

(Deemed University u/s 3 of UGC Act, 1956) Grade 'A++' Accredited by NAAC

# MGM NEW BOMBAY COLLEGE OF NURSING

5<sup>th</sup> Floor, MGM Educational Campus, Plot No. 1& 2, Sector-1 Kamothe, Navi Mumbai – 410 209.

Ref. No. MGM/NBCON/ADM/23A/03/2024

Date:03/03/2024

### **CIRCULAR**

All fourth year B.Sc. Nursing students, kindly attend "Women's Day" on  $07^{th}$  March 2024 as per the schedule below;

Date: 7th March 2024

Venue:- Dhamni, Nere, Raigad

Time:-11am-1pm

Signature of Organizer

Dr. (Mrs.) Prabha K. Dasila Professor & Director



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### MGM NEW BOMBAY COLLEGE OF NURSING

5th Floor, MGM Educational Campus, Plot No. 1& 2, Sector-1 Kamothe, Navi Mumbai - 410 209.

### Women's Day (Academic Year 2023-24) **Activity Plan**

Topic: Menstrual Hygiene

Venue: Dhamni, Nere, Raigad

Date: 07th March 2024

Time: 11am-1pm

Name of the Organizing Faculty:

Mrs. Snehal Lakade and Mrs. Preeti Banerjee

Name of the Organizer

4th year B.Sc nursing students

Beneficiaries

Community Women

#### Schedule of activities

S.No	Time	Activity
1	11am-1pm	1) Poster Presentation and Games

Signature of Organizer

Signature of Director



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# MGM NEW BOMBAY COLLEGE OF NURSING

5<sup>th</sup> Floor, MGM Educational Campus, Plot No. 1 & 2, Sector-1 Kamothe, Navi Mumbai – 410 209.

### Report Activity

Date-07/03/2024

Time-11am-1pm Duration: 2 hr.

Activity- Poster Presentation, Games

Venue: Dhamni, Nere, Raigad

Name of the Organizing Faculty: Mrs. Snehal Lakade. Mrs. Preeti Banerjee

Name of the Organizer: 4th year B.Sc nursing students

Beneficiaries: Womens

### Brief of the Women's Day Programme Report:

MGM New Bombay College of Nursing has observed Women's Day Programme on 07<sup>th</sup> March 2024. When the women of rural community (Dhamni) was encouraged to take part in various games and activities, which can boost their confidence. Activities for rejuvenation and boosting up their energy level include musical chair & poster making where the participants received prize from MD of subcentre.

Signature of Director

#### Annexure:

1. Photos: Yes

2. Attendance sheet: Yes

Signature of Organizer



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# MGM NEW BOMBAY COLLEGE OF NURSING

5<sup>th</sup> Floor, MGM Educational Campus, Plot No. 1 & 2, Sector-1 Kamothe, Navi Mumbai – 410 209.

# Women's Day Programme Report - 07/03/2024









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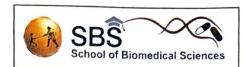
MGM NEW BOMBAY COLLEGE OF NURSING 5th Floor, MGM Educational Campus, Plot No. 1& 2, Sector-1 Kamothe, Navi Mumbai - 410 209.

Date: 7 03 2024 **Attendance Sheet** Name of the Programme: International Venue:

Sr.				
No.	Name	Class	PRN	Signature
į,	Maluika Nau	4th year BSc	12010300020	Mair.
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3.	Janua Poutel		1901030003	/m²
4.	Janvi Ann Thomas	4-MY&BSC	(2010300012	Jui-
5.	Kezíya Johnson	4th 47 BSC	12010300016	1 - 1
G.	Christel Shajen	4th yr Box	12010300006	1
7.	Willya Shaji	4thy4BSC	12010300006	Que
8.	Rinu Elizabeth Varrighese	4thy & BSC	12010300032	River
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11.	Tanvi K. Kadou	Atymbsc (N)	12010300114	Haday
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**Event Name: International Women's Day** 

Date & Time: 8th March, 2024

Location: MGM Campus, MGMIHS, Kamothe, Navi Mumbai

Sr. No.	Event Title & Venue Details	Program Coordinators (Team members name)	Total No. of Participants
1	International Women's Day	Dr. Mansee Thakur	120
- 1	Rally and Celebration, MGM	Dr. Himanshu Gupta	
1	Campus, MGMIHS, Navi	Dr. Priyanka Pareek	
	Mumbai	Dr. Neelam Yeram	
		Mrs. Poonam Patil	
		Ms. Rafiya Sangameshwari	
		Mrs. Tanika Charturvedi	









Director

MGM School of Biomedical Sciences MGM Institute of Health Sciences

Kamothe, Navi Mumbui- 110 209, India





#### Short event report

International Women's Day was celebrated on 8<sup>th</sup> March 2024, at MGM Campus, MGMIHS, Navi Mumbai where all the women from various colleges of MGMIHS, Navi Mumbai came together and walked in a rally representing the enthusiasm and power of women in different areas. This event was highly supported and appreciated by all the dignitaries of the institute along with Dr. Sudhir Kadam, Hon'ble Vice Chancellor, MGMIHS, Navi Mumbai.

Report Prepared by: Dr. Neelam Yeram, Assistant Professor and NSS P.O., MGM SBS, Navi Mumbai

Director

MGM School of Biomedical Sciences
MGM Institute of Health Sciences
Kamothe, Navi Mumbai- 410 209. India



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Sector-1, Kamothe, Navi Mumbai – 410209

#### **International Women's Day Celebration 2024**

Date: 08/03/2024

**Preamble** : Women's Day is celebrated on 08<sup>th</sup> March every year. It is a global day honoring

the social, economic, cultural, and political achievements of women. At MGM School of Physiotherapy in Navi Mumbai, we celebrate this day to honor women

and raise awareness about health related issues.

**Objective** : To educate and bring awareness about the Cervical Cancer and Breast Cancer

**Event** : International Women's Day

**Time and Date** : 08<sup>th</sup> March 2024,10:00 am-1:00pm

Organized by : NSS Unit of MGM School of Physiotherapy, Navi Mumbai

Participants : 08 female house-keeping staff MGM School of Physiotherapy and MGM

Institute's Department of Prosthetics and Orthotics, Navi Mumbai

**Event Coordinator**: Dr. Neha Padia (PT), Dr. Gargi Mishra (PT)

Venue : Kinesiotherapy Lab, MGM School of Physiotherapy, Navi Mumbai

Values inculcated : • Education: Provide valuable information and resources that equip

individuals with knowledge about cancer risks and health practices.

• Empowerment: Encourage women to take charge of their health through

education and informed decision-making.

• Awareness: Raise awareness about the importance of early detection,

prevention, and treatment options for cervical and breast cancer.

Summary: On the occasion of Women's Day, the NSS Unit of MGM School of

Physiotherapy in Navi Mumbai organized an event to raise awareness and educate women about breast cancer and cervical cancer. Participants learned how to assess these conditions and were informed about the symptoms, causes, and risk factors

associated with them.

**Feedback**: The seminar was refreshing, insightful and very educational, and interacting.



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Sector-1, Kamothe, Navi Mumbai – 410209

#### Pictures of International Women's Day Celebration 2024





Figure 1. NSS volunteers, Semester V BPT students educating housekeeping staffs of MGM about cervical cancer and breast cancer

Madia

Dr. Neha Padia (PT) NSS Assistant Program Officer MGM School of Physiotherapy, Navi Mumbai

Dr. Bela Agarwal IQAC coordinator MGM School of Physiotherapy, Navi Mumbai

Kamethe Navi

Dr. Gargi Mishra (PT) NSS Program Officer MGM School of Physiotherapy, Navi Mumbai

Dr. Rajani Mullerpatan Professor- Director MGM School of Physiotherapy, Navi Mumbai

Professor - Director
MGM School of Physiotherapy
MGMIHS, Navi Mumbai



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Sector-1, Kamothe, Navi Mumbai – 410209



Mahatma Gandhi Mission's

MEDICAL COLLEGE

Plot No. 1 & 2, Sector - 1, Kamothe, Navi Mumbai - 410 209. Ph: (022) 27437992, 27437900 E-mail: mgmmcnb@gmail.com, Web: www.mgmuhs.com

DEPARTMENT	OF COMMUNITY MEDI	CINE
CM/OUT/2024/3/247	2	Date: 29/3/24.
То		
Dean,		
MGM Medical College,		
Kamothe, Navi Mumbai		
Respected Sir,  With reference to above subject, pleady Mark 24  The document has been prepared by	se find enclosed the	of of working
Submitted for your information and n	ecessary action,	
cc: 1. Deft Late 2. 3.	M C NED	Dr. Prasad Waingankar Professor & Head PROFESSOR & HEAD Dept. of Community Medicine M.G.M. Medical College, Kamothe, Navi Mumbai-41020
	DAIL 01/04/2024	9

SIGN: Pun

# INTERNATIONAL WOMEN'S DAY CELEBRATION 2024

#### INTERNATIONAL WOMENS DAY CELEBRATION

Venue: 2nd Floor, Seminar Hall, MGM Hospital Kamothe

Date: March 8th, 2024

#### Audience:

The event brought together 370 attendees, including teaching and non-teaching staff from MGM Hospital Kamothe, students from MGM New Bombay College of Nursing, and prominent women leaders from the hospital.

#### Introduction

International Women's Day (IWD), celebrated annually on March 8th, is a global day recognizing the social, economic, cultural, and political achievements of women. It also serves as a call to action for accelerating gender equality, particularly regarding economic empowerment. This year's campaign theme, "Inspire Inclusion," underscores the importance of diversity and empowerment across all sectors of society.

#### IWD is a crucial day for:

- · Celebrating women's achievements
- Raising awareness and educating about women's equality
- · Advocating for positive change that advances women's rights
- Lobbying for faster progress toward gender parity
- Fundraising for charities focused on women's issues

#### Theme

The United Nations theme for IWD 2024 is "Invest in Women, Accelerate Progress." Building on this theme, the local campaign at MGM Hospital Kamothe adopted the slogan "#Inspire Inclusion." This slogan emphasizes that when we inspire others to value and understand women's inclusion, we create a better world. Feeling a sense of belonging, relevance, and empowerment comes from both inspiring others and being inspired to be included.

The goal of the IWD 2024 #InspireInclusion campaign is to work together to build a more inclusive world for women. We can all play a part by challenging gender stereotypes, calling out discrimination, highlighting bias, and actively seeking inclusion. Collective action is what drives change. From local initiatives to large-scale movements, we can all #InspireInclusion.



#### **Course of Events**

The event celebrated the strength, resilience, and achievements of women, aiming to create a world where every woman can thrive. The program included the following:

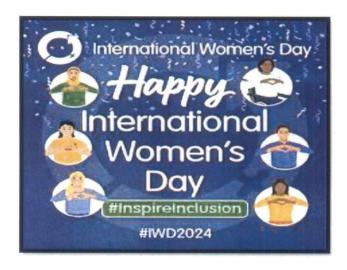
- Welcome Address: Dr. R. Ponchitra, Professor & Dy. Director Nursing, MGM Hospital, Kamothe, Navi Mumbai
- **Keynote Address:** "Invest in Women: Accelerate Progress" by Guest Speaker Dr. Ashwini Arte, Director, MGM Institute of Management Studies & Research, Kamothe, Navi Mumbai
- Address by: (Lt. Gen) Dr. K.R. Salgotra, Hospital Director, MGM Hospital Kamothe, Navi Mumbai
- Address by Chief Guest: Dr. S.N. Kadam, Medical Director, MGM Hospital, Kamothe, Navi Mumbai
- **Speech:** Dr. (Maj) Ashlesha Tawde spoke about the impact of Mahatma Jyotirao Phule on women's empowerment, followed by an interactive discussion with the audience.
- Motivational Speech: Prominent women leaders of MGM Hospital Kamothe delivered inspiring messages.
- Quiz: An engaging quiz tested knowledge about the foundation of the MJPJAY scheme in MGM Hospital Kamothe, its beneficiaries, and its significance in the healthcare sector, with an informative discussion following.

#### **Cultural Events**

The program also featured vibrant cultural performances:

- Group Dance by the students of MGM New Bombay College of Nursing
- Mime by the students of MGM New Bombay College of Nursing
- Dance by the staff of MGM Hospital Kamothe

This event at MGM Hospital Kamothe successfully celebrated International Women's Day and highlighted the importance of creating a more inclusive and empowered future for all women.





#### Smt. Savitribai Phule's role in Women Empowerment:

Savitri Bai Phule is considered one of the foremost pioneers of the feminist movement in India. She was illiterate at the time of marriage and was educated by her husband at home along with working at their farm. She later enrolled herself in teacher training programmes and after completion of her training Savitri Bai became first Indian female teacher and headmistress.

Savitri Bai started the first ever school for girls in the country in 1848 at Bhide Wada, Pune. By 1851 Savitri Bai Phule had set up 3 schools and was a teacher of 150 students. Together with her husband, she had opened 18 schools in the country. She and her husband set up schools for Dalits and depressed caste women as well. The Phule couple encouraged women to attend school by offering them a stipend.



Smt. Savitribai Phule

AATande 29/3/24 May Dr. Ashleshar Tande

Den Sm Frankly

PROFESSOR & HEAD Dept. of Community Medicine M.G.M. Medical College, Kamothe, Navi Mumbai-410209

### PHOTOGRAPHS FROM THE EVENT



















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MGM Medical College, Vashi, Navi Mumbai Sector-30, Vashi, Navi Mumbai - 400703

### Department of Community Medicine

MGM/MCV/CM/ 18 /2024

Date: 28.02.2024

To, The Dean, MGM Medical College, Vashi, Navi Mumbai 400 703

Subject:- Sanction of Rs.5000/-for observation of International Women's Day 2024 at RHTC Koproli.

Respected Madam,

MGM Medical College, Vashi has signed MOU with PHC, Koproli, Dist. Raigad on 25<sup>th</sup> Oct. 2023 and inaugurated RHTC Koproli on 16<sup>th</sup> Dec 2023.

The ASHA worker of RHTC Koproli accompanies students of MGM Medical College to the community and help to identify families and to introduce students to them.

The Department of Community Medicine of MGM College Vashi has planned observation of International World Women's Day 2024 at RHTC Koproli on 07th March 2024 during which Asha Workers, ANM and the Supervisors HealthCheckups will be done by Specialist from MGM Medical College Vashi.

Women Doctors and Women HealthCare workers of MGM Medical College Vashi and RHTC will be felicitated on occasion of International Womens Day.

This will be followed by health talk by the *Community Medicine* faculties for Health Care Worker \*\*Asha workers.

For conducting the above sessions funds will be required for arranging refreshment, banners& souvenir gift etc.

Requesting you to the sanction Rs. 5000/- for International Women's Day programme 2024 at RHTC Koproli.

Submitted for sanction please.

Yours Sincerely,

Dr. Balkrishan Of ESOR & HEAD Prof. & Head ment of Community Medicing Department of Community Medicing.

Vashi, Navi Mumbai

Inward No. 187 Oate: -06/03/2024 6/3/24

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#### **REPORT**

### Observation of International Women's Day on 7th March 2024

On occasion of International Women's Day, Department of Community Medicine has organized a speciality health camp for ASHA workers and women of Koproli at RHTC Koproli. Different specialties like Gen. Medicine, OBGY, Pediatric, ENT, Ophthalmology, Dermatology and Psychiatry Departments were present.

Dr. Sulbha Akarte, Dean MGM Medical College Vashi, Navi Mumbai has inaugurated the event. Felicitation of all the ASHA workers, ANM and other female staff of RHTC Koproli was done by the respected Dean Madam and Dr. Rajendra Itkare, THO, Tal. Uran.

Dean Madam has shared her valuable insight regarding the contribution of women in progress of country and importance of health of women. ANM Mrs Supriya Wadkar of the RHTC and Mahila bachat gat incharge Mrs Hemlata Patil also shared their thoughts regarding importance of involvement of women in healthcare system. ASHA workers are first contact between community and health care system. They should be healthy then only they can contribute in making a community healthy and progressive. Following felicitation all the participants were served snacks. In Camp, 100-120 ASHA workers and women of Koproli were examined. Their diagnostic and screening tests like PAP smear were also conducted.















MGM Medical College, Vashi, Navi Mumbai Sector-30, Vashi, Navi Mumbai - 400703

### DEPARTMENT OF COMMUNITY MEDICINE

To,

All Staff / Class representative 1st MBBS Students, MGM Medical College, Vashi.

Department of Community Medicine, MGM Medical College, Vashi is going to observe World Health Day 2024, on 8<sup>th</sup> April 2024 at 3:30 pm at Lecture Hall- 1.

On occasion of World Health Day 2024 we have planned Essay Writing Competition and Poster Making Competition for the staff and students of 1<sup>st</sup> MBBS, MGM Medical College

All those who are going to participate are requested to submit their essay and the poster to the Department of Community Medicine on or before 3<sup>rd</sup> April 2024 to Dr. Uzma Shaikh Assistant Professor, Community Medicine (9096690066). The competitions planned as as

- 1) Essay Competition
- 2) Poster Competition

The Theme for WHO Day 2024 is

"MY HEALTH, MY RIGHT".

For each of the above activity three Winners will be selected and prizes will be given as  $1^{st}$ ,  $2^{nd}$  and  $3^{rd}$  with certificates.

All Staff and students are requested to participate in the competition in large numbers and make this World Health Day a great success and help in spreading awareness about

"MY HEALTH, MY RIGHT".

Note: Essay should not be more than 300 words. It should be in English. Posters size 36x48 inches.

Dr Balkrishna Adsul 22/03/2024

Professor and Head

**Department of Community Medicine** 

MGM Medical College, Vashi,

Navi Mumbai.

PROFESSOR & HEAD
Department of Community Medicine
MIGM Medical College,
Vashi, Navi Mumbai

#### **REPORT**

# World Health Day observation at R.H.T.C KOPROLI "My Health My Right"

On Occasion of World Health Day 2024, Department of Community Medicine has organized Rangoli Competition at R.H.T.C Koproli, Uran.

RHTC MO Dr .Sunidhi Prasad and Dr. Swati Adelkar had explained the ASHA workers about

World Health Day theme and accordingly to draw Rangoli on the given theme "MY HEALTH MY RIGHT".

8 ASHA Workers participated in Rangoli Competition. The Rangoli winners were selected by a panel consisting of Dr Anjali Otiv Professor and Head Department of Peadritics. Dr Uzma Shaikh Assistant Professor, Department of Community Medicine, Dr Sunidhi Prasad Medical Officer in charge RHTC Koproli and Dr Swati Adelkar, MO RHTC Koproli.

The Winners for the Rangoli Competition were selected as First, Second and Third. The program for felicitation and prize distribution started with Saraswati Vandana by Pinki Maharana Lab Technician Department of Community Medicine and was followed by Welcome speech by

Dr Balkrishna Adsul, Professor & Head Department of Community Medicine.

Dr Balkrishna Adsul invited Dr Anjali Otiv, Dr Raghuvanshi, Professor in Department of Pathology, Dr Sanjiv Kamble Assistant Professor Department of Community Medicine Dr Keny Kiran Assistant Professor Department of Community Medicine, Dr Sunidhi Prasad MO I/c RHTC Koproli Uran and Dr Swati Adelkar MO RHTC Koproli Uran, and lady health worker Savarkar to speak on occasion of the World Health Day 2024.

The selection panel of 4 Doctors selected 3 Rangoli for prize distribution. Third prize was given to Mrs Mahanada Thakur & Mrs Prachi Chormale by Dr. Sunidhi Prasad and Dr Anjali Otiv, Second prize was given to Mrs Malti Patil and Ashwini Koli by Dr Sudhir Raghuvanshi and

Dr Balkrishna Adsul & Third prize was given to Mrs Vaishali Mhatre & Mrs Palak Patil by

Dr Sudhir Raghuvanshi and Dr Sanjiv Kamble. The winners were given cash prize

and certificates. All the Participants were given participation certificates.

Dr Sudhir Raghuvanshi briefed the gathering about the importance of World Health Day and also congratulated the winners and appreciated the work done by the ASHA workers. Dr Anjali also appreciated and remarked that the ASHA workers are very well trained with the latest knowledge about precautions to be taken during the delivery, PNC & ANC.







Rangoli competition and WHO Day celebration was concluded by Thanks giving by







Dr Balkrishna Adsul to all the

PHC staff specially THO and Medical Officers of PHC, staff of Medicine, Pediatrics, Opthalmology, Dermatology and Orthopaedics Department for attending the camp. And thanked Dr Sudhir Raghuvanshi for being actively involved in the program.

#### ANNEXURE I

# World Health Day observation at MGM Medical College, Vashi "My Health My Right"

On occasion of World Health Day 2024, Department of Community Medicine has observed World Health Day on 8<sup>th</sup> April at MGM Medical Collrge, Vashi and on 18<sup>th</sup> April at RHTC Koproli. World Health Day observation activity was held on 8<sup>th</sup> April 2024 with prize distribution ceremony.

Event was started with the Prayer and welcome of chief guest Hon. Dr. Vijay Kadam Medical Director MGM MC Vashi and guest of honour Dr. Sulabha Akarte, Dean, MGM MC Vashi.

Dr. Balkrishna Adsul, Head & Professor, Community Medicine gave brief introduction of this year's World Health Day theme, "My health My right", and importance of celebration of World Health Day every year and its impact on the population.

Guest of honour Dr. Sulabha Akarte briefed about why everyone should take part and contribute in observation of World Health Day and what we all can do to make everyone aware about the theme in its application.

Department of Community Medicine has organised an Essay writing and poster making competition for 1<sup>st</sup> year MBBS students and all staff of MGM Medical College, Vashi. Total 20 participants were there in both the competitions. The winner of the essay completion were selected by a panel of Dr. Balkrishna Adsul, Dr. Uzma Shaikh and Dr. Kiran Keny. Winners of poster competition were selected by a panel consisting of Dr. Sanjive Kamble, Dr. Uzma Shaikh and Dr. Kiran Keny.

The Winners for both the Competitions were selected for First, Second and Third position. In student's category for Essay writing Mr. Bhavik Patil, Ms Jameela Bhamal and Mr. Vivek Gajra got 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> Prize respectively. In poster competition, Ms Jameela Bhamal and Mr Krutarth Mhatre got 1<sup>st</sup> and 2<sup>nd</sup> Prize respectively.

In Staff category Ms Ritu Sah and Ms Anusha C (Tutor, Microbiology Department), Mr. Tushar Chavan (Lab Technician in Radiology Department) Mrs Ruchira Chavan (Lab Technician, Forensic Medicine Department) and Dr. Jyoti Yadav and Dr. Bhushan Chaudhry (Assistant professor, Ophthalmology Department) respectively. Certificate of participation were given to all the participants of the competition. Prizes were given by Hon Medical Director and Dean Madam.

After prize distribution chief guest of the event Dr. Vijay Kadam gave speech on the

importance of taking part in such activities and congratulated all the winners and participants.

Event ended by valedictory speech and vote of thanks by Dr.Kiran Keny which was followed by high tea.

#### **Prize Distribution:**



















Dr. Uzma Shaikh Assistant Professor Department of Community Medicine Dr. Kiran Keny Assistant Professor Department of Community Medicine

Dr. Balkrishna Adsul Professor & Head, Department of Community Medicine

PROFESSOR & HEAD
Department of Community Medicine
MGM Medical College,
Vashi, Navi Mumbai

# ANNEXURE II World Health Day observation at R.H.T.C KOPROLI "My Health My Right"

On Occasion of World Health Day 2024, Department of Community Medicine has organised Rangoli Competition at R.H.T.C Koproli, Uran.

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Rangoli competition and WHO Day celebration was concluded by Thanks giving by Dr Balkrishna Adsul to all the PHC staff specially THO and Medical Officers of PHC, staff of Medicine, Pediatrics, Opthalmology, Dermatology and Orthopaedics Department for attending the camp. And thanked Dr Sudhir Raghuvanshi for being actively involved in the program.

# Welcome of Guests and MOs:

### **Prize Distribution:**











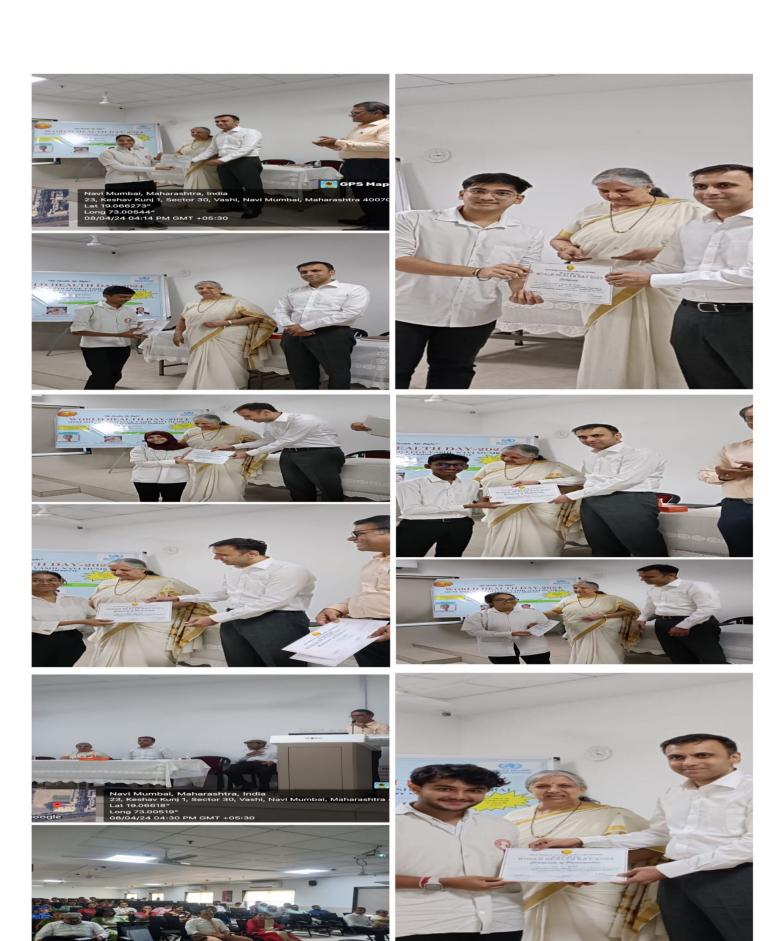


Dr. Uzma Shaikh Assistant Professor Department of Community Medicine Dr. Kiran Keny Assistant Professor Department of Community Medicine

Dr. Balkrishna Adsul Professor & Head,

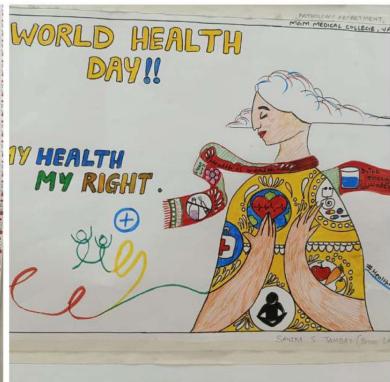
Department of Community Medicine

PROFESSOR & HEAD
Department of Community Medicine
MGM Medical College,
Vashii, Navi Mumbai



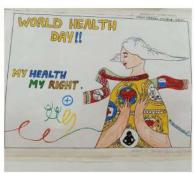
PRIZE DISTRIBUTION FOR ESSAY & POSTER COMPETITION ON OCCASION OF WORLD HEALTH DAY 2024





















MGM/MCV/CM/92\_/2024

Date: 05.06.2024

e

To, The Dean, MGM Medical College, Vashi, Navi Mumbai 400 703

Subject: Permission for starting Internship Training Programme of FMG Interns from 5th June, 2024.

Respected Madam,

As per above mentioned subject Department of Community Medicine has received list of 8 FMG Interns on 4<sup>th</sup> June, 2024.

All FMG Interns has reported on 4th June, 2024 at 3:30 PM to the Department of Community Medicine.

Requesting to your permission to start Internship Training Programme of FMG Interns from 5<sup>th</sup> June, 2024 as per the FMG Interns guidelines of National Medical Council.

Thanking You,

Dr. Balkrishna Adsul,

Prof.& Head,

Department of Community Medicine,

MGM Medical College, Vashi, Navi Mumbai.

PROFESSOR & HEAD
Department of Community Medicine
MGM N.e.dical College,
Vashi, Navi Mumbai

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Thou.

### **ORIENTATION of FMG interns at RHTC Koproli**

FMG interns were oriented about location and working pattern of RHTC Koproli and UHTC Turbhe















### MGM Medical College, Vashi, Navi Mumbai

Sector-30, Vashi, Navi Mumbai – 400703

Department of Community Medicine

MGM/MCV/CM/99/2024

Date: 10.07.2024

To, The Dean MGM Medical College, Vashi, Navi Mumbai 400 703

Subject - Observation of World Population Day 2024, at RHTC Koproli, on 11th July 2024.

Respected Madam,

The Department of Community Medicine of MGM Medical College, Vashi has planned to observe World Population Day 2024 at RHTC Koproli on 11th July 2024 along with Various Faculties of MGM Medical College, Vashi.

It is proposed to carry out various activities on this day like,

- Multi-Speciality Health Check-up Camp.
- Role play by FMG interns, Asha workers and Department of Community Medicine.
- Health Education sessions for the community by Asha workers.
   This is for your information, please allow to conduct the activity.

Thanks and Regards,

Professor and Head,

IRROFESSOR Middle And dicine, Description and all Grands Walfilms MGM Modical College.

Vashi, Navi Mumbai

CC to -

Medical Director,

MGM Medical College, Vashi

DEAN

MGM MEDICAL COLLEGE VASHI, NAVI MUMBAI -400705

INWARD NO: 752

DATE - 101712024

SIGN:- Wyrow

# World Population Day 2024 Observation at RHTC Koproli and MGM Medical College, Vashi

Department of Community Medicine, MGM Medical College Vashi, observed World Population Day 2024 activity at RHTC Koproli and MGM Medical College, Vashi on 11th July 2024 at 11:30am and 3: 30 pm respectively. A speciality medical camp was conducted along with doctors of MGM Medical College, Vashi.

On occasion of World Population Day a role play activity was performed by FMG interns, Dr. Utkarsh, Dr. Vaishnavi, Dr. Sudha, Dr. Arti, Dr. Alfiya, Dr. Shruti & Dr. Pooja, under the guidance of Dr. Uzma Shaikh, Assistant Professor, Dept. of Community Medicine.

ASHA Workers, patients and staff of RHTC Koproli were present in the audience.

Importance of observing World population day, benefits of small family, contraceptive methods and also right age of marriage and spacing between two children were addressed by the interns. Role play was appreciated by all the audience. MO RHTC remarked that such activities should be carried out on regular basis.

World Population Day 2024 was also observed at MGM Medical College, Vashi at 3:30 pm. Role play was performed by FMG interns and the activity was chaired by Dr. Sulabha Akarte, Dean MGM Medical College, Vashi, Dr Raghuvanshi, Professor Dept. of Pathology, Dr. Anjali Otiv, Professor & Head Dept. of Pediactric, Dr. Sandhya Gujar, Professor & Head, Dept. of Anesthesia, Dr. Balkrishna Adsul, Professor & Head, Dept. Of Community Medicine, Dr. Sanjiv Kamble, Asst Professor, Dept of Community Medicine.

Dr. Kiran Keny, Assistant Professor, Dept. of Community Medicine introduced the concept of role play. All teaching staff, non -teaching staff and housekeeping staff of MGM Medical College, Vashi were present.

Dr Sulabha Akarte appreciated the role play team and gave important inputs about World Population Day and also stressed on addressing problem of infertility in community.

Dr. Balkrishna Adsul summarized the session and concluded the activity by giving vote of thanks to Dr. Sulabha Akarte, all HODs and all the audience.

#### • Role play Activity at RHTC Koproli









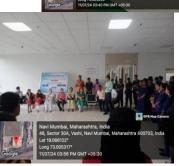




#### • Role play Activity at MGM Medical College Vashi











#### ANNEXURE II

# Orientation & sensitization of ASHA workers about Breast feeding week

Orientation and briefing about the observation of Breast feeding week conducted for health care workers and ASHA workers of RHTC koproli by teaching faculty of Community Medicine MGM Medical College, Vashi and faculty of Department of clinical nutrition MGM School of biomedical sciences.

Navi Mumbai. Which was attended by 25 ASHA workers and 4 supervisors of RHTC Koproli.

World breast feeding week 2024 will be observed on 8<sup>th</sup> August 2024 at RHTC Koproli by Department of Community Medicine and Department of Paediatrics MGM Medical College Vashi and Department of clinical nutrition MGM School of biomedical sciences Navi Mumbai









MGM Medical College, Vashi, Navi Mumbai Sector-30, Vashi, Navi Mumbai - 400703 Department of Community Medicine

MGM/MC-Vashi/CM/ 107 / 2024

Date: - 30/07/2024

To, The Dean, MGM Medical College, Vashi, Navi Mumbai.

> Subject: Permission to observe World Organ Donation Day 2024 at Primary Health Centre Koproli Taluka-Uran.

espected Madam,

Department of Community Medicine, MGM Medical College, and Primary Health Centre Koproli, Taluka- Uran is going to observe World Organ Donation Day 2024 at Primary Health Centre Koproli Taluka-Uran on 1th August 2024.

Requesting for your permission to conduct World Organ Donation Day.

Thank You,

Dr. Sanjiv Kamble, Assistant Professor,

Community Medicine.

MGM Medical College, Vashi.

Dr. Balkrishna Adsul,

Professor & Head, Community Medicine.

MGM Medical College

PROFESSOR & HEAD

Department of Community Medicine MGM Medical College,

Vashi, Navi Mumbai

Taluka Medical Officer, Uran. Medical Officer, PHC, Koproli.

# World Organ Donation Day 2024 Observation at RHTC Koproli

Department of Community Medicine, MGM Medical College Vashi, observed World Organ Donation Day 2024 activity at RHTC Koproli on 1<sup>st</sup> August 2024 at 11am. A speciality medical camp was conducted along with doctors of MGM Medical College, Vashi.

On occasion of World Organ Donation Day a role play activity was performed by FMG interns and lab tecnician, Dr. Utkarsh, Dr. Vaishnavi, Dr. Sudha, Dr. Arti, Dr. Alfiya, Dr. Shruti, Dr. Pooja and Pinki Maharana, under the guidance of Dr. Sanjiv Kamble Assistant Professor Community Medicine, Dr Uzma Shaikh Assistant Professor Community Medicine, Dr. Kiran Jagtap Assistant Professor Community Medicine and Mr. Anand Sawate CDO. ASHA Workers, patients and staff of RHTC Koproli were present in the audience.

World Organ Donation Day was observed to create awareness and to sensitize regarding organ donation. Role play was based on the fact that people have many misconception regarding organ donation. This role play was performed to overcome misconception and misinformation about organ donation. A message was given that by organ donation one person can save 8-9 persons life. Role play was appreciated by all the audience. MO RHTC remarked that such activities should be carried out on regular basis.



















(KA)

MGM Medical College, Vashi, Navi Mumbai Sector-30, Vashi, Navi Mumbai - 400703 Department of Community Medicine

MGM/MC-Vashi/CM/World Breastfeeding Week/109 / 2024

Date: - 05/08/2024

To, The Medical Director, MGM Medical College, Vashi, Navi Mumbai - 400 703

Subject: Permission to observe World Breastfeeding Week 2024 at Primary Health Centre Koproli Taluka-Uran and request to grace the occasion as the chief guest of World Breastfeeding Week 2024 at Primary Health Centre Koproli .

Respected Sir,

With respect to above subject, Department of Community Medicine, MGM Medical College, Vashi, Department of Clinical Nutrition, MGM School of Biomedical Sciences, Navi Mumbai and Primary Health Centre Koproli, Taluka- Uran is going to observe World Breastfeeding Week 2024 on 8th August 2024.

On World Breastfeeding Week participants will be all health care workers, ASHA workers, pregnant mothers, lactating mothers and mother-in-laws. Hands on training on breastfeeding technique will be given by lactation educator and nutrition education (Poshan Gyan) demonstration of nutritional recipes will be given for pregnant mothers and lactating mothers.

Requesting for your permission to conduct World Breastfeeding Week and to grace the occasion as the chief guest.

Thank You,

Dr.Sanjiv Kamble, Assistant Professor, Community Medicine.

MGM Medical College, Vashi.

Dr. Balkrishna Adsul,

Professor & Head,

Community Medicine.

MGM Medical College , Vashi.

PROFESSOR & HEAD

Department of Community Medicine

MGM Medical College.

Vashi, Navi Mumbai

#### **World Breastfeeding Week 2024 observation at RHTC**

On occasion of World Breastfeeding Week 2024 Department of Community Medicine, MGM Medical College Vashi, and Department of Clinical Nutrition, MGM School of Biomedical Sciences, Kamothe organized a hands on training on breastfeeding techniques and demonstration of nutritional recipes for pregnant and lactating mothers. A nutritional diet recipe competition was also organized for ASHA workers. A speciality health camp was conducted along with doctors of MGM Medical College, Vashi.

The program was started with welcoming of guests, Dr. Rajendra Itkare Taluka Health Officer Uran, Dr. Priyanka Parekh Professor and Head Department of Clinical Nutrition, MGM School of Biomedical Sciences, Ms. Shilpi Malhotra Lactation Educator. Dr. Balkrishna Adsul felicitated Dr. Rajendra Itkare and Dr. Surendra Lele, Asso. Prof. ENT Department. Dr. Swati Medical officer RHTC felicitated Dr. Priyanka Parekh and Ms. Shilpi Malhotra. Dr. Balkrishna Adsul welcomed all the ASHA workers, Mothers and mother-in-laws and briefed the gathering about how essential is mothers milk for the babies.

Dr. Rajendra Itkare addressed ASHA workers, pregnant and lactating mothers and mother-in-laws about importance of breastfeeding and nutrition. Dr. Priyanka Parekh briefed about necessary nutrition for pregnant and lactating mothers. Students of MSc. Clinical Nutrition demonstrated recipes of nutritious cooked food like Thalipeeth, flexseed laddoo and chana salad etc. to pregnant and lactating mothers. Following which Ms. Shilpi Malhotra gave hands on training on breastfeeding techniques and importance of breast milk for babies to develop their immunity.

ASHA workers from 8 sub-centres participated in the competition.

The winners were selected by a panel consisting of Dr. Rajendra Itkare, Dr. Surendra Lele, Dr. Jagruti Dang Senior Resident Department of General Surgery MGM Medical College, Vashi.

Third prize was given to sub centre Chirner, Chanje and Veshvi, Second prize was given to sub centre Vindhane, Jaskhar and Jasai. First prize was given to sub centre Gharapuri and Navghar. Appreciation certificates were given to all the participants.

Certificate of appreciation was handed to Ms. Shilpi Malhotra and supervisors of ASHA workers too and events was ended with vote of thanks by Dr. Balkrishna Adsul.

#### • Welcoming the guests











• Dr. Priyanka Parekh and Ms. Shilpi Malhotra addressing the audience







#### • Prize distribution











#### • Certificate for participation











## MGM Institute of Health Sciences

(Deemed University u/s 3 of UGC Act, 1956) Grade 'A+++' Accredited by NAAC

# MGM School of Physiotherapy

N-6 CIDCO, Chh. Sambhajinagar-431003 Tel No. 0240-6482000, (Ext. 2912/2913), E-mail: mgmson@themgmgroup.com

Ref.No. MGM/SOP/ NOTICE /2024/ 67

Date: 10/03/2024

## NOTICE

This is to inform all the students and faculties that on the occasion of International Women's Day a guest lecture on the topic Inspire Inclusion: Unleashing your best self is organized.

It is mandatory for everyone to attend.

Timing-2.30 pm - 4.00 pm

Venue: Dyotan hall

MGM School of Physiotheran (hh. Sambhajinagar





2

3

5

#### MCM's SCHOOL OF PHYSIOTHERAPY AURANGARAD

Doc No.	SOF/MGM/GLM/62
No.	1
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Date	11/03/2024
Page	Page 1 of 2

No Points for Report

1 Name of the Event Triunational women's Day 2014

Background/Introduction. A great return was arganised quest: her Gayati Eardad.

Venne- Dyttak Hall . NGM , Cht. Samblej aga.

Number of Participants: II sen 697 - 92 students

I sen 697 - 65 students

foculties

Highlights of the Event -

cayatri Rardad man conducted a just letture, she inspired all the meaner of tradeals regarding how to create positivity around us of how to be enfuse.

Report Prepared by-

D. Levels thedekar Asst. Professor M4M50P

Organizers Organizers

Contrajnatal

Director

Director

MGM School of Physiothera:
Chin. Semichallinagar



## MGM SCHOOL OF PHYSIOTHERAPY

**AURANGABAD** 







## MGM SCHOOL OF PHYSIOTHERAPY

N-6, CIDCO, Aurangabad – 431003 A Constituent Unit of MGMIHS, Navi Mumbai



## **IQAC INITIATIVE**

For Celebrating Womanhood on the occasion of

# International Women's Day 2024

Gender Sensitization cell in collaboration with SAKSHAMA organizes Guest Lacture on the theme

## "INSPIRE INCLUSION"

Inspire Forward
Unleashing Your Best Self

Resource Person

Gayatri Randad

De-addiction Project Director

11<sup>th</sup> March 2024

Time: 2:30 PM - 4:00 PM

Venue: Dyotan Hall

Mrs. Prerana Dalvi

Administrative Officer
MGM SCHOOL OF PHYSIOTHERAPY

Dr. Rinkle Malani
Director
MGM SCHOOL OF PHYSIOTHERAPY

Co-ordinator : Dr. Rudalee Husale 9370262985 | Dr. Renuka Khedekar 8956595979

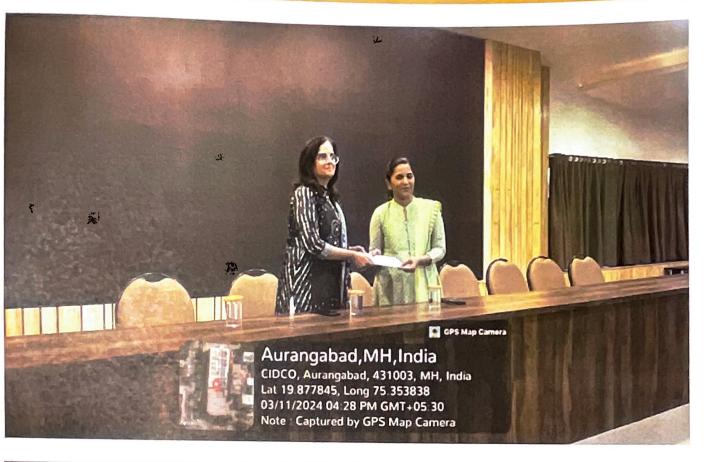


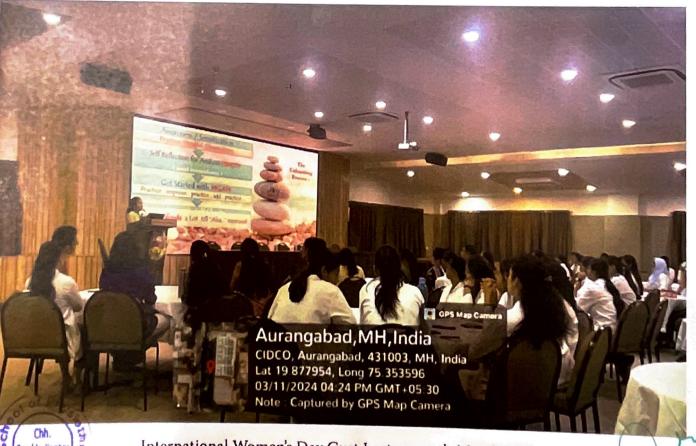
MGM School of Physlotherapy



# MGM SCHOOL OF PHYSIOTHERAPY

**AURANGABAD** 





International Women's Day Gust Lecture 11th March 2024

riGM School of Physiotherapy



## MGM INSTITUTE'S UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS (A constituent unit of MGM INSTITUTE OF HEALTH SCIENCES, NAVI MUMBAI)

(Deemed to be University u/s 3 of UGC Act, 1956)

Grade 'A++' Accredited by NAAC

Sector-1, Kamothe, Navi Mumbai-410 209 | Tel.: 022-27437829, 27437620

Email: mgmudpo@mgmuhs.com | Website: www.mgmudpo.edu.in

## CIRCULAR

Date: 06th March, 2024

# CELEBRATION OF INTERNATIONAL WOMEN'S DAY-2024 AT MGMIUDPO

Agenda: To create awareness about respecting the Women in the Society.

This is to inform all the students and faculties that, MGM Institute's University Department of Prosthetics & Orthotics is celebrating International Women's Day-2024 under NSS Unit of MGMIUDPO in association with New Bombay College of Nursing, Kamothe on 08th March 2024.

The Details are as follows:

1. Date: 08th March 2024

2. Time: 10.00 AM to 02.00 PM

3. Venue: MGM Campus & Seminar Hall, 3rd Floor, MGM Hospital Kamothe Navi Mumbai.

Note: All are informed to join the Celebration of International Women's Day-2024 with full Strength.

Dr. Uttara Deshmukh (P&O)

Associate Professor & Head of the Department,

MGM Institute's University Department of Prosthetics and Orthotics,

Sector-01, Kamothe, Navi Mumbai.

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Head or ... --- rtment, IGM INSTITLED OF the Department GOF MEDITUTE'S UNIVERSATHOUNG THENT OF PROSTHETICS WHO ORTHOTICS



# MGM INSTITUTE'S UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS (A constituent unit of MGM INSTITUTE OF HEALTH SCIENCES, NAVI MUMBAI)

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Email: mgmudpo@mgmuhs.com | Website: www.mgmudpo.edu.in

# Report of "Celebration of International Women's Day-2024 at MGMIUDPO

Name of the event: "Celebration of International Women's Day-2024"

Purpose of the Event: To create awareness about respecting the women in the society.

Location of the event: MGM Campus & Seminar Hall, 3rd Floor, MGM Hospital Kamothe Navi Mumbai.

Date and time of the event: Date: 08th march 2024.

Time: 10:00 AM to 02:00 PM

No. of attendees: 15 students, 6 faculties of MGMIUDPO

#### Proceedings of the event:

The event was organized as NSS Activity, under NSS Unit of MGMIUDPO, Kamothe, Navi Mumbai.

The event was started by warm welcome of all students and faculty by senior faculty from MGM New Bombay College of Nursing. A small speech about the importance of the day was Dr. Ponchitra, in which she mentioned about the role of women in formation of healthy society.

The significant highlight was the Women's Day rally where participants carried posters and slogans emphasizing the importance of women's in society. The rally moved through the main MGM campus, drawing attention to the need for gender equality and the empowerment of women.

Attendees were treated to cultural performances showcasing the talents of women employees. These included dance performances, musical renditions, and a poetry recital that highlighted themes of resilience and empowerment

Later faculties has shared their experience with all, in which they explained how women in their life are contributing in various ways with various roles of mother, sister, and friend for their holistic development in various ways.

The Women's Day celebration was a meaningful and memorable event that brought our community together to celebrate the achievements of women. It served as a reminder of the ongoing efforts needed to achieve gender equality and the importance of supporting and empowering women in all aspects of life. We look forward to continuing this tradition and making next year's celebration even more impactful.

Dr. Ottara Deshmukh (P&O)

Associate Professor & Head of the Department,

MGM Institute's University Department of Prosthetics and Orthotics,

Sector-01, Kamothe, Navi Mumbai.

Head or the Department, MGM INSTITUTE'S UNIVERSITY DEPARTMENT OF PROSTHETICS AND ORTHOTICS NAVI MUMBAI



# MGM INSTITUTE'S UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS (A constituent unit of MGM INSTITUTE OF HEALTH SCIENCES, NAVI MUMBAI) (Deemed to be University u/s 3 of UGC Act, 1956)

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Sector-1, Kamothe, Navi Mumbai-410 209 | Tel.: 022-27437829, 27437620

Email: mgmudpo@mgmuhs.com | Website: www.mgmudpo.edu.in

Name of the Activity	:	Celebration of International Comen's Day-20
Date	1	08th Marieh 2024.
Time	1	10.00 Am -02.00 PM
Venue	:	MGMIHS Campel and Seninal Hall.

Sr No.	Name of the Faculty	Signature
1 -	Dr. Uttara DeShmunh (peo)	[44/2/20 /03/24
2	Dr. Deepshikha Racet (PSO)	Closhing 8 03
3	Dr. Gaevi Parse (Peo)	Smyrethow.
4	Dre. Sintergeet Kacere manni ( Peo)	Product
5	Dr. Ravi Barrela (p20)	Whates
6	Mrs. Vishlesha Mhatrie.	

# DETAILS OF STUDENT

Sr No.	Name of the Students	PRNo.	Signature
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1	Mikhil To. Inlagh	12010600004	Arida
2	Hrida Ansani	12010600003	AAI!
3.	Wajid Mandal	12010600005	
4.	Divya Mikalje	12010600000	on laida
		11910600003	YU AG
5.	Maria Ubarre	12110600006	Allove
6	Pranara Morre.	123/0600006	RE
7	Kimaja Taware.	20000000	= =====================================

## MGM INSTITUTE'S UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS (A constituent unit of MGM INSTITUTE OF HEALTH SCIENCES, NAVI MUMBAI)

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Dr. Ustara Deshmukh (P&O)

Associate Professor, Head of the Department,

MGM Institute's University Department of Prosthetics and Orthotics,

Sector-01, Kamothe, Navi Mumbai.

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Head of the Department, MGM INSTITUTE'S UNIVERSITY DEPARTMENT OF PROSTHETICS AND ORTHOTICS NAVI MUMBAI



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# GLIMPSES CELEBRATION OF INTERNATIONAL WOMEN'S DAY-2024 AT MGMIUDPO

**DATE: 08 -03 -2024** 





