

**Dr. Pravin Suryawanshi - Awarded 1st Prize for Best Video Presentation - on
“Laparoscopic Excision of Retroperitoneal Teratoma” at LAPAROSURG 2023
Conference at Codissia Trade Fair Complex Coimbatore.**

Date: August – September 2023.



**Dr. Deepali Jaybhaye, Dept. of
Pharmacology, got **Best Paper
Prize** in Oral Presentation
Category at NIRCON 23
National Interdisciplinary
Research Conference.**

Date: 02.09.2023 – 03.09.2023.



On occasion of World Anaesthesia Day 2023 Intercollege Anaesthesia Quiz Competition conducted at Govt. Medical College, Aurangabad.

1) Dr. Swapnil Niraj Desai

2) Dr. Omprakash Yejalla

secured 3rd prize for this competition.

Date: 13.10.2023



**Dr. Vidyanand Deshpande, Department of General Surgery
Got Prize in "Massia Open Badminton Tournaments"**



**On the Occasion of World Patient Safety Day
Department of General Medicine
Got Two Prizes for Quiz in Medical Error
Date: 10.10.2023**



**On the Occasion of World Patient Safety Day
Department of General Surgery & HPB Surgery
Got Six Prizes in various Competition
Date: 10.10.2023**





Ms. Nandita Thakkar (Intern) got 1st Prize in Poster Presentation organized by North Delhi Physician Forum “6th Annual Hybrid Conference 2023” on 17th Sept 2023 at Delhi

Dr. Pravin Suryawanshi elected as

Vice President of Association of Surgeons of India (ASI) for 2024

President of Association of Surgeons of India (ASI) for 2025



असोसिएशन ऑफ सर्जन्स ऑफ इंडियाच्या अध्यक्षापदी डॉ.प्रविण सूर्यवंशी यांची निवड

डॉ. संभाजीनगर (प्रतिपदी):
 असोसिएशन ऑफ सर्जन्स ऑफ इंडियाच्या अध्यक्षापदी डॉ. प्रविण सूर्यवंशी यांची निवड झाली आहे. डॉ. सूर्यवंशी यांनी २०२४-२५ साठी अध्यक्षपदी निवड झाले आहे. त्यांच्या निवडीत १६००० वॉटरगट्सचे काम करणारे डॉ. सूर्यवंशी यांचे सर्व स्तरातून कौतुक होत आहे.

असोसिएशन ऑफ सर्जन्स ऑफ इंडिया ही संस्था वैश्विक स्तरावर कार्यरत असून, तिला अनेक देशांतून डॉ. सूर्यवंशी यांचे कार्यरत असून, त्यांच्या निवडीत १६००० वॉटरगट्सचे काम करणारे डॉ. सूर्यवंशी यांचे सर्व स्तरातून कौतुक होत आहे.

१६ वर्षांच्या इतिहासात पहिल्यांदा डॉ. सूर्यवंशी यांच्या निवडीत डॉ. सूर्यवंशी यांची निवड झाली आहे. डॉ. सूर्यवंशी यांच्या निवडीत १६००० वॉटरगट्सचे काम करणारे डॉ. सूर्यवंशी यांचे सर्व स्तरातून कौतुक होत आहे.

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MGM Trust organized a felicitation program to felicitate to Dr. Pravin Suryawanshi, Dy. Dean & Prof. HOD HPB Surgery Department for their special achievement in field of medical sciences. Sir had elected as Vice President and President of Association of Surgeons of India for 2024 & 2025 respectively.

**&
Dr. Swati Shiradkar, Prof. OBGY Department have appointed as Dean of Sri Ramchandra Institute of Medical Sciences, Chh. Sambhajinagar.**

Date: 06.12.2023



**Dr. Gauri Bapat, Dept. of OBGY now a certified
'Emotional Intelligence Practitioner'
Date: 21.11.2023**



**Dr. Sameer Naval, Department of
Community Medicine, Received
Letter In Recognition and
Appreciation for the Session on
"First Aid for Snake Bite" on
15.12.2023 from State Bank of
India.**

Date: 28.12.2023

 **SBI**
The banker to every Indian

भारतीय स्टेट बैंक
भारतीय स्टेट बैंक
STATE BANK OF INDIA

SBILD/AUR/2023-24/90
Date: 26.12.2023

The Head of Department
PSM / Community Medicine,
MGM Medical College and Hospital
Chh. Sambhajinagar

Madam / Dear Sir,

SESSION ON FIRST AID FOR SNAKE BITE ON 15.12.2023

In Recognition and Appreciation

State Bank of India extends its heartfelt appreciation and gratitude to Dr. Sameer Naval and the Department of Community Medicine MGM Medical College and Hospital, Chh. Sambhajinagar for conducting session on first aid to be administered in the event of snake bite on 15.12.2023 at our training centre, SBILD Chh. Sambhajinagar for the benefit of our employees. Your invaluable contribution and unwavering commitment to health education and community well-being have made a significant impact on our recent event.

We express our sincerest thanks for your presence and participation, which enriched the session and elevated the learning experience for all attendees. Your expertise and dedication have greatly contributed to the success of our initiative, and we look forward to your continued involvement in our future endeavours.

Your exemplary efforts have truly made a difference, and we are privileged to have had the opportunity to benefit from your knowledge and insights.

Yours faithfully,


Director
SBILD Chh. Sambhajinagar

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☎ +91 240 2483005
✉ Director.sbilsaurangabad@sbi.co.in

एच.डी.एच.डी.डी.
राज्य शाखा, अहमदाबाद
एच.डी.डी. (सीई), अहमदाबाद
राज्य शाखा, अहमदाबाद - 411 001
महाराष्ट्र (भारत)

एच.डी.एच.डी.डी.
राज्य शाखा, अहमदाबाद
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राज्य शाखा, अहमदाबाद - 411 001
महाराष्ट्र (भारत)

State Bank Institute of Learning & Development, Aurangabad
N-7 (South), CIDCO,
Jagson Road, Aurangabad - 431 001
Maharashtra (India)

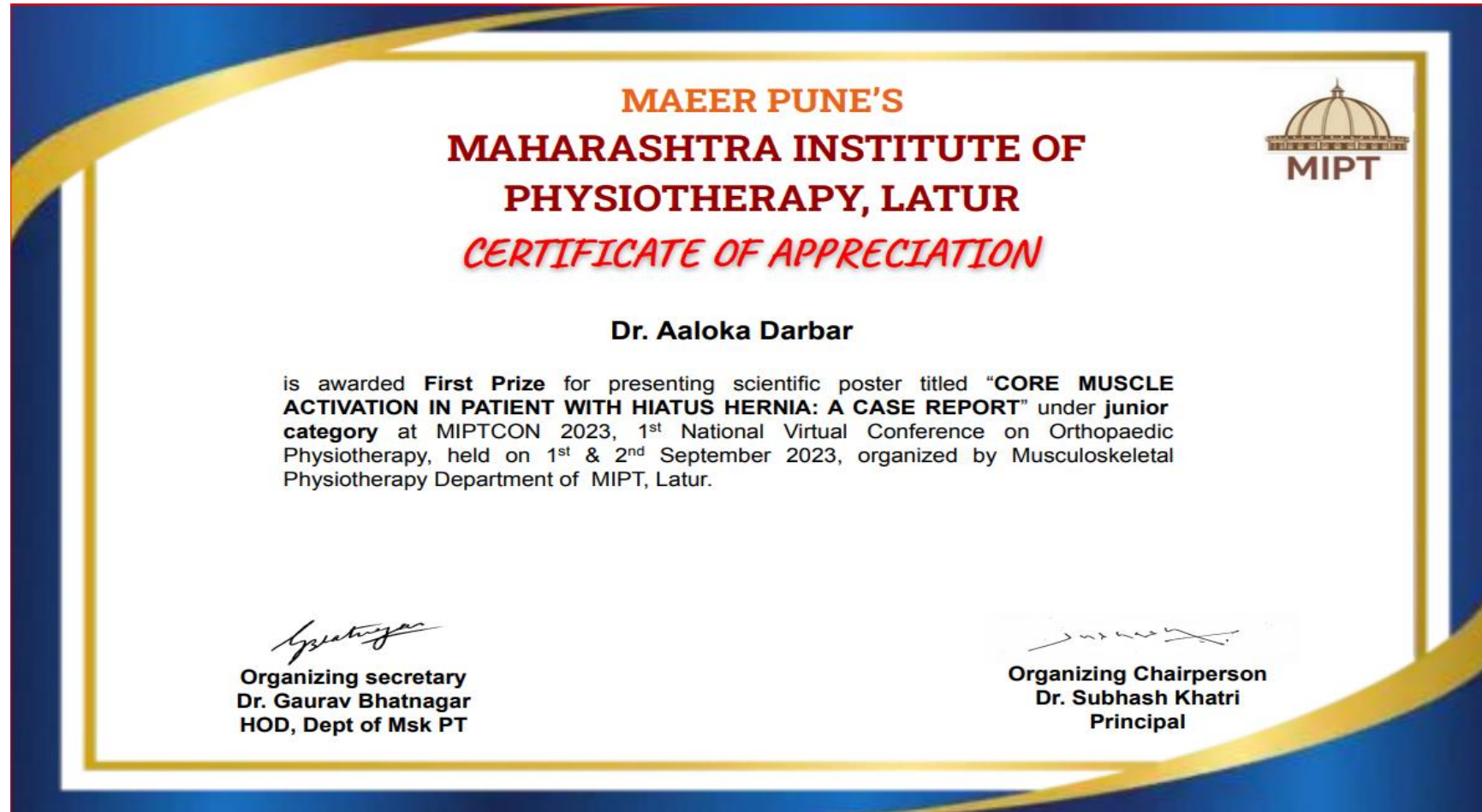
7th MGM Olympics - December 10-14, 2023 at MGM Aurangabad

WINNER LIST in various sports events

- Boys (basketball team), **First** knockout match, team won the match with a score of 42-0.
- Girls (basketball team) **First** knockout match, team won the match with a score of 24-0
- Usmaa Ved(2022 batch) **Swimming** 400 M race –**Gold** 200 M race –**Silver**
- Siddhan Wadhvani (2023 batch) **Gold: Swimming 50m freestyle, 100m freestyle 200m freestyle, 50m Butterfly,50 Breaststroke**
- Dipasha Rajdev, **Silver-swimming 100m freestyle**
- Juhi Maurya, **Silver-swimming, 50m freestyle**
- **Boys basketball** team secured **Silver** medal with score of 44-46
- **Girls basketball** team secured **Gold** medal with score of 20-12
- Sushant Satokar emerged as the **Gold** in **Badminton**
- Hridaay Tejawani emerging as the **Gold** medalist in **Lawn Tennis**.
- **Silver in Throw Ball (Girls)**, Dipasha Rajdev(2020 batch),Suhani J amkhandi (2022 batch),Anusha Badrinath (2022 batch),Divya jain(2022 batch)

Our PG student from Musculoskeletal physiotherapy **Dr. Aaloka Darbar** received **1st Prize** in **research poster presentation**

Titled : *Core muscle activation in patient with Hiatus Hernia : A Case Report*



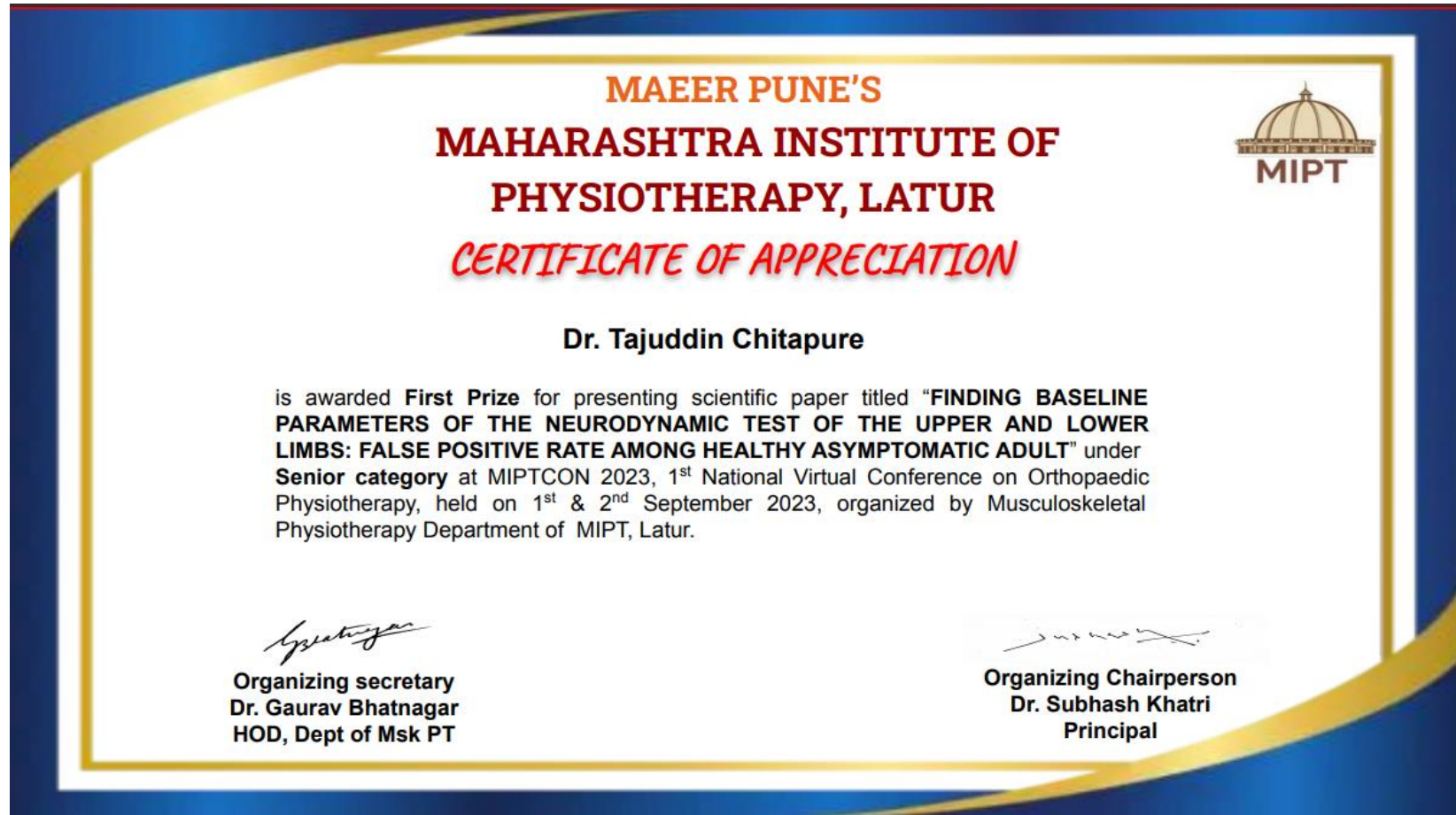
Our PG student from Musculoskeletal physiotherapy **Dr. Dax Vyas** received **1st Prize** in research paper presentation (junior category)

Titled : *Core muscle activation in patient with Hiatus Hernia : A Case Report*



Our faculty **Dr. Tajuddin Chitapure** (Musculoskeletal physiotherapy) received **1st Prize** in senior category research paper presentation.

*Titled : **Finding** baseline parameters of the neurodynamic test for upper and lower limb :
False positive rate among healthy asymptomatic adults.*



Our faculty **Dr. Ashwin Kshirsagar** (Sports physiotherapy) received **2nd Prize** in senior category research paper presentation.

Titled :Physiotherapy management of a kabaddi player with Grade 3 full thickness tear of MCL of Knee Joint : A Case Report.



MGMIHS RESEARCH MELA NIRcon-2023

Our PG student from Musculoskeletal physiotherapy **Dr Dax Vyas** received **1st Prize** in PG Poster Presentation

Our PG student from Sports physiotherapy **Dr Pranoti Zanwar** received **1st Prize** in Oral Presentation

Our Faculty, **Dr Vaibhavi Walimbe** (Musculoskeletal Physiotherapy) received **1st Prize** in Faculty Oral presentation.



Our students participated in E-Poster competition on the occasion of World Spinal Cord Injury Day organised by Dr. Vitthalrao Vikhe Patil Foundations College of Physiotherapy on 5th September 2023

Our college received the 1st and 2nd position in E-Poster Competition.

Dr. Vitthalrao Vikhe Patil Foundation's
COLLEGE OF PHYSIOTHERAPY
Accredited With NAAC grade "A" And Recognized By UGC 2 (F)
Website: www.vjmscopt.edu.in

WORLD SPINAL CORD INJURY DAY
E-POSTER COMPETITION – Access to life Services A life less Complicated
ORGANIZED BY DEPARTMENT OF NEUROPHYSIOTHERAPY

WINNERS

1st Prize
Nidhi Nair, Shreya Kulkarni,
Priyanka Botre , Falah Quazi (Group entry)
(MGM School of Physiotherapy, Aurangabad)

2nd Prize
Mayuresh Padalkar
(MGM School of Physiotherapy ,Aurangabad)

3rd Prize
Dr. Devasaya Dodia
(TNMC, Physiotherapy School and centre, Mumbai)

CONSOLATION PRIZE – Sakshi Baheti (DVVPF'S College of Physiotherapy, Ahmednagar)

DR. SHYAM GANVIR
PRIINCIPAL



Dr. Vithalrao Vikhe Patil Foundation
Ahmednagar

Dr. Vithalrao Vikhe Patil Foundation's College of Physiotherapy

Affiliated to Maharashtra University of Health Sciences, Nashik, Approved by Govt. of Maharashtra
Recognized by Maharashtra State Q.T.P.T. Council, Mumbai and Indian Association of Physiotherapist,
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Website : www.vims.copt.edu.in



Organized by

Department of Neurophysiotherapy

CERTIFICATE

This is to certify that

NIDHI PRAKASH NAER

1/11/111/1V Year B.P.Th/M.P.T. has organized / participated / winner in
E- POSTER COMPETITION - SPINAL LORD INTURY DAY held on 5th SEPTEMBER 2023.

Dr. Suvarna Ganvir PhD
Prof & HOD,
Department of Neurophysiotherapy

Dr. Abhijit Diwate, PhD
Director
VIMS, Ahmednagar

Dr. Shyam Ganvir, PhD
Principal, College of Physiotherapy



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CERTIFICATE

This is to certify that

FALAL FATEMA QUAZI

1/11/111/1V Year B.P.Th/M.P.T. has organized / participated / winner in
SPINAL LORD INTURY DAY - E POSTER COMPETITION held on 5th SEPTEMBER 2023.

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This is to certify that

MAYURESH PADALKAR

1/11/111/1V Year B.P.Th/M.P.T. has organized / participated / winner in
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CERTIFICATE

This is to certify that

PRIVANKA RATESH BOTRE

1/11/111/1V Year B.P.Th/M.P.T. has organized / participated / winner in
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This is to certify that

SHREYA SHRIPAD KULKARNI

1/11/111/1V Year B.P.Th/M.P.T. has organized / participated / winner in
SPINAL LORD INTURY DAY - E POSTER COMPETITION held on 5th SEPTEMBER 2023.

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Prof & HOD,
Department of Neurophysiotherapy

Dr. Abhijit Diwate, PhD
Director
VIMS, Ahmednagar

Dr. Shyam Ganvir, PhD
Principal, College of Physiotherapy

Our Final Year BPT student **Karina Choudhary** received **1st Prize** from **UG** category in **Mr. & Ms. Physio Talent Competition** organised by **Indian Association of Physiotherapy Women Cell (IAPWC)** on



**IAPWC
MAHARASHTRA
STATE**

Congratulations to the winners of the competition held to celebrate **WORLD PHYSIOTHERAPY DAY**

**Mr and Ms. Physio
Talent and Essay Competition**
Winners:



Choudhary Karina Kishor
1st Prize
UG Category
MGM College, Aurangabad

Rutuja Chandramani Shardul
2nd Prize
UG Category
MVP's College

Piyush Ratnaparkhe
1st Prize
UG Category
Dr Vithalrao Vikhe Patil College

Dr Ruchi Varshney
National Head

Dr. Pooja Kamble
Zonal Head

Dr. Suvarna Ganvir
State Coordinator

Dr. Snehal Patel
State Joint Coordinator

State Sub Coordinators
Dr. Uthra Mohan
Dr. Priya Karande
Dr. Nirali Sanghavi

Our college received the **1st position** in E-Poster Competition for UG Category and **2nd and 3rd Position** for PG Category in Intercollegiate Poster Competition organized by MGMSOP



MGM SCHOOL OF PHYSIOTHERAPY, AURANGABAD
(A CONSTITUENT UNIT OF MGM INSTITUTE OF HEALTH SCIENCES)
Grade 'A++' Accredited by NAAC



WORLD PHYSIOTHERAPY DAY 2023

Achievement Certificates

Nidhi Nair, Shreya Kulkarni, Priyanka Botre

is awarded **1st prize** in national level intercollegiate quiz competition in **UG category**
themed "E-Poster : Early Identification & Smart Solutions for Arthritis Pain"
on the occasion of **World Physiotherapy Day, 2023**
on 8th of September 2023 by MGMSchool of Physiotherapy, Aurangabad.

Dr. Rinkle Malani
Director

Prerana Dalvi
Admin Officer



MGM SCHOOL OF PHYSIOTHERAPY, AURANGABAD
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Grade 'A++' Accredited by NAAC



WORLD PHYSIOTHERAPY DAY 2023

Achievement Certificates

Dax Vyas, Aloka Darbar, Madiha Khan

is awarded **2nd prize** in national level intercollegiate quiz competition in **PG category**
themed "E-Poster : Breaking the Pain Cycle : Harassing the Power of Artificial Intelligence &
Physiotherapy" on the occasion of **World Physiotherapy Day, 2023**
on 8th of September 2023 by MGMSchool of Physiotherapy, Aurangabad.

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WORLD PHYSIOTHERAPY DAY 2023

Achievement Certificates

Pranoti Zawar, Mayuresh Padalkar, Rohit Dawande

is awarded **3rd prize** in national level intercollegiate quiz competition in **PG category**
themed "E-Poster : Breaking the Pain Cycle : Harassing the Power of Artificial Intelligence &
Physiotherapy" on the occasion of **World Physiotherapy Day, 2023**
on 8th of September 2023 by MGMSchool of Physiotherapy, Aurangabad.

Dr. Rinkle Malani
Director

Prerana Dalvi
Admin Officer

UG Students **Darshana Chachra, Sakshi Ahuja, Namrata Bhakkad, Mercy Nadar** received **2nd Prize** in Intercollegiate **E-Quiz Competition** (UG Category) organised by MGMSOP

Dax Vyas and Ekta Kharde received **1st Prize** in **E- Quiz Competition** (PG Category)
Akanksha Shinde and Shweta Ghodke received **3rd Prize** in **E- Quiz Competition** (PG Category)



The Banarasidas Chandiwala Institute of Physiotherapy, New delhi held All India E-scientific poster competition on the topic - "Role of Exercises in Inflammatory Arthritis" in which our students of IV th semester Namrata Bhakkad and Anaya Mandlik won 3rd prize.

BANARSIDAS CHANDIWALA INSTITUTE OF PHYSIOTHERAPY
 Affiliated To G.G.S. Indraprastha University, NAAC A++, Approved by DCPTOT
 Maa Anandmai Marg, Kalkaji, New Delhi-110019

WORLD PHYSIOTHERAPY DAY
E- SCIENTIFIC POSTER COMPETITION
 ON
15th SEPTEMBER

REGISTRATION FEE- Rs 100/-

CERTIFICATE FOR PARTICIPANTS

EXCITING PRIZE FOR WINNERS

UG Category
 TOPIC:
Role Of Exercises In Inflammatory Arthritis

LAST DATE OF SUBMISSION-
12th September

GUIDELINES FOR ABSTRACT SUBMISSION

- Font style should be Times New Roman
- Must include main heading, introduction, method, result and conclusion.
- Topic should not have been presented/ published anywhere else
- The abstract is logical, interesting, clearly written, and free of grammatical or typographical errors.
- Use a word count of 250 words or less for Abstract text
- Include a title of 12 words maximum.
- Mention name of Authors (Primary author followed by co- author).

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 ACCOUNT NO: 020894600000024, IFSC CODE: YESB0000208

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 nitika.roy@bcip.ac.in

ARTHRITIS: PAIN IS INEVITABLE, SUFFERING IS OPTIONAL!

AUTHORS
 Namrata Bhakkad
 Anaya Mandlik
 (UG-2)

AFFILIATIONS
 MGM School of Physiotherapy,
 Aurangabad

FROM PAIN TO PROGRESS: MANAGING INFLAMMATORY ARTHRITIS THROUGH EXERCISE

INTRODUCTION

Inflammatory arthritis is a category of autoimmune diseases that primarily affects the joints, causing inflammation, pain, stiffness and potential damage of joint tissues. The most common forms are rheumatoid arthritis (RA) and psoriatic arthritis. Without treatment, inflammatory arthritis can lead to damage and deformity of joints, which can impact individual's quality of life.

OBJECTIVE

Designing patient specific treatment protocols for various forms of inflammatory arthritis.

METHODS

Range of Motion Exercises: These gentle movements help maintain and improve joint flexibility. Examples include wrist circles, ankle pumps, and neck stretches.
 Strengthening Exercises: Maintaining the available muscle strength can help support and stabilize joints. Common exercises include leg lifts, wall pushups, and resistance band exercises.
 Aerobic or Cardiovascular Exercises: These activities can improve overall fitness and reduce inflammation. Options include walking, swimming, stationary cycling, and low-impact aerobics.
 Balance and Coordination Exercises: These exercises can help prevent falls and improve stability, which is important for individuals with arthritis. Examples include heel-to-toe walking and standing on one leg.
 Stretching: Regular stretching routines can help maintain joint mobility and reduce stiffness. Be sure to stretch each muscle group.

RESULT

Exercise can benefit patients with inflammatory arthritis prescribed on the parameters of frequency, intensity, time, type in several ways:
 Joint Mobility: Regular exercise can help improve joint mobility and reduce stiffness. Range of motion exercises, such as gentle stretches, can be particularly helpful.
 Muscle Strength: Helps in maintaining the available muscle strength.
 Pain Management: Exercise can release endorphins, which influences the pain processing in the brain. This can help reduce the perception of pain in arthritis patients.
 Lifestyle Modifications: Appropriate diet, exercise and sound sleep helps for better results.
 Cardiovascular Health: Many forms of arthritis increase the risk of cardiovascular problems. Cardiovascular exercise, like walking or swimming, can improve heart health.
 Improved Mood: Regular exercise can help combat depression and anxiety, which are common among individuals with chronic arthritis.

CONCLUSION

Living with inflammatory arthritis can be a challenge, however not moving at all in the fear of inflammation and pain can cause more damage to joints and underlying tissues. Therefore, a patient - centric protocol based on frequency, intensity, time and type can be beneficial for arthritic patient.

REFERENCES

Advances in treatment of inflammatory arthritis
 David S Pisetsky, Michael M Ward.
 Essentials of orthopedics for Physiotherapists
 John Ebnezar - second ed

Recognition for Divisional Onfield Hockey Tournament services of our Sports PG Akash Tandale & Sakshi Gujarati in newspaper



संमिश्र

गुरुवार, ७ सप्टेंबर २०२३ | ८
Daily
महाराष्ट्र स्पोर्ट्स
maharashtra.sports22@gmail.com

रेजिमेंटल हायस्कूल संघाला दुहेरी मुकुट नेहरू करंडक हॉकी स्पर्धा : डिफेन्स करिअर अकादमीला विजेतेपद

छत्रपती संभाजीनगर : विभागीय नेहरू करंडक हॉकी स्पर्धेत रेजिमेंटल हायस्कूल संघाने ज्युनियर मुली व सब ज्युनियर मुलांच्या गटात विजेतेपद पटकावत दुहेरी मुकुट संजवत केला.

५ व ६ सप्टेंबर रोजी झालेल्या विभागास्तरीय नेहरू करंडक हॉकी स्पर्धेत छत्रपती संभाजीनगर जिल्ह्याचे प्रतिनिधित्व करणाऱ्या रेजिमेंटल हायस्कूल संघाने ज्युनियर मुली आणि सब ज्युनियर मुलांच्या गटात विजेतेपद मिळवत दुहेरी मुकुट पटकाविले. तसेच ज्युनियर मुलांच्या गटात डिफेन्स करिअर अकादमी संघाने विजेतेपद मिळवले. या विजेते संघांची २५ सप्टेंबरपर्यंत पुणे कालेवाडी येथे होणाऱ्या राज्यस्तरीय स्पर्धेसाठी निवड झाली आहे. सब ज्युनियर मुलांच्या गटात अंतिम सामन्यात छत्रपती संभाजीनगर मनवधरे प्रतिनिधित्व करणाऱ्या बुन ई स्कूल संघाचा अंतिम टाईम लढाईत १-० गोलने पराभव केला.

विजयी गोल रावू घुषणपेच्या सुरेख बॉलवर ओम रानत याने गोल केला. मुलांच्या गटात रेजिमेंटल हायस्कूल संघाने ई. पा. पाठक कनिष्ठ महाविद्यालय संघाचा ३-० ने पराभव करून विजेतेपद मिळविले.

रेजिमेंटल हायस्कूल संघाकडून अंतिम युवदेवरी, झुती बगडे, केमल वने घंती प्रत्येकी एक गोल केले. १७ वर्षे ज्युनियर मुलांच्या गटात डिफेन्स करिअर अकादमी संघाने ई. पा. पाठक संघाचा पराभव करून विजेतेपद मिळवले.

तत्पूर्वी उग्रास्य सामन्यात डिफेन्स अकादमी संघाने जलना पोदार स्कूल संघाचा पराभव केला होता. तर ई. पा. पाठक संघाने बीडच्या सरावली पब्लिक स्कूल या ३-० ने पराभव करून अंतिम फेरीत प्रवेश केला होता. विजयी संघाचे जिल्हा क्रीडा अधिकारी बाजीराव देसाई,



जिल्हा हॉकी संघटनेचे सचिव पंकज भारसाखळे, प्राचार्य नामदेव खोन्बणे, अक्षय सय्यद यांनी अधिपतित्व केले. स्पर्धा यशस्वी करण्यासाठी पुनम नवगिरे, ललत सोडे, शामसुंदर भालेराव, सदानंद सळगे, सोमा खोब्रगडे,

रश्मि शेजुल यांनी परिश्रम घेतले. स्पर्धा अधिकाारी शामसुंदर भालेराव यांनी तर पंच म्हणून रोख इमरान, शकीर खर खान, रोख समेर, रोख अमान, जहेंद रोख, अनिता शर्मा, सईद अंबुष, उज्वल खालदिवे, संजय

टोटाबाह आदींनी काम पाहिले. डॉ. अकाश तंदेले, डॉ. यादो गुजराठी, एमजीएम खेने वैद्यकीय सेवा उपलब्ध करून दिली.

Community Outreach : Physiotherapy camp held at Khulatabad was published in the 3 different local newspapers.

दैनिक साप्ताहिक विचारसभे
आनंद नगरी
जालना, औरंगाबाद, पारधी, शिंदेपुर्, जामुने, धोळे, मांजरे वेंपूर एतथे दोन साप्ताहिके प्रकाशित होवती वरवीं धोळे

Sunday 2023/09/10

खुलताबादेत जागतिक फिजीओथेरपी दिनानिमित्त कार्यक्रम



खुलताबाद (प्रतिनिधी)- खुलताबाद नगरपरिषद व एमजीएम स्कूल ऑफ फिजीओथेरपी यांच्या संयुक्त विद्यमाने जागतिक फिजीओथेरपी दिन नगरपालिका सभागृहात आयोजित करण्यात आला होता. खुलताबाद नगरपरिषद यांच्या सौजन्याने खुलताबाद नगरपरिषद कार्यालयात फिजीओथेरपी जागरूकता शिबिर आयोजित करण्यात आले होते. या शिबिराच्या माध्यम वरून नुक्कड नाटक आणि भारुडाद्वारे रूढी व परंपरा, लोकांच्या दुखण्याचे फायदे घेऊन कसे फसवतात व आर्थराइटिस संबंधित

माहिती आणि जागरूकता केली त्या सोबत तेथील लोकांचे दुखणे संबंधित तपासणी आणि फिजीओथेरपी उपचार याबद्दल माहिती देण्यात आली. या शिबिरासाठी खुलताबाद नगरपरिषद मोठे योगदान दिले. या उपक्रमासाठी एडमिनिस्ट्रेटिव्ह अधिकारी सौ.प्रेरणा दळवी, डिरेक्टर डॉ. रिंकल मलानी, यांच्या सहकार्याने व विभाग प्रमुख डॉ.श्रीकांत संत यांच्या मार्गदर्शनाखाली डॉ.सबी खान, डॉ. रुदाली हुसळे व फिजीओथेरपी रेसिडेंट डॉ.गणेश राहणे, डॉ. कुणाल नागवानी, डॉ.अनिरुद्ध थोरात आणि इतर विद्यार्थी यांचे सहकार्य लाभले.

दैनिक **दखनी स्वराज्य** सामनाच्या वायव्यकासाठी

गुरूवार दि.८ सप्टेंबर २०२३ संपादक : संतोष श्रीमंतराव तांबे 9850017175

औरंगाबाद, जालना, बीड येथे तालुका प्रतिनीधी नेमणे आहे. मो. ९८५००१७१७५

जागतिक फिजीओथेरपी दिन उत्साहात



दै. दखनी स्वराज्य /संदेश केरे

खुलताबाद :-नगरपरिषद वएमजीएम स्कूल ऑफ फिजीओथेरपी यांच्या संयुक्त विद्यमाने वतीने गुरूवारी दि (७) जागतिक फिजीओथेरपी दिन नगरपालिका सभागृहात आयोजित करण्यात आला होता.खुलताबाद नगरपरिषद यांच्या सौजन्याने खुलताबाद नगरपरिषद कार्यालयात फिजीओथेरपी जागरूकता शिबिर आयोजित करण्यात आले होते. या शिबिराच्या माध्यमातून नुक्कड नाटक आणि भारुडाद्वारे रूढी व परंपरा, लोकांच्या दुखण्याचे फायदे घेऊन कसे फसवतात व आर्थराइटिस संबंधित माहिती आणि जागरूकता केली

त्या सोबत तेथील लोकांचे दुखणे संबंधित तपासणी आणि फिजीओथेरपी उपचार याबद्दल माहिती देण्यात आली. या शिबिरासाठी खुलताबाद नगरपरिषद मोठे योगदान दिले.या उपक्रमासाठी एडमिनिस्ट्रेटिव्ह अधिकारी सौ.प्रेरणा दळवी, डिरेक्टर डॉ. रिंकल मलानी, यांच्या सहकार्याने व विभाग प्रमुख डॉ.श्रीकांत संत यांच्या मार्गदर्शनाखाली डॉ.सबी खान, डॉ. रुदाली हुसळे व फिजीओथेरपी रेसिडेंट डॉ.गणेश राहणे, डॉ. कुणाल नागवानी, डॉ.अनिरुद्ध थोरात आणि इतर विद्यार्थी यांचे सहकार्य लाभले.

शिवनातीर

खुलताबादेत येथे जागतिक फिजीओथेरपी दिन साजरी



खुलताबाद प्रतिनिधी/खुलताबाद नगरपरिषद व एमजीएम स्कूल ऑफ फिजीओथेरपी यांच्या संयुक्त विद्यमाने नगरपरिषद कार्यालय येथे फिजीओथेरपी जागरूकता शिबिर आयोजित करण्यात आले होते.गुरूवारी दि ७ रोजी जागतिक फिजीओथेरपी दिन कार्यक्रमाचे नगरपालिका सभागृहात आयोजन करण्यात आले होते.

शिबिराच्या माध्यमातून नुक्कड नाटक आणि भारुडाद्वारे रूढी व परंपरा, लोकांच्या दुखण्याचे फायदे घेऊन कसे फसवतात व आर्थराइटिस संबंधित माहिती आणि जागरूकता केली त्या

सोबत तेथील लोकांचे दुखणे संबंधित तपासणी आणि फिजीओथेरपी उपचार याबद्दल माहिती देण्यात आली. या शिबिरासाठी खुलताबाद नगरपरिषद मोठे योगदान दिले.

या उपक्रमासाठी एडमिनिस्ट्रेटिव्ह अधिकारी प्रेरणा दळवी, डिरेक्टर डॉ. रिंकल मलानी, यांच्या सहकार्याने व विभाग प्रमुख डॉ.श्रीकांत संत यांच्या मार्गदर्शनाखाली डॉ.सबी खान, डॉ. रुदाली हुसळे व फिजीओथेरपी रेसिडेंट डॉ.गणेश राहणे, डॉ. कुणाल नागवानी, डॉ.अनिरुद्ध थोरात आणि इतर विद्यार्थी यांचे सहकार्य लाभले.

**Dr. Rudalee Husale , Assistant professor
Community Physiotherapy started weekly series
in Dakhani Swarajya Newspaper.**

**Weekly Series is about importance of
physiotherapy in Geriatric Population.**

दैनिक
दखनी  **स्वराज्य**
सामान्यांच्या न्यायहक्कासाठी

शुक्रवार दि.१५ सप्टेंबर २०२३

संपादक : संतोष श्रीमंतराव तांबे

9850017175

औरंगाबाद, जालना, बीड येथे तालुका प्रतिनीधी नेमणे आहे. मो. ९८५००१७१७५

ज्येष्ठ नागरीकांची जीवन गुणवत्ता सुधारण्या साठी कम्युनिटी फिजिओथेरपिस्ट ची महत्वाची भूमिका डॉ. रुदाली हुसले

दैनिक दखनी स्वराज्य/संदेश व्हे खुलताबाद वैद्यकीय क्षेत्रात नेहमीच अग्रेसर असलेल्या भारत देशात विविध आधुनिक उपचार पद्धतींचा वापर केला जातो. त्यामध्येच फिजिओथेरपी एक उत्तम शाखा आहे. या शाखेमध्ये विविध विभाग येतात. त्यामध्ये न्युरो फिजिओथेरपी, स्पोर्ट्स फिजिओथेरपी, मस्क्युलोस्केलेटल फिजिओथेरपी, कार्डिओ रेस्पिरेटरी फिजिओथेरपी, व कम्युनिटी फिजिओथेरपी हे विभाग येतात. ज्येष्ठ नागरीकांची जीवनशैली तसेच जीवनाचा दर्जा सुधारण्यासाठी कम्युनिटी फिजिओथेरपिस्ट महत्वाची भूमिका बजावतो. जेरियाट्रिक फिजिओथेरपी (वयोवृद्ध उपचार पद्धति) त्यामध्ये शारीरिक कार्यक्षमता चाचण्या केल्या जातात. चाचणी परीक्षणं नुसार उपचार ठरवले जातात.



प्रतिबंधात्मक, पुनर्संचित पद्धती आणि फिट (स्वच्छ) तत्वानुसार विविध व्यायाम घेतले जातात. त्यामध्ये एरोबिक , स्नायू ची ताकत वाढवणारे

व्यायाम, अखडलेल्या स्नायूंची तन्यता वाढवणारे व्यायाम, तोल सुधारवण्याचे व्यायाम, चाल सुधारवण्याचे व्यायाम, कार्य करण्याची क्षमता वाढविण्यासाठी व्यायाम , वेदना कमी करण्यासाठी विविध विद्युत उपकरणांचा वापर केला जातो. त्यामुळे दैनंदिन जीवनातील क्रिया सुरळीत चालण्या साठी मदत होते. तसेच विविध वृद्धाश्रमांमध्ये मोफत फिजिओथेरपी शिबिर आयोजित करण्यात येतात. भारत सरकार द्वारे वयोवृद्धांसाठी लागू असणाऱ्या विविध योजना बाबत ज्येष्ठ नागरीकांना जागृत केले जाते . अश्या प्रकारे कम्युनिटी फिजिओथेरपिस्ट ज्येष्ठ नागरीकांची जीवन गुणवत्ता सुधारण्यासाठी महत्त्वाची भूमिका पार पाडतात.

Our students participated in **National Level Intercollegiate Silent Film Making Competition** organised on the occasion of World Heart Day by MGMSOP and won **3rd Prize**



Our students participated in Gandhian Engineering Idea Competition organised on the occasion of Gandhi Jayanti on 2nd October 2023 by AURO Innovation and Continuing Education Centre (AIECC)



Gandhian Engineering Idea Competition
2nd October, 2023

CERTIFICATE OF PARTICIPATION

AURO Innovation And Continuing Education Centre (AICEC), AURO University, Surat, Gujarat, India recognizes the effort and innovative idea of Mr./Ms. **Samiksha Dixit** of School/Institute/College/University **MGM SCHOOL OF PHYSIOTHERAPY CH. SAMBHAJINAGAR** Entitled, **Econ- Heft**

The University wishes the student(s) a successful journey in the world of ideas and their realization.


Mr. Sandeep Sharma
Head, AICEC, AURO University


Mr. Megh Goswami
NSS Programme Coordinator


Mr. Kashyap Pandya
President, TIE, Surat



Gandhian Engineering Idea Competition
2nd October, 2023

CERTIFICATE OF PARTICIPATION

AURO Innovation And Continuing Education Centre (AICEC), AURO University, Surat, Gujarat, India recognizes the effort and innovative idea of Mr./Ms. **Aditi Joshi** of School/Institute/College/University **MGM School of Physiotherapy** Entitled, **Econ Heft**

The University wishes the student(s) a successful journey in the world of ideas and their realization.


Mr. Sandeep Sharma
Head, AICEC, AURO University


Mr. Megh Goswami
NSS Programme Coordinator


Mr. Kashyap Pandya
President, TIE, Surat



Gandhian Engineering Idea Competition
2nd October, 2023

CERTIFICATE OF PARTICIPATION

AURO Innovation And Continuing Education Centre (AICEC), AURO University, Surat, Gujarat, India recognizes the effort and innovative idea of Mr./Ms. **Bhakti Ladha** of School/Institute/College/University **Mgm School of Physiotherapy, Aurangabad** Entitled, **Econ Heft**

The University wishes the student(s) a successful journey in the world of ideas and their realization.


Mr. Sandeep Sharma
Head, AICEC, AURO University


Mr. Megh Goswami
NSS Programme Coordinator


Mr. Kashyap Pandya
President, TIE, Surat



Gandhian Engineering Idea Competition
2nd October, 2023

CERTIFICATE OF PARTICIPATION

AURO Innovation And Continuing Education Centre (AICEC), AURO University, Surat, Gujarat, India recognizes the effort and innovative idea of Mr./Ms. **YASHASHREE GHATGE** of School/Institute/College/University **MGM SCHOOL OF PHYSIOTHERAPY** Entitled, **ECON HEFT**

The University wishes the student(s) a successful journey in the world of ideas and their realization.


Mr. Sandeep Sharma
Head, AICEC, AURO University


Mr. Megh Goswami
NSS Programme Coordinator


Mr. Kashyap Pandya
President, TIE, Surat



एमजीएमच्या प्रा. कवलजित कौर, डॉ. पल्लवी पळसकर, फिजिओथेरपिस्ट डॉ. रिकल मालानी, मुख्य प्रशासक प्रेरणा दळवी, मदर तेरेसा कॉलेज ऑफ नर्सिंगच्या डॉ. अमरजा गोसावी, मेरेलिन शिंदे, डॉ. एन. प्रभा.

लॅकमे अकादमी पॉवर्ड बाय अॅपटेकच्या मॅनेजिंग अंबाती आणि टीम.



एमजीएम विद्यापीठातील डीन डॉ. रेखा शेळके, डॉ. टीना सहारन, डॉ. आशा देशपांडे.

Dr. Rinkle Malani & Mrs. Prerana Dalvi were invited by Lokmat for Ganpati Aarti at 7 different Places.

Fit India Movement

Dr. Rinkle Malani was awarded with a certificate for contributing in Fit India Movement on the occasion of National Sports Day 2023



Fit India Swacchata Run 4.0

MGM School of Physiotherapy was awarded with a certificate for participating in Fit India Swacchata Run from 1st October 2023 – 31st October 2023



Fit India Week 4.0

MGM School of Physiotherapy was awarded with a certificate for organising Fit India Week.

65 BPT Students participated in a fitness week, and completed a minimum of 3 km of activity, which was recorded through a fitness tracker.

2023



Our students won **2nd Prize** in intercollegiate **video making competition** organised by **MGM Mother Teresa College of Nursing, Aurangabad** on the occasion of Mental Health



World bioethics day celebration.

Our students won 7 prizes

Name of the Student	Prize	Competition
Ekta Kharde	1 st Prize	Rangoli Competition
Karina Choudhary	1 st Prize	Poetry Competition
Shrinivas Pimpalgaokar	2 nd Prize	Poetry Competition
Aniruddha Thorat, Rohit Bhavthankar, Pranoti Zanwar, Kunal Nagwani, Madiha, Ekta Kharde, Dax Vyas	1 st Prize	Short Film
Abhijeet Sharma, Amar Dalvi, Chinmay Videkar, Shivam Gavate, Rishikesh Maheshwari, Akshay Tayade, Vaibhav Kandekar, Gaurav Pole, Digvijay Deshmukh	2 nd Prize	Short Film
Urvashi Shinde	1 st Prize	Poster
Janhavi Dalvi	2 nd Prize	Poster



1st Prize- Rangoli



1st Prize- Poetry



1st Prize- Poster



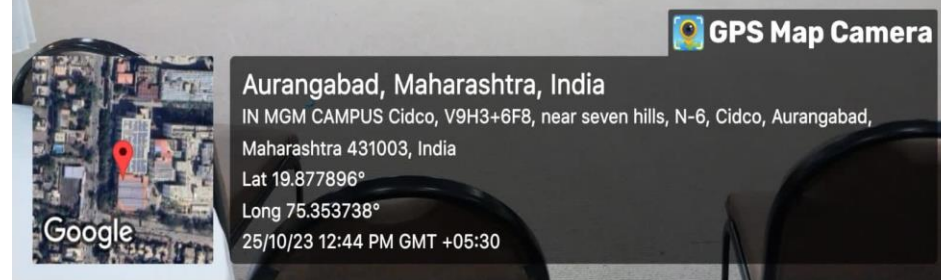
1st Prize- Short Film



2nd Prize- Short Film



2nd Prize- Poetry



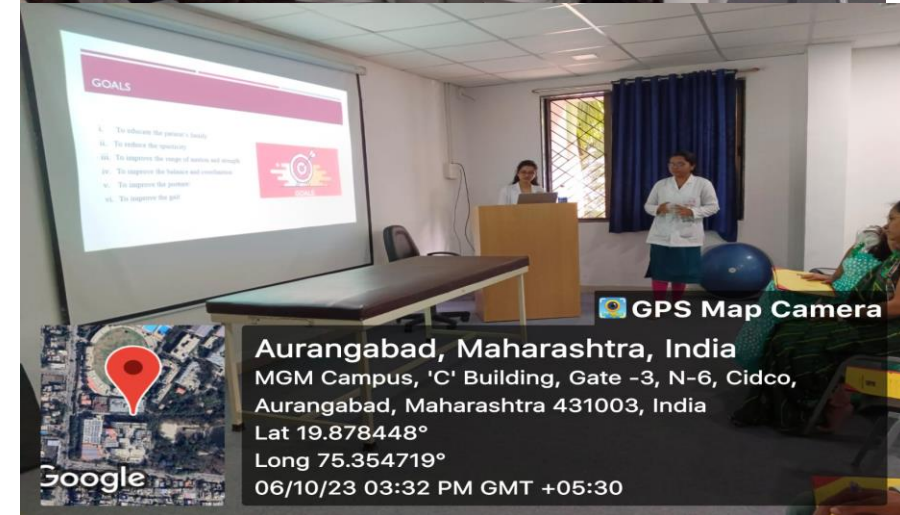
2nd Prize- Poster

Treatment Protocol competition was organised on the occasion of World CP Day.

1st Prize: Yashashree Ghatge, Sameeksha Dixit, Sakshi , Darshana Chachra

2nd Prize : Karina Choudhary and Siddique Shaikh

3rd Prize : Shweta Ghodke, Akanksha Shinde



Our Faculty, **Dr. Ashwin Kshirsagar** (Associate Professor, Sports PT) was invited as a **Sports Physio** for **Maharashtra Rugby Team** in the **37th National Games in Goa**.

Maharashtra Mens Rugby Team won **Silver Medal** in 37th National Games, Goa.

Date : 16 October – 28 October 2023



NEWS COVERAGE

वायरचा वापर टाळावा. प्रकाशमान दिवाळीचा आध्यावा, असे आवाहन सावळदबारा महावितरण

दैनिक आनंद नगरी

र्क साधावा, असे आवाहन महावितरणचे कार्यकारी अभियंता निरज बिदे यांनी केले आहे.

बसंत प्रभा विसावा येथील रहिवाशासोबत दिवाळी साजरी

खुलताबाद (प्रतिनिधी)- एमजीएम स्कूल ऑफ फिजीओथेरेपी, छत्रपती संभाजीनगर आणि बसंत प्रभा विसावा यांच्या सौजन्याने आस्था सेही सदस्यांनी बसंत प्रभा विसावा येथील रहिवासी आणि कर्मचाऱ्यांसह प्रत्येक रहिवाशांच्या संस्मरणीय आणि आनंदाच्या क्षणांपैकी एक दीपावली साजरी केली. विद्यार्थी आणि कर्मचारी यांनी परिसर सुशोभित केला आणि रहिवाशांसाठी खास भेटवस्तू आणल्या होत्या. रहिवासी आणि बसंत प्रभा विसावाच्या कर्मचाऱ्यांसाठी खास मिठाई आणि खर्चाची पाकिटे त्याचे वाटपही

डॉ. नरेंद्र वैद्य जी यांच्या हस्ते करण्यात आले. सायंकाळी परिसरात फटाके व इतर रोषणाई करण्यात आली.या उपक्रमासाठी एडमिनिस्ट्रेटिव्ह अधिकारी सौ.प्रेरणा दळवी , डिरेक्टर डॉ. रिकल मलानी, यांच्या सहकार्याने व विभाग प्रमुख डॉ. श्रीकांत संत यांच्या मार्गदर्शनाखाली डॉ. रुदाली हुसळे,डॉ.जुनेश्वर बिडे, डॉ.सचिन माघाडे , डॉ.पूजा महासेठ, डॉ.वैभव वार्लीबे , डॉ.रेणुका खेडेकर डॉ. छायाराणी बोरा, व फिजीओथेरेपी रेसिडेंट इतर विद्यार्थी यांचे सहकार्य लाभले.



रविवार, २९ ऑक्टोबर २०२३ | ९
महाराष्ट्र स्पोर्ट्स
 maharashtra.sports23@gmail.com
 Powered by Hasti Public School, Dondaicha, Dist -Dhule (MS) - 425408

मल्लखांब : महाराष्ट्र महिला संघाला सुवर्ण

पणजी : माहितीच्या महाराष्ट्र महिला मल्लखांब संघाने आपले वयस्क अर्वाचित ठेवत युवकांसाठी राष्ट्रीय स्तरावर सुवर्णपदक पटकावले. महाराष्ट्र संघाने ग्रे आणि पोलमध्ये सर्वोत्तम कामगिरी करत राष्ट्रीयक ७५.१५ गुणांची कमाई केली. महिला संघाने संपूर्णपणे ४२.५५, आणि पोलमध्ये ४२.६० गुण मिळवले. रुग्णालय मंगलने, जावळी जाधव, नेहा सोरवार, पल्लवी शिंदे, निधी राणे आणि सावळी शिंदे यांचा या संघात समावेश आहे. या गटात सध्या प्रवेश करणारे सौ. अश्विनी शशिधरराव संघ बॉयस्कोट विजेते ठरले. प्रशिक्षक प्रभावी जताप, रघुवीर शिंदे आणि व्यवस्थापक संजय केकावळ यांच्या मार्गदर्शनाखाली महाराष्ट्र संघाने मल्लखांबमध्ये सुवर्णपदकचे खाते उघडले आहे.



पाणेकर आहे. त्यामुळे संघाला निविद्यापत्रे आपले सर्वोत्तम अर्वाचित ठेवता येईल असा विव्वागत प्रशिक्षक प्रभावी जताप यांनी म्हणून केला आहे. खेळाट्टीतील सर्वोत्तम कामगिरी केवळामुळे सोबतच संघातून आले. अशा शब्दात त्यांनी खेळाट्टीवर बौद्धिकता व्यक्त केली.
महाराष्ट्राच्या खेळाट्टीमध्ये प्रचंड गुणवत्ता : केकावळ
 महाराष्ट्रातील युवा खेळाट्टी मल्लखांब मध्ये सध्या आपला ठराव उभारत आहेत. प्रचंड योद्धात्वाचा बाळग या खेळाट्टीतील आपली गुणवत्ता सिद्ध करत महाराष्ट्राच्या शिरीषांमध्ये मानाचा गुण प्राप्त आहे. खेळाट्टी पर्यंत पोहोचले असल्यामुळे त्यांचा यशाचा प्रवास यशस्वी होईल. यामुळे महाराष्ट्राला जागतिक स्तरावर निविद्यापत्रे नव्या स्तरावर साजरी कामगिरी करायची मोठी संधी आहे. माहिळ संघाने सर्वोत्तम कामगिरी उभारत पहिले सुवर्णपदक महाराष्ट्राला मिळवून दिले आहे, असे व्यवस्थापक संजय केकावळ यांनी म्हणले.

नाशिकमध्ये कसून सराव : जगताप
 महाराष्ट्र संघाने नाशिक येथे मल्लखांबसाठी कसून सराव केला आहे. या दरम्यान संजय केकावळ यांच्या मार्गदर्शनाखाली खेळाट्टीच्या कामगिरीचा दर्जा निविद्यापत्रे उंचावत. यामुळे

महाराष्ट्र महिला संघाला सुवर्णपदकाने खाते उघडले आहे. संघातील खेळाट्टी कामगिरी कोतुकारावर ठरली आहे. सेनेरी महाराष्ट्र पजेर कामगिरीपत्रे सामन्य ठेवत महाराष्ट्र संघ मल्लखांब मध्ये येत आठ सुवर्णपदकांचा



महाराष्ट्र रग्बी संघ सलग दुसऱ्यांदा रौप्य पदक विजेता

अंतिम फेरीत हरियाणाकडून पराभूत
 पणजी : सुर्वील पंचांगानुसार जेठामासाला महाराष्ट्र रग्बी संघाने युवकांसाठी राष्ट्रीय स्तरावर रौप्य पदकपटकावले. महाराष्ट्र पुरुष संघाला सलग दुसऱ्या वर्षी उपविजेतेपदावर समाधान मानते सांगले. हरियाणा

संघाने १४-० अशा फरकाने महाराष्ट्रावर मात केली. सुर्वील पंचांग, प्रशांत आणि बळकू यादव यांच्या सर्वोत्तम कामगिरीच्या बळावर महाराष्ट्र रग्बी संघाने ही कामगिरी केली. महाराष्ट्र संघाने सुर्वील फेरीत ओडीशा संघाला पराभवाची धूळ चारली. महाराष्ट्र संघाने १२-१४ अशा फरकाने राजस्थान विजय साधून घेतला. सुर्वील प्रशिक्षक मंगल पास्तला यांच्या मार्गदर्शनाखाली महाराष्ट्र संघाने संपूर्ण यश मिळवले.

मॉडर्न पेंटथलॉनमध्ये महाराष्ट्राची पदकांची लयलूट

■ पाच सुवर्ण पदकांसह एकूण १९ पदके
 ■ डॉली पाटील आणि मय्यांक चाफेकरचे तिहेरी सुवर्णपदक

पणजी : मॉडर्न पेंटथलॉनमध्ये महाराष्ट्राच्या खेळाट्टीतील पदकांसाठी सार्वत्रिक स्तरावर पाच सुवर्ण पदकांसह एकूण १९ पदके मिळाली. डॉली पाटील आणि मय्यांक चाफेकरचे तिहेरी सुवर्णपदक हे वैशिष्ट्य ठरले. डॉली पाटीलने महिला ट्रायथलॉनमध्ये ३१ मिनिटे ०८.६३ सेकंदांची वेळ देत सोनेची पदक मिळवले. पाच गटात सध्या चढताना २१ मिनिटे ०९.६० कांस्य पदकांची मागणी ठरली. सगळींही निज लिसे प्रसारक मय्यांक

चाफेकरच्या साथीने २० मिनिटे ४१.४३ सेकंदांनी वेळ नोंदवत सुवर्ण पदक मिळवले. त्यानंतर डॉलीने सध्या अश्विनी भुते मोडलेल्या साथीने महिला सायकल गटात सुवर्ण पदक प्राप्त केले. मय्यांकने १८ मिनिटे १४.१७ सेकंदां वेळेवर सुवर्ण पदक पटकावले, तर पाच विविधता रौप्य पदक मिळाले. संजय मय्यांक, पार्थ आणि अंगद अंगभकर या विक्रमदारीने सुवर्णचे सायकल विजेतेपद मिळवले. जेधर रण महिले गटात योगिनी साठुगेला रौप्य पदक मिळवले. योगिनीने सध्या आणि ज्योत्सना यांच्या साथीने सायकल गटात रौप्य पदक साधून घेतले. मिश्र गटात योगिनी आणि शहाजी खरार जोडीने कांस्य पदक मिळवले. या कामगिरीबद्दल विजय शिरापणकर व सुर्वील युवकांचे यांनी खेळाट्टीने अभिनंदन केले आहे.





FABTECH INDIA

To,
Dr. Gargi Mishra (PT)
Assistant Professor
MGM School of Physiotherapy,
Navi Mumbai.

Letter of Appreciation

We would like to extend our sincerest thanks from Fabtech India, for organizing an Industrial visit at our premises on 30th April 2024.

Thank you

For FABTECH INDIA

Rodriguez
Authorized Signatory



SHEET METAL PRODUCTS AND LASER CUTTING SERVICES

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Tinita

ENGINEERING PRIVATE LIMITED

ISO 9001 : 2015, ISO 14001 : 2015 &
OHSAS 45001 : 2018 Certified Company

To.
Dr. Shrutika Sawant (PT)
Assistant Professor
MGM School of Physiotherapy.
Navi Mumbai.

Letter of Appreciation

We would like to extend our sincerest thanks from Tinita Engineering Private Limited, for organizing an Industrial visit at our premises on 27TH July 2024.

Thank you
For Tinita Engineering Private Limited

Authorized Signatory



Reg. Office :

R-266, Rabale M.I.D.C., T.T.C. Industrial Area,
Navi Mumbai - 400 701. INDIA

Unit I :

R-266, Rabale M.I.D.C., T.T.C. Industrial Area,
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Unit II :

D-3/99, GIDC Industrial Estate, Dahej-III,
Tal. Vagra Dahej Bharuch. Gujrat - 392130

Reg. Office : Phone ; +91-22-50441001 Email : tinita@tinita.in Website : www.tinita.in CIN No. U29199MH2006PTC165317



37th
**NATIONAL
GAMES**
GET SET GOA 2023



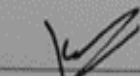
PHYSIO FIRST
BY DR. VERNA D'SILVA

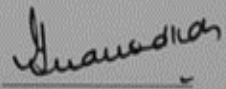


Certificate Of Completion

This is to Certify that

Dr. SHIVANI CHAVAN
has worked on the 37th National Games 2023 Goa project as part of
Dr. Verna D'Silva's Physiofirst in association with Directorate Of
Health Services Goa to provide on-field Physiotherapy services at
the games.


Dr. Kedar Raiker
Nodal Officer Medical


Dr. Geeta Kakodkar
Directorate of Health Services
Medical FA

SPORTS FOR ALL- NATIONAL CHAMPIONSHIP



To Whomsoever It May Concern

This is to certify that Ms Shivani Chavan has worked as an On-field Physiotherapist at the SFA National Championship 2023 held in Mumbai on 28th, 29th, 30th of November and on 1st, 2nd, 3rd, 4th and 5th of December.

During this time, she has been a valuable member of the sporting event.

During her tenure at the SFA National Championship 2023 in Mumbai, she remained involved in providing medical assistance for matches of children under 10 to under 18 years old, suffering from any injuries or accident during the matches.

She is an agile, dynamic and enthusiastic worker and her humane approach towards every athlete that she treated was highly appreciated by the athletes.

We would like to wish Ms Chavan very best for her future endeavors.



Jaidev Khemani Co-founder
and CEO
Continuum Physiotherapy and Rehab

SPORTS FOR ALL-MI JUNIOR CERTIFICATE



To Whomsoever It May Concern

This is to certify that Ms Shivani Chavan, has worked as an On-field Physiotherapist at the Mumbai Indians Junior Cricket Tournament, Mumbai on 23rd February 2024. During this time, she has been a valuable member of the sporting event.

During her tenure at the Mumbai Indians Junior Cricket Tournament, Mumbai 2024, she remained involved in providing medical assistance for matches of under 14 and under 16 years old, suffering from any injuries or accident during the matches.

She is an agile, dynamic and enthusiastic worker and her humane approach towards every athlete that she treated was highly appreciated by the athletes.

We would like to wish Ms Chavan very best for her future endeavors.



Jaidev Khemani
Co-founder and CEO
Continuum Physiotherapy and Rehab

CONTINUUM PHYSIOTHERAPY & REHAB LLP.

204, 2nd Floor, Makhan Dham, 11th Road, Khar (W), Mumbai 40052
Ph: 8291003611/12 | info@cotinuumservices.in | www.continuumservices.in

SQUASH NATIONAL GAMES- PUNE



महाराष्ट्र शासन
क्रीडा व युवक सेवा संचालनालय, म.रा., पुणे

अंतर्गत
जिल्हा क्रीडा परिषद, पुणे
द्वारा आयोजित



६७ वी राष्ट्रीय शालेय स्क्वॅश क्रीडा स्पर्धा, २०२३-२४
(दि. १० ते १३ जानेवारी, २०२४)

※ आयोजन समिती ※

डॉ. राजेश देशमुख, भा.प्र.से.,
जिल्हाधिकारी, पुणे तथा अध्यक्ष

※ सदस्य ※

श्री. रमेश चव्हाण, भा.प्र.से.
मुख्य कार्यकारी अधिकारी,
जि. प., पुणे

श्री. रितेश कुमार, भा.प्र.से.
पोलीस आयुक्त, पुणे

श्रीमती सुनंदा वाखारे,
शिक्षणाधिकारी (माध्य.), जि.प., पुणे

श्री. किरण मोघे
जिल्हा माहिती अधिकारी, पुणे

डॉ. नागनाथ येमपळे
जिल्हा शल्य चिकित्सक, पुणे

श्री. संजीव भोर
उपप्रादेशिक परिवहन अधिकारी, पुणे

श्री. प्रदिप खांडरे,
सचिव, महाराष्ट्र स्क्वॅश संघटना

श्री. आनंद लाहोटी,
सचिव, पुणे जिल्हा स्क्वॅश संघटना

श्री. अनिल चोरमले,
उपसंचालक, क्रीडा व युवक सेवा,
पुणे विभाग, पुणे

※ सदस्य सचिव ※

श्री. महादेव कसगावडे,
जिल्हा क्रीडा अधिकारी, पुणे.

प्रमाणपत्र

प्रमाणित करण्यात येते की, भारतीय शालेय खेळ महासंघाच्या मान्यतेने महाराष्ट्र शासनाच्या क्रीडा व युवक सेवा संचालनालय, म. रा., पुणे अंतर्गत जिल्हा क्रीडा परिषदेच्या वतिने दि. १० ते १४ जानेवारी, २०२४ या कालावधीत उंझी, पुणे येथे संपन्न झालेल्या ६७ व्या राष्ट्रीय शालेय स्क्वॅश क्रीडा स्पर्धेसाठी एम. जी. एम. कॉलेज ऑफ फिजिओथेरपीच्या, मुंबईच्या श्रीमती शिवानी चव्हाण यांनी स्पर्धेदरम्यान खेळाडूंना झालेल्या दुखापतीवर विनामुल्य उपचार करून आयोजन समितीस सहकार्य केलेले आहे.

आयोजन समितीच्या वतिने महाविद्यालयाचे व श्रीमती शिवानी चव्हाण यांचे आभार.

स्थळ:- पुणे

दिनांक:- १४ जानेवारी, २०२४

(महादेव कसगावडे)

जिल्हा क्रीडा अधिकारी, तथा सदस्य सचिव,
आयोजन समिती

CISCE Zonal Basketball Tournament-2024

CHRIST ACADEMY
KOPARKHAIRANE, NAVI MUMBAI.



Certificate of Appreciation

Presented to

Mr/Ms. Dr. Shivani Chavan

for your dedicated services as a
Physiotherapist

for the CISCE Zonal Basketball Tournament - Zone 1 U/17(Girls & Boys)
from 18th June to 22nd June 2024.



[Signature]
Principal



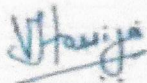
Nirmala Niketan Institute's
College of Home Science Nirmala Niketan NAAC
Accredited A+ Grade
Affiliated to the University of Mumbai



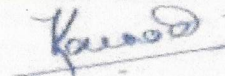
Department of Foods, Nutrition and Dietetics under the Aegis
of IQAC

AWARDS CERTIFICATE OF APPRECIATION

This certificate is proudly presented to Twinkle Ashwin Bhasin, from SY MSc. Clinical Nutrition, MGM School of Biomedical Sciences, for participating in the E-recipe Booklet Competition during Nirmal Shishu Poshan 2024, in commemoration of World Breastfeeding Week celebrated on 6th August 2024



Mrs. Vibha Hasija
Head of Department



Prof. Dr. Vishaka Karnad
In-Charge Principal



Director
MGM School of Biomedical Sciences
MGM Institute of Health Sciences
Kamothe, Navi Mumbai- 410 209, India



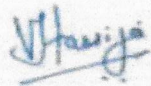
Nirmala Niketan Institute's
College of Home Science Nirmala Niketan NAAC
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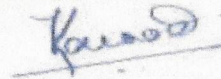
Department of Foods, Nutrition and Dietetics under the Aegis
of IQAC

AWARDS CERTIFICATE OF APPRECIATION

This certificate is proudly presented to Aakanksha Sandeep Rale, from SY MSc Clinical Nutrition, MGM school of biomedical sciences, for participating in the E-recipe Booklet Competition during Nirmal Shishu Poshan 2024, in commemoration of World Breastfeeding Week celebrated on 6th August 2024



Mrs. Vibha Hasija
Head of Department



Prof. Dr. Vishaka Karnad
In-Charge Principal



Director
MGM School of Biomedical Sciences
MGM Institute of Health Sciences
Kamothe, Navi Mumbai- 410 209, India



Certificate

OF EXCELLENCE

This is to certify that
Ms. Manasi Bhavsar
is the **Second Runner Up** of
Embryo Quiz 2024 held on 10th August 2024.

Dr. Kshitiz Murdia
CEO
Indira IVF

Dr. Ritesh Aggarwal
Head of Training & Academics
Embryology & Andrology, Indira IVF

Dr. Vipin Chandra
Chief- Clinical & Lab Operations
Indira IVF

Director
MGM School of Biomedical Sciences
MGM Institute of Health Sciences
Kamothe, Navi Mumbai- 410 209, India




CERTIFICATE


OF PARTICIPATION


EMBRYO QUIZ -2024

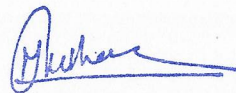
This Certificate is proudly presented to
Angelica DAAlmeida

got a score of
90/100 (90%)


Dr. Kshitiz Murdia
CEO, Indira IVF Group


Dr. Ritesh Aggarwal
Head Embryology
Indira Fertility Academy


Dr. Vipin Chandra
Chief Clinical & Lab Operations



Director
MGM School of Biomedical Sciences
MGM Institute of Health Sciences
Kamothe, Navi Mumbai- 410 209, India

Exciting Prizes for Winners



1st prize winner

₹20,000 plus IFA merchandise



2nd prize winner

₹15,000 plus IFA merchandise



3rd prize winner

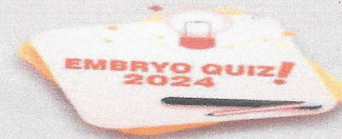
₹10,000 plus IFA merchandise



Congratulations!

Manasi Bhavsar

You are one of the top 6 finalists



All the best for the final round!



Congratulations!

Angelica D almeida

You are one of the top 6 finalists



All the best for the final round!

Director

MGM School of Biomedical Sciences
MGM Institute of Health Sciences
Kamothe, Navi Mumbai-410 209, India



Ganpat University
॥ विद्यया समानोत्कर्षः ॥



Certificate of Best Paper

This is to certify that

Pooja Singh, Dr. Mamdee Thakur

is/are awarded the **Best Paper Award** for the paper titled

Designing, Validation & feasibility Analysis of Integrated approach of Heartfulness Meditation
on the theme Rich Indian Heritage for health & wellness / Ayurveda, Dravyaguna & Panchkarma
at the International Conference on

**Revitalising and Rejuvenating Bharatiya Knowledge System
for making Bharat Vishwaguru by 2047**

organized by Ganpat University - Centre for Bharatiya Knowledge System and Ancient Wisdom,
during March 22-23, 2024.

Shri Jayendra Jadhav
Registrar
Gujarat Sahitya Academy

Dr. Mahendra Sharma
Pro-Chancellor & Director General,
Ganpat University



In Association with



Director

MGM School of Biomedical Sciences
MGM Institute of Health Sciences
Kamothe, Navi Mumbai- 410 209, India

1ST ANNUAL CONVENTION FOR ACCA 2024
CLINICAL EMBRYOLOGY AND
ASSISTED REPRODUCTIVE TECHNOLOGY



CERTIFICATE OF APPRECIATION

This is to certify that

Angelica D'Almeida

has been awarded **1st Rank** at Poster Presentation in the "1st Annual Convention for Clinical Embryology & Assisted Reproductive Technology (ACCA-2024)", held at the Department of Biochemistry and Forensic Science, Gujarat University, Ahmedabad 380 009 on **30th & 31st March 2024**.

DR. RAKESH M. RAWAL
CONVENER
Professor & Coordinator
DBFs, Gujarat University



DR. P. M. PATEL
PATRON
Registrar
Gujarat University

Director
MGM School of Biomedical Sciences
MGM Institute of Health Sciences
Kamothe, Navi Mumbai-410 209, India

Janardan Bhagat Shikshan Prasarak Sanstha's
Changu Kana Thakur Arts, Commerce and Science College, New Panvel (Autonomous)

Re-accredited 'A+' Grade by NAAC (3rd Cycle - CGPA 3.61)
"College with Potential for Excellence" Status awarded by UGC
"Best College" Award by University of Mumbai



Department of Biotechnology & Internal Quality Assurance Cell

organizes International Conference on

"Connecting Innovations in Biotechnology for Human welfare"

Under the Aegis of RUSA

Certificate of Merit

This is to certify that Prof./ Dr./ Mr./ Ms./ Mrs. Sanjag T. Philip , Dr. Mansee Thakur
of MGM School of Biomedical Sciences has secured **THIRD** rank in **ORAL** presentation in **Two Days**
International Conference on "Connecting Innovations in Biotechnology for Human welfare" organized by
Department of Biotechnology, Changu Kana Thakur Arts, Commerce and Science College, New Panvel
(Autonomous) on 22 nd & 23rd February 2024.

Dr. S. S. Kokitkar
Convener & Head,
Department of Biotechnology

Dr. S.N. Vajekar
RUSA Co-ordinator

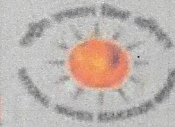
Prof. (Dr.) B.D. Aghav
IQAC Co-ordinator

Prof. (Dr.) S. K. Patil
Principal,
C. K. Thakur A.C.S., College
New Panvel (Autonomous)

Director
MGM School of Biomedical Sciences
MGM Institute of Health Sciences
Kamothe, Navi Mumbai- 410 209, India

Janardan Bhagat Shikshan Prasarak Sanstha's
Changu Kana Thakur Arts, Commerce and Science College, New Panvel (Autonomous)

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Department of Biotechnology & Internal Quality Assurance Cell

organizes International Conference on

"Connecting Innovations in Biotechnology for Human welfare"

Under the Aegis of RUSA

Certificate of Merit

This is to certify that Prof./ Dr./ Mr./ Ms./ Mrs. Shruti Anand
of MGM School of Biomedical Sciences has secured **THIRD** rank in **POSTER** presentation in **Two Days**
International Conference on "Connecting Innovations in Biotechnology for Human welfare" organized by
Department of Biotechnology, Changu Kana Thakur Arts, Commerce and Science College, New Panvel
(Autonomous) on 22nd & 23rd February 2024.

Dr. S. S. Kokitkar
Convener & Head,
Department of Biotechnology

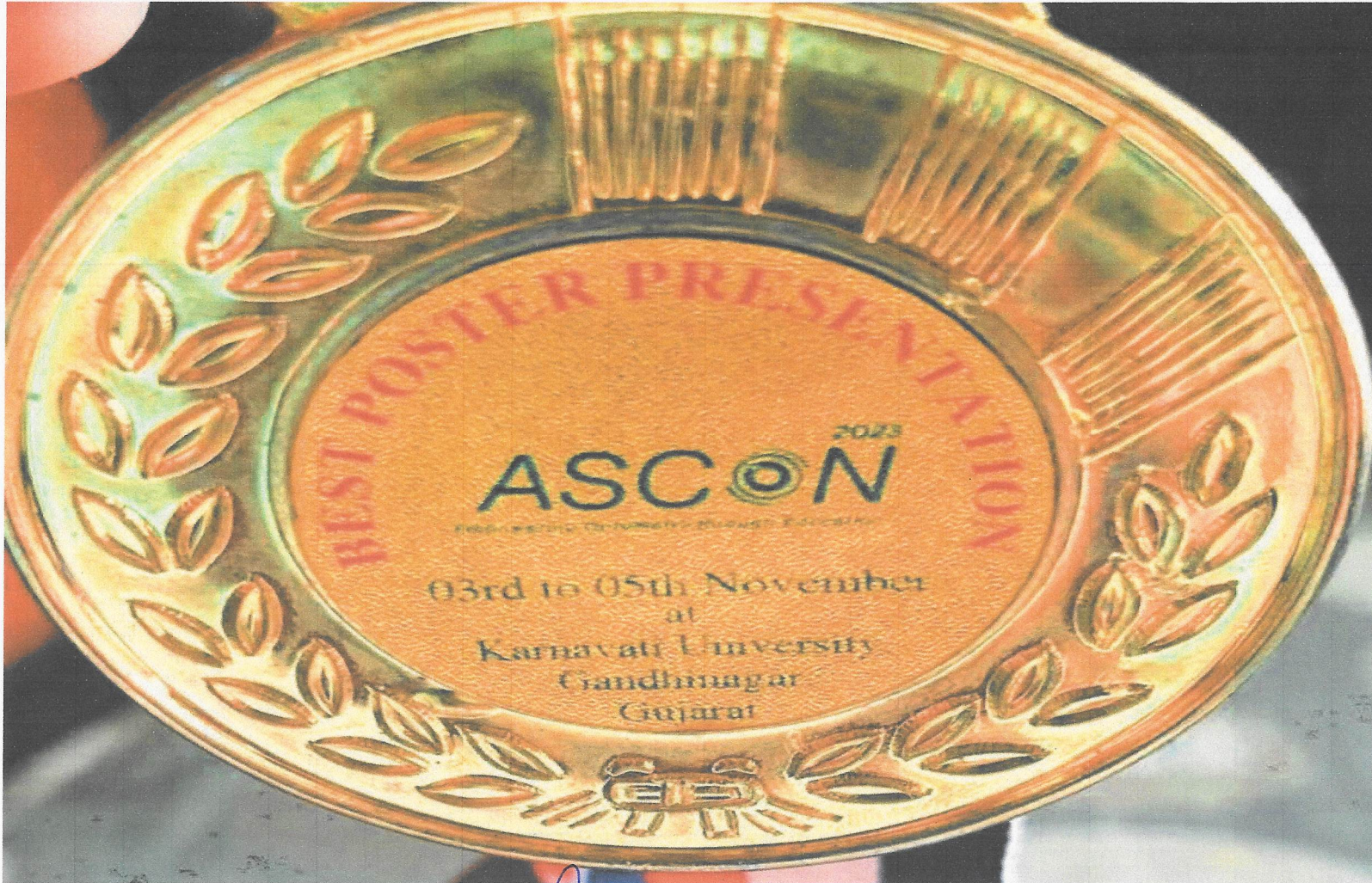
Dr. S.N. Vajekar
RUSA Co-ordinator

Prof. (Dr.) B.D. Aghav
IQAC Co-ordinator

Prof. (Dr.) S. K. Patil
Principal,
C. K. Thakur A.C.S. College
New Panvel (Autonomous)

Director

MGM School of Biomedical Sciences
MGM Institute of Health Sciences
Kamothe, Navi Mumbai- 410 209, India



A handwritten signature in blue ink, appearing to read "H. H. H.", positioned above the printed name and title.

Director

MGM School of Biomedical Sciences
MGM Institute of Health Sciences
Kamothe, Navi Mumbai- 410 209, India



PRESENTS



voice for BT

Inter collegiate
public speaking contest
on Biotechnology

Certificate of Participation

This is to certify that

Atharva Yashwant Dhoble

MGM School of Biomedical Science, Mumbai, Maharashtra

participated in the West Zone held on September 8, 2023
at D. Y. Patil Deemed to be University, (Navi Mumbai), Maharashtra

Mr G S Krishnan
Hon. President

Association of Biotechnology Led Enterprises - ABLE

EVENT HELD IN ASSOCIATION WITH

KNOWLEDGE PARTNER
novozymes
Rethink Tomorrow

ORGANIZER
able
Pursuing Infinite Opportunities
Association of Biotechnology Led Enterprises

REGIONAL PARTNER
D.Y. PATIL
UNIVERSITY
SCHOOL OF
BIOTECHNOLOGY &
BIOINFORMATICS
NAVI MUMBAI

Director

MGM School of Biomedical Sciences
MGM Institute of Health Sciences
Kamothe, Navi Mumbai- 410 209, India



SEVA MANDAL EDUCATION SOCIETY'S
DR. B.M.N COLLEGE OF HOME SCIENCE (AUTONOMOUS)

NAAC RE-ACCREDITED A+ GRADE WITH CGPA 3.69/4
SELECTED UNDER "ENHANCING QUALITY AND EXCELLENCE IN SELECT
AUTONOMOUS COLLEGE" BY RASHTRIYA UCCLATAR SHIKSHA ABHIYAN (RUSA)

**SMT. MANJULABEN GUNVANTRAI SHAH DEPARTMENT
OF POST-GRADUATE STUDIES**



CERTIFICATE OF ACHIEVEMENT

This certificate is Proudly Presented to

Sahar Savang

for securing 2nd Prize in the RUSA sponsored Innovative Food Product
Competition on "Diversifying MyPlate with Traditional Indigenous Foods"
on account of "National Nutrition Month 2023"

Organized at Dr. BMN College of Home Science on 6th September 2023.

DR. RUPALI SENGUPTA

HEAD OF DEPARTMENT, MSC CND & PGDESSN,

DR. BMN COLLEGE OF HOME SCIENCE

(AUTONOMOUS), MUMBAI

PROF. DR. MALA PANDURANG

PRINCIPAL,

DR. BMN COLLEGE OF HOME SCIENCE

(AUTONOMOUS), MUMBAI

Director

MGM School of Biomedical Sciences
MGM Institute of Health Sciences
Kamothe, Navi Mumbai- 410 209, India

समदृष्टि, क्षमता विकास
एवं अनुसंधान मंडल

अक्षम

पंजीयन क्रमांक - MAH/654/2008(N)

दिव्यांगों के विकास हेतु समर्पित राष्ट्रीय संगठन

सन्मानचिन्ह



IASP 2024 World Congress on Pain

Amsterdam, Netherlands • 5-9 August

Dear Rinkle,

Congratulations! You have received a financial aid award for the IASP 2024 World Congress on Pain. You should have received a separate email with the details of the award.

If you have any questions, please email congress@iasp-pain.org.

Sincerely,
Michael S. Gold, PhD
University of Pittsburgh
Chair, IASP Financial Aid Working Group

Winners in VJTI College's Annual Intercollegiate Sports event, 'Enthusia' which was conducted between 9th to 15th February 2024.



- Relay (Silver Medal)
Arya Jakkulwar
Anusha Badarinath
Diya Jain
Ushmaa Ved
- 100 & 400 meter run
(Bronze Medal)
Ushmaa Ved

Prize Distribution

- MBBS Students of MGM Medical College, Navi Mumbai had participated in 7th MGM Olympics, Aurangabad from 11th December to 13th December, 2023. They had performed extremely well and had won many medals and trophies in various sports events.
- Students were felicitated by Hon. Vice Chancellor and other faculties on Republic Day (26th January, 2024) by giving medals, certificates and cash prizes to individual sports events winners & MGM Medical College, Kamothe got **“Overall Championship” First Prize.**
- **Gold Medal : 19**
- **Silver Medal : 18**
- **Total : 37**



Swimming

Mr. Siddhant Wadhvani (5 Gold medal)

50m Freestyle- **Gold medal**

100m Freestyle- **Gold medal**

200m Freestyle- **Gold medal**

50m Butterfly- **Gold medal**

50m Breaststroke- **Gold medal**

- **Badminton:**

1. Sushant Satokar- Gold medal

2. Soham Vanage- Gold medal

3. Devansh Jain- Gold medal

4. Anusha Badrinath- Silver medal



Swimming

Ms. Dipasha Rajdev (2 Silver)
50m breststrook (Girls) - Silver medal
100m Freestyle(Girls) - Silver medal

Ms. Juhi Maurya (1 Silver)
50 Meter Freestyle (Girls) : Silver medal-1



Basketball

The following MBBS Student were participated in Basketaball sports event from in a MGM Campus Team

1. Mr. Harsh Kanwar- Silver medal
2. Mr. Siddhant Bhosale- Silver medal
3. Mr. Parikshit Singh- Silver medal
4. Mr. Akhilesh Kurup - Silver medal



Boys Basketball Team

1. Ms. Suhani Jamkhandi- Gold medal
2. Ms. Anusha Badrinath- Gold medal
3. Ms. Ushmaa Ved- Gold medal
4. Ms. Diya Jain- Gold medal
5. Ms. Sameeksha Sarkar- Gold medal
6. Ms. Dipasha Rajdev- Gold medal
7. Ms. Sanjana Singh- Gold medal
8. Ms. Megan Mendonca- Gold medal





Glimpse of the basketball match

Lawn Tennis

1. Hridaay Tejwani- Gold medal
2. Nandita Das - Silver medal



Mr. Hridaay Tejwani



Ms. Nandita Das

Athletics

Ms. Ushmaa Ved

400m running – Gold medal

200m running – Silver medal



SKREAM' event of KJ Somaiya College of Engineering, Sion conducted between 19th- 24th January 2024, the following UG (MBBS) students won in events :

- **2nd in Relay**

Arya Jakkulwar

Anusha Badarinath

Diya Jain

Ushmaa Ved

- **200 Metre Race:**

Ushmaa Ved- **Bronze medal**

- **400 Metre Race:**

Ushmaa Ved- **Bronze medal**

- **Long Jump:**

Ushmaa Ved- **Bronze medal**





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Bisleri.

CERTIFICATE OF
EXCELLENCE
VIGOUR
TO
VICTORY

This is to certify that Mr/Ms. ANUSHA BADRINATH
has secured SECOND position in
RELAY at the national-level
sports festival **Skream 2024**

Prof. Rajesh Pansare
SPORTS IN-CHARGE

Dr. Sudha Gupta
ASSO. DEAN OF STUDENTS' AFFAIR



Dr. Suresh Ukarande
PRINCIPAL