2. Answer any 3 out of 4 (SAQ) (3X5 marks =15 marks)

Q3. Answer any 1 out of 2 (LAQ) (1X10 marks =10marks)

➤ LAQ should be structured (With defined marks distribution)

PRACTICAL EXAM PATTERN

(Formative Assessment)

Pattern	Marks
Q1- Long Quantitative Experiment	15
Q2- Urine Analysis	15
Q3- Spotting	10
Q4- Viva	10
Total	50

(Summative Assessment)

***Pattern of Preliminary/University Examination Biochemistry Practical:**

Total100 marks

Pattern	Marks
Q.A Long quantitative experiments	30
Q.B Urine Analysis	20
Spotting Q.C Quality Control Q.D .Interpretation of laboratory reports Q.E Interpretation of special techniques	25
Q.F communication Skill	05
Q.G Viva	20
Total	100

Resolution No. 4.8 of AC-41/2021: Resolved to approve the change in the pattern of Internal Assessment calculation, to be implemented from current batch of 1st MBBS (CBME) (i.e. AY- 2020-21) onwards

Annexure-27C of AC-41-2021

MGM Medical College, Navi Mumbai & Aurangabad

1st year MBBS CBME

INTERNAL ASSESSMENT CALCULATION

Sr. No.	Criteria	Theory	Practical
1.	*All internal assessment examinations including preliminary examination	50	50
2.	Day to Day assessment		
	➤ Day to Day assessment (PBL/ TBL/ Seminar/ MCQ test etc)	30	
	➤ Day to Day assessment (Viva/ Spotters/ OSPE / OSVE etc)		30
3.	Logbooks (Foundation Course, AETCOM, Competency logbook, SDL – each 5 marks)	20	
	Journals + ECE Logbook		20
Total		100	100

FORMAT FOR INTERNAL ASSESSMENT EXAMINATIONS

Sr. No.	Exam	Theory	Practical
1.	Internal assessment examinations (Midterm + Terminal)	200 (100 + 100)	100 (50 + 50)
2.	Preliminary examination	200	100
3.	Additional examination for students who have missed any of 3 internal assessment exams or are not qualifying	200	100

***Internal assessment examinations marks conversion to internal assessment marks -** Student's internal assessment examinations scores [Midterm, Terminal, Preliminary and additional (where applicable)] will be converted to 50 marks each for theory and practical internal assessment.

***Resolution No. 4.7 of AC-41/2021:** Resolved to approve the distribution of the MCQs marks system/topic wise for Theory Paper I & II of 1st MBBS (CBME) Physiology and Biochemistry, effect from the batch admitted in 2020-21 onwards

Annexure-26B of AC-41-2021

**MGMIHS
I MBBS CBME Biochemistry**

MCQs Mark Distribution for University Theory Examination

Biochemistry Paper-I

Total marks 20

Sr. No.	Topic	MCQs (20)
1	Cell	01
2	Enzymes	03
3	Chemistry and metabolism of proteins	02
4	Chemistry and metabolism of purines and pyrimidines and related disorders.	02
5	Molecular Biology	05
6	Chemistry and Metabolism of hemoglobin.	02
7	Biological oxidation.	01
8	Immunology	01
9	Vitamins	02
10	Nutrition	01
11	Biochemical laboratory, Biomarkers alteration in patients of COVID-19	00

Biochemistry Paper-II

Total marks 20

Sr. No.	Topic	MCQs
1	Chemistry and metabolism of carbohydrates	02
2	Chemistry and metabolism of lipids	02
3	Mineral metabolism	02
4	Acid base balance and imbalance.	02
5	Water and electrolyte balance & imbalance.	01
6	Integration of various aspects of metabolism and their regulatory pathways.	01
7	Starvation metabolism	01
8	Mechanism of hormone action.	01
9	Organ Function Tests	03
10	Detoxification mechanisms.	01
11	Biochemical basis of cancer and carcinogenesis.	02
12	Oxidative stress and Antioxidants in Health and Disease	01
13	Extracellular Matrix	01

MGMHS
I MBBS CBME
UNIVERSITY EXAMINATION PATTERN

I MBBS – BIOCHEMISTRY

Part of exam	Marks
Theory Paper I	100 Marks
Theory Paper II	100 Marks
Practical	100 Marks
Total	300 Marks

INTERNAL ASSESSMENT CALCULATION

Sr. No.	Criteria	Theory	Practical
1.	*All internal assessment examinations including preliminary examination	50	50
2.	Day to Day assessment		
	➤ Day to Day assessment (PBL/ TBL/ Seminar/ MCQ test etc)	30	
	➤ Day to Day assessment (Viva/ Spotters/ OSPE / OSVE etc)		30
3.	Logbooks (Foundation Course, AETCOM, Competency logbook, SDL – each 5 marks)	20	
	Journals + ECE Logbook		20
Total		100	100

FORMAT FOR INTERNAL ASSESSMENT EXAMINATIONS

Sr. No.	Exam	Theory	Practical
1.	Internal assessment examinations (Midterm + Terminal)	200 (100 + 100)	100 (50 + 50)
2.	Preliminary examination	200	100
3.	Additional Exam <ul style="list-style-type: none"> • For students missing any of the three Internal Assessment exams / not qualifying for University Exam. • Marks to be computed as per the missed Exam / low score exam for non qualifying students. 	200	100

Total	400	200
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***Internal assessment examinations marks conversion to internal assessment marks -**

Theory – Total 400 marks will be converted to 50

Practical – Total 200 marks will be converted to 50

BLUEPRINT OF UNIVERSITY QUESTION PAPER

I.THEORY EXAMINATION PATTERN

1. 1. Theory Question Paper Pattern:

Two papers each of 3 hours duration and carrying 100 marks each.

1.2. Marks distribution for each paper:

Type of question	Numbers X Marks	Total marks
Multiple Choice Questions	20 X 1	20
Long Answer Questions (LAQ)	2 X 10	20
Short Answer Questions (SAQ)	6 X 5	30
Brief Answer Questions (BAQ)	10 X 3	30
Total		100

Each Paper is divided into 3 sections:

Section A: MCQ 20 marks

Section B: 40 marks: BAQ 5/6 x 3= 15; SAQ 3/4 x 5= 15; LAQ 1/2 x 10 = 10

Section C: 40 marks: BAQ 5/6 x 3= 15; SAQ 3/4 x 5= 15; LAQ 1/2 x 10 = 10

1.3. Paper I & Paper II Contents

1.3.a. Paper I

- Cell
- Enzyme.
- Chemistry and metabolism of proteins.
- Chemistry and metabolism of purines and pyrimidines and related disorders
- Molecular biology
- Chemistry and Metabolism of hemoglobin.
- Biological oxidation.
- Immunology, Concept of vaccine development
- Vitamins
- Nutrition
- Biochemical laboratory, Biomarkers alteration in patients of COVID-19
- AETCOM – 1 SAQ (Module – 1.4)

1.3.b. Paper II

- Chemistry and metabolism of carbohydrates.
- Chemistry and metabolism of lipids.
- Mineral metabolism: Water and electrolyte balance & imbalance.
- Acid base balance and imbalance.
- Integration of various aspects of metabolism and their regulatory pathways.
- Starvation metabolism.
- Mechanism of hormone action.
- Liver function tests, Kidney function tests, Thyroid function tests, Adrenal function tests.
- Detoxification mechanisms, Role of xenobiotics in disease
- Biochemical basis of cancer and carcinogenesis, Apoptosis

- Oxidative stress & Antioxidants in health & diseases.
- ECM

1.4. Note to exam paper setters (Ref.: GMER 2019- Assessment)

1.4.A Multiple Choice Questions (MCQs) (20X1=20 Marks)		
<ul style="list-style-type: none"> • 10 % of MCQ marks should be from clinically based questions (Any 2) 		
1.4. B Brief Answer Questions (BAQs) (10X3=30 Marks)		
Various Levels of Cognitive Domain must be considered as follows:		
Level of cognitive domain	Number of questions	Marks
Knowledge	3	3X3=9
Comprehension	3	3X3=9
Application	2	2X3=6
Analysis	2	2X3=6
Synthesis	1	1X3=3
Evaluation	1	1X3=3
1.4. C Short Answer Questions (SAQs) (6X5=30 Marks)		
1 SAQ will be clinical application based (In section B)		
1 SAQ will be from AETCOM modules (In Paper I)		
Various Levels of Cognitive Domain must be considered as follows:		
Level of cognitive domain	Number of questions	Marks
Knowledge	2	2X5=10
Comprehension	2	2X5=10
Application	1	1X5=5
Analysis	1	1X5=5
Synthesis	1	1X5=5
Evaluation	1	1X5=5
1.4.D Long Answer Question (LAQ) (2X10=20 Marks)		
<ul style="list-style-type: none"> • Long Answer Questions (LAQ) in both Papers I & II must be structured, covering various levels of cognitive domain. 		

1.4.E Percentage of marks allotted to various levels of cognitive domains:

Level of cognitive domain	Marks (Total = 76)	Percentage (%)
1. Knowledge	19	25
2. Comprehension	19	25
3. Application	11	15
4. Analysis	11	15
5. Synthesis	8	11
6. Evaluation	8	10

1.4.F Verbs in various levels in Knowledge domain.

Level	Suggested Verbs
Knowledge (Remember)	Define, describe, Draw, Find, Enumerate, Cite, Name, Identify, List, Label, Match, Sequence, Write, State
Comprehension (Understand)	Discuss, Conclude, Articulate, Associate, Estimate, Rearrange, Demonstrate understanding, Explain, Generalise, Identify, Illustrate, Interpret, Review, Summarise
Application (Apply)	Apply, Choose, Compute, Modify, Solve, Prepare, Produce, Select, Show, Transfer, Use
Analysis (Analyze)	Analyse, Characterise, Classify, Compare, Contrast, Debate, Diagram, Differentiate, Distinguish, Relate, Categorise
Synthesis (Create)	Compose, Construct, Create, Verify, Determine, Design, Develop, Integrate, Organise, Plan, Produce, Propose, Rewrite
Evaluation (Evaluate)	Appraise, Assess, Conclude, Critic, Decide, Evaluate, Judge, Justify, Predict, Prioritise, Prove, Rank

(Reference GMER-2019, Assessment Module Page no.17& Revised Bloom's Taxonomy by Anderson, L.W. et al in (2001))

1.5. Topic wise weightage of marks

Paper I

Sr. No.	Topic	MCQs (20)	LAQ/SAQ/BAQ
1	Cell	01	5
2	Enzymes	03	15
3	Chemistry and metabolism of proteins	02	20
4	Chemistry and metabolism of purines and pyrimidines and related disorders.	02	15
5	Molecular Biology	05	15
6	Chemistry and Metabolism of Hemoglobin.	02	10
7	Biological oxidation.	01	10
8	Immunology	01	5
9	Vitamins	02	15
10	Nutrition	01	6
11	Biochemical laboratory, Biomarkers alteration in patients of COVID-19	00	00

Paper II

Sr. No.	Topic	MCQs	LAQ/ SAQ/ BAQ
1	Chemistry and metabolism of carbohydrates	02	20
2	Chemistry and metabolism of lipids	02	20
3	Mineral metabolism	02	10
4	Acid base balance and imbalance.	02	10
5	Water and electrolyte balance & imbalance.	01	5
6	Integration of various aspects of metabolism and their regulatory pathways.	01	5
7	Starvation metabolism	01	9
8	Mechanism of hormone action.	01	5
9	Organ Function Tests	03	10
10	Detoxification mechanisms.	01	5
11	Biochemical basis of cancer and carcinogenesis.	02	7
12	Oxidative stress and Antioxidants in Health and Disease	01	5
13	Extracellular Matrix	01	5

2. PRACTICAL EXAMINATION PATTERN

2.1. Total Practical Marks 100 marks

Pattern	Marks
Q. A long Quantitative Experiment	30
Q. B Urine Analysis	20
Spotting Q. C Quality Control Q. D Interpretation of Laboratory results Q. E Interpretation of special Techniques	25
Q. F communication skills	5
Q.G Viva (Paper I & Paper II)	20
Total	100

Eligibility to appear for university exams	
Internal Assessment (Theory + Practical)	50% [combined Theory and Practical] [Theory - minimum 40% Practical- minimum 40%]
Criteria for pass in university exams	
Theory	50% Aggregate (Paper I + Paper II) [Each Paper minimum 40%]
Practical	50%

Model Question Paper For University Theory Exam

Department Of Biochemistry

Annexure No 29C of AC-41/2021

Resolution No. 4.10 of AC-41/2021
effective from 2021-22 onwards and to be revised
as per question paper blue printing format
as per 4.9 of AC-41/2021 in next BOS

Ist MBBS CBME

Paper-I

Section B

Q.1 Answer any 5 out of 6 (SAQ)

5 x 3 = 15 Marks

- a) Causes and clinical features of Pellagra
- b) Structure and functions of Mitochondria
- c) Write any six biologically important peptides with functions
- d) Inhibitors of translation
- e) Enlist the specialized products formed from tyrosine
- f) Enzyme pattern in myocardial infarction

Q.2 Answer any 3 out of 4 (BAQ)

3 x 5 = 15 Marks

- a) Role of a physician in health care system
- b) Lac Operon concept of gene expression
- c) Cell mediated immunity
- d) A ten year old boy from rural area was brought to OPD for complaints of diminished vision in dim light. His cornea was ulcerated and there were white patches on conjunctiva.
 - I) Name vitamin deficient (1 Mark)
 - II) Give its RDA (1 Mark)
 - III) Explain it's biochemical role (3 Mark)

Q.3 Answer any 1 out of 2 (LAQ)

1 x 10 = 10 Marks

- a) Describe the pathway for biosynthesis of urea from ammonia. Add a note on metabolic disorders of urea cycle. (6 +4= 10 Marks)
- b) Describe various complexes of Electron Transport Chain. State sites of ATP synthesis. Add a note on inhibitors and uncouplers. (5 +2 + 3= 10 Marks)

Section C

Q.1 Answer any 5 out of 6 (SAQ)

5 x 3 = 15 Marks

- a) Functions of plasma proteins
- b) Denaturation
- c) Coenzymes-definition and any 3 biochemical reactions
- d) Genetic code
- e) Purine salvage pathway
- f) Role of fibers in diet

Q.2 Answer any 3 out of 4 (BAQ)

3 x 5 = 15 Marks

- a) Sickel cell anemia
- b) 42 years old male presented with complaints of severe pain in right toe and knee joint. Laboratory analysis revealed elevated serum Uric acid levels.
 - I. Name the disease (1 Mark)
 - II. Name metabolism affected (1 Mark)
 - III. What is probable cause (2 Mark)
 - IV. Name any two drugs used in treatment of above disease . (1 Mark)
- c) Describe Wald's visual cycle
- d) Applications of recombinant DNA technology

Q.3 Answer any 1 out of 2 (LAQ)

1 x 10 = 10 Marks

- a) Define enzyme inhibition. List various types of . enzyme inhibition . Describe competitive inhibition in detail with examples .(1 +2 + 7= 10 Marks)
- b) Describe the sources, RDA, biochemical functions and deficiency manifestations of Vitamin B 12 . (1 +1 + 4 + 4= 10 Marks)

Model Question Paper For University Theory Exam

Department Of Biochemistry

Ist MBBS CBME

Paper-II

Section B

Q.1 Answer any 5 out of 6 (SAQ)

5 x 3 = 15 Marks

- a) Role of calcitonin in regulation of calcium homeostasis
- b) Phase II reactions of detoxification
- c) Causes and clinical features of Wilson's disease,
- d) Structure and function of Elastin
- e) Liver function tests based on detoxification and excretory function.
- f) Write any three Glucose transporters with functions

Q.2 Answer any 3 out of 4 (BAQ)

3 x 5 = 15 Marks

- a) Metabolic interrelationship among adipose tissue, liver and extrahepatic tissue.
- b) Explain briefly on storage and absorption iron from intestine.
- c) What are the functional and therapeutic role of prostaglandins.
- d) A patient was brought to the hospital in state of coma. Acetone could be smelled on his breath. His investigation revealed following findings- Physical findings showed dehydration. Blood sugar- 270 mg/ dL, urine Benedict's test- Positive, urine Rothera's test – Positive, Blood pH-0.75
 - I. What is probable diagnosis? (1 Mark)
 - II. What does Positive Rothera's test indicate ? (1 Mark)
 - III. Why is patient's Blood pH lower than normal ? (2 Marks)
 - IV. What possible treatment should the patient be given ? (1 Mark)

Q.3 Answer any 1 out of 2 (LAQ)

1 x 10 = 10 Marks

- a) Define gluconeogenesis. Describe how glucose is synthesized from alanine and add a note on its regulation. (2 +6 + 2= 10 Marks)
- b) Discuss in detail the mechanism by which kidney maintains the blood pH. What is meant by metabolic acidosis and how it is compensated. (1 +6 + 3= 10 Marks)

Section C

Q.1 Answer any 5 out of 6 (SAQ)

5 x 3 = 15

- a) Regulation of cholesterol synthesis
- b) Write the enzyme defect and clinical features of Galactosemia
- c) Oncogenes in carcinogenesis
- d) Biochemical changes within 48 hrs of starvation.
- e) Mechanism of hormone action at nuclear level.
- f) Enumerate thyroid function tests and normal values T3 and T4

Q.2 Answer any 3 out of 4 (BAQ)

3 x 5 = 15

- a) Discuss the regulation of glycogen metabolism
- b) Function of phospholipids.
- c) Name the ketone bodies. Describe the process of ketogenesis. List the condition that lead to ketoacidosis
- d) Free radical scavenger mechanism.

Q.3 Answer any 1 out of 2 (LAQ)

1 x 10 = 10

- a) Name the site where beta oxidation of fatty acid occurs. Describe the steps involved in beta oxidation of fatty acids. Explain how much energy is released in beta oxidation of one molecule of palmitic acid. (1 + 6 + 3 = 10 Marks)
- b) Define Krebs's cycle. Describe the reactions of Krebs's cycle. Add a note on its energetics and significance. (1 + 6 + 1 + 2 = 10 Marks)

Resolution No. 4.3 of AC-41/2021: Resolved to approve the booklist for 1st MBBS (CBME) Biochemistry with effect from the batch admitted in 2021-22 onwards

Annexure-22C of AC-41-2021

Annexure—5.3

LIST OF BOOKS RECOMMENDED FOR 1st MBBS CBME BIOCHEMISTRY-

A.TEXT BOOKS

Sr.No.	Name of the Book	Name of the Author
1	Biochemistry for Medical students	D M Vasudevan & Shree Kumari
2	Text Medical Biochemistry	U Satanarayan
3	Textbook of Biochemistry	M. Rafi
4	Medical Biochemistry	Pankaja Naik

B. REFERENCE BOOKS

Sr.No.	Name of the Book	Name of the Author
1	Harper's illustrated Biochemistry	Robert K Murray
2	Lipponcott's illustrated Reviews	Richard A Harvey
3	Biochemistry	Dinesh Puri
4	Biochemistry	Devlin
5	Biochemistry	Lubert .Stryer
6	Medical Biochemistry	N V Bhagwan
7	Text Book Of Biochemistry	Chaterjee, R. Shinde

Resolution No. 4.13 of AC-41/2021: Resolved to approve the two books - Communication skills & Early clinical Exposure, as reference books for Medical College Library and departments

1. Communication Skills in Clinical Practice - KR Sethuraman
2. Textbook of Early clinical Exposure Setting and Planning - Dr. Motilal C Tayade

Resolution No. 3.3 of Academic Council (AC-42/2022): Resolved to approve SLOs of competencies from BI 1.1 to B.I. 10.5 of Biochemistry theory and B.I.11.1-11.24 of practical curriculum as per CBME curriculum in the programme First MBBS Biochemistry for theory and Practical with effect from the batch admitted in academic year 21-22. [ANNEXURE-5]

Complete finals MBBS Competencies and SLOs 09.03.2022 (Link)

http://mgmmcnm.edu.in/assets/pdfs/curriculum/MBBS/First_Year_MBBS/complete%20finals%20MBBS%20Competencies%20and%20SLOs%2009.03.2022.pdf

Resolution No. 3.6 of Academic Council (AC-42/2022): Resolved to continue the existing method for additional exam for 1st MBBS (CBME) as per guidelines given by NMC in First MBBS Anatomy/Physiology/Biochemistry for theory/Practical.

Resolution No. 3.19 of Academic Council (AC-42/2022): It is resolved to approve all the suggestions given by NMC Undergraduate board as per NMC Notification dated 31.03.2022 related to First MBBS Anatomy/Physiology/Biochemistry except Point No. 7 in relation to Oath ceremony, with effect from the batch admitted in academic year 21-22. [ANNEXURE- 16]

राष्ट्रीय आयुर्विज्ञान आयोग

~~Annex-15~~

National Medical Commission
(Undergraduate Medical Education Board)

No. U.11026/1/2022-UGMEB

Dated the 31st March, 2022

Circular

Subject : Implementation of new Competency Based Medical Education for Undergraduate Course Curriculum.

The new Competency Based Medical Education for Undergraduate Course Curriculum was discussed in detail in the 6th meeting of National Medical Commission, which was held on 24th March, 2022 at New Delhi.

2. After detailed discussion and deliberation, it has been unanimously decided in the said meeting of the Commission to implement new Competency Based Medical Education for Undergraduate Course Curriculum from the current batch of MBBS students i.e. 2021-22, admitted in the month Feb-March 2022.

3. The new Competency Based Medical Education for Undergraduate Course Curriculum would be implemented with the objective of covering all three domains of learning (Cognitive, Affective & Psychomotor). The new course curriculum introduced in August 2019 enriches the medical student with a sound base and balanced approach to overall aspect with the introduction of foundation course which includes Family Adoption Programme, Yoga, meditation, Local Language adaptation and skills.

4. All State Governments/UTs, universities and medical colleges/institutes are requested to take immediate necessary steps to implement the new Competency Based Medical Education for Undergraduate Course Curriculum from the current batch of MBBS students i.e. 2021-22, admitted in the month Feb-March 2022.

Shambhar

(Dr. Aruna V. Vanikar)
President

Encl:

- (i) Guidelines for implementation of new CBME Course curriculum.
- (ii) Academic Calendar for MBBS Batch
- (iii) Month-wise schedule of new CBME Course
- (iv) Curriculum for Family Adoption Programme
- (v) Brief modified transliteration of Maharshi Charak Shapth

Guidelines for implementation of new CBME Course curriculum for MBBS
batch 2021-22 admitted in Feb-March 2022

1. The said guidelines are for the UG CBME **2021 (admitted in 2022)** batch.
2. The curriculum of UG CBME 2021 will begin from **14th Feb 2022** in all medical colleges across the country. The basic framework and inclusions of CBME will not be disturbed as they are vital components of outcome-based education. It is mainly the **redistribution of hours** in view of COVID-19 pandemic within the time frame that needs consideration for 2021-'22 (admitted in Feb. 2022) batch.
3. Redistribution with timeline of professional years for 2021-'22 (admitted in Feb. 2022) is provided in slides herewith.
Since the duration for 1st professional has been reduced from 14 months to 12 months, the period can be adjusted by :
 - a. Having one week of Foundation Course at the beginning of the academic calendar and then spreading remaining three weeks of Foundation Course in first six months beyond curricular hours
 - b. Allocating Sports & Extracurricular hours for regular teaching
 - c. Reducing duration of vacation (1 week in Summer & 1 week in Winter, at the discretion of University and college)
 - d. Final, 1st exams will be for Forensic Medicine, Toxicology and Community Medicine
 - e. All clinical subjects will be taught as per curriculum parallel and exams will be covered under NEXT.
4. **Early clinical exposure and Integration** retained since they are all teaching-learning methods/strategies for addressing identified competencies.

5. **Self directed learning (SDL):** Some SDL hours can be reduced, specifically from Phase-I subjects like Anatomy (there are 40 hours), Physiology (20 hours). Some SDL hours can go beyond office hours if required (as such also students may be required to do certain things for SDL beyond regular hours).

6. **Electives** promote academic flexibility and may be offered onsite based on student's need and choice. One month of Electives (Block A & B, 15 days each) can be adjusted for this batch, wherein Block A (pre/para clinical electives) can have electives along with clinical postings and Block B (clinical electives) without clinical posting.

7. **Family adoption** program is recommended as a part of curriculum of Community Medicine and should begin from 1st professional year and remain throughout the curriculum. The orientation towards the same may be a part of foundation course under the theme of 'Field visit to community health centre' (8 hrs) which is already allocated to foundation course in GMER 2019.

The family adoption shall include villages not covered under PHC adopted by medical college, and if travel time from college to site is more than 2 hours on week-ends, in such situation, bastis / jhuggis/ towns or on outskirts of cities may be adopted.

7. Modified 'Maharshi CharakShapath' is recommended when a candidate is introduced to medical education.

8. Yoga training is recommended to be initiated during foundation course, (1 hour, preferably in the morning in orientation week). Yoga practices shall be for maximum 1 hour every day during the period of 10 days beginning from 12th June every year to be culminated on International Yoga day, i.e. 21st June, to be celebrated in all medical schools across the country. These may be practiced by all batches of MBBS. Yoga module will be made available to all

colleges by UGMEB- NMC. However colleges may adopt their own modules. Yoga unit may be inducted under PMR department or any other department of all colleges at their discretion.

9. **Assessment:** A robust continuous formative and internal assessment is required to ensure competencies and thereby a competent medical graduate. If required, we can have two internal assessments and the third internal assessment can be calculated from various unitary and continuous tests taken throughout the year.

10: **Supplementary examinations:** Supplementary exam be conducted between 4 to 6 weeks from the date of declaration of results of regular university examinations. The result of Supplementary examinations be declared within 10 days from the date of completion of examinations.

11. There shall be no supplementary/ repeater batch. For students who fail in their university examination:

- Students who pass in 1st MBBS supplementary examination shall be offered special classes and ward postings to cover up the syllabus, so that he/she copes up with subjects. Subsequently (after passing in supplementary examination) the student shall continue with his/her regular batch. Attendance of special classes/ postings for such students shall be counted. Students who fail to pass in supplementary examination, shall be joining the subsequent junior batch.

- Students who pass in 2nd MBBS supplementary examination shall be offered special classes and ward postings to cover up the syllabus, so that he/she copes up with subjects. The student shall not join classes of the Final MBBS till he/she is given a chance of passing in first supplementary examination. He/she shall continue with his regular batch after passing in supplementary examination of 2nd MBBS.

Attendance of special classes/ postings be counted. Students who fail to pass in supplementary examination of 2nd MBBS may be allowed to continue with his/her regular batch. However the student shall have to pass 2nd MBBS before taking up Final MBBS examination, as per the existing guidelines.

12. Details and guidelines on NEXT examination shall be notified by NMC.

ACADEMIC CALENDER FOR MBBS BATCH(2021-22) ADMITTED IN FEB-MAR 2022

Professional year	Time frame	Months available (Teaching + Exam)	Comparison with GMER 2019
1 st	14 th Feb '22 to 31 st Jan '23, Exam - Feb.	11.5 months (incl. F.C.) Exam , Result = 1 month	14 months (incl. one month FC)
2 nd	1 st March,'23 to 29 th Feb,'24 Exam- March, '24	12 months Exam , Result = 1 month	12 months
3 rd (III-part-1)	1 st April,'24 to 15 th Jan,'25, Exam – till 31 th Jan, '25	9.5 months Exam - 15 days (FMT, Community Med)	13 months
Electives + results	Block A–(first half) Feb, '25 Block B–(second half) Feb, '25	1 month	2 months
4 th (III-part-2)	1 st March,'25 to 31 st March, '26	13 months NeXT (theory) – April, '26 Univ. (practical) – April, '26	13 months
Internship	1 st May, '26 to 30 th April '27,	12 months	12 months
NeXT & Counselling	May, June, '27	Counselling before 15 th June	1 month
PG	July, '27		

MONTH-WISE SCHEDULE FOR NEW CBME COURSE FOR MBBS BATCH 2021-22 JOINED IN FEB-MAR 2022

MBBS	1	2	3	4	5	6	7	8	9	10	11	12
2022	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
	months	14 TH -1	2	3	4	5	6	7	8	9	10	11
2023	12	Exam, Results	2 ND PROF-1	2	3	4	5	6	7	8	9	10
2024	11	12	Exam, Results	3 RD 1 ST -1	2	3	4	5	6	7	8	9
2025	10- exam in 2 nd half	11-Electives	12	13	14	15	16	17	18	19	20	21
2026	22	23	24	25- NEXT & Univ. final practical, Results	INTERNS HIP- 1	2	3	4	5	6	7	8
2027	9	10	11	12	NEXT, counsell ing	couns elling	PG					

CURRICULUM FOR FAMILY ADOPTION PROGRAMME

Need of the Program:

In India, around 65.5 % of population resides in rural settings (as per 2020 statistics) whereas availability of health care facilities and services are skewed towards urban set ups. Though adequate healthcare supplies exist in the community, it is the access to healthcare to a rural citizen that is a major concern. Issues like health illiteracy, ignorance about communicable and non communicable diseases, means to reach health care facility, services, take time off from their daily wages work and workforce shortages are some of the barriers that limits timely and quality health related awareness and care leading to a scenario of 'Scarcity in abundance'. Hence there is a need to take measures to make healthcare more accessible to the rural and needy population and impart community based and community oriented training to budding healthcare professionals.

Aim:

Family adoption program aims to provide an experiential learning opportunity to Indian Medical graduates towards community based health care and thereby enhance equity in health.

Objectives of the Program:

During the Medical UG training program, the learner should be able to :

1. Orient the learner towards primary health care
2. Create health related awareness within the community
3. Function as a first point of contact for any health issues within the community
4. Act as a conduit between the population and relevant health care facility
5. Generate and analyse related data for improving health outcomes and Evidence based clinical practices.

Specifics of the Program:

Family adoption program is recommended as a part of curriculum of Community Medicine and should begin from 1st professional year with competencies being spread in ascending manner for entire MBBS training program. The orientation towards the same may be a part of Foundation course under the theme of 'Field visit to community health centre' (8 hrs) which is already allocated to foundation course as per GMER 2019.

The family adoption shall preferably include villages not covered under PHCs adopted by medical college. If transit time from college to site is more than 2 hours, then bastis / jhuggis/ towns on outskirts of cities may be considered for family adoption. Medical students may be divided into teams and each team may be allocated visits, with 5 families per student. These families may be introduced during their first visit; however, the model may be flexible depending upon the number of students and available families for adoption. The entire team should work under a mentor teacher for entire part of the training program.

Other considerations:

Every college may arrange one diagnostic medical camp in the village wherein identification of: anemia, malnutrition in children, hypertension, diabetes mellitus, ischemic heart diseases, kidney diseases, any other local problems may be addressed.

If required, patients shall be admitted in the hospital for acute illness under care of student, charges may be waived off or provide concession or govt. schemes.

For chronic illness, students shall be involved.

Subsidized treatment charges may be provided under govt. schemes or welfare schemes.

Camps may be arranged by Dean and Community Medicine/ P.S.M. department with active involvement of Associate/ Asst. Professors, social worker and supporting staff. Local population may be involved with village leaders.

Visit by students be made to the visit as mentioned in table below. Annual follow up diagnostic camp can be continued by the PSM department. As a step towards environment consciousness, students may be encouraged for tree plantation/medicinal plants around beginning of monsoons, in the environs of the families adopted. This could be also included in the environs of the hostels/ residence of students wherever possible.

At the end of the programme, students may be envisioned to become leaders for the community.

TARGETS TO BE ACHIEVED BY STUDENTS:

First Professional Year:

- Learning communication skills and inspire confidence amongst families
- Understand the dynamics of rural set-up of that region
- Screening programs and education about ongoing government sponsored health related programs
- Learn to analyse the data collected from their families
- Identify diseases/ ill-health/ malnutrition of allotted families and try to improve the standards

2nd Professional Year

- Inspire active participation of community through families allotted
- Continue active involvement to become the first doctor /reference point of the family by continued active interaction
- Start compiling the outcome targets achieved

3rd Professional Year

- Analysis of their involvement and impact on existing socio-politico-economic dynamics in addition to improvement in health conditions
- Final visit in the last months in advance to examination schedule, to have last round of active interaction with families**

-prepare a report to be submitted to department addressing:

- 1) Improvement in general health
- 2) Immunization
- 3) Sanitation
- 4) De-addiction
- 5) Improvement in anemia, tuberculosis control
- 6) Sanitation awareness
- 7) Any other issues
- 8) Role of the student in supporting family during illness/ medical emergency
- 9) Social responsibility in the form of environment protection programme in form of plantation drive (medicinal plants/trees), cleanliness and sanitation drives with the initiative of the medical student

Professional Year	Competency The student should be able to	Objectives	Suggested Teaching Learning methods	Suggested Assessment methods	Teaching Hours
1 st Professional	<ul style="list-style-type: none"> Collect demographic profile of allotted families, take history and conduct clinical examination of all family members 	By the end of this visit, students should be able to compile the basic demographic profile of allocated family members	Family survey, Community clinics, Community clinics, Multispecialty camps	Community case presentation, OSPE, logbook, journal of visit	6 hrs
	<ul style="list-style-type: none"> Organize health check-up and coordinate treatment of adopted family under overall guidance of mentor 	By the end of this visit, students should be able to report the basic health profile and treatment history of allocated family members	Reporting of follow up visits, PRA techniques (transact walk, group discussion) Community clinics,	Community case presentation, OSPE, logbook, journal of visit	9 hrs
	<ul style="list-style-type: none"> Maintain communication & follow up of remedial measures 	By the end of this visit, students should be able to provide details of communication maintained with family members for follow-up of treatment and suggested remedial measures	Participation in and Process documentation of activities (NSS activities) along with reporting of photographic evidences	Community case presentation, OSPE, logbook based certification of competency, journal of visit	6 hrs
	<ul style="list-style-type: none"> Take part in environment protection and sustenance activities. 	By the end of this visit, students should be able to report the activities undertaken for environment protection and sustenance			6hrs

		like study of environment of families, tree plantation/ herbal plantation activities conducted in the village		logbook based certification of competency, journal of visit	(Total 27 hrs, 9 visits)
2 nd Professional	<ul style="list-style-type: none"> Take history and conduct clinical examination of all family members 	By the end of this visit, students should be able to compile the updated medical history of family members and report their vitals and anthropometry	Family survey, Community clinics	Community case presentation, OSPE, logbook, journal of visit	6 hrs
	<ul style="list-style-type: none"> Organize health check-up and coordinate treatment of adopted family under overall guidance of mentor 	By the end of this visit, students should be able to report the details of clinical examination like Hb %, blood group, urine routine and blood sugar along with treatment history of allocated family members	Community clinics, Multispecialty camps	Community case presentation, OSPE, logbook, journal of visit	9 hrs
	<ul style="list-style-type: none"> Maintain communication & follow up of remedial measures 	By the end of this visit, students should be able to provide details of communication maintained with family members for follow-up of treatment, and suggested remedial	Reporting of follow up visits, PRA techniques (transact walk, group discussion) Community clinics,	Community case presentation, OSPE, logbook based certification of competency,	9 hrs

	<ul style="list-style-type: none"> Take part in environment protection and sustenance activities. 	<p>measures along with details of vaccination drive</p> <p>By the end of this visit, students should be able to report the activities undertaken for environment protection and sustenancelike study of environment of families, tree plantation/ herbal plantation activities conducted in the village</p>	<p>Participation in and Process documentation of activities (NSS activities) along with reporting of photographic evidences</p>	<p>journal of visit</p> <p>logbook based certification of competency, journal of visit</p>	<p>6 hrs</p> <p>(Total 30 hrs, 6 visits)</p>
3 rd Professional	<ul style="list-style-type: none"> Final counselling of the family members of allotted families and analyze the health trajectory of adopted family under overall guidance of mentor 	<p>By the end of this visit, students should be able to update the medical history of family members and their vitals and anthropometry</p> <p>By the end of this visit, students should be able to report the details of clinical examination like Hb %, blood group, urine routine and blood sugar along with treatment history of allocated family members</p>	<p>Family survey, Community clinics</p> <p>Community clinics, Multispecialty camps</p>	<p>Community case presentation, OSPE, logbook, journal of visit</p> <p>Community case presentation, OSPE, logbook, journal of visit</p>	<p>3hrs</p> <p>4 hrs</p>

		<p>By the end of this visit, students should be able to provide details of communication maintained with family members for follow-up of treatment, and suggested remedial measures along with details of vaccination drive</p>	<p>Reporting of follow up visits, PRA techniques (transact walk, group discussion) Community clinics,</p>	<p>Community case presentation, OSPE, logbook based certification of competency, journal of visit</p>	<p>4 hrs</p>
		<p>- By the end of this visit, students should be able to report the activities undertaken for environment protection and sustenance like study of environment of families, tree plantation/ herbal plantation activities conducted in the village</p>	<p>Participation in and Process documentation of activities (NSS activities) along with reporting of photographic evidences</p>	<p>logbook based certification of competency, journal of visit</p>	<p>4 hrs</p>
		<p>By the last visit, students should be able to analyze and report the health trajectory of adopted family along with remedial measures adopted at individual, family and community level</p>	<p>- Small group discussion (report of the health trajectory of adopted family)</p>	<p>-Logbook based certification of competency, journal of visit</p>	<p>+6 hrs in last visit (total 21 hrs, 5 visits)</p>

TOTAL	1 st Prof 2 nd Prof 3 rd Prof	9 visits 6 visits <u>5 visits</u> 20 visits	27 hrs 30 hrs 16 hrs +5 hours in <u>last visit</u> 78 hrs		
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PROTO-TYPE LOG BOOK FOR FAMILY ADOPTION

COLLEGE NAME, UNIVERSITY

ADDRESS DETAILS

NAME OF THE STUDENT:

ROLL NO.:

VILLAGE NAME:

TEHSIL/ DISTRICT:

STATE/ UNION TERRITORY:

NAME OF THE MENTOR:

MENTOR STATUS: Asst. Prof/ S.R. And Details: (If changed, details of subsequent mentors)

NAME OF ASHA WORKER:

ADDRESS OF ASHA WORKER:

EXPERIENCE (SINCE HOW MANY YEARS IS HE/ SHE EMPLOYED)

(SEPARATE PAGE FOR EACH FAMILY BE MAINTAINED)

-FAMILY NAME AND ADDRESS

- Approximate size of living space of house-hold

- Malaria/ flu/ etc pertinent to the region

- If there is any illness or medical emergency required by the house-hold, the student should take initiative in being the primarycontact for the family.
- The student in turn should consult his/her mentor for further management of the patient.
- The hospital to which the college is attached must provide treatment facilities to the patient.
- Government schemes may be utilized for optimal management.
- Follow-up records must be maintained by the student. These must be periodically evaluated by mentors with the help of senior residents.
- The entire data sheet may be prepared by every student and submitted latest by the end of the last visit for evaluation.
- Progress notes must include every demographic point and history recorded.

PROTO TYPE LOG BOOK

NAME	AADHAAR NO.	BIRTH DATE	AGE	POSITION IN FAMILY	DIETARY HABITS, DIET	LITERACY: EDUCATIONAL QUALIFICATION	EMPLOYMENT for income source, eg. Labourer/ land owner/ teacher, etc	NAME OF SCHOOL OF CHILD	ADDICTIONS IF ANY	HEIGHT (CMS)	WEIGHT (KG)
				(eg. Head, wife, sibling order, grand mother, etc)		annual progress of children to be recorded		grade/ standard, medium of learning			

1ST PROF/
MBBS

SR. NO. DATE OF VISIT

1
2

2ND
MBBS

1
2

FINAL-1ST
PROF-
FINAL
MBBS-1ST

1
2

PROTO TYPE LOG B

IMMUNIZATI HEMOGLOBI URINE URINE POS.FINDIN BLOOD IMMUNIZATION ORAL
ON STATUS PULSE BP R.R. BLD GP, Rh N PROTEIN SUGAR G IN URINE SUGAR STATUS CHECK-UP HYGEINE STATUS

ANY

1ST PROF/
MBBS

DATE OF

SR. NO. VISIT

1
2

2ND
MBBS

1
2

FINAL-1ST
PROF-
FINAL
MBBS-1ST
1
2

BRIEF TRANSLITERATION OF MAHARSHI CHARAK SHAPATH

- ❖ During the period of study I shall live a disciplined life with my teachers and peers. My action shall be guarded, service oriented and free from indiscipline and envy. In my dealings I shall be patient, obedient, humble, constantly contemplative and calm. I shall aim my full efforts and ability towards the desired goal of my profession.
 - ❖ As a Physician, I shall always use my knowledge for welfare of mankind.
 - ❖ I shall always be ready to serve patients, even if I am extremely busy and tired. I shall not harm any patient for the sake of monetary or selfish gains, nor shall I entertain a desire for lust, greed or wealth. Immorality shall not emerge even in my thoughts.
 - ❖ My dressing shall be decent yet impressive and inspiring confidence. My conduct shall always be appropriate, pleasant, truthful, beneficial and polite. I shall use my experience in actions appropriate for that time and place.
 - ❖ I shall constantly endeavor to accomplish/ keep updated with the latest developments in the field and widen my knowledge.
 - ❖ I shall treat patient of gender other than mine in presence of relatives or attendants.
 - ❖ When examining a patient, my discretion, attention and senses shall be concentrated on the cure of the disease. I shall not divulge the confidentiality related to the patient or family inappropriately.
 - ❖ Although an authority (in my subject), I shall not display my knowledge and skill with arrogance.
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MGM INSTITUTE OF HEALTH SCIENCES

(Deemed to be University u/s 3 of UGC Act, 1956)

Grade 'A' Accredited by NAAC

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