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Physiotherapy Camp Details from September 2022-February 2023

Camp Name	Date	Number of Student Beneficiaries	Batch
	10.09.2022	2	INTERNS (2022-
		2	2023)
	10.10.2022		2023)
ANC Nere Camp	9.11.2022	2	INTERNS (2022-
			2023)
	9.12.2022	2	INTERNS (2022-
			2023)
	9.01.2023	2	INTERNS (2022-
			2023)
	09.02.2023	2	INTERNS (2022-
			2023)
Physiotherapy	24 02 2023	24.02.2023 3	INTERNS (2022-
Rural camp	24.02.2023		2023)

Dr.Bela Agarwal Criterion I Incharge MGM School of Physiotherapy, Navi Mumbai

Dr.Shrutika Parab (PT) IQAC Coordinator

MGM School of Physiotherapy, Navi Mumbai

Dr.Rajani Mullerpatan Professor Director MGM School of Physiotherapy, Navi Mumbai

Professor - Director MGM School of Physiotherapy MGMIHS, Navi Mumbai





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MPT (Musculoskeletal-Physiotherapy) Project Report Summary

Project title	
r oject title	Exploration of Ground Level Activity Performance in the Elderly: A
Name and signature of	Dr. Poiori Mullemeter
Guide	Di Rajani Mullerpatan
Name and signature of	Miss Manasi Borse
candidate/s	
Duration of project	1 Year
Approval date	12/7/2021 MGM/DCH/IEC/168/2022
Submission date	15/12/2022
	Project Summary
Purpose	To explore the ground level activity performance in the elderly.
Objective	The objective of this study was to analyze the influence of habitual exposure to ground level activity on knee motion, muscle strength, balance and cardio-respiratory endurance and identify factors influencing in order to prescribe life style behaviors for maximal functioning.
Methods	120 community-dwelling healthy elderly (aged 60-85 years, Males:Females-1:1 and Urban:Rural-1:1) were included. Exposure to ground level activities was recorded using MGM Ground Level Activity Exposure (MGM GLAE) questionnaire. International Physical Activity Questionnaire (IPAQ) was used to measure habitual level of physical activity. Motion in sagittal and frontal plane was captured during squat, cross leg sitting and kneeling using digital video camera. Knee flexion angle, Spatial-temporal variables namely- Ascent and descent time during squat, cross leg sit and kneel were computed using Kinovea software and motor strategy used to perform the activity was scored on the floor sitting-rising test. Muscle strength of lower extremity (30 Second Chair Stand Test), Cardio-respiratory endurance (Six Min Walk Test), balance (Berg Balance Test and Floor Square Step Test) and activities of daily living (Barthel Index) were evaluated.
Results	People from urban setting reported lower exposure to ground level activities [28.8 (27.3)]min/day, compared to rural people [487.7 (108.2)]min/day, (p-0.000). Knee angle during squatting [143.9(3.1)°] was greater in rural people compared to urban people [99.4(15.6)°], (p<0.05). Rural males demonstrated greater knee angles during kneeling [158.4 (3.1)°] compared to rural females [148.2 (40.5)°], (p<0.05). Males required shorter time for squatting and kneeling compared to females(p <0.05). Ascent and descent time for squatting
	and for squaring

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	was greater in urban people [7.9(3.7)]seconds and [7.8(3.7)]seconds
	compared to rural people [3.9(0.9)]seconds and [4.8(1.5)]seconds,
	(p<0.05). Ascent and descent time for kneeling was greater in urban
	people [11.8(5.1)]seconds and [12.1(5.0)]seconds compared to rural
	people [8.6(2.4)]seconds and [6.9(2.0)]min/day, (p<0.05). A weak
	negative co-relation was observed between age and IPAQ score
	[(Spearman's rho -0.239), (p-0.000)], total GLAE [(Spearman's rho -
	0.260), (p-0.000)], six min walk test [(Spearman's rho -0.294), (p-
	0.000)], Barthel index [(Spearman's rho -0.204), (p-0.000)].
Conclusion	Moderate exposure to high flexion activities is beneficial to maintain
	maximal functioning and physical fitness in the elderly and should be
	included as a component of routine physical activity.



Figure 1: 2D movement analysis (Kinovea 9.5 version) for squatting

Manasi Borse

Co-investigator

Dr Shrutika Parab (PT)

MPT-Coordinator



Dr Bela Agarwal Co-guide

Dr Shrutika Parab (PT) IQAC- Coordinator

Professor - Director MGM School of Physiotherapy MGMIHS, Navi Mumbai

Dr Rajani Mullerpatan Guide

Figure 2: 2D movement

analysis for Kneeling

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MPT (Musculoskeletal Physiotherapy) Project Report Summary

Project title	Development of a two-dimensional method for evaluating movements
	of temporo-mandibular joint
Name and signature of	Dr Rajani Mullerpatan
Guide	
Name and signature of	Miss. Bhumika Adsul
candidate/s	
Duration of project	l Year
Approval date	12/7/2021
Submission date	05/12/2022
	Project Summary
Purpose	To develop a reliable and valid two-dimensional tool for evaluation of
	temporo-mandibular joint movements.
Objective	The purpose of the study was to develop a video-graphic two-
	dimensional method for evaluating movements of temporo-mandibular
	joint and to establish test-retest and inter-rater reliability and criterion
	validity of a video-graphic two-dimensional tool for measurement of
	temporo-mandibular joint (TMJ) kinematics.
Methods	Thirty healthy volunteers (18-40 yrs.) were studied. Three different instruments - a clinical tool (digital vernier caliper), three-dimensional method (VICON 3D motion analysis system) and video-graphic two- dimensional method were used to measure mouth opening, lateral deviation and protrusion. To test reliability, one tester recorded videos of mouth opening, lateral deviation (right and left) and forward protrusion on two separate occasions one-week apart (test-retest reliability) and other two testers analyzed the videos separately (inter- rater reliability). For criterion validity, interclass correlation coefficient was used to examine agreement between two-dimensional method versus three-dimensional method and two-dimensional method versus vernier caliper. Bland-Altman plot was used to present the systemic differences between the two methods of evaluation. The newly developed method was used for evaluation of temporo-mandibular joint movements in ten subjects with temporo-mandibular joint disorders. The evaluated measurements of temporo-mandibular joint disorder group were compared with age and gender match healthy individuals.
Results	The video-graphic two-dimensional tool demonstrated excellent test- retest and inter-rater reliability for evaluation of mouth opening (test- retest ICC= 0.994 , inter-rater ICC= 0.982), lateral deviation (right test- retest ICC= 0.981 , inter-rater ICC= 0.920 ; left test-retest ICC= 0.960



	inter-rater $1CC-0.994$) and forward protrusion (test-retest $1CC-0.964$, inter-rater $1CC-0.934$). Intra-class correlation coefficient values for criterion validity were mouth opening ($1CC=0.989$), lateral deviation (right $1CC-0.996$; left $1CC-0.996$) and forward protrusion ($1CC=0.996$). The mean values for temporo-mandibular joint disorder group were mouth opening (31.30 ± 2.63), lateral deviation right (6.15 ± 1.73), lateral deviation left (5.74 ± 1.52) and forward protrusion (2.73 ± 1.15). No significant difference between the group for all movements was observed.
Conclusion	Findings of present study conclude that video-graphic two-dimensional tool can be used to measure temporo-mandibular joint motion with excellent test-retest reliability, inter-rater reliability and validity. Hence, the tool can be recommended as a feasible method for measurement of temporo-mandibular joint kinematics in regular clinical practice and research setting.



Figure 1: Facial markers for video-graphic two-dimensional method for evaluation of temporo-mandibular movements.

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Bhumika Adsul Co-investigator

Dr Triveni Shetty Co-guide

Dr Rajanî Mullerpatan Guide Professor - Director MGM School of Physiotherapy MGMIHS, Navi Mumbai

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MPT (Neuro-Physiotherapy) Project Report Summary

Project title	Dance Therapy as an Intervention to Improve Functional Performance
	in Patients with Parkinson's Disease - A Pilot Study
Name and signature of Guide	Dr. Amrita Ghosh (PT)
Name and signature of candidate/s	Miss. Vaidehi Gharpure
	Almut
Duration of project	1 Year
Approval date	12/7/2021
Submission date	05/12/2022
	Project Summary
Purpose	To explore the effects of structured kathak-based exercises on
	functional performance in patients with Parkinson's disease.
Objective	Evaluate the effect of an 8-week structured Kathak-based exercise
	intervention on balance, gait, aerobic capacity, lower extremity
	functional strength and hand function in individuals with PD with Hoen
	and Yahr stage I-III.
Methods	Fifteen individuals with PD (Hoen and Yahr stage I-III) aged between
	50-80 (mean 66±7.5) years were recruited in the study through
	convenient sampling after obtaining institutional ethical permission.
	Baseline evaluation was performed using Berg Balance Scale, Timed
	Up and Go Test, Functional Reach Test for balance, Dynamic Gait
	Index, and Freezing of Gait questionnaire for gait, 6-minute walk test
	for aerobic capacity, lateral step test, anterior step test, 30-second heel
	raise and 30-second chair raise test for functional strength and Jebsen
	and Taylor hand function test. A post-evaluation was conducted after
	an 8-week structured kathak-based intervention administered for 60
	minutes, 3/week by a trained kathak dancer and qualified
Desults	physiotherapist.
Results	Results indicated an 8.7 % improvement in balance, 8% improvement
	in gait variables, 17% increase in lower extremity functional strength,
	7.80% improvement in aerobic capacity, and 16% improvement in hand
Conclusion	runction. p<0.05 was considered statistically significant.
Conclusion	The present study concludes that a structured kathak-based intervention
	is effective in improving gait, balance, functional strength, hand
	function, and aerobic capacity in individuals with PD.





Fig 1 A study participant learning the hand gesture in kathak Ghatnika with the therapist



Fig2 A study participant learning the hand gesture in kathak Ghatnika with the therapist



Fig 3 Study Participant performing Tatkar with the therapist

Vaidehi Gharpure Co-investigator

Dr. Shrutika Parab (PT) Dr. Amrita Ghosh (PT) Co-guide Guide Dr. Shrutika Parab (PT) Dr. Rajani Mullerpatan Professor-Director Professor - Director **IQAC-** Coordinator MGM School of Physiotherapy

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MPT (Neuro-Physiotherapy) Project Report Summary

Project title	A Study to Assess Ground Level Activity in Stroke Patients
Name and signature of Guide	Dr. Amrita Ghosh (PT)
Name and signature of	Miss. Chetna Kunti
candidate/s	detros
Duration of project	1 Year
Approval date	12/7/2021
Submission date	05/12/2022
	Project Summary
Purpose	To determine the quantity of ground level activities and explore the factors affecting the performance of these ground level activities in Stroke patients.
Objectives	To determine the quantity and factors affecting the performance of ground level activity in patients with Stroke.
Methods	The study commenced after receiving ethical approval from the institutional ethics review committee. 30 Stroke patients were included in this study according to inclusion and exclusion criteria. Consent and Demographic data were obtained from the participants. The patients were assessed for tone, range of motion, strength, and balance through the Modified Ashworth scale, Goniometer, Commander muscle tester and Berg balance scale as these components contribute directly to Ground level activity. These variables were then correlated with Ground level activity. MGM Ground Level Activity Exposure Questionnaire (MGM GLAEQ) was used to quantify Ground level activity post Stroke.
Results	For statistical analysis, Wilcoxon signed-rank test was used to evaluate the quantity of GLA pre and post Stroke. There was a significant reduction in Total GLA (Pre- 29.57 \pm 29.86, Post- 28.56 \pm 22.12, p < 0.00). Squatting (Pre-10.84 \pm 19.82, Post- 5.16 \pm 6.08, p <0.00), Cross leg sitting (Pre- 15.28 \pm 20.31, Post- 21.04 \pm 16.6, p <0.00), Kneeling (Pre- 0.67 \pm 2.82, Post- 0.83 \pm 2.65 p 0.1), Combination posture (Pre- 2.78 \pm 10, Post- 1.16 \pm 4.48, p <0.3). Pearson correlation coefficient test showed a positive relation with weak to moderate strength between the variables and Ground level activity.

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Conclusion	The ground level activities are reduced post Stroke, which has an effect on an individual's level of independence and quality of life. The other variables showed a positive relation, which guide us to initiate a holistic approach in treating the patients where improving their level of independence can be evaluated by the activities they used to perform previously. In India understanding the important
	used to perform previously. In India, understanding the importance
	and the factors related to the performance of ground level activities
	can guide clinicians to target this area to improve functional ability.



Fig 1: Lower Extremity Tone Assessment



Fig 2: Lower Extremity Range of Motion Assessment

Chetna Kunti Co-investigator

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Dr. Pooja Dogra (PT) Co-Guide

IQAC-Coordinator

Dr. Amrita Ghosh (PT) Guide

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MPT(Neuro-Physiotherapy) Project Report Summary

Project title	Effect of Tele-rehabilitation on people with Parkinson's Disease - A Systematic
	Review and Meta-analysis.
Name and signature of Guide	Dr. Amrita Ghosh (PT)
Name and signature of	Miss. Niyati Desai
candidate/s	N. P. Desai
Duration of project	1 Year
Approval date	12/7/2021
Submission date	05/12/2022
	Project Summary
Purpose	To review on the effects of telerehabilitation on people with Parkinson's
	Disease. To perform Meta-analysis on the effects of telerehabilitation on people
	with Parkinson's Disease.
Objectives	To review on the effects of telerehabilitation on people with Parkinson's
	Disease. To perform Meta-analysis on the effects of telerehabilitation on people
	with Parkinson's Disease.
Methods	The study was started after receiving an ethical approval from MGM Institute of Health Sciences. The review was further conducted while appraising the available literature according to PEDRo, risk of bias was assessed using COCHRANE risk of bias and reported according to PRISMA guidelines, 2020 Meta-analysis was done using RevMan 5.4.
Results	The search identified 847 articles 235 were from PubMed, 136 from COCHRANE Library, 476 from Science Direct, while 41 papers were identified by an additional manual search.11 articles met the study criteria and were included in the final analysis. These 11 articles, involving 168 patients affected by PD, consisted of 8 RCTs, 6 clinical trials. Gait and balance- Both RCTs compared postural stability and balance improvements of an experimental TR group with an inpatient rehabilitation group. The total random effects MD obtained -13.07 (95% -39.73 to 13.59). Since line 0 is crossed, the MD becomes non conclusive. Upper Limb Dexterity Only one clinical trial focused on dexterity of the upper limb (UL). The total random effects SMD obtained -1.56 (95% -3.16 to 0.03). Since line 0 is crossed, the SMD becomes non conclusive. MDS-UPDRS studies focused on motor function from which only two studies included MDS-UPDRS Although some studies have shown that Mean difference has crossed 0 i.e., the



	line of no effect, with 95% Cl going below 0 (& negative also) however the total random effects MD obtained was 9.58 (95% -20.80 to 39.96).
Conclusion	This systematic review suggests that Tele-rehabilitation in PD patients is indicated in the early stages of the disease and in particular in adult patients with preserved cognitive status.



N.D.Desai

Niyati Desai Co-investigator

Dr. Pooja Dogra (PT) Co-guide

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MPT (Cardiorespiratory-Physiotherapy) Project Report Summary

Project title	Association between Computed Tomography scan findings, Lung
	function and Functional capacity in patients with COVID19
Name and signature of Guide	Dr. Bela Agarwal
Name and signature of	Miss. Nikita Jagtap
candidate/s	
Duration of project	1 Year
Approval date	12/7/2021 (MGM/DCH/IEC/62/2021)
Submission date	05/12/2022
	Project Summary
Purpose	The objectives of the study were to evaluate long term effects of COVID19 on lung function and functional capacity and to study associations between CT severity score, lung function and functional capacity in patients with COVID19
Objective	Primary objective was to evaluate lung function and functional capacity in patients with COVID19 disease and secondary was to study the association to study associations between CT severity score on CT scan, lung function and functional capacity in patients with COVID19 disease.
Methods	Fifty-three patients with diagnosed mild-moderate COVID 19 disease with CT scan performed at time of diagnosis were included in the study patients who are positive on RT PCR test and with CT severity score on CT scan were included. Cardiopulmonary endurance, (6-minute walk test), muscle strength (30 sec chair stand test), balance (single leg stance test), gait speed (10-meter walk test), pulmonary function test and Health-related Quality of life (SF12) were evaluated 6 months following COVID19 infection. Association between CT severity score, lung function and functional tests were evaluated using Pearson's correlation test.
Results	Significant associations were observed between CT severity score and 6-minute walk test (p=0.00), 30 seconds chair stand test (p=0.00), single leg stance test (p=0.00) and Quality of life(p=0.00) There was no significant association seen between lung function and functional capacity in patients with COVID19 after 6 months of hospital discharge.

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Conclusion

Cardiorespiratory endurance, leg muscle strength and Quality of life of the individual with COVID19 infection are impaired even 6 months after COVID19 infection. Cardiorespiratory endurance, leg muscle strength and Quality of life are maximally associated with severity of CT scan findings suggesting the need for long term rehabilitation programs to improve comprehensive functioning and quality of life.



Figure 1: Patient performing 30 second chair stand test



Figure 2: Patient performing Single leg stance test



Figure 3: Patient performing Pulmonary function test

Nikita Jagtap Co-investigator

Dr. Hiranmayee Bagwe (PT) Co-guide

Dr Bela Agarwal Guide

Dr. Shrutika Parab (PT) MPT-Coordinator



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MPT (Cardiorespiratory Physiotherapy) Project Report Summary

Project Title	Exploring Effects Of Pranayam On Lung Functions In Chronic
Name and signature of Guide	Dr. Bela Agarwal
Name and signature of candidate/s	Miss. Devika Bhosale
Duration of project	1 Veer
Approval date	12/7/2021 (MCM/DCH/IEC/62/2021)
Submission date	05/12/2022
	Project Summary
Purpose	Exploring Effects Of Pranayam On Lung Functions In Chronic Respiratory Condition A Systematic Proving A 196
Objective	Primary objective of the study was to review the effects of Pranayama on lung function in patients with chronic respiratory disease and to perform a meta-analysis on the effects of Pranayama on lung function in patients with chronic respiratory disease.
Methods	Studies were identified by searching the databases PubMed, CINHAL, Cochrane Library, Science Direct and Google Scholar. Keywords used were 'Pranayama', 'Yogic breathing exercises', 'Lung functions', 'respiratory conditions', 'Annulom-Villom', 'Bhramari', 'Bhastrika', 'Onkar', 'Surya-Bhedna' and 'Kapalbhati'. Studies exploring effects of Pranayama on lung function in patients with chronic respiratory diseases were included in the study and studies exploring effects of pranayama and other yoga techniques on conditions other than chronic respiratory diseases were excluded from the study. Data were extracted from each study-Demographic details, details of pranayamaintervention and outcome measures like pulmonary function test, peak expiratory flow rate(PEFR), maximum inspiratory pressure (MIP) and maximum expiratory pressure (MEP). PEDro scale was used to assess the risk of bias assessment. Meta-analysis was carried out for outcome variables Forced Expiratory Volume in 1 Second (FEV1), Forced vital capacity FVC, Ratio Of Forced Expiratory Volume In 1 Second To Forced Vital Capacity (FEV1/FVC) and Peak Expiratory Flow Rate (PEFR).



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Kesults	Total 13 studies with total 746 patients were included in the systematic review and meta-analysis. Of the 13 articles included in this systematic review, 8 of them scored 6 to 8 (good) on the PEDro scale. Two articles scored 9 to 10 (Excellent). Pranayama sessions included pranayama techniques such as: Surya Bhedana, Nadi Shuddi, Bhramari, Surya Nadi Pranayama, Kapal Bhati, Bhastrika, and Onkar /Om Chanting. Outcome measures such as Forced Expiratory Volume in 1 Second (FEV1), Forced vital capacity FVC, Ratio Of Forced Expiratory Volume In 1 Second To Forced Vital Capacity (FEV1/FVC) and Peak Expiratory Flow Rate (PEFR), Maximum Inspiratory Pressure (MIP), Maximum Expiratory Pressure (MEP), were used to assess the lung function in patients with chronic lung disease. Out of all the outcome measures, FEV1 and PEFR showed significant effect size in favor of the experimental group. The total random effects Mean Difference of 0.28 (95% CI 0.09-0.47) was observed for FEV1. Similarly, the total random effects Mean Difference of -0.32.16 (95% CI -46.05- 18.27) was observed in PEFR in favor of the experimental group. Results of meta-analysis for improvement in FVC was inconclusive.
Conclusion	A long term intervention of Pranayama for 12 weeks is beneficial in improving expiratory and inspiratory lung function and respiratory muscle activity. Pranayama can be included in pulmonary rehabilitation programs along with usual pharmacological treatment to improve lung function of patients with CRD.

Table 1- Forest plot for FEV1 Standard Mean Deviation Random Effect

	Experimental		Control				Std. Mean Difference	Std. Mean Difference		
Study or Subgroup	Mean	5D	Total	Mean	SD	Total	Weight	IV. Random, 95% Cl Year	IV. Randam, 99% CI	
Deepali S Jaju et al 2011	17	04	11	15	07	6	13.7%	0 37 [-0 64 1 37] 2011		
Khue AI Thi HOANG, Hung Manh NGUYEN 2015	2 33	04	25	2 07	0.42	25	42.7%	0 62 [0 06 1 19] 2015	-	
Gülyeler Erdogan. Yüce a. Sultan Tasjci 2020	274	076	25	2 35	0.84	25	43.6%	0 48 [-0 08 1 04] 2020		
Total (95% CI)			61			56	100.0%	0.53 [0.15, 0.90]	•	
Heterogeneity: Tau ² = 0.00; Ch ² = 0.24; df = 2 (P =	0.89). (*	- 0%							+ + + +	
Test for overall effect: Z = 2.77 (P = 0.006)									-4 -2 0 2 4	
									Favours (control) Favours (experimental)	

Table 2- Forest plot for FVC Standard Mean Deviation Random Effect

	Expe	rimen	tal	с	ontrol			Std. Mean Difference		Std.	Mean Differ	ence	
Study or Subgroup	Mean	\$D	Total	Mean	SD	Total	Weight	IV, Random, 95% Cl. Year		PV. 8	landom. 95	% CI	
Deepali S Jaju el al 2011	26	07	11	3.9	1	6	32.1%	-1 52 [-2 67, -0 37] 2011			8		
Khue Ai Thi HOANG, Hung Manh NGUYEN 2015	3.03	0.49	25	2.48	0.51	25	34.1%	1 08 [0 49 1 68] 2015					
Gulyeter Erdogan. Yuce a, Sultan Tas,ci 2020	079	0.9	25	2.05	0.94	25	23.8%	-2.20 [-2.921.49] 2020					
Total (95% CI)			61			56	100.0%	-0.86 [-3.16, 1.43]					
Heterogeneity Tau ^a = 3.93, Chi ^a = 51.80, df = 2 (P <	0 0000) ¹² =	90%						+			4	
Test for overall effect Z = 0.74 (P = 0.46)									-60	-25	0	25	50
										Favours (experim	ental] Favo	urs (control)	



Table 3- Forest plot for PEFR Standard Mean Deviation Random Effect

Study or Subgroup	Expe	eriment 50	el Total	Mean	iontrol 6D	Total	Weight	IV, Random, 86% CI	Std. Mean Difference IV, Random, 96% GI
Tarun Saxena, <u>Manjari</u> Saxena 2000 Rhue Ai Thi HOANG, Hung Manh NGUYEN 2015 Gulyeter Erdogan, Yüce a Sultan Tas _i ci 2020 Deepaki SiJaju et al 2011	260 6 26 416 6 8 8	15 6 1 4 110 27 1 2	26 26 26	300 6 66 362 8 8 0	10.6 1.36 126.60 1.2	26 26 26 6	23 3% 26 9% 26 9% 26 9% 24 9%	-6 60 (-8 16, -5 21) 0 41 (-0 18, 0 97) 0 50 (-0 06, 1 07) 0 00 (-0 99, 0 90)	
Total (96% CI) Helerogeneity: Taute 4.17. Chiře 84.18, dře 3.(P. Test tor overali effect. Z.e.1.26 (P.e.0.21)	0 0000 1	1), 1* = 04	86 0%			81	100.0%	-1.32 (-3.38, 0.74)	-20 -10 0 10 20 Favours (experimental) Favours (control)

Table 4- Forest plot for FEV1/FVC Standard Mean Deviation Random Effect

ſ		Exper	imen t	al	C	ontrol			Std. Mean Difference		Std. Mean IV, Randor	Difference n. 95% Cl	
l	Study or Subgroup	Mean	60	Total	Mean	6D	Total	Weight	IV, Random, Usis Cr Tab				
	Deepali 5 Jaju et al 2011	60	0.4	11	77.6	6.4	6	26.0%	1 40 [-2 53 -0 27] 2011				
	Khue Ai Thi HOANG, Hung Manh NGUYEN 2015	80.66	4.83	25	76.90	4 17	20	36 4%	0 81 (0 29, 1 39) 2016				
	Gulyeter Erdogan, Yüce a. Sultan Tas,ci 2020	83.84	6 92	26	81.68	7 62	26	36 7%	0 31 [-0 24, 0 87] 2020				
	Total (95% CI)			61			56	100.0%	0.03 (-0.95, 1.07)				
	Heterogeneity: Tes/ = 0.61; CHP = 11.62, df = 2 (P =	0.003)	P = 83	1%						-10	-6	6	10
	Test for overall effect: Z = 0.07 (P = 0.95)									Favours (e	xperimental]	Emana (con	(rci)

Devika Bhosale Co-investigator

Dr. Payal Murkudkar (PT) Co-guide

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MPT (Sports Physiotherapy) Project Report Summary

Project title	Kinanthropometric and Physical Fitness Profiles of Sub-elite Kho-Kho
Name and all a	Players.
Guide	Dr. Triveni Shetty
Name and signature of candidate/s	Miss. Prerna Khosla
Duration of project	1 Year
Approval date	12/7/2021
Submission date	05/12/2022
	Project Summary
Purpose	Explore the kinanthropometric and physical Stress of Cl. C. L. W.
1	Kho-Kho players.
Objective	Establish the association between kinanthropometric and physical fitness variables of the sub-elite Kho-Kho players. Compare the physical fitness variables among university, district, state and national level players.
	Establish the reaction time of sub-elite Kho-Kho chasers.
	Explore the injury profile of sub-elite Kho-Kho players.
Methods	Forty-seven healthy sub-elite Kho-Kho players were recruited for this study who had at least three years of competition experience. The participants were District State/ National level players between the ages of 17 to 24 (senior players). Kinanthropometric data including height, body weight, BMI, length measurements, body girths, skeletal diameters, skin fold measurements, was gathered using appropriate tools. The videos for Reaction Time were captured using VICON 3D motion analysis system. Chasing technique of getting up from a squatting position was performed by the player in a simulated game in the laboratory. Reaction Time of the player was determined by the appropriate frames in which the movement occurred. The Pre-Motor Reaction Time was recorded between the point of "Kho" till the initiation of first step. Motor Reaction time was recorded between the initiation of step till the player sets his foot on the ground at foot flat sub-phase of the stance phase. Total Reaction Time was the sum of the Pre-Motor and Motor Reaction Times. Following this, the participants were instructed about the procedure of performing each physical fitness test and they were made to perform tests for flexibility, agility, muscle



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Results	The national level players were older (20 ± 2.6) with a greater number of training years (10 ± 2.6) than the other groups. BMI was similar between state (20.50 ± 3.71) and national (20.69 ± 1.94) level players. National level Kho-Kho players had greater years of experience (10 ± 2.63), more training hours (2.93 ± 0.44) and more training sessions (5.87 ± 0.34) than state and district level players. Knee was the most commonly injured part of the body (30%) followed by shoulder (14%) and ankle (11%) among these players. There was a significant difference across the three groups in leg length measurements, the highest being National level players (90.00 ± 5.08). Calf girth measurements were similar for State (33.00 ± 4.55) and National level players (32.59 ± 3.18). Thigh girth measurements were higher for District level players (43.47 ± 4.26). Hip girth was highest for national level players (82.69 ± 13.98). Knee (11.91 ± 0.70) and ankle (9.41 ± 1.39) skeletal diameters were the highest in district level players. The national level players. The national level players. The national level players in all of these fitness tests except the agility test. Agility test was found between lower extremity muscle endurance (p= <0.01) between lower extremity power of national and district level players (p <0.01); between speed of national and district level players (p <0.01), state and district level players (p <0.01); between speed of national and district level players (p <0.01); between nower extremity power of national and district level players (p <0.01); between negative or formational and district level players (p <0.01); between agility of national and district level players (p <0.01); between negative or (p <0.01); between agility of national and district level players (p <0.01); between negative or (p <0.01); between agility of national and district level players (p <0.01); between negative or (p <0.01), national and district level players (p <0.01); between agility of national and district level players (p <0.01);
	the "kho" was 6.24 ± 1.24 seconds.
Conclusion	The differences in Physical Fitness Variables across District, State and National Level players could be due to their age, kinanthropometric characteristics and also due to the different skills and movement patterns that these players perform during training or competition. The findings of this study can help coaches and trainers to create fitness testing protocols and training regimes for senior Kho-Kho players.





Fig 1 Yo-Yo Intermittent Recovery Test



Fig 2 Forty yard Dash Test

Prerna Khosla Co-investigator

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Dr. Triveni Shetty Guide

Dr. Rajani Mullerpatan Professor-Director

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Sector-1, Kamothe, Navi Mumbai - 410209

MPT (Sports Physiotherapy) Project Report Summary

Project title	Kinanthropometric and physical fitness profiles of sub-elite kabaddi players
Name and signature of Guide	Dr Triveni Shetty
Name and signature of candidate/s	Miss. Heli Savla
Duration of project	1 Year
Approval date	12/7/2021
Submission date	05/12/2022
	Project Summary
Purpose	To explore the kinanthropometric and physical fitness profile of sub- elite Kabaddi players.
Objective	To compare the Physical Fitness profile in Kabaddi players (University/ District/ State/ National). To provide the normative values for the Kinanthropometry and Physical fitness variables for Kabaddi players. To know the common injuries in Kabaddi players.
Methods	Hundred sub-elite Kabaddi players participated in the study, age grouped 17-25 years. Players were distinguished as per the level of game. The Kinanthropometric variables including Height, Body Weight, BMI, Length Measurements, Body Girths, Skeletal Diameters, Skin Fold Measurements and Physical Fitness variables including test assessing components of Flexibility, Muscular strength and endurance, Cardiovascular endurance, Agility and Lower quadrant balance were recorded.
Results	Height (r<.05), Leg length (r<0.4), Upper leg length (r<0.4), knee diameter (r<0.3), and ankle diameter (r<0.4) all have a positive correlation with the Back leg chest Dynamometer. Upper leg length (r<- 0.4) and ankle diameter (r<-0.3) are kinanthropometric variables that have a negative correlation with T-test. Height (r<0.3), leg length (r<0.3), upper leg length (r<0.3), and hip girth (r<0.3) are the kinanthropometric factors that have a positive correlation with the Vertical jump test.
Conclusion	The results of this study demonstrated the importance of the agility, power and strength of lower extremity and strength on the kinanthropometric variables in Kabaddi players. It will help the coaches and other authors to develop a good training protocol by quantifying and evaluating players anthropometric characteristics and physical fitness performance of the players. It will further help in the recruitment process and monitor the progress of the Kabaddi players.







Figure 1: Harpendon skinfold caliper

Figure 2: Modified sit and reach



Figure 3. Linear trends of Modified sit and reach test

Heli Savla Co-investigator

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Dr. Triveni Shetty Guide Dr. Rajani Mullerpatan Professor-Director Professor - Director MGM School of Physiotherapy MGMIHS, Navi Mumbai

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Sector-1, Kamothe, Navi Mumbai - 410209

BPT/Internship Project Report Summary

Project title	Biomechanics of hip-hop among injured and healthy dancers using 2D analysis
Name and	
signature of	Dr. Hiranmayee Bagwe (PT)
Guide	
Name and	Gunjan Tejwani
signature of	Riddhi Shinde
candidate/s	
Duration of	8 months
project	
Approval date	29 th April 2022
Submission date	30 th November 2022
	Project Summary
Purpose	To Study and analyze the biomechanics of hip-hop dance styles using 2D motion
	analysis
Objectives	1. To analyze dance movements in old school and new school his has descented
	using 2D motion analysis
	2. To identify contextual risk factors leading to musculoskalatel initiation of the
	hop dancers.
	3. To compare the incidence of injury among healthy dancers and provide the initial
	hip-hop dancers
Methods	A purposive sample of 25 participants was selected based on inclusion criteria. After
	obtaining informed consent from 25 participants along with their demographic data
	Participants were divided in two groups Group A consisted of previously initial data.
	dancers and group B consisted of healthy hip hop densers. Out
	physical fitness assessment and Europhysical M
	which reflective tope was also all and Functional Movement Screen were recorded. After
	which reflective tape was placed on bony landmarks and the participant was asked to
	perform two set dance routines an old-school hip-hop dance form which included
	popping and locking, and a new-school hip-hop dance form, which was then recorded
	using a smartphone in a sagittal view. The videos were then analyzed using kinoven
	software version 0.9.5. Statistical analysis was done with SPSS version 24 (IDM Speed
	28 Statistics Windows, Armonk, NY: IBM Corp.) and Microsoft Excel 2013
Results	At Hip Joint – Peak angles at Hip Elexion ranged from 76 100 down 6 4 in the
	Dancers and 51-75 degrees for non-injured dancers
	Peak angles for Hin Extension Ranged from 0.25 L
	dancers.
	At Knee Joint-Peak angles for Knee Flexion Ranged from 51 75 documents in the Physics
	Dancers and 126-150 Degrees in Non-Injured Degrees in Injured (1990)
	Segrees in Ron-Injured Dancers.

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	At Ankle Joint - Peak angles for Ankle Dorsiflexion Ranged from 51-75 degrees in
	Injured Dancers and Non-Injured Dancers Peak angles for Ankle Plantarflexion Ranged
	From 51-75 Degrees in Injured Dancers and Non-Injured Dancers.
	In this study, 15 new school dance sequences were recorded Mean of Hip Flexion
	Ranged from 44.5 \pm 36.7 to Knee Flexion to 80.7 \pm 50.8, Ankle Dorsiflexion to 62.2 \pm 15,
	Ankle Plantarflexion 62.1±14.7 and 12 old dance sequences were recorded Mean of Hip
	Flexion Ranged from 67.6± 28.1 Hip Extension to 10.1±6.4, Knee Flexion to
	106±48.4Ankle Dorsiflexion to 60.5±16.8, Ankle Plantarflexion to 64.5±16.4
Conclusion	This study analyzed dance movements in old-school and new-school hip-hop dance
	styles using 2D motion analysis. The excessive joint angles measured in this study may
	provide an explanation for higher lower-extremity injury rates reported by dancers. These
	results can assist the healthcare practitioner in understanding the functional requirements
	of hip-hop dancers and the needs of the dancer during the rehabilitation phase following
	any musculoskeletal injury. As dance-related injuries seem to be of major concern,
	researchers may consider conducting a further investigation by ruling out the
	confounding factors and also by carrying out screening tests, preventive programs, and
	training regimes which can lead to a reduction in dance-related injuries, and by involving
	other healthcare workers.

Photographs:



Participant photographed performing new school hip hop with reflective tape placed on bony landmarks



Video analysis done on Kinovea



Internship Coordinator

Riddhi Shinde

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BPT/Internship Project Report Summary

Project title	Exploration of Physical Fitness Attributes, Kinanthropometry and Skill Assessment in Indian sub-elite football players
Name and signature of Guide	Dr. Triveni Shetty (PT)
Name and signature of	Prasenjeet Kale
candidate/s	Shweta Zende
Duration of project	8 months
Approval date	14 th March, 2022
Submission date	30 th November, 2022
	Project Summary
Purpose	To explore physical attributes along with anthropometry and on field skills in Indian sub elite football players.
Objectives	Evaluate strength, endurance, power, speed, balance, agility in sub elite football players.
	Assess height, weight, BMI, hip – waist ratio, limb length, limb girth, skin fold thickness in sub elite football players.
	Assess the on-field skills of sub elite football players.
	To find the correlation between anthropometric measures and physical fitness, Football skills.
Methods	A cross sectional study was conducted on 27 football players from university level as well as district level. The players were recruited from the age group 17-30 years and their test was scheduled. Following this, their kin anthropometric assessment was done, followed by testing of physical fitness attributes and skill assessment using FMARC. Comparison between university and district level players was done. Additionally, correlation between anthropometry and physical fitness traits, skills was done.

Results	Player f
	rayers from universities and those from districts were contrasted in terms of performance.
	In the tests of star excursion balance there was a significant difference between players at
	the University level and those at the district level (p<0.05) Juggling, dribbling speed, long
	passing, short passing, shooting the dead ball, shooting from a pass and heading are all
	reatured in FMARC. In the tests of juggling (foot), dribbling speed, short passing, there
	was a significant difference between players at the University level and those at the district
	level (p<0.05). There was no correlation found in university and district level players
Conclusion	between anthropometry and physical fitness, skills.
Conclusion	The present study concluded that district level players showed better physical fitness and
	performance traits in terms of balance, juggling, dribbling speed, short passing and heading
	than the university level players. Additionally, there was a weak correlation between
	anthropometry and physical fitness, FMARC.

Photographs:



Legend

Co-investigators: Prasenjeet V Kale

Guide: Dr. Triveni Shetty (PT)

Internship Coordinator

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BPT/Internship Project Report Summary

Project title	Influence of Yoga on pain, lower extremity kinetics, kinematics and functions in patients with Knee Osteoarthritis.
Name and signature of Guide	Dr. Mamta Shetty (PT)
Name and	Rushabh Agrawal
signature of	Anushka Tambe
candidate/s	Het Bhalala
	Aakanksha Darekar
Duration of project	6 months
Approval date	16/08/2022
Submission	06/05/2023
date	
	Project Summary
Purpose	To study the influence of yoga on pain, lower extremity kinetics and kinematics, and
Ohissti	function in patients with knee osteoarthritis.
Objectives	1) To study the effect of Yoga on pain and function using Western Ontario and McMaster
	patients with knee osteoarthritis
	2) To study the effect of Yoga on muscle strength using Manual Muscle Testing in patients
	with knee osteoarthritis.
	3)To study the effect of Yoga on flexibility using flexibility tests in patients with knee
	osteoarthritis.
	4) To study the effect of Yoga on knee joint motion using Universal Goniometer in patients with knee osteoarthritis.
	5) To study the effect of Yoga on ground level activities in patients with knee osteoarthritis
Mathe	using Kinovea and Ground Level Activities Exposure (GLAE) Questionnaire.
Methods	A randomized controlled trial was conducted for studying the effect of yoga on pain, lower limb kinetics, kinematics and function in patients with osteoarthritis of knee. A total of 50 participants volunteered for the study. The participants were randomly allocated into
	Control group (n=25) and Intervention group (n=25). The participants of control group
	performed traditional stretching and strengthening exercises and the participants of
	intervention group performed the following: traditional stretching, strengthening exercises
	and Yoga. Lower limb kinetics, kinematics, Pain levels were monitored. Kinovea 2D
	motion analysis software was used to study the kinematics occurring at the knee joint while
	Osteoarthritis Index (WOMAC) was used to assess subjective change after 6 week

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	intervention period. A thorough assessment was performed by the examiner at the end of
Results	Findings from present study report significant improvement since the initiation of intervention. Findings from present study report significant improvement in flexibility of Rectus Femoris(p=0.04) and Tensor Fascia Lata(p=0.00). Muscle strength of hip flexors on right side (p=0.04), hip extensors bilaterally (p=0.04[R], 0.01[L]), hip abductors bilaterally (p=0.00 bilaterally), knee flexors bilaterally (p=0.05[R], 0.04[L]), knee extensors bilaterally (p=0.01 bilaterally). Knee joint motion on left side (p=0.03); 2-D kinovea bilaterally (p=0.00 bilaterally) and Numerical pain scale for stair climbing (p=0.05). No significant improvement was noted in pain levels of crossed leg sitting(p=0.11), squatting (p=0.34), and walking(p=0.69); WOMAC total (p=0.96); Q-angle (p=0.71[R], 0.96[L]); knee flexion on right side (p=0.53), knee extension (p=0.37[R], 0.07[L])
Conclusion	Findings from present study report that yoga practice improves muscular strength and flexibility of lower limb musculature and range of motion at knee joint.



Figure 1: Supta Baddha Konasana

(Reclined Butterfly pose)



Figure 2: Kinovea 2D Motion Analysis of Crossed Leg Sitting

Co-investigators:

Rushabh Agrawal

Anushka Tambe

Het Bhalala Rhala

Aakanksha Darekar

BPT Co-Ordinator;

Dr. Mamta Shetty (PT)



Dr. Mamta Shetty (PT)

Internship Coordinator: Dr. Hiranmayee Bagwe (PT)

Dr. Pooja Dogra (PT)

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BPT/Internship Project Report Summary

Project title	Prevalence of Low back noin profile and its completion it it at
	revalence of Low back pain prome and its correlation with the practice of Yoga in the
	age group 30–60 years: A cross-sectional study.
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Name and	
signature of	
Guide	Dr. Victoria Kuttan (PT)
Guide	
Nome and	
Name and	Desai Manasi Sanjay
signature of	
candidate/s	Ashima Dhiman
	Dhurde Chhaya Mahadeo
	Dongre Shivani Ketan
Duration of	10 months
project	
Project	
Approval date	11/08/2022
rippioval date	11/06/2022
Submission	28/04/2022
1	28/04/2023
date	
	Project Summary
Purpose	To find the correlation between low back pain profile and practice of yoga
	r r rent pratition of joga
Objectives	To find the prevalence of low back pain in individuals between 30-60 years using pain
	profile (intensity duration aggravating and reliaving factory)
	prome (mensky, duration, aggravating and reneving factors)
	To find the correlation between individual individual
	To find the correlation between individuals with low back pain and practice of yoga using
1	VAS, Core muscle assessment, Modified Oswestry Disability Index and WHOQOL-BREF
14.1.1	
Methods	From the populations of Navi Mumbai and Mumbai, 384 people between the ages of 30 and
	60 who were chosen based on inclusion and exclusion criteria participated in the grade
	sectional study. After receiving written informed according to the cross-
	athend with the receiving written mormed consent from each participant, data was
	gamered using a semi-structured questionnaire. Using IBM SPSS Software (Version 24).
	data was examined.



Results	The prevalence of Low back pain in the age group of 30-60 year individuals was found to be 35.93%. 66.7% of these experienced chronic low back pain. Prolong sitting aggravated low back pain in 51.4% of participants. It was observed that only 25 participants with Low back pain practice Yoga. The overall correlation between core muscle strength and low back pain disability is greater in yoga practicing population when compared with population not practicing yoga. The study results have shown that there is a weak correlation between pain intensity and duration of yoga practice, whereas a fair correlation was found between activities increasing low back pain and spinal movements performed during yoga practice. There is no significant correlation between the four domains of quality of life and pain intensity
Conclusion	Low back pain is very common in the age group of $30 - 60$ years. Yoga has a better impact on quality of life, disability and core muscle strength

Photographs:





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Co-investigators: Desai Manasi Sanjay

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Internship Coordinator: Dr. Hiranmayee Bagwe (PT)

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BPT/Internship Project Report Summary

Project title	Drevelance of the D 1 D 1 1 1 1 1
i lojeet ille	Prevalence of Low Back Pain and correlation of mechanical low back pain with the
	practice of Surya namaskar in individuals between the age of 18-40 years -An
Name and	Dr. Vietorie Kutter (DT)
signature of	Dr. victoria Kuttan (PT)
Guide	and
Name and	Dr. Kshitija ladhay (DT)
signature of Co-	DI. Ksintija Jadnav (PI)
Guide	Render
Name and	Aavushi Gala
signature of	Adjushi Gala
candidate/s	Aayushi B. guile
Duration of	7 months
project	
Approval date	11-08-22
Submission date	28-04-23
	Project Summary
Purpose	To find prevalence of low back pain in individuals between the age of 18-40 years and
	its correlation with the practice of Surva namaskar
Objectives	To find out prevalence of LBP in individuals between the age of 18-40 years using somi
	structured questionnaire. Modified Oswestry Disability questionnaire and numerical
	Rating Scale
	To find correlation between mechanical low back nois is in the table to be
	of 18-40 years and practice of Surva nameskar
	y and man practice of Salya hamaskar
Methods	Ethical approval was taken before conducting the study. An absorber to the
	conducted after obtaining informed consent from 227 and in observatory study was
	vears along with their democratic life black in a structure of age group 18-40
	many and government demographic data. Numerical rating scale was used as outcome
	used as outcome in the pain intensity. Modified Oswestry disability Questionnaire was
194	used as outcome measure to determine the level of disability due to low back pain.
	Statistical analysis was done with SPSS version 24 using Spearman's coefficient of
	correlation (IBM SPSS 28 Statistics Windows, Armonk, NY: IBM Corp) and Microsoft
	Excel 2017.

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Results	
Kesuits	The study included evaluation of 337 healthy individual between the age of 18-40 years. Among the included participants, 74(22%) were males and 263 (78%) were females. 32.3% participants had low back pain .53 (15.7%) participants practised Surya Namaskar. The correlation between LBP (pain intensity) and Practise of Surya Namaskar(duration) was negatively correlated (correlation coefficient (ρ): -0.367). The correlation between LBP (pain intensity) and Practise of Surya Namaskar(frequency) was positively correlation (correlation coefficient (ρ): 0.335). The correlation between LBP (pain intensity) and Practise of Surya Namaskar(repetition) was not correlated (correlation coefficient (ρ): 0.335). The correlation between Pain intensity and Practise of Surya Namaskar(repetition) was not correlated (correlation coefficient (ρ): 00) The correlation between Pain intensity (NRS) and domains of the Modified Oswestry Disability Index showed negative correlation in People with low back pain practicing Surya Namaskar.
Conclusion	
	It was found that 32.3% of healthy individuals between the age of 18-40 years have Low Back Pain. Mechanical low back pain is fairly negatively correlated to duration (number of years of practise), fairly positively correlated with frequency(days per week), not correlated to repetition(number of repetition of 1 cycle) of Surya namaskar. The correlation between Pain intensity (NRS) and domains of the Modified Oswestry Disability Index is negative in people with low back pain practicing Surva Namaskar.

Graphs:



Co-investigators: Aayushi Bhavesh Gala

Mayushi B. Gara

Internship Coordinator: Dr. Hiranmayee Bagwe (PT) Dr. Pooja Dogra (PT)



Guide: Dr. Victoria Kuttan (PT)

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BPT/Internship Project Report Summary

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	Effect of 4 week intervention on pain, mobility, strength and function in patients with
Project title	mechanical low back pain in the age group of 18 – 40 years- A phot quasi experiment
	study.
	Stady -
Name and	Dr. Victoria Kuttan (PT)
signature of	
Guide	
Name and	Dr. Kshitija Jadhav (PT)
signature of	
Co-Guide	
Name and	Charmi Jesal Gandhi
signature of	Aditi Sunil Gaware
candidate/s	Iffat Mohmadali Khatib
Duration of	10 Months
project	To Monaid
Approval date	11 th August, 2022
Submission	28 th April, 2023
date	
	Project Summary
Purpose	To find the effect of 4 week Surya namaskar intervention on lumbar pain, lumbar
-	mobility, muscle strength and function in patients with mechanical low back pain.
	1 internation on
Objectives	To find the effect of 4 week Surya namaskar intervention on-
	• mechanical low back pain using numerical rating scale,
	• lumbar mobility using Modified School s test
	• muscle strength using back-leg-chest dynamonicter and manual master to the
	• function using Modified Oswestry disability questionnane
Mathada	This is a Quasi-experimental pilot study conducted at MGM School of Physiotherapy,
Methods	Navi-Mumbai After obtaining an informed consent from 25 patients with mechanical
	low back pain, their data was collected such as demographics, past medical, surgical and
	family history, pain profile and their involvement in yoga practices such as Surya
	namaskar along with its dosimetry through a Self-designed Semi structured
	questionnaire. Each participant was assessed pre-intervention (baseline) and post-
	intervention for-
	Lumbar mobility- Modified Schober's Test.
	 Muscle strength- Manual muscle testing and Back-leg-chest dynamometer.
	 Function- Modified Oswestry Disability Questionnaire.
	All 25 participants were recruited in the experimental study where they were made to

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	practice Surya namaskar for 4 days a week including- 2 supervised sessions under a certified yoga trainer and 2 home program sessions per week. All the statistical analyses were done on SPSS version 24 (IBM SPSS 28 Statistics Windows, Armonk, NY: IBM Corp) and Microsoft Excel 2017 software.
Results	This study evaluated 25 participants (36% males and 64% females) with mechanical low
	had noin The study described the effects of a 1 is the off
	back pain. The study described the effects of a 4 week intervention of Surya namaskar
	on patients with mechanical low back pain. A significant difference was seen in pain
	NRS ($p=0$), modified schober's flexion ($p=0$), extension ($p=0$), side flexion left
	(p=0.003), side flexion right $(p=0.001)$ tests torso lift $(p=0)$ leg lift $(p=0)$ floor lift
	(p = 0) and total scare of MODO $(n=0)$ means 1 and 4 and 1 interpreter (p=0), filled init
	(p=0) and total score of MODQ $(p=0)$ pre and post 4 week intervention.
Conclusion	The study showed Surya namaskar intervention improved mobility, strength, function and reduced pain in patients with mechanical low back pain in the age group of $18 - 40$ years.



Co-investigators: Charmi Jesal Gandhi Aditi Sunil Gaware Hou Paroan Iffat Mohmadali Khatib

Internship Coordinator: Dr. Hiranmayee Bagwe (PT) Dr. Pooja Dogra (PT)

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Co-Guide: Dr. Kshitija Jadhav (PT)

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MGM SCHOOL OF PHYSIOTHERAPY

Sector-1, Kamothe, Navi Mumbai - 410209

BPT/Internship Project Report Summary

Project title	Development of a questionnaire to explore the prevalence of musculoskeletal pain in
	farmers- a pilot study
Name and	Dr. Triveni Shetty
signature of	
Name and	
signature of	
Co-Guide	
Name and	Jain Disha Bhavesh
signature of	Juriani Ashriya Kailash
candidate/s	Kalwani Bharti Omprakash
	Kamble Nikita Uday
Duration of	6 months
project	
Approval date	11/08/2022
Submission date	17/05/2023
Project Summar	y
Purpose	To develop a questionnaire to explore the prevalence of musculoskeletal pain in farmers
Objectives	Development of a semi-structured questionnaire
	Explore the prevalence of musculoskeletal pain in artisans based on the following domains: work analysis pain work and pain with an interview based questionnaire
	domains. work analysis, pain, work and pain with an interview-based questionnaire
Methods	It is a survey-based study conducted via individual interviews after obtaining informed
	consent from 30 participants along with their demographic data. A Semi-structured
	questionnaire validated through the Face method from the respective members of the
	research committee and experts of the field was used to interview participants in their
	preferred language (Hindi, Marathi, English). The participants were selected based on
	inclusion/exclusion criteria.
Results	A total of 80% of farmers suffer from pain of Musculoskeletal origin, the most common
	type being dull aching. The most common site being lower back (42%) followed by knee
	(29%) and shoulder and neck(8%). Bending(53%) was the main aggravating posture
	followed by lifting(33%) and walking(30%). 92% individuals complained of pain
	interfering with their work and 86% of them had cut down /experienced absenteeism from
	work due to pain.

Conclusion	The research concludes that there is a 80% prevalence of musculoskeletal pain among
	farmers and it is mostly related to sustained postures for long hours and improper lifting
	techniques and lack of awareness and knowledge about importance of proper postures and
	rest periods. The study highlights the necessity for further research on postural strain and
	cumulative trauma disorders related to the farmer group. The research suggests the
	incorporation of ergonomic design into their work place to reduce the adverse effects of
	their current working postures. Improving their work-posture could enhance their quality
	of life and increase their productivity while working for extended hours. Educating them
	about the importance of the exercises and stretches can assist them in the long run.
	Through this research, we have identified the body areas that are at higher risk of pain and
	discomfort. This information helps to conclude the types of exercises that need to be
	recommended for the target areas. By focusing on these specific areas, we can help reduce
	the incidence of pain and discomfort among farmers, allowing them to work more
	comfortably and efficiently.

Photographs:





Co-investigators: Disha Jain Ashriya Juriani. Bharti Kalwani Bharti. Nikita Kamble



InternshipCo-ordinator: Dr. Hiranmayee Bagwe(PT) Dr. Pooja Dogra (PT)

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BPT Co-ordinator: Dr. Mamta Shetty(PT)

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IQAC Co-ordinator: Dr. Shrutika Parab(PT)



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Sector-1, Kamothe, Navi Mumbai - 410209

BPT/Internship Project Report Summary

Project title	Development of a questionnaire to explore prevalence of musculoskeletal pain in artisans: a pilot study
Name and signature of Guide	Dr. Triveni Shetty
Name and signature of Co- Guide	-
Name and	Parikh Kinnari
signature of	Raju Divya
candidate/s	Randeria Kavisha
	Sawant Tejas
Duration of project	6 months
Approval date	11 th August 2022
Submission date	17 th May 2023
Project Summar	У
Purpose	To develop a questionnaire to explore the prevalence of musculoskeletal pain in artisans.
Objectives	Development of a semi-structured questionnaire
	Explore the prevalence of musculoskeletal pain in artisans based on the following domains: work analysis, pain, work and pain with an interview-based questionnaire
Methods	It is a survey-based study conducted via individual interviews after obtaining informed consent from 30 participants along with their demographic data. A Semi-structured questionnaire validated through the Face method from the respective members of the research committee and experts of the field was used to interview participants in their preferred language (Hindi, Marathi, English). The participants were selected based on inclusion/exclusion criteria.
Results	A total of (47%) of Jari Workers and (20%) of Carpenters complained of pain. Cramping/Aching (54%) type of pain was the most common type experienced by Jari Workers, Whereas Deep/Dull(100%) type of pain was reported by all the carpenters. The most common site of pain was the Lower Back in Jari Workers and Carpenters.

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Conclusion The study highlights the necessity for research on the postural strain and cumulative trauma disorders related to the artisan group, particularly carpenters and Jari-workers. Improving their work posture could enhance their quality of life and increase their productivity while working for extended hours. The implementation of workstation changes, such as adjusting the table height, providing back support, setting the chair height, offering foot and hand support, and creating a suitable work environment, can impact the physical capacity and productivity of the artisans. Through this research, we have identified the body areas that are at higher risk of pain and discomfort. By focusing on these areas, we can help reduce the incidence of pain and discomfort among artisans, allowing them to work more comfortably and efficiently.

Photographs:





Guide: Dr. Triveni Shetty

Co-investigators: Kinnari Parikh Kinnan M. Pankh Divya Raju Que Kavisha Randeria KRanderia Tejas Sawant T.D. Sawant

Internship Coordinator:

Dr. Hiranmayee Bagwe (PT) Dr. Pooja Dogra (PT)



BPT Co-ordinator: Dr. Mamta Shetty(PT)

Professor- Director: Dr. Rajani Mullerpatan Professor - Director MGM School of Physiotherapy Tel W22,65143108 vi Multical: mgmschoolofphysiotherapy@gmail.com

IQAC Co-ordinator: Dr. Shrutika Parab(PT)



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BPT/Internship Project Report Summary

Project title	Physical fitness in adults
Name and	Dr. Ruturaj Shete (PT)
signature of	에 가장 실망 가 있는 것같아. 이렇게 가지 않는 것이 같아요. 이는 것이 가지 않는 것이 가지 않았다. 이는 것이 있었다. 이는 것이 않았다. 이는 것이 않았다. 이는 것이 가지 않았다. 이는 것이 같이 같아요. 이는 것이 같아요. 이렇게 하는 것이 같아요. 이는
Guide	
Name and	Mr. Rohit Nair
signature of	Ms. Shweta Navkal
candidate/s	Ms. Neha Yadav
	Ms. Isha Nileshwar
Duration of	8 months
project	
Approval date	11 th August 2022
Submission	28 th April 2023
date	
	Project Summary
Purpose	To assess physical fitness in healthy adults.
Objectives	To evaluate domain wise physical fitness in adults.
	To determine normative data of physical fitness in adults.
Methods	It is a descriptive study conducted after obtaining informed consent from 500 participants along with their demographic data. The participants were explained about the research and its purpose in the language best understood by them and informed consent was obtained. A sample of 500 adults were recruited and selection was done based on the inclusion/exclusion criteria. All data was subjected to descriptive statistics for mean and standard deviation and statistically analysed using MS-Excel software (2019).
Results	
	There is a significant decrease in fitness levels amongst the participants of both males and females as we progress from younger to older age groups. This includes decrease in the levels of flexibility, power, strength, agility and percentage of cardiovascular endurance.







Co-investigators:

Guide: Dr. Ruturaj Shete (PT)

Internship

Coordinator:

(PT)

Dr. Hiranmayee Bagwe

Mr. Rohit Nair Illow Ms. Shweta Navkal Ms. Neha Yadav Neyadav

Ms. Isha Nileshwar TSUS



BPT Co-ordinator :

Dr. Mamta Shetty (PT)

IQAC Co-ordinator:

Dr.Shrutika Parab (PT)

Dr. Pooja Dogra (PT)

Professor- Director:

Dr. Rajani Mullerpatan Professor - Director MGM School of Physiotherapy MGMIHS, Navi Mumbai





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BPT/Internship Project Report Summary

Project title	Screening of first-degree relatives of individuals diagnosed with Parkinson's disease for identification of early motor and non-motor signs
Name and signature	Dr. Shrutika Parab (PT)
of Guide	
Name and signature	Dr. Neha Padia (PT)
of Co-Guide	
Name and signature	Hardik Nimla
of candidate/s	Ankita Panchal
	Nishtha Pandit
	Nidhi Pandya
Duration of project	6 months
Approval date	16/08/2022
Submission date	28 04 2023
	Project Summary
Purpose	To screen the first-degree relatives of individuals diagnosed with PD for early
	identification of early motor and non-motor signs.
Objectives	To identify individuals through a screening process by using the outcome measures
6012	showing positive findings in a population at risk of developing PD.
	To understand acceptability of the individuals for risk disclosure and willing to
	participate in an intervention if provided in near future in a population at a risk of
	developing PD.
Methods	It is a descriptive study conducted on first degree relatives of individuals diagnosed with
	Parkinson's disease as per the inclusion criteria. The screening was initiated after
*	obtaining the informed consent. A total of 104 participants were screened including their
	demographic details. A set of 5 screening tools namely, Movement Disorder Society-
	Unified Parkinson's Disease Rating Scale (MDS-UPDRS), Non-motor Symptom
	Assessment Scale (NMSS), Non-motor Symptom Questionnaire (NMSQ), International
	Physical Activity Questionnaire (I-PAQ), Fatigue Severity Scale (FSS). The participants
	were selected based on the inclusion/exclusion criteria. Descriptive analysis was done
	with the help of a pie-chart and Microsoft Excel 2013.
Results	Out of 104 participants screened, 83 participants demonstrated non-motor and motor
	signs;21 participants were identified to be healthy individuals. Out of these 83
	participants, 74 purely had non-motor signs, whereas, 9 had non-motor (sleep problems,
	chronic constipation and anxiety/panicky mood) as well as motor signs (neck rigidity,
	handwriting, tremors and postural instability) present. Major Non-motor signs identified
	were fatigue followed by sleep problems, chronic constipation and anxiety/panicky

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	mood. Major Motor signs identified were posture followed by neck rigidity,
	handwriting, tremors and postural instability. 74% of the individuals were willing to
	know about their risk disclosure which emphasizes on the fact that people are aware of
	the biological risk and are concerned about the prevention. Out of which, 61%
	individuals were interested in an intervention program if it is to be planned further for
	the participants.
Conclusion	Hence, we conclude that there is a higher biological risk of developing Parkinson's
	Disease in first degree relatives of the individuals already diagnosed with Parkinson's
	Disease. The subjects exhibit a substantial pattern of non- motor signs and symptoms,
	making it an important aspect of early screening and diagnosis of Parkinson's Disease.



Fig. No. 1 - Part III of MDS-UPDRS testing the motor competent by Pronation -Supination Movements



Fig. No. 2 - Testing the balance competent in Part III of MDS -UPDRS i.e., Arising from a chair



Fig. No. 3 - Part III of MDS-UPDRS tests fine motor competence through toe tapping movements

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Co. Guide: Dr. Neha Padia (PT)

IQAC Co-ordinator: Dr. Shrutika Parab (PT)



Guide: Dr. Shrutika Parab (PT)

BPT Co-ordinator : Dr. Mamta Shetty (PT)

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BPT/Internship Project Report Summary

Project title	BELL'S PALSY POST PAROTIDECTOMY – A CASE STUDY
Name and	Dr. Amrita Ghosh (PT)
signature of	
Guide	
Name and	Ms. Nargaz Khan
signature of	Mr. Hrishikesh Khonde
candidate/s	Ms. Sayali Mandke
	Ms. Mehnaz Fatima
Duration of	6 months
project	4b
Approval date	11 th August 2022
Submission date	05/05/2023
	Project Summary
Purpose	To know the relation of facial paralysis and parotidectomy.
	To know the effects of facial PNF exercises and electrical stimulation in the form of
	surge faradic current on post-operative facial paralysis.
Case	The patient underwent superficial parotidectomy in March 2022 and post that she
Description	experienced weakness of the facial muscles on the left side and was unable to puff air
	between the cheeks, unable to smile on left side and demonstrated incomplete closure of
1	left eyelid. She received physiotherapy intervention at MGM hospital, kamothe in the
	form of facial PNF exercises and surge faradic electrical stimulation for frontalis,
	buccinator, orbicularis oculi, orbicularis oris, risorius and nasalis muscles for 6 months.
	Pre and post assessment were compared to know the effects of interventions.
Results	Post intervention assessment of the patient was taken which indicated that the facial
	weakness of the patient is gradually resolving and her condition is improving according
	to the grades of each component of House-Brack-mann scoring scale. Post evaluation of
	Modified oxford grading of facial muscles indicates that there is a significant increase in
	the strength of frontalis, buccinator, orbicularis oris, orbicularis oculi and risorius
	muscles.
Conclusion	Thus, any surgical procedure of the parotid gland can have the risk of developing the
	complication of Bell's Palsy because of the close vicinity of the facial nerve with the
	gland. Synkinesis and facial asymmetry plays an important role in determining the extent
	of Bell's palsy, hence early physiotherapy intervention along with corticosteroids and
	prior patient education is necessary to prevent further disease progression.

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Preparing case description and analysing results at MGM School of Physiotherapy, Navi Mumbai

Co-investigators: Internship **Coordinator:** Ms. Nargaz Khan Mr. Hrishikesh Khonde Dr. Hiranmayee Guide: Bagwe (PT) Ms. Sayali Mandke Dr. Amrita Ghosh (PT) Dr. Pooja Dogra (PT

Ms. Mehnaz Fatima

BPT Co-ordinator :

Dr. Mamta Shetty (PT)

IQAC Co-ordinator:

Dr.Shrutika Parab (PT)

Professor- Director:

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Sector-1, Kamothe, Navi Mumbai - 410209

BPT/Internship Project Report Summary

Project title	Physical fitness testing in pediatric population (age 6-15) in Navi Mumbai
Name and	Dr. Bhoomika Sawant (PT)
signature of	
Name and	Devanshi Runani
signature of	Krutee Sangani
candidate/s	Vishwa Sanghyi
	Soham Sawant
Duration of	6 months
project	
Approval date	13/08/2022
Submission	06/05/2023
date	
	Project Summary
Purpose	To determine the normative reference values for physical fitness testing in children (age
	6-15 years) in Navi Mumbai
Objectives	To evaluate the components of physical fitness tests in children for flexibility, muscle
	strength, cardiorespiratory endurance, agility and balance.
Methods	It is an observational study conducted via visiting schools after obtaining informed assent
	from 325 participants along with their demographic data. A set of fitness tests were used
	to asses different domains (flexibility, muscle strength, cardiorespiratory endurance,
	agility and balance) of physical fitness. The participants were selected based on
	inclusion/exclusion criteria. Statistical analysis was done using SPSS Software and
	Microsoft Excel 2013.
Results	The study evaluated the physical fitness parameters of 325 children aged 6-15 years,
	including flexibility, muscle strength, cardiorespiratory fitness, agility, and balance. The
	results of the study showed that there were differences in physical fitness between boys
	and girls in different age groups, which could be attributed to various factors such as
	body composition, physical activity levels, and hormonal changes. The study also found
	that physical fitness parameters such as flexibility and cardiorespiratory fitness tend to
÷	decrease with age, while muscle strength and agility tend to increase with age.



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Figure 1-Y Balance testing



Figure 2- Deep squat test

Guide:

Dr.Bhoomika Sawant(PT)

Ms. Krutee Sangani Ms. Vishwa Sanghavi Mr. Soham Sawant

Ms. Devanshi Rupani Da

Co-investigators:

Internship Coordinator: Dr. Hiranmayee Bagwe (PT) Dr. Pooja Dogra (PT)

BPT Co-ordinator : Dr. Mamta Shetty (PT)

Professor- Director: Dr.Rajani Mullerpatan

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IQAC Co-ordinator: Dr. Shrutika Parab (PT)





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Sector-1, Kamothe, Navi Mumbai - 410209

BPT/Internship Project Report Summary

Project title	Assessment of Physical Eitness in LL 111
Name and signature of Guide	Dr. Hiranmayee Bagwe(PT)
Name and signed	
Candidate/a	Dhanashree Sayta
canulate/s	Kushani Shah
	Ritu Shah
Dunction C :	Tanvi Shah
Duration of project	6 months
Approval date	10.08.2022
Submission date	28.04.2023
D	Project Summary
Purpose	To study the level of physical fitness among health core and
Objectives	To measure the current levels of Physical Eitness and the
	Workers: Workers:
	 Muscle flexibility using Sit and Reach Test
	• Muscle strength and endurance using Hand Onin D
	Stand Test, Deep Squat Test, Push up Test
	• Cardio-respiratory Endurance using 6 Minute W. II.
	 Balance using Y Balance Test
	• Agility using Timed Up and Co Test
Methods	Study was commenced offer the
	selection of sevents
	screetion of sample size was done based on inclusion criteria. The
	commencement of data collection was done with informed consent. The
Regulta	collected data was processed. Data analyzed using statistical tests
Results	Out of the total sample of 200 healthcare workers 49 were male and 151
	female. The mean age of men within the sample size was found to be 22.1
7	while women was 31.5 years of age. Men also showed working hours of 7 (1
	and women had 7.67 hours of work per day. Men showed a mean IDAO
	of 9169.82MET-min/week and females showed a score of 0.874.060 mm
	min/week. In the domain of flexibility women proved to be more 2.
	a mean sit and reach value of 23 70cm while men shound sit
	23.14cm. For balance, a Y balance test was conducted formed all reach value of
	mean composite Y balance value for left leg to be 75.26
	79.46cm. On the other hand, females showed values of 77.70
	and 80.32cm for right limb While testing for strength d
	men having higher strength than females. Man showed to
	mean of 7.09 seconds of timed up and go tost in showed to be more agile with a
	performed by women.
	In 6 minute walk test responsible for checking Godi
	Cardiovascular Endurance, men

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Conclusion	showed a higher value of 63.4% of cardiac endurance while women showed 60.82% of cardiac endurance. Healthcare occupation is physically and
	this study was to use selected field-based tests to assess the physical fitness of health care workers. Irregular work hours, unhealthy dietary habits and stress contribute to a higher risk of cardiovascular, musculoskeletal and cognitive disorders. Lower level of fitness and physical inactivity over long periods of time has led to a decline in quality of life and overall health. By identifying capabilities and weaknesses, interventions and fitness programs can be tailored for each individual to reach their full occupational fitness patential.
	increase work efficiency and provide optimal patient care.



Figure 1 – Y balance test

Co-investigators



Figure 2 - 30 second squat



Figure 3 – 30 Second chair stand test

Co-investigators:

Dhanashree Sayta Kushani Shah Ritu Shah Tanvi Shah Forvithat

Internship Coordinator: Dr. Hiranmayee Bagwe (PT) Dr. Pooja Dogra (PT)



Guide:

Dr.Hiranmayee Bagwe (PT)



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Sector-1, Kamothe, Navi Mumbai - 410209

BPT/Internship Project Report Summary

Project title	Effects of Deep Squatting exercise on lower limb parameters and functional outcomes in
1	individuals with Knee Osteoarthritis.
A success to see	and the set of the set
Name and signature of Go-Guide	Dr. Payal Murkudkar (PT)
Name and	Sadhika Shenvi
signature of	Aakansha Singh
candidate/s	Juhika Surve
	Neha Tatli
Duration of project	6 months
Approval date	16th August, 2022
Submission date	2 nd May, 2023
	Project Summary
Purpose	To examine the impact of Deep squat exercises in individuals with knee osteoarthritis
Objectives	To assess the changes in various cardiovascular, musculoskeletal and functional aspects
	after the deep squatting exercise intervention over a period of 6 weeks.
	To establish whether deep squatting can be included in the conventional protocol for Knee Osteoarthritis in early stages.
Methods	It is a Intervention study conducted by measuring cardiovascular, muscular and functional components of individuals with knee OA and obtained consent from 62 participants along with their demographic data. The participants were divided into two groups- intervention and control group. The participants were selected based on inclusion/exclusion criteria. The participants in the intervention group were given the deep squatting intervention for a period of 6 weeks. Statistical analysis was done with SPSS version 24 (IBM SPSS 28 Statistics Windows, Armonk, NY: IBM Corp) and Microsoft Excel 2013.
Results	Muscle endurance was assessed by using 30 second chair stand test. On the first day of assessment mean was 11.74 while on the day of discharge it was 14.52. Hence muscle endurance was seen to increase slightly over a period of 6 weeks on inclusion of the Deep squatting program. Range of motion of the knee is an important component in osteoarthritis which needs to be a first of the second test.
	ostcoarding which needs to be evaluated and this was done using a goniometer. The

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	1	mean range of motion of new list
		and know of motion of population on the first day of assessment for right 1
		and knee extension was found to be 118.32 and for left lange G
		it was 121.90, while on the day of discharge G
		was 121 16 and for 166 1
		report of the flexion and knee extension was 124.20 I get i
		range of motion components it was found to increase by and the
		showed statistical improvement it shows I
		Modified WOMAC and a list showed very minimal clinical improvement
		with and wolving scale, which was used as a functional outcome measure in
		with osteoarthritis of the knee, showed a decrease in the area the
1		6 weeks. On the first day of assessment d
		24.61, LOWER EXTREMENT IN FIRST THE mean was 30.03, while after 6 weeks it was
		DESCRIPTIONAL SCALE (LEES) On the first d
		assessment the mean score was found to be 61 13 while after 6 west
		On introspecting the individual test components in after 0 weeks it was 65.97.
		endurance, outcome manufacture tost components it was found that mean of muscle
		improvement hat
F	Conclusion	improvement between the 1st week and 6th week.
1	conclusion	From this study we can conclude that deep Squatting 1
1		endurance and functional activities of in 1 is a shown an improvement in t
		added in the protocol of a during should
		Individuals
		individuals performing squats as a functional activity doily and
		knee OA should not be advised to discontinue and are in the early stages
		and is continue squatting



Figure 1 : Intervention Deep Squat Exercises

Co-investigators:

Sadhika Shenvi & Aakansha Singh Muruha Juhika Surve & Sugar Neha Tatli Ntati

Internship Coordinator: Dr. Hiranmayee Bagwe (PT) Dr. Pooja Dogra (PT)



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Dr.Rajani Mullerpatan Professor - Director MGM School of Physiotharapy for Amit

Dr Payal Murkudkar (PT)

IQAC Co-ordinator: Dr.Shrutika Parab (PT)



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Figure 2 : Data Analysis on SPSS Software in MGM SOP.

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BPT/Internship Project Report Summary

Project title	Effect of trunk exercises on trunk control, sitting balance and functional abilities performed on an anteriorly inclined seat in children with corelation in the second seat in children with corelation.
	Study
Name and signature of Guide	Dr. Aamreen Ryain (PT)
Name and	Ms. Riddhi Thaker
signature of	Ms. Leher Tiwari
culturate/s	Ms. Dishi Trivedi
	Ms. Palak Trivedi
Duration of	10 months
Approval data	
Submission data	10 th August 2022
Submission date	08 May 2023
Purpose	Project Summary
1 uipose	10 explore the effects of trunk exercises on trunk control, balance and functional
011	Pilot Study
Objectives	To explore effects on the trunk control of patients with Cerebral Palsy with an 8- week intervention protocol performed on an anteriorly inclined seat.
	To compare the outcomes of trunk exercises on trunk control, sitting balance and functional activities performed on an anteriorly inclined seat in children with Cerebral Palsy based on the following domains: 1. Trunk Control Measurement Scale, 2. Gross Motor Function Measure, 3. Pediatric Balance Scale, 4. Functional Reach Test and 5. 2D Motion Analysis using Kinovea.
Methods	It is an experimental pilot study conducted via an 8-week intervention protocol performed on an anteriorly inclined seat after obtaining informed consent from parents of 10 participants along with their demographic data. A self-designed protocol based on literature search was implemented. The participants were selected based on inclusion/exclusion criteria. Intervention was given for 8 weeks and data of pre-assessment and post-assessment was done. Statistical analysis was done with SPSS version 24 (IBM SPSS 28 Statistics Windows, Armonk, NY: IBM Corp).

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Results	Statistically significant improvements (r <0.05)
	TCMS GMEM DDS EDT Th
	anteriorly inclined and
	anteriority inclined seat may prove to be effective in improving trunk control.
Conclusion	balance, functional abilities in children with spastic diplegic cerebral palsy.
Conclusion	The purpose of this pilot study was to identify the effect of trunk exercises on trunk control, balance and functional abilities when performed on an anteriorly inclined seat on children with spastic diplegic cerebral palsy. According to the study's findings, patients with the diagnosis of spastic diplegic cerebral palsy underwent an 8-week trunk exercise programme using an elastic resistance on an anteriorly inclined seat. Thus, succeeding significantly in improving their trunk control, balance, and functional abilities. As the result suggests improvement in patient parameters through the intervention, we aim to perform this study on a larger population to understand and validate the intervention.





Co-investigators:

Ms. Riddhi Thaker

Ms. Leher Tiwari

Ms. Dishi Trivedi Didu Trivedi

Ms. Palak Trivedi Rolling

BPT Coordinator:

Ale

Dr. Mamta Shetty (PT)



Guide:

Dr. Aamreen Ryain (PT)

🖉 Internship Coordinator:

Dr. Hiranmayee Bagwe (P/T Dr. Pooja Dogra (P

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BPT/Internship Project Report Summary

Physical fitness in adults
Dr. Ruturaj Shete (PT)
Ms. Kajal Vora
Ms. Sadiyah Wahedna
Ms. Manasi Wangikar
Ms. Falguni Bohra
8 months
11 th August 2022
28 th April 2023
Project Summary
To assess physical fitness in healthy adults.
To evaluate domain wise physical fitness in adults.
To determine normative data of physical fitness in adults.
It is a descriptive study conducted after obtaining informed consent from 500 participants along with their demographic data. The participants were explained about the research and its purpose in the language best understood by them and informed consent was obtained. A sample of 500 adults were recruited and selection was done based on the inclusion/exclusion criteria. All data was subjected to descriptive statistics for mean and standard deviation and statistically analysed using MS-Excel software (2019).
There is a significant decrease in fitness levels amongst the participants of both males and females as we progress from younger to older age groups. This includes decrease in the levels of flexibility, power, strength, agility and percentage of cardiovascular endurance







Co-investigators:

Ms. Kajal Vora Kajal

Ms. Sadiyah Wahedna 🔗

Ms. Manasi Wangikar Wawyi

Ms. Falguni Bohra Falguni

BPT Co-ordinator :

Dr. Mamta Shetty (PT)

Guide: Dr. Ruturaj Shete (PT)

burity

IQAC Co-ordinator:

Dr.Shrutika Parab (PT)

Internship Coordinator: Dr. Hiranmayee Bagwe (PT)

Dr. Pooja Dogra (PT

Professor- Director:

Dr. Rajani Mullerpatan

Professor - Director MGM School of Physiotherapy MGMIHS, Navi Mumbai





(Deemed University u/s 3 of UGC Act, 1956)

Grade 'A++' Accredited by NAAC

MGM SCHOOL OF PHYSIOTHERAPY

Sector-1, Kamothe, Navi Mumbai - 410209

BPT/Internship Project Report Summary

D	Di Trinternsnip Project Report Summary
Project Title	Validation of Survey tool on prevalence of pain and Planing D. Landstone
	among different Musicians (Pilot study)
Name and	().
signature of	Dr.Akhila Natesan(PT)
Guide	
Name and	Shristi Vadav
signature of	Shikha Yaday
candidate/s	Khushboo Agrawal
	Aameena Choudhary
Duration of	12 months
project	
Approval	21 A 1 2022
Date	21 April 2023
Sub-	
Date	08th MAY 2023
Date	
	Project Summary
Purpose	To validate the survey tool on the prevalence of planing that
	among Indian classical musicians
Objectives	1. To understand the extent of average t
	musculoskeletal disorders and the exposure to postures causing instrument playing related
	2 To study the second disorders among musicians.
	2.10 study the prevalence of playing related musculoskeletal disorders and pain among musical
	instrument players.
	3. To explore the distribution of musculoskeletal pain and injurios among in the
	players.
	4. Understand the impact of playing related museul, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1, 1,
	participation in daily life
	5 Understand the attitude to the
	disorders
Methods	Approval from the stling to see the stling to se
	complaints of musiciana and a staken. Questionnaire was developed based on chief
	guide and team members. Selection of literature, discussion between 2 senior, 3 junior, 1 external
	physiotherapists or musicions. Content expert's based on their years of experience as
	telephone or were given 4 days to review and
	Face validity and content validity was

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	conducted by 6 physiotherapy experts and 15 musicians. Data compilation
	test results were recorded.
Results	15 professional Indian classical musicians and Contractions
	questionnaire based on relevance, clarity, importance Out of total 20 and the
	scored maximum i.e 1 in every section, except question number 7 and question number 20 and
Conclusion	the least score i.e 0.93 in the section of importance by different musicians.
Conclusion	Out of 30 questions, 28 questions were scored highly on relevance impact in the
	Question no. 7 and question no. 20, 0.03 for batt it
	of clarity by musicing. The
	or charity by musicians. The questions were modified as per the comments of the reviewere
	Physiotherapy experts marked all the question with maximum soore as make
	and clarity. After reliability testing the survey to 1
	playing related muses had been been been been been been been bee
Dhata	playing related musculoskeletal disorders among Indian classical musicians.





Co-investigators:

Shristi Yadav Shikha Yadav Khushboo Agrawal Aameena Choudhary

Internship Coordinator: Dr. Hiranmayee Bagwe (PT)

Dr. Pooja Dogra (PT)

Dr.Akhila Natesan (PT)

Guide: 08

os

BPT Co-ordinator:

Dr. Mamta Shetty (PT)

Professor- Director: Dr. Rajani Mullerpatan Professor - Director MGM School of Physiotherapy MGMIHS, Navi Mumbai

IQAC Co-ordinator:

Dr. Shrutika Parab (PT)





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BPT/Internship Project Report Summary

Project title	Comparision of Vibration threshold Cutaneous sonsors the Little
	plantar tissue among adults with and without type? disk at a more than the plantar tissue among adults with and without type?
Name and	Dr. Triveni Shetty(PT)
signature of	
Guide	
Name and	-
signature of	
Co-Guide	
Name and	Sakshi Gadhave
signature of	Shruti Gawade
candidate/s	Kinjal Jain
	Jeihann Khairrabaadi
	Lata Mane
Duration of	6 Months
project	
Approval	10 108 2000
date	16/08/2022
Submission	16/05/2022
date	10/03/2023
-	Project Summany
Purpose	This study will help in analyzing if there is any difference of the
	between type 2 diabetic mellitus individuals and Healthy in the individuals and Healthy in the individuals
01	perception threshold, Cutaneous sensory threshold, temperature
Objectives	-To evaluate Vibration perception threshold in individuals with DM (
	with healthy individuals
	-10 evaluate Cutaneous sensory threshold in individuals with DM ture 2 and
	with healthy individuals
	bealthy individuals with DM type-2 and compare with
Methods	It is a Dilatest 1 and the state
	2-5 Medial Face for the study conducted by placing the probes of the equipments on the Hallux Toos
	participants were sele to be
	done with SPSS version 24 (ID) (Space version/exclusion criteria. Statistical analysis was
	and Microsoft Excel 2012
Results	-Individual with two 2 distances
	temperature at right toe $(p=0.045)$ to be the significantly lower plantar tissue
	(p=0.043), left hallow $(p=0.027)$, he have a forefoot $(p=0.009)$, right lateral midfoot
	(p=0.033) (p=0.027), left lateral forefoot (p=0.013), left lateral midfoot
	-There is no significant difference(p>0.05) in the significant differe

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Conclusion	-Individuals with Type 2 diabetes demonstrates a significantly lower plantar tiss temperature -There is no significant difference in vibration
	between diabetic and non diabetic individuals -As the individuals with DM were in their early stages of diabetes (5-7 years of onset) one the initial signs can be considered as cold feets







Co-investigators: Sakshi Gadhave Bradhave Shruti Gawade Anulli Kinjal Jain Frin Jeihann Khairrabaadi Jeuhon Lata Mane Jeuhon Internship Coordinator: Dr. Hiranmayee Bagwe (PT) Dr. Pooja Dogra (PT)

Guide: Dr. Triveni Shetty

BPT Co-ordinator : Dr. Mamta Shetty (PT)

Professor- Director: Dr.Rajani Mullerpatan Professor - Director MGM School of Physiotherapy MGMIHS, Navi Mumbei Tel.:022 65143108. E-mail: mg

IQAC Co-ordinator: Dr. Shrutika Parab (PT)





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MGM SCHOOL OF PHYSIOTHERAPY

Sector-1, Kamothe, Navi Mumbai – 410209

BPT/Internship Project Report Summary

Project title	A study on contextual 6
	by women active actors and common birthing positions adopted by the
Name and	Dr.
signature of	Dr. Ramandeep Kaur Saini (PT)
Guide	t and
Name and	enve
signet and	Snehal Pawar
Signature of Candidate/s	Madhulika Singh
	Sneha Gone
	Yash Bhanushali
	Hridya Nair
	Madhuri Bharti
D	Jiniyas Rajput
Duration of	6 months
project	
Approval date	16-8-22
Submission date	22-5-23
Purpose	Project Summary
- ai post	Exploring the contextual factors in the

Purpose	F 1
pose	Exploring the contextual factors influencing shill i d
	birthing positions adopted during labor to
Objectives	To find out the context, the
	women of an I
	women of rural areas using a self-made validated questionnain
	To explore child birthing positions during labor
	a self-made validated questionnaire
Methods	This is a cross-sectional study and here the
	contextual factors in G
	adapted a
	adopted by women during labor. Ethical approval was also in fining positions
	validated questionnaire was used Researchers
	villages adopted by MGMIUS, Di
	Waghachiwadi in Pained U.
	inclusion and in Raigad district. 336 women were individually surveyed here t
	metasion and exclusion criteria and written informed concert and
	participants were interviewed using self-made question in the
	Physical Activity Questionnaire - Short Free Westionnaire and International
	and descriptive analysis were not form (IPAQ-SF). Data entry, validation
lesults	Out of the 336 participation of the safe performed using Microsoft Excel 2021.
	15.20 (200) is
	13-20 (30%) with multigravida in 80.1%. 55 3% made up that
	socio-economic status while 73% and 10% ware to
	and 19% were housewives and had farming as
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	their commetiantiantiantiantiantiantiantiantiantian
	their occupation respectively. These occupations included physical activities such
	as squatting, bending, lifting, prolonged standing and walking as thus it was noted
	that the females were involved in high level of physical activities (45%) observed
	on IPAQ-SF scale. Our results demonstrated that Normal vaginal Dalians and
	most prevalent method of delivery constituting 88 29/ of the total 1 1
	75% being home-based deliveries actively constituting 88.2% of the total deliveries, with
	village (75%) ()
	village (75%). On investigating birthing positions, the study revealed that mothers
	demonstrated a preference for horizontal positions like the lithotomy and supine
	birthing positions where 46% adopted upright right positions during 1st stage of
	labor. It was further noted that lithotomy position was commonly used in both stage
	2 and 3, 46.7% and 96.9% respectively 81 14% reported not being array 1
	different birthing positions that could be adopted during labor on 1 (0, 00)
	reported that they were not aware that they have a sin little 1
	during parturition which gravite that they have a right to choose any such positions
Conclusion	The stude of a stude o
conclusion	The study shows that factors like low socio-economic status, early maternal age,
	lack of knowledge and awareness and the high level of physical activity were the
	personal contextual factors influencing the mode of delivery in rural areas. Lack of
	accessibility to medical facilities and awareness about pregnancy has lad to
	knowledge being confined to only lithotomy and supine positions. It is necessary
	for the expectant mothers to know the alternative positions and all
	satisfactory position
	, Feermonn



Collection Guide:

Dr. Ramandeep Kaur Saini (PT)

Co-investigators: Snehal Pawar A Paweut Madhulika Singh Sud-Sneha Gone Sud-Yash Bhanushali Hridya Nair Madhuri Bharti Jiniyas Rajput

Internship Coordinator: Dr. Hiranmayee Bagwe (PT)

Dr. Pooja Dogra (PT)

BPT Ćoordinator: Dr. Mamta Shetty (PT)

Professor - Director: Dr. Rajani Mullerpatan Professor - Director MGM School of Physiotherapy



for,

Data Analysis at MGM SOP

IQAC Coordinator: Dr. Shrutika Parab (PT)



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Student Project List March to August 2023

S	L	Date of		Name of program	Number		Relevant documents - for each entry merged as 1 PDF document in same order			
no.	Name of the research project	conduction	PG	PG / Department		Names of students	Circular/ Notice	Time tables. Attendance record.	Geotagged Photographs	
1	Influence of Yoga on pain, lower extremity	Completed	UG	Musculoskeletal	4	Agrawal Rushabh Pravin				
	kinetics, kinematics and functions in patients			Physiotherapy		Anushka Ajit Tambe				
	with Knee Osteoaethritis			Carl Configuration		Bhalala Het Dinesh		· · · ·		
						Darekar Aakanksha Vinay			_	
2	Prevalence of Low back pain profile and it's	Completed	UG	Musculoskeletal	4	Desai Manasi Sanjay				
	correlation with practice of Yoga in the age			Physiotherapy		Ashima Dhiman				
	group 30 - 60 years - A cross sectional study	9		i nei y		Dhurde Chhaya Mahadeo	10			
						Dongre Shivani Ketan				
3	Prevalence of low back pain and correlation of mechanical low back pain with the practice of Surya namaskar in individuals between the age of 18-40 years -An observational study	Completed	UG	Musculoskeletal Physiotherapy	1	Gala Aayushi Bhavesh				
4	"Effect of 4 week Surya	Completed	UG	Musculoskeletal	3	Gandhi Charmi Jesal				
	Namaskar intervention on pain, mobility,			Physiotherapy		Gaware Aditi Sunil				
	strength and function in patients with					Iffat Mohmadali Khatib				
5	Development of questionnaire to explore the	Completed	UG	Musculoskeletal	4	Jain Disha Bhavesh				
	prevalence of musculoskeletal pain in farmers:			Physiotherapy		Juriani Ashriya Kailash				
	A pilot study -					Kalwani Bharti Om				
	Ал.					Kamble Nikita Uday				
6	Development of questionnaire to explore the	Completed	UG	Musculoskeletal	4	Parikh Kinnari Monesh				
	prevalence of musculoskeletal pain in artisans:			Physiotherapy		M Raju Divya Raja				
	A pilot study					Randeria Kavisha Bimal			owsigh	
						Sawant Tejas Deepak			S A	
7	Physical Fitness in adults	Completed	UG	Sports	4	Nair Rohit Ajit				
				Physiotherapy		Navkal Shweta Suren			for top	
						Nileshwar Isha Ravikiran			W/X	

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Sr. no.	Name of the research project	Date of conduction	UG / PG	Name of program	Number of	Names of students	Relevant de as 1 P	Decuments - for ea DF document in Time tables.	ch entry men same order
8	Screening of first dagree relatives of individual			/ Department	students		Notice	Attendance record.	Geotagged Photograpi
-	diagnosed with Parkinson's Disease for	Completed	UG	NeuroPhysiotherap	4	Nimla Hardik Mukesh			
	identification of early motor and non motor			У		Panchal Ankita Bharat		_	
	signs					Pandit Nishtha Rajiv			
9	Bell's Palsy post parotidectomy A case study	C. L.L	-			Pandya Nidhi Santosh			
-	Son's rulsy post paronucciony - A case study	Completed	UG	NeuroPhysiotherap	4	Khan Nargaz Usman			
				У		Khonde Hrishikesh Ajay			
						Mandke Sayali Vinod			
						Mehnaz Fatima Abdul Nasir			10
10	Pediatric Fitness	Completed	UG	Cardiovascular and	4	Sangani Krutee Kalpesh			
				Respiratory	~	Sanghavi Vishwa Sohil	and a second second	and a second	the second second
				Physiotherapy		Rupani Devanshi Sanjay			
11						Sawant Soham Sanjay	and the second		
11	Assessment of physical fitness in healthcare	Completed	UG	Cardiovascular and	4	Sayta Dhanashree Vijay			
	workers			Respiratory		Shah Kushani Milan			
				Physiotherapy	· [Shah Ritu Udayan		2	
10						Shah Tanvi Salil			
12	Effects of deep squatting exercises on lower	Completed	UG	Cardiovascular and	4	Shenvi Sadhika Subhodh			
	individuals with OA Knee			Respiratory Physiotherapy		Singh Aakansha Verendra Pal			
						Surve Juhika Rajesh		-	
10	F					Tatli Neha Ashfaq			
13	Effect of trunk exercises on trunk control,	Completed	UG	NeuroPhysiotherap	4	Thaker Riddhi Sanjay			
	onteriorly inclined and in hill			У		Tiwari Leher Manish			a
	Palsy: A Pilot Study					Trivedi Dishi Kirti			1
14	Physical Etterna in 1 h					Trivedi Palak Jayesh			
14	Physical Fitness in adults	Completed	UG	Sports	4	Vora Kajal Rakesh		documents - for er PDF document in Time tables. Attendance record.	
	r.			Physiotherapy		Wahedna Sadiyah Zubair			12
						Wangikar Manasi Milind			
10						Bohra Falguni Purushottam			
15	Validation of survey tool on prevalence of pain and playing related musculoskeletal disorders (Completed	UG	Musculoskeletal	4	Shrishti Yadav			
ysio	RMSD) among different musicians			rnysiotherapy		Yadav Shikha Sudama			
INE					F	Khushboo Agrawal			
10°	-/* 					Choudhary Aameena			

Sr		Date of	UG/	Name of program	Number		Relevant doc as 1 PD	cuments - for eac OF document in s	ch entry merged same order
no.	Name of the research project	conduction	PG	/ Department	of students	Names of students	Circular/ Notice	Time tables. Attendance record.	Geotagged Photographs
' 16	Comparison of vibration perception threshold,	Completed	UG	Cardiovascular and	5	Sakshi Gadhave			
	cutaneous sensory threshold, plantar tissues			Respiratory	[Shruti Gawade		_	
	temperature among individuals with and without			Physiotherapy		Kinjal Jain			
	type 2 diabetes mellitus				2	Jeihann Khairrabaadi			
						Mane Lata Santosh			
17	A study on contextual factors and common	Completed	UG	Community	7	Snehal Pawar			
	birthing positions adapted by women during			Physiotherapy		Madhulika Singh			
	labour in rural areas of India					Yash Bhanushali			125
						Sneha Gone			
						Nair Hridya			
						Bharti Madhuri			
						Jiniyas Rajput			
18	Effect of a 12 week Activity-based exercise program on upper extremity function in patient with Type II diabetes with and without Shoulder dysfunction.	November 2021- Ongoing	PG	Musculoskeletal Physiotherapy	1	Janhavi Shah			
19	Influence of Pranayama breathing techniques on thoracic cage biomechanics, respiratory muscle activity and lung function in patients with chronic respiratory disease: A randomized controlled trial	November 2021- Ongoing	PG	Cardiovascular and Respiratory Physiotherapy	1	Dishti Solanki			
20	Influence of expiratory yoga techniques on respiratory function, physical activity, quality of life, and length of hospital stay in patients with pleural disorders: A Randomised Controlled Trial	November 2021- Ongoing	PG	Cardiovascular and Respiratory Physiotherapy	1	Shwelita Mehta			
21	Effect of 12-week neuromuscular exercise program on hip, knee and ankle joint proprioception and risk of falls in patients with unilateral total knee replacement with and without type II diabetes mellitus	November 2021- Ongoing	PG	Musculoskeletal Physiotherapy	1	Rutuja Butala			

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n	o. Name of the research project	Date of conduction	UG/ PG	Name of program	Number of	Names of students	Relevant documents - for each entry mer as 1 PDF document in same order			
2	2 Exploration of physical fitness attributers 1			/ Department	students	sources of studenty	Circular/ Notice	Time tables. Attendance	Geotagge	
	kinantropometric measurements in Mallakhamb players	November 2021- Ongoing	PG	Sports Physiotherapy	1	Devi Nagini Pilli		record.	r notogri	
23	3 Effect of 12 weeks of plyometrics, speed and agility training on physical fitness variables in sub-elite Kho Kho players.	November 2021- Ongoing	PG	Sports Physiotherapy	1	Shraddha Shakaphor				
24	Therapeutic effects of Yoga on gait variables, walking capacity, balance, lower extremity strength, and flexibility in ambulatory children with cerebral palsy	November 2021- Ongoing	PG	Neurophysiotherapy	1	Labddhi Shah			i i Ver	
25	Effect of 12 week skipping intervention on agility and reaction time in sub-elite skippers	November 2021- Ongoing	PG	Sports Physiotherapy	1	Divya Thakur	provide of the	10 A 1800 7 T	8 1.1.1.2	
26	Effect of 12week Yoga intervention on ground level activities and balance in patients with subacute and chronic stroke.	November 2021- Ongoing	PG 1	Neurophysiotherapy	1	Trupti Poojary				
27	Study of neuromusculoskeletal, cardiorespiratory disorders prevalence and evaluation of work-related functional demands in mathadi workers.	December 2022 - ongoing	PG	Musculoskeletal Physiotherapy	1	Netra Kokane				
28	Study of neuro-musculoskeletal prevalence pain and evaluation of work-related functional demands in Mehendi/Henna artists aged 19-40 years – Observational study.	December 2022 - ongoing	PG	Musculoskeletal Physiotherapy	1	Pratiksha Pol				
29	Exploration of association between repetitions of 30 seconds deep squat test and knee joint space width in individuals with knee osteoarthritis	December 2022 - ongoing	PG	Musculoskeletal Physiotherapy	1	Shubham Tawade				
UNER 0	Development of lower extremity injury prediction model in Sub-elite Kabaddi Players agen 19-30 years: A Prospective study	December 1 2022 - ongoing	PG	Sports Physiotherapy	1	Vishal Joshi				

Sr. no.	Name of the research project	Date of	UG/	Name of program	Number	Names of students	Relevant d as 1 P	ocuments - for ea DF document in	ich entry merged same order
31	Development of lower automity is	conduction	PG	/ Department	students	ivalles of students	Circular/ Notice	Time tables. Attendance	Geotagged Photographs
	prediction model in Sub-elite Kho-Kho Players aged 19-30 years: A Prospective study	2022 - ongoing	PG	Sports Physiotherapy	• 1	Victoria Kshetre		record,	
32	Effects of adaptive sport training on physical and cognitive functions in children with mild intellectual disability- a pilot interventional study	December 2022 - ongoing	PG	Sports Physiotherapy	1	Shivani Chavan			
33	Prevalence of discordant immune response and effect of physical activity in patients with HIV-1 infection.	December 2022 - ongoing	PG	Cardiovascular and Respiratory Physiotherapy	1	Tanvi Kadve		- 3 - 54	
54	A study to compare Postural Control in Cerebral Palsy children with partial vision and hearing deficit and Cerebral Palsy children.	December 2022 - ongoing	PG	Neuro Physiotherapy	1	Laxmi Arya		n dre te giber	
35	A study to compare the effects of pranayama versus diaphragmatic releasing technique and respiratory PNF technique on cardiorespiratory function in patients with subacute stroke	December 2022 - ongoing	PG.	Neuro Physiotherapy	1	Shweta Vayal			
6	Influence of Classical Kathak Dance training - A Case control study	November 2020- Ongoing	PG	Musculoskeletal Physiotherapy	1	Jaimini Manish Chaudhari			
7	A Preliminary study to identify the prevalence of non-communicable diseases in the Indian rural population	April 2023- ongoing	UG	Community Physiotherapy	8	Sakshi Chavan Nistha Mishra Megha Nakka Shreya Mishra Rutuja Bhosale Shreya Patil Mansi Barve Nandini Bhanushali			
8	Physical fitness testing in pediatric population (age 6-10 years) in Navi Mumbai	April 2023- ongoing	UG (Cardiovascular and Respiratory Physiotherapy	4	Aishwarya Salunkhe Shreya Surve Annmary Thomas Kshitija Waikar			

				1	1				5	
	Sr. no.	Name of the research project	Date of conduction	UG/ PG	Name of program / Department	Number of	Names of students	Relevant do as 1 PI	cuments - for ea DF document in	ch entry merged same order
ŀ	39	Physical Fitness in Adults	April 2023-	UG	Cardiovascular and	students		Circular/ Notice	Time tables. Attendance record.	Geotagged Photographs
			ongoing		Respiratory Physiotherapy	4	Hiya Dadlani Harshada Desai Jeetu Kukreja			
							Sneha Mathkar			

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Dr.Bela Agarwal Criterion I Incharge

MGM School of Physiotherapy, Navi Mumbai

Professor MGM School of Physiotherapy Navi Mumbai IQAC Coordinator MGM School of Physiotherapy, Navi Mumbai

Asso. Professor MGM School of Physiotherapy Navi Mumbai Dr.Rajani Mullerpatan

Professor Director MGM School of Physiotherapy, Navi Mumbai

Professor - Director MGM School of Physiother py MGMiHS, Navi transfer



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Physiotherapy Camp Details from March -August 2023

Sr. No	Name of the activity	Date of the activity	Number of Student Beneficiaries	BPT/MPT/ Interns
1	Physiotherapy Screening Camp on the occasion of International Women's day	8.3.2023	19	Interns: 9 BPT : 10
2	ANC Nere camp March	09.03.2023	1	Intern: 1
3	Physiotherapy Screening Camp for Rural areas, Shivansai	11.3.2023	7	MPT: 3 Interns: 4
4	ANC Nere camp April	10.4.2023	2	Interns: 2
5	Physiotherapy screening camp for Rural area at Apta, Panvel	15.04.2023	1	Intern: 1
6	Ergonomic screening camp for teaching and non-teaching staff at School (V.K.High school & Junior College, Panvel)	25.4.2023	11	BPT : 11
7	Ergonomic screening camp for teaching and non-teaching staff at School (K.V.Kanya Vidyalaya, Panve)l	27.4.2023	11	BPT : 11
8	Physiotherapy screening camp for Rural area at Starling school residental camp, navi mumbai	27.4.2023	9	BPT: 9
9	Physiotherapy screening camp for Urban area at Maratha Mandal camp, Sector 26 Vashi	06.05.2023	2	MPT : 2
10	ANC Nere camp May	9.5.2023	1	MPT : 1
11	Industrial Screening Camp at Pinnacle Infraheights Pvt.Ltd	15.5.2023	1	MPT : 1
12	Physiotherapy Camp for Institutionalized Care Set up at Karuenshwar old age home (Day 1)	17.5.2023	2	MPT : 2
13	Physiotherapy Camp for Institutionalized Care Set up at Karuenshwar old age home (Day 2)	19.5.2023	1	MPT: 1
14	Physiotherapy Screening Camp for Urban Area at Sri Sai Narayan mandir, panvel	03.06.2023	2	MPT: 2
15	Physiotherapy Camp for Institutionalized Care Set up at Paramshanti dham vrudhaarsharam,taloja	07.06.2023	3	BPT :2 MPT: 1
16	ANC Nere camp June	09.6.2023	1	BPT :1
17	Physiotherapy screening camp for Rural area Wavanje PHC camp	23.6.2023	4	BPT :2 Intern: 1 MPT: 1
18	Physiotherapy screening camp for community dwelling individuals Residential camp at Riddhi Towers, Goregaon	08.07.2023	4	Intern: 1 MPT: 3
19	ANC Nere July	10.7.23	1	Intern: 1



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MGM SCHOOL OF PHYSIOTHERAPY

Sector-1, Kamothe, Navi Mumbai – 410209

Physiotherapy Camp Details from March -August 2023

Sr. No	Name of the activity	Date of the activity	Number of Student Beneficiaries	BPT/MPT/ Interns
20	Industrial visit Karwa Extrusion, Pvt. Ltd.	13.07.2023	11	BPT :10
				MPT: 1
21	Physiotherapy screening camp at Rural area	13.07.2023	2	MPT: 2
22	Breast feeding awareness week camp	02.08.2023	1	Intern: 1
23	ANC Nere camp august	09.08.2023	1	Intern: 1

Dr.Bela Agarwal Criterion I Incharge MGM School of Physiotherapy, Navi Mumbai

Dr.Shrutika Parab (PT) IQAC Coordinator MGM School of Physiotherapy, Navi Mumbai

Dr.Rajani Mullerpatan Professor Director MGM School of Physiotherapy, Navi Mumbai Professor - Director MGM School of Physiotherapy MGMIHS, Navi Mumbei



(Deemed University u/s 3 of UGC Act, 1956) Grade 'A++' Accredited by NAAC Sector-01, Kamothe, Navi Mumbai - 410 209

Tel 022-27432471, 022-27432994, Fax 022 - 27431094

E-mail : registrar@mgmuhs.com ; Website : www.mgmuhs.com

The following students have completed their internship in the year 2022-23

Sr. No.	Name of Students	PRN	Programme Name	College Name
1	Rajput Jiniyas Rajsumer	11210200070	BPT	MGM School of Physiotherapy, Navi Mumbai
2	Bharti Madhuri Balaji	11310200029	BPT	MGM School of Physiotherapy, Navi Mumbai
3	Gone Sneha Bhaskar	11510200016	BPT	MGM School of Physiotherapy, Navi Mumbai
4	Jain Kinjal Rajesh	11510200019	BPT	MGM School of Physiotherapy, Navi Mumbai
5	Khairrabaadi Jeihann Marzaban	11510200023	BPT	MGM School of Physiotherapy, Navi Mumbai
6	Singh Madhulika Vinod	11510200056	BPT	MGM School of Physiotherapy, Navi Mumbai
7	Bhanushali Yash Bhavesh	11610200008	BPT	MGM School of Physiotherapy, Navi Mumbai
8	Kolsukar Janhavi Prabhakar	11610200030	BPT	MGM School of Physiotherapy, Navi Mumbai
9	Nair Hridya Manikandan	11610200042	BPT	MGM School of Physiotherapy, Navi Mumbai
10	Agrawal Khushboo Manoj	11710200001	BPT	MGM School of Physiotherapy, Navi Mumbai
11	Bohra Falguni Purushottam	11710200004	BPT	MGM School of Physiotherapy, Navi Mumbai
12	Choudhary Aameena Wajid Ali	11710200009	BPT	MGM School of Physiotherapy, Navi Mumbai
13	Gadhave Sakshi Dinesh	11710200015	BPT	MGM School of Physiotherapy, Navi Mumbai
14	Gawade Shruti Santosh	11710200016	BPT	MGM School of Physiotherapy, Navi Mumbai
15	Kale Prasenjeet Vinayak	11710200023	BPT	MGM School of Physiotherapy, Navi Mumbai
16	Mane Lata Santosh	11710200035	BPT	MGM School of Physiotherapy, Navi Mumbai
17	Pawar Snehal Satish	11710200044	BPT	MGM School of Physiotherapy, Navi Mumbai
18	Rahul Haridas M V	11710200046	BPT	MGM School of Physiotherapy, Navi Mumbai
19	Shinde Riddhi Dilip	11710200058	BPT	MGM School of Physiotherapy, Navi Mumbai
20	Tejwani Gunjan Rajkumar	11710200065	BPT	MGM School of Physiotherapy, Navi Mumbai
21	Yadav Shikha Sudama	11710200069	BPT	MGM School of Physiotherapy, Navi Mumbai
22	Zende Shweta Gurudev	11710200070	BPT	MGM School of Physiotherapy, Navi Mumbai
23	Agrawal Rushabh Pravin	11810200001	BPT	MGM School of Physiotherapy, Navi Mumbai
24	Anushka Ajit Tambe	11810200005	BPT	MGM School of Physiotherapy, Navi Mumbai
25	Ashima Dhiman	11810200006	BPT	MGM School of Physiotherapy, Navi Mumbai
26	Bhalala Het Dinesh	11810200009	BPT	MGM School of Physiotherapy, Navi Mumbai
27	Darekar Aakanksha Vinay	11810200015	BPT	MGM School of Physiotherapy, Navi Mumbai
28	Desai Manasi Sanjay	11810200016	BPT	MGM School of Physiotherapy, Navi Mumbai
29	Dhurde Chhaya Mahadeo	11810200017	BPT	MGM School of Physiotherapy, Navi Mumbai
30	Dongre Shivani Ketan	11810200018	BPT	MGM School of Physiotherapy, Navi Mumbai
31	Gala Aayushi Bhavesh	11810200019	BPT	MGM School of Physiotherapy, Navi Mumbai
32	Gandhi Charmi Jesal	11810200020	BPT	MGM School of Physiotherapy, Navi Mumbai
33	Gaware Aditi Sunil	11810200021	BPT	MGM School of Physiotherapy, Navi Mumbai
34	Iffat Mohmadali Khatib	11810200023	BPT	MGM School of Physiotherapy, Navi Mumbai
35	Jain Disha Bhavesh	11810200024	BPT	MGM School of Physiotherapy, Navi Mumbal
36	Juriani Ashriya Kailash	11810200025	BPT	MGM School of Physiotherapy, Nave Musibai

37	Kalwani Bharti Omprakash	11810200026	BPT	MGM School of Physiotherapy, Navi Mumbai
38	Kamble Nikita Uday	11810200027	BPT	MGM School of Physiotherapy, Navi Mumbai
39	Khan Nargaz Usman	11810200028	BPT	MGM School of Physiotherapy, Navi Mumbai
40	Khonde Hrishikesh Ajay	11810200029	BPT	MGM School of Physiotherapy, Navi Mumbai
41	M Raju Divya Raja	11810200030	BPT	MGM School of Physiotherapy, Navi Mumbai
42	Mandke Sayali Vinod	11810200031	BPT	MGM School of Physiotherapy, Navi Mumbai
43	Mehnaz Fatima Abdul Nasir	11810200033	BPT	MGM School of Physiotherapy, Navi Mumbai
44	Nair Rohit Ajit	11810200034	BPT	MGM School of Physiotherapy, Navi Mumbai
45	Navkal Shweta Suren	11810200035	BPT	MGM School of Physiotherapy, Navi Mumbai
46	Neha Yadav	11810200036	BPT	MGM School of Physiotherapy, Navi Mumbai
47	Nileshwar Isha Ravikiran	11810200037	BPT	MGM School of Physiotherapy, Navi Mumbai
48	Nimla Hardik Mukesh	11810200038	BPT	MGM School of Physiotherapy, Navi Mumbai
49	Panchal Ankita Bharat	11810200040	BPT	MGM School of Physiotherapy, Navi Mumbai
50	Pandit Nishtha Rajiv	11810200041	BPT	MGM School of Physiotherapy, Navi Mumbai
51	Pandya Nidhi Santosh	11810200042	BPT	MGM School of Physiotherapy, Navi Mumbai
52	Parikh Kinnari Monesh	11810200043	BPT	MGM School of Physiotherapy, Navi Mumbai
53	Randeria Kavisha Bimal	11810200047	BPT	MGM School of Physiotherapy, Navi Mumbai
54	Rupani Devanshi Sanjay	11810200048	BPT	MGM School of Physiotherapy, Navi Mumbai
55	Sangani Krutee Kalpesh	11810200049	BPT	MGM School of Physiotherapy, Navi Mumbai
56	Sanghavi Vishwa Sohil	11810200050	BPT	MGM School of Physiotherapy, Navi Mumbai
57	Sawant Soham Sanjay	11810200051	BPT	MGM School of Physiotherapy, Navi Mumbai
58	Sawant Tejas Deepak	11810200052	BPT	MGM School of Physiotherapy, Navi Mumbai
59	Sayta Dhanashree Vijay	11810200053	BPT	MGM School of Physiotherapy, Navi Mumbai
60	Shah Kushani Milan	11810200054	BPT	MGM School of Physiotherapy, Navi Mumbai
61	Shah Ritu Udayan	11810200055	BPT	MGM School of Physiotherapy, Navi Mumbai
62	Shah Tanvi Salil	11810200056	BPT	MGM School of Physiotherapy, Navi Mumbai
63	Shenvi Sadhika Subhodh	11810200058	BPT	MGM School of Physiotherapy, Navi Mumbai
64	Singh Aakansha Verendra Pal	11810200059	BPT	MGM School of Physiotherapy, Navi Mumbai
65	Surve Juhika Rajesh	11810200060	BPT	MGM School of Physiotherapy, Navi Mumbai
66	Tatli Neha Ashfaq	11810200062	BPT	MGM School of Physiotherapy, Navi Mumbai
67	Thaker Riddhi Sanjay	11810200063	BPT	MGM School of Physiotherapy, Navi Mumbai
68	Tiwari Leher Manish	11810200064	BPT	MGM School of Physiotherapy, Navi Mumbai
69	Trivedi Dishi Kirti	11810200065	BPT	MGM School of Physiotherapy, Navi Mumbai
70	Trivedi Palak Jayesh	11810200066	BPT	MGM School of Physiotherapy, Navi Mumbai
71	Vora Kajal Rakesh	11810200067	BPT	MGM School of Physiotherapy, Navi Mumbai
72	Wahedna Sadiyah Zubair	11810200068	BPT	MGM School of Physiotherapy, Navi Mumbai
73	Wangikar Manasi Milind	11810200069	BPT	MGM School of Physiotherapy, Navi Mumbai
74	Shristi Subhash Yadav	21810200053	BPT	MGM School of Physiotherapy, Navi Mumbai

Dr. Rajesh B. Goel Registrar MGM Institute of Health Sciences (Deemed University u/s 3 of UGC Act, 1956) Navi Mumbai- 410 209



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Sector-1, Kamothe, Navi Mumbai - 410209 (Deemed University u/s 3 of UGC Act, 1956) Accredited by NAAC with 'A' Grade



Internship Completion Certificate

P.R.No. 11210200070

This is to certify that Miss. Rajput Jiniyas Rajsumer having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in November 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 24/11/2022 to 22/06/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

Date of Issue : 29/07/2023



Registrar

No. - 2046



No. - 2062

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Internship Completion Certificate

P.R.No. 11310200029

This is to certify that Miss. Bharti Madhuri Balaji having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in January 2021 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 25/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

Date of Issue : 31/07/2023







No. - 2012

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Internship Completion Certificate

P.R.No. 11510200016

This is to certify that Miss. Gone Sneha Bhaskar having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 25/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

Date of Issue : 26/07/2023



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Internship Completion Certificate

P.R.No. 11510200019

This is to certify that Miss. Jain Kinjal Rajesh having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 25/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

Date of Issue : 26/07/2023



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Internship Completion Certificate

P.R.No. 11510200023

This is to certify that Mr. Khairrabaadi Jeihann Marzaban having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

Date of Issue : 27/07/2023



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Internship Completion Certificate

P.R.No. 11510200056

This is to certify that Miss. Singh Madhulika Vinod having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

Date of Issue : 26/07/2023



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Internship Completion Certificate

P.R.No. 11610200008

This is to certify that Mr. Bhanushali Yash Bhavesh having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 25/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).



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Date of Issue : 26/07/2023



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Internship Completion Certificate

P.R.No. 11610200030

This is to certify that Miss. Kolsukar Janhavi Prabhakar having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

Date of Issue : 26/07/2023



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Internship Completion Certificate

P.R.No. 11610200042

This is to certify that Miss. Nair Hridya Manikandan having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

Date of Issue : 26/07/2023



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Internship Completion Certificate

P.R.No. 11710200001

This is to certify that Miss. Agrawal Khushboo Manoj having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

Date of Issue : 26/07/2023



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Internship Completion Certificate

P.R.No. 11710200004

This is to certify that Miss. Bohra Falguni Purushottam having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 25/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

Date of Issue : 26/07/2023



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Internship Completion Certificate

P.R.No. 11710200009

This is to certify that Miss. Choudhary Aameena Wajid Ali having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 25/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

Date of Issue : 26/07/2023



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Internship Completion Certificate

P.R.No. 11710200015

This is to certify that Miss. Gadhave Sakshi Dinesh having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).



Registrar

Date of Issue : 26/07/2023



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Internship Completion Certificate

P.R.No. 11710200016

This is to certify that Miss. Gawade Shruti Santosh having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

Date of Issue : 26/07/2023



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Internship Completion Certificate

P.R.No. 11710200023

This is to certify that Mr. Kale Prasenjeet Vinayak having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in March 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 10/05/2022 to 30/11/2022 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

Date of Issue : 19/12/2022







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Internship Completion Certificate

P.R.No. 11710200035

This is to certify that Miss. Mane Lata Santosh having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

Date of Issue : 26/07/2023



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Internship Completion Certificate

P.R.No. 11710200044

This is to certify that Miss. Pawar Snehal Satish having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 25/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

Date of Issue : 26/07/2023



Registrar



MGM INSTITUTE OF HEALTH SCIENCES

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Internship Completion Certificate



This is to certify that Mr. Rahul Haridas M V having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in March 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 12/04/2022 to 31/10/2022 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

Date of Issue : 21/12/2022







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Internship Completion Certificate

P.R.No. 11710200058

This is to certify that Miss. Shinde Riddhi Dilip having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in March 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 12/04/2022 to 30/11/2022 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

Date of Issue : 31/01/2023



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Internship Completion Certificate

P.R.No. 11710200065

This is to certify that Miss. Tejwani Gunjan Rajkumar having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in March 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 12/04/2022 to 30/11/2022 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

Date of Issue : 05/01/2023



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Internship Completion Certificate

P.R.No. 11710200069

This is to certify that Miss. Yadav Shikha Sudama having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 25/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

Date of Issue : 26/07/2023



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Internship Completion Certificate

P.R.No. 11710200070

This is to certify that Miss. Zende Shweta Gurudev having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in March 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 12/04/2022 to 30/11/2022 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

Date of Issue : 31/01/2023



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Internship Completion Certificate

P.R.No. 11810200001

This is to certify that Mr. Agrawal Rushabh Pravin having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).



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Date of Issue : 24/07/2023



MGM INSTITUTE OF HEALTH SCIENCES

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Internship Completion Certificate

P.R.No. 11810200005

This is to certify that Miss. Anushka Ajit Tambe having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

Date of Issue : 24/07/2023



Registrar



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Internship Completion Certificate

P.R.No. 11810200006

This is to certify that Miss. Ashima Dhiman having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

Date of Issue : 25/07/2023



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MGM INSTITUTE OF HEALTH SCIENCES

Sector-1, Kamothe, Navi Mumbai - 410209 (Deemed University u/s 3 of UGC Act, 1956) Accredited by NAAC with 'A' Grade



Internship Completion Certificate

P.R.No. 11810200009

This is to certify that Miss. Bhalala Het Dinesh having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).



Registra

Date of Issue : 24/07/2023



Sector-1, Kamothe, Navi Mumbai - 410209 (Deemed University u/s 3 of UGC Act, 1956) Accredited by NAAC with 'A' Grade



Internship Completion Certificate

P.R.No. 11810200015

This is to certify that Miss. Darekar Aakanksha Vinay having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

Date of Issue : 26/07/2023



Registrar



MGM INSTITUTE OF HEALTH SCIENCES

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Internship Completion Certificate

P.R.No. 11810200016

This is to certify that Miss. Desai Manasi Sanjay having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).



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Date of Issue : 24/07/2023



MGM INSTITUTE OF HEALTH SCIENCES

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Internship Completion Certificate

P.R.No. 11810200017

This is to certify that Miss. Dhurde Chhaya Mahadeo having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).



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Date of Issue : 24/07/2023



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Internship Completion Certificate



P.R.No. 11810200018

This is to certify that Miss. Dongre Shivani Ketan having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

Date of Issue : 26/07/2023



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Internship Completion Certificate

P.R.No. 11810200019

This is to certify that Miss. Gala Aayushi Bhavesh having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).



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Internship Completion Certificate

P.R.No. 11810200020

This is to certify that Miss. Gandhi Charmi Jesal having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

Date of Issue : 26/07/2023



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Internship Completion Certificate

P.R.No. 11810200021

This is to certify that Miss. Gaware Aditi Sunil having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

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Internship Completion Certificate

P.R.No. 11810200023

This is to certify that Miss. Iffat Mohmadali Khatib having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

Date of Issue : 25/07/2023



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Internship Completion Certificate

P.R.No. 11810200024

This is to certify that Miss. Jain Disha Bhavesh having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

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Internship Completion Certificate

P.R.No. 11810200025

This is to certify that Miss. Juriani Ashriya Kailash having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

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Internship Completion Certificate

P.R.No. 11810200026

This is to certify that Miss. Kalwani Bharti Omprakash having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

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Internship Completion Certificate

P.R.No. 11810200027

This is to certify that Miss. Kamble Nikita Uday having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).



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Internship Completion Certificate

P.R.No. 11810200028

This is to certify that Miss. Khan Nargaz Usman having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

Date of Issue : 26/07/2023



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Internship Completion Certificate

P.R.No. 11810200029

This is to certify that Mr. Khonde Hrishikesh Ajay having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

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Internship Completion Certificate

P.R.No. 11810200030

This is to certify that Miss. M Raju Divya Raja having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

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Internship Completion Certificate

P.R.No. 11810200031

This is to certify that Miss. Mandke Sayali Vinod having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

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Internship Completion Certificate

P.R.No. 11810200033

This is to certify that Miss. Mehnaz Fatima Abdul Nasir having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

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Internship Completion Certificate



P.R.No. 11810200034

This is to certify that Mr. Nair Rohit Ajit having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).



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Internship Completion Certificate

P.R.No. 11810200035

This is to certify that Miss. Navkal Shweta Suren having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

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Internship Completion Certificate

P.R.No. 11810200036

This is to certify that Miss. Neha Yadav having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).



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Internship Completion Certificate

P.R.No. 11810200037

This is to certify that Miss. Nileshwar Isha Ravikiran having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

Date of Issue : 26/07/2023



No. - 2025

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Internship Completion Certificate

P.R.No. 11810200038

This is to certify that Mr. Nimla Hardik Mukesh having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).





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Internship Completion Certificate

P.R.No. 11810200040

This is to certify that Miss. Panchal Ankita Bharat having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).



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Internship Completion Certificate

P.R.No. 11810200041

This is to certify that Miss. Pandit Nishtha Rajiv having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).







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Internship Completion Certificate

P.R.No. 11810200042

This is to certify that Miss. Pandya Nidhi Santosh having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

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Internship Completion Certificate

P.R.No. 11810200043

This is to certify that Miss. Parikh Kinnari Monesh having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).



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Internship Completion Certificate

P.R.No. 11810200047

This is to certify that Miss. Randeria Kavisha Bimal having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).



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Internship Completion Certificate

P.R.No. 11810200048

This is to certify that Miss. Rupani Devanshi Sanjay having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

Date of Issue : 26/07/2023



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Internship Completion Certificate

P.R.No. 11810200049

This is to certify that Miss. Sangani Krutee Kalpesh having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

Date of Issue : 26/07/2023

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Internship Completion Certificate



P.R.No. 11810200050

This is to certify that Miss. Sanghavi Vishwa Sohil having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

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Internship Completion Certificate

P.R.No. 11810200051

This is to certify that Mr. Sawant Soham Sanjay having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

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Internship Completion Certificate

P.R.No. 11810200052

This is to certify that Mr. Sawant Tejas Deepak having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).



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Internship Completion Certificate

P.R.No. 11810200053

This is to certify that Miss. Sayta Dhanashree Vijay having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

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Internship Completion Certificate

P.R.No. 11810200054

This is to certify that Miss. Shah Kushani Milan having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

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Internship Completion Certificate

P.R.No. 11810200055

This is to certify that Miss. Shah Ritu Udayan having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).



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Internship Completion Certificate

P.R.No. 11810200056

This is to certify that Miss. Shah Tanvi Salil having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

Date of Issue : 26/07/2023



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Internship Completion Certificate

P.R.No. 11810200058

This is to certify that Miss. Shenvi Sadhika Subhodh having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

Date of Issue : 26/07/2023



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Internship Completion Certificate

P.R.No. 11810200059

This is to certify that Miss. Singh Aakansha Verendra Pal having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).



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Internship Completion Certificate

P.R.No. 11810200060

This is to certify that Miss. Surve Juhika Rajesh having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).



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Internship Completion Certificate

P.R.No. 11810200062

This is to certify that Miss. Tatli Neha Ashfaq having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).



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Internship Completion Certificate

P.R.No. 11810200063

This is to certify that Miss. Thaker Riddhi Sanjay having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

Date of Issue : 26/07/2023







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Internship Completion Certificate

P.R.No. 11810200064

This is to certify that Miss. Tiwari Leher Manish having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

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Internship Completion Certificate

P.R.No. 11810200065

This is to certify that Miss. Trivedi Dishi Kirti having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

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Internship Completion Certificate

P.R.No. 11810200066

This is to certify that Miss. Trivedi Palak Jayesh having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

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Internship Completion Certificate

P.R.No. 11810200067

This is to certify that Miss. Vora Kajal Rakesh having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).



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Internship Completion Certificate

P.R.No. 11810200068

This is to certify that Miss. Wahedna Sadiyah Zubair having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).

Date of Issue : 26/07/2023



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Internship Completion Certificate

P.R.No. 11810200069

This is to certify that Miss. Wangikar Manasi Milind having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).



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Internship Completion Certificate

P.R.No. 21810200053

This is to certify that Miss. Shristi Subhash Yadav having passed the final Bachelor of Physiotherapy (BPT) Examination in regular mode held in September 2022 has satisfactorily completed Six months Compulsory Rotating Internship Training from 06/10/2022 to 04/05/2023 as required under the rules prescribed by the Statutory Council / University and is eligible for the award of the degree of Bachelor of Physiotherapy (BPT).



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