



MGM INSTITUTE OF HEALTH SCIENCES
(Deemed University u/s 3 of UGC Act, 1956)
Grade 'A++' Accredited by NAAC
MGM SCHOOL OF PHYSIOTHERAPY
Sector-1, Kamothe, Navi Mumbai – 410209

ANC Camp Ajiwali (July 2024)

Date : 15th July 2024, Tuesday
Activity : Antenatal Care Camp
Venue : Primary Health Centre, Raigad District, Ajiwali
Time : 9:00 am – 4:00 pm
Attended by : Faculty member: Dr. Gargi C Mishra (PT)
Student: Mayuri Harad, Interns

Preamble: MGM School of Physiotherapy, Navi Mumbai in collaboration with Community Medicine Department organized Antenatal Care Camp at rural areas on, 9th July 2024 under the flagship program of Unnat Bharat Abhiyaan and Pradhan Mantri Surakshit Matritva Abhiyan.

Objectives:

1. To screen pregnant women for musculoskeletal impairments and help them with self-management strategies.
2. To educate them about importance of nutrition, both antenatal and post-natal period.
3. To emphasize role of exercises in management of various discomforts during pregnancy.
4. To educate about various postures to be adopted to reduce lower back pain and discomfort.
5. To teach ergonomic measures to be adopted while performing activities of daily living and sensitizing about importance of breast feeding.

Summary:

MGM School of Physiotherapy, Navi-Mumbai in collaboration with Community Medicine department organized an Antenatal camp in Primary Health Centre, Wavanje, on 9th July 2024, Tuesday. The ANC camp constituted of 25 participants. All the participants were screened individually for various discomforts and complaints during pregnancy where eleven women complained of low back pain whereas 14 pregnant women were healthy. Importance and benefits of physical exercises during antenatal period was explained to all the pregnant women.

Individualized exercise program was prescribed to the all the pregnant women along with emphasis on pelvic floor strengthening exercises to prevent complications of urinary incontinence and pelvic floor muscle weakness. Each pregnant women was taught postural correction exercises and ergonomic strategies, followed by relaxation techniques. Women in 3rd trimester were educated about the stages of labor, breathing techniques and various pain-relieving positions during stage 1 of labor. They were explained various breast-feeding technique and importance of breast feeding after parturition. Females with complain of back



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pain were managed with back specific exercises and advised hot pack application as pain relief measure.

Following is the region wise distribution of complains observed in the pregnant females:

Region	Number
Healthy ANC	14
Low back pain	11



Student demonstrating exercises to pregnant woman

Dr.Gargi Mishra (PT)
Camp co-ordinator
Assistant Professor
MGM School of Physiotherapy,
Navi Mumbai

Dr. Bela Agrawal
IQAC Coordinator
MGM School of Physiotherapy,
Navi Mumbai

Dr.Rajani Mullérpattan
Professor-Director
MGM School of Physiotherapy,
Navi Mumbai
Professor - Director
MGM School of Physiotherapy
MGMIHS, Navi Mumbai





RURAL HEALTH & TRAINING CENTRE
Primary Health Centre, Nere
Department of Community Medicine,
MGM Medical College, Kamothe, Navi Mumbai

ANC Health Check-Up Camp at PHC Nere

9th September 2023

An Antenatal Health Check-up Camp was organized on 9th September 2023 at PHC Nere by RHTC, Department of Community Medicine under Pradhan Mantri Surakshit Matritva Yojana. All Pregnant women were ensured proper Antenatal Check-up & Counselling and those identified as High Risk were referred for further management.

The total beneficiaries for the ANC camp were 33

Activities at RHTC:

- OBGYN - 33
- Physiotherapy – 28 Ref - 0
- Paediatrics – 12 Ref- 0
- Psychiatry - 24 Ref- 0

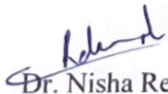
An IEC activity was done on Nutrition for ANCs.
Total Beneficiaries:09

Attended by :

1. Dr. Nisha Relwani (RHTC incharge)
2. Dr. Shrutika Sawant (AP,PT)
3. Dr. Mayuri Jadhav (AP,PT)
4. Mrs Kanchan Patil (PHN)
5. Mr Vikrant Dinkar (MSW)
6. Dr Mayank Purohit (PSM JR2)
7. Dr. Prashant Panchal (MPH 1)
8. Dr. Simran Manjnekar (MPH 1)
9. Dr. Asifa Razzak (MPH 1)
10. Dr. Rucha Kawde (OBGY JR)
11. Dr. Harleen Kaur Sethi (Psych JR)
12. Mr. Pawan Kumar Pawar (Psychologist)
13. Dr Priyanka Patil (Paeds SR)
14. Dr. Dhanashree Yadav (MPT 2)
15. Dr. Renu Nadar (MBBS Intern)
16. Dr. Nidhi Patil (MBBS Intern)
17. Dr. Hrishita Punjabi (MBBS Intern)



No. of Faculty: 4
No. of Students: 14
No. of Health Workers: 2


Dr. Nisha Relwani Incharge Rural Health & Training Centre
RHTC Incharge Dept. of Community Medicine
Associate Professor MGM Medical College, Navi Mumbai-410209
Dept. Of Community Medicine



RURAL HEALTH & TRAINING CENTRE
Primary Health Centre, Nere
Department of Community Medicine,
MGM Medical College, Kamothe, Navi Mumbai

21-09-23

REPORT OF ANTENATAL CHECKUP CAMP

An antenatal check-up camp was conducted by the Dept. of Community Medicine at MGM Kalamboli hospital as part of its outreach activity. Antenatal check-ups were done, and proper medications were prescribed.

Total no. of beneficiaries- 39

Total no. of USG scans- 19

Blood test - 21

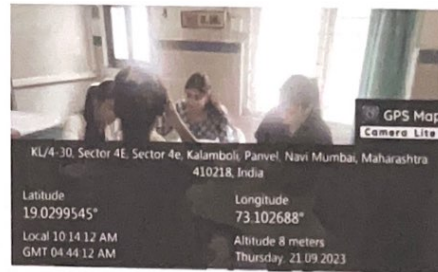
New cases - 21

Old cases- 18

High risk- 0

Anencephaly-0

IUGR- 1



Attended by-

1. Dr Mayank Purohit (MPH2)
2. Mr. Jeevan (MSW)
3. Dr. Ashlesha Deshmukh (MBBS Intern)
4. Dr. Priyanka Deshmukh (MBBS Intern)



AAC

Maj. Dr. Ashlesha Tawde
UBA Co-ordinator
Assistant Professor
Department of Community Medicine.



RURAL HEALTH & TRAINING CENTRE
Primary Health Centre, Nere
Department of Community Medicine,
MGM Medical College, Kamothe, Navi Mumbai

09/10/23

General Health Check-up

General Health Check-up camp was conducted at Primary Health Center, Nere (RHTC) by Department of Community Medicine on 09-10-2023.
The total beneficiaries for the camp were 128

Total Referral : 31
General OPD: 26
Family Medicine: 11
Psychiatry: 29
Paediatrics: 14
Ob/Gyn: 28
Optometry: 3
Physiotherapy: 20

Total Medication: 08
Inj. Dexa: 05
Inj. Cyno: 01
Inj. B Complex: 01
Inj. Taxim: 01

Total Vaccination: 10
Inj. TT: (A=3 C=0)
Inj. TT+ARV: (A=0 C=0)
Inj. ARV: (A=6 C=1)

Total Blood Samples:
TOTAL - 16
CBC:
Plain (LFT, RFT, Lipid Profile):
Blood Smear:
Urine:
RBS :



IEC session conducted at NERE PHC on the topic of Mental Health by Miss. Damini (Psychologist)
Total Beneficiaries: 28

for
Dr. Nisha Relwani
06/11/23
Dr. Nisha Relwani
RHTC Incharge
Associate Professor
Dept. Of Community Medicine

[Signature]
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Dept. of Community Medicine
M.G.M. Medical College,
Kamothe, Navi Mumbai-410209



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Department of Community Medicine,
MGM Medical College, Kamothe, Navi Mumbai

Attended By

- Dr. Nisha Relwani (RHTC Incharge)
- Mrs. Kanchan Patil (PHN)
- Dr. Prashant Panchal (MPH 2)
- Dr. Vishaka (ObGyn Resident)
- Dr. Paridhi (ObGyn Resident)
- Dr. Shloka (Family Medicine JR2)
- Dr. Aditi (Paediatrics JR1)
- Dr. Daniya Jawahar (PSM JR 1)
- Mr. Pawan Kumar Pawar (Psychologist)
- Ms. Damini (Psychologist)
- Dr. Ramandeep Kaun (AP-PT)
- Dr. Mayuri Jadhav (AP-PT)
- Dr. Vaishnavi (MPT 1)
- Dr. Amisha Wathodkar (MBBS Intern)
- Dr. Ananya Choudhary (MBBS Intern)
- Dr. Shreya Dutta (MBBS Intern)
- Dr. Vipul Goyal (MBBS Intern)
- Dr. Shantanu Das (MBBS Intern)
- Dr. Mukta Ghurde (MBBS Intern)
- Dr. Anam Jaffrey (MBBS Intern)
- Dr. Anushka Hanchate (MBBS Intern)
- Dr. Sukriti Honnavalli (MBBS Intern)
- Mr. Vikrant Dinkar (MSW)

for Dr. Nisha Relwani
06/11/23
Dr. Nisha Relwani
RHTC Incharge
Associate Professor
Dept. Of Community Medicine

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Kamothe, Navi Mumbai-110209



RURAL HEALTH & TRAINING CENTRE
Primary Health Centre, Nere
Department of Community Medicine,
MGM Medical College, Kamothe, Navi Mumbai

18-10-23

REPORT OF ANTENATAL CHECKUP CAMP

An antenatal check-up camp was conducted by the Dept. of Community Medicine at MGM Kalamboli hospital as part of its outreach activity. Antenatal check-ups were done, and proper medications were prescribed.

Total no. of beneficiaries- 52

Total no. of USG scans- 52

Blood test - 5

New cases - 18

Old cases- 34

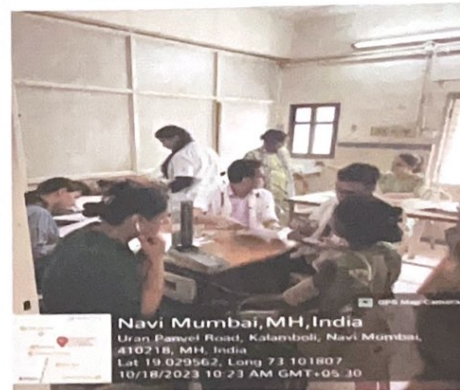
High risk- 1

Anencephaly-0

IUGR- 0

Admission - 1

No. of Faculty: 1
No. of Students: 3
No. of Health Workers: 1



Attended by-

1. Mrs. Kanchan Patil (PHN)
2. Dr. Hrudyia (MPH2)
3. Dr. Sukriti Honnavalli (MBBS Intern)
4. Dr. Anushka Hanchate (MBBS Intern)
5. Mr. Jeevan (MSW)



AAF
Maj. Dr. Ashlesha Tawde
UBA Co-ordinator
Assistant Professor
Department of Community Medicine.



RURAL HEALTH & TRAINING CENTRE

Primary Health Centre, Nere

**Department of Community Medicine,
MGM Medical College, Kamothe, Navi Mumbai
09/11/2023**

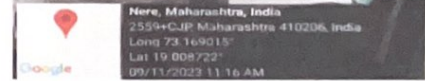
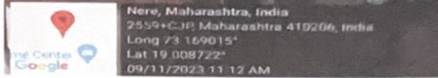
Ante Natal Health Check-up

Ante natal Health Check-up camp was conducted at Primary Health Center, Nere (RHTC) by Department of Community Medicine on 09-11-2023. The total beneficiaries for the camp were 95.

Total Referral : 28
OBGY: 28
Psychiatry- 28
Paediatrics : 11
Physiotherapy - 28

Attended By

- Dr Ganesh Nair(SR)
- Dr.Shrutika (PT)
- Mrs kanchan patil (ANM)
- Dr Aasawari sonawane (MPH2)
- Dr Hrudaya(MPH 2)
- Dr.Danya Jawahar (PSM JR1)
- Dr Pranav Gajare (Mbbs intern)
- Dr Advet kedare (Mbbs intern)
- Dr.Paridhi (OBGY JR2)
- Dr.Himani (OBGY JR1)
- Dr.Meet (Psych JR2)
- Dr.Saishikha (Psych JR1)
- Dr. Umesh (Paeds JR1)



Relwani

Dr. Nisha Relwani
RHTC Incharge
Associate Professor Incharge Rural Health & Training Centre
Dept. Of Community Medicine
MGM Medical College, Navi Mumbai-410209.

**PROFESSOR & HEAD
Dept. of Community Medicine
M.G.M. Medical College,
Kamothe, Navi Mumbai-410209**



**Mahatma Gandhi Mission's
MEDICAL COLLEGE**

Plot No. 1 & 2, Sector - 1, Kamothe, Navi Mumbai - 410 209.

Ph: (022) 27437992, 27437900 E-mail: mgmmcnb@gmail.com, Web: www.mgmuhs.com

RHTC- (Department of Community Medicine)

REPORT OF ANTENATAL CHECKUP CAMP

16/11/2022

An antenatal check up camp was conducted by the community medicine department at MGM Kalamboli hospital as part of its outreach activity. Antenatal checkups were done and proper medications were prescribed.

Total number of beneficiaries- 55
Total number of USG- 28
Total Blood test – 28
New cases -09
Old Cases – 46
High risk – 01
IUGR – 00
Admission - 01



Attended by-

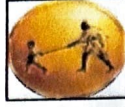
- Maj.Dr. Ashlesha Tawade (UBA Co ordinator)
- Mrs.Kanchan Patil (PHN)
- Dr.Aasawari Sonawane (MPH 2)
- Dr. Raghuvveer Khandeparkar (MBBS Intern)
- Dr. Shama Khan (MBBS Intern)
- Mr.Jeevan Urankar (MSW)



AAT Tawade
Maj.Dr.Ashlesha Tawade
UBA Co-ordinator
MGM Medical College
Navi Mumbai

Maj (Dr) Ashlesha Tawade-Kelkar (Retd)
Reg. No. : 2008/04/0932
I/C PMJAY-MJPJAY
Dept of Community Medicine
MGM Medical College and Hospital,
Navi Mumbai, MH-410209.

[Signature]
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Dept. of Community Medicine
M.G.M. Medical College,
Kamothe, Navi Mumbai



RURAL HEALTH & TRAINING CENTRE
Primary Health Centre, Nere
Department of Community Medicine,
MGM Medical College, Kamothe, Navi Mumbai

Date: 09/12/2023

Antenatal Health Check-up

Antenatal Health Check-up camp was conducted at Primary Health Center, Nere (RHTC) by Department of Community Medicine on 09-12-2023
The total beneficiaries for the camp were 37.

Total Referral: 18

OBGY: 27

Pediatrics: 08

Psychiatry: 25

Physiotherapy: 22

Skit was done by MBBS Interns on the topic
Of AIDS Awareness for World AIDS day.

Total Beneficiaries- 27

Attended By:

- Dr. Nisha Relwani (RHTC Incharge)
- Dr. Ganesh Nair (AP Dept of PSM)
- Dr. Shrutika Sawant (Asst. Prof. Physiotherapy)
- Mrs. Kanchan Patil (PHN)
- Dr. Asawari Sonawane (MPH)
- Dr. Shiksha Pandey (MPH)
- Dr. Danya Jawahar (JR1 PSM)
- Dr. Anam Jaffrey (MBBS Intern)
- Dr. Tanya Gursahani (MBBS Intern)
- Dr. Kashish Makhija (MBBS Intern)
- Dr. Atharva Rane (MBBS Intern)
- Dr. Ammara Kauchali (MBBS Intern)
- Dr. Shivani Gadkari (MBBS Intern)
- Dr. Chinmay Shah (MBBS Intern)
- Dr. Shayaan Khan (MBBS Intern)
- Dr. Anchal Bhavavala (OBGY JR2)
- Dr. Shriya Ladiwala (OBGY JR1)
- Dr. Pallavi Joshi (Psychiatry JR2)



[Signature]
Incharge Rural Health & Training Centre
Dept. of Community Medicine
MGM Medical College, Navi Mumbai-410209.
Dr. Nisha Relwani
RHTC Incharge
Associate Professor
Dept. Of Community Medicine

[Signature]
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M.G.M. Medical College,
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RHTC- (Department of Community Medicine)

REPORT OF ANTENATAL CHECKUP CAMP

20/12/2023

An antenatal check up camp was conducted by the community medicine department at MGM Kalamboli hospital as part of its outreach activity. Antenatal checkups were done and proper medications were prescribed.

Total number of beneficiaries- 50

Total number of USG- 24

Total Blood test – 27

New cases -07

Old Cases – 43

High risk – 01

IUGR – 00

Admission - 00



Attended by-

- Maj.Dr. Ashlesha Tawade (UBA Co ordinator)
- Dr. Danya Jawahar (PSM JR1)
- Dr.Megan Mendonca (MBBS Intern)
- Dr. Akhilesh Kurup (MBBS Intern)
- Dr. Shayaan Khan (MBBS Intern)
- Mr. Jeevan Urankar (MSW)

AAT

**Maj.Dr.Ashlesha Tawade
UBA Co-ordinator
MGM Medical College
Navi Mumbai**

Maj (Dr) Ashlesha Tawade-Kelkar (Retd)
Reg. No. : 2008/04/0932
I/C PMJAY-MJPJAY
Dept of Community Medicine
MGM Medical College and Hospital,
Navi Mumbai, MH-410209.



RURAL HEALTH & TRAINING CENTRE
Primary Health Centre, Nere
Department of Community Medicine,
MGM Medical College, Kamothe, Navi Mumbai

Antenatal Health Check-up

Date: 9/1/24

Antenatal Health Check-up was conducted at PHC, Nere (RHTC) by department of Community Medicine on 9-01-2024.

Total references: 11

Total beneficiaries: 66

OBGY: 19

Paediatrics: 9

Psychiatry : 19

Physiotherapy: 19

No. Of faculty : 01

No. Of students : 16

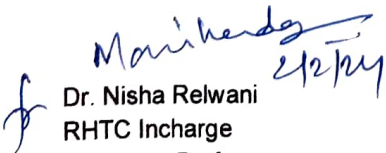
No. Of Health Workers : 01


Attended by:

1. Dr. Nisha Relwani (RHTC Incharge)
2. Dr. Meet Kachhadia (JR2 Psychiatry)
3. Dr. Damini Laitonjam (C.P)
4. Dr. Bhosale Siddhant (MBBS Intern)
5. Dr. Utkarsh Gopal (MBBS Intern)
6. Dr. Ahmed Adam (MBBS Intern)
7. Dr. Geeta Mahajan (MBBS Intern)
8. Dr. Muskan Malik (MBBS Intern)
9. Dr. Vishakha Mitra (JR1 OBGY)
10. Dr. Brinda Desai (JR2 OBGY)
11. Dr. Shreya Rathi (JR2 Paediatrics)
12. Dr. Danya Jawahar (JR1 CM)
13. Dr. Manika Das (SR)
14. Dr. Gargi Mishra (PT)
15. Dr. Netra Kokane (MPT-2)
16. Dr. Koyal Jadhav (MPT-2)
17. Dr. Sakina Kapasi (Intern)
18. Mr. Vikrant Dinkar (MSW)



Antenatal Health Checkup at RHTC Nere


Dr. Nisha Relwani
RHTC Incharge
Associate Professor
Dept. Of Community Medicine


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RURAL HEALTH & TRAINING CENTRE
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MGM Medical College, Kamothe, Navi Mumbai

ANC CHECK-UP AT RHTC NERE

Date: - 09/02/2024(Friday)

An ANC Health Check-up camp was conducted at **RHTC Nere** by Department of Community Medicine on 09/02/2024.

The total beneficiaries for the camp were : **78**

Total Referrals- **20**

OBGY : **27**

Psychiatry: **22**

Physiotherapy: **27**

Paediatrics: **1**

No. Of faculty: 02

No. Of students: 15

No. Of Health Workers: 2



Antenatal Health Checkup at RHTC Nere

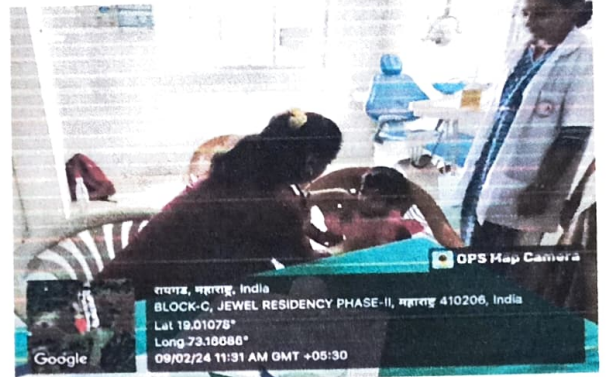
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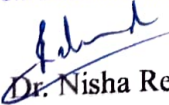
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Department of Community Medicine,
MGM Medical College, Kamothe, Navi Mumbai


Attended by:-

1. Dr. Nisha Relwani (RHTC Incharge)
2. Dr. Monika Das (SR)
3. Mrs. Kanchan Patil (PHN)
4. Mrs. Pushpa Avhad (PHN)
5. Dr. Aditi Badhe (JR PSM)
6. Dr. Himani (JR OBGY)
7. Dr. Mayuri Angire (JR OBGY)
8. Dr. Diksha Gupta (JR Paediatrics)
9. Dr. Isha Tawade (JR Psychiatry)
10. Mrs. Damini (Psychologist)
11. Dr. Ramandeep Ranion (Physiotherapy AP)
12. Dr. Joshua Levi (MBBS Intern)
13. Dr. Aarish Arshad (MBBS Intern)
14. Dr. Suyash Anand (MBBS Intern)
15. Dr. Priyanka Dhamani (MBBS Intern)
16. Dr. Subal Nijai (MBBS Intern)
17. Dr. Rahratan Chankapure (MBBS Extern)
18. Dr. Chinmay Shaha (MBBS Extern)
19. Dr. Damini Gaikwad (MBBS Extern)



Incharge Rural Health & Training Centre
Dept. of Community Medicine
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Dr. Nisha Relwani
RHTC Incharge
Associate Professor
Dept. Of Community Medicine


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RURAL HEALTH & TRAINING CENTRE
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ANC CHECK-UP AT RHTC NERE

Date: - 09/03/2024(Saturday)

An ANC Health Check-up camp was conducted at **RHTC Nere** by Department of Community Medicine on 09/03/2024.

The total beneficiaries for the camp were **69**.

Total Referrals- 4

OBGY : 22

Psychiatry: 21

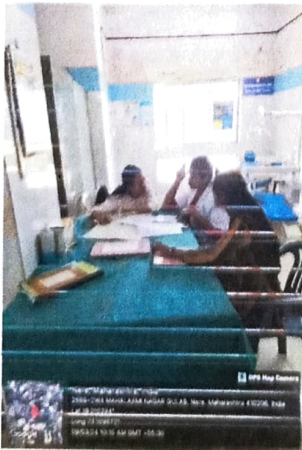
Physiotherapy: 18

Paediatrics: 8

No. Of faculty: 02

No. Of students: 14

No. Of Health Workers: 1



Antenatal Health Checkup at RHTC Nere



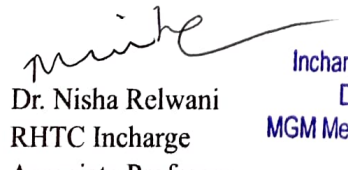
RURAL HEALTH & TRAINING CENTRE
Primary Health Centre, Nere
Department of Community Medicine,
MGM Medical College, Kamothe, Navi Mumbai

Date: 09.03.2024 (Monday)

Attended by:-

1. Dr. Nisha Relwani (RHTC Incharge)
2. Dr. Monika Das (SR)
3. Mrs. Kanchan Patil (PHN)
4. Dr. Omkar Nage (MBBS Intern)
5. Dr. Krupali Bhosle (MBBS Intern)
6. Dr. Rudhvi Chaudhari (MBBS Intern)
7. Dr. Jaseeba Dhingra (MBBS Intern)
8. Dr. Sanaya Dholkawala (MBBS Intern)
9. Dr. Aashish Patil (MBBS Intern)
10. Dr. Syed Faiz Ali (MBBS Intern)
11. Dr. Harshali Mehandarkar (Obgy Resident)
12. Dr. Manas Kubavat (Obgy MBBS Intern)
13. Dr. Ramandeep Ranion (Physiotherapy AP)
14. Dr. Koyal Jadhav (MPT 2)
15. Dr. Priti Yadav (BPT Intern)
16. Dr. Muskan (BPT Intern)
17. Dr. Aishwarya Shinde (JR1 Psychiatry)
18. Miss. Damini Laitonjam (Psychologist)
19. Dr. Rishtha Fatima (JR1 Pediatrics)




Dr. Nisha Relwani
RHTC Incharge
Associate Professor
Dept. Of Community Medicine

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RURAL HEALTH & TRAINING CENTRE
Primary Health Centre, Nere
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MGM Medical College, Kamothe, Navi Mumbai

PMSMA: ANC Camp at PHC Nere

Date: 10/04/2024 (Wednesday)

Antenatal Health Check-up was conducted at PHC, Nere (RHTC) by department of Community Medicine on 10-04-2024.

Total references: 12

Total beneficiaries: 130

OBGY: 22 Referral: 9

Paediatrics: 3 Referral: 0

Psychiatry : 20 Referral: 2

Physiotherapy: 21 Referral: 0

No. Of faculty : 02

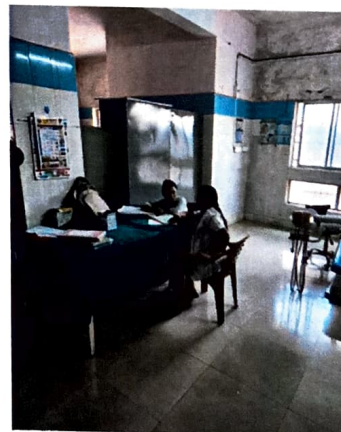
No. Of students : 07



Antenatal Health Check-up at RHTC Nere



Paediatric Check-up at RHTC Nere



Psychiatry Check-up at RHTC Nere

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Dept. of Community Medicine
M.G.M. Medical College,
Kamothe, Navi Mumbai - 401 007

Date: 10/04/2024(wednesday)

Attended by:

1. Dr. Nisha Relwani (RHTC Incharge)
2. Dr. Monika Das (SR)
3. Mrs. Kanchan Patil (PHN)
4. Dr. Shreenidhi Shetty (MBBS Intern)
5. Dr. Hemang Shriyan(MBBS Intern)
6. Dr. Kapil Patil(MBBS Intern)
7. Dr. Harsh Singhal(MBBS Intern)
8. Dr. Hiloni Shah(MBBS Intern)
9. Dr. Sakshee Wadje(MBBS Intern)
10. Dr. Ritika Thadan(MBBS Intern)



Physiotherapy Check-up at RHTC Nere
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Clinical Nutrition Check-up at RHTC Nere
(Place this box below the picture)


Dr. Nisha Relwani

RHTC Incharge


Associate Professor

Dept. Of Community Medicine

Incharge Rural Health & Training Centre

Dept. of Community Medicine

MGM Medical College, Navi Mumbai-410209.


PROFESSOR & HEAD
Dept. of Community Medicine
M.G.M. Medical College,
Kamothe, Navi Mumbai-410209



RURAL HEALTH & TRAINING CENTRE
Primary Health Centre, Nere
Department of Community Medicine,
MGM Medical College, Kamothe, Navi Mumbai

PMSMA: ANC Camp at PHC Nere

Date: 09/05/2024 (Thursday)

Antenatal Health Check-up was conducted at PHC, Nere (RHTC) by department of Community Medicine on 09-05-2024.

Total referral: 7 **Total beneficiaries: 85**

OBGY: 25 Referral: 5

Paediatrics: 2 Referral: 1

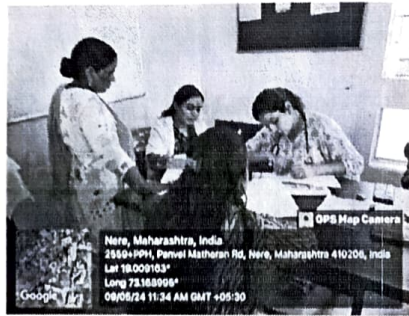
Psychiatry : 22 Referral: 1

Physiotherapy: 22 Referral: 0

Clinical Nutrition: 14 Referral: 0

No. Of faculty : 02

No. Of students : 19



Antenatal Health Check-up at RHTC Nere



Paediatric Check-up at RHTC Nere



Psychiatry Check-up at RHTC Nere

Date: 09/05/2024 (Thursday)

Attended by-

1. Dr. Nisha Relwani (RHTC Incharge)
2. Dr. Monika Das (SR)
3. Dr. Aditi Badhe (JR1)
4. Mrs Kanchan Patil (PHN)
5. Mrs. Vinita Naik (Leprosy Technician)
6. Mr. Vikirant Dinkar (MSW)
7. Dr. Aaryan Sankhe (MBBS Intern)
8. Dr. Tanmay Sahoo (MBBS Intern)
9. Dr. Hiloni Shah (MBBS Intern)
10. Dr. Srinidhi Shetty (MBBS Intern)
11. Dr Tejaraini Deshmone (JR1 OBGY)
12. Dr. Rutuja Palwe (MBBS Intern OBGY)
13. Dr Aishwarya Shinde (JR1 Psych)
14. Dr. Pratham Gindodia (MBBS Intern Psych)
15. Dr Riya Maheshwari (JR1 Dermatology)
16. Dr. Shravya Sinor (JR1 Ophthalmology)
17. Dr. Shubhanki Gupta (JR 1 ENT)
18. Dr. Janhvi Gharat (JR1 Paeds)
19. Dr. Gargi Mishra (AP Physiotherapy)
20. Dr Nehra Kokane (MPT 2)
21. Dr. Drishti Sangvi (BPT Intern)
22. Dr. Sanya Richard (BPT Intern)
23. Dr. Adnyey Surve (BPT Intern)
24. Dr. Mustafa Sheikh (BPT Intern)
25. Dr. Vaishnavi Bhartani (MPT 2)
26. Dr. Mansi Ghoke (MPT 2)
27. Mrs. Kusum Chaudhry (Optometry Intern)
28. Mrs. Akanksha Raly (1st year Clinical Nutrition)
29. Ms. Prita Pagi (1st year Clinical Nutrition)

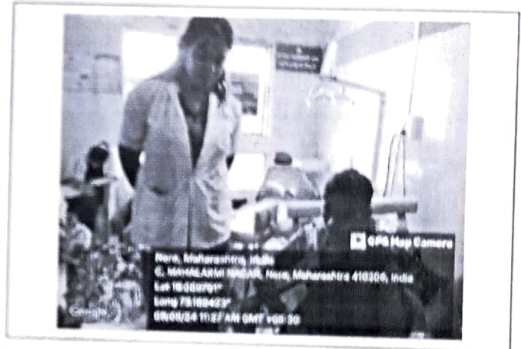
Nisha Relwani

Dr. Nisha Relwani
RHTC Incharge
Associate Professor
Dept. Of Community Medicine

Incharge Rural Health & Training Centre
Dept. of Community Medicine
MGM Medical College, Navi Mumbai-410209



Clinical Nutritionist at RHTC Nere



Physiotherapy Check-up at RHTC Nere



RHTC Team from Community Medicine dept.
at RHTC Nere for PMSMA Camp

Nisha Relwani
PROFESSOR & HEAD
Dept. of Community Medicine
M.G.M. Medical College,
Kamothé, Navi Mumbai-410209



RURAL HEALTH & TRAINING CENTRE
Primary Health Centre, Nere
Department of Community Medicine,
MGM Medical College, Kamothe, Navi Mumbai

PMSMA: ANC Camp at PHC Nere

Date: 10/06/2024 (Monday)

Antenatal Health Check-up was conducted at PHC, Nere (RHTC) by department of Community Medicine on 10-06-2024.

Total references: 11

Total beneficiaries: 44

OBGY: 14 Referral: 11

Paediatrics: 1 Referral: 0

Psychiatry : 14 Referral: 0

Physiotherapy: 15 Referral: 0

No. Of faculty : 02

No. Of students : 08

No. Of Health Workers : 02



Checking for Fetal Heart Sounds



Antenatal Health Check-up at RHTC Nere



Paediatric Check-up at RHTC Nere



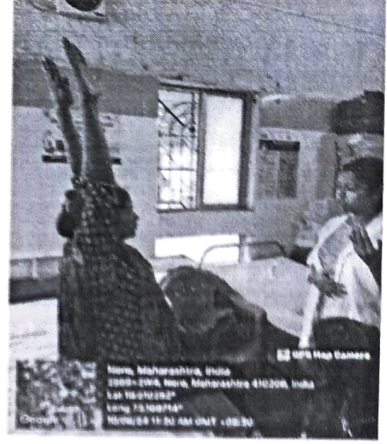
Psychiatry Check-up at RHTC Nere

PMSMA: ANC Camp at PHC Nere

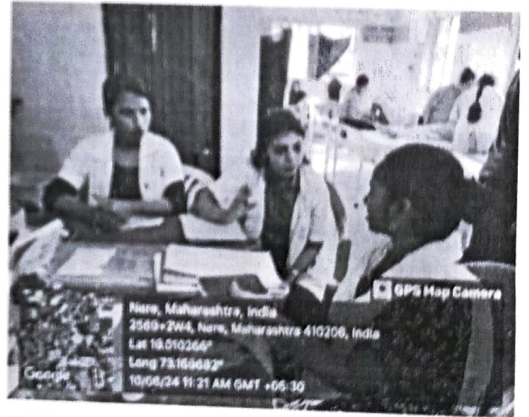
Date: 10/06/2024(Monday)

Attended by:

1. Dr. Monika Das (SR)
2. Mrs. Kanchan P. Bhagat (PHN)
3. Mr. Vikrant Dinkar (MSW)
4. Dr. Aditi V. Badhe (JR1 PSM)
5. Dr. Kunal Surve (MBBS Intern)
6. Dr. V. P. Pavitra Madhavan (MBBS Intern)
7. Dr. Pratap Thombare (MBBS Intern)
8. Dr. Gurjeev Vasani Singh (MBBS Intern)
9. Dr. Keyur Shah (MBBS Intern)
10. Dr. Varenayam Sharma (MBBS Intern)
11. Dr. Swarali Samant (MBBS Intern)
12. Dr. Aastha Shitut (MBBS Intern)
13. Dr. Kashmira Kadam (Tutor Dental)
14. Dr. Sejal Kale (BDS Intern)
15. Dr. Anushka Kadam (BDS Intern)
16. Ms. Mehreel Shojle (Optometrist)
17. Dr. Sanika Nagare (JR 1 OBGYN)
18. Dr. Isha Tawade (JR 1 Psychiatry)
19. Dr. Tanuja Barve (Psychiatry Intern)
20. Dr. Richika Singh (JR 1 Paediatrics)
21. Dr. Ramandeep Kaur (AP Physiotherapy)
22. Dr. Anam Khan (MPT 2)
23. Dr. Nidhi P (MPT 1)
24. Dr. Prema G. Kokare (BPT Intern)
25. Dr. Iata Kumavat (BPT Intern)
26. Ms. Saher Arif (Clinical nutritionist)
27. Ms. Yashaswi Meipane (Clinical nutritionist)



Physiotherapy Check-up at RHTC Nere



Clinical Nutrition Check-up at RHTC Nere



RHTC Team from Dept. Of Community Medicine at RHTC Nere for PMSMA Camp


Dr. Nisha Relwani

RHTC Incharge

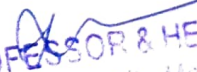
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RURAL HEALTH & TRAINING CENTRE
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PMSMA: ANC Camp at PHC Nere

Date: 09/07/2024 (Tuesday)

Antenatal Health Check-up was conducted at PHC, Nere (RHTC) by department of Community Medicine on 09-07-2024.

Total references: 3

Total beneficiaries: 56

OBGY: 20 Referral: 0

Paediatrics: 1 Referral: 0

Psychiatry : 17 Referral: 2

Physiotherapy: 17 Referral: 0

No. Of faculty : 01

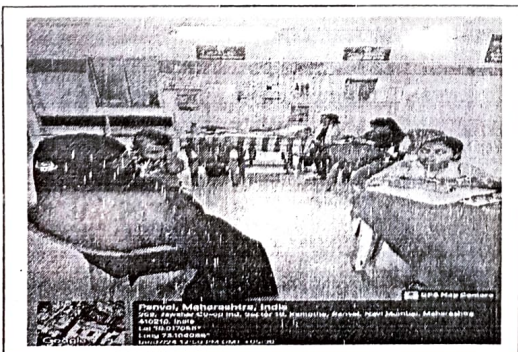
No. Of students : 12

No. Of health workers : 03

Rehal



Antenatal Health Check-up at RHTC Nere



Paediatric Check-up at RHTC Nere



Psychiatry Check-up at RHTC Nere



RURAL HEALTH & TRAINING CENTRE
Primary Health Centre, Nere
Department of Community Medicine,
MGM Medical College, Kamothe, Navi Mumbai

Attended by:

1. Dr. Nisha Relwani (RHTC Incharge)
2. Mrs. Kanchan Patil (PHN)
3. Dr. Danya Jawahar (JR1);
4. Dr. Tejal Doshi [MBBS intern]
5. Dr. Ishika Gipta [MBBS intern]
6. Dr. Divay Bishnoi [MBBS intern]
7. Dr. Achintya Gupta [MBBS intern]
8. Dr. Ananya Bhasin [MBBS intern]
9. Dr. Harsh Balani [MBBS intern]
10. Dr. Arjun asthana [MBBS intern]
11. Dr. Anurag Chalke [MBBS intern]
12. Dr. Sai Shikha [JR1 psychiatry]
13. Dr. Arushi Pandya [Jr1 OBGY]
14. Dr. Arpita [JR1 pediatrics]
15. Mrs. Vinita Naik [LT]
16. Mrs. Pooja Kadam [MSW]
17. Dr. Koyal Jadhav [physiotherapy]
18. Dr. Bhakti [intern physiotherapy]
19. Dr. Sanya [intern physiotherapy]
20. Dr. Ramandeep [faculty physiotherapy]
21. Dr. Mayuri [faculty physiotherapy]
22. Dr. Kawshik Movva [MBBS intern]

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Dept. of Community Medicine
M.G.M. Medical College,
Kamothe, Navi Mumbai-410209

Dr. Nisha Relwani
RHTC Incharge
Associate Professor
Dept. Of Community Medicine



RURAL HEALTH & TRAINING CENTRE
Primary Health Centre, Nere
Department of Community Medicine,
MGM Medical College, Kamothe, Navi Mumbai

PMSMA: ANC Camp at PHC Nere

Date: 09/08/2024 (Friday)

Antenatal Health Check-up was conducted at PHC, Nere (RHTC) by department of Community Medicine on 09-08-2024.

Total references: 15

Total beneficiaries: 25

OBGY: 21 Referral:12

Paediatrics: 4 Referral: 1

Psychiatry : 17 Referral: 2

Physiotherapy:18 Referral: 0

No. Of faculty : 01

No. Of students : 13

No. of Health Workers : 2



Antenatal Health Check-up at RHTC Nere



Paediatric Check-up at RHTC Nere



Psychiatry Check-up at RHTC Nere

Date: 09/08/2024(Friday)

Attended by:


1. Dr. Nisha Relwani (RHTC Incharge)
2. Mrs. Kanchan Patil (PHN)
3. Dr. Danya Jawahar (JR1 PSM)
4. Mrs. Pooja Kadam (MSW)
5. Dr. Sanika (OBGY JR1)
6. Dr. Sai Shikha (PSYCH JR1)
7. Dr. Richika (PAEDS JR1)
8. Dr. Tushna Darukhanawalla (MBBS Intern)
9. Dr. Ishleen Bindra (MBBS Intern)
10. Dr. Jheel Badala (MBBS Intern)
11. Dr. Rohan Agrawal (MBBS Intern)
12. Dr. Aishwarya Chiddarwar (MBBS Intern)
13. Dr. Pratham Gindodia (MBBS Intern)
14. Dr. Saahil Aroskar (MBBS Intern)
15. Dr. Rajasi Mankame (MBBS Intern)
16. Dr. Soham Satam (MBBS Intern)




Physiotherapy Check up at RHTC Nere



RHTC Team from Dept. Of Community Medicine at RHTC Nere for PMSMA Camp


Dr. Nisha Relwani
RHTC Incharge
Professor
Dept. Of Community Medicine


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Dept. of Community Medicine
M.G.M. Medical College,
Kamotho, Navi Mumbai-410209