



# पनवेल महानगरपालिका

ता. पनवेल, जि. रायगड



कार्यालय :- आयुक्तमंड्यालय, २ रामजला,  
पनवेल - ४१०२०६, दूरध्वनीक. ०२२-२७४५८०४०/४१/४२  
Email Id : panvelcorporation@gmail.com

जा.क्र.पमपा/वकवि/२५२४/प्र.क्र./२३१/२०२४  
/७४२/

दिनांक :- १३/०९/२०२४

प्रति,

मा. मुख्याध्यापक / प्राचार्य,

मि. जी. म. कोलेज

विषय :- स्वच्छता हि सेवा पंधरवडा २०२४ अंतर्गत स्वभाव स्वच्छता- संस्कार स्वच्छता मोहिमेमध्ये सक्रिय सहभाग नोंदविणेबाबत.

महोदय,

उपरोक्त विषयास अनुसरून राष्ट्रपिता महात्मा गांधी जयंती निमित्त आदरांजली म्हणून दरवर्षी प्रमाणे या वर्षी ही दिनांक १७ सप्टेंबर २०२४ ते दिनांक २ ऑक्टोबर २०२४ या कालावधीमध्ये रावविण्यात येणार असून सदर उपक्रमांतर्गत " स्वभाव स्वच्छता- संस्कार स्वच्छता या मोहिमेचे आयोजन करण्यात आलेले आहे. स्वच्छ भारत दिवसाची पुर्वतयारी म्हणून स्वच्छ भारतासाठी स्वयं प्रेरणेने श्रमदान व सामुहिक कृतीला बळकटी देण्यासाठी वार्षिक स्वच्छता हि सेवा पंधरवडा साजरा केला जात आहे.

या अनुषंगाने पनवेल महानगरपालिका क्षेत्रात स्वच्छता हि सेवा पंधरावडा २०२४ चे उत्कृष्ट अमंलबजावणी करणेकामी पनवेल महानगरपालिका क्षेत्रातील शाळा व महाविद्यालय मधील विद्यार्थी यांच्या सहभागातून विविध उपक्रम रावविणेकामी खालील ठिकाणी आपण आपल्या शाळांना / महाविद्यालय शिक्षक, शिक्षकेतर कर्मचारी, विद्यार्थी यांच्यासह दिनांक १८/०९/२०२४ रोजी सकाळी १०.०० वाजता आपल्या प्रभागसमिती स्तरावरील स्वच्छता मोहिमे सक्रिय सहभाग नोंदवावा.

अ.क्र.	प्रभागसमिती	स्वच्छता मोहिमेचे ठिकाण
१	अ- खारघर	हाईड पार्क, निसर्ग निर्माण डेव्हलपर्स, से- ३५ G खारघर
२	ब- कळंबोली	म्हसोबा तलाव से - १२ रोडपाली, कळंबोली
३	क-कामोठे	शंकर मंदिर तलाव ते दि.बा.पाटोल मैदान, कामोठे
४	ड- पनवेल	कोळीवाडा, पनवेल

सदर स्वच्छता मोहिमेस आपल्या शाळा / महाविद्यालयातील जास्तोत जास्त विद्यार्थी उपस्थित राहणे गरजेचे आहेत तसेच एनसीसी, एन.एस.एस यांना उपस्थित राहणे आवश्यक आहे. तरी आपण " स्वभाव स्वच्छता - संस्कार स्वच्छता" मध्ये सहभागी व्हावे असे आवाहन आपणास पनवेल महानगरपालिकेमार्फत करण्यात येत आहे. आपणाकडून नेहमीप्रमाणे प्रचंड प्रतिसाद मिळून सदर स्वच्छता मोहिम यशस्वी होईल याची खात्री वाळगतो.

Dear / Sir  
Forwarded.

Dr. Madhu / Dr. Pradheya  
CNSS Co-ordinator

MGM / MED  
INWARD NO 8651  
DATE 18.9.2024  
SIGN : [Signature]



वे. वि. वि.  
[Signature]  
[Signature]  
उपायुक्त (आरोग्य)  
पनवेल महानगरपालिका

[Signature]  
16/9

[Signature]  
CNSS / [Signature]



Mahatma Gandhi Mission's  
**MEDICAL COLLEGE**

Plot No. 1 & 2, Sector - 1, Kamothe, Navi Mumbai - 410 209.  
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**DEPARTMENT OF COMMUNITY MEDICINE**

CM/OUT/2024/10/791

Date: 22/10/2024

To,  
The Dean,  
MGM Medical College,  
Kamothe, Navi Mumbai.

**Subject: Report of Swachhata hi Seva Pandravda activity 2024 in collaboration with Panvel Mahanagar Palika.**

Respected Sir,

As per the letter received from Panvel Mahanagar Palika dated 15<sup>th</sup> September 2024 on Swachhata hi seva Pandravda under 'Swabhav Swachhata- Sanskar Swachhata' was organized for spreading the message of cleanliness among the students and community. The teachers and students participated actively in huge numbers. The arrangement of activity was done by Miss Prachi Nangare (Health Inspector) With the help of Ramdas Kachare (Health Assistant) under the guidance of Dr Prasad Waigankar (Prof & HOD Community Medicine), Dr Madhavi Mankar (Prof) and Dr. Pradeep Sawardekar (Prof) have been listed in detail in the report enclosed.

Thanking You.

*Dr. Prasad Waigankar*  
*Prof. & HOD*

**PROFESSOR & HEAD**  
**Dept. of Community Medicine**  
**M.G.M. Medical College,**  
**Kamothe, Navi Mumbai-410209**

Yours sincerely,  
*Dr. Prasad Waigankar*  
Dr. Prasad Waigankar  
Prof. and HOD  
Dept. of community Medicine  
MGM Medical College,  
Kamothe, navi Mumbai.

*Dr. Prasad Waigankar*  
*22/10/2024*

THE UNIVERSITY OF CHICAGO

PHILOSOPHY DEPARTMENT  
5500 S. UNIVERSITY AVENUE  
CHICAGO, ILLINOIS 60637  
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To,  
The Dean,  
MGM Medical College,  
Kamothe, Navi Mumbai.

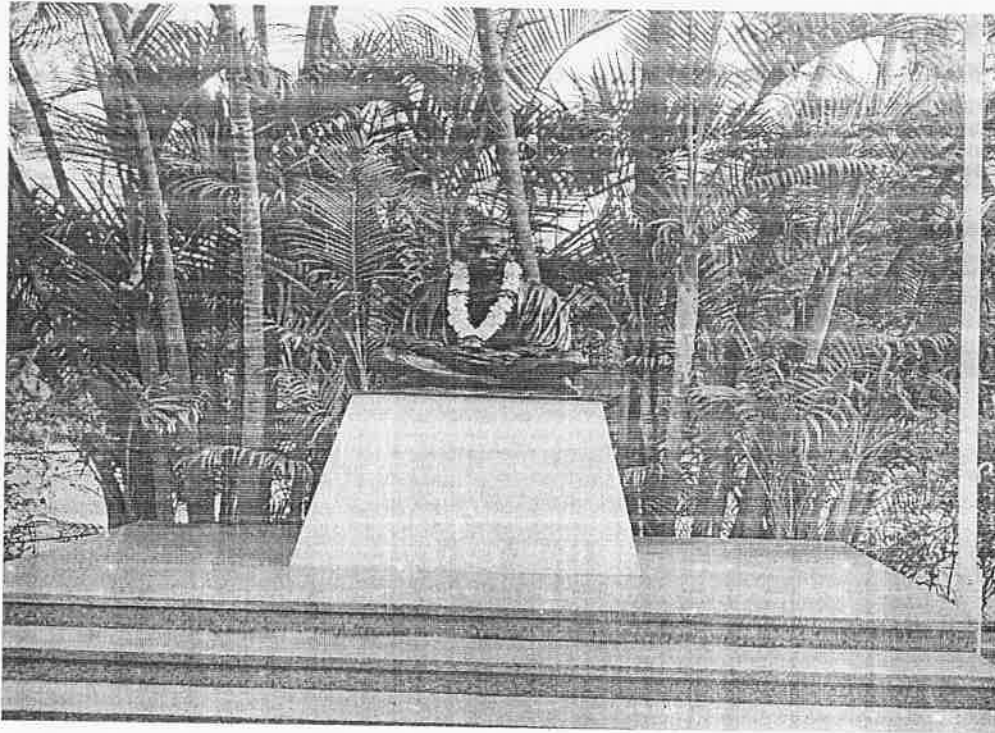
**Subject: Report of Swachata hi Seva Pandravda activity 2024 in collaboration with Panvel Mahanagar Palika.**

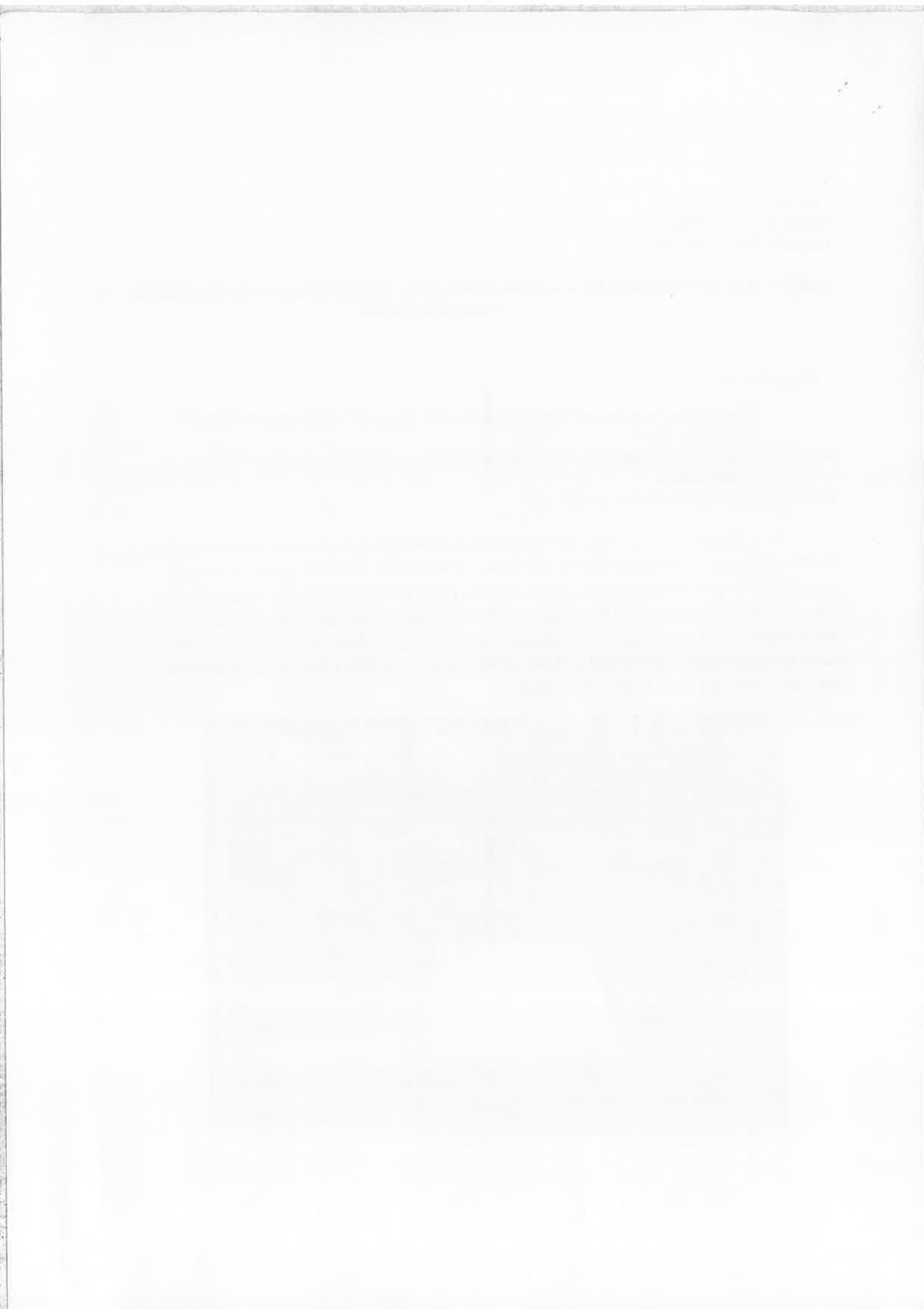
Respected sir,

On occasion of mahatma Gandhi Jayanti 2024, from 18<sup>th</sup> September 2024 to 2<sup>nd</sup> October 2024

Various activities are arranged under "swabhav swachatta- sanskar swachatta" by Panvel Mahanagar Palika under "swachatta hi seva pandravda".

Every year on October 2nd, India celebrates Gandhi Jayanti, a day dedicated to honoring the life and legacy of Mahatma Gandhi, the Father of the Nation. Gandhi Jayanti serves as a reminder of the principles and philosophies that this great leader advocated throughout his life. One of these enduring ideals is the concept of "Swachh Bharat" or Clean India. Gandhi's vision was not just limited to political independence; it also encompassed the idea of a society where cleanliness and hygiene are upheld as a way of life. He believed that a clean environment was not just a civic duty but a moral responsibility.



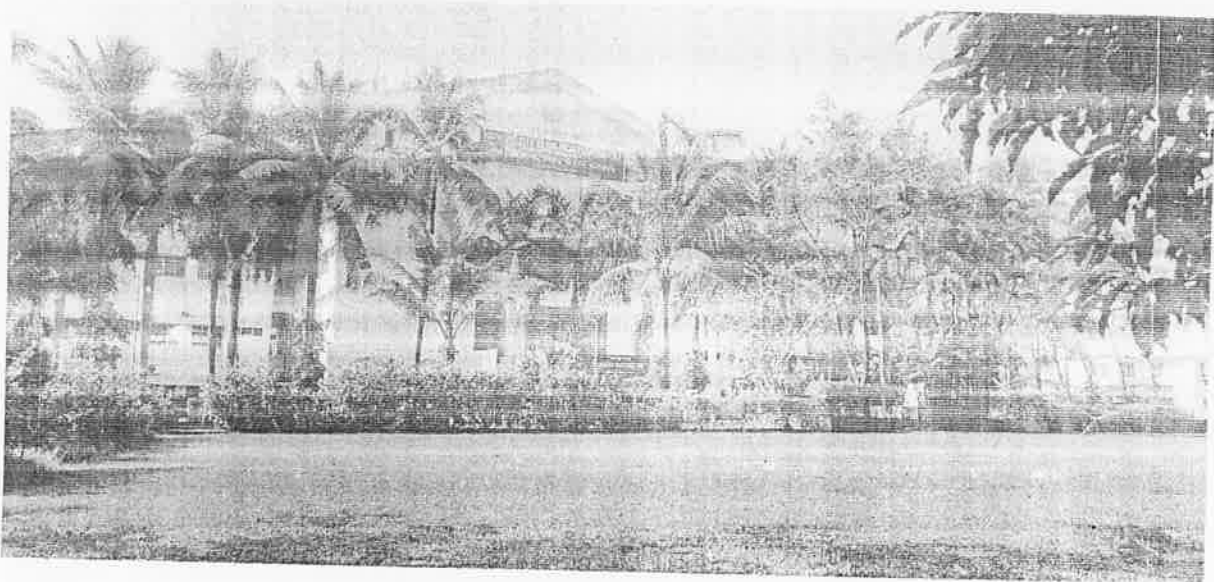


## SWACHH BHARAT ABHIYAN

“A clean India would be the best tribute India could pay to Mahatma Gandhi on his 150 birth anniversary in 2019,” said Shri Narendra Modi as he launched the Swachh Bharat Mission at Rajpath in New Delhi. On 2nd October 2014, Swachh Bharat Mission was launched throughout the length and breadth of the country as a national movement. The campaign aims to achieve the vision of a ‘Clean India’.

While leading the mass movement for cleanliness, the Prime Minister exhorted people to fulfill Mahatma Gandhi’s dream of a clean and hygienic India. Prime Minister Shri Narendra Modi himself initiated the cleanliness drive at Mandir Marg Police Station, on 2<sup>nd</sup> October 2019.

By picking up the broom to clean the dirt, making Swachh Bharat Abhiyan a mass movement across the nation, the Prime Minister said people should neither litter, nor let others litter. He gave the mantra of ‘*Na gandagi kareng, Na karne denge.*’ Shri Narendra Modi also invited nine people to join the cleanliness drive and requested each of them to draw nine more into the initiative.



These year Swachhata Hi Seva Hai is a nationwide campaign aimed at promoting cleanliness, hygiene and sanitation. These report highlights our initiative during the 2024 campaign organized by, “Panvel Muncipan Corporation” as a tribute to the father of the nation Mahatma Gandhi,

The Theme for the year 2024 is “swabhav swachhta – sanskar swachhta” was implemented from 18<sup>th</sup> September 2024 to 2<sup>nd</sup> October 2024.

Cleanliness drive activity was arranged on Date: 18<sup>th</sup> September 2024

Location: Shankar Mandir talao, sector 14, Kamothe, Navi Mumbai.



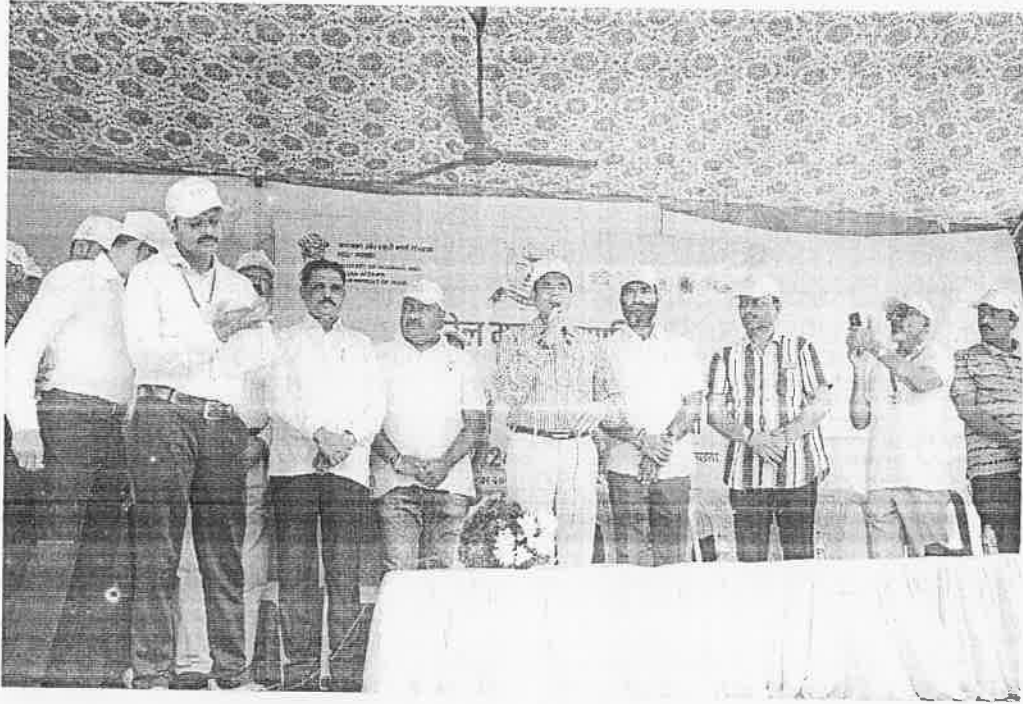
In accordance with this, students from various schools and colleges, Swachata dut and Higher authorities from Panvel municipal corporation area were invited at 10am on 18/09/2024 to 'Shankar mandir Talav, D Ba Patil maidan, kamothe to carry out an excellent implementation of this cleanliness drive.

On Wednesday, 18<sup>th</sup> September 2024, The students gathered in large numbers to participate in this event. The day started at 9:30 am then we proceeded toward the bus area to go to Shankar mandir talao, Kamothe. To carry out an excellent implementation of these cleanliness drive. We reached the location by 10:00am and stood in a line to watch the opening speech and all the felicitations.









Miss Prachi Nangare (Health Inspector) getting felicitated by Panvel Muncipal Corporation for her active role in cleanliness drive.

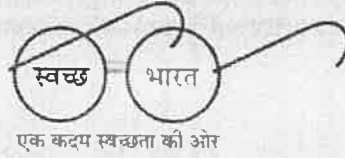




Then we proceeded to take oath that encompassed how we should hereby abstain from littering ourself as well as stop other people from littering.







## SWACHHATA PLEDGE

Mahatma Gandhi dreamt of an India which was not only free but also clean and developed.

Mahatma Gandhi secured freedom for Mother India.

Now it is our duty to serve Mother India by keeping the country neat and clean.

I take this pledge that I will remain committed towards cleanliness and devote time for this.

I will devote 100 hours per year, that is two hours per week, to voluntarily work for cleanliness.

I will neither litter nor let others litter.

I will initiate the quest for cleanliness with myself, my family, my locality, my village and my work place.

I believe that the countries of the world that appear clean are so because their citizens don't indulge in littering nor do they allow it to happen.

With this firm belief, I will propagate the message of Swachh Bharat Mission in villages and towns.

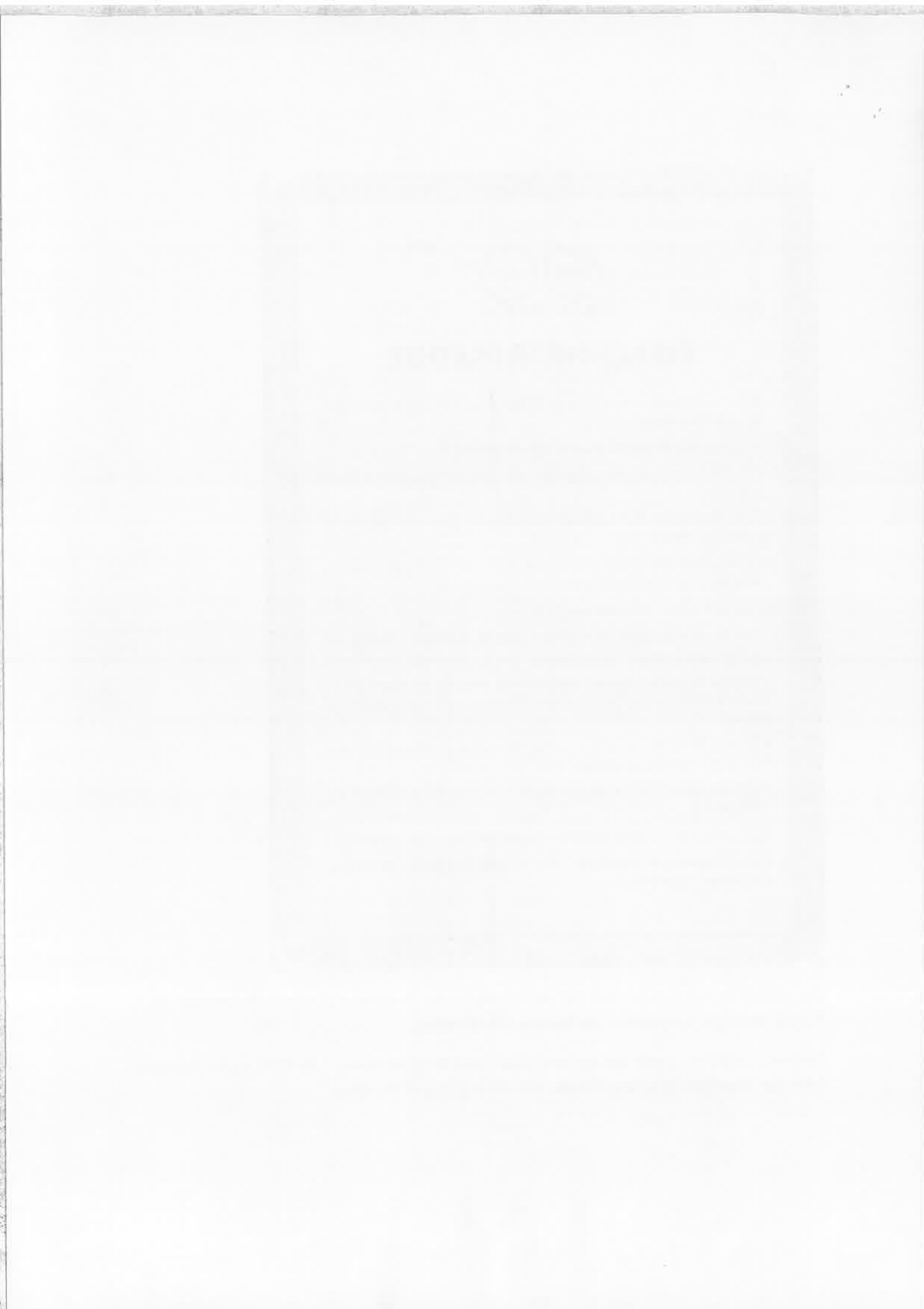
I will encourage 100 other persons to take this pledge which I am taking today.

I will endeavour to make them devote their 100 hours for cleanliness.

I am confident that every step I take towards cleanliness will help in making my country clean.

Our MGM Medical College Actively participated in the cleanliness drive activity arranged by Panvel Municipal Corporation , at Shankar Mandir talao.

Broom, handgloves, mask and cap were distributed to all the students By PMC and a cleanliness drive was Successfully arranged in the surrounding area of the talao.





From our MGMIHS college, different colleges have actively participated in these activities,

Colleges involved in the activity are:

**MGM Medical College, Kamothe, Navi Mumbai – 22 students**

**MGM School of Biomedical Science's , Kamothe, Navi Mumbai – 20 students**

**MGM School of Prosthetics and orthotics, Kamothe, Navi Mumbai – 10 students**

**MGM School of Nursing, Kamothe, Navi Mumbai - 10 students**

**Total students involved - 22**



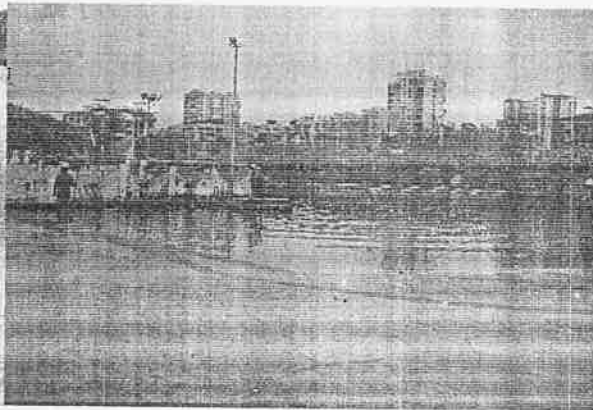




This concluded our campaign, it turned out to be a huge success due to the high spirits of our volunteers and the efforts put in by Miss Prachi Nangare(HI), Dr. Madhavi Mankar (prof) and Mr. Ramdas Kachare.



Before cleaning drive



After cleaning drive

Thanking you.

Yours faithfully,

A handwritten signature in black ink, appearing to be 'Prachi'.

Miss Prachi Nangare  
Health Inspector,  
Dept. of Community Medicine,  
MGM Medical College,  
Kamothe, Navi Mumbai.

*Dear &  
friends*

*An*  
**PROFESSOR & HEAD**  
Dept. of Community Medicine  
M.G.M. Medical College,  
Kamothe, Navi Mumbai-410209





## MGM INSTITUTE OF HEALTH SCIENCES

(Deemed to be University u/s 3 of UGC Act, 1956)

Grade 'A++' Accredited by NAAC

### MGM SCHOOL OF PHYSIOTHERAPY

Sector-1, Kamothe, Navi Mumbai – 410209

#### Gandhi Jayanti Celebration

Date: 1.10.2023

Preamble	:	Gandhi Jayanti is celebrated in India on October 2nd every year to mark the birthday of Mahatma Gandhi, the leader of the Indian independence movement against British rule. On 2nd October, 2014, the Indian Prime Minister, Narendra Modi, launched a nation-wide cleanliness campaign on the occasion of Mahatma Gandhi's birth anniversary. The concept of Swachh Bharat is to provide sanitation facilities to every family, including toilets, solid and liquid waste disposal systems, village cleanliness, and safe and adequate drinking water supply. We have to achieve this as a befitting tribute to the Father of the Nation. MGM School of Physiotherapy, Navi Mumbai, celebrated Gandhi Jayanti by participating in cleanliness drive.
Objective	:	-To spread awareness about conserving the environment inspired by Gandhian philosophy. -To contribute towards green and clean environment
Event	:	Swachhata Hi Seva Campaign- Ek Tareekh Ek Ghanta
Time and Date	:	10:00-11:00 am
Organized by	:	NSS Unit of MGM School of Physiotherapy, Navi Mumbai
Participants	:	MPT, Semester V BPT, Sem II BPT students and Faculty member.
Event Coordinator	:	Dr. Aarohi Joshi (PT), Dr. Ramandeep Kaur Saini (PT)
Venue and Time	:	Belapur CBD
Values inculcated	:	Community Service and Team work
Summary	:	On the occasion of Gandhi Jayanti in accordance to Government initiative Swachh Pakhwada- Swachh hi seva 2023, a cleanliness drive organized by NMMC on 1 <sup>st</sup> October 2023 at 10am. Students of BPT Semester I actively volunteered for the cleanliness drive conducted at CBD Belapur node, Navi Mumbai. Students worked together and inspired others to clean their surroundings.
No. of Participants	:	09 student beneficiaries
Feedback	:	Students reported that the activity created a sense of unity and responsibility towards the community & wanted more such activities to be conducted.



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Sector-1, Kamothe, Navi Mumbai – 410209



Semester I BPT students participating in Swachhata Hi Seva campaign at Belapur CBD

Dr. Aaroahi Joshi (PT)  
Dr. Ramandeep Kaur S (PT)  
NSS Assistant Program  
Officer  
MGM School of  
Physiotherapy, Navi  
Mumbai

Dr. Raturaj Shete (PT)  
NSS Program Officer  
MGM School of  
Physiotherapy, Navi  
Mumbai

For,  
Anurita

Dr. Shrutika Parab (PT)  
IQAC coordinator  
MGM School of  
Physiotherapy, Navi  
Mumbai

Dr. Rajani Mullerpatan  
Professor-Director  
MGM School of  
Physiotherapy, Navi  
Mumbai





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Sector-I, Kamothe, Navi Mumbai - 410209

Date:- 11/10/23

### NSS Activity Attendance sheet - Gandhi Jayanti

Sr.No	Student Name	Batch	Sign
1.	Tanishka Suetty	Sem 1	<del>Tanishka</del>
2.	Prapwal Guwak	Sem 1	Prapwal
3.	Baq Mohmmad khubaib	Sem 1	<del>Waham</del>
4.	Nixon Manora	Sem 1	<del>Nixon</del>
5.	Fuwa Khanbahadur	sem 1	Fuwa
6.	Saadhi Upadhyay	sem 1	Saadhi
7.	Durga Pawar	Sem 1	Durga
8.	Daksha Mudaliar	Sem 1	Daksha
9.	Pradnya Ravindra Rane	sem 1	Pradnya
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**Mahatma Gandhi Mission's  
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**DEPARTMENT OF COMMUNITY MEDICINE**

Outward No: CM/out/2024/11/834

Date: 15/11/24

To,  
The Dean,  
MGM Medical College,  
Kamothe, Navi Mumbai.

**Subject: Report of World Environment Day 5th June 2024.**

**Respected Sir,**

As we are aware World Environment Day (WED) is celebrated annually on 5<sup>th</sup> June to raise awareness and encourage action to protect the environment.

This year's World Environment Day 5<sup>th</sup> June 2024 campaign focused on land restoration, desertification and drought resilience under the slogan "*Our land, our future*". World Environment Day is the largest global platform for environmental public outreach and is celebrated by millions of people across the world. The Kingdom of Saudi Arabia hosted the World Environment Day 2024 global celebrations. We cannot turn back time, but we can grow forests, revive water sources, and bring back soils. We are the generation that can make peace with land. All over the world, ecosystems are threatened. From forests and dry lands to farmlands and lakes, natural spaces on which humanity's existence depends are reaching a tipping point. Environmental degradation directly impacts on human health. Air pollution, water contamination, and climate change contribute to a range of public health problems. WED is not just for those working in the environment sectors – it is a call to action for everyone, including all of us working in public health.

Theme for 'World Environment Day 5<sup>th</sup> June 2024' is-

**"Land restoration, desertification and drought resilience"**

15.11.24



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**DEPARTMENT OF COMMUNITY MEDICINE**

**What is land restoration?**

The process of halting degradation or rehabilitating degraded land, typically through activities like reforestation, soil conservation, and the protection of natural processes. It aims to enhance biodiversity, restore ecosystem services, and mitigate climate change impacts.

We encourage countries to combine local actions and land restoration techniques to reverse past degradation thus achieving 'zero net losses' in their healthy and productive land. Some of these techniques include:

Planting trees

Rotating crops

Using water retention techniques such as building retention ditches and cut-off drains

Applying organic manures and mineral fertilizers.

**What is Desertification?**

Desertification is the degradation process by which a fertile land changes itself into a desert by losing its flora and fauna, this can be caused by drought, deforestation, climate change, human activities or improper agriculture. Desertification is a process of degradation of the land. It occurs because of man-made activities and climate change. Desertification takes place when a particular type of biome converts into a desert biome.

**Steps to Reduce Desertification**

Given below are the steps which may help in reducing Desertification:

- Focus on Water management. Rainwater harvest must be done, water that can be reused must not be left out as waste
- Reforestation and tree regeneration.





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**DEPARTMENT OF COMMUNITY MEDICINE**

**What is Drought Resilience?**

Drought resiliency focuses on preparing communities for future droughts by giving them the means to endure, withstand, and recover from these events. Strategies to conserve water, access new water sources, and manage drought on a watershed level can help communities become more resilient.

**This report highlights the activities and initiatives undertaken for World Environment Day from 05/06/2024 to 08/06/2024, By Department of Community Medicine, MGM Medical College, Kamothe.**

**Details of the activities conducted for World Environment Day 2024**

❖ **Day 1 Activity:**

Tree plantation is one of the most effective ways to combat environmental degradation and create a sustainable future. As global challenges like climate change, deforestation, and pollution continue to rise, the need for widespread green initiatives has never been more urgent. Educational institutes, as centers of learning and community engagement, have a unique opportunity to lead the way in promoting environmental stewardship. By organizing tree plantation activities, these we not only contribute to the health of the planet but also foster a sense of responsibility and awareness among students. Through collective effort and participation, tree plantation activities can create lasting, positive impacts on both the environment and the educational community. On 5<sup>th</sup> June 2024 tree plantation activity was done by dignitaries in the MGM campus front side garden area, activity started by the time 10:00 am.

Following Dignitaries & faculties were involved and participated in it:

- 1) Dr. Nitin Kadam (Pro Vice Chancellor)
- 2) Dr. Shashank Dalvi (Vice Chancellor, MGMIHS)
- 3) Dr. G. S. Narshetty (Dean, MGM Medical College)
- 4) Dr. Rajesh Goel (Registrar, MGMIHS)
- 5) Dr. Prasad Waigankar (HOD & Professor, Dept. of community Medicine)
- 6) Dr. Sameer Pachpute (IQAC Coordinator, MGM Medical College & Hospital)
- 7) Dr. Mrunal Pimparkar (Professor, Dept of Community Medicine)



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**DEPARTMENT OF COMMUNITY MEDICINE**

- 8) Dr. Pradeep Sawardekar(Professor, Dept of Community Medicine)
- 9) Dr. Parineeta Samant(Controller of examinations)
- 10) Dr. Uttara Deshmukh(Director, PNO)
- 11) Dr. Nisha Relwani(Professor, Dept of Community Medicine)
- 12) Dr. Sunila Sanjeevan (Assistant Professor,Dept of Community Medicine)
- 13) Dr. Noopur Kulkarni (Assistant professor, Dept. of community Medicine)
- 14) Dr. Ganesh Nair (Assistant professor, Dept. of community Medicine)
- 15) Ms. Prachi Nangare (Health inspector, Dept. of community Medicine)
- 16) Mr. Sachin Kagade(Statistician, Dept. of Community Medicine)
- 17) Mr. Ramdas Kachare (Health Assistant, Dept. of community Medicine)
- 18) Mr. Vikrant Dinkar (MSW, Dept. of Community Medicine))

And students of 2<sup>nd</sup> year MBBS

As a social responsibility towards our nature and a small step towards environment our higher authorities actively participated in the tree plantation activity.

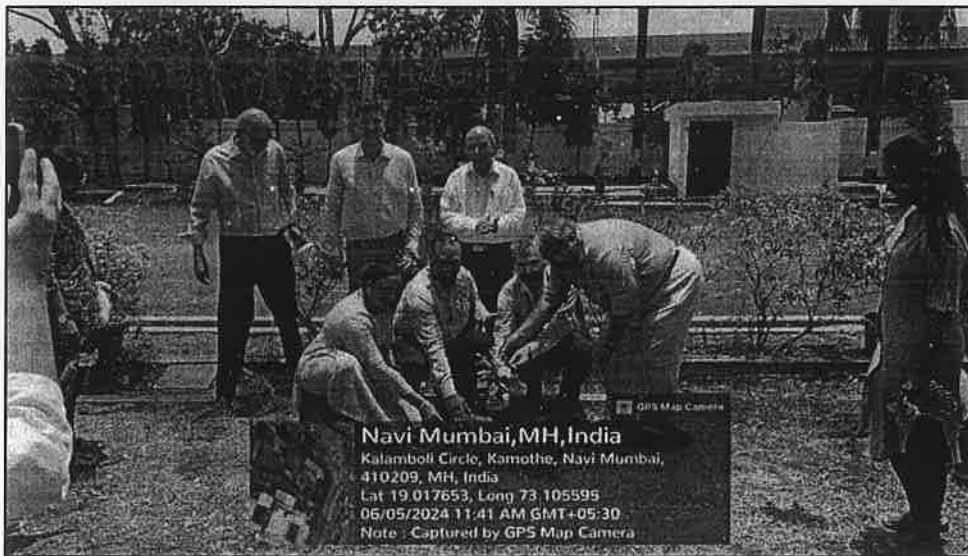




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**Approximate 150 students have participated in various activities**

❖ **Activity 2:**

Importance of World Environment Day 2024 displayed on digital flexi banner in campus, Medical college building & Hospital.



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**WORLD ENVIRONMENT DAY**

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THE THEME FOR 2024 IS

**LAND RESTORATION**

Land rehabilitation is a process of restoration to its natural state after it has been damaged or degraded. Making it safe for wildlife and flora as well as human.

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**DESERTIFICATION**

THE DEGRADATION PROCESS BY WHICH A FERTILE LAND CHANGES ITSELF INTO A DESERT BY LOSING ITS FLORA AND FAUNA. THIS CAN BE CAUSED BY DROUGHT, DEFORESTATION, CLIMATE CHANGE, HUMAN ACTIVITIES OR IMPROPER AGRICULTURE.

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**DROUGHT RESILIENCE**

DROUGHT RESILIENCY FOCUSES ON PREPARING COMMUNITIES FOR FUTURE DROUGHTS BY GIVING THEM THE MEANS TO ENDURE, WITHSTAND, AND RECOVER FROM THESE EVENTS.

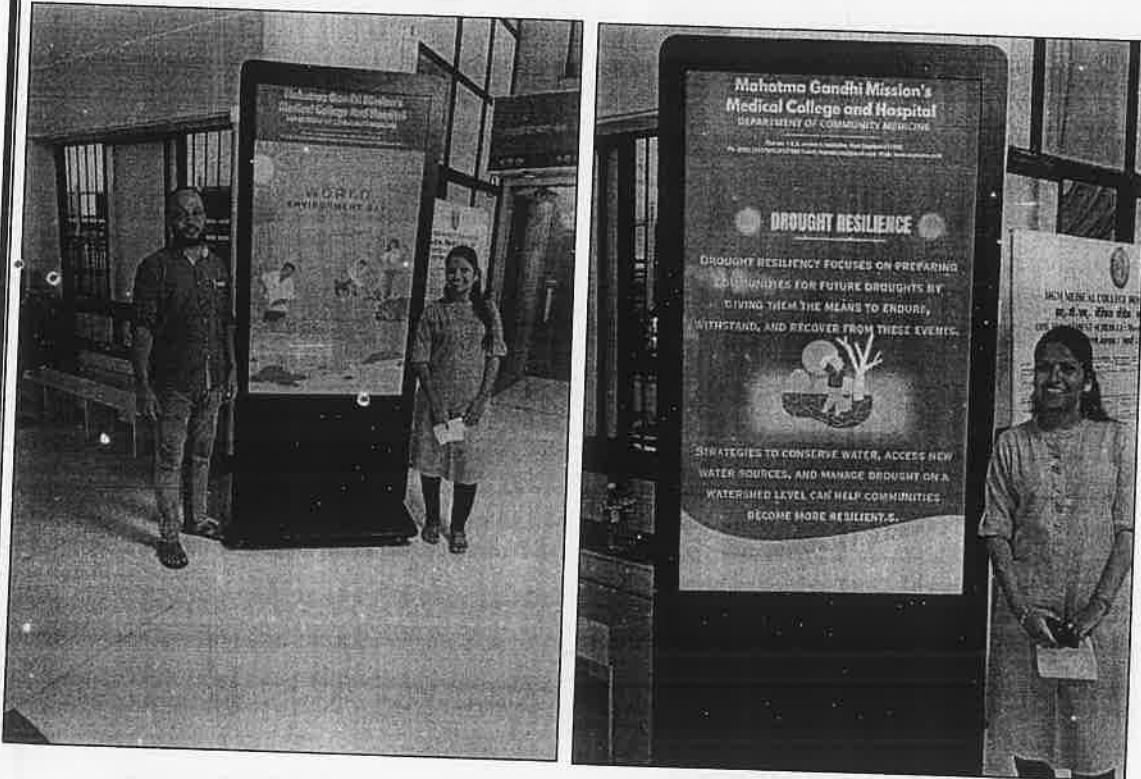
STRATEGIES TO CONSERVE WATER, ACCESS NEW WATER SOURCES, AND MANAGE DROUGHT ON A WATERSHED LEVEL CAN HELP COMMUNITIES BECOME MORE RESILIENT.S.



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Made by Prachi Nangare

Total 150 Students participated in the world environment day activity, students were divided into 3 groups. One group for cleanliness drive, 2 group Tree plantation and 3rd group Seed balls making.

**Activity 2: Tree plantation**

Tree plantation is important as many environmental issues like deforestation, erosion of soil, desertification in semi-arid areas, global warming and hence enhancing the beauty and balance of the environment. Trees absorb harmful gases and emit oxygen resulting in an increase in oxygen supply.

50 students 10 trees in garden area (5 students 1 sapling)

And 6 saplings were planted by the dignitaries in front side garden area- total trees planted=16



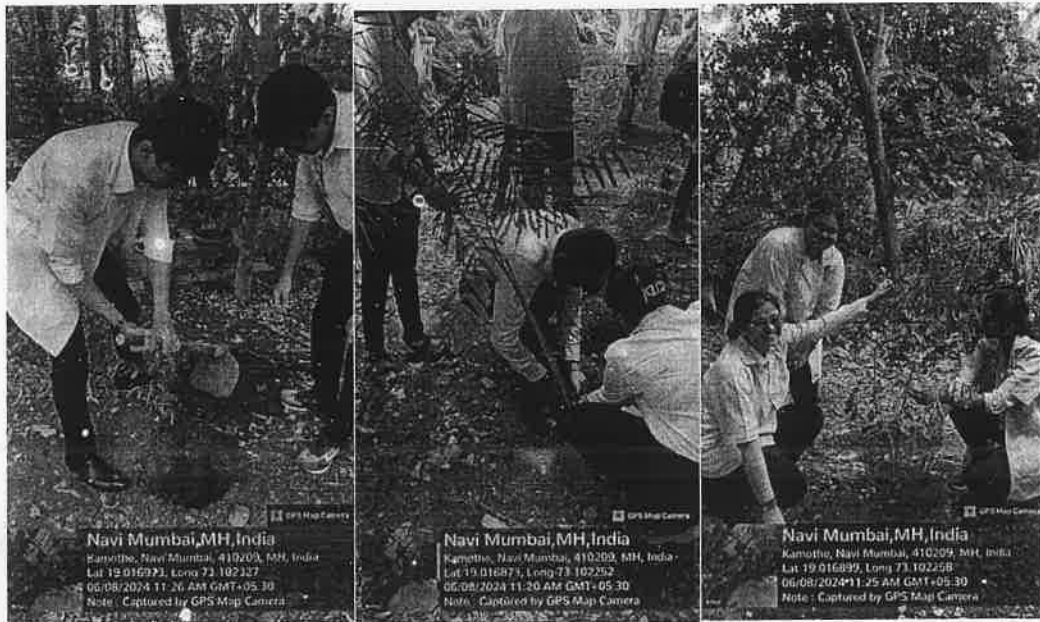
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Names of the saplings planted were: Dracaena, Pseuderanthemum, Fire bush, Mango, coconut, bamboo trees, Betel nut, Neem, almond.

**Glimpses of tree plantation activity by MBBS students:**



❖ **Activity 3- Seed balls making activity:**

A seed ball is a low cost and effective means of fast plantation, by encasing the seeds in a mixture of common soil and compost. This protects the seeds by preventing them from drying out in the sun, getting eaten by birds, animals or from blowing away.

Seed ball is a mixture of clay, natural compost, varieties of seed and nutrition binders are rolled like ball is known as seed balls. It will automatically start to grow when it gets water.

How to use seed balls?

***Just throw and grow***



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You can throw this seed balls in forest areas, empty grounds, road sides, gardens and your favorite places. No need any maintenance, when rain comes it will grow by itself and you can also plant this by taking minimum 10 cm pit, then place the seed balls in the pit.

Each student had brought the seeds of various fruits like jammun, karvanda, mango, lichi, ect.

Seed balls making activity: Total 75 Seed balls were made by 50 MBBS students.







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**Activity 4 - Cleanliness Drive.**

The Cleanliness drive aims to promote the values of cleanliness, discipline, and respect for the environment in the students and educate and sensitize them about the importance of cleanliness for a healthy, socially responsible, economically dynamic and progressive nation.

As MGM Medical college follows the Gandhian values, "Swachata hi seva hai," students actively participated in the cleanliness drive. Broom, hand gloves and plastic bags were distributed to students.



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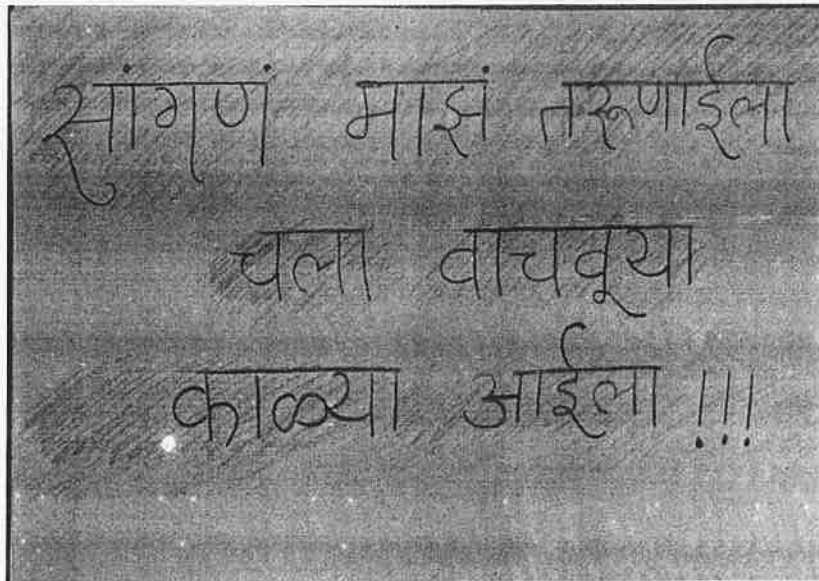
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❖ **Activity 5: Slogan writing competition-**

**Theme-** Powerful slogan that champions land restoration efforts and inspires action against desertification and drought.





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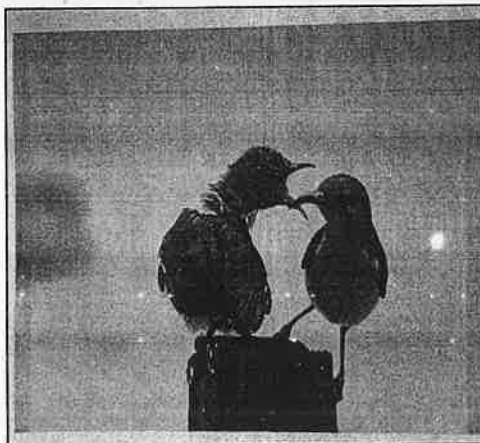
❖ **Activity 6: Model Making-**

**Best from waste**



❖ **Activity 7: Photography competition –**

**Theme- Nature's resilience**





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Glimpses of Tree Plantation activity done with our central canteen staff and MBBS students.



World Environment Day 2024 was a success, with the team work of Dr. Noopur Kulkarni, Ms. Prachi Nangare and Mr. Ramdas Kachare, inspiring collective action for environmental protection.

In conclusion, the World Environment Day activities at our educational institute have been a resounding success, sparking awareness and fostering a collective sense of responsibility toward the environment. Through various initiatives like tree plantation, awareness sessions, and eco-friendly activities, students and staff alike have come together to contribute to a sustainable future. These activities not only highlighted the importance of environmental conservation but also inspired our community to take tangible actions in their daily lives. As



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we reflect on the lessons learned today, it is clear that each small step counts in the journey toward a healthier planet. Moving forward, we remain committed to upholding the values of sustainability and environmental care, ensuring that the spirit of World Environment Day continues to inspire positive change within our institute and beyond.

Thanking You

Yours sincerely,

Miss Prachi Nangare  
Health Inspector,  
Dept. of Community Medicine,  
MGM Medical College,  
Kamothe, Navi Mumbai.

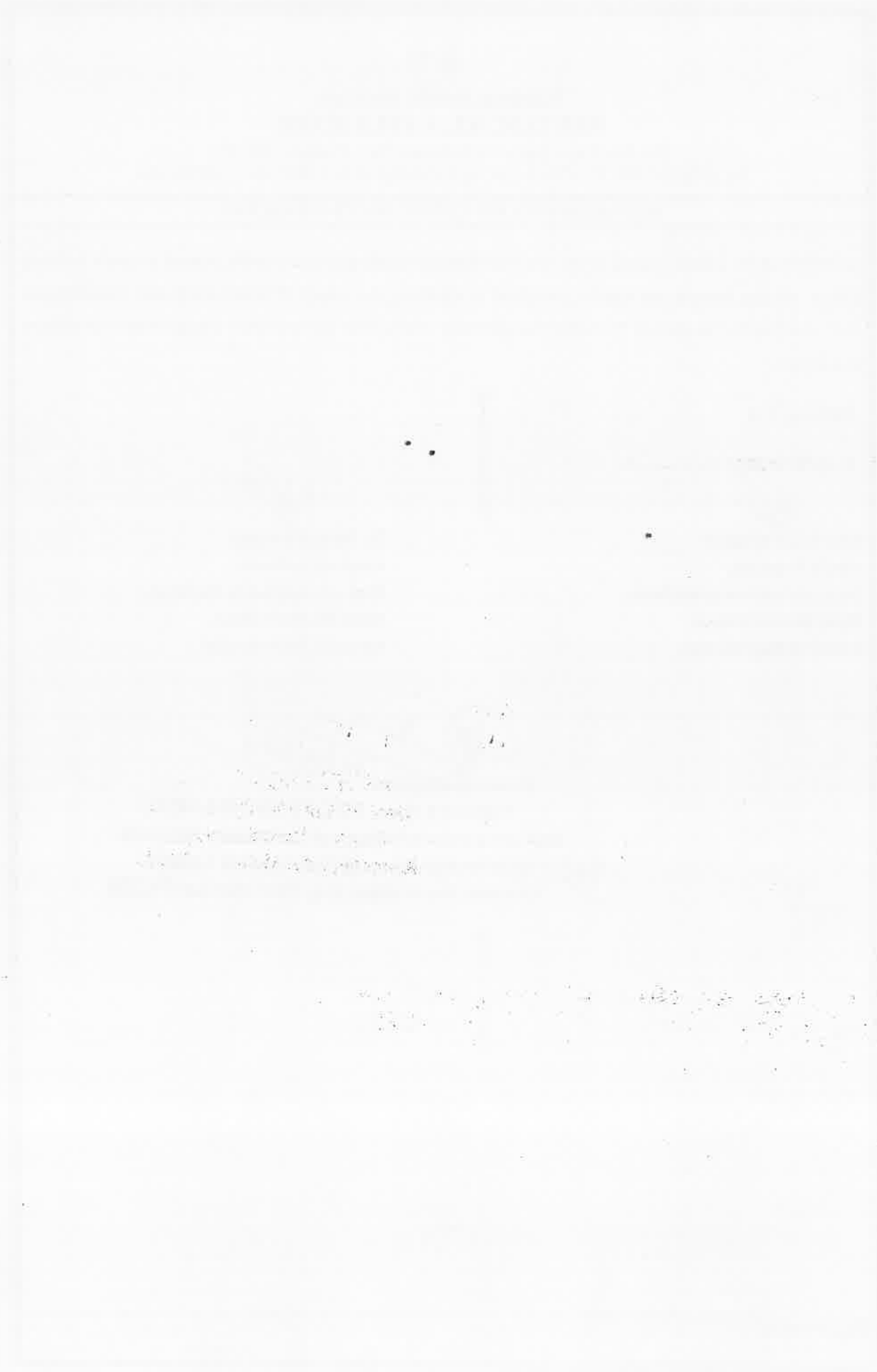
Dr. Noopur Kulkarni  
Assistant Professor,  
Dept. of Community Medicine,  
MGM Medical College,  
Kamothe, Navi Mumbai.

Dr. Prasad Waigankar

Professor & Head, **PROFESSOR & HEAD**

Dept. of Community Medicine **Dept. of Community Medicine**

MGM Medical College **M.G.M. Medical College,**  
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DIVISION OF THE PHYSICAL SCIENCES  
DEPARTMENT OF CHEMISTRY

REPORT OF THE  
COMMISSION ON THE  
STRUCTURE OF THE  
ATOMIC NUCLEUS  
AND THE  
PROPERTIES OF  
THE ELEMENTS

BY  
J. J. THOMSON  
AND  
M. S. THOMSON

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