



MGM INSTITUTE OF HEALTH SCIENCES

(Deemed to be University u/s 3 of UGC Act, 1956)

Grade 'A++' Accredited by NAAC

MGM SCHOOL OF PHYSIOTHERAPY

Sector-1, Kamothe, Navi Mumbai – 410209

Six-monthly Progress Report

1. Name of the Principle Investigator: Dr.Rajani Mullerpatan
2. Month and Year of Approval of Project by Ethical Committee: March 2022
3. Title of the Project: Effect of Telemetric Rehabilitation in Patients with Mild-Moderate Covid-19 Affection
4. Work carried out during the Last Six-Months – A survey was done in prevalence of musculoskeletal impairments in Post Covid-19 patients were done.
5. Research Papers Published (Authors, title of paper, Journal, Volume, Page Numbers, Year and Impact Factor) - NIL
6. Conferences or Meetings Participated in: NIL
7. Work pursued during the last six months: Data collected 100 sample in individuals

Name and Signatures of the Investigator

Date on which Report Submitted: 15th October 2022

Signature of the Head of Institute





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Six-monthly Progress Report

1. Name of the Principle Investigator: Dr.Rajani Mullerpatan
2. Month and Year of Approval of Project by Ethical Committee: March 2022
3. Title of the Project: Health related physical fitness in healthcare workers posted in COVID 19 care: A longitudinal study
4. Work carried out during the Last Six-Months - A survey on effect of Covid-19 pandemic on physical activity and mental health among mental health on 100 physiotherapy students
5. Research Papers Published (Authors, title of paper, Journal, Volume, Page Numbers, Year and Impact Factor) - NIL
6. Conferences or Meetings Participated in: NIL


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Six-monthly Progress Report

1. Name of the Principle Investigator: Dr.Rajani Mullerpatan
2. Month and Year of Approval of Project by Ethical Committee: March 2022
3. Title of the Project: Biomechanical and Biochemical exploration of effect of Yoga in low back pain – an experimental study
4. Work carried out during the Last Six-Months – Survey on 284 completed in individuals in the age group of 25 to 40 years on practice of yoga and its association with low back pain
5. Research Papers Published (Authors, title of paper, Journal, Volume, Page Numbers, Year and Impact Factor) - NIL
6. Conferences or Meetings Participated in: NIL
7. Work pursued during the last six months: Data collected 284 sample in individuals

Name and Signatures of the Investigator

Date on which Report Submitted: 15th October 2022

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Six-monthly Progress Report

1. Name of the Principle Investigator: Dr.Rajani Mullerpatan
2. Month and Year of Approval of Project by Ethical Committee: March 2022
3. Title of the Project: Telemetric Lifestyle Intervention: for SELF administration of a novel, prophylactic tool to delay disability caused by Osteoarthritis of knee (MARK-1)-A Longitudinal study
4. Work carried out during the Last Six-Months –
Developed a survey tool to evaluate technology readiness in rural area
5. Research Papers Published (Authors, title of paper, Journal, Volume, Page Numbers, Year and Impact Factor) - NIL
6. Conferences or Meetings Participated in: NIL

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Six-monthly Progress Report

1. Name of the Principle Investigator: Dr.Rajani Mullerpatan
2. Month and Year of Approval of Project by Ethical Committee: March 2022
3. Title of the Project: Deep squat intervention of a novel, early self administered prophylactic tool to delay disability caused by osteoarthritis of knee- a longitudinal study
4. Work carried out during the Last Six-Months - A pilot intervention study on 10 subjects with pre- Osteoarthritis of knee was done for squat intervention to formulate the dosimetry of squat intervention,
5. Research Papers Published (Authors, title of paper, Journal, Volume, Page Numbers, Year and Impact Factor) - NIL
6. Conferences or Meetings Participated in: NIL
7. Work pursued during the last six months:
Name and Signatures of the Investigator
Date on which Report Submitted: 15th October 2022

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