Institution celebrates_ organizes national and international commemorative days

7.1.11: Institution celebrates / organizes national and international commemorative days, events and festivals (AQAR 2021-22)

Sr. No.	Name of the activity	Date of th	e Activity
1	International Day of Pease	01-09-2021	01-09-2021
2	Ganpati Celebration	02-09-2021	02-09-2021
3	Navratri Celebration	07-10-2021	15-10-2021
4	Dandiya Night	08-10-2021	08-10-2021
5	Diwali Puja celebration	30-10-2021	30-10-2021
6	World Diabetes Day	13-11-2021	13-11-2021
7	Celebration of International Disability Day	03-12-2021	03-12-2021
8	World HIV/AIDS Day	06-12-2021	06-12-2021
9	Republic Day	26-01-2022	26-01-2022
10	National Voters Day	03-02-2022	03-02-2022
11	National Deworming Day	10-02-2022	10-02-2022
12	Celebration of Marathi Diwas	26-02-2022	28-02-2022
13	Celebration of International Women's Day	08-03-2022	08-03-2022
14	Celebration of World No Tobacco Day	09-03-2022	09-03-2022
15	World Kidney Day	10-03-2022	10-03-2022
16	National Vaccination Day Celebration	17-03-2022	17-03-2022
17	World Autism Awareness Day	04-04-2022	04-04-2022
18	National Health Day	07-04-2022	07-04-2022
19	Dr. B.R Ambedkar Jayanti Celebration	11-04-2022	11-04-2022
20	International Workers day	01-05-2022	01-05-2022
21	Perfusion Appreciation Week	06-05-2022	06-05-2022
22	Celebration of Teachers Day	09-05-2022	09-05-2022
23	World Hypertension Day	04-06-2022	04-06-2022
24	World Environment Day	06-06-2022	06-06-2022
25	World Blood donors day	14-06-2022	14-06-2022
26	Pulse Polio Campaign	19-06-2022	19-06-2022
27	Celebration of International Yoga Day	21-06-2022	21-06-2022
28	Cervical Cancer Awareness Month	22-06-2022	22-06-2022
29	Celebration of National Doctor Day	01-07-2022	01-07-2022
30	World Population Day	13-07-2022	13-07-2022
31	World Nature Conservation Day	28-07-2022	28-07-2022
32	World Breastfeeding Day	02-08-2022	02-08-2022
33	76th Independence Day - Azadi ka Amrut Mahotsava	13-08-2022	15-08-2022
34	Celebrate - Food Safety Week	25-08-2022	25-08-2022
35	World First Aid Day	14-09-2022	14-09-2022
36	World Hindi Diwas	14-09-2022	14-09-2022

World Diabetes Day





MGM MEDICAL COLLEGE Sector-1, Kamothe, Navi Mumbai - 410 209, India

NSS UNIT

Date:16.11.2021

To. The Dean, MGM Medical College, Kamothe, Navi Mumbai.

Respected Sir,

Hereby submitting the report of World Diabetes Day held on 13th November. 2021 at MGM Hospital, Kalamboli.

Thanking you. Yours sincerely.

Amme

Df. Pradeep Sawardekar Program Officer ISS Unit Programme Officer MGM Medical College, Number Number

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MGM MEDICAL COLLEGE Sector-1, Kamothe, Navi Mumbai - 410 209, India

NSS UNIT REPORT OF CELEBRATION OF WORLD DIABETES DAY

To celebrate World Diabetes Day, NSS Unit of MGM Medical College, Kamothe decided to organize an awareness talk on 13th November, 2021 (from 10:00 am to 12:00pm) in Lecture Hall no. 3, of MGM Hospital, Kalamboli on Saturday, 30th October, 2021. Dr.Pradeep Sawardekar Sir had taken permission from Dean Sir to organize the talk.

PROGRAMME SCHEDULE

SR NO.	PERSON	TOPIC
1.	DR. PRADEEP SAWARDEKAR	INTRODUCTION TO WORLD DIABETES DAY THEME
2.	DR. AADILA COATWALA	TALK ON DIABETES
3.	DR. RITU TATED	TALK ON DIABETES
4.	MRS RUPALI GUJAR	BRIEFING ON DIABETES AND VOTE OF THANKS

WORLD DIABETES DAY

World Diabetes Day is the primary global awareness campaign focusing on diabetes mellitus and is held on 14 November each year.

Led by the International Diabetes Federation (IDF), each World Diabetes Day focuses on a theme related to diabetes; type-2 diabetes is largely preventable and treatable non-communicable disease that is rapidly increasing in numbers worldwide. Type 1 diabetes is not preventable but can be managed with insulin injections.

World Diabetes Day was launched in 1991 by the International Diabetes Federation and the World Health Organization (WHO) in response to the rapid rise of By 2016, World Diabetes Day was being commemorated by over 230 IDF member associations in more than 160 associations in more than 160 countries and territories, as well as by other organizations, companies, healthcare professionals, politicians, celebrities, and people living with diabetes and their formatic professionals, politicians, celebrities, and people living with diabetes and their families. Activities include diabetes screening programmes, radio and television campaigns, sports events and others. The theme for 2021-2023 is "Access to Diabetes Care : if not now, when ?"









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World Diabetes Day Programme

At the outset of the meeting, Dr. Pradeep Sawardekar (Secretary NSS unit MGM Medical College) welcomed all.

He gave a brief idea about Diabetes and World Diabetes Day covering the following points :

- 1. What is Diabetes Mellitus
- 2. The problem statement and extent of this illness
- 3. Statistics (India and global) highlighting the gravity of the disease
- 4. Prevention and awareness of DM
- 5. Monitoring and Care
- 6. Treatment of Diabetes
- 7. Need of patients to adequately approach health care professionals, well in time to avoid fatal complications of this disease.
- 8. World Diabetes Day

He also addressed patient's questions and adequately informed them about the disease







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subsequently, Dr. Aadila Coatwala addressed the audience on World Diabetes Day. she highlighted the following

- 1 The date, logo, and founders of WDD
- 2. Significance of WDD
- Significance of the year 2021, the centenary of insulin discovery. 4. The theme "Access to Diabetes Care : if not now, when ?"
- 5. Components of Diabetes care
- 6. Role of Healthcare Workers
- 7. Role of the Population at large in spreading awareness



Access to insulin





21 Access to oral medicines



11 Access to Self Monitoring



1) Access to Education and psychological support



51 Access to healthy food and a safe place to exercise



Dear

. or & Harolth Mr. S. Modic Kantané, Nivi Munitai - 416269 which, Dr. Ritu Tated spoke about Diabetes Mellitus, she discussed the

- Classification
 - 2. Risk Factors
 - 3. Screening and Evaluation
 - 4. Prevention
 - 5. Complications



Finally, Mrs. Rupali Gujar, Associate Female Programme Officer, emphasised the; need of health education and awareness of this non communicable disease, regular checkups, and a healthy lifestyle. She then concluded the event by giving a vote of thanks addressed to all who organised and attended the programme.

Department of Community Medicine and Obstetrics and Gyanecology gave full support for the success of the programme.

Dr Ritu Tated and Dr Aadila Coatwala took immense efforts for the success of the programme.

MALE		FEMALE
STAFF	3	1
STUDENTS	6	9
BENEFICIARIES	6	10

The programme was a great success.



1	NAME	DESIGNATION
n?	DR PRADEEP	DESIGNATION
	SAWARDEKAR	Secretary, NSS Unit and Mess/Canteen Committee
2	MRS RUPALI GUJAR	Associate Female Programme Officer
3	MR JEEVAN URANKAR	Associate Mole Dree
	MR RAVINDRA PAWAR	Associate Male Programme Officer
	DR RITU TATED	Canteen/Mess Manager
	DR AADILA COATWALA	Intern
	MR J.L SHARMA	Intern
5		Patient Relative
	MRS RADHIKA PARYAR	Patient
)	MR CHETAN PARYAR	Patient Relative
10	MRS RESHMA GAIKWAD	Patient
11	MR ANUJ GAIKWAD	Patient Relative
12	MRS ARTI ANANT KADAM	Patient Relative
13	MRS SHANTA KADAM	Patient Relative
14	MISS KANCHAN KADAM	Patient Relative
15	MR BALRAM YADAV	Patient Relative
16	MR RAM SEVAK KEVAT	Patient Relative
17	MRS SAKHAR	Patient Relative
18	MRS ALKA SONAWANE	Patient Relative
19	MRS AMRUTA PAWAR	Patient Relative
20	MRS GOMI WAGH	Patient Relative
21	MRS SUREKHA PATIL	Patient Relative
22	MR SUKHDEV YADAV	Patient Relative
23	MR DEVASHISH KUREKAR	Student
24	MR SHYAM TAWARI	Student
25	MISS SIMRAN SHARMA	Student
26	MISS SHAILY ANKIT	Student
27	MR AKASH KATHOLE	Student
28	MR JAY KAVADIA	Student
29	MR HARSH HUNDIWALA	Student
30	MISS MAIMOONA KHAN	Student
31	MR PRAKHAR TRIVEDI	Student
32	MISS AISHWARYA BAGUR	Student
33	MISS PAMISA HASTAK	Student
34	MISS GAURI DANDEKAR	Student
35	MISS SHALMALI RAJ	Student

Dr Pradeep Sawardekar Programme Officer

NSS Most Init Officer MOW Medical College, Kanadas, Navi Mumbai Dr G.S Narshetty Dean and Chairman NSS Unit MGM Medical College

Dean. M.G.M. Medica eq

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MGM MEDICAL COLLEGE Sector-1, Kamothe, Navi Mumbai - 410 209, India

NSS UNIT

To, The Dean MGM Medical College, Kamothe. Date:10.11.2021

Sub: Celebration of World Diabetes Day on 13th November, 2021

Dear Sir/Madam,

NSS Unit of MGM Medical College is celebrating World Food Day on Saturday, 13th November, 2021, from 10 AM to 12 PM, at MGM Hospital, Kalamboli.

It is a humble request kindly give permission for the same.

Thanking you.

Yours sincerely.

Auount. Dr. Pradeep Sawardekar

Program Officer



Kamotne, Navi Munau 410209 M.G.M Medic Tean al Ospita

Event Name: World Dietetics Day 2022 (10 January).

Date & Time: 10/1/2022 9:00 a.m.-5:00 p.m.

*



Location: MGM Hospital and Research Centre, CBD Belapur, Navi Mumbai.

Sr. No.	Event Tile & Venue Details	Program Coordinators (Team members name)	Total No. of Participants
1	Welcoming and Felicitation of Guests.	Ms. Gauri Bhoite and all MSc. Clinical Nutrition 1st Year Students	MGM SBS Students - 10
2.	Nutritious Cooking Competition	Ms. Gauri Bhoite and All M.Sc. Clinical Nutrition 1st year students	Participants : 10
3.	Nutrition related games and quizes	Ms. Gauri Bhoite and MSc. Clinical Nutrition 1st Year Students	20

Kindly attach 4 photographs





Short event report

National Dietetics Day is celebrated on 10th January 2022. The theme was 'Diet Diversification- the need of the hour!' for the year 2022.

It was celebrated in the MGM Hospital & Research Center, CBD Belapur on a grand scale under the guidance of Ms. Gauri Bhoite, Clinical Dietitian. The event went on from 9 am to 5 pm and included various events. The hospital was decorated with nutrition related cut-outs and various facts and myths. Chief Guests were invited and were felicitated during the event. The event of this day was the cooking competition were the staff members from each department of MGM Hospital had participated. The participants had to present a dish and explain the significance of that dish in terms of the nutrients provided by it. The dish was later evaluated and tasted by the judges. Other games and quiz rounds were also conducted during the event which saw a lot of enthusiastic participation from the staff as well as the general public. The winners of every event were felicitated at the end of the program. It was conducted successfully and received great feedbacks.

Report Prepared by: Dr. Priyanka Pareek

Assistant Professor, Dept. Of Clinical Nutrition MGM School of Biomedical Science, navi mumbai, kamothe Contact no. 8143640995

MGM School of Biomedical Science Kamothe, Navi Mumbai

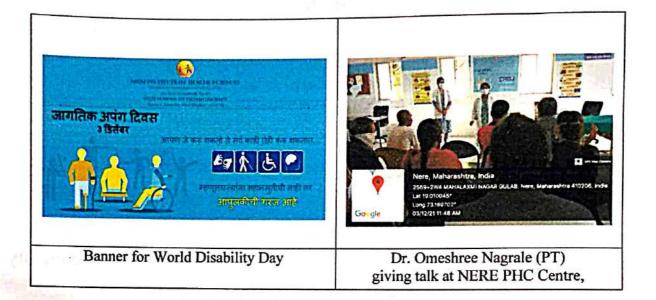




MGM INSTITUTE OF HEALTH SCIENCES (Deemed to be University u/s 3 of UGC Act, 1956) Grade 'A' Accredited by NAAC MGM SCHOOL OF PHYSIOTHERAPY

World Disability Day

	Preamble:	World Disability Day is observed every year on 3 rd
-		December across the world dedicated to promote an
0		understanding issue and mobilize support for the dignity
		and wellbeing of people with disability.
	Objective:	To spread awareness among the community.
	Date & Time:	3 rd December 2021, 11:00am to 12:00pm
	Organized by:	MGM School of Physiotherapy, Navi Mumbai
	Speakers:	Dr. Omeshree Nagrale (PT)
	4	Dr. Devi Nagini Pilli (MPT – I)
	Participants:	15 Participants from NERE PHC, Raigad
0	Summary:	On the Occasion of World Disability Day on 3rd December
10.00	Steel .	2021, MGM School of Physiotherapy, Navi Mumbai took
		the initiative to create awareness and understanding issue
		and mobilize support for the dignity and wellbeing of
		people with disability. The session started with a talk by Dr.
		Omeshree Nagrale (PT) and Devi Nagini Pilli followed by
		distributing informative pamphlets at NERE, PHC Raigad.



Dr. Rajani Mullerpatan **Professor-Director**

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Dr. Omeshree Nagrale (PT) Assistant Professor

International Disability Day

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CIRCULAR

Date: Deconter, 2021

CELEBRATION OF INTERNATIONAL DAY FOR PERSONS WITH DISABILITIES.

Agenda: To celebrate the International Day for persons with Disabilities 2021.

All the students are here by informed that the MGM Institute's University Department of Prosthetics & Orthotics is celebrating the International Day for persons with Disability-2021

The Details are as follows:

- 1. Date: 3rd December 2021
- 2. Time: 09.00 AM to 2.00 PM
- Venue: MGM Medical College, Kamothe, Navi Mumbai and 2nd floor Seminar Hall, MGM Hospital, Kamothe, Navi Mumbai.

Note: All students are informed to attend this program compulsory.

Dr. Uttara Deshmukh (P&O) Principal, MGM Institute's University Department of Prosthetics & Orthotics, Kamothe, Navi Mumbai.

Dr. Uttara Deshmukh (P & O), H. O. D. In-Charge, MGM Institute's University Department of Prosthetics and Orthotics, Kamothe, Navi Mumbai, MGM INSTITUTE OF HEALTH SCIENCES (Deemed to be University u/s 3 of UGC Act, 1956) Grade 'A' Accredited by NAAC UNIVERSITY DEPARTMENT OF PROSTHETICS AND ORTHOTICS Sector-01, Kamothe, Navi Mumbai - 410 209 Tel 022-27437829, Website: www.mgmudpo.edu in

Report of Celebration of World Disability Day-2021

Name of the event: "Celebration of World Disability Day-2021".

Purpose: To motivate the Specially Abled Persons and give them equal opportunities.

 Venue: MGM Medical College, Kamothe, Navi Mumbai and 2nd floor, Seminar hall, MGM Hospital, Kamothe, Navi Mumbai.
 Date and time: Date:03rd December 2021 Time: 09:00 am to 02:00pm.
 Coordinators: Dr. Uttara Deshmukh(P&O I/C Principal, MGMIUDPO), Dr. Manisha Shambharkar (Sr. Resident, PMR) Dr. Rucha Pradhan (PT, MGMSOP NM)
 Departments: MGM Institute's University Department of Prosthetics and Orthotics, Navi Mumbai. Department of Physical Medicine and Rehabilitation, Navi Mumbai and MGM School of Physiotherapy, Navi Mumbai.
 Faculty Members: 15 faculties, (3 faculties with H.O.D. from MGM P&O, 2 faculties with H.O.D. from PMR Department and 4 Faculties from MGMSOP NM, and 1 faculty as chief guest, 1 Faculty with H.O.D. from Department of Psychiatry, 1 Speech Therapist).

No. of attendees: Total 113 attendees. (7 Amputee patients, 12 C.P. and C.T.E.V. patients along with 10 parents, 48 B.Sc. Nursing students, 16 SOP Interns, 1 M.PT. student, 1 II BPO, 7 III BPO, 5 IV BPO and 6 BPO Interns).

DETAILS OF THE EVENT:

MGM Department of Prosthetics & Orthotics in association with MGM Department of Physical Medicine and Rehabilitation and MGM School of Physiotherapy organized the 'International Day of Person with Disabilities 2021' on 3rd December 2021. This year the theme was 'Leadership and participation of persons with Disabilities towards an inclusive, accessible and sustainable post COVID 19 world.'

The event started with lamp lightning and inauguration of program in presence of all dignitaries, organizers and amputee patients by MGM Institute's University Department of Prosthesis and Orthotics, MGM Institute of Physical Medicine and Rehabilitation and MGM School of Physiotherapy, It was followed by walkathon activity for people with amputation. Post walkathon, the event was continued at the 2nd floor auditorium in MGM hospital.

Introduction to the day of persons with disabilities was started with a welcome speech and felicitation of guest by Dr. Richa from PMR department. It was followed with a lecture on 'Introduction of Physical Medicine and rehabilitation' by Dr. Anil Khandekar (Prof. and HOD, PMR department). This was followed by a guest on lecture on 'Stroke: a cause of disability, motor recovery in stroke' was delivered by Dr. Vinay Goyal (Associate Prof, AIIPMR). A lecture on 'Rehabilitation after stroke' was conducted by Dr. Manisha Shambharkar (Sr. Resident, PMR department). Dr. Richa also conducted a short quiz in between the sessions in order to engage the participants. This was followed by



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UNIVERSITY DEPARTMENT OF PROSTHETICS AND ORTHOTICS Sector-01, Kamothe, Navi Mumbai - 410 209 Tel 022-27437829, Website: www.mgmudpo.edu.in

a session on 'Rehabilitation after Amputation" by Dr. Rucha Pradhan (PT, Assistant Professor Physiotherapy, MGMSOPNM).

A small skit was performed by physiotherapy students on 'Leadership and participation of persons with Disabilities towards an inclusive, accessible and sustainable post COVID 19 world.' An eye opener skit was portrayed by Interns and MPTs of MGM School of Physiotherapy. The skit highlighted on visual, audio, mental and physical disability. The obstacles faced by them in everyday activities were displayed through the skit. Society's perception and ability to change it was beautifully presented with the theme of 'Inclusiveness and Accessibility'. The use of life sized props made the play even more attractive. The takeaway message was indeed something to reflect upon.

This was followed by a lecture on 'Government schemes for disabled person and awareness about the disability certificates' by Dr. Uttara Deshmukh (HOD, Prosthetics and orthotics) and a guest lecture on 'Stress Management' by Dr. Swapnil Bhopi (Clinical Psychologist, MGM Medical college Navi Mumbai.

The event continued with a fancy dress competition for children with Cerebral Palsy and CTEV. This was followed by singing performances by these patients.

All participants were awarded by trophies, gifts and certificates. The guest speaker was awarded by Khadi Shawl which is specially manufactured by MGM and a coconut along with a green plant and certificate. Rest of all speakers were awarded with only green plants and certificates.

The session was concluded by A vote of thanks was delivered by Dr. Pratiksha Shelar (Faculty from MGMIUDPO).

The event ended with special lunch for all the participants.

Dr. Uttara Deshmukh (P&O) I/C Principal, MGM Institute's University Department of Prosthetics & Orthotics. Kamothe, Navi Mumbai.

Dr. Uttara Deshmukh (P & O), H. O. D. In-Charge, MGM Institute's University Department of Prosthetics and Orthotics. Kamothe, Navi Mumbai.



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DEPARTMENT OF PHYSICAL MEDICINE & REHABILITATION, UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS AND SCHOOL OF PHYSIOTHERAPY

Organize

INTERNATIONAL DAY OF PERSON WITH DISABILITY <u>3rd December 2021</u>

Name of the Activity	:	World Disability Day
Date	:	3/12/2021
Time	:	9:00-1:00
Venue	:	MGM MEDICAL LOLLEGE, KAMOTHE, MUMBAI



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DEPARTMENT OF PHYSICAL MEDICINE & REHABILITATION, UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS AND SCHOOL OF PHYSIOTHERAPY

List of Faculty Participated

Sr No.	Name of the Faculty	Signature
1.	Dr. Manita Shetty (PT)	
2.	to minha Gulati (PD)	
3.	Dr. Para Murkudkar (PD	
4	A Puba Prachan (PT) V	Rubal
5.	Du Manisha Shamphaukar	ALT
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7.	AD RICHA CONTRACTOR	Riche.
(6)	DI ATDI KhanAller (H&Bma	
7	PR. VINAY GOYAL	
. 8	Dr. Uttala Deshmukh	Jor Brees
9	Granil Bloop	they .
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DEPARTMENT OF PHYSICAL MEDICINE & REHABILITATION, UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS AND SCHOOL OF PHYSIOTHERAPY

List of Patients Participated

Sr No.	Name of the Patient	Contact No	Signature
1.	Mondal Wajid	7900134525	HED-
2.	NELISH honegaonkay	9326429244	N.G. Gorogaonk
3.	Phooldhand Tiward	8454930620	NY O
Ц.	Jayesh Panil	97698381493	Joseph .
5.	Jayesh Paril Aaryn Shaarma	9619007674	
6	Bharat Source	8652092420	Bharat Sorte.
1	Bharat Source Varmala Vaidya	9561502788	Vaimala Vaidya
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DEPARTMENT OF PHYSICAL MEDICINE & REHABILITATION, UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS AND SCHOOL OF PHYSIOTHERAPY

List of Patients Participated

Sr No.	Name of the Patient	Contact No	Signature
or No.	Mithilesh Pal Rumit Pal	73040 9562	M.B
1	Amreen Sharkh - Arsh Sharkh	8082324812	Abrish
Ø	Prity Ravi - Advika Kenner	9970897691	Gily.
3	Buty Navi - Harris Fernance	8928025886	Statione
4	Priaash Viraj Tatkare	9029798461	true
5	Khan Mohd Ahas Vinayak Jaiswal	8423368922	.halla
6	Bharat Sozate	9322219984	6mle-
8	Tammay Thaken	9653118401	Retitoher.
9	Biplov Bhandari	8850995289	Blo
10	Nitesh yadar	9619586577	Marmtayad
1+	River Yadav.	9918880228	Bangrett adar
12	Riya Yadav. Aanon Gypta	7046815481	SonyThylita
-6		9082314060	जितिता बोबरे
17	. Harsh Bobade.	9082519080	



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DEPARTMENT OF PHYSICAL MEDICINE & REHABILITATION, UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS AND SCHOOL OF PHYSIOTHERAPY

List of Students Participated

Sr No.	Name of the Student	Signature
1	Manari Borre (MPT-1) [SOP]	Mhu
2.	Sanika Kulkani (Intom) [SOP]	Sarledate
3.	Roshni Kukneja (Intern) [SOP]	Porte
4		Caro.
S.	Shifa Joad (Intern) [SOP]	ship
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7		Shiruge
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· 10	<u>)</u>	table?
N	Vanshika Raval (111 yr) (P40)	Vegwal
12	Yashashree (pawde(111yr)(P40)	¥4.
13	Maria M. Ubare (11148 (P80)	Marta
14	Pradrya Gaude (IV) Panolo	Red
15	Rasika Guran (ITY) P&O	Rasika
16	Lav Kamar (JVY) plo	July.
17.	Misbah Choudhary (INTERN/1960)	Whoudhary
18.	Milam 5. Mapati (Intern) (Pfo).	



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DEPARTMENT OF PHYSICAL MEDICINE & REHABILITAT UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOJ AND SCHOOL OF PHYSIOTHERAPY

List of Students Participated

Sr No.	Name of the Student	Signature
19.	Pravita D. Tamber (Intern - P&O)	Sampe
20.	Sana than (Intem-P&D)	Marg
21.	KHATRI AFRA (Inten-PEO)	Alt
22.	Rohan Tambe (Intern P\$)	(Pounde:
23.	Apetcha vohane 14Fryvpzo	delare
24.	snehol Rane (4thgrpso)	Cam
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DEPARTMENT OF PHYSICAL MEDICINE & REHABILITATION, UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS AND SCHOOL OF PHYSIOTHERAPY

List of Students Participated

Sr No.	Name of the Student	Signature
1	Bhosale Devika Anaut(sop)	Thul
2.	Susmance Disha Prakash COP)	
3.	Aucui Atu Dixit (SOP)	Dirit
4.	Shalom Andrews Arangasseri (SOP)	
5.	Ferzeen Minoo Mody (SOP)	Juzeen
6.	Loshni Kuknega (SOP)	Coshaw
7	Sanika Kulkani (SOP)	Sankallan
8.	Khilti Fuuia (SOP)	Churro
9.	Shifa Joaq (SOP)	Shile
ĩD	Mansi Bosse (SOP)	Mar
11	Thing Patul (80P)	bypatr
12	Smara (ardoza (SOP)	- Toresel
13	Rohan . S. Tambe (BPO)	@stambe.
14	Lalit · S. Patil (BPO)	Jospatul.
15.	Misbah Choudhary (Inton) (PGO)	Chardharry
16.	SANA KHAN (INTERN PRO)	XJane
17	KHATRI AFRA (INTERN P.Q.O)	Aller.
18.	Ni"am 5-Mapari (Jotern P40)	Amapate .



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DEPARTMENT OF PHYSICAL MEDICINE & REHABILITATIC UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTI AND SCHOOL OF PHYSIOTHERAPY

List of Students Participated 2. Name of the Student Signature 3 Sr No. 4 Raval (II yr P40) Vanshika 19. ab Sakshi M. Thakkay (IIIyr P40 20. Jadhav Krutik CILLYS P40 21. A CA Magua III yr Pto Ubare 22 ashashere Gawde 23. P4 D Illur W BRO) 24 au Cumol ambe Pranita 25. ambe (Intern P&O) 26. Alphwanya Shibu SOF Intern Shitole Sop 27 Swati Intern Sachin . kawantere 20 TUyr 120

MGM Medical College and Hospital, Kamothe, Navi Mumbai.

CME organized on occasion of International Day of Persons with Disabilities **DECEMBER 3, 2021**

Department of Physical Medicine and Rehabilitation Department of Prosthetics and Orthotics Department of Physiotherapy

Sr.No.	Name [In block letters]	Department	Designation	MMC Reg	Food Coupon	Sign
1.	MERIN MARY SAM	BSC. NURSIN	Student			Merick
2.	ANET MARIAM MATHEW	B.50	Student			aprest-
3.	MERLIN B THOMAS	BSC NURSING	Student			MF
4.	JIYA SAMUEL	NURSING	Student			La andul
5	JASMINE JAMES	BSF NURSING	Student			- Legnall
6	JERIN MARIYA SHAJI	BBC	Student			2
7	AMITHA MATHEW	BSC. NORSING	STUDENT			Herith
8	ANEETA MATHEW	BSC. NURSING	STUDEN1			NUMBER
9	ALPHY JOSEPH	BSC. NORSING	ITUDENT			alpha
10	Varsha Anna chesian	BSC Nursing	student			Vale
1	1 Nileena Sabn	Bec Numasing Bsc	Strefent			Q12
1	2 AISHWARYA AJIMON	Nursing	Student			WX.
1	3 JEEVA 5 VARGHESE	BSC NURSING	870 DENJ			F
1	4 JISHA MARIYAM JOKE	H NUREINIG	student			sol 4
1	5. Albi Mathew	NURSIALC	Shedent			Alba
1	6 JUBY ANINA JAMES	BSC NURSING	Student			SubyP
	17 Sneha Philip		Student			5
)	8 Ashily varghese	RSC	Studer			11.0
1	9 Elsha Lalu	BSC Numbing				010
2	0 Kesiya L Riji	Bsc.Nursing	Studen	t		Kenty

MGM Medical College and Hospital, Kamothe, Navi Mumbai.

CME organized on occasion of International Day of Persons with Disabilities DECEMBER 3, 2021

Department of Physical Medicine and Rehabilitation Department of Prosthetics and Orthotics Department of Physiotherapy

r.No.	Nam	e [In block letters]	Department	Designation	MMC Reg no	Food Coupon	Sign
1)	N	utan kumari	MGMNB	BSC Nursing	2		Nut
2)	An	ushka S. Koltharkar	MGMNBCON	B-SC. Nursing			Kain
3>	An	kita A. Bhatacle	MGMINIBRON	B. SC Nurssing			Antite
4)	p	riyanka Pakil	MAMNB	BSC			Patil
5)	-	ayali kadam	MUMNB	BSC			Fadar
6)		Pallavi Yewale	MAMNB	BSC Mussing			S.
7]		Shreya mokal	MGMNB	BSC NULLING		ľ.	Snela
8]		Aakanksha patil	MGMNB CON	BSC NUUSING			Jehald
9]	5	shamal Mhake	MAMNB	BSC NULLING		9	Smhutu
10		Apurva Icoli	MGMNB CON	BSC Nuesing		5	Holi
5		Rupesha patil	MGMNB	BSC Nucling			Bail
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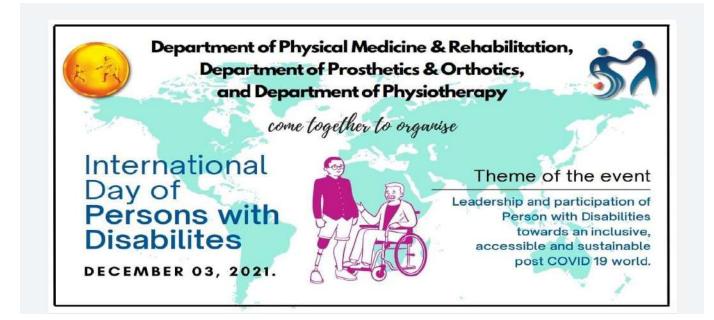
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MGM INSTITUTE'S UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS (A constituent unit of MGM INSTITUTE OF HEALTH SCIENCES, NAVI MUMBAI)

(Deemed to be University u/s 3 of UGC Act, 1956) Grade 'A' Accredited by NAAC Sector-1, Kamothe, Navi Mumbai-410 209 | Tel.: 022-27437829, 27437620 Email: mgmudpo@mgmuhs.com | Website: www.mgmudpo.edu.in

<u>CELEBRATION OF INTERNATIONAL DISABILITY DAY-2021</u> <u>, DATE- 03 - 12 -2021</u>







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<u>CELEBRATION OF INTERNATIONAL DISABILITY DAY-2021</u> , DATE- 03 - 12 -2021





World HIV/AIDS Day





MGM MEDICAL COLLEGE

Sector -1, Kamothe , Navi Mumbai- 410209, India

NSS UNIT

DATE : 10/12/21

То

The Dean

MGM Medical College,

Kamothe, Navi Mumbai

Respected Sir,

Hereby submitting the report of World HIV/AIDS Day held on 6th December

2021 at MGM Hospital, Kalamboli

Thanking you

Yours sincerely

Que Dr. Pradeep Sawardekar

Program Officer Secretary NSSMONT Medical College, Kannotho, Nevi Mumbai

Dean.

M.G.M. Medica ede & Hospital Kamothe, Navi monuali - 416209





MGM MEDICAL COLLEGE

Sector -1, Kamothe , Navi Mumbai- 410209, India

NSS UNIT

REPORT OF OBSERVATION OF WORLD HIV/AIDS DAY

To Observe world HIV/AIDS DAY, NSS Unit of MGM Medical college, Kamothe decided to organize an awareness talk on 6th December, Monday, 2021 (from 10:00 am to 11:30 am) in Lecture Hall no. 3 of MGM Hospital, Kalamboli.

Dr Pradeep Sawardekar Sir had taken permission from Dean sir to organize the talk.

1.	Dr. Pradeep Sawardekar	INTRODUCTION TO WORLD HIV- AIDS DAY THEME
2.	Mr. Vikrant Dinkar	TALK ON HIV
3.	Mr. Jeevan Urankar	SOCIAL ASPECTS OF HIV/AIDS
4.	Dr Naman Agrawal	TALK ON HIV
5.	Dr. Antony Joseph	BRIEFING ON HIV
6.	Dr. Madhavi Mankar	PREVENTION QUESTION AND ANSWER SESSION
7.	Mr. Abhijeet Rodpalkar	VOTE OF THANKS

PROGRAMME SCHEDULE

World HIV/AIDS Day is the primary global awareness campaign focusing on HIV/AIDS and is held on 1st December each year. Led by the World Health Organization (WHO), each HIV/AIDS Day focuses on a theme related to HIV/AIDS.



This year theme was "END INEQUALITIES, END AIDS". With a special focus on reaching people left behind, WHO and its partners are highlighting the growing inequalities in access to essential HIV services. Division, disparity and disregard for human rights are among the failures that allowed HIV to become and remain a global health crisis. WHO is calling on global leaders and citizens to rally to confront the inequalities that drive AIDS and to reach people who are currently not receiving essential HIV services.

This event was held under the leadership of Dr. Pradeep Sawardekar(Program Officer, NSS unit MGM Medical College)



At the outset of the meeting, Dr. Pradeep Sawardekar welcomed all.

- He gave a brief idea about HIV/AIDS and World HIV Day covering the following points
 - 1. What is HIV/AIDS?
 - 2. The problem statement and extent of this illness
 - 3. Statistics (India and global) highlighting the gravity of the disease
 - 4. Monitoring and Care
 - 5. Treatment of HIV

6. Need of patients to adequately approach health care professionals, well in time to avoid fatal complications of this disease



Mr. Vikrant Dinkar, Male social worker, Department of PSM addressed about the following points:

- 1. Various ways of transmission of HIV
- 2. Significance of World HIV/AIDS Day
- 3. Role of health care workers



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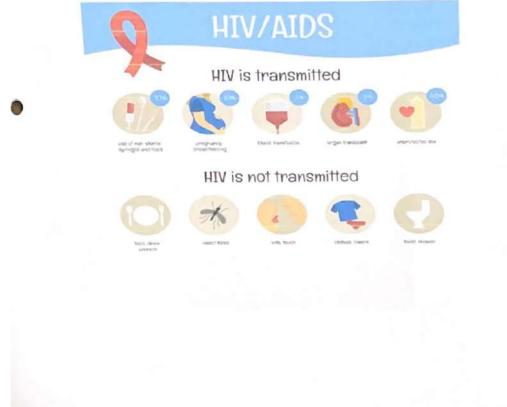
Mr. Jeevan Urankar, Male Assistant Program Officer, highlighted the following points:

- 1. Prevention and awareness of HIV/AIDS
- 2. Social stigma involving HIV patients
- 3. Health care support



Subsequently, Dr. Naman Agrawal, Intern, addressed the audience on world HIV/AIDS Day and he highlighted, the following:

- 1. The causative agent and the clinical pathogenesis
- 2. Various routes of transmission
- 3. The symptoms and signs

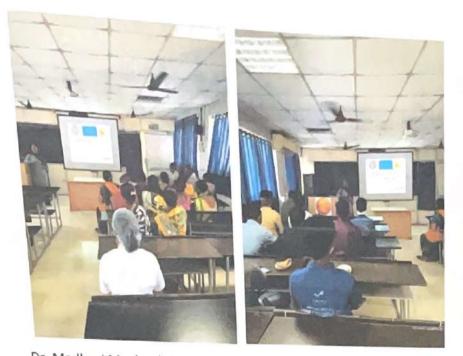




Dr. Antony joseph, Intern, highlighted the following points:

- 1. Various diagnostic method
- 2. Complications of HIV/AIDS
- 3. Pre-exposure prophylaxis





Dr. Madhavi Mankar (NSS Coordinator MGM IHS) elaborated on:

1. Pre and Post exposure prophylaxis

2. She also addressed patient's questions and adequately informed them about the disease.

Dr. Madhavi held a question answer session and also cleared the queries of the participants regarding HIV/AIDS.

Mr. Abhijeet Rodpalkar concluded the event with vote of thanks speech



lowing the event snacks and tea were severed to the attendees.



Department of Community Medicine and Obstetrics & gynaecology gave full support for the success of the programme.

Dr Naman Agrawal and Dr Antony Joseph took immense effort for the success of the programme.

	MALE	FEMALES	+
STAFF	4	1	_
STUDENTS	2	1	-
BENEFICIARIES	8	12	

)

punner

Dr. Pradeep Sawardekar

Program Officer

NSS Unit

MGM MEDICAL COLLEGE MGM Medical College, (Canothe, Navi Mumbal

Dr. G.S Narshetty

Chairman

NSS Unit

MGM MEDICAL COLLEGE

Dean. M.G.M. Medical Intere & Hospital Kamothe, Navi Munipal - 410209

SR. NO.	LIST	OF PARTICIPANTS	DESIGNATION
1.	Dr. I	Pradeep Sawardekar	Secretary, NSS Unit and
		1	Mess/Canteen Committee
2.	Dr.	Madhavi Mankar	Associate female programme
			officer
3.	Mr	. Jeevan Unkar	Associate male programme
			officer
4.	M	. Vikrant Dinkar	Male social worker
5.	M	r. Abhijeeth Rodpalkar	Clerk, Department of PSM
6.	Dr	. Naman Agrawal	Intern
7.		r. Antony Joseph	Intern
8.	N	liss Varsha Pawan	Student
9.	N	1r. Bhawan Pardi	Patient relative
10.	N	Ar. Kamlesh Sahu	Patient relative
11.	N	Ar. Eknath Pawar	Patient relative
12.	1	Mr. Sandesh Patil	Patient relative
13.	1	Vr. Kailash Patil	Patient relative
14.		Mr. Akshay Chavan	Patient relative
15		Mr. Sopan Gharat	Patient relative
16		Mr. Omkar Mukne	Patient relative
17		Mrs. Lata Kakde	Patient relative
18	38	Mrs. Chinabai Karu	Patient relative
19		Mrs. Kusum Gare	Patient relative
	D.	Mrs. Surekha Patil	Patient relative
	1.	Mrs. Nirmala Pathak Mrs. Sakhukhibai Patil	Patient relative Patient relative
	2.	Mrs. Sunita Vaibe	Patient relative
-	24.	Mrs. Rai Kair	Patient relative
-	25.	Mrs. Nanda Laxmi Gaikwad	
	26.	Mrs. Chandrakala Khedeka	
the second se	27.	Mrs. Jaibeem Wade	Patient relative
	28.	Mrs. Mira Waghmare	Patient relative
	29.	Mrs. Priyanka Jadhav	Patient relative

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Republic Day

	MGMSCHOOL OF PHYSIOTHERAPY	Doc No.	DC/MGMSOP/ AER/IQAC/00
	AURANGABAD	Issue No.	1
-		Rev. No.	_
XX	Notice	Date	
	Tonce	Page	Page 1 of 2

Date: 24 /01/2022

This is to inform all the students and faculties that there will be Flag Hoisting Ceremony on 26th January, 2022 (Republic Day) at 8 am sharp in the morning on the Cricket Stadium, MGM Campus.

Principal Director MGM School of Physiotherapy Aurangabad



4		MGMSCHOOL OF PHYSIOTHERAPY	Doc No.	DC/MGMSOF AER/IQAC/00
1	· Ant	AURANGABAD	Issue No.	1
-	X R	Academic Event Deport	Rev. No.	
	12 7 2	Academic Event Report	Date	28/01/2022
			Page	Page 1 of 2
			-	
No 1	Nome 6 X	Points for Report		
1	Name & Leve	l of Event - College /Regional/ State/ National/ Inte	ernational.	
		Republic Day on 26 th Jan, 2022		
2	Background/I /Collaoration e	Introduction - Need/ reasons for holding the prg. Netc.	ame of Associ	ation
	The pro	gram was celebrated on 26 th Jan, 2022 on the occasi	on of Republic	c Day
3	Venue -			
		Cricket Stadium, MGM Campus, N-6, CIDCO, Au	rangahad	
		Cheket Stadium, WOW Campus, N-0, CIDCO, Al	Italigadau	
4	Sponsors - Na	me & Details		
		MGM School of Physiotherapy, Aurangab	ad	
5	Inauguration compared by e	- Including the details of Chief Guest, Guest(S) of Htc	lonor, List of	speeches given,
	I	nauguration was done by Honourable Mr. Ankushra	o Kadam sir	
6	Speakers/ Jud	ges/ Chairman/Panel Team - Brief Introduction w	ith their achie	vements.
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6	MGMSCHOOL OF PHYSIOTHERAPY	Doc No.	DC/MGMSOP/ AER/IQAC/00
1	AURANGABAD	Issue No.	1
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	Conferences/ Seminars/CME/Quiz/ Debate/ Gu	lest Date	
	Lecture etc	Page	Page 2 of 2
- Dentit			
7 Participants	& Delegates - No. of participants & delegates/team	ms with their nar	mes.
	100 participants		
8 Prize Distrib	ution etc- Brief Summary of the Proceeding.		
Valat			
9 Valedictory	Ceremony - Brief of the proceeding including chie	f guest etc. and v	who conducted it.
Program was sta	rted at 9 pm with Elec heisting services 6.11		
riogram was sta	rted at 8 pm with Flag hoisting ceremony, followed MGM School of Physiotherapy.	by march parad	e by students of
Also, students hav	ve done skit presentation on the topic of Blood Don	ation The progr	am concluded by
	National Anthem.	ution. The progra	am concluded by
to Theblield			
10 Highlights of	f the Event - Brief about the main highlight(s) of the	ie event.	
	All the students and facultiesattended with great	enthusiasm.	
Report Prepared	on- 28/01/2022		
Report Prepared	by- Dr. Sonali Vispute		
Designation/ Dent	- Assistant Professor		
Designation Dept	- / 1551514111 1 10105501		
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Organizing Chair	man/Saaratam	× /	
Organizing Chair	man/ secretary	Principal/HOD	
	and the second	Director	
	MGM S	school of Physio	therapy
		Aurangabad	



	MGM's SCHOOL OF PHYSIOTHERAPY	Doc No.	DC/MGMSOP /SCM-S/IQAC
	AURANGABAD	Issue No.	1
2		Rev. No.	
KR	ATTENDANCE SHEET	Date	26 01 202
		Page	Page 1 of 1
Name of Ev	ent- Republic Day	1	
Year: 2	022	0	
Topic-	Lag Hoisting, March Paroid	Q · ·	
Name of the	ent- Republic Day 022 Lag Hoisting, March Parod Staff:- Dr. Pooja Motaz		
Sr No	Name of Student		gnature
1	Souishti Belge	AR.	tto_
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26	Raseeka Shinde	Haven
27	Digvijay Deshmukh	DIE
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69	Kirnanglu Patil Ruchi mahajan	Minumas
70		Ruch'
71	Propjal ketecha Fatima Khan Muauniyah	Ductecha
72	Fatima Khan	Kfuter
73	Muaniyah	a
74	Nikita Digambar Dhaktode	Divite
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82	Ashuini Judhan	fair
83	Geryatter Wrigabe	agrates .
84	Ganger Dealkor	gauge
85	Jeet S. Kanthosia	Fuel.
86	Kineya Patil	(H)
87	Sharela Actorya	(B)
88	Ishani Tzasede	(A)
89	Nichee Gadapower -	(Ta)
90	Mehreen Fanoqui	Aura
91	Sare Athon- Dilip	for to al
92	Rishikesh Makhale	Rev.
93	Varun Susyavanshi	K
94	Garesh Rahane	GD
95	Sakshi Peshmukh	Step .
96	Bakshi Kathale	. Ar
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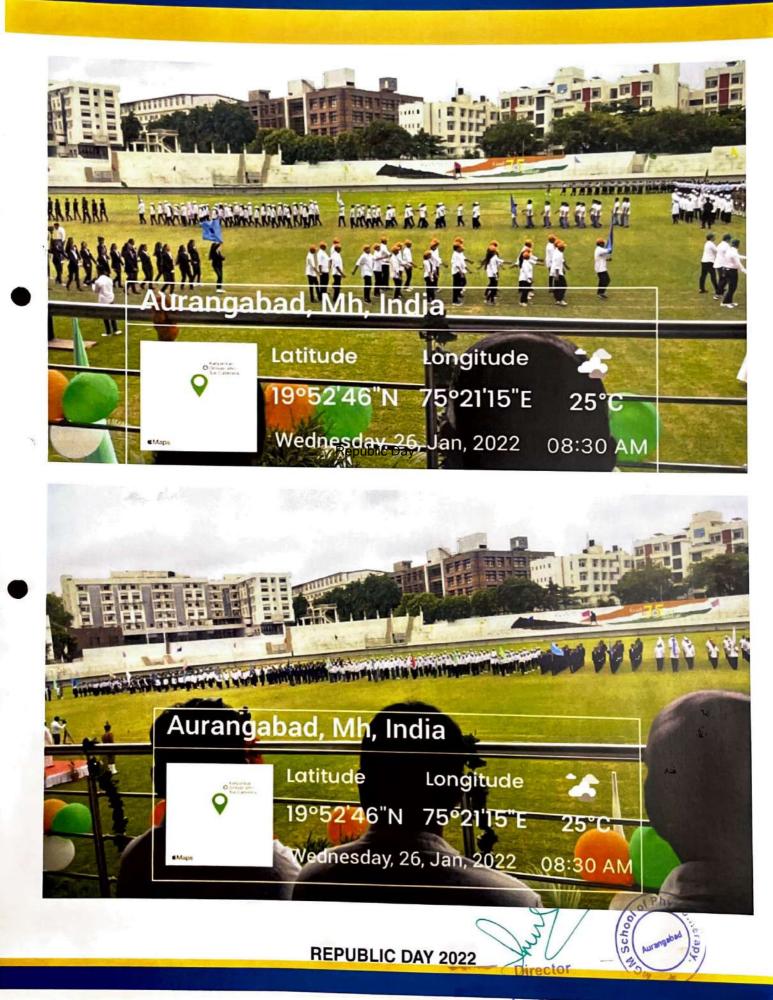
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MGM SCHOOL OF PHYSIOTHERAPY



AURANGABAD



National Voters Day

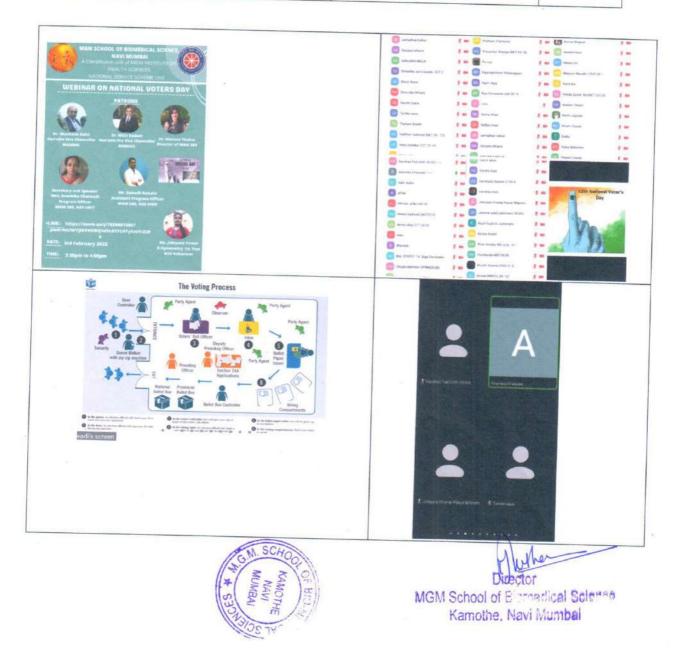


EVENT NAME-WEBINAR ON NATIONAL VOTERS DAY

DATE&TIME-3RD FEBRUARY 2022.

LOCATION-MGM SCHOOL OF BIOMEDICAL SCIENCE.

Sr.No	Event Title & Venue Details	Program Coordinator (Team Member Name)	Total No. of Participants
1	Webinar on NATIONAL VOTERS DAY ; MGM School of Biomedical Science, Navi Mumbai.	Dr. Mansee Thakur, MrsAnamikaChalwadi Mr. SubodhRahate Ms.Jidnyasa Pawar	57



WEBINAR ON NATIONAL VOTERS DAY was conducted on 3RD FEBRUARY 2022 by MGM SBS National Service Scheme (NSS UNIT) which was attended by total 57 student. WEBINAR was about Creating awareness about Importance of Voting, its eligibility, its process and many more things. The Speaker of the webinar was Mrs .Anamika Chalwadi. They also solved queries of students.

Report Prepared by-: NSS P.O. Mrs. Anamika Chalwadi

Contact details: SBS MGM



ector

MGM School of Biomedical Science Kamothe, Navi Mumbai

National Deworming Day



EVENT NAME-WEBINAR ON NATIONAL DEWORMING DAY

DATE&TIME-10th February 2022

LOCATION-MGM SCHOOL OF BIOMEDICAL SCIENCE.

Sr.No	Event Title & Venue Details	Program Coordinator (Team Member Name)	Total No. of Participants
1	Webinar on NATIONAL DEWORMING DAY; MGM School of Biomedical Science, Navi Mumbai.	Dr. Mansee Thakur, MrsAnamika Chalwadi Mr. Subodh Rahate Mr. Harshad Patil, Ms. Jidnyasa Pawar	70

WEBINAR ON NATIONAL DEWORMING DAY Patron Patron <th>National Deworming Day</th>	National Deworming Day
MAM BER, NES UNIT Committee members Date - 10 Pedrosary 2623 Committee members Time - 3.them to 3.them Committee members Link - Manadowen and Statements Manadowen and Statements Manadowen and Statements Manadowen and Statements Subscreen and Statements Statements	CLOCID ADDILIETTE
Figure 1. STM Transmission Cycle	Contractioner Contraction Contraction

WEBINAR ON NATIONAL DEWORMING DAY was conducted on 10th February 2022 by MGM SBS National Service Scheme (NSS UNIT) which was attended by total 70 student. Conference was about Creating awareness of Deworming by solving Problems and telling Symptoms, diagnosis and treatment of it. The Speaker of the webinar was Mrs .Anamika Chalwadi . They also solved queries of students.

Report Prepared by-: NSS P.O. Mrs. Anamika Chalwadi

Contact details: SBS MGM



Director

MGM School of Plamedical Science Kamothe, Navi Mumbai Marathi Diwas

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CIRCULAR

Date- 25/02/2022

CELEBRATION OF "Marathi Matrubhasha Diwas 2022" at MGMIUDPO

All the students are hereby informed that the institute is celebrating "Marathi Matrubhasha Diwas" tomorrow at institutional level.

On this occasion, MGMIUDPO has organized a poetry competition in Marathi language.

Topic: Nirogi sharir hach khara dagina (Healthy life is like gold) or

Any Topic related to Health.

Date: 26/02/2022

Venue: Academic Section MGMIUDPO.

Students are informed to participate in large number to celebrate this event in successful manner.

Dr.Uttara Deshmukh (P&O), I/C Principal, MGM IUDPO, Kamothe, Navi Mumbai.



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CIRCULAR

Date: 21st February, 2022

CELEBRATION OF MARATHI RAJBHASHA DIVAS -2022 AT MGMIUDPO.

Agenda: To preserve the Marathi Language & celebrate the Birth Anniversary of great Marathi poet "Kusumagraj".

This is to inform all the students that, MGM Institute's University Department of Prosthetics & Orthotics is celebrating Marathi Rajbhasha Divas-2022 under NSS Unit of MGMIUDPO on 26th February 2022.

The Details are as follows:

- 1. Date:26th February2022, Friday
- 2. Time: 11.30 AM to 01.00 PM
- 3. Venue: Academic Section, MGM Department of Prosthetics & Orthotics.

Note: All students are informed to join the Celebration of Marathi Rajbhasha Divas with full strength and enthusiasm.

Dr. Uttara Deshmukh (P&O) I/C Principal, MGM Institute's University Department of Prosthetics & Orthotics, Kamothe, Navi Mumbai.

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Sector-01, Kamothe, Navi Mumbai - 410 209 Tel 022-27437829, Website:www.mgmudpo.edu.in

Report of "Celebration of Marathi Rajbhasha Divas- 2022 at MGMIUDPO

Name of the event: "Celebration of Marathi Rajbhasha divas -2022"

Purpose of the Event: To create awareness about preserving the entient Marathi Language & celebrate the birth anniversary of great Marathi Poet Kusumagraj .

Location of the event: Academics Section, MGM Department of Prosthetics and Orthotics.

Date and time of the event: Date: 26th February 2022.

Time: 11:30 AM to 01:00 PM (One hour thirty minutes).

No. of attendees: 18 Students & 02 faculty of MGMIUDPO.

Proceedings of the event:

This event was organized as NSS Activity, under NSS Unit MGMIUDPO, Kamothe, Navi Mumbai.

A small speech about importance of Marathi Language for the day was given by Dr. Uttara Deshmukh (P&O), Principal, MGMUDPO, Kamothe, Navi Mumbai.

The event was processed with Poetry Competition by all the faculty and students on the "Importance of Health in Life".

Everyone shared their experiences of importance of health through poetry.

In Poetry Competition among students category the winner was Mr. Shivam Pandey.

In faculty category the winner was Dr. Uttara Deshmukh.

The event was ended by thanks giving to all students and faculty by Dr. Pratiksha Shelar (P&O) for make the event successful.

Dr. Uttara Deshmukh (P&O) I/C Principal, MGM Institute's University Department of Prosthetics & Orthotics, Kamothe, Navi Mumbai.



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UNIVERSITY DEPARTMENT OF PROSTHETICS AND ORTHOTICS Sector-01, Kamothe, Navi Mumbai - 410 209 Tel 022-27437620, Website: mgmiudpo.edu.in

Name of the Activity	: Celebration of Maratin Matrubhashadiwas 2012
Date Time	20-02-202
Venue	: 11: 30AH 0 1: 30 PM : MGM Institute University Department of Prosthetics and Orthogon N
	Orthoics, Navi Mumbai

List of Students Attended the Lecture

Sr No.	Name of the Student	PRN NO.	Signature	
1.	Riya A Gawade	11910600005	Pr.	
2	Lav Jaiman	11810600007	guloe	PRN
3	Gurinman Kaur	Bal,	11810	600002
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5.		11810600010	tar de	
6	Rislikesh Rajquele.	11810600016	- Anger	
7	Vighnesh Bidhe	11810600023	X	
8.	Apabsha Ubhave	11910600017	abhar	
q.		11810600005	Rasika	
10	Siddhesh Mali	11810600008	And'	
11		11810600011	Alen	
	Pradnya Gawde.	11810600004	Am	
12	Esha Malik	11810600009	12	
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18.	Giovind Singh			



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GLIMPSES OF THE MARATHI RAJBHASHA DIVAS AT MGMIUDPO

DATE: 26-02 -2022





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GLIMPSES OF THE MARATHI RAJBHASHA DIVAS AT MGMIUDPO DATE: 26-02 -2022





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CIRCULAR

Date: 21^h February, 2022

CELEBRATION OF MARATHI RAJBHASHA DIVAS -2022 AT MGMI H&_-

Agenda: To create awareness about Marathi Language and various social issues also celebrate the Birth Anniversary of great Marathi poet "Kusumagraj".

This is to inform all the students that, as per the notification from the University regarding Inter-College Role Play competition on the occasion of Marathi Rajbhasha Divas-2022, MGM Institute's University Department of Prosthetics and Orthotics is going to participate in this competition.

The Details are as follows:

- 1. Date:28th February2022, Monday
- 2. Time: 02.00 PM to 05.00 PM
- 3. Venue: Ground Floor, Hall Number-02, MGM Medical College, Kamothe Navi Mumbai.

Note: Interested students are informed to share their names to Dr. Pratiksha Shelar as soon as possible for role play competition on the occasion of Marathi Rajbhasha Divas.

Dr. UttaraDeshmukh (P&O) I/C Principal, MGM Institute's University Department of Prosthetics & Orthotics, Kamothe, Navi Mumbai.

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Report of "Celebration of Marathi Rajbhasha Divas- 2022 at MGMI H5___

Name of the event: "Celebration of Marathi Rajbhasha divas -2022"

Purpose: To create awareness about preserving the values of Marathi Language & celebrate the birth anniversary of Great Marathi Poet Kusumagraj.

Location: Ground Floor, Hall Number-02, MGM Medical College, Kamothe Navi Mumbai. Date: 28th February 2022. Time: 02:00 PM to 05:00 PM (Three hours).

No. of attendees: 19 Students of MGMIUDPO. Topic: Awareness about health. <u>Proceedings of the event:</u>

The event started with Lamp Lightening by auspicious hands of all the dignitaries followed by Ganesh Vandana by students of MGM Medical College, Navi Mumbai.

This event was organized as NSS Activity, under NSS Unit MGMIHS, Kamothe, Navi Mumbai. MGM Institute's University Department of Prosthetics presented two skits in the competition.

1st Performance – New Leap

In which students performed an activity which depicts the life of boy after losing his lower limb due to traumatic incident and acquiring new artificial limb to achieve his goals in life.

The participants were Ms. Gursimran Kaur, Ms. Surbhi Waghate, Ms. Shaifa Khan, Mr. Rushikesh rajgude, Mr. Vighnesh Bidre, Mr. S.abu Thalib, Mr. Shivam Pandey, Ms. Shital Gaikwad, Ms. Shikha Garg, Ms. Sneha sunil kumar, Mr. Wajid Mandal,

2nd Performance –Surrogacy.

In this skit performance the students depicts the life of a women who is having problem in conceiving and with advanced technology she could have a baby from another women.

The participants were Ms. Esha Mallik, Ms.Snehal Rane, Ms.Pradnya Gawde, Ms.Riya Gawde, Ms.Rasika Gurav, Mr. Nikhil wagh, Ms. Pranaya More.

Among the several departments which participated in this competition Team – NEW LEAP from MGMIUDPO won 2nd Prize in the intercollegiate role play competition.

The event was ended by thanks giving to all students and faculty by Dr. Sayali from Community Medicine Department for making the event successful.

Dr. Uttara Deshmukh (P&O) I/C Principal, MGM Institute's University Department of Prosthetics & Orthotics, Kamothe, Navi Mumbai. Dr. Uttara Deshmukh (P & O), H. O. D. In-Charge, MiGM Institute's University Department of Prosthetics and Orthotics, Kamothe, Navi Mumbai.



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Name of the Activity	:	Celebration of Marathi Roychasha Dival-2022
Date	*, 1	20th Febrewary 2022, (2.00pm - 5.00 pm)
Time	:	20th Folder 2022 . (2.00 pm - 5.00 pm)
Venue	:	Ground FLOOR, Hall number -02, MGM medical College.

Sr No.	Name of the Faculty	Signature
1	Dr Uttarg Deshmuth (P&O)	Uttages 12/2012
2	X	Х
3	X	Χ
4		- X
5	Utiara Deshmukh (P & O),	X

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MGM Institute's University Department MGM Institute's University Department acthe Navi Mumbal

Sr No.	Name of the Student	Y	ear	PRN Number	Signature
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3	Sussiman Kaur	13	7	11810600002	(juiliante
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6	Aby Shalib	•1	17	11810600022	SAbuthaub
7	shivam Pandey	1	17	11810600010	- Deday
8	shital Gaikwad	- 11	()	11810600015	Dailard
9	shikha Gang	~`\	"	11810600018	Surtha.
10	Sneha Thevar Kattil	"	"	11810600013	Skumer
11	Wajid Mandal	T	lear	12010600002	Alle

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	Snehal Rane		11 4	que
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187	Rasika Gurav	11810600005	I year	Rasika
19		1201060007	IlYear	approgram
10	Nikhil Wagh Pranaya More.	12110600006	I Year	Friere
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23.		Jeshumper		
29		Dr Littara Desh	mukh (P & O),	
254		LUC D In Chai	rge, s University Depa	rtment
25		of Prosthetics	and Ormotics,	
27		Kamothe, Navi	Mumbal.	
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GLIMPSES OF THE MARATHI RAJBHASHA DIVAS AT MGMIHS DATE: 28-02 -2022







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GLIMPSES OF THE MARATHI RAJBHASHA DIVAS AT MGMIHS

DATE: 28-02 -2022







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BEST ACTOR AWARD ON THE OCCASION OF MARATHI RAJBHASHA DIN-2022

BEST ACTOR AWARD

X	DEPARTMENT OF COMMUNITY MEDICINE MGM MEDICAL COLLEGE AND HOSPITAL
	Wold MILDICAL COLLEGE AND HOST HAL & National Service Scheme Unit MGMIHS CERTIFICATE
	This Certifies that DATE - 7 APR 2022 Wajid Maudal
	Has successfully participated in Marathi Rajbhasha Din – 2022 Skit Competition And has won <u>Beel Actor</u>
	Dr. Prasad Waingankar Professor & Head, Community Medicine Dr. Madhavi Mankar NSS Coordinator - MGMIHS Dr. G. S. Narshetty Dean



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2ND PLACE (BEST PERFORMANVE (TEAM) AWARD ON THE OCCASION OF MARATHI RAJBHASHA DIN-2022.

	DEPARTMENT OF COMMUNITY MEDICINE
	MGM MEDICAL COLLEGE AND HOSPITAL & National Service Scheme Unit MGMIHS
	CERTIFICATE This Certifies that
	Wajid Maudal
	And has won <u>2nd place - Best Performance (TEAM)</u> .
Dr. Pr	asad Waingankar Dr. Madhavi Mankar Dr. G. S. Narshetty
Professo	r & Head, Community Medicine NSS Coordinator - MGMIHS Dean



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International Women's Day

	MGMSCHOOL OF PHYSIOTHERAPY	Doc No.	DC/MGMSOP/ AER/IQAC/00
K A	AURANGABAD	Issue No.	1
	AUKANGADAD	Rev. No.	
		Date 01/01/	01/01/2019
	Notice	Page	Page 1 of 2

Date: 5th March 2022

This is to inform all the female staff that on the occasion of international women's day, MGM School of physiotherapy is organizing "treasure hunt" for female's staff on 8th March 2022

Venue: 'C' building, MGM School of physiotherapy Aurangabad Coordinator- Dr. Sabih Khan

IQAC Coordinator

IQAC Coordinator MGM School of Physiotherapy Aurangabad

Principal MGM School of Physiotherapy Aurangabad



			Doc No.	DC/MGMS AER/IQAC
1		MGMSCHOOL OF PHYSIOTHERAPY	Issue No.	1
	2	AURANGABAD	Rev. No.	
		Academic Event Report	Date	16/09/2021
1	111	Academic Diene response		Page 1 of 2
1			Page	14601012
No		Points for Report		
1	Name & Leve	of Event - College /Regional/ State/ National/ Inte	ernational.	
Inter	national womer	's day celebration on 8 th March 2022		
2	/Collaoration			
Топ	ecognizing and	amplifying the important role of women and girls a	round the wor	ld.
3	Venue -			
MG	Inauguration	- Including the details of Chief Guest, Guest(S) of I	Honor, List of	speeches giver
		- Including the details of Chief Guest, Guest(b) of a		
5	compared by e	- Including the details of Chief Guess, Guess(6) of a		
Inau	guration speech as and ideas of v	was given by Miss. Kankshi Vetkar by addressing t what a woman's role should be in society often mean ote of climate change and natural disasters different	the audience al n that women a ly.	bout Gendered and girls
Inau	guration speech as and ideas of v	was given by Miss. Kankshi Vetkar by addressing t	the audience al n that women a ly.	bout Gendered and girls
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(6	MGMSCHOOL OF PHYSIOTHERAPY	Doc No.	DC/MGMSOF AER/IQAC/00
F		AURANGABAD	Issue No.	1
5	1 7 7	Academic Event Report	Rev. No.	
		Conferences/ Seminars/CME/Quiz/ Debate/ Guest	Date	01/01/2019
		Lecture etc	Page	Page 2 of 2
7	Participants &	& Delegates – No. of participants & delegates/teams v	vith their nar	nes.
50 fe	emales and 10 m	nale participated in the program		
8		tion etc- Brief Summary of the Proceeding.		
9	Valedictory C	Ceremony - Brief of the proceeding including chief gu	est etc. and v	vho conducted it
Vote	e of thanks giver	hy Mr. Iget		
10	The second second second second second			
		the Event - Brief about the main highlight(s) of the event of the even		
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All ti Rep Des Sign	he female staff wo port Prepared o port Prepared b ignation/ Dept-	ere overwhelmed, happy and enthusiastically participated n-9 th March 2022 y- Dr.Pooja Motar Assistant Professor, MGM school of physiotherapy A	in the games. Aurangabad Sign: Princ	

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	MGM's SCHOOL OF PHYSIOTHERAPY	Doc No.	DC/MGMSOP/ SCM-S/IQAC
6	AURANGABAD	Issue No.	1
2		Rev. No.	
11 2	ATTENDANCE SHEET	Date	29/4/22
		Page	Page 1 of 1

Name of the event: international women's day

Date/ Year: 8th March 2022

Topic: women's day

Organized by: Dr. Sabih khan

Sr No	Name of Student	PRN No.	Signature
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	Sathi Maity	221103,00045	Arudhi.
2	Nidhi Miniyar.	22110200065	Killimuri .
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4	Gungan Agerawal	22110200025	and the second s
5	Dakshita Patil	22110200018	
6	Hemangi Waghulde	22110200094	Henni
7	Sai Raghavi Sampoth	22110,2000	1 denter "
8	Harshita Shah	22112200024	Hak
9	Sharph Shaken	22402000 13	Nus
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11	Sable shareta	22110200066	Mue.
12	Akshata Dhande	02110200021	Allance
13	Rutuja Kadam	2211020003	2 Putwe



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15	Mercy Nader	22110200051	Hereit
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17	Vedashoue Despande.	R2110200063	veelasbree
18	Sanvudolhi Pande	22110200071	quint
19	Amkita Sharuma	2211020004	PUTT
20	Riyo Mishra	2211020004	
21	Ashwini Motekar		*
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34		22110100004 Mart
35	Anaya. Mandeik	2211 0200052 Lamora
36	Mamrata Shakkad	221102000 96
37	Anja Balwant Shinde Sakshi Mhaske	2211.0200045 Jaugh
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49	Valshnavi Mandu Paris	22110200159



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54	Jayant Kadam	22/10200098 Jay
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STAFF SIGNATURE





MAHATMA GANDHI MISSION



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INTERNATIONAL WOMENS DAY MARCH 2022



MGM INSTITUTE OF HEALTH SCIENCES

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MGM SCHOOL OF PHYSIOTHERAPY

Digital Poster Making Competition

Preamble	:	MGM School of Physiotherapy celebrated International Women's Day on 8 th March. It is global day celebrating the social, cultural and political achievements of women.
Time and Date	:	9:30 am, Tuesday 8th March, 2022
Organized By	:	Student council of MGM School of Physiotherapy, Navi Mumbai
Participants	:	500 BPT and MPT students
Faculty In charge	:	Dr. Mamta Shetty (PT), Dr. Hiloni Badani (PT)
Objective	:	To celebrate women empowerment with enthusiasm, creativity and art
Summary	:	On the occasion of International Women's Day, MGM School of Physiotherapy, Navi Mumbai organized a Digital Poster Making Competition on the topic, 'Women Empowerment'. 33 students participated and showcased their artistic and creative side by including slogans and tiny tales as part of the posters. First 3 best posters were awarded. The list of winners is as follows :
		1 st Prize: Jalak Upadhyay (Intern)
		2 nd Prize: Ritu Shah (IV-BPT)
		3 rd Prize: Ishika Kohli (Semester-V)

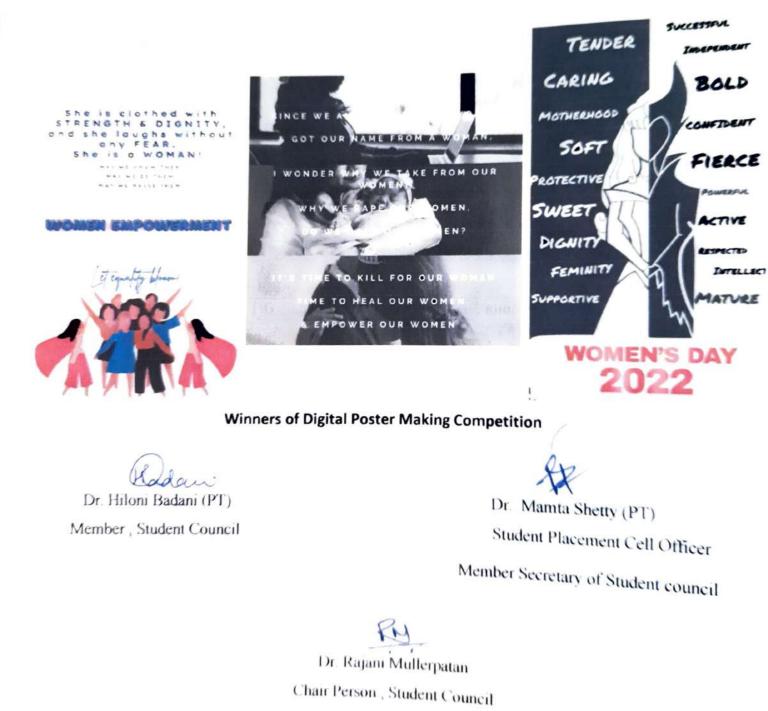


MGM INSTITUTE OF HEALTH SCIENCES

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MGM SCHOOL OF PHYSIOTHERAPY



Professor-Director

MGM School of Physiotherapy, Navi Mumbai

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MGM SCHOOL OF PHYSIOTHERAPY

Sector-1, Kamothe, Navi Mumbai - 410209

IV BPT Regular (2021-2022 Batch)

Date: 8/3/22	
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Subject: E-poster making

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Roll No.	Name of Student	me of Student Sign Roll Name of Student		Name of Student	Sign		
1	Agrawal Rushabh Pravin	P	27	Pandit Nishtha Rajiv	P		
2	Anushka Ajit Tambe	P	28	Pandya Nidhi Santosh	P		
3	Bhalala Het Dinesh	P	29	Parikh Kinnari Monesh	P		
4	Darekar Aakanksha Vinay	P	30	M Raju Divya Raja	P		
5	Desai Manasi Sanjay	r	31	Randeria Kavisha Bimal	1		
6	Ashima Dhiman	P	32	Rupani Devanshi Sanjay	P		
7	Dhurde Chhaya Mahadeo	P	33	Sangani Krutee Kalpesh	P		
8	Dongre Shivani Ketan	P	34	Sanghavi Vishwa Sohil	f f		
9	Gala Aayushi Bhavesh	P	35	Sawant Tejas Deepak	P		
10	Gandhi Charmi Jesal	P	36	Sawant Soham Sanjay	P		
11	Gaware Aditi Sunil	P	37	Sayta Dhanashree Vijay			
12	Iffat Mohmadali Khatib	P	38	Shah Kushani Milan	1		
13	Jain Disha Bhavesh	f	39	Shah Ritu Udayan			
14	Juriani Ashriya Kailash	P	40	Shah Tanvi Salil			
15	Kalwani Bharti Om Prakash	P	41	Shenvi Sadhika Subhodh			
16	Kamble Nikita Uday	P	42	Singh Aakansha Verendra Pal			
17	Khan Nargaz Usman	P	43	Surve Juhika Rajesh			
18	Khonde Hrishikesh Ajay	P	44	Tatli Neha Ashfaq			
19	Mandke Sayali Vinod	P	45	Thaker Riddhi Sanjay			
20	Mehnaz Fatima Abdul Nasir	P	46	Tiwari Leher Manish			
21	Nair Rohit Ajit	P	47	Trivedi Dishi Kirti	K		
22	Navkal Shweta Suren	ρ	48	Trivedi Palak Jayesh	· ·		
23	Neha Yadav	P	49	Vora Kajal Rakesh			
24	Nileshwar Isha Ravikiran	P	50	Wahedna Sadiyah Zubaii			
25	Nimla Hardik Mukesh	P	51	Wangikar Manasi Miline	1		
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				Name of Student	P
Roll No.	Name of Student	- ign	No.	Kinjal Jain Jeihann Khairbaddi P	
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56	Khushboo Agrawal	1	63	Sneha Gone	P
57	Sakshi Gadhave	1	64	Yash Bhanushali	1
58	Shruti Gawadhre	r			

Lecture /Practical Summary

Name & Signature of faculty	:	·
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MGM MEDICAL COLLEGE Sector-1, Kamothe, Navi Mumbai - 410 209, India

NSS UNIT

Date: 25.02.2022

To, The Dean, MGM Medical College, Kamothe, Navi Mumbai.

Subject : Guest lecture commemorating Intl. Womens day 2022

Respected Sir,

Hereby requesting for permission to organise a guest lecture to celebrate International Womens Day at MGM kamothe on 08/03/2022 (Tuesday) from 2-4 pm at MGM Medical College, Kamothe.

This lecture is to commemorate International Womens day celebration under the NSS unit, MGM kamothe.

Thanking you. Yours sincerely.

Aumer

Dr. Pradeep Sawardekar Program Officer NSS Unit

Dean. M.G.M Medic: the & Hospital Kamer to Navi Journoal - 410209





MGM MEDICAL COLLEGE, NAVI MUMBAI NSS UNIT

INTERNATIONAL WOMEN'S DAY CELEBRATION

08.03.2022



MGM MEDICAL COLLEGE, NAVI MUMBAI



NSS UNIT

Τo,

The Dean,

MGM Medical College,

Navi Mumbai

Subject: International Women's' Day celebration

Respected Sir,

Hereby submitting report of International Women's Day Celebration as part of NSS Unit of MGM Medical College, Navi Mumbai. The celebration was held on 08.03.2022 in the MEU of the medical college.

Thanking you.

Yours sincerely,

Dr. Pradeep Sawardekar Program Officer, NSS UNIT MGM Medical College, Navi Mumbai







SUBJECT: INTERNATIONAL WOMEN'S DAY CELEBRATION

After taking prior permission from Dean sir, international Women's day was celebrated in MGM medical college. It was organized by the NSS unit of MGM Medical College.

All necessary arrangements were made by the team.

The program was organized by the NSS unit and headed by Dr. Pradeep Sawardekar, program officer, NSS unit, MGM Medical college.

ABOUT WOMEN'S DAY:

International Women's Day – celebrated annually on March 8 – is a day that commemorates the social, political and economic achievements of women.

Women in different parts of the world use this day to come together to celebrate one another and rally for equal treatment and representation.

WOMEN'S DAY THEME 2022:

The theme for this year's International Women's Day is: "Gender equality today for a sustainable tomorrow."

This year's campaign is represented by the #BreakTheBias hashtag and calls on people to work towards a world that is equitable, inclusive, and free from bias and discrimination so the playing field is levelled for women moving forward.









Subject: Lecture on Cancer Screening

And Cancer Awareness

Event Summary:

Extending our women's day celebration, the NSS unit had also organized a short interactive session for our female staff including doctors, nurses, social workers and the support staff.

The session was planned to be held in the MEU on the first floor of the medical college building from 2-4pm in the afternoon. Everyone was sent formal invitation.

THE MAIN SESSION:

The session started with **Dr. Pradeep Sawardekar** addressing the audience and telling about the significance of Women's day and the essential role played by women in each of our lives.



KEYNOTE:

Our guest of honour for the event was **Dr. G. S. Narshetty**, Dean & Chairman (NSS), MGM Medical college, Navi Mumbai.

After the introduction given by Dr. Pradeep, our Dean sir addressed the audience and thanked each and every staff member present for the selfless dedication towards functioning of the institution.



Dr. G S Narshetty,

Dean & Chairman (NSS), MGM Medical college, Navi Mumbai

Addressing the audience and extending his heartfelt gratitude towards the staff members present.

"Women are the epitome of courage, hope, and life"

GUEST LECTURE:

A guest lecture was delivered by **Dr. Mrunal Pimparkar** (member, NSS Advisory Committee) on cancer screening and awareness.

The lecture included information regarding the most common cancer prevalent in the female population including breast cancer, cervical cancer and oral cancer.

She also talked about how the cancers can be detected early and how early detection can help saving so many lives and adversities and suffering.



Dr. Mrunal Pimparkar

(member, NSS Unit, MGM medical college)

Enlightening the audience how a simple 2 minute breast self examination once a month can help detect breast cancer early and timely treatment can be provided.

"Feel for Lumps, Save Your Bumps"

"BREAK THE BIAS"

Dr. Madhavi Mankar, NSS Coordinator, MGM Medical college, Navi Mumbai,

Talked about the theme of Women's day 2022 spreading awareness of "Break the Bias" and later a pledge was taken by all present there.



"BREAK THE BIAS"





ELICITATION CEREMONY:

The session was attended by 43 people and all present there were elicitated with a bouquet of flowers to celebrate the special day.



FELICITATION CEREMONY:





















FELICITATION CEREMONY:





















FELICITATION CEREMONY:



















VOTE OF THANKS:

Lastly, the vote of thanks was given by **Dr. Rachit Pahwa**, thanking all the members present to have taken out time from their busy schedule to attend the session. A special thanks to Dean

Sir, Dr. G S Narshetty, for always giving guidance and full support for all the activities.

We are sure that the awareness and enlightenment given by Dr. Mrunal Pimparkar regarding cancer awareness and screening will surely help all present and many other females and help in early detection and timely treatment of the cancers.



SUMMARY:

The program was attended by 44 people comprising of the NSS Task force, teaching staff, administrative staff and the helping staff. A special thanks to **Dr. Aanchal Mittal, Dr. Prerna Veer and Dr. Rachit Pahwa**, whose sincere and dedicated efforts helped make the program a grand success.

STATISTICS:

Following are the details of the attendees of the program

S. No.	Designation	Male	Female	Total
1.	Faculty	3	15	18
2.	Staff	2	11	13
3.	Students	2	11	13
0.			Total =	44

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Dr. Pradeep Sawardekar

Program Officer, NSS UNIT Medical College,

Navi Mumbai

Dr. G S Narshetty Dean & Chairman NSS MGM MGMMC

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S. No	. Name	Designation
1.	Dr. G S Narshetty	Dean & Chairman NSS MGM-MC
2.	Dr. Pradeep Sawardekar	Program Officer, NSS UNIT
3.	Dr. Madhavi Mankar	NSS Coordinator, MGMIHS
4.	Dr. Mrunal Pimparkar	Member NSS Advisory Committee
5.	Dr. Z G Badade	Member NSS Advisory Committee
6.	Dr. Rita Khadkikar	HOD (Department of Physiology)
7.	Dr. Anjali Sabnis	HOD (Department of Anatomy)
8.	Mrs. Rupali Gujar	Assistant female programme officer
9.	Mr. Jeevan Urankar	Assistant male programme officer
10.	Dr. Ratnaprahakar Pedhambkar	Associate Professor (Dept. of PSM)
l 1 .	Dr. Sumi R	Assistant Professor (Dept of Anatomy)
12.	Dr. Mini Mol	Assistant Professor (Dept of Anatomy)
3.	Dr. Ashita Rane	Assistant Professor (Dept of Physiology)
4.	Dr. Lalita Chavan	Associate Professor (Dept of Anatomy)
5.	Dr. Kavita More	Associate Professor (Dept of Biochemistry)
6.	Dr. Savitri Katlam	Associate Professor (Dept of Pharmacology)
7.	Dr. Priyanka Rane	Associate Professor (Dept of Physiology)
8.	Dr. Harpriya Kar	Associate Professor (Dept of Microbiology)
9.	Dr. Charushila Patil	Associate Professor (Dept of Anatomy)
0.	Dr. Yashoda Kattimani	Associate Professor (Dept. of Physiology)
1.	Dr. Rachit Pahwa	Intern
2.	Dr. Aanchal Mittal	Intern
3.	Dr. Prerna Veer	Intern
1.	Dr. Vicky Kumar	Intern



25.	Dr. Mehak Goyal	Intern		
26.	Ms. Suvarna Sawant	Student		
27.	Ms. Bhairvi Jangid	Student		
28.	Ms. Priyanka Verma	Student		
29.	Ms. Yutika Nagwekar	Student		
30.	Ms. Pooja Thembe	Student		
31.	Ms. Pooja Samant	Student		
32.	Ms. Mrunal Vekhande	Student		
33.	Ms. Nayna Barada	Student		
34.	Mrs. Sujata Sharma	Clerk		
35.	Mrs. Urmila Patil	Clerk		
36.	Mrs. Vidyadevi Athavale	Clerk		
37.	Mrs. Priyanka Harugale	Clerk		
38.	Mrs. Kadambari Kulkarni	Clerk		
39.	Mrs. Mangal Patil	Clerk		
40.	Mrs. Sanjana Rane	Accountant		
41.	Mrs. Tara A.	Senior StoreKeeper		
42.	Mrs. Sejal Surve	Store Keeper		
43.	Mrs. Licy Kunjuman	Lab Technician		
44.	Mr. Suresh Warghese	Technician		





MGM MEDICAL COLLEGE, NAVI MUMBAI NSS UNIT

INTERNATIONAL WOMEN'S DAY CELEBRATION 08.03.2022



MGM MEDICAL COLLEGE, NAVI MUMBAI

NSS UNIT



- To,
- The Dean,
- MGM Medical College,
 - Navi Mumbai

Subject: International Women's' Day celebration

Respected Sir,

Hereby submitting report of health camp organized on account of International Women's Day Celebration as part of NSS Unit of MGM Medical College, Navi Mumbai. The celebration was held on 08.03.2022 in Kalamboli from 9am to 1pm.

Thanking you.

Yours sincerely,

Dr. Pradeep Sawardekar

Program Officer, NSS UNIT

MGM Medical College,

Navi Mumbai

90 76





NSS UNIT



SUBJECT: INTERNATIONAL WOMEN'S DAY CELEBRATION

After taking prior permission from Dean sir, a health camp was organized by the NSS Unit of MGMMC in Kalamboli on 08.03.2022 from 9am to 1pm.

All necessary arrangements were made by the team.

The program was organized by the NSS unit and headed by Dr. Pradeep Sawardekar, program officer, NSS unit, MGM Medical college.

About Women's Day:

International Women's Day – celebrated annually on March 8 – is a day that commemorates the social, political and economic achievements of women.

Women in different parts of the world use this day to come together to celebrate one another and rally for equal treatment and representation.

WOMEN'S DAY THEME 2022:

The theme for this year's International Women's Day is: "Gender equality today for a sustainable tomorrow."

This year's campaign is represented by the #BreakTheBias hashtag and calls on people to work towards a world that is equitable, inclusive, and free from bias and discrimination so the playing field is levelled for women moving forward.

HEALTH CHECK-UP CAMP, KALAMBOLI

To create awareness and diagnose the iceberg diseases in the community especially in women, a free of cost health camp was organized in Kalamboli.

Various specialities were a part of the camp including:

- 1. Ophthalmologist
- 2. Geriatric medicine
- 3. Dental
- 4. OBGY

The camp was conducted in Kalamboli, Navi Mumbai from 9am-1pm.

Water and snacks were made available for the doctors and the other staff.

Significance of routine Ophthalmic Check-up:

- 1. Early detection of cataract, glaucoma, diabetic retinopathy, degenerative changes.
- 2. Look for refractive errors of vision
- 3. Timely prescription of glasses.
- 4. Early operative treatment of the various curable diseases including cataract etc.

Significance of routine OBGY check-up:

- 1. Female hygiene
- 2. Pregnancy awareness
- 3. Cancer screening including breast cancer, cervical cancer etc.
- 4. Make aware of various birth control measures.
- 5. Deal with routine gynaecological problems including PCOS etc.

Significance of routine dental check-up:

- 1. Oral hygiene
- 2. Early detection of premalignant lesions including leukoplakia, erythroplakia.

Significance of Geriatric medicine:

- 1. Timely detection of hypertension, diabetes, and other lifestyle disorders.
- 2. Evaluate basic wellbeing of the elderly
- 3. Give dietary advice



Few glimpses from the health check- up camp:



Geriatric Medicine OPD





Dr. Rutuja S. from geriatric medicine department motivating senior citizens and giving tips to a healthy life.





OBGY OPD



SUMMARY

The camp was attended by many people and the stats are as follows

S. No.	Designation	Male Femal		Tota
1.	Staff	3	5	8
2.	Faculty	5	5	10
3.	Students	15	15	30
			Total =	48

CAMP STATISTICS:

The camp benefitted 30 people and following are the stats.

S. no.	OPD	Total
1.	OBGY OPD	9
2.	Geriatric Medicine OPD	14
3.	Ophthalmology OPD	4
4.	Dental OPD	3
	TOTAL=	30

Dr. Pradeep Sawardekar

Program Officer, NSS UNIT NSS MGM Medical College,

Navi Mumbai

Dr. G S Narshetty

Dean & Chairman MGMMC

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CIRCULAR

Date: 05^h March, 2022

CELEBRATION OF INTERNATIONAL WOMEN'S DAY-2022 AT MGMIUDPO.

Agenda: To create awareness about respecting the Women in the Society.

This is to inform all the students that, MGM Institute's University Department of Prosthetics & Orthotics is celebrating International Women's Day-2022 under NSS Unit of MGMIUDPO on 08th March2022.

The Details are as follows:

- 1. Date:08th March2022, Monday
- 2. Time: 02.00 PM to 03.00 PM
- 3. Venue: Academic Section, MGM Department of Prosthetics & Orthotics.

Note: All students are informed to join the Celebration of International Women's Day-2022 with full Strength.

Dr. UttaraDeshmukh (P&O) I/C Principal, MGM Institute's University Department of Prosthetics & Orthotics, Kamothe, Navi Mumbai. Dr. Uttara Deshmukh (P & O), H. O. D. In-Charge, MGM Institute's University Department of Prosthetics and Orthotics, Kamothe, Navi Mumbai.



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Report of "Celebration of International Women's Day" 2022 at MGMIUDPO

Name of the event: "Celebration of International Women's Day-2022"

Purpose of the Event: To create awareness about respecting the Women in the society.

Location of the event: Academics Section, MGM Department of Prosthetics and Orthotics.

Date and time of the event: Date: 08th march 2021.

Time: 02:00 PM to 03:00 PM (One hour).

No. of attendees: 23 students, 4 faculties and 01 Administrative Staff of MGMIUDPO.

Proceedings of the event:

This event was organized as NSS Activity, under NSS Unit MGMIHS, Kamothe, Navi Mumbai.

A small speech about importance of the day was given by Dr. Uttara Deshmukh (P&O), Principal, MGMUDPO, Kamothe, Navi Mumbai. She also revealed the theme of the event.

The event was processed with elocution by all the Male faculty and students on the "Importance of women in life", in whichthey explained how women in their life are contributing in various ways with various roles of mother, sister, wife, daughter, friend etc. Everyoneshared their experiences with Women and how they influenced in significant way. Many of them sang of song and poem for women showing importance of them.

The event was ended by cake cutting specially brought for Women's Day by all male staff and students in the institute.

Dr. Uttara Deshmukh (P&O) I/C Principal, MGM Institute's University Department of Prosthetics & Orthotics, Kamothe, Navi Mumbai.

Dr. Uttara Deshmukh (P & O), H. O. D. In-Charge, MGM Institute's University Department of Prosthetics and Orthotics, Kamothe, Navi Mumbai.



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UNIVERSITY DEPARTMENT OF PROSTHETICS AND ORTHOTICS

Sector-01, Kamothe, Navi Mumbai - 410 209 Tel: 022-27437620/7829, Website: mgmudpo.edu.in

Name of the Activity	:	Celebreation of International women's Day-2022
Date	:	Celebreation of International Waren's Day-2022. 08th March 2022.
Time	:	4.00 pm - 5.00 pm
Venue		Department of Prosthetics and orthotics, MGMIUDPO

Sr No.	Name of the Faculty	Signature
where	IS. Uttara Peshmukh.	(VHall) 8/183/2022
2	Dr. Puatiksha Shelan.	Delag .
3	Dr. Subhasish Parkray	Spains
4	Dr. Rowi Bajela	Harde.
5	Dr. Aakash kataciya	Maynay

List of Students Attendees

Sr No.	Name of Students	Year	PRN Number	Signature
1	luning Kang Bal	TY 4	11810600001	Emsent
2	Raiska Cuuran	IN THY YR.	11810600005	Rasika
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11	Rishikesh Rajquide	IT Hym	11810600016	Tabuah

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	MGM INSTITUTE OF	HEALTH SO	CIENCES	
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	UNIVERSITY DEPARTMENT OF	PROSTHETICS		
	Sector-01. Kamothe. Navi Mumbai - 410 209 Te Name of Students	el: 022-27437620/782 Year	PRN Number	Signature
12	S. Abuthalib.	TV thys.	11810600022	BAL Studitz
13	Divyanshu R. Ghundiyal	1st ya	12110600008	A.
14	Rohan Dekafe	1st fr	12110600005	RACO
15	Nikhil p. Wagh	2nd year	12010600007	agingh.
16	AKhil Sunny	4 tur	11810600001	Ppli
197	Lalit Patil	3rdujr	11910600008	Jocatty
19	Shikha Gaug	4 th year	11810600018	Shikhe.
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210	Vanshika Raval	3rd year	11910600002	(auspike
21	Hitesh chorge	yth your	11810600003	Port-
27	Sakshi Thatkar	Brdyeas	and the second	thater.
23	Yashashree Gaude	3rd year	11910600001	Y.,.
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MGM INSTITUTE'S UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS (A constituent unit of MGM INSTITUTE OF HEALTH SCIENCES, NAVI MUMBAI)

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CELEBRATION OF INTERNATIONAL WOMEN'S DAY-2022 , DATE- 08-03-2022





MGM INSTITUTE'S UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS (A constituent unit of MGM INSTITUTE OF HEALTH SCIENCES, NAVI MUMBAI)

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CELEBRATION OF INTERNATIONAL WOMEN'S DAY-2022 , DATE- 08-03-2022







एकात्मिक बाल विकास सेवा प्रकल्प पनवेल-२

पंचायत समिती आवार, डि एड कॉलेज जवळ पनवेल, ता.पनवेल, जि.रायगड, पिन. ४१०२०६ Email ID: <u>panvel2icds@gmail.com</u> कि०२२-२७४६८९०४

जा.क्र.एबाविसे/आस्था/वशी/ /२०२२

दिनांक:-०३ मार्च,२०२२

प्रति,

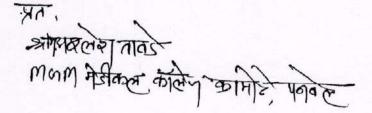
संचालक, एम्.जी.एम्. न्यू बॉम्बे कॉलेज ऑफ नर्सींग कामोठे, ता.पनवेल

विषय :- "८ मार्च जागतिक महिला दिन" साजरा करण्याबाबत.

उपरोक्त विषयान्वये एकात्मिक बाल विकास सेवा योजना, प्रकल्प पनवेल- २ व हिंदाल्को कं. लि. यांच्या संयुक्त विदयमाने आपण दरवर्षी जागतिक महिला दिन साजरा करतो. श्रीमती.वंदना कुंभार, असिस्टंट प्रोफेसर, एम्.जी.एम्. कामोठे, यांना ८ मार्च जागतिक महिला दिन या कार्यक्रमासाठी उपस्थित राहून पथनाटय व स्वसंरक्षण या विषयावर कार्यक्रम आयोजीत करावेंत ही विनंती.

Yest

बाल विकर्सि प्रकल्प अधिकारी एकात्मिक बाल विकास सेवा योजना पनवेल-२,जि.रायगड.







MGM INSTITUTE OF HEALTH SCIENCES (Deemed University u/s 3 of UGC Act, 1956) Grade 'A' Accredited by NAAC

MGM NEW BOMBAY COLLEGE OF NURSING 5th Floor, MGM Educational Campus, Plot No. 1& 2, Sector-1 Kamothe, Navi Mumbai – 410 209

Ref.No:MGMNBCON/Ext.Act/13/03/2022

Date: 03/03/2022

CIRCULAR

International Women Day 2022 will be observed on 08.03.2022 at Hindalco Industries Limited, Taloja by MGM New Bombay College of Nursing, Kamothe Navi Mumbai in collaboration with Integrated Child Development Department, Panvel and Hindalco Industries Limited.

Signature of Organizer

Signature of Director PROFESSOR & DIRECTOR MGM New Bombay College of Nursing Kamothe, Navi Mumbai - 410209

/ Kamothe, / Navi Mumbai

410209



MGM INSTITUTE OF HEALTH SCIENCES (Deemed University u/s 3 of UGC Act, 1956) Grade 'A' Accredited by NAAC

MGM NEW BOMBAY COLLEGE OF NURSING

5th Floor, MGM Educational Campus, Plot No. 1& 2, Sector-1 Kamothe, Navi Mumbai – 410 209

Date : -03.03.2022

International Women's Day Celebration (Academic Year 2021-22) Activity Plan

Theme: Gender equality for sustainable tomorrow

Venue. Hindalco industry, Taloja

Name of collaborating agency

Hindalco Industries Limited,

Time. 10.00 am to 1.00.pm

Integrated Child Development Department, Panvel

Mrs. Vandana Kumbhar- Associate professor

4th year B.Sc. Nursing (17 Students)

Date. 08.03. 2022

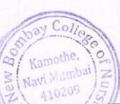
Name of the Faculty

Students Participating.

Schedule of activities

Name of the students Activity S.No Time Mrs. Vandana Kumbhar Introduction of the Theme 11.00 am- 11. 05 am 1 4th year BSc (N) Role play on Gender equality 11.05 am- 11. 30am 2 for sustainable tomorrow 1. Ms. Deepa Verghese Self Defense Session 11.30am -12.30 pm 3 2. Ms. Priyanka Rathod 3. Mr. Rahul Kharkhele

Signature of Organizer



Signature of Director PROFESSOR & DIRECTOR MGM New Bombay College of Nursing Kampthe Navi Mumbai - 410209

Tel. No.: 022- 27430141/ 27430215/ 27430213 E-mail: principal@mgmnbcon.ac.in Website: www.mgmudn-nm.edu.in



MGM INSTITUTE OF HEALTH SCIENCES

(Deemed to be University) Grade 'A' Accredited by NAAC

MGM NEW BOMBAY COLLEGE OF NURSING

5th Floor, MGM Educational Campus, Plot No. 1& 2, Sector-1, Kamothe, Navi Mumbai – 410 209.

Ref.No:MGMNBCON/Ext.Act/ /03/2022

Date: 07/03/2022

CIRCULAR

International Women Day 2022 will be observed on 09.03.2022 at Primary

Health Center, Nere by MGM New Bombay College of Nursing, Kamothe Navi Mumbai in collaboration with MGM Medical College and Primary Health Center Nere

Signature of Organizer

Signature of Director

Tel. No.: 022- 27430141/ 0215/ 0213 E-mail: principal@mgmudn-nm.edu.in Website: www.mgmudn-nm.edu.in



MGM INSTITUTE OF HEALTH SCIENCES

(Deemed to be University) Grade 'A' Accredited by NAAC

MGM NEW BOMBAY COLLEGE OF NURSING

5th Floor, MGM Educational Campus, Plot No. 1& 2, Sector-1, Kamothe, Navi Mumbai – 410 209.

International Women's Day Celebration (Academic Year 2021-22) Activity Plan

Theme: Gender equality for sustainable tomorrow

Venue. Primary Health Center Nere

Name of the organizing agency: MGM New Bombay College of Nursing, Kamothe

Name of collaborating agency

	•	MGM Medical College
	•	Primary Health Center Nere
Date:- 09.03. 2022		Time:- 01.00 pm to 3.00.pm
Name of the Faculty		Mrs. Vandana Kumbhar- Associate professor
		Dr. Ashlesh Tawde – Assistant professor
Students Participating.		4 th year B.Sc Nursing (17 Students)

Schedule of activities

S.N 0	Time	Activity	Name of the Participants
1	01.00 Pm - 01. 05 Pm	Introduction of the Theme	Dr. Ashlesh Tawde
2	01.05 Pm – 01. 30 Pm	Role play on Gender equality for sustainable tomorrow	4 th year B.Sc (N)
3	01.30 Pm – 02.30 Pm	Symposium on Building a Sustainable Future for Women	 Dr. Ashlesh Tawde : Modrator Dr. Achala patil: Speaker Dr. Vandana Kumbhar: Speaker Dr. Madhavi Mankar : Speaker Ms. Shradha Pawar: Speaker Ms. Rupali Gujar : Speaker

Signature of Organizer

4/3/2022 Signature of Director

PROFESSOR & DIRECTOR

MGM New Bombay College of Nursing

Tel. No.: 022- 27430141/ 0215/ 0213 E-mail: principal@mgmudn-nm.edu.in Chess Navi Wwingaiudh 102020.in



MGM NEW BOMBAY COLLEGE OF NURSING

5th Floor, MGM Educational Campus, Plot No. 1& 2, Sector-1 Kamothe, Navi Mumbai – 410 209

Report of Activity

Date: 08/03/2022Duration: one dayName of activity : International Womens DayCollaborating agency: Integrated Child Development Department, Panvel ,Hindalco Industries LtdVenue: SamajMandirWavanjeOrganizing Institute:MGM New Bombay College of Nursing, Kamothe.Theme: Gender equality for sustainable tomorrowNo of Teachers Participated:01No of Students Participated: 13No. Beneficiaries: 350 Anganwadi workers and village women

Brief of the Activity.

MGM New Bombay College of nursingobserved International Women's Day 2022 on 08.03.2022 at SamajMandirWavanjein collaboration with Integrated Child Development Department, Panvel &Hindalco Industries Ltd. Ms. Vandana kumbhardelivered speech as a guest speaker followed byMGM New Bombay College of Nursingstudents performed role play on Gender equality for sustainable tomorrow later students conducted workshop on self-defense as well other collaborating agencies conducted health checkup camp including blood investigations like hemoglobin estimation and HIV testing . 350 women were benefited out of activity includingAnganwadi workers of ICDS Department Panvel Block -2

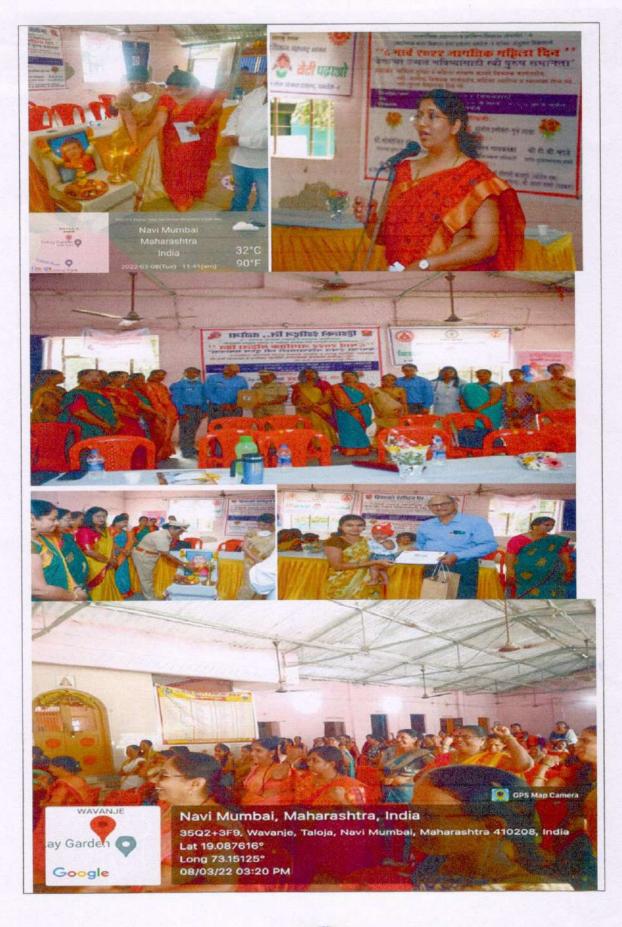
List of students participated : Yes

1. List of Teachers Participated : Yes

2. Photos

Signature of Organizer Date:











Sr.no	Name of the faculty	
	Ms. Vandana kumbhar	

Name of the students participated

4th year Bsc. N.

Sr. no	Name	Signature
1.	Ms. Sonam Aglave	Sume
2.	Ms. Alphonsa Joseph	Haveles
3.	Ms. Ancy S Varghese	Art
4.	Ms. Anju Paul	As
5.	Ms. Anju Thomas	Ase.
6.	Ms. Ansa Roy	Ame
7.	Ms.Ashly Thomas	
8.	Ms.Namita Barate	02
9.	Ms.Chanchal Bhujbal	aspelicited.
10.	Ms.Biradar Sapna S	4
11.	Ms. Ceyona Ann James	at
12	Mr. Dabhade Tirupati	Forbhade
13	Ms.Deepa Varughese Chacko	ans .



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World No Tobacco Day





MGM MEDICAL COLLEGE Sector-1, Kamothe, Navi Mumbai - 410 209, India

NSS UNIT

Date: 25.02.2022

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The Dean, MGM Medical College,

Kamothe, Navi Mumbai.

Subject : World NO Tobacco Day celebration (09.03.2022)

Respected Sir,

Hereby requesting for permission to organise "No Tobacco" awareness campaign as part of "World No Tobacco day" on 09.03.2022 (Wednesday) from 10-12pm at MGM hospital, Kalamboli.

Thanking you. Yours sincerely.

Dr. Pradeep Sawardekar Program Officer NSS Unit

Dean.

M.G.M. Medic. 2 Hospital Kamothe, Navi Mulaibai - 410209





MGM MEDICAL COLLEGE NSS UNIT

Say no to tobacco 09.03.2022



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MGM MEDICAL COLLEGE

Sector -1, Kamothe, Navi Mumbai - 410 209, India

NSS UNIT

Date:09.03.2022

The Dean, MGM Medical College, Kamothe, Navi Mumbai.

Respected Sir,

To,

Hereby submitting the report of 'no tobacco' awareness campaign held on 09/03/2022 (Wednesday) at MGM Hospital for women and children Kalamboli.

Thanking you. Yours sincerely.

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Dr. Pradeep Sawardekar Program Officer NSS Unit



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MGM MEDICAL COLLEGE

Sector -1, Kamothe, Navi Mumbai - 410 209, India

NSS UNIT

REPORT OF AWARENESS CAMPAIGN ON

NO TOBACCO

Date: 09.03.2022

Time: 2:30 -4:30 pm

Agenda: To create awareness regarding deleterious effects of tobacco among the general population.

The awareness campaign on 'say no to tobacco' was organized

on 09.03.2022 from 2:30 to 4:30 pm in the MGM Hospital for women and children Kalamboli.

Dr. Pradeep Sawardekar had taken permission from Dean Sir to organize the session.

PROGRAMME SCHEDULE

DR. PRADEEP SAWAREDKAR	Introduction to no Tobacco day
DR. AANCHAL MITTAL	Talk on the harmful effects
DR. RACHIT PAHWA	Myths of tobacco usage
DR. PRERNA VEER	Steps to quit tobacco
DR. JEEVAN URANKAR	Vote of thanks

About the campaign

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The event was held under the leadership of **<u>Dr. Pradeep Sawardekar</u>**.

Transportation was organized and all the necessary arrangements were made at the venue.

The campaign was organized for the general population for making them aware of the harmful effects of tobacco and its related products.

Every year on the second Wednesday of March, No Smoking Day is

observed. It falls on March 9 this year.

Even though we all know that smoking is bad for our health, quitting the habit appears to be a difficult task.

The goal of No Smoking Day is to raise public awareness about the dangers and consequences of smoking, as well as to assist smokers in quitting.

"Ouitting smoking doesn't have to be stressful" is this year's theme.

World No Tobacco Day is observed around the world every year on 31 May.

This yearly celebration informs the public on the dangers of using tobacco, the business practices of tobacco companies, what WHO is doing to fight the tobacco epidemic, and what people around the world can do to claim their right to health and healthy living and to protect future generations.

OBJECTIVE of celebrating No Tobacco Event is to reduce tobacco consumption which can lead to deadly diseases like cancer and early death.

Dr. Pradeep Sawardekar

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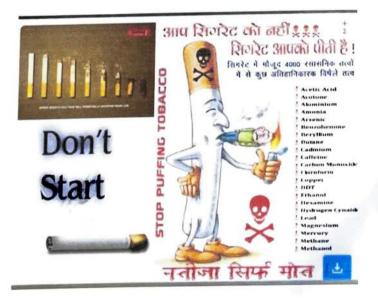
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(Program Officer, NSS Unit, Mgmmc, Kamothe)

started the programme by welcoming and introducing the audience with the agenda of the campaign and by introducing with the NSS team.



- He gave a brief idea about the tobacco usage in our country and made the audience aware about the various measures that government of India and doctors are taking in order to help people to quit smoking.
- He also highlighted about the various deleterious components that are contained in a cigarette.



Dr. Aanchal Mittal (Intern)

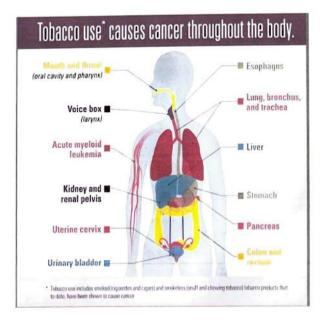
Gave the presentation on the world no tobacco day and following sub topics were covered.



A) Hazards of tobacco

Some of them are

1. Carcinogenic Effects - lung cancer, oral cancer, liver cancer, larynx, pharynx, and urinary bladder



- 2. Body reactions
- 3.Breathing reactions
- 4.Toxicities

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- 5.Short term effects vomiting, nausea, stomach cramps, and diarrhea.
- 6.Long term effects- abnormal thyroid functions, chest pain, kidney abnormalities.
- 7.Cardiovascular hazards

They were told about some of the precancerous lesions and steps they can take in order to treat and prevent cancer.

B) Tobacco consumption pattern

C) Steps to quit tobacco

D)Certain myths about smoking



Myths

highlighted the following

- 1. Elaborated on the myths.
- 2. Made the audience aware about the precancerous lesions and told them when to seek the doctors.



Dr. Prerna Veer (intern), made the audience aware about the various steps that they can take to quit tobacco -

- 1. Drink lots of water and fluids.
- 2. Stay away from alcohol, sugar and coffee and avoid fatty foods.
- 3. After dinner, instead of a cigarette, treat yourself to a cup of mint tea.
- 4. Go to a gym and jog around or in a park for to change your normal routine.
- 5. Ask friends and family member s not to smoke in your presence.



Mr. Jeevan Urankar, (Male Assistant Program Officer),

motivated the audience and concluded the event with the vote of thanks speech.





NSS UNIT TEAM

Department of <u>Community Medicine</u> and <u>Obstetrics and Gynaecology</u> gave full support for the success of the programme.

Dr Prerna Veer, Dr. Aanchal Mittal, Dr. Rachit Pahwa took immense efforts for the success of the programme.

	MALES	FEMALES	TOTAL
STAFF	2	2	4
STUDENTS	1	2	3
BENEFICIARIES	14	9	23

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Dr Pradeep Sawardekar Program officer NSS Unit MGM MEDICAL COLLEGE

Dr. G.S Narshetty Chairman NSS Unit MGM MEDICAL COLLEGE

SR. NC	. LIST OF PARTICIPANTS	DESIGNATION
1.	Dr. Pradeep Sawardekar	Program Officer, NSS Unit, Mgmmc
2.	Dr. Madhavi Mankar	NSS Coordinator, MGMIHS
3.	Dr. Jeevan Urankar	Assistant male programme officer
4.	Mrs. Rupali Gujar	Assistant female programme officer
5.	Dr. Prerna Veer	Intern
6.	Dr. Aanchal Mittal	Intern
7.	Dr. Rachit Pahwa	Intern
8.	Mr Jayvir	Patient relative
9.	Mr Manoj	Patient relative
10.	Mr Nandkishor	Patient relative
11.	Mr Mahesh	Patient relative
12.	Mr Ambedkar	Patient relative
13.	Mr Kishan	Patient relative
14.	Mr Deepak	Patient relative
15.	Mr Sunil	Patient relative
16.	Mr Chandrakant	Patient relative
17.	Mr Puroshttam	Patient relative
18.	Mr Shyamshandhya	Patient relative
19.	Mr Kamlesh	Patient relative
20.	Mr Hamid	Patient relative
21.	Mr Balaram takle	Patient relative
22.	Mrs Pushpa	Patient relative
23.	Mrs Meera Devi	Patient relative
24.	Mrs Manisha	Patient relative
25.	Mrs Baghi S.	Patient relative
26.	Mrs Jahana Khatum	Patient relative
27.	Mrs Heerabai	Patient relative
28.	Mrs Radhi	Patient relative
29.		
30.	Mrs Nami	Patient relative





MGM MEDICALCOLLEGE Sector-1,Kamothe, Navi Mumbai-410209,India <u>NSS UNIT</u>

TO THE DEAN MGM MEDICAL COLLEGE NAVI MUMBAI

DATE : Friday, 3rd June 2022

SUBJECT :- REPORT OF IEC ACTIVITY:WORLD NO TOBACCO DAY

RESPECTED SIR,

Hereby submitting the report of IEC Activity conducted on the topic World No Tobacco Day, held on Friday,03/06/2022 from 10.30 a.m – 12.30 pm at MGM Hospital, Kalamboli.

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Thanking you.

Yours Sincerely Auni Dr. Pradeep N. Sawardekar NSS SECRETARY & PROGRAM HEAD MGM MEDICAL COLLEGE **MSS Pregramme Officer** MGM Medical College, Kamathe, Navi Mumbei



MGM Medical College & Hospital Kamsthe, Navi Mumbai-410209





MGM MEDICALCOLLEGE Sector-1,Kamothe, Navi Mumbai-410209,India

NSS UNIT REPORT OF WORLD NO TOBACCO DAY

Date: Friday, 03.06.2022 Time: 10.30 a.m-12.30 pm

The IEC Activity conducted on the topic World No Tobacco Day was organized on Friday 03.06.2022 from 10.30 a.m-12.30 p.m in MGM Hospital,Kalamboli.

World No Tobacco Day is celebrated on 31st May every year to create awareness about the ill effects of tobacco among people. The theme for 2022 is <u>"Tobacco is killing us and our planet"</u>

The following points were covered in the event :

- Tobacco kills over 8 million people every year and destroys our environment, further harming human health.
- Tobacco smoke contributes to higher air pollution levels and contains three kinds of greenhouse gases.
- Passive smoking increases the risk of respiratory illnesses in children, including asthma, bronchitis and pneumonia.
- People consuming tobacco are at a higher risk of developing oral mucosal lesions and lung cancer.
- Stopping smoking will not only make the person healthier, but will also improve the health of their partner, children or other household members.

Program Schedule:

Sr No.	Faculty	Theme
1	Dr. Pradeep Sawardekar (Programme Officer, MGMMC, Kamothe)	Introduction on World No Tobacco Day and the main agenda of celebration of the event
2	Dr. Rajasi Sabharwal (Intern)	Talk on World No Tobacco Day
3	Mr. Jeevan Urankar (APO-M, MGMMC, Kamothe)	Explained the ill – effects of tobacco on people and on the environment
4	Mrs. Rupali Gujjar (APO-F, MGMMC, Kamothe)	Talk on Prevention and Control of tobacco

Dr. Pradeep Sawardekar intoducing the theme "World No Tobaaco Day" and explaining the essence of the event:



Talk on "World No Tobacco Day" given by Dr. Rajasi Sabharwal:



Mr. Jeevan Urankar explaining the ill – effects of tobacco on people and on the environment :



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The program was attended by:

Sr.No.	Name	Designation
1.	Dr. Pradeep Sawardekar	Programme Officer, MGMMC, Kamothe
2.	Dr. Madhavi Mankar	NSS Coordinator, MGMIHS
3.	Mrs. Rupali Gujjar	APO-F, MGMMC, Kamothe
4.	Mr. Jeevan Urankar	APO-M, MGMMC, Kamothe
5.	Dr. Rajasi Sabharwal	Intern
6.	Dr. Hrithik Yadav	Intern
7.	Dr. UpasanaDahiya	Intern

Sr.No.	Name of Beneficiary	Age	Gender	Mobile No.
1.	Praveen Patil	32	М	9594283450
2.	Yogender Singh	28	М	7678059654
3.	Suresh Nighukar	42	Μ	8976121352
4.	Vanita Ram Jadhav	43	F	
5.	Tai Kundlu Pawar	50	F	
6.	Dhiraj Bhair	28	М	7506179234
7.	Harshali Vijay Pawar	28	F	7039771636
8.	Meena Sonawane	35	F	7039771636
9.	Deepawali Salve	40	F	1059111030
10.	Vimal Atrraram Patil	40	F	
11.	Vaishali Kishor Raut	40	F	
12.	Prema Prabhakar Patil	61	F	
13.	Jana Bai Datta	62	F	

The program was a grand success due to the immense efforts of Department of Community Medicine and Department of Obstetrics & Gynaecology.

Dr. Rajasi Sabharwal, Dr. Hrithik Yadav and Dr. Upasana Dahiya have made great efforts to make this program a massive success.

Sincere thanks to Dr. G.S Narshetty (Dean, MGM Medical College) for all the valuable support.

Female Total Male 7 4 Faculty 3 13 9 Beneficiaries 4 Junt Dr. G.S Narshetty Dr. Pradeep N. Sawardekar Dean & Concertor NSS SECRETARY & World No Tobacco Day PROGRAM HEAD MGM Medical College MGM MEDICAL COLLEGE Dean Becretary NSS Program MEM Medical College & Hospital **MGM Medical** Co MGN Medical - MIS Kampthe, Navi Wiumbai 410209 Kamalha, Nasi Mumb Kemotha, Nevi Murden



National Vaccination Day Celebration



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<u>MGM MEDICAL COLLEGE</u> <u>NSS UNIT</u>

NATIONAL VACCINATION DAY

17.03.2022







MGM MEDICAL COLLEGE

Sector -1, Kamothe, Navi Mumbai - 410 209, India

NSS UNIT

Date:17.03.2022

To,

The Dean,

MGM Medical College,

Kamothe, Navi Mumbai.

Respected Sir,

Hereby submitting the report of 'NATIONAL VACCINATION DAY CELEBRATION held on 17/03/2022 (Wednesday) at MGM Hospital for women and children Kalamboli.

Thanking you. Yours sincerely.

Dr. Pradeep Sawardekar Program Officer,

NSS Unit. **MSS Programme Officer** MGM Monocology Kennethe, Navi Mumbai

Dean. M.G.M Medic - de & Hospital Kamorne, Navi mumbai - 410209



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MGM MEDICAL COLLEGE

Sector -1, Kamothe, Navi Mumbai - 410 209, India

NSS UNIT

REPORT OF CELEBRATION ON

NATIONAL VACCINATION DAY CELEBRATION

Date: 17.03.2022

Time: 2:30 -4:30 pm

Agenda: To create awareness regarding IMPORTANCE OF IMMUNISATION AMONG GENERAL PUBLIC.

NATIONAL VACCINATION DAY was organized on 17.03.2022 from 2:30 to 4:30 pm in the MGM Hospital for women and children Kalamboli.

Dr. Pradeep Sawardekar had taken permission from Dean Sir to organize the session.

DR. JEEVAN URANKAR	Introduction to vaccination day celebration
DR. PRERNA VEER	Talked about the national immunization schedule.
DR. AANCHAL MITTAL	Myths against vaccination
DR. RACHIT PAHWA	Motivated to take vaccination
DR. KEDAR MEHTA	Talked about Government initiative to promote immunization
DR. PRADEEP SAWAREDKAR	Mission indradhanush and Vote of thanks

PROGRAMME SCHEDULE

About the Event:

The event was held under the leadership of Dr. Pradeep Sawardekar.

Transportation was organized and all the necessary arrangements were made at the venue.

The campaign was organized for the general population for making them aware of the importance of vaccination.

About Vaccination Day:

National Vaccination Day is observed every year on March 16 to convey the significance of vaccination as well as its role in public health. National Vaccination Day 2022 creates awareness and sends the message that how vaccination or immunization is the most effective way of preventing highly infectious diseases.

National Immunization Day also marks India's victory against Polio disease. Notably, the impact of vaccination is not only limited to improving health or life expectancy, it also has a social or economic impact at the community and the National level.

NATIONAL VACCINATION DAY THEME 2022:

The theme of National Vaccination Day 2022 is 'Vaccines Work for all'. Theme highlights how vaccines work for all and save lives all around the world.

Mr. Jeevan Urankar, (Male Assistant Program Officer),

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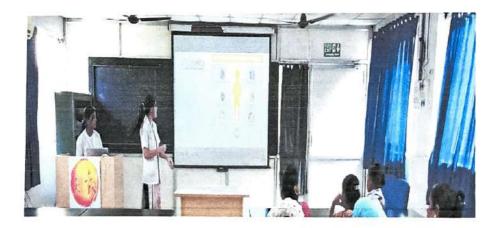
Started the programme by welcoming and introducing the audience with the agenda of the event and by introducing with the NSS team.



 He gave a brief idea about the importance of vaccination in a developing country like ours.

Dr. Prerna Veer (Intern)

Gave the presentation on the nation vaccination day and following sub topics were covered.



A) Definition and types of immunization

- i.e.
- 1. Active immunization
- 2. Passive immunization



B) National immunization schedule

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Vaccine	When to give	Dose	Route
BCG	At birth or as early as possible till one year of age	0.1ml (0.05ml until 1 month of age)	Intra -dermal
Hepatitis B Birth dose	At birth or as early as possible within 24 hours	0.5 ml	Intramuscular
OPV Birth dose	At birth or as early as possible within the first 15 days	2 drops	Oral
OPV 1,2 & 3	At 6 weeks, 10 weeks & 14 weeks	2 drops	Oral
IPV (inactivated Polio Vaccine)	14 weeks	0.5 ml	Intramuscular
Pentavelant 1,2 & 3	At 6 weeks, 10 weeks & 14 weeks	0.5 ml	Intramuscular
Rota Virus Vaccine	At 6 weeks, 10 weeks & 14 weeks	5 drops	Oral

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2		0 completed		
2	Measles and rubella 1 st Dose	9 completed months-12 months.	0.5 ml	Subcutaneous
2	MR-1	(give up to 5 years if not received at 9-	0.5 ml	Subcataneous
N I		12 months age)		
2	Vitamin A, 1 st Dose	At 9 months with measles	1 ml (1 lakh IU)	Oral
3	DPT 1 st booster	16-24 months	0.5 ml	Intramuscular
2				
3	OPV Booster	16-24 months	2 drops	Oral
2	Measles and rubella 2 nd dose	16-24 Months	0.5 ml	Subcutaneous
3	MR-2			
3		16 months with DPT/OPV booster,		
3	Vitamin A (2 nd to	then, one dose	2 ml (2 lakh	Oral
3	9 th dose)	every 6 month up to the age of 5	IU)	
3		years)		
3	DPT 2 nd Booster	5-6 years	0.5 m l.	Intramuscular
3	тт	10 years & 16 years	0.5 ml	Intramuscular

In Pregnant Fem	ale:
Td 1	Early in pregnancy
Td 2	4 weeks after Td1
Td booster	If received Td 2 doses in last pregnancy within last 3 years.

C) If a dose is missed what next?

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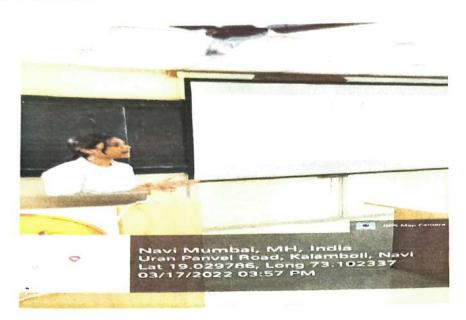
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D) If not a single dose taken what next?

Dr. Aanchal Mittal(intern), talked about the various myths which general population has about vaccination.



MYTHS:

- 1. Vaccines are not safe.
- Giving a child more than one vaccine at a time could increase the risk of harmful side effects and could overload the child's immune system.
- 3. Diseases will not spread if we just ensure proper hygiene and sanitation
- 4. Vaccine-preventable childhood illnesses are just an unfortunate fact of life.
- 5. It is better to be immunized through disease than through vaccines.
- 6. Vaccination is partly responsible for the global increase in cancer case

Dr. RachitPahwa, (intern), addressed the audience and motivated them to take the vaccine by telling audience about various diseases. Some of them are as follows.



Dr. Kedar Mehta (Associate Professor, Community Medicine, GMERS Medical College Baroda)

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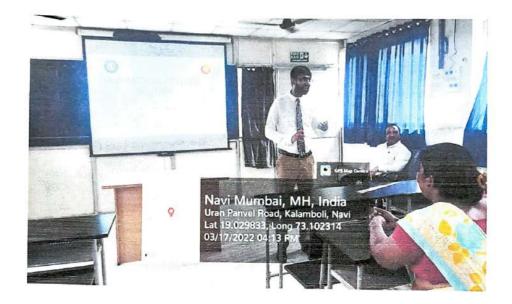
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- Gave his valuable time motivating the audience about immunization importance.
- Also enlightened the audience about how expensive is these vaccines which in private sector which government is providing for free in PHC's and also in their nearby anganwadis so don't miss it.



Dr. Pradeep Sawardekar

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(Program Officer, NSS Unit, Mgmme, Kamothe)



He told the audience about mission indradhanush under the immunization program which previously included 7 vaccines as of seven colors of rainbow.

But now we have intensified mission indradhanush which tackles 12 diseases in total.



In the end he concluded the event with the vote of thanks speech.

NSS UNIT TEAM



Department of <u>Community Medicine</u> and <u>Obstetrics and Gynaecology</u> gave full support for the success of the programme.

Dr.Prerna Veer, Dr. Aanchal Mittal, Dr. Rachit Pahwa took immense efforts for the success of the programme.

	MALES	FEMALES	TOTAL
STAFF	2	2	4
STUDENTS	1	2	3
BENEFICIARIES	0	16	16

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DrPradeepSawardekar

Programofficer

NSS Unit

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MSS Programme Officer MGM Medical College, Kanada, Navi Mumbai

Dr. G.SNarshetty

Chairman

NSSUnit

MDMAMEDICALCOLLEGE M.G.M Medic poe & Hospital Kamotne, Navi Mumpai - 410209

SR. NO.	LIST OF PARTICIPANTS	DESIGNATION
1.	Dr. Pradcep Sawardekar	Program Officer, NSS
		Unit, Mgmmc
2.	Dr. Madhavi Mankar	NSS Coordinator, MGMIHS
3.	Mr. JeevanUrankar	Assistant male programme officer
4.	Mrs. RupaliGujar	Assistant female programme officer
5.	Dr. kedar Mehta	Special guest
5.	Dr. Prerna Veer	Intern
6.	Dr. Aanchal Mittal	Intern
7.	Dr. RachitPahwa	Intern
8.	MrsSushma	Patient relative
9.	MrsSangeeta	Patient relative
10.	Mrs Fatima	Patient relative
11.	MrsIndu	Patient relative
12.	MrsKamlesh	Patient relative
13.	MrsRumeela	Patient relative
14.	MrsPappidevi	Patient relative
15.	MrsPushpa	Patient relative
16.	MrsMeera Devi	Patient relative
17.	MrsManisha	Patient relative
18.	MrsBaghi S.	Patient relative
19.	MrsJahanaKhatum	Patient relative
20.	MrsHeerabai	Patient relative
21.	MrsRadhi	Patient relative
22.	MrsLaxmiAmedkar	Patient relative
23.	MrsBhartisangole	Patient relative

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MGM MEDICAL COLLEGE, NAVI MUMBAI NSS UNIT

NATIONAL

VACCINATION DAY

17.03.2022

MGM MEDICAL COLLEGE, NAVI MUMBAI



NSS UNIT



To,

The Dean,

MGM Medical

College, Navi

Mumbai

Subject: National Vaccination day celebration.

Respected Sir,

Hereby submitting you report of National vaccination day celebration as part of NSS Unit of MGM Medical College, Navi Mumbai. The celebration was held on 17.03.2022 at MGM hospital for women and children, Kalamboli.

Thanking you.

Yours sincerely,

Dr. Pradeep Sawardekar Program Officer, NSS UNIT MGM Medical College, Navi Mumbai.

NSS Programme Officer MGM Medical College, Kamete, Navi Mumbel

M.G.M. Medica Ilege & Hosnita Kamothe, Navi Mumbai - 416205



NSS UNIT



SUBJECT: NATIONAL IMMUNIZATION DAY CELEBRATION

After taking prior permission from Dean sir, National immunization day was organized by the NSS unit of MGM Medical College.

All necessary arrangements were made by the team.

The program was organized by the NSS unit and headed by Dr. **Pradeep** Sawardekar, program officer, NSS unit, MGM Medical college.

About ImmunizationDay:

National Vaccination Day is observed every year on March 16 to convey the significance of vaccination as well as its role in public health. National Vaccination Day 2022 creates awareness and sends the message that how vaccination or immunization is the most effective way of preventing highly infectious diseases.

National Immunization Day also marks India's victory against Polio disease. Notably, the impact of vaccination is not only limited to improving health or life expectancy, it also has a social or economic impact at the community and the National level.

NATIONAL IMMUNIZATION DAY THEME 2022:

The theme of National Vaccination Day 2022 is 'Vaccines Work for all'. Theme highlights how vaccines work for all and save lives all around the world.

VACCINATION CAMP, KALAMBOL		VACCINATION	CAMP, I	KALAMBOL
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The parents were made aware of the advantages that vaccine would bring to their children and prevent them from various deadly diseases.

Vaccination camp was organized to provide various vaccines which are the part of our national immunization schedule.

National Immunization Schedule

Vaccine	When to give	Dose	Route
BCG	At birth or as early as possible till one year of age	0.1ml (0.05ml until 1 month of age)	Intra -dermal
Hepatitis B Birth dose	At birth or as early as possible within 24 hours	0.5 ml	Intramuscular
OPV Birth dose	At birth or as early as possible within the first 15 days	2 drops	Oral
OPV 1,2 & 3	At 6 weeks, 10 weeks & 14 weeks	2 drops	Oral
IPV (inactivated Polio Vaccine)	14 weeks	0.5 ml	Intramuscular
Pentavelant 1,2 & 3	At 6 weeks, 10 weeks & 14 weeks	0.5 ml	Intramuscular
Rota Virus Vaccine	At 6 weeks, 10 weeks & 14 weeks	5 drops	Oral
Measles and rubella 1 st Dose MR-1	9 completed months-12 months. (give up to 5 years if not received at 9- 12 months age)	0.5 ml	Subcutaneous
Vitamin A, 1 st Dose	At 9 months with measles	1 ml (1 lakh IU)	Oral
DPT 1 st booster	16-24 months	0.5 ml	Intramuscular

OPV Booster	16-24 months	2 drops	Oral
Measles and rubella 2 nd dose MR-2	16-24 Months	0.5 ml	Subcutaneous
Vitamin A (2 nd to 9 th dose)	16 months with DPT/OPV booster, then, one dose every 6 month up to the age of 5 years)	2 ml (2 lakh IU)	Oral
DPT 2 nd Booster	5-6 years	0.5 ml.	Intramuscular
тт	10 years & 16 years	0.5 ml	Intramuscular

In Pregnant Female:

Td 1	Early in pregnancy
Td 2	4 weeks after Td1
Td booster	If received Td 2 doses in last pregnancy within last 3 years.

The parents were also made aware of the post vaccination adverse drug reactions and they were made assure that mild reactions like mild fever, mild rash can occur.

The doctors nurses and the MGM staff gave the immense support and made the event successful as a result of which 25 children were benefitted, 13 males and 12 females. Few Glimpses From The Vaccination Camp:

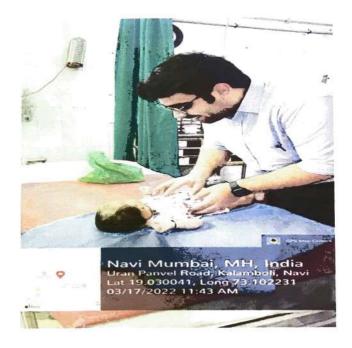


• TT Injection given to Mr. Saksham Patil (Patient).





• DPT, Hep B, OPV vaccine given to master Ansh Gaikwad(patient).



BENEFICIARIES:

VACCINE	MALE	FEMALE
BCG	8	8
OPV	10	10
HEP B	8	8
DPT	2	1
MMR	0	1
TYPHOID	0	0
HIB	0	1
HEP A	0	1
ROTA	0	1
VARICELLA	0	0
IPV	2	1
TT	2	1

(Dr.Prerna Veer, Dr. Aanchal Mittal, Dr. Rachit Pahwa took immense efforts for the success of the event.)

Dean. M.G.M Medic ede & Hospital Kamothe, Navi Mumbai - 410209

puren)

Dr. Pradeep Sawardekar Program Officer, NSS UNIT MGM Medical College, Navi Mumbai.

WSS Programme Officer MGM Medical College, Kamothe, Navi Mumber World Autism Awareness Day

	MGMSCHOOL OF PHYSIOTHERAPY	Doc No.	DC/MGMSOP/ AER/IQAC/00
6	AURANGABAD	Issue No.	1
1-10	Notice	Rev. No.	
11 22		Date	01/01/2019
		Page	Page 1 of 2

Date: 5^{th} march 2022

This is to inform all the final students, interns, post graduate students and staff that Department of Neurophysiotherapy is organizing an awareness seminar "Autism – A physiotherapy Perspective" on the occasion of World Autism Awareness Day on 4th April 2022.

Venue: 'C' building, MGM school of physiotherapy Aurangabad Coordinator- Dr. Pallavi Palaskar

IQAC Coordinator IQAC Coordinator MGM School of Physiotherapy Aurangabad



Principal Director MGM School of Physiothorapy Aurangabad

6	MGMSCHOOL OF PHYSIOTHERAPY	Doc No.	DC/MGMSOP/ AER/IQAC/00
	AURANGABAD	Issue No.	1
X X	Academic Event Report	Rev. No.	
	Byent Report	Date	16/09/2021
		Page	Page 1 of 2
lo			
	Points for Report		

 Name & Level of Event - College /Regional/ State/ National/ International.

 World Autism Awareness Day celebration on 4th April 2022.

Background/Introduction - Need/ reasons for holding the program. Name of Association
 2 /Collaboration etc.

To create awareness about Autism and the role of the Rehabilitation team (PT. OT, SLP, Psychologist, Special educator) among the students.

3	Venue -

Second year classroom, first floor, C building, MGM School of Physiotherapy, Aurangabad.

4	Sponsors - Name & Details	

MGM School of Physiotherapy, Aurangabad

Inauguration - Including the details of Chief Guest, Guest(S) of Honor, List of speeches given,
 compared by etc.....

Inauguration speech was given by Miss. Kimaya Patil & Miss. Siddhi Borana by addressing the audience about the autism and the reason for celebration on 4th April worldwide. Dr. Anjali Banglore was the speaker for this event. Dr Anjali spoke on the topic "Autism – A physiotherapy Perspective" and gave beautiful insights on this topic.

6 Speakers/ Judges/ Chairman/Panel Team - Brief Introduction with their achievements.

Dr. Anjali Bangalore is a Pediatrician & developmental neurologist at ICON Hospital, Consultant in Child psychology, IAP Master Trainer for Poor School Performance Program.



MGMSCHOOL OF PHYSIOTHERAPY AURANGABAD Doc No. AER/IGAC/01 Issue No. Academic Event Report Conferences/Seminars/CME/Quiz/Debate/ Guest Lecture, etc Rev. No. Date 01/01/2019 7 Participants & Delegates – No. of participants & delegates/teams with their names. Date 01/01/2019 50 students participated in the program 8 Prize Distribution etc- Brief Summary of the Proceeding. Nil 9 Valedictory Ceremony - Brief of the proceeding including chief guest etc. and who conducted it Vote of thanks was given by Miss Ishani Prasade				DC/MGMSOP/
Academic Event Report Conferences/ Seminars/CME/Quiz/ Debate/ Guest Lecture, etc Rev. No. 7 Participants & Delegates – No. of participants & delegates/teams with their names. 50 students participated in the program 8 Prize Distribution etc- Brief Summary of the Proceeding. 9 Valedictory Ceremony - Brief of the proceeding including chief guest etc. and who conducted it 9 Valedictory Ceremony - Brief of the proceeding including chief guest etc. and who conducted it 10 Highlights of the Event - Brief about the main highlight(s) of the event. 10 Highlights of the Event - Brief about the main highlight(s) of the event. All The Final Year, Interns & Post Graduate Students Participated and Gained Awareness on Autism Through This Event. Report Prepared by- Dr. Sherin Paulose Designation/ Dept- Assistant Professor, MGM School of Physiotherapy, Aurangabad Signature Image: Signature Muidd Image: Signature Organizing Chairman/ Secretary Image: Signature	6	MGMSCHOOL OF PHYSIOTHERAPY		AER/IQAC/00
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MGM School of Aurangabad				Aurangabad

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	MGM's SCHOOL OF PHYSIOTHERAPY	Doc No.	DC/MGMSOP /SCM-S/IQAC
	AURANGABAD	Issue No.	1
		Rev. No.	
1 A	ATTENDANCE SHEET	Date	4 April 2021
21 - 1		Page	Page 1 of 1

Name of Event- Woorld Butism Dae

Year: 2022 Topic- Autism: Physiotherapy Pelspective Name of the Staff:- Dr. Paulavi Pulaskar

Sr No	Name of Student	Signature
1	Maleshal Rajput	HR
2	Malesha Wadhwani	Haushas
3	Tanui Nathani	de la
4	Shouter Sitap	Que
5	Ulunati Badjate.	¥.
6	Priyanka tripatu	
7	Swamini Bubir	Gr.
8	Kauina Chardhany	Cha
9	Hayushi Panchal	- The I
10	sejal Adhikan	perec .
11	Seekstri Rade	Aut
12	Anushka Mahadik	ar .
13	Jeham Savant	Lynn
14	Riya Bhanushati	CR. ite
15	Psilla Bothe	P
16	Didhi Nair	15.
17	Zuby Saman	()
18	Falah Quari	- Qry
19	Shreya Kulkarne	Aust
20	Ashipanja tatil for to	Pi
21	Arisha Khusro (5 (menorationa))	-0-

Sr No	Name of Student	Signature
22	Anushka Rane	
23	Snehal Salve	Juni
24	Poojashri Gounder	PV.
25	Sueda Tula	FOBA
26	Rohit kshirsaguz	EBA
27	prashaut kadam	toush.
28	Ncha Tauk	Berry.
29	Shivceni patij	Sate.
30	Brakti Leelha	BU
31	Samiksha Dixit	B
32	Deepti Tale	Dorth
33	Prochunsa Bumb	PA
34	Aditi Joshi	A
35	Vedeshree Kolharkar	VK
36	Tejasni Dhatinge	- Tele
37	Rucha Argre	A A
38	Vaishrani Shimpi	NR.
39	Snehal Pariar	Nille
40	Neta Maletar	da.
41	Sakshi Ahuja	de la companya de la comp
42	Darstana Chachra	RE
43	Akanksta Jaelhar	y.
44	Yashashree Ghatge	DTFE
45	Nandini Thorat	P.p.
46	Deepali Mapari	R
47	Radhika Vaghmore	Desta
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MGM INSTITUTE OF HEALTH SCIENCES

(Deemed to be University) Grade 'A' Accredited by NAAC

MGM NEW BOMBAY COLLEGE OF NURSING

5th Floor, MGM Educational Campus, Plot No. 1& 2, Sector-1, Kamothe, Navi Mumbai – 410 209.

Ref. No.: MGM/NBCON/0 2/04/2022

Date: - 05.04.2022

To, The Medical Officer, Primary Health Centre, Nere, Panvel.

Subject: Observing World Health Day 2022

Dear Sir,

MGM New Bombay College of Nursing, would like to Observing World Health Day 2022 at Primary Health Centre, Nere. We would be grateful if you could grant permission for the same, details of the activities planned are as listed below. We assure you that the COVID -19 protocols will be followed during the activity.

Activity	Time	Venue	
Mime play Theme- Global Wellbeing"	11.30 am -12.30 am	Primary Health Centre, Nere	

Thanking you,

Yours truly,

Mrs. Vandana Kumbhar Associate Professor



Dr. (Mrs.) Prabha K. Dasila Professor & Director

Tel. No.: 022-27430141/ 0215/ 0213 E-mail: principal@mgmudn-nm.edu.in Website: www.mgmudn-nm.edu.in

National Health Day



MGM INSTITUTE OF HEALTH SCIENCES

(Deemed to be University) Grade 'A' Accredited by NAAC

MGM NEW BOMBAY COLLEGE OF NURSING

5th Floor, MGM Educational Campus, Plot No. 1& 2, Sector-1, Kamothe, Navi Mumbai – 410 209.

Ref. No.: MGM/NBCON/02/04/2022

Date: - 05.04.2022

CIRCULAR

MGM New Bombay College of Nursing, Kamothe Navi Mumbai is observing World Health Day 2022, Nere, on 7th April 2022 at 10.00 a.m at Primary Health Centre.

Mrs Vandana Kumbhar Associate Professor Organizer



Dr. (Mrs.) Prabha K. Dasila Professor & Director

Tel. No.: 022- 27430141/ 0215/ 0213 E-mail: principal@mgmudn-nm.edu.in | Website: www.mgmudn-nm.edu.in



MGM INSTITUTE OF HEALTH SCIENCES

(Deemed to be University) Grade 'A' Accredited by NAAC

MGM NEW BOMBAY COLLEGE OF NURSING

5th Floor, MGM Educational Campus, Plot No. 1& 2, Sector-1, Kamothe, Navi Mumbai – 410 209.

Ref. No.: MGM/NBCON 202/04/2022

Date: - 05.04.2022

World Health Day (Academic Year 2021-22) Activity Plan

Theme: Our Planet Our Health

Venue: Primary Health Centre, Nere

Date: 07.04.2022

Time: 10.30 am to 12.30 pm

Name of the Faculty

1. Mrs. Vandana Kumbhar - Associate professor

2.

Students participating: 4rd year B.Sc. Nursing (7 Students)

Schedule of activities

S.No	Time	Activity	Name of the students	
1	10.30 am - 10.35 am	Introduction of the Theme	Ms. Eshwari Khamdhekar	
2	10.35 am - 12.30 Pm	Mime play	1. Ms. Eshwari Khamdhekar	
			2. Ms. Shrinidhi Poojari	
		Theme- Global Wellbeing	3. Ms. Rajlakshami Ajit	
			4. Ms. Chanchal Bhujal	
			5. Ms. Sonam Aglave	
			6. Ms. Deepa Varghese	
			7. Ms. Limiyamol	

Kamothe, Navi Mumbai 410209 Signature of Director Sign of organizer

Tel. No.: 022- 27430141/ 0215/ 0213 E-mail: principal@mgmudn-nm.edu.in Website: www.mgmudn-nm.edu.in



MGM NEW BOMBAY COLLEGE OF NURSING

5th Floor, MGM Educational Campus, Plot No. 1& 2, Sector-1 Kamothe, Navi Mumbai – 410 209

Report of Activity

Date	: 07/04/2022	Duration: one day
Name of activity	: World Health Day	
Collaborating agen	cy: Primary Health Center ,Ne	ere
Venue	: Primary Health Center ,Ne	ere
Organizing Institut	e :MGM New Bombay Colle	ge of Nursing, Kamothe.
Theme	: Our Planet Our Health	
No of Teachers Pa	rticipated :01	
No of Students Par	ticipated : 12	
No. Beneficiaries	: 100	

:

Brief of the Activity.

MGM New Bombay College of nursing observed World Health Day Day 2022 on 07.04.2022 at Primary Health Center, Nere in collaboration with I Primary Health Center, Nere. MGM New Bombay College of Nursing students performed mime on Global Wellbeing also students conducted poster exibition on global wellbeing. 100 community people were benefited out of activity including PHC workers.

List of students participated : Yes

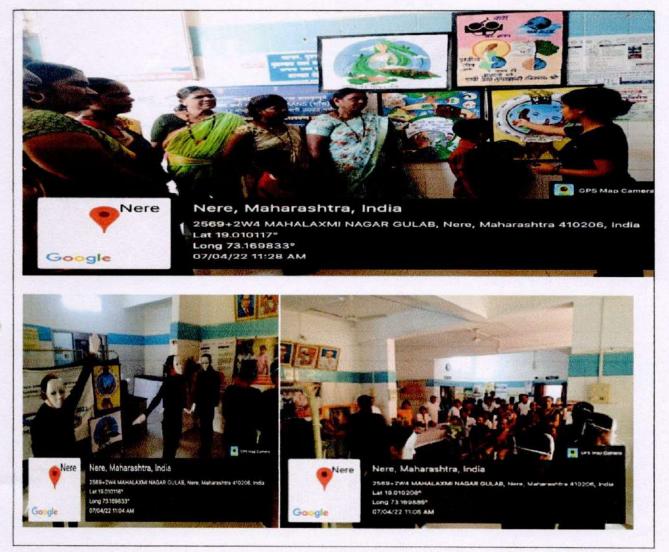
- 1. List of Teachers Participated : Yes
- 2. Photos

Signature of Organizer Date:











Sr.no	Name of the faculty	a
	Ms. Vandana kumbhar	alt

Name of the students participated

4th YEAR BSC. NURSING

SR.NO	NAME	Signature
1	Ms. Sonam Aglave	donam
2	Ms. Alphonsa Joseph	Nehonsol.
3	Ms. Ancy S Varghese	Avy
4	Ms. Anju Paul	Anju.
5	Ms. Anju Thomas	- D
6	Ms. Ansa Roy	Ane
7	Ms.Ashly Thomas	-10,
8	Ms.Namita Barate	Water
9	Ms.Chanchal Bhujbal	charehal
10	Ms.Biradar Sapna S	Pad
11	Ms. Ceyona Ann James	Capry.
12	Mr. Dabhade Tirupati	Tirupite
13	Ms.Deepa Varughese Chacko	Diepari
14	Ms.Derlin Teena Thomas	Terryon
15	Mr. D. Eabinazer	Sur
16	Mr. Swapnil R Ghuge	-bar
17	Ms.Pragati N Ghutukade	20
18	Ms.Punam M Gosavi	a-
19	Ms.Rupali R Gupta	0-
20	Ms.Leena R Hedau	-
21	Ms.Jeena Thomas	1 ciert
22	Ms.Jemy George Daniel	Jerry
23	Ms.Samiksha Sanjay Kadam	fadam ;
24	Ms.Kallurilayil Mary Johney	Mart Johney.
25	Ms.Priya Kelaskar	Paya.
26	Ms.Ishwari Khandekar	stshware.
27	Mr. Ruthik Kotkar	Natio
28	Ms.Lini K Lalachan	And
29	Ms.Lucose Priscilla Unni AS	fin
30	Ms.Maria Mathew	T
31	Ms.Merin Jose Thottumkal	A
32	Ms.Nisa Annie Manoj	Le.
33	Ms.Harshada K Patil	Mastr
34	Ms.Prachi R Patil	A
35	Ms.Shrinidhi Poojari	R
36	Ms.Nandini Mohan Prajapati	ED.
37	Ms.Priya Christin Daniel	Kur
	WOW STORON	athe a law S

		-(n)
38	Ms.Rajlekshmi Ajit	CB
39	Ms.Sakshi Rajpurkar	C.C.
40	Ms.Priyanka Rathod	- to-
41	Mr. Renjith Ravindran	46
42	Mr. Samir Alam	Cupt
43	Ms.Sharya Sonwani	tu
44	Ms.Snehal Gigimon	Thene
45	Ms.Shweta Sonawane	Gur
46	Mr. Amol Sardkhar	Aniest
47	Mr. Aniket Vyavahare	lan
48	Ms. Sayami Sanjay Satose	- And
49	Ms.Limiyamol L	a start



MAHATMA GANDHI MISSION

MGM SCHOOL OF PHYSIOTHERAPY



AURANGABAD



,	MGMSCHOOL OF PHYSIOTHERAPY	Doc No.	DC/MGMSOP/ AER/IQAC/00
	AURANGABAD	Issue No.	1
6	9	Rev. No.	
		Date	01/01/2019
1 2 11	Notice	Page	Page 1 of 2

Date: 1st April 2022

This is to inform all first to Final Year BPT students on the occasion of World Health Day "Our Planet, Our Health" an Elocution competition is organized on 7th April 2022

Venue: 'C' building, MGM School of physiotherapy Aurangabad Coordinator- Dr. Vaibhavi

IQAC Coordinator

MGM School of Physiotherapy Aurangabad

Principal

Director MGM School of Physiotherapy Aurangabad



		MGMSCHOOL OF PHYSIOTHERAPY	Doc No.	DC/MGMSOP/ AER/IQAC/00
for a		AURANGABAD	Issue No.	1
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1×1	R	Academic Event Report	Date	16/09/2021
6. 1			Page	Page 1 of 2
No		Points for Report		
	& Level	of Event - College /Regional/ State/ National/ Inte	ernational.	
		on 7 April 2022		
Back	ground/	Introduction - Need/ reasons for holding	the prg. Nan	ne of
2 Asso	ciation /	Collaoration etc.		
Elocution	competi	tion for First to Final Year BPT students or	n the occasic	n of world
		anet our health. To create attention on the i		
		health for students.		
3 Venu	ie -			
		rst floor, "C" building, MGM School of Ph ne & Details	ysiotherapy	, Aurangabad.
4 Spon	ISUIS - INAL			
		hysiotherapy, Aurangabad		
	guration -	- Including the details of Chief Guest, Guest(S) of	Honor, List of	speeches given,
5 comp				
5 comp				
			remark	
Miss kan		ar started the session by giving an opening		
Miss kan				evements.
Miss kan 6 Spea	akers/ Jud	ar started the session by giving an opening ges/ Chairman/Panel Team - Brief Introduction	with their achi	
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. 200	MGMSCHOOL OF PHYSIOTHERAPY AURANGABAD	Issue No.	1
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62 7 2	Academic Event Report Conferences/ Seminars/CME/Quiz/ Debate/ Guest		01/01/2019
	Lecture etc		Page 2 of 2
		Page	1 age 2 01 2
7 Participants &	Delegates - No. of participants & delegates/teams	with their na	mes.
	faculties participated in the program.		
8 Prize Distribu	ition etc- Brief Summary of the Proceeding.		
9 Valedictory (Ceremony - Brief of the proceeding including chief g	uest etc. and	who conducted it.
	vas delivered by Mr. Jeet		
10 Highlights of	the Event - Brief about the main highlight(s) of the e	event.	
The session was	ended by an interactive question and Answer	Session.	
Report Prepare	d on- 8 th April 2022		
Report Prepare	d by- Dr. Pooja Motar		
Designation/ De	pt- Assistant Professor, MGM school of phy	siotherapy	Aurangabad
	×	Si	gnature
Signature	1	~	0
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Organizing Chair	man/Secretary	Pr	incipal/ HOD
Organizing		<	1
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		MGM Sch	ool of Physiothera
			Aurangabad



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	MGM's SCHOOL OF PHYSIOTHERAPY	Doc No.	/SCM-S/IQAC
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12 2	ATTENDANCE SHEET	Date	7 4/2022
		Page	Page 1 of 1
Name of Even	t- Would hearth Day		
Year: 20	22		
Topic- Ĉ	ue planet, our Health		
Name of the S	taff:- Dr. Vaibhauj		¥)
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7	Geetika Gaikword	Gaa	pural
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9	Prach: Gawate	Inatur	
10	Shaikh Hafsa	Hate	
11	-Nivedita Pahi	Wate	
12	Danish	Danigh	
13	Amen Siddigui	Anima	Small
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16	Shuadha Mogle	Sharr	Ч.
17	Yogita	Yogito	x.P
18	Yogita Phajakta Taksale	Pricio	Ha
19		Tin	- /
20	Teenal Lodhiya Physiothe	Paul	
21	Dr. Pooja Motor :	T	A
	Prothmesh khidkall Theenal Lodhiya physiothe Dr. Pooja Motor of the pooj	4	
	Wew		\

Sr No	Name of Student	Signature
22		
23	Dr. Jallavi Palaskan Dr. Serbih Khan Dr. Shrikant Mhall	1 Sat
24	Dr. Moikant Whall	De
25	JICC C LITER	
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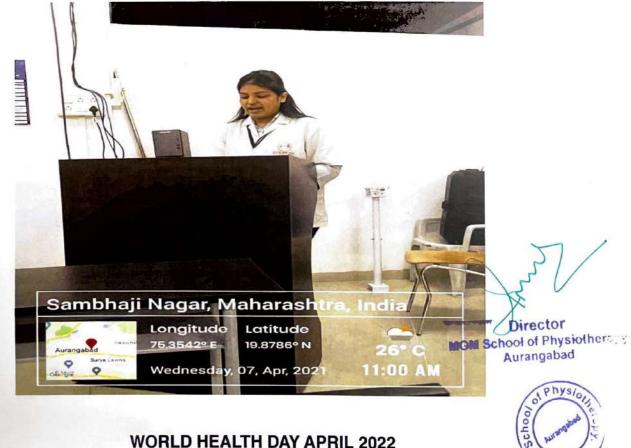




AURANGABAD







WORLD HEALTH DAY APRIL 2022

Dr. B.R Ambedkar Jayanti Celebration



MGM INSTITUTE OF HEALTH SCIENCES

(Deemed to be University u/s 3 of UGC Act, 1956) Grade 'A' Accredited by NAAC

UNIVERSITY DEPARTMENT OF PROSTHETICS AND ORTHOTICS Sector-01, Kamothe, Navi Mumbai - 410 209 Tel 022-27437829, Website:www.mgmudpo.edu.in

CIRCULAR

Date: 11/04/2022

CELEBRATION DR. BABASAHEB AMBEDKAR JAYANTI-2022 AT MGMIUDPO.

All students are informed that Department of Prosthetics & Orthotics will organize a Quiz competition on the occasion of **Dr. Babasaheb Ambedkar Jayanti-2022** " on 13/04/2022.

St Urb

You all must attend the Quiz Competition.

Time: 03:00 PM to 05:00 PM

Venue: Academic Section, Prosthetics and Orthotics department.

Note: Rules & regulations will be informed at the time of quiz competition.

Dr. Uttara Deshmukh (P&O) I/C Principal, MGM Institute's University Department of Prosthetics & Orthotics, Kamothe, Navi Mumbai, Maharashtra.

Dr. Uttara Deshmukh (P & O), H. O. D. In-Charge, MGM Institute's University Department of Prosthetics and Orthotics, Kamothe, Navi Mumbai.



MGM INSTITUTE OF HEALTH SCIENCES

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UNIVERSITY DEPARTMENT OF PROSTHETICS AND ORTHOTICS Sector-01, Kamothe, Navi Mumbai - 410 209 Tel 022-27437829, Website:www.mgmudpo.edu.in

Report of Ambedkar Jayanti-2022 celebration at MGMIUDPO.

Name of the event: Celebration of Ambedkar Jayanti-2022 at MGMIUDPO.

Purpose: To create awareness about the sacrifices of Dr. Babasaheb Ambedkar for the nation and remember his role in formation of constitution of India.

Date of the event: 13th March 2022.

Time of the event: 03.00PM -05:00PM

No. of participants -02 Faculty and 20 students of MGMIUDPO.

Proceedings:

Dr. Babasaheb Ambedkar jayanti is celebrated on 14th April every year.

This year MGMIUDPO celebrated Ambedkar Jayanti-2022 under NSS activity to draw the attention of students towards the role of Dr. Babasaheb Ambedkar in formation of constitution and society which respect equal rights and give equal opportunity to all instead of their gender, religion, cast and color etc.. by which India a super power nation is formed.

The program began with the warm welcome to the attendees by Dr. Uttara Deshmukh (HOD, P&O) to all participants.

The program proceeded with a Quiz Competition organized by MGMIUDPO with 4 teams. She revealed the theme of the program & explained the rules and regulations.

Dr. Uttara Deshmukh took lead to conduct the program. There were total 4 teams with several candidates of every year of BPO Program in each team.

Team A: Ms. Prajakta Tari, Mr.Akhil Sunny, Ms. Pranaya More, Ms. Riya Gawde, Mr. Siddhesh Mali. Team B: Ms. Sakshi Thakkar, Ms. Yashashree Gawde, Ms. Shaifa Khan, Mr.Rushikesh Rajgude, Mr. Rohan Dekate.

Team C: Ms. Vanshika Raval, Mr. Krutik Jadhav, Mr. Lav Kumar, Mr. Hitesh chorge, Mr. Rohan Sangade. Team D: Ms. Gursimran Kaur, Ms. Mariya Ubare, Mr. Shivam, Mr. Divyanshu, Mr. S.abu. Thalib.

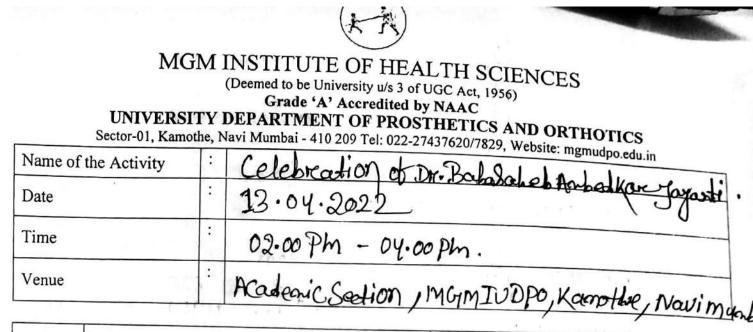
All the questions were asked regarding the life and achievements of Dr. Babasaheb Ambedkar and each team had chance to answer. The points were given to the team who gave the first correct answer.

The program ended by announcing the winners of the Quiz competition. The first rank was received by Team 'A'.

Students enjoyed the Quiz as a different activity.

Dr. Uttara Deshmukh, I/C Principal, MGM Institute's University Department of Prosthetics and Orthotics, Sector-01, Kamothe, Navi Mumbai.

Dr. Uttara Deshmukh (P & O), H. O. D. In-Charge, MGM Institute's University Department of Prosthetics and Orthotics, Kemethe, Navi Mumbai.



Sr No.	Name of the Faculty	Signature
1	Dr.C. 11 Qia Priver V	1 8.1
2	Dr. Subhasish Paikray Dr. Ottara Deshouth	(Juliana)
3	VI and Jestimuch	Dar.
4		
5	V O D. Unata Destimutikh (P &	

List of Students Attendees

G				
Sr No.	Name of Students	Year	PRN Number	Signature
1	Maria M. Ubare.	III'd Year	11910600003	Adingo
2	Simran. (TUTSman.			M. Januar
3		1st year		
4	Stals the lib.	Tothe year		Alasthalik
5	Strivan .	with year	Landa III	Miron
6	Kitesh .	1 Vth year		Hore
7	Vanshika R Raval.	TT year		
8		TT year		(here)
9	•	aTTK-10		Blutar
10		I year		Yun
11	Shaifa khan.	IN Year		
1	1 2 3 4 5 6 7 8 9 , 10	No. Name of Students 1 Maria M. Ubare 2 Simran (Turkimman. 3 Divyanshu Ghundiyal 4 Diglanshu Ghundiyal 5 Sturan 6 Mitcsh 7 Vanshika R Raval. 8 Korodik Jadhav. 9 Sakshi Thakkar. 10 Yashashree Gawde.	No.Name of StudentsYear1Maria M. UbareIII dear2Gimran M. UbareIII dear3Divyanchu Grhundiyal.IV lear4Divyanchu Grhundiyal.1st year4Divyanchu Grhundiyal.Iv H. Year5SturomIv H. Year6HiteshIV Myear7Vanshika R Raval.III dear8Katodika Jachalu.III dear9Sakshi Thakkay.III dear10Yashashstee Gawde.II dear	No.Name of StudentsYearPRN Number1Maria M. UbareIIII dear 119106000032Gimran. (TUTEmen. IV lear 119106000033Divyanshu Ghundiyal. 1st year 121106000084Jahr Hulib.Iv dear 118106000225StavanIv dear 118106000225StavanIv dear 118106000226HiteshIV dear 118106000227Vanshika R RavalIII og an 118106000228Kotodika R RavalIII og an 119106000029Sakshi ThakkarIII og an 1191060000110Yashashree GawdeIII og an 11910600001

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· · · · ·	Name of Students	4 V 22533924	PRN Number	Signature
12	Rushikesh Rajqude.	IV Year	11810600016	thits
13	Siddhuh Malia	10/ 20		tali
14	Pronaya moré "	- '0	1181060006	- www
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25			a Deshmukh (P n-Charge,	& O),
26	•	MGM Ins		tion
27			Navi Mumbai.	UIC8,
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MGM INSTITUTE'S UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS (A constituent unit of MGM INSTITUTE OF HEALTH SCIENCES, NAVI MUMBAI)

(Deemed to be University u/s 3 of UGC Act, 1956)

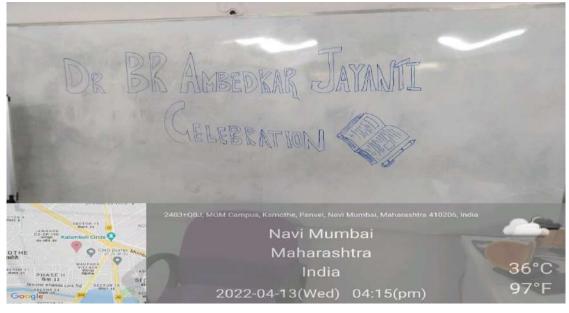
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Email: <u>mgmudpo@mgmuhs.com</u> | Website: <u>www.mgmudpo.edu.in</u>

DR BR AMBEDKAR JAYANTI CELEBRATION-2022 AT MGMIUDPO

DATE- 13-04-2022







MGM INSTITUTE'S UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS (A constituent unit of MGM INSTITUTE OF HEALTH SCIENCES, NAVI MUMBAI)

(Deemed to be University u/s 3 of UGC Act, 1956) Grade 'A' Accredited by NAAC Sector-1, Kamothe, Navi Mumbai-410 209 | Tel.: 022-27437829, 27437620 Email: mgmudpo@mgmuhs.com | Website: www.mgmudpo.edu.in DR BR AMBEDKAR JAYANTI CELEBRATION-2022 AT MGMIUDPO





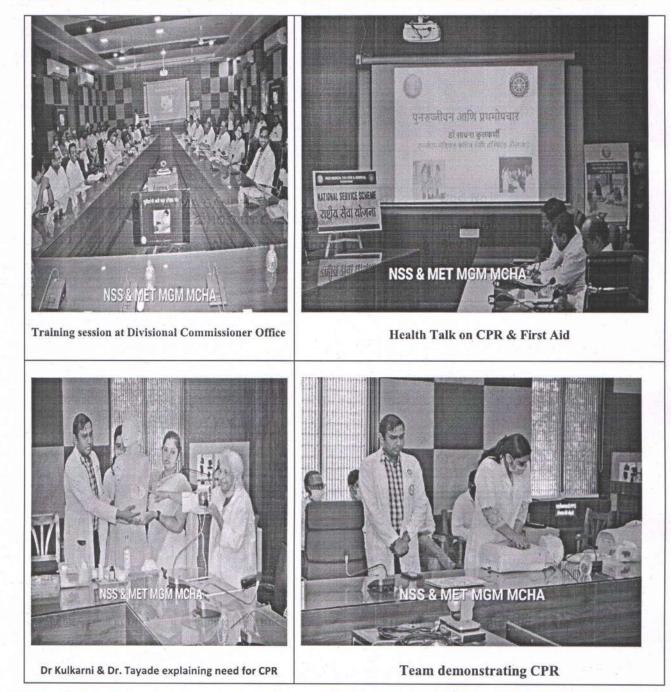
International Workers day

(L)	MAHATMA GANDHI MISSION MEDICAL COLLEGE & HOSPITAL, AURANGABAD	Doc. No	NSS/MGM/3
		Issue No	01
	NSS Activity Report	Rev. No.	00
		Date	04/05/2022
		No. of Pages	4

No.	Points for Report
1.	Nature of Event – essay/poster/poem/dance/singing/digital art/sketch/poster/photography
	ardiopulmonary Resuscitation and First Aid Training session for government employees on occasion f International Worker's Day 2022
2.	Date/ Time/ Venue
01/05	5/2022, from 09:00 am to 02:00 pm at Divisional Commissioner Office, Aurangabad.
3.	Rational/ Need for the Event
Comr	session was organized to demonstrate CPR and first aid for officers and staff of Divisional nissioner Office at Aurangabad. Through this event, the NSS volunteers made an attempt to develop ving skills among government employees in order to observe international worker's day in a unique
4.	Organized by Institute/ Dept(s)
emple the D demo	Report of Event Proper JSS unit of MGM MCHA in collaboration with MET cell organized a training session for government byees. Administrative permissions were taken. The training session was conducted on 1ª May 2022 at ivisional Commissioner's Office. In the session, recognizing need of CPR, method of providing CPR was instrated followed by hands on training on mannequin. After this, method of providing first aid in us emergency conditions was demonstrated. Feedback from the employees was obtained.
6.	Patients/ Participants/ Audience Details – No and characteristics of patients/ participants/ audience.
15	0 employees under the Divisional Commissioner Office consisting of officers and staff.
7.	Faculty/ Residents/ Students Participated – No, Names etc.
	Dr. Sadhana Kulkarni (MET Cell I/C), Dr. Deepak Tayade (NSS Advisor), Dr. Bhavna Joshi (NSS Program er) and 25 NSS volunteers of MGM MCHA, staff of MET Cell helped with conduction of the event.
8.	Event Outcome & Projections in Brief
The N	ISS volunteers learnt organizing and training skills. The employees benefitted from the session. As per

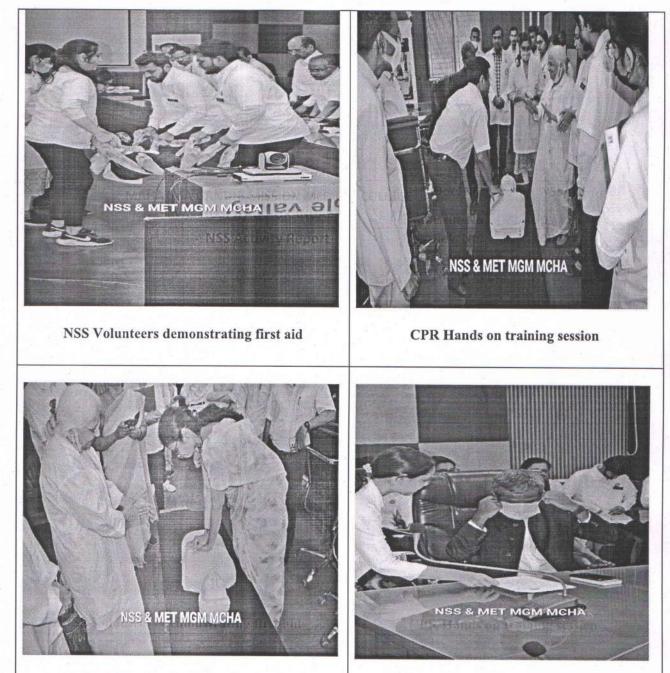
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to the	MAHATMA GANDHI MISSION MEDICAL COLLEGE & HOSPITAL, AURANGABAD	Doc. No	NSS/MGM/3
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Govt. Employee performing CPR

Hon. Mr. Kendrekar, Divisional Commissioner providing feedback

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NSS & MET Team of MGM MCHA with participants at Divisional Commissioner office, A'bad



NSS & MET Team of MGM MCHA with participants at Divisional Commissioner office, A'bad

Bharna. Dr. Bhavna Joshi,

NSS Program Officer, MGM Medical College, Aurangabad

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Perfusion Appreciation Week

Event Name: Perfusion Appreciation Week

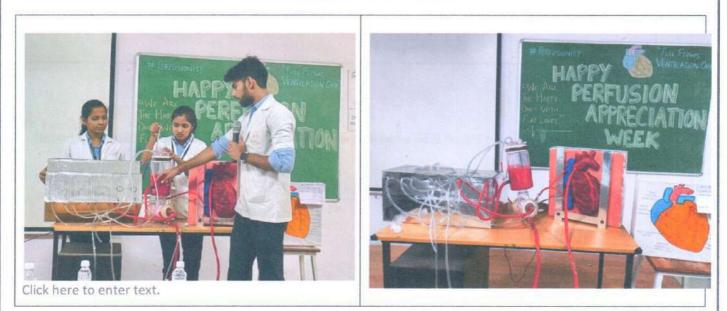
Date & Time: 6th May 2022 at 11.00 am



Location: MGM School of Biomedical Sciences, Navi Mumbai.

Sr. No.	Event Tile & Venue Details	Program Coordinators (Team members name)	Total No. of Participants
1	2rd Floor MGM School of Biomedical Sciences, Kamothe	Ms. Minal Kanse	50

Kindly attach 4 photographs





rector

MGM School of Biomedical Sci. Se Kamothe, Navi Mumbai



Short event report

All the Students of B.Sc. Perfusion Technology celebrated Perfusion Appreciation Week on 6th May 2022 as 1st successful Open Heart surgery with the help of Heart Lung Machine was performed on 3rd May 1953. On this occasion students participated and presented a miniature model of herat lung machine from the waste products. A simplified miniature model of the heart lung machine was materially devised which consisted of a model of the heart depicting the surgical field demonstrating how the cannulation is accomplished during surgery, assembling of the tubing, connections and how they are connected, the venous reservoir, oxygenator and the roller pumps.

This miniature imitation simplified the teaching as well as the learning process through creative strategies. It involved the development of materials and approaches to gain interest and motivation in learning. The application of these approaches helped in teaching techniques for better understanding of basic concepts effectively and developing skills in limited exposure.

Report Prepared by: Ms. Minal Kanse (Tutor & Co-ordinator of B.Sc. PT)

Contact details : MGM SBS, NM



MGM School of Biomedical Science Kamothe, Navi Mumbai World Hypertension Day





MGM MEDICAL COLLEGE Sector-1,Kamothe, Navi Mumbai-410209,India

NSS UNIT

To, The Dean, MGM Medical College, Kamothe, NaviMumbai.

Respected Sir,

Here by submitting the report of NSS IEC Activity on occasion of World Hypertension Day held on 04/06/2022 (Saturday) at MGM Hospital, Kalamboli.

Thanking you.

Yours sincerely, un ٥. Dr. Pradeep Sawardekar Program Officer NSS Unit Secretan C MM

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M.G.M Medic: R Hachital Kamotne, Navi mumuai - 4. v209





MGM MEDICAL COLLEGE

Kamothe, Navi Mumbai-410209, India

NSS UNIT

Report on IEC Activity held on occasion of World Hypertension Day

Date: 04.06.2022

Time: 11:00 am-1:00 pm

Agenda: To promote public awareness of hypertension and encouraging prevention and control of this silent killer

The IEC activity for visitors and patients in MGM Hospital Kalamboli was organized on 04.06.2022 from 11:00 to 1:00 pm in Seminar Hall on the 3rd floor of the Hospital.

Dr. Pradeep Sawardekar had taken permission from Dean Sir to organize the session.



bout World Hypertension Day

*I*orld Hypertension Day (WHD) is a day designated and initiated by The World Iypertension League (WHL), which is itself an umbrella to organizations of 85 lational hypertension societies and leagues. The day was initiated to increase the awareness of hypertension. This was especially important because of the lack of appropriate knowledge among hypertensive patients. The WHL launched its first WHD on May 14, 2005. Since 2006, the WHL has been dedicating May 17 of every year as WHD.

In 2005, as the inaugural effort, the theme was simply "Awareness of high blood pressure". The 2006 theme was "Treat to goal", with a focus on keeping blood pressure under control. The recommended blood pressures are less than 140/90 mmHg for the general population and for the hypertensive population without any other complications, and less than 130/80 mmHg for those with diabetes mellitus or chronic kidney disease. These are the cut-off values recommended by international and Canadian guidelines. The 2007 WHD theme was "Healthy diet, healthy **blood pressure**". Through such specific themes, the WHL intends to raise awareness not only of hypertension, but also of factors contributing to an increase in the incidence of hypertension and on ways to prevent it. In an effort to empower the public, the theme for 2008 was "Measure your blood pressure...at home". Recent reports confirm the ease, accuracy and safety of blood pressure measurements using home monitors.

For the five-year period 2013-2018, the theme of WHD was "Know Your Numbers" with the goal of increasing high blood pressure awareness in all populations around the world

The theme for World Hypertension Day for year 2022 is "Measure your blood pressure, control it, live longer".

AIMS AND OBJECTIVES:

AIM: To sensitize and create awareness about hypertension and encouraging prevention and control

OBJECTIVES:

- The objective of the day is to communicate to the general masses the serious medical complications that can be caused by hypertension.
- •
- To provide the right and useful information about the prevention, detection treatment of hypertension

Program was attended by:

ne NSS team:

- Dr. Pradeep Sawarkar (Programme Officer, MGMMC, Kamothe)
- Dr. Madhavi Mankar (NSS Coordinator, MGMIHS)
- Mrs Rupali Gujjar (APO-F, MGMMC, Kamothe)
- Mr. Jeevan Urankar (APO-M, MGMMC, Kamothe)

INTERNS:

- Dr. Upasana Dahiya
- Dr. Rajasi Sabherwal
- Dr. Hritik Yadav

ATTENDED BY:

Sr No.	Beneficiaries	Age	Gender
1.	Vaishali Kishore Raut	40	F
2.	Jai Phule Pawar	41	F
3.	Mangal Arjun Iyer	50	F
4.	Neelam Malappa	52	F
5.	Vimal Aatmaram Patil	40	F
6.	Janabai Datta Gondhali	65	F
7.	Deepali Deepak Salvi	40	F
8.	Hridya Ram	32	М
9.	Kamlakar Kishore Rao	22	M

	Male	Female	Total
Faculty	3	4	7
Benefeciaries	2	7	9

Wednesday Date: 04.06.2022 Time:11am to 1.00 pm

Glimpses from the NSS IEC program on occasion of World Hypertension Day held on 04.06.2022(Saturday), from 11 am-1.00 pm in the seminar hall of the MGM Hospital Kalamboli.



Dr.Pradeep Swardekar

(Program Officer, Mgmmc, Kamothe)

Gave a brief introduction about World Hypertension Day and its importance

Wednesday Date: 04.06.2022 Time:11am to 1.00 pm



Mr. Jeevan Urankar (APO-M, MGMMC, Kamothe) highlighted the importance of knowing blood pressure



Dr. Upasana Dahiya (Intern) highlighting the risk factors of hypertension, its complications and preventive measures.





Volunteers were motivated to adopt healthy lifestyle and take measures to control blood pressure.

Sincere thanks to PSM Department and Obstetric and Gynecology department for supporting the event.

Sincere thanks to Dr. G.S. Narshetty (Dean, MGM Medical College) for all the valuable support

burn

Dr. Pradeep Sawadekar

NSS Program Officer

Mgm medical college Kamothe Secretary MGM Medical College, Kamothe, Navi Mumbaj

C Dr.G.S.Narshetty.

M.G." Medical Mghamata Navi Milingal kamothe World Environment Day



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MGM/IUDPO/2022/06/

Date: 02/06/2022

This is to inform all students that MGM Institute's University Department of Prosthetics & Orthotics will organize a Cleanliness campaign on Prabalgad Fort and Prabalmachi site on 04th June 2022 under National Social Service Scheme of MGMIHS.

Students are informed to gather in front of canteen sharp at 7:50am

Dr. Uttara Deshmukh (P&O) Head of the Department, MGM Institute's University Department of Prosthetics and Orthotics, Kamothe, Navi Mumbai.

Dr. Uttara Deshmukh (P & O), H. O. D. In-Charge, MGM Institute's University Department of Prosthetics and Orthotics, Kamothe, Navi Mumbai.



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Report of "World Environmental Day Activity"2022 under NSS

Name of the event: "World Environmental Day – 2022" Purpose of the event: To spread awareness about preserving values of nature and environment. Location of the event: Prabalgad and Prabalmachi. Date of the event: 04th June 2022. Hours spent: 08:00 AM to 05:00 PM No. of attendees: 29 Students and 2 Faculties

Proceedings of the event:

Historical tourist spots play a major role in economy and nation building. It creates thousands of jobs directly and indirectly by which many people earn their livelihood. So far every nation at tourist spots are very important and as a citizen, everyone must maintain cleanliness and sanity of the tourist places, sometimes visitors try to spoil the place by throwing garbage and waste around the spot which can reduce the attractiveness of the place and can create pollution.

MGM Institute's University Department of Prosthetics & Orthotics (MGMIUDPO) with motto of say "NO PLASTIC FOR BETTER TOMORROW" organized cleanliness program under NSS activity at Prabalgad & Prabalmachi site near Panvel, which is a very famous tourist spot in Maharashtra. The activity was conducted on 4th June 2022.

The activity was conducted in the presence of Dr. Uttara Deshmukh (P&O), Principal, MGMIUDPO and Dr. Subhasish Paikray (P&O), Assistant Professor, MGMIUDPO.

Early morning students gathered in campus and departed for the journey by bus. They reached the campsite and started with the cleanliness program by collecting various types of waste and gathering it in large garbage bags. After 2 hours of cleanliness journey, students reached Prabalmachi village. There, they divided themselves in groups and some students went to Prabalgad and carried out the campaign with full energy also some local people also joined the campaign.



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The waste materials which were collected by students was properly disposed in big dustbins for further process. Lastly students were dispersed from the campsite with good memories and experience; also they learned to respect the nature so the future generation can live happily on beautiful mother Earth.

For Spaintes

Dr. Úttara Deshmukh (P&O) Head of the Department, MGM Institute's University Department of Prosthetics and Orthotics, Kamothe, Navi Mumbai.

Dr. Uttara Deshmukh (P & O),

H. O. D. In-Charge. State Chiversity Decomment .state State State other and Munical.



MGM INSTITUTE'S UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS

(A constituent unit of MGM INSTITUTE OF HEALTH SCIENCES, NAVI MUMBAI)

(Deemed to be University u/s 3 of UGC Act, 1956)

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Name of the Activity	;	Celebration of worked Environment Day-2022
Date	:	04.06.2022
Time	:	08.00 Am to 05.00 pm.
Venue		Preabalged and preabalmachi

List of Faculty Participated

Sr No.	Name of the Faculty	Signature
01	Dre. Uttarry Deshmukh	Uttaranth.
02	Dre. Subhaligh Paikray.	Stor
Test		

List of Students Participated

Sr No.	Name of the Students	PRNo.	Signature
1	Warid Mandal.	12010600003	Wimenda
2	Govind Singh	12010600002	Alisin-
3	Nikhil wogh.	12010600007	apagh
4	Hreida Andarei.	12010600001	Hieida
5	Preanaya more.	12110600006	P. more
6	Rohan Dekate.	12110600005	Pulle
7	Divyansky Ghundiyal.	12220600008	A

		(Stratelary.
8	Sakshi thakkar.	11910600006	Ladit Pati).
9	I deit Patil		
10	Rija Gaude.	11910600005	P. Gawarele.
11	Kreatik Jadhar.	11910600005	Kentre F.
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16	Shaita Khan	11810600006	Aller .
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Dreivie Dr. Uttara Deshmukh (P & O), Dr. O. D. In-Charge, H. O. D. In-Charge, MGM Institute's University Department MGM Institute's and Orthotics, of Prosthetics and Orthotics, Navi Mumbai.



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WORLD ENVIRONMENT DAY-2022 CELEBRATION , DATE- 04- JUNE-2022





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WORLD ENVIRONMENT DAY-2022 CELEBRATION , DATE- 04- JUNE-2022







Event Name: WORLD ENVIORNMENT DAY

DATE: 5th June 2022 to 8th June 2022

LOCATION: MGM Campus. Navi Mumbai

SR NO	EVENT TITLE AND VENUE DETAIL	PROGRAM CO –ORDINATOR (TEAM MEMBER NAME)	TOTAL NUMBER OF PARTICIPANTS
1	World Enviornment Day; MGM Campus. Navi mumbai	Dr. Mansee Thakur Mrs. Anamika Chalwadi Mr. Subodh Rahate, Ms. Vineeta Sharma, Ms. Patcy & Dr. Neelam Yeram	45



World Environment day was organised by MGM School of Bio medical science along with MGM PSM dept, Kamothe, Navi Mumbai on 5th June 2022. It was of 1 week activity. NSS students participated in this campaign .Students done various activity including cleaning of campus, poster and awareness presentation in all medical campus. Tree plantation event was organised on this day. Each student planted more than 5 plants. By recycling different things students created natures classroom. It was a good opportunity for students to explore their talent.

REPORT PREPARED BY:

Mrs. Anamika Chalwadi NSS Program Officer (MGM SBS)



Dr. Mansee Thakur Director, MGM SBS

Director MGM School of Biomedical Science Kamothe, Navi Mumbai





MGM MEDICALCOLLEGE Sector-1,Kamothe, Navi Mumbai-410209,India <u>NSS UNIT</u>

TO THE DEAN MGM MEDICAL COLLEGE NAVI MUMBAI

DATE : 6th June 2022

SUBJECT :- REPORT OF IEC ACTIVITY:WORLD ENVIRONMENT DAY

RESPECTED SIR,

Hereby submitting the report of IEC Activity conducted on the topic <u>World</u> <u>Environment Day</u>, held on <u>06/06/2022</u> from 10.30 a.m – 12.30 pm at MGM Hospital, Kalamboli.

Thanking you.

Yours Sincerely

Dr. Pradeep N. Sawardekar NSS SECRETARY & PROGRAM HEAD MGM MEDICAL COLLEGE



Secretary MGM Medical College, Kamothe, Navi Mumbai







MGM MEDICALCOLLEGE Sector-1, Kamothe, Navi Mumbai-410209,India

NSS UNIT REPORT OF WORLD ENVIRONMENT DAY

Date: 06.06.2022 Time: 10.30 a.m-12.30 pm

The IEC Activity conducted on the topic World Environment Day was organized on 06.06.2022 from 10.30 a.m-12.30 p.m in MGM Hospital, Kalamboli.

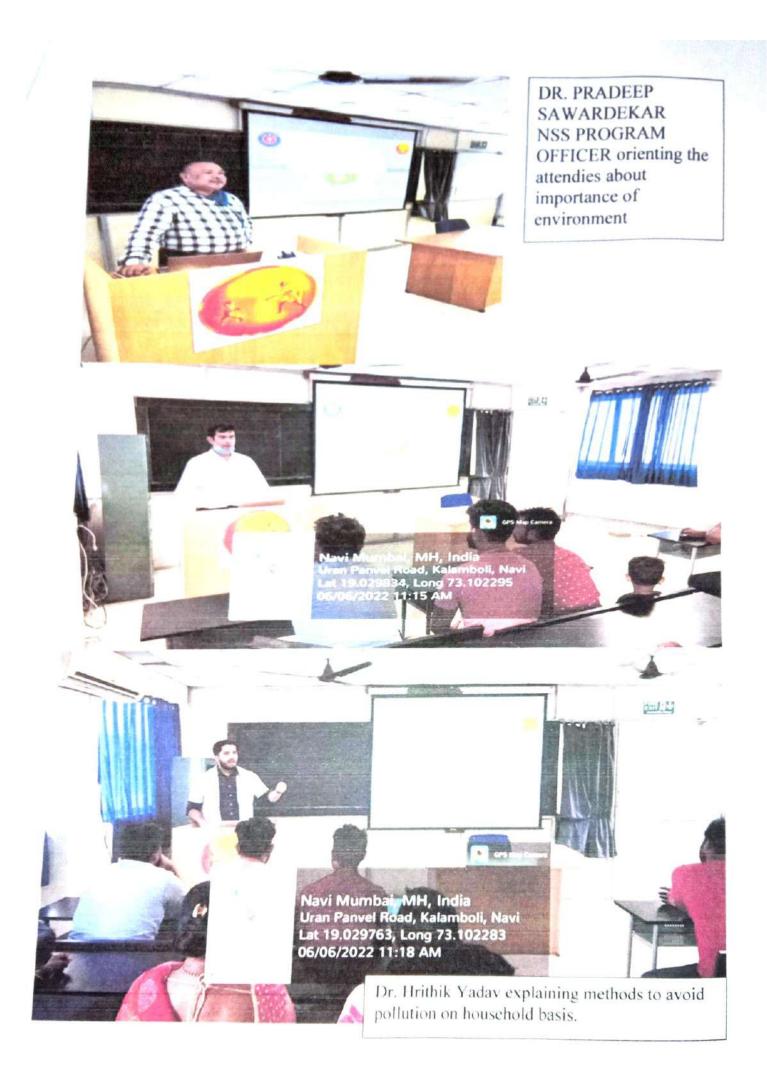
World Environment Day is celebrated on 5th june every year to create awareness about the ill effects of tobacco among people. The theme for 2022 is "Only One Earth"

The following points were covered in the event :

- Humanity ,environment and functioning of economy depend on responsible management of Planet Resources
- Consuming Natural Resources with care
- Importance of Water resources and Threat to Water reserves
- Judicious use of energy and alternative energy Resources
- Food Waste Management and measures to prevent wastage of
- food. Encouraging planting of trees and plants
- Methods to avoid Air Pollution

DAY 1	WORLD ANTI TOBACCO DAY	3 RDJUNE
DAY 2	WORLD HYPERTENSION DAY	4 TH JUNE
DAY 3	WORLD ENVIORNMENT DAY	6 TH JUNE

10:30- 11:00 AM	INTRODUCTION & ORIENTATION ON WORLD ENV DAY by Dr . Pradeep Sawardekar
11:00- 11:30 Pm	 ENVIORNMENT DAY Speech by Dr. Hrithik Yadas Importance of Env. in life Do' and Dont's to avoid Env Follution
1:30- 2:00 n	Speech on Community guidelines and schemes to Save Enviornment by Mr., Jeevan urankar
00- 30	onclusion of world Env day by Dr. Pradeep Sawardekar



Sr.No.	Name	Designation
1	Dr. Pradeep Sawardekar	Program Officer, MGMMC, Kamothe
2	Dr. Madhavi Mankar	NSS Coordinator ,MGMIHS
3	Dr.Rupali Gujar	Assistant program officer- Female
4	Mr. Jeevan Urankar	Assistant program officer- Male
5	Dr Hrithik Yadav	Intern
6	Dr Rajasi Sabharwal	Intern
7	Dr Upasana Dahiya	Intern

Following are the faculty members involved in the programme

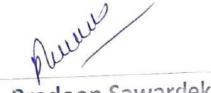
The beneficiaries who attended the programme

SR NO	NAME	AGE	GENDER	MOBILE NO
1	Mohd. Faizan Shaikh	25	M	7045666536
2	Amir khan	23	M	8652538496
3	Bablu khan	30	M	8779277401
4	Rohini Rohidas	60	F	
5	Tai Kundlu Pawar	50	F	
6	Savita	45	F	
7	Mahima Prabhakar	60	F	7039771636
3	Raja Ram	23	M	
)	Mohammad Akhtar	37	M	8271072363
0	Kailash Pachawa	22	M	9644521913
1	Pooja Shah	21	F	8003807632
2	Puran Singh	30	M	7021091652
3	Rohit Kanojiya	28	M	8369315084

Sincere thanks to Dr GS Narshetty (Deilis MGM Medical College) for all the valuable support as well as GYNAECOLOGY DEPT and PSM Dept for providing us with the necessary equipments, venue and support for successful conduction of the program.

A special thanks to the Dr Hrithik, Dr Rajasi and Dr Upasana for organizing the event and sharing your knowledge with the attendies.

	Male	Female	Total
Faculty	3	4	7
Beneficiaries	8	5	13



Dr. Pradeep Sawardekar

Secretary [Student Council]

Program officer [NSS unit]



Dr. G.S Narshetty- Dean

MGM Medical College

Navi Mumbai





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MGM NEW BOMBAY COLLEGE OF NURSING

5th Floor, MGM Educational Campus, Plot No. 1& 2, Sector-1 Kamothe, Navi Mumbai – 410 209.

Ref.No:- MGMNBCON/ /06/2022

Date: 03/06/2022

World Environment Day Celebration (Academic Year 2021-22) Activity Plan

Theme: "Only One Earth"

Venue : OPD & Wards, MGM Hospital, Kamothe

Date: 06.06.2022

Time: 10.30 am to 12.30 pm

Name of the organizing faculty :

Mrs. Snehal Lakade

Students Participating:

I year B.Sc. Nursing & II year B.Sc. Nursing

Students Organizing :

I year M.Sc. Nursing

Schedule of activities

S.No	Time	Activity
1	10.30 am – 12.30 pm	 Assessment of knowledge of OPD patients regarding solid waste management.
		2) Play video clips on environmental sanitation.
		3) Display of Posters on environmental hygiene and control on pollution

Signature of Organizer



Signature of DirectorCTOR PROFESSOR Solution MGM New Bonneay College of Nursing Kamothe, Navi Mumbai - 410209

Tel. No.: 022- 27430141/ 27430215/ 27430213 E-mail: principal@mgmnbcon.ac.in Website: www.mgmudn-nm.edu.in



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World Environment Day Report

Date-06/06/2022

Time-10.30pm- 12.30pm Duration: 2 hr.

Activity-1) Health Education on Solid Waste Management

2) Survey on Solid Waste Management.

Venue: All 6 Floors, MGM Hospital, Kamothe.

Name of the Organizing Faculty: Mrs. Snehal Lakade.

Students Organizing: Ist year M.Sc Nursing

Students Participating: Ist and IInd year B.Sc Nursing

Brief of the World Environment Day Report:

MGM New Bombay College of Nursing has observed World Environment Day on 06/06/2022. The theme for World Environment Day is, 'Only One Earth.' 1st and 2nd year B.Sc. Nursing Students have performed Health Education, Teaching Survey and Teaching Programme (Video Show on Solid Waste Management) in view of Solid Waste Management and Environmental Sanitation. Before conducting this program permission was obtained from hospital authorities and were invited for the same. The Health Education, survey and Teaching Programme included definition, incidence, causes, signs and symptoms, types of solid waste management, ways to reduce the waste, waste management strategy, control measures of solid waste management. Patients, relatives of the patients, hospital employees and nursing students actively attended the Teaching Programme and Health Education with interest. Students also projected various Poster, videos and Pamphlets with slogans to create awareness solid waste management. The programme was ended by thanking the audience at 12.30 pm.

Annexure:

1. Photos : Yes



2022

Signature of Director PROFESSOR & DIRECTOR MGM New Bonneay College of Nursing Kamothe, Navi Mumbai - 410209



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	MS. Minakshi D. Mukale MS. Komal Kathash. MS. Mansi Kambli MS. Mansi Kambli MS. Anxita Patil MS. Stejal Faslekas MS. Shouldha Pane.	Mr. Mahesh pardeshi nsc. student Mr. Mansi Kambli Msc. student Mr. Mansi Kambli Msc. student Mr. Austi patil Msc. student Mrs. Ankita Mokal Msc. student Mrs. strejal Farlekar Msc. student Mrs. shruddha fane, Msc. student



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. No.	Name	Designation	Signature
1	Drushti Mhatre	1st yr Bsch)	Aboy.
2	Hanna Shaji	Jet yo BRICK)	Aler .
3	Sanika Paway	1st yor Bach)	former .
4	Shravani Mhatie	1 yo BSC N	8
5	Toe Jose	Ist yr Bsdw)	A.
6	Avantika Patil	1styo BSC(N)	Avartika.
7	Christina Jose	1st yr BS(N)	\$A
8	Reepa Santosh.	1st yo BSC(N)	Reebs
9	Ashavini Delhmulch	1styn-BSCAD	Asus
10	Ethan Clint Henriques	1st yrBsdw)	Hanniges
11	Vaishnavi chikane f	1styr. BSCCN)	Bhitana
12	Joke Benjamin	1styr BSC(M)	Atoreb
13	Sakshi Santosh Patil	1Styr BSC(N)	Patito
14	Sujata Angaskhe	1St 4 B SC(N)	Bupaka
15	Bhakli Suhas Sowont	15' 48 BSC(N)	Barbul
16	Boig Mohanmad Ali. Mustata	I. Yr B.Selly	Braig
17	Muskan Shahealam Shaikh	15t BSC (N)	Aluskan
18	Vaishnavi vitthaimore	1Sty BSC(N)	(plat
19	Pelay Joby	USE YR BSC(N)	Vul.
20	Aduti Makur	1St YA B-SOLNI	Abatanz.
21	Johanna bum John	IST YE BSON)	A.
22	Akshata Moniti Sargar	1Styr BS(N)	Amscyc
23	July Mariyam James	LSE YR B.SCNI	July Seof Nurs



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Date: 06/06/200 Attendance Sheet Name of the Programme : Englowhent Da Venue : MGM HOLPITZU Kamolle Sr. No. Designation Signature Name 24 1st Year BSC(N) Josphine Anthone 1 St year BSdN 25 Nandana P 26 1 st year BSC (N) Kryhna Dhakare. 24 Akhily Sebastian 187 YPBSC(N) Sapna Pratap 1St YL B.SC (W) 28 29 1St year BSCAN Anushka Anushka Patil 1st year B.Sc (N) 3D Litche Kady 38 I Year BSC (H) Upasana Patil bosana 32 Gardi Shinde T 9+ Year BGCCN Sal 3 BO 1 St Ya BSC(N) Aportona R Brama Q. 344 ISTYR BEW) Akhila Uthaman 313 Sejal Palil 1StyrBSC(N) 333 1Styr B.Sc (N) Sneha Joseph 314 Ruchita Ruchita Kailas Mhatle 1St yr BSCN 318 Jyat, Projapali 1StyrB8C(N) 1St yo BSEN) 36 Preena Reena 15+ 40 B. S. W) AB Bhavika Patil Bhavila. A18 1St years Sc(N) Yuvarai Lavate A92 Princy wilson 1st ya Bee (N) 43 Athan Mulcesh walimbe -60 44 Vishakha Angaokhe 1 St 40 Bisc (N) Vienabart Ekta Thatar TSt Ya BSC (N) 45 deta AB Sariya TSt Ya B.Sc(N) Sandyne



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Attendance Sheet

Date: 06/06/2000

Name of the Programme : _ Environment pay

Venue :

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Sr. No.	rtanic	Designation	Signature
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enue :	Mary happital, Kamoth	ę.	
r. No.	Name	Designation	Signature
1	Hardi . B. Patel	2nd yz BSc(N)	1BPatet
2	Harshala S. Mhapankar.	2nd yr BSC (N)	ABY-
3	Prajakta D. Mhates,	2 YrBSCCH)	P. p. my.
4	Vaishnavi Janandan Bhoir	-	Atraile
5	Amisha Prasad	11nd YrBse N	Anishe
6	Sanjana Mhatme	11nd Yr Bsc N	Athadae.
7	Sakshi Pokharkar	11rd Yr Bsc N	Donedi'
8	Aditi Anant Patil	11nd Yr Bsc N	Alex
9	Vaisbali P. Pawar.	11 nd Yor BSCN	Atawar
10	Smavoni Nachare	2nd yrBSCN	Evauhor
11	Tejai paki	2nd yr BSCN	Fraul
12	Tonvi kadom	2may BSCH	adom
13	khushboo pradhan	2nd yr BSCH	100
14	Soniya Potil	2hdyr BSCH	Stall
15	Neha gupta	2ndyr BSCH	(2990)
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17	Diksha paki	2ndyr BSCN	DSPohl
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1000 0 2022



WEBINAR ON CERVICAL CANCER AWARENESS MONTH was conducted on 22ND January 2022 by MGM SBS National Service Scheme (NSS UNIT) which was attended by total 78 student. Conference was about Creating awareness about Cervical cancer by solving myths, telling Symptoms, diagnosis and treatment of it. There were 2 Speakers which were Dr. Daxa (Indian Cancer Society) and Dr. Sabrina (Gyanc – MGM College & Hospital). They also solved queries of students.

Report Prepared by-: NSS P.O. Mrs. Anamika Chalwadi

Contact details: SBS MGM



MGM School of Blamedical Science Kamothe, Navi Mumbai

Pulse Polio Campaign





MGM MEDICAL COLLEGE Sector-1, Kamothe, Navi Mumbai-410209, India.

NSS UNIT

To, The Dean, MGM Medical College, Kamothe, Navi Mumbai.

Respected Sir,

Here by submitting the report of NSS activity of 'Pulse Polio Campaign' held on 19th June 2022 (Tuesday) at MGM Hospital, Kalamboli.

1

1

Thanking you.

Yours Sincerely,

Sunny

Dr. Pradeep Sawardekar

Program Officer

NSS Unit.

NSS Programme Officer MGM Medical College, Kamothe, Nevi Mumbei

Dean

MGM Medical College & Hospital Kamothe, Navi Mumbai 410/209



MGM HOSPITAL NSS UNIT REPORT OF: PULSE POLIO CAMPAIGN.



With successful efforts of all healthcare workers, POLIO has been eliminated from India.

India received the status of Polio free on 13th January, 2011.

South East Asia region of WHO has been POLIO free for past 5 consecutive years.

India has vaccination strain 1 and 3 in the oral Polio Vaccine. In April 2016, India introduced the use of fractional dose IPV into the routine immunization Programme in eight states. In August 2016, the use of IPV was expected to an additional eight states and since March 2017 has been scaled up nationwide in all 36 states.

To sustain the status of POLIO free country, we still continue pulse polio campaign.

On 19th June 2022, NSS Unit took active part in Immunization.

Location: MGM Hospital, Kalamboli.

Activity: Pulse Polio Campaign.

Time: 8 am to 5 pm



Beneficiaries:

MALE	FEMALE	TOTAL
56	48	104





MGM HOSPITAL, KALAMI に初期



The program was organized by Dr. Pradeep Sawardekar (NSS Program officer), NSS Assistant Program Officer and other faculty members.

Sr.No.	Name	Designation
1	Dr. Pradeep Sawardekar	Program Officer
2	Dr. Madhavi Mankar	IHS Coordinator
3	Dr.Rupali Gujar	Assistant program officer- Female
4	Mr. Jeevan Urankar	Assistant program officer- Male
5	Ms. Prachi Nangare	Health Inspector
6	Mr. Vikrant Dinkar	Medical Social Worker
7	Mr. Abhijeet Rodpalkar	Clerk

Following are the faculty members involved in the Pulse Polio Campaign:

Note: Also attaching the 104 beneficiaries list of Pulse Polio Campaign.

Thanking you.

ollowing are the faculty members involved in the Pulse Polio Campaign:

Sr.No.	Name	Designation
1	Dr. Pradeep Sawardekar	Program Officer
2	Dr. Madhavi Mankar	IHS Coordinator
3	Dr.Rupali Gujar	Assistant program officer- Female
4	Mr. Jeevan Urankar	Assistant program officer - Male
5	Ms. Prachi Nangare	Health Inspector
6	Mr. Vikrant Dinkar	Medical Social Worker
7	Mr. Abhijeet Rodpalkar	Clerk

Note: Also attaching the 104 beneficiaries list of Pulse Polio Campaign.

Thanking you.

Yours Sincerely,

Que

Dr. Pradeep Sawardekar Program Officer NSS Unit.

MSS Programme Officer MGM Medical College, Kamothe, Navi Mumbai

Dean

MGM Medical College & Hospital Kanlothe, Navi Mumbai 410209

International Yoga Day





MGM MEDICALCOLLEGE Sector-1,Kamothe, Navi Mumbai-410209,India NSS UNIT

TO THE DEAN MGM MEDICAL COLLEGE NAVI MUMBAI

DATE : 18th MAY 2022

SUBJECT :- REPORT OF CONDUCTION OF YOGA SESSION

RESPECTED SIR,

Hereby submitting the report of NSS YOGA SESSION held on 18/05/2022 from 2.30-3.30 pm at MGM Medical College, Kamothe.

Thanking you.

Yours Sincerely

Dr. Pradeep N. Sawardekar NSS SECRETARY & PROGRAM HEAD MGM MEDICAL COLLEGE WSS Programme Officer MGM Medical College, Kamothe, Nevi Muthel

Dean

MGM Medical College & Parrital Kamothe, Navi Munus. 19



MGM Medical College Kamothe, Navi Mumbai, Maharashtra 410209

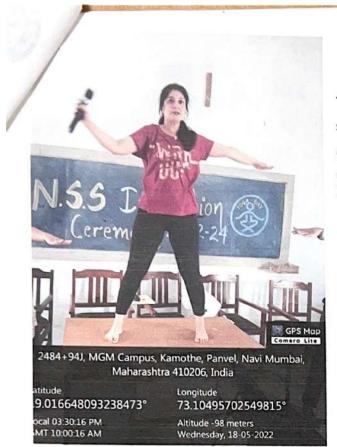


NSS UNIT

In view of letter dated 26th April 2022 sent by GOVT of India Ministry of Youth Affairs & Sports ,Shivaji Stadium ,New Delhi as a part of IDY-2022 NSS UNIT of MGM medical college Navi Mumbai Kamothe , Navi Mumbai with due permission from Dr G.S.Narshetty -DEAN (MGM medical college) on letter dated 6th May 2022 following activities were organised under the guidance of Professional Yoga instructor Mrs Bharti Iyer

- 1. Common yoga protocol practise
- 2. Lecture on yoga by expert
- 3. Yoga workshop
- 4. Yoga Demonstration

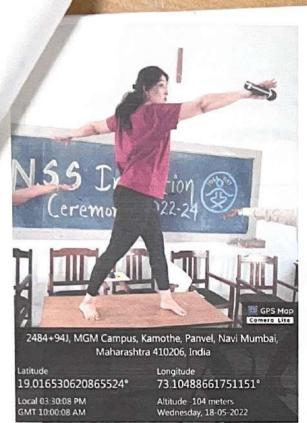
The Yoga session was following NSS induction ceremony, Yoga Session began at 2:30 pm under the guidance of Professional Yoga instructor in boys common room of 4th floor of Mgm medical college .Session was attended by NSS Candidates under the presence of NSS Program Head Dr. Pradeep Sawardekar along with NSS staff



-Mrs Bharti iyer performing Yoga session with due permission from Dean (MGMMC) In view of letter dated 26th april 2022 sent by GOVT OF INDIA MINISTRY OF YOUTH AFFAIRS



-NSS PROGRAM HEAD Dr. Pradeep Sawardekar along with NSS STAFF assisting students in understanding various yoga exercises



• WAIST EXERCISES being performed by yoga instructor

- Improves posture
- Increases flexibility
- Builds muscle strength
- Boosts metabolism
- Increases blood flow
- Keep diseases at bay
- Increases self-esteem.

- NSS volunteers performing Neck movements
- Neck exercises can help you to release tension, tightness, and stiffness. They can reduce pain and increase flexibility. A strong neck can help to prevent neck and cervical spine injuries as well



Latitude 19.0170117° Local 03:06:05 PM

GMT 09 35 OS AN

Longitude 73.1049927° Altitude - 57.8 meters Wednesday, 18.05-2022 NECK RESISTANCE EXERCISES being performed by NSS volunteers



SURYANAMASKAR Being performed by NSS volunteers



NAME	DESIGNATION
Dr Pradeep Sawardekar	NSS PROGRAM HEAD
Dr. Madhavi Mankar	NSS COORDINATOR MGMIHS
Dr Sunila Sanjeev	ASSOCIATE PROFESSOR COMM. MEDICINE
Dr Rupali gujar	F-APO
Dr Jeevan urankar	м-аро
Mr. Abhijit rodpalkar	CLERK
Dr. Hrithik Yadav	INTERN
Dr.Rajasi sabarhwal	INTERN
Dr. Upasana dahiya	INTERN
Mrs. Bharti iyer	YOGA INSTRUCTOR

YOGA ASANA TAUGHT

(WORKSHOP+LECTURE + DEMO SESSIONS)

- 1. Neck exercises
- 2. Eye exercises
- 3. Sukshm vyayam (Hand, leg warm up movements)
- 4. Waist rotation
- 5. Trikonaasan
- 6. Konaasan
- 7. Twisting
- 8. Eagle pose
- 9. Tree pose
- 10. Flying bird pose
- 11. Chakraasan
- 12. Phalakaasan
- 13. Paschimottanaasan
- 14. Bharadwajaasan
- 15. Matsyendraasan
- 16. Tabletop pose
- 17. Bhoonamanaasan
- 18. Simhaasan
- 19. Taalivaadan
- 20. Basic pranayam
- 21. 5 minute guided meditation
- 22. Omkar chants

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έ.

A total of 75 STUDENTS (M-39, F-36) attended the ceremony.

	Male	Female	Total
Students	39	36	75
Faculty	6	5	11

Sincere Thanks to

- Dr. G.S. Narshetty (Dean MGMMC) for granting permission and providing necessary equipment and support for the NSS Yoga Program
- Mrs. Bharti Iyer (Yoga Instructor) for blessing us with her expertise in yoga and enlightening everyone with the benefits and techniques of performing yoga

Interns

1. Dr Hrithik

2. Dr Rajasi

3. Dr upasana

For the successful conduction of the NSS yoga program on 18th MAY 2022 at MGM medical college (Boys common room 4th Floor)

"Yoga is the journey of the self. through the self. to the self." -THE BHAGAVAD GITA SHEKNOWS

Dr. Pradeep N. Sawardekar NSS PROGRAM HEAD MGM MEDICAL COLLEGE NSS Programme Officer MGtt stedical College, Kanacita, Navi Mumbal

Dr. G.S Narshetty Dean & Chancellor MGM Medical College

Dean. M.G.M. Medical College & Hospital Kamothe, Navi Mumbai - 410209



MGM MEDICAL COLLEGE

SECTOR-1, KAMOTHE, NAVI MUMBAI – 410209, INDIA

NSS UNIT AND STUDENT COUNCIL

Τo,

The Dean,

Mgm Medical College

Kamothe ,Navi Mumbai

Respected sir,

Here by submitting the report of celebration of 'International Yoga Day' activity organized by NSS unit and Student council held on 21/06/2022 (Tuesday) at MGM Medical college,4th floor sports room, Kamothe, Navi Mumbai.

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Thanking you,

Yours sincerely,

burn

Dr. Pradeep Sawardekar

Secretary [Student Council]

Program officer [NSS unit]









MGM MEDICAL COLLEGE

SECTOR-1, KAMOTHE, NAVI MUMBAI - 410209, INDIA.

NSS UNIT AND STUDENT COUNCIL CELEBRATES INTERNATIONAL YOGA DAY DATE: 21ST JUNE 2022,TUESDAY TIME : 10 AM – 1 PM PLACE : MGM MEDICAL COLLEGE ,4TH FLOOR SPORTS ROOM , KAMOTHE NAVI MUMBAI

"Yoga is not a work-out it is a work-in, and this is the point of spiritual practice to make us teachable to open up our hearts and focus our awareness so that we can know what we already know and be who we already are."



2022 Theme FOR INTERNATIONAL YOGA DAY : Yoga for humanity

The COVID-19 pandemic has been an unprecedented human tragedy. Beyond its immediate impact on physical health, the COVID-19 pandemic has also exacerbated psychological suffering and mental health problems, including depression and anxiety, as pandemicrelated restrictions were introduced in various forms in many countries. This has highlighted the urgent need to address the mental health dimension of the pandemic, in addition to the physical health aspects.

People around the world embraced yoga to stay healthy and rejuvenated and to fight social isolation and depression during the pandemic. Yoga is also playing a significant role in the psycho-social care and rehabilitation of COVID-19 patients in quarantine and isolation. It is particularly helpful in allaying their fears and anxiety.

In addition to the human suffering, the COVID-19 pandemic has also highlighted several key vulnerabilities of the economic and developmental models of countries around the world. Future prosperity demands that the member states rebuild differently as they recover from the COVID-19 pandemic.

The essence of yoga is balance - not just balance within the body or that between the mind and the body, but also balance in the human relationship with the world. Yoga emphasizes the values of mindfulness, moderation, discipline and perseverance. When applied to communities and societies, Yoga offers a path for sustainable living.

Yoga can be an important instrument in the collective quest of humanity for promoting sustainable lifestyle in harmony with planet Earth. In keeping with this spirit, the theme for this year's Yoga Day celebrations is "Yoga for Humanity."

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The NSS unit and Student council of MGM Medical college, Navi mumbai celebrated International Yoga Day on 21st june 2022 .The programme was conducted in two phases with 1st year MBBS students. The first phase was carried out from 11 am to 12pm and the second phase was from 12pm to 1 pm.

Dr .G.S Narshetty , Dean [MGM Medical College, Navi Mumbai] was the chief guest .

Dr Sameer Kadam [Professor and HOD -General Surgery MGM Medical College ,Navi Mumbai] was guest of honour for the programme .

The programme was organised by the NSS unit and Student council of MGM Medical college, Navi Mumbai under the supervision and guidance of Dr. Pradeep Sawardekar [Secretary - Student Council,Program officer -NSS unit] and Dr Madhavi Mankar [MGM university co-ordinator]

The programme began with a small prayer and lighting of the lamp.

The opening remark was from dean sir regarding the importance of yoga and what changes yoga brings into our life .



Dr Sameer Kadam sir later explained regarding the mental and physical strength one can develop and acquire while doing yoga on a regular basis.



Dr . Pradeep Sawardekar later introducted everyone with yoga coach and trainer – Mrs Bharti Mahesh Iyer and her team members .

Dean sir welcomed mrs bharti iyer with a flower bouqet.



Mrs Bharti lyer is a yoga instructor, coach and trainer who is in the field of yoga since 10yrs.

She is a trained yoga teacher from Patanjali Yogpeeth trust Haridwar.

She is certified yoga volunteer and instructor from Aayush Mantralaya.

She has completed certified pranayama course from the Ashtaang university of Naturopathy



[Mrs Bharti lyer and her team]

The celebration concluded with some breathing techniques and exercises like Pranayams, Anulomaand Viloma, Meditation and Relaxation with Laughter yoga. The students were encouraged to practice regular yoga to remain fit and improve concentration as they showcased a very energetic and spirited performance!

















Sr.No.	Name	Designation
1	Dr. G.S Narshetty	Dean , MGM Medical College Navi Mumbai
2	Dr Sameer Kadam	Professor and HOD – Surgery MGM Medical College ,Navi Mumbai
3	Dr. Pradeep Sawardekar	Program Officer NSS unit Secretary [Student Council]
4	Dr. Prasad Waingankar	Professor & HOD [Community Medicine]
5	Dr. Santosh Gawali	Professor & HOD [Biochemistry]
6	Dr. Madhavi Mankar	NSS MGMIHS Coordinator
7	Dr. Yashoda Kattimani	Associate Professor [Dept of Physiology]
8	Mrs Hitali Mali	Tutor [Dept of Physiology]
9	Mrs . Rupali Gujar	Assistant program officer - female
10	Mr. Jeevan Urankar	Assistant program officer- male
11	Ms. Prachi Nangare	Health Inspector
12	Mr. Vikrant Dinkar	Medical Social Worker
13	Mr. Abhijeet Rodpalkar	Clerk [Community Medicine]
14	Mr ramdas kharche	Health assistant

Following are the faculty members involved in the programme

Following are the NSS Volunteers [students] participated in the activity

Srno	Name of student	Year of studying
1	Manan Gupta	3 RD year MBBS
2	Vinay Gupta	3 RD year MBBS
3	Anusha Hingorani	3 RD year MBBS
4	Romit Unde	3 RD year MBBS
5	Sakshee Wadje	3 RD year MBBS
6	Raj Zalavadia	3 RD year MBBS
7	Kunal Surva	3 RD year MBBS
8	Nipum Basmothar	3 RD year MBBS
9	Tanuja Brave	3 RD year MBBS
10	Swarali Samant	3 RD year MBBS
11	Rajsinh Ghagare	3 RD year MBBS
12	Kowshik Movva	3 RD year MBBS

Following are the students of MGM Medical college who participated in the activity

Sr no	Name of student	Year of studying
1	AGRAWAL KRATI RAJESH	11ST year MBBS
2	AMEENA ABDULMAJID	1ST year MBBS
3	ANGCHEKAR SARVESH SATISH	11ST year MBBS
4	BHARGAVA PARTH	11ST year MBBS
5	BHOJANE VASUNDHARA	11ST year MBBS
6	BOKEY ISHA	1 ^{1ST} year MBBS
7	CHAMANKAR DAANISH	1 ^{1ST} year MBBS
8	CHANASMAWALA SAKINA ABID	1 ^{1ST} year MBBS
9	CHAUDHAR SUCHITRA SANJAY	1 ^{1ST} year MBBS
10	CHAVAN SHREYA	1 ^{1ST} year MBBS
11	CHHEDA HETVI ROHIT	1 ^{1ST} year MBBS
12	DALAL RADHARANI SNEHAL	1 ^{1ST} year MBBS
13	DANGE AKMAL ZAK	1 ^{1ST} year MBBS
14	DAREKAR AARYA	1 ^{1ST} year MBBS
15	DESAI ASLESHA GANARAJ	1 ^{1ST} year MBBS
16	DESALE OM	1 ^{1ST} year MBBS
17	DHAPATE SAMIKSHA	1 ^{1ST} year MBBS
18	DHAR KANISHK	1 ^{1ST} year MBBS
19	DUBE ASTHA PRAVEEN	1 ^{1ST} year MBBS
20	GAIKWAD YASH SHIVAJI	1 ^{1ST} year MBBS
21	GANDHI SIA CHIRAG	1 ^{1ST} year MBBS
22	GHANSHAMNANI NUPUR KAMAL	1 ^{15T} year MBBS
23	GUJAR ISHWARI	1 ^{1ST} year MBBS
24	GUPTA NEHA UMESH	1 ^{1ST} year MBBS
25	JADAV VIDHI CHETAN	1 ^{1ST} year MBBS
26	JAIN VANSHIKA	1 ^{1ST} year MBBS
27	JAISWAL RITIK RAJESH	1 ^{1ST} year MBBS
28	KASHID JEEDNYASA KAMALAKAR	1 ^{1ST} year MBBS
29	KHUDE SHWETA TANAJI	1 ^{1ST} year MBBS
30	KOLEKAR ADITYA ARVIND	1 ^{1ST} year MBBS
30	MANSURI YASAR MOHAMMED SALIM	1 ^{1ST} year MBBS
		1 ^{1ST} year MBBS
32 33	MEHTA MIHIKA ATUL	1 ^{1ST} year MBBS
	MEHTA REVA SUMIT	
34	PATIL RIYA LAXMAN	1 ^{1ST} year MBBS
35	PATIL SAHIL YOGESH	1 ^{1ST} year MBBS
36	PAWAR SHRIYA	1 ^{1ST} year MBBS
37	SANGALE NANDINI	1 ^{1ST} year MBBS
38	SAWANT DIYA SANJAY	1 ^{1ST} year MBBS
39	SAWANT VAISHNAVI	1 ^{1ST} year MBBS
40	SHAH SALONI	1 ^{15T} year MBBS
41	SHAIK SUHANA	1 ^{1ST} year MBBS
42	SHARMA RHEA	1 ^{1ST} year MBBS

43	SHINDE ADITYA SANDIPAN	1 ^{1ST} year MBBS
44	SINGH DISHA SURESH	1 ^{1ST} year MBBS
45	SINGH MITU	1 ^{1ST} year MBBS
46	SINHA SAKSHI RAJIV	1 ^{1ST} year MBBS
47	SURVE RAKSHANDA TALIB	1 ^{1ST} year MBBS
48	TALELE SANIKA NITIN	1 ^{1ST} year MBBS
49	THAKARE PARTH	1 ^{1ST} year MBBS
50	THOKALE SONAL RAJESH	1 ^{1ST} year MBBS
51	YERAM ARCHITA	1 ^{1ST} year MBBS

The programme was a huge success due to the efforts of Dr. Pradeep Sawardekar [Professor –Community Medicine, Secretary - Student Council,Program officer -NSS unit], the

NSS Unit and Student's Council members.

Aun

Dr. Pradeep Sawardekar

Secretary [Student Council]

Program officer [NSS unit]

Dr. G.S Narshetty- Dean

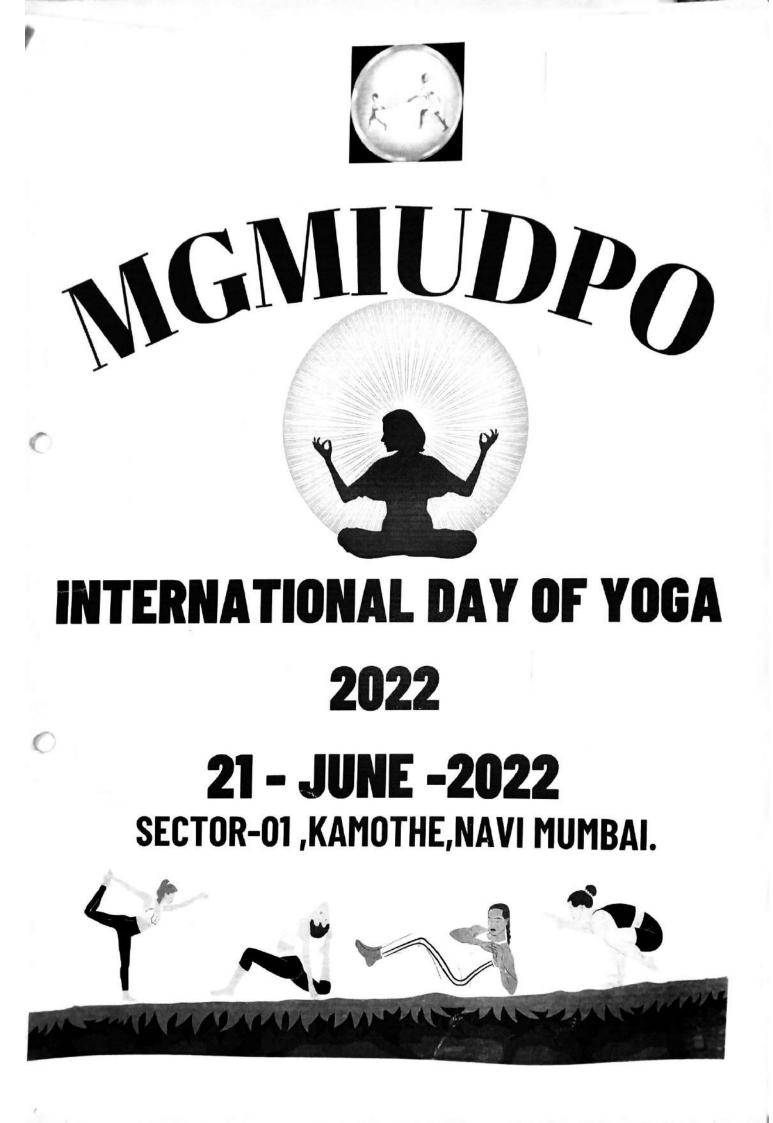
MGM Medical College

Navi Mumbai

NSS Programme Officer MGM Medical College, Kamothe, Navi Mumbai



MGM Medical Callege & Hospital Kamothe, Navi Mumbai-410209





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CIRCULAR

Date: 18/06/2022

CELEBRATION OF INTERNATIONAL YOGA DAY

AGENDA: To celebrate the International Yoga Day – 2022

Dear Students,

As you all are aware that the MGM Institute's University Department of Prosthetics and Orthotics celebrates International Yoga Day every year under NSS unit, the same will be celebrated on Tuesday, 21st June 2022, by a Yoga competition among the students.

Students will be asked to perform various asanas on the spot with its explanations. The three best performance will be awarded by the institute.

Interested candidates are requested to give their name by Monday, 20/06/2022.

Details of the events are as follows:

Theme: "Yoga for well- being"

Date: 21st June 2022.

Time: 2pm to 4.00 PM

Time allotted to each candidate: 5 min.

Venue: Prosthetics and Orthotics Lab.

Dr. Uttara Deshmukh (P&O), Head of Deparment, MGM Institute's University Department of Prosthetics and Orthotics, Kamothe, Navi Mumbai

Dr. Uttara Deshmukh (P & O), H. O. D. In-Charge, MGM Institute's University Department of Prosthetics and Orthotics, Kamothe, Navi Mumbai.



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<u>Report of "International Yoga Day Activity – 2022" under NSS</u>

Name of the event: "Celebration of International Yoga Day – 2022"

Purpose of the event: To celebrate International Yoga Day by spreading awareness about the importance and effects of yoga on the health.

Location of the event: Academic Section, Department of Prosthetics and Orthotics.

Date of the event: 21st June 2022.

Hours spent: 03:00 PM to 04:00 PM

No. of attendees: 23 Students and 07 Faculties

Proceedings of the event:

International Yoga Day is observed on June 21 across the globe every year, to spread awareness about the invaluable benefits of Yoga. Practicing yoga might seem like just stretching, but it can do much more for human body than the way it feel, look and move. It even helps to increase flexibility, muscle strength and body tone. It improves respiration, energy and vitality.

This year MGM Institute's University Department of Prosthetics & Orthotics (MGMIUDPO) celebrated International Yoga Day under NSS Unit by conducting a Yoga competition among students.

The program begun with warm welcome to the participants and attendees by Dr. Uttara Deshmukh (P&O), Principal, MGMIUDPO. She delivered an informative speech about the significance of Suryanamaskar in day to day life by performing the same. This encouraged the students as an ignition.

The event proceeded with the Suryanamaskar performance by Dr. Subhasish Paikray (P&O), Assistance Professor, MGMIUDPO. Faculties took the lead to conduct the competition.

There were 6 participants viz.,

- 1. Mr. Shivam Panday IV Year
- 2. Mr. Rushikesh Rajgude IV Year
- 3. Mr. Siddhesh Mali IV Year
- 4. Ms. Namrata Shinde IV Year
- 5. Mr. Wajid Mandal II Year
- 6. Ms. Divyanshu Ghundiyal I Year

Each participant was asked to perform three *asanas* with its explanations. And score board was maintaining accordingly.

The event ended by and felicitating the winners.

The first prize was received by Mr. Shivam Pandey, second prize was received by Mr. Rushikesh Rajgude and third prize was received by Mr. Wajid Mandal.

The International Yoga Day 2022 was celebrated with full enthusiasm and students enjoyed the event.

Dr. Uttara Deshmukh (P&O) Head of the Department, MGMIUDPO, Kamothe, Navi Mumbai.

Dr. Uttara Deshmukh (P & O), H. O. D. In-Charge, MGM Institute's University Department of Prosthetics and Orthotics, Kamothe, Navi Mumbai.



MGM INSTITUTE'S UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS

(A constituent unit of MGM INSTITUTE OF HEALTH SCIENCES, NAVI MUMBAI)

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Sector-1, Kamothe, Navi Mumbai-410 209 | Tel.: 022-27437829, 27437620 Email: <u>mgmudpo@mgmuhs.com</u> | Website: www.mgmudpo.edu.in

Name of the Activity	: Celebration of International Moga Day-2022
Date	: 21 June 2022
Time	: . 3.00 pm to 4.00 pm
Venue	: Academic Section, Department of prosthetic and
	Ortho

List of Faculty Participated

Sr No.	Name of the Faculty	Signature
1	Dre. Attarea DeShmachh	Alie 202
2	Dr Deepshikha Raut	Treepshiller 106/22
3	Dri. Subhasish prikrauf	y Paul
4	Dri. Simreanfeel yacur manni	Sinconjection
5	Dre. Graeurci panse.	Starry
6	Dr. Ravi Dareda (PRO)	ABazela.
7	Mr. Akash Katareija	thereins

List of Students Participated

Sr No.	Name of the Students		Signature
1 Mi	s'Apelosha Ubhare	11810600017	abhan
2	Shilling Gourg	11810680018	Shikne
3	Shrtal Garkwood	11810600015	Quilat

		11810600014	puis .
4	Rushitsh Poygads	14	Richan
5	Shouf a khan	11819600006	Burb ()
6	Swybhi waghade	11818500019	Mound.
7	wey'd mandal	12010600003	men noyid.
8	abu that b,	11810600022	Abrathallo
9	Namrata Shinde	1710600000	Manneste-
10	Shivam pandey	11810600010	Pandus
п	hilest chorghe	11810600003	Hiten
12	Siddlesh mal	11810680008	Soniali.
13	lalit.	11919600004	Lalle
14	Sneha Sukumor	11810500012	Sunil
15	Gursimuan Kaun Bal.	11810600002	VEL inst
16	lisha Malik	1181000009	Get
17	Suchal Rane	11810600011	Brehurt .
18	Peradruga Gaude.	11818600004	4. Priduge
19	Rohan Dekali	12110600005	Pola
20	Divyanshu Ghundiya.	12110600008	
21	Harda Ansare	12010600001	Hida-
22	Riya Gawade	11910600005	ÊŘ
23	Nikhil Wagh	12010600007	Alucique
24		U F	Cepto
25			
	w tought		
26	eshmich 21/06/2022		
27	Dr. Uttara Destimute in		
28	H. O. D. In-Charge, MGM Institutes II.		
29	MGM Institute's University Departme of Prosthetics and Orthotics,	int	
30	Kamothe, Navi Mumbai.		
31			
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Dr. Uttara Deshmukh (P & O), H. O. D. In-Charge, MGM Institute's University Department of Prosthetics and Orthotics, Kamothe, Navi Mumbai.

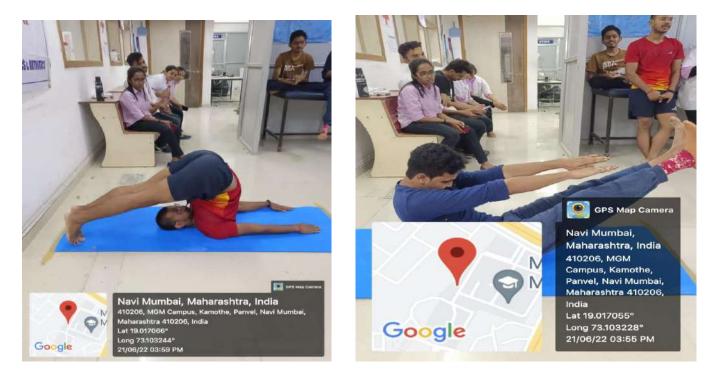
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CELEBRATION OF INTERNATIONAL YOGA DAY-2022 AT MGMIUDPO , DATE- 21-JUNE -2022









MGM INSTITUTE'S UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS (A constituent unit of MGM INSTITUTE OF HEALTH SCIENCES, NAVI MUMBAI)

(Deemed to be University u/s 3 of UGC Act, 1956)

Grade 'A' Accredited by NAAC

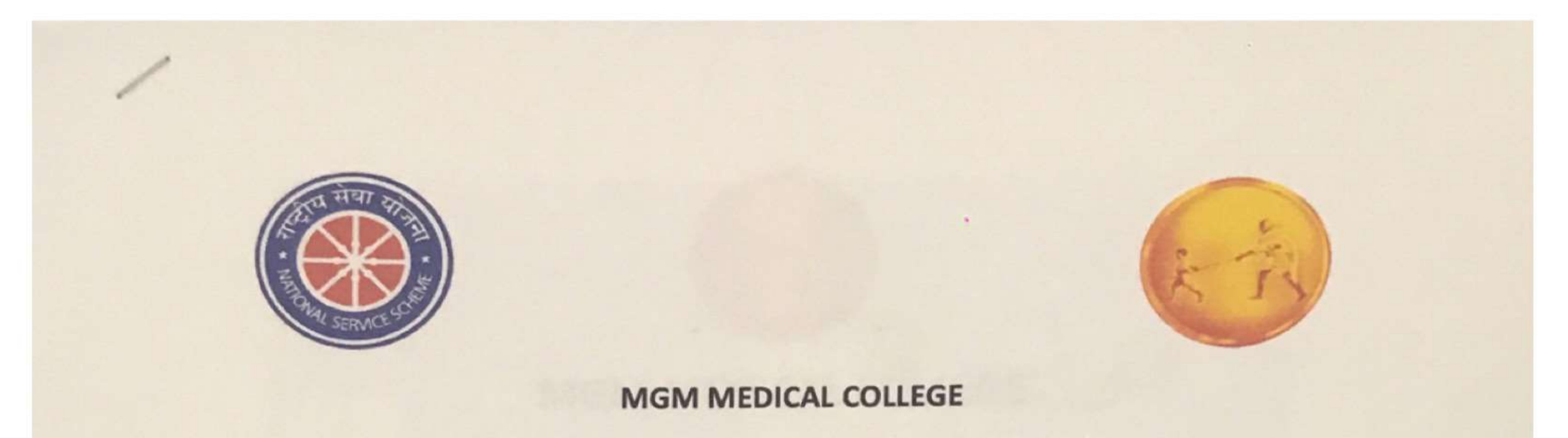
Sector-1, Kamothe, Navi Mumbai-410 209 | Tel.: 022-27437829, 27437620

Email: mgmudpo@mgmuhs.com | Website: www.mgmudpo.edu.in

CELEBRATION OF INTERNATIONAL YOGA DAY-2022 AT MGMIUDPO , DATE- 21- JUNE-2022







Sector-1, Kamothe, Navi Mumbai-410209, India.

STUDENT COUNCIL

To, The Dean, MGM Medical College, Kamothe, Navi Mumbai.

Respected Sir,

Here by submitting the Report of Yoga session conducted on 1st August 2022 (Monday) at MGM Medical College,4th Floor, Sports room, Kamothe, Navi Mumbai.

Thanking you.

Yours Sincerely, que Dr. Pradeep Sawardekar Proparties



MGM MEDICAL COLLEGE

Sector-1, Kamothe, Navi Mumbai-410209, India.

STUDENT COUNCIL

Report of Yoga session conducted on 01/08/2022.

Time: 11:00 am- 1:00 pm 1st batch: 11:00 am - 12:00 pm 2nd batch: 12:05 am – 1:15 pm Place: MGM MEDICAL COLLEGE,4th FLOOR

SPORTS ROOM, KAMOTHE, NAVI MUMBAI.

Mrs. Bharti lyer, coach and her team members took this session. She started the session with warm up exercise, followed by breathing exercise like pranayams, surya namaskar, and relaxation.

Total number of NSS students participated in the activity are - 57

GLIMPSES OF THE SESSION





Following are the faculty members involved in the Programme:

Sr. Name Designation

No.		
1	Dr. Pradeep Sawardekar	Program officer NSS unit Secretary(student Council)
2	Ms. Prachi Nangare	Health Inspector
3	Mr. Abhijeet Rodpalkar	Clerk
4	Mr. Ramdas Kachare	Health assistant
5	Mr. Vikrant Dinkar	MSW
6	Mr. Sanjay Singh	Intern
The ne	ext session is arranged on 19/09	/2022



MGM Institute of Health Sciences

(Deemed University u/s 3 of UGC Act, 1956) Grade 'A' Accredited by NAAC

MGM School of Physiotherapy

N-6 CIDCO, Aurangabad-431003

Tel No. 0240-6482000, (Ext. 2912/2913), E-mail: mgmsop@themgmgroup.com

Ref.No. MGM/SOP/2022/33

Date: 20/06/2022

Notice

This is to inform all the NSS volunteers, students and faculties that we are organizing National Service Scheme activity on the occasion of International Yoga Day on 21st June 2022. Everyone is requested to attend the session.

Time: 7:00 AM -8:00 AM

Venue: MGM JNEC Ground, Aurangabad.

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Principal Director MGM School of Physiotherapy Aurangabad

	MGM SCHOOL OF PHYSIOTHERAPY	Doc No.	DC/MGMSOP/ AER/IQAC/00
	AURANGABAD	Issue No.	1
	Academic Event Report	Rev. No.	
	Conferences/ Seminars/Workshop/CME/Quiz/	Date	14/03/2022
	Debate/ Guest Lecture/Extension activity etc	Page	Page 1 of 2

No	Points for Report		
1	Name & Level of Event - College		
'Mi	ssing Link Between Yoga and Life' -A Yoga Session		
	Background/Introduction - Need/ reasons for holding the program. Name of Association		
2	/Collaborations etc.		
This	National service schemeactivity was organized on the occasion of International Yoga Day for NSS		
	unteers, students, faculties by taking into consideration the need to improve concentration and		
	ure, Reduce conflict and Increase self-esteem		
3	Venue -		
	MGM JNEC Ground, Aurangabad		
4	Sponsors - Name & Details		
	Inauguration - Including the details of Chief Guest, Guest(S) of Honor, List of speeches given,		
5	compared by etc		
6	Speakers/ Judges/ Chairman/Panel Team –		
	Gangaprasad Kharat		
	HOD Departement of Yog Science		
	MGM University, MGM Campus		
	N-6 Cidco Aurangabad		



	MGM SCHOOL OF PHYSIOTHERAPY	Doc No.	DC/MGMSOP/ AER/IQAC/00
E 2	AURANGABAD	Issue No.	1
La Ti	Academic Event Report	Rev. No.	
	Conferences/ Seminars/CME/Quiz/ Debate/	Date	14/03/2022
	Guest Lecture etc	Page	Page 2 of 2

7 Participants & Delegates - No. of participants & delegates/teams with their names.

84 participants (Including NSS Volunteers, Students, Faculties)

8 Prize Distribution etc - Brief Summary of the Proceeding.

Valedictory Ceremony - Brief of the proceeding including chief guest etc. and who conducted it.

Vote of thanks was delivered by NSS Volunteer

10 Highlights of the Event - Brief about the main highlight(s) of the event.

- 1. This venture added confidence of participants and they learned the methods of overcoming the depression
- 2. They felt more confident about their personality and knew how to carry oneself confidently
- 3. They had positive effects on mind
- 4. All participants actively participated

Report Prepared on: 24th June-2022

Report Prepared by-Dr Krishna B. Gawande (PT)

Designation/ Dept- Assistant Professor

9

NSS Program Officer

Sol of F Aurangel GM

incipal/ HOD

Director MGM School of Physiotherapy Aurangabad



MGM's School of Physiotherapy, Aurangabad INTERNATIONAL YOGA DAY

DATE:- 21/06/2022

	Attendance sheet			
Sr. No.	Name of NSS Volunteers	Sign		
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3	Tihani Prasade.	(Jan)		
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MGM's School of Physiotherapy, Aurangabad INTERNATIONAL YOGA DAY

DATE:- 21/06/2022

Sr. No. Name of the Participation Street			
1	Name of the Participants	Sign	
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7	D. John Chelladurai	Qn z	
8	Dr. Ayushi Jam	Ares	
9	Dr. Sankrouti nahelik	Haller.	
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11	KRISHMA SHIVATI BHALERAD	Kugh	
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20	Shivani Biyani	Chinary -	
21	Vaidehi Rhawsar	Brawsey	
22	Khushi Bharulea		
23	Nidhe Vised Patel	Bhasuleg	
24	Javeria Shaikh	Qí tị	
25	Isha Solanki	JS.	
26	Janvi Gupta		
27	Dhanashree Chavan	Jauna.	
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MGM's School of Physiotherapy, Aurangabad INTERNATIONAL YOGA DAY

DATE:- 21/06/2022

Attend	lance	sheet
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Sr. No.	Name of Faculties	Sign
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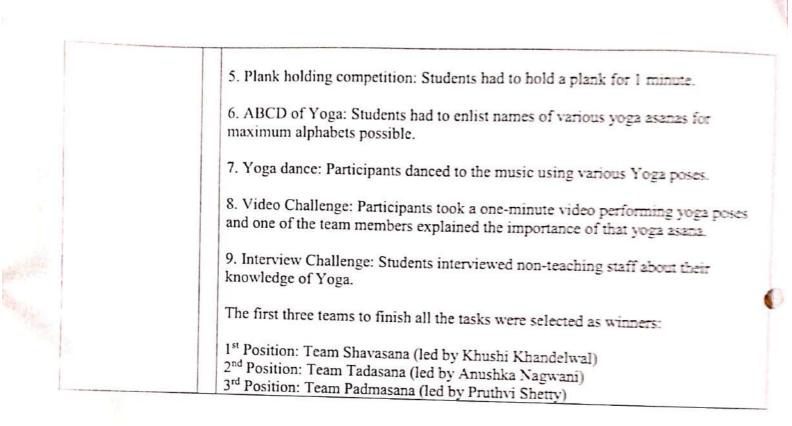
MGM INSTITUTE OF HEALTH SCIENCES (Deemed to be University u/s 3 of UGC Act, 1956) Grade 'A' Accredited by NAAC MGM SCHOOL OF PHYSIOTHERAPY Sector-1, Kamothe, Navi Mumbai – 410209

International Yoga Day 2022

Date: 18.06.2022

Preamble	: International Yoga Day is celebrated every year on the 21 st of June, to create awareness about Yoga. The theme for International Yoga day, 2022 was "Yoga for Humanity".
Objective	: -To spread awareness about Yoga
	-To encourage students to practice Yoga for healthy living.
Event	: International Yoga Day
Time and Date	: 11.00 am to 1.00 pm, 18th June 2022
Organized by	: NSS Unit of MGM School of Physiotherapy, Navi Mumbai
Participants	: Bachelor of Physiotherapy students, faculty, and non-teaching staff.
Event Coordinator	: Dr. Ruturaj Shete (PT), Dr. Aarohi Joshi (PT)
Venue	: MGM School of Physiotherapy, MGM Institute of Health Sciences, Navi Mumbai
Summary	: On the occasion of International Yoga day, students were engaged in a fun-filled competitive activity. Ten teams comprising 10-12 students in each team participated in different tasks related to Yoga. Following were the tasks:
	1. Squid game: The participants were shown green light when they had to move toward the goal. Whereas, when the red light was shown, they had to stop and sustain any Yoga pose for 1 minute.
	2. Spin wheel: The group leader was asked to spin the wheel. The Yoga pose that was present next to the spin wheel arrow was demonstrated by the team members.
	3. Tadasana challenge: All the group members performed Tadasana for 1 minute.
	4. Motivation Challenge: Students explained the importance of yoga and encouraged faculty and non-teaching staff to perform various yoga poses. Pictures were clicked in yoga poses as a part of their competition.









Participants in Hold the pose challenge performing Tadasana.



Spin the wheel Challenge: Team performing the yoga pose.



Team leaders with their teams

Dr. Aarohi Joshi (PT) NSS Assistant Program Officer MGM School of Physiotherapy, Navi Mumbai



NSS Program Officer MGM School of Physiotherapy, Navi Mumbai

Dr. Shrutika Parab (PT) IQAC coordinator MGM School of Physiotherapy, Navi Mumbai

Dr. Rajani Mullerpatan Professor-Director MGM School of Physiotherapy, Navi Mumbai





Events name: INTERNATIONAL YOGA DAY

Date and time: 21st June 2022; 6am to 8 pm

Location: Marine Drive, Kilachand Chowk, Opp. Pizza by The Bay, Church Gate.

SR NO	EVENT TITLE AND VENUE DETAIL	PROGRAM CO ORDINATOR (TEAM MEMBER NAME)	TOTAL NUMBER OF PARTICIPANTS
1	WORLD YOGA DAY; Marine Drive, Kilachand Chowk, Opp. Pizza by The Bay, Church Gate.	Dr. Mansee Thakur Mrs. Anamika Chalwadi Mr. Subodh Rahate Ms. Neelam Yeram	50



WORLD YOGA DAY was celebrated on 21st June 2022 at marine drive, Mumbai by MGM School of Medical Science along with teachers student also practised yoga under the guidance of yoga instructor from Heartfulness Institute at early morning 6 am.

REPORT PREPARED BY:

Mrs. Anamika Chalwadi NSS Program Officer (MGM SBS)



Dr. Mansee Thakur

Director, MGM SBS

Director MGM School of Biomedical Science Kamothe, Navi Mumbai

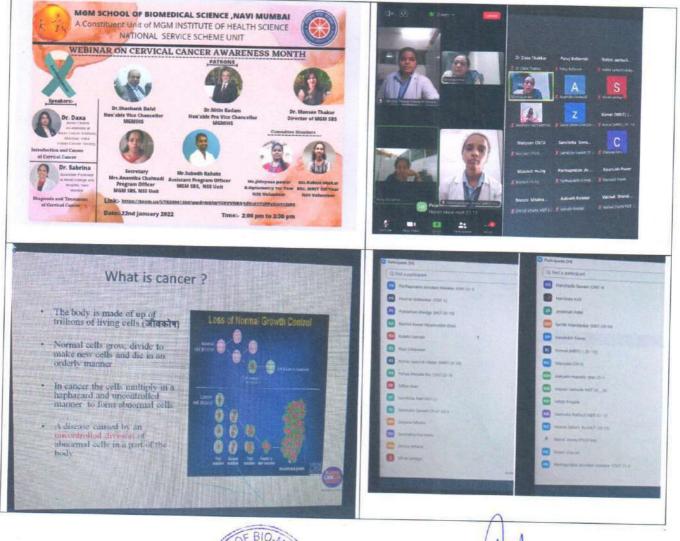


EVENT NAME-WEBINAR ON CERVICAL CANCER AWARENESS MONTH.

DATE&TIME-22nd January 2022.

LOCATION-MGM SCHOOL OF BIOMEDICAL SCIENCE.

Sr.No	Event Title & Venue Details	Program Coordinator (Team Member Name)	Total No. of Participants
1	Webinar on CERVICAL CANCER Awareness Month; MGM School of Biomedical Science, Navi Mumbai.	Dr. Mansee Thakur, MrsAnamika Chalwadi Mr. Subodh Rahate Ms. Jidnyasa Pawar Ms. Rohini Utekar	78





Who r Director

MGM School of Biomedical Science Kamothe, Navi Mumbai



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MGM NEW BOMBAY COLLEGE OF NURSING

5th Floor, MGM Educational Campus, Plot No. 1& 2, Sector-1 Kamothe, Navi Mumbai – 410 209.

Report of Activity

Date: 13/05/2022 to 20/05/2022Duration: One weekName of the activity: Training session on common Yoga ProtocolOrganizing Institute: MGM New Bombay College of Nursing, Kamothe.Collaborating agency: PrivateNo of Teachers Participated: 2No of Students Participated: 30

Brief of the Activity

On occasion of International Yoga Day 21.06.2022 MGM New Bombay College of Nursing has organized one-week yoga session for Undergraduate and Post Graduate Nursing students to raise awareness on benefits of Yoga in daily life.

An introduction on **Common Yoga Protocol** was delivered by *Mr. Girish Nehete* a certified Yoga trainer. He also demonstrated different yoga Asana (standing posture, supine posture, prone and seating postures) and pranayama along with meditation. He has shared the PDF on general Yoga protocol initiated by Ministry of AYUSH.

The students practiced the demonstrated Yoga Asana for a week from 13.05.2022 to 20.05.2022 for one hour.

The session was very informative and motivating for the students.

Annexure:

- 1. List of students participated : Yes
- 2. List of Teachers Participated : Yes
- 3. Photos

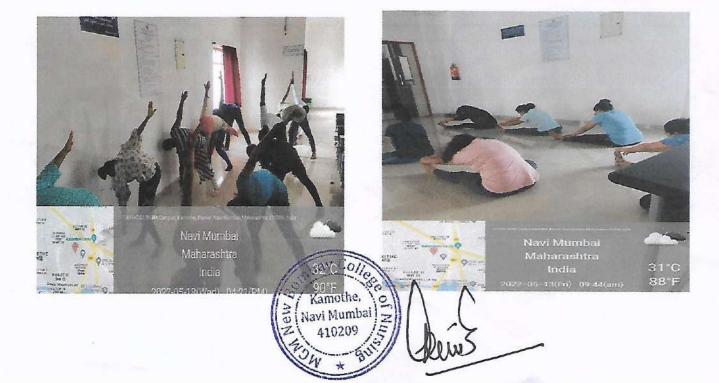
Signature of Organizer Date:

: Yes Kamothe Navi Mumba

Signature of Director









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MGM NEW BOMBAY COLLEGE OF NURSING

5th Floor, MGM Educational Campus, Plot No. 1& 2, Sector-1 Kamothe, Navi Mumbai – 410 209.

Ref.No:- MGMNBCON74/06/2022

Date: 09/06/2022

CIRCULAR

On the occasion of International Yoga Day: Theme - "Yoga for Humanity" dated 21.06.2022, MGM New Bombay College of Nursing will be organizing following activities for UG & PG students in the First year B.Sc. Nursing classroom, on the 4th floor at 9.30 am. All the Students and faculties are invited to attend the programme.

1) Yoga Session

2) Competition on Yoga Assana and postures.

Signature of Organizer

amoli Signature of Director



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MGM NEW BOMBAY COLLEGE OF NURSING

5th Floor, MGM Educational Campus, Plot No. 1& 2, Sector-1 Kamothe, Navi Mumbai – 410 209.

Ref.No:- MGMNBCONAA/06/2022

Date: 09/06/2022

International Yoga Day Celebration (Academic Year 2021-22) Activity Plan

Theme: "Yoga for Humanity"

Venue : First Year B.Sc. Nursing Classroom, 4th Floor, MGMNBCON

Date: 21.06.2022

Time: From 9.30 am

Name of the organizing faculty:

Students Participating:

All UG & PG students

Mrs. Sanjukta Mohanty

Schedule of activities

S.No	Time	Activity
1	9.30 am to 10.30 am	 Yoga Competition on the theme 1) Suryanamskar 2) Yoga Assan for Healthy Respiratory System 3) Yoga Assan for Healthy female reproductive System
2	10.30 am onwards	Live session on Yoga Day by imminent speakers Dr. Sonali Banerjee

Signature of Organizer





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MGM NEW BOMBAY COLLEGE OF NURSING

5th Floor, MGM Educational Campus, Plot No. 1& 2, Sector-1, Kamothe, Navi Mumbai – 410 209.

Yoga Day Report

Date-21/06/2022

Time-9.30pm- 12.30pm Duration: 3 hrs.

Activity-1) Yoga competition .

2) A session on importance of yoga

Venue: Fourth floor First year class room of MGM New Bombay College of Nursing, Kamothe.

Name of the Organizing Faculty: Mrs. Sanjukta Mohanty.

Students Organizing: Student council

Students Participating: All UG and PG students.

Brief of the World: International yoga day

MGM New Bombay College of Nursing has observed International Yoga Day on 21/06/2022. The theme for Day is, '**Yoga for Humanity**.' All UG and PG students has performed yoga assanas and postures in yoga day competition followed by a session on importance of yoga by the eminent speaker Dr Sonali Banergee in the session madam told about Importants of yoga and showed demonstration on pranayam and omkar. Yoga day competition based on the theme suryanamaskar, assans for healthy respiratory system and female reproductive system. There are large number of students participated in that competition and dr sonali madam evaluate the competition and shortlist the winners list for appreciation. Students also projected various Posters with slogans to aware about the day and was ended by thanking the speaker and audiences.

Annexure:

- 1. Photos : Yes
- 2. Attendances: yes



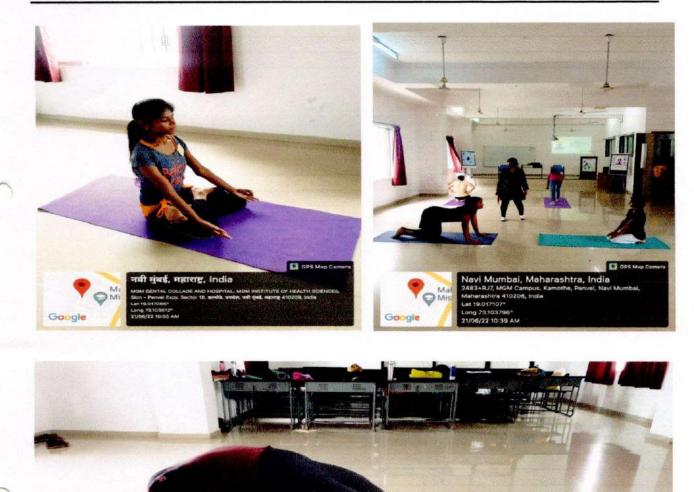


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MGM DENTAL COLLAGE AND HOSPITAL, MGM INSTITUTE OF HEALTH SCIENCES, Sion - Panvel Expy, Sector 18, कामोठे. पनवेल, नवी मुंबई. महाराष्ट्र 410209, India Lat 19.0171° Long 73.103513° 21/06/22 10:55 AM

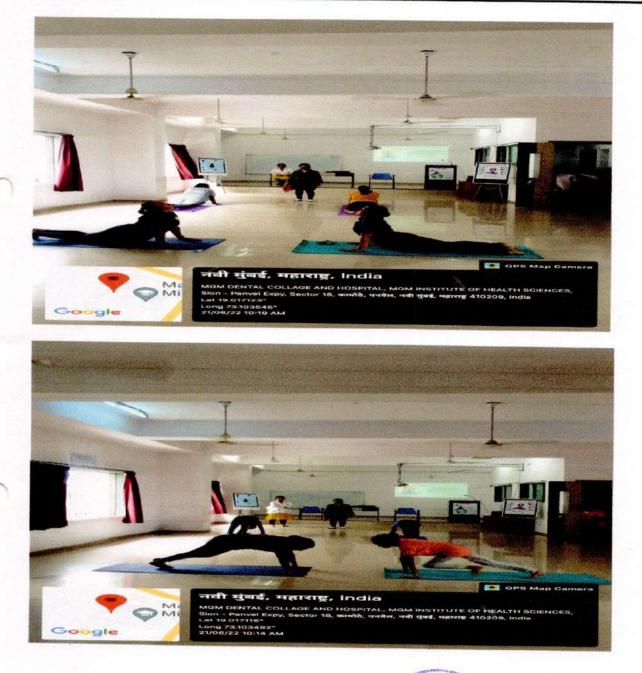
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Signature of Director



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MGM NEW BOMBAY COLLEGE OF NURSING

5th Floor, MGM Educational Campus, Plot No. 1& 2, Sector-1 Kamothe, Navi Mumbai – 410 209.

Attendance Sheet

Date: 91/6/22

Name of the Programme: INTERNATIONAL YOGA DAY COMPETITION Venue: 4th FLOOR 1st Year class room.

Sr. No.	Name	Designation	Signature
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MGM NEW BOMBAY COLLEGE OF NURSING

5th Floor, MGM Educational Campus, Plot No. 1& 2, Sector-1 Kamothe, Navi Mumbai – 410 209.

Attendance Sheet

Date: 21/6/2022

Sr. No.	Name	Designation	Signature
1	Anushka Santosh Kolthankan	3rd Da al	Bithankow
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3	Shout Laxman Talekar		Alalkal
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5	Sanskouti R. Gompatil	30040 BSCN.	
6	Bhagyalekehm, Ajit	3" year BSC N	Borne
7	Vaibhais Mhatre	3rd years BSIN.	Ombohr
	Namraber Parchase	2nd 43. P.B	(Buchore.
8	Sayali Acharekar	2 yr P. B Bsc	
9	Rutuja Ganachanya	ore	Banachan
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14	Ms. Mahima Yadav	2nd the mat	amerte
15	My. Swel Alward	H Ma	æ
16	Mr. Athany M. Wglimby	AMMS. Jot BSC	2007-
17	Ms Alshulauja Afonon	3"BSC'N	RI
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MGM NEW BOMBAY COLLEGE OF NURSING

5th Floor, MGM Educational Campus, Plot No. 1& 2, Sector-1 Kamothe, Navi Mumbai – 410 209.

Attendance Sheet

Date: 21/6/2022

Name of the Programme: YOGA DAY COMPETITION Venue: 4th Floor 1st year class room

Sr. No.	Name	Designation	Signature
1	Bhavika Patil	1st yr BSC (N)	BARLEY
2	Akhilu Sebastian	Istyr BSC (W)	Aller.
3	Akila Uthaman	0	
4	Nandana P.		
5	Sheha Toxoph	1st Y+ Bsc(N)	RR
6	Chrustina Jore	Jet yr BSCIN	A
7	Vanessa thomas	2ndyrBsch)	The.
8	Maluika Nair	2nd grBsc(N)	allis
9	Bandra Deepak	2ndyr Bsch)	HAT
10	Dona Joseph	2nd yr Bs (N)	B
11	Shivani Verma	2nd Jr BSI(N) 2nd Yr Bse(N)	Ship
12	Vaishnavi Janaedan Bhoir	2nd Yor Bee (N)	Ahore
13	Bhavana Shankar Navale	2nd yr Bx (N) 2nd yr BSC (K)	Marcale
14	Neha · c · patil.	2 YY BSC(KI)	Plat
15	Kajal Grupta	2"dy's BS((N)	Kadel
16	Sakshi pokhazkaz	2nd 48 BSC(N)	Rende
17	Harshala mbapankar.	2 ndyr BSC (N)	ALA
18	Dixsha S. Patil	2" yrBS(N	D.S.Pat
19	Rinu Elizabeth Vasughere	2nd yr BS(N)	Robu
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	Christy Bhajes.	2nd yr BSC(N)	atty
22	Deepti Bharsat	3 40 BSC (N)	the '
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21/6/22



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MGM NEW BOMBAY COLLEGE OF NURSING

5th Floor, MGM Educational Campus, Plot No. 1& 2, Sector-1 Kamothe, Navi Mumbai – 410 209.

YOGA COMPETITION EVALUATION FORM

CODE NO	STEPS TO DO	MARK	TOTAL
	✓ Completion of steps	5	
	✓ Coordination to breath	5	
	✓ Smoothness of position	5	
_	✓ Holding the position	5	
	✓ Knowledge about the asana	5	
	✓ Completion of steps	5	
	✓ Coordination to breath	5	
	✓ Smoothness of position	5	
	✓ Holding the position	5	
	✓ Knowledge about the asana	5	
	✓ Completion of steps	5	
	✓ Coordination to breath	5	
	✓ Smoothness of position	5	
	✓ Holding the position	5	
	\checkmark Knowledge about the asana	5	
	✓ Completion of steps	5	
	✓ Coordination to breath	5	
	✓ Smoothness of position	5	
	✓ Holding the position	5	
	✓ Knowledge about the asana	5	

Signature of Evaluator with Date

Kamothe a



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MGM NEW BOMBAY COLLEGE OF NURSING

5th Floor, MGM Educational Campus, Plot No. 1& 2, Sector-1 Kamothe, Navi Mumbai – 410 209.

Ref.No:- MGMNBCON/ /06/2022

Date: 03/06/2022

CIRCULAR

On the occasion of **World Environment Day: Theme - "Only One Earth"** dated 06.06.2022. I year M.Sc. Nursing students have organized awareness campaign programme which include posters and video presentations along with First & Second year B.Sc. Nursing Students at MGM Medical College Hospital, Kamothe from 10.30 am to 12.30 pm. All the concerned Students should participate in the programme. All faculties are invited to attend the programme.

fature of Organizer



2022

Signature of Director PROFESSOR & DIRECTOR MGM New Bornbay College of Nursing Kamothe, Navi Mumbai - 410209

Cervical Cancer Awareness Month

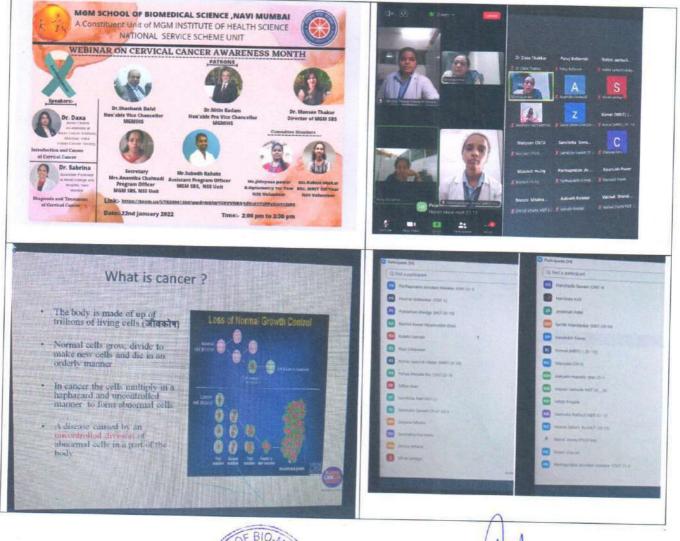


EVENT NAME-WEBINAR ON CERVICAL CANCER AWARENESS MONTH.

DATE&TIME-22nd January 2022.

LOCATION-MGM SCHOOL OF BIOMEDICAL SCIENCE.

Sr.No	Event Title & Venue Details	Program Coordinator (Team Member Name)	Total No. of Participants
1	Webinar on CERVICAL CANCER Awareness Month; MGM School of Biomedical Science, Navi Mumbai.	Dr. Mansee Thakur, MrsAnamika Chalwadi Mr. Subodh Rahate Ms. Jidnyasa Pawar Ms. Rohini Utekar	78





Who r Director

MGM School of Biomedical Science Kamothe, Navi Mumbai WEBINAR ON CERVICAL CANCER AWARENESS MONTH was conducted on 22ND January 2022 by MGM SBS National Service Scheme (NSS UNIT) which was attended by total 78 student. Conference was about Creating awareness about Cervical cancer by solving myths, telling Symptoms, diagnosis and treatment of it. There were 2 Speakers which were Dr. Daxa (Indian Cancer Society) and Dr. Sabrina (Gyanc – MGM College & Hospital). They also solved queries of students.

Report Prepared by-: NSS P.O. Mrs. Anamika Chalwadi

Contact details: SBS MGM



MGM School of Blamedical Science Kamothe, Navi Mumbai National Doctor Day



MGM MEDICAL COLLEGE



SECTOR-1, KAMOTHE, NAVI MUMBAI – 410209, INDIA

NSS UNIT

To,

The Dean,

Mgm Medical College

Kamothe ,Navi Mumbai

Respected sir,

Here by submitting the report of Felicitation of "COVID Warriors" on occasion of National Doctor's day organized by NSS unit and Student council held on 1/07/2022 (Friday) at Mgm Medical college, Kamothe.

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Thanking you,

Yours sincerely,

purun Dr. Pradeep Sawardekar Professor [Community Medicine] Secretary [Student Council] Program officer [NSS unit]

Programme Officer Secretary M Medical Cullege, Kamothe, Navi Mumb moline, No

Dean MGM Medical College & Hospital Kamothe, Navi Mumbai-410209





SECTOR-1, KAMOTHE, NAVI MUMBAI - 410209, INDIA.

Felicitation of "COVID Warriors"

A programme organized by the

NSS Unit

Student Council

DATE: 1ST JULY 2022, FRIDAY .

Occasion – National Doctor's Day

Venue: Auditorium (MGM Medical College, Navi Mumbai)

<u>''Corona warriors are the sleep-deprived heroes which</u> <u>includes doctors, nurses, medical cleaners, pathologists,</u> <u>paramedics, ambulance drivers, and health-care</u> <u>administrators. In the fight against coronavirus, the brave</u> <u>medical army stands strong with thermometers,</u> <u>stethoscopes, and ventilators as their weapons. Not to</u> <u>forget, medical researchers are working day in and night</u> <u>out against all odds, hoping to find the antidote to the</u> <u>disease.''</u>

National Doctor's Day on July 1



When the world is struggling to survive a pandemic, there is probably no better time to remember the 'national doctor' whose story is a mix of hard work, talent, success despite racial discrimination, love for his homeland and an unmatched dedication towards his profession. India celebrates July 1 as 'National Doctor's Day' commemorating the iconic and internationally renowned medical practitioner, Dr Bidhan Chandra Roy who served as a physician, a freedom fighter, an educationist and a politician.

Who was Dr Bidhan Chandra Roy

Roy was born in Patna Bengal Presidency, British India, in 1882. He first did a graduation in Mathematics following which he studied medicine at the University of Calcutta. Aiming higher he went to England to join the prestigious St Bartholomew's Hospital in London but was initially denied admission as he came from the Asian continent. Nonetheless, after 30 attempts, his admission was finally approved. The man who was initially denied admission to the leading London institute went on to become a Member of the Royal College of Physicians (MRCP) and a Fellow of the Royal College of Surgeons (FRCS), after his post graduation in 1911. It was a feat unheard of.

Dr Roy was still pursuing medicine in Calcutta when the partition of Bengal was announced. Resisting the urge to join the movement, the young doctor is said to have focus on his studies hoping to contribute through mastering his profession.

Following his return from London, Dr Roy joined the Independence movement, went on to teach medicine at his alma mater, where he eventually became the Vice-Chancellor. He joined politics in 1925 and served as the second chief minister of West Bengal (1948-62).

Dr Roy was known to be one of Mahatma Gandhi's personal physicians and a good friend. The tall doctor was also know to be the medical counsel of former Prime Minister Jawaharlal Nehru.

India honoured Dr Roy with a Bharat Ratna in 1961. Dr Roy passed away on his 80th birthday on July 1, 1962. He donated his home to be converted into a nursing home named after his mother Aghorkamini Devi, who was an ardent Brahmo Samaji and a dedicated social worker.

The British Medical Journal, in its obituary of Roy, called him the "first medical consultant in the subcontinent of India, who towered over his contemporaries in several fields". It also said, "... at his professional zenith he may have had the largest consulting practice in the world, news of his visit to a city or even railway station bringing forth hordes of would-be patients."

4

MGM Medical College and Hospital, Navi Mumbai appreciated the efforts taken by the COVID Warriors including medical, nursing, paramedical, biomedical, hospital management, transportation department, security department for their significant contribution in health care delivery of patients. As a token of appreciation, the College felicitated them for their extra-ordinary work.

The programme was organised by the NSS unit and Student council of MGM Medical college, Navi Mumbai under the supervision of Dr. Pradeep Sawardekar [Professor –Community Medicine, Secretary -Student Council, Program officer -NSS unit]

Honourable Dean sir - Dr G. S. Narshetty took the task of hosting the event and made sure that each and every corona warrior of each department gets felicitated .



The presence of Honourable

Dr. Shashank D. Dalvi (Vice - Chancellor MGMIMS)

Dr. (Lt.Gen) K.R. Salgotra (Medical Superintendent, MGM hospital Kamothe)

Dr. Rajesh Goel , (Registrar MGM Medical college, Navi Mumbai)

made the event special .

Dr. Shashank D. Dalvi (Vice – Chancellor MGMIMS)

Dr. (Lt.Gen) K.R. Salgotra (Medical Superintendent ,MGM hospital Kamothe)



The function began with a small prayer and lighting of the lamp.

The starting of the event was marked with the presence and felicitation of the covid task force team's Head

Dr. Jaishree Ghanekar (Professor & HOD, General Medicine)

- Dr. Vijay Kamale (Professor & HOD, Paediatrics)
- Dr. D.B. Bhusare (Prof. & HOD Emergency Medicine)
- Dr. Pradeep Potdar(Prof. & HOD Respiratory Medicine)
- Dr. Gogena (Ex. Professor & HOD, Anaesthesiology)
- Dr. Mansi Thakur (Incharge SBS)



The covid task force team's Head shared their experiences of the covid time and their work management during the pandemic.

After this each corona warrior of each department of the medical , nursing , paramedical , biomedical , hospital management was felicitated

Covid task force team's Head



Dr. Jaishree Ghanekar (Professor & HOD, General Medicine)

Dr. Pradeep Potdar(Prof. & HOD Respiratory Medicine)



Covid task force team's Head

Dr. D.B. Bhusare (Prof. & HOD Emergency Medicine)



Dr. Vijay Kamale (Professor & HOD, Paediatrics)



Covid task force team's Head

Dr. Gogena (Ex. Professor & HOD, Anaesthesiology)



Dr. Mansi Thakur (Incharge SBS)



DEPARTMENT OF GENERAL MEDICINE

Dr. Sandeep Rai [PROFESSOR]

Dr.Mitesh Thakkar [PROFESSOR]



Dr. Aditya Nayak [Assistant Professor]



DEPARTMENT OF GENERAL MEDICINE

Residents

Dr. Prashant Kaushik



Dr Abhishek jha



DEPARTMENT OF GENERAL MEDICINE

Residents

Dr Awaiz farroqui



Dr. Khapre Rohit Yashwant



Department of Psychiatry

Dr. Darpan Kaur [Professor]



Dr. Shubhangi Dere [Assistant Professor]



Department of Emergency Medicine



Dr. Sagar Sinha [ASSOCIATE PROFESSOR]

Dr. Mayank Dhir [ASSISTANT PROFESSOR]



Department of Emergency Medicine

Residents

Dr. Sibjathullah G.K [Resident]



Dr Varun S [resident]



Dr Sindhu Kode [resident]



Department of Paediatrics



Dr Nikhilesh [resident]

Dr. Khan Mohd Nazmuddin [resident]

- Dr. Akshai B. [resident]
- Dr. Tuhin S resident]



Department of Anaesthesiology



Dr. Vishwas Sathe [Professor]

Dr. Ankita Joshi [Assistant professor]



DEPARTMENT OF RADIOLOGY

Dr Pranjal Sharma [resident]



Dr Ojaswi K [resident]



Dr Suresh Kumar [Radio safety officer]



DEPARTMENT OF COMMUNITY MEDICINE



Dr. Prasad Waingankar [PROFESSOR AND HOD]

Dr. Mrunal Pimparkar [PROFESSOR]



Dr. Pradeep Sawardekar [PROFESSOR]



DEPARTMENT OF COMMUNITY MEDICINE

Dr. Madhavi Mankar [ASSOCIATE PROFESSOR]



Dr. Sunila Sanjeev [ASSOCIATE PROFESSOR]



Dr. Ashlesha Tawade [Assistant Professor]



DEPARTMENT OF COMMUNITY MEDICINE



Dr. Noopur Kulkarni [Assistant Professor Epidemiologist]

DR SAYLI [Tutor]



DEPARTMENT OF COMMUNITY MEDICINE

MR VIKRANT D



MISS PRACHI N



MISS VINEETA S



RESIDENT [Geriatrics]



Dr. Prakash Mane [Assistant professor] Anatomy



Department of Traumatology

Dr. Vishaka Malhotra [resident]



Dr. Siraj H. [resident]



DEPARTMENT OF RESPIRATORY MEDICINE



Dr. Shreeja Nair [ASSOCIATE PROFESSOR]

RESIDENT



DEPARTMENT OF DERMATOLOGY

Dr. Shylaja S [PROFESSOR AND HOD]



Dr.Surina Nair [RESIDENT]



Department of Pathology

Dr. Shilpi Sahu [PROFESSOR AND HOD]



Dr. Hoogar M.B. [Associate professor]



Dr. Shilpi Sahu [PROFESSOR AND HOD] of pathology department payed her deepest condolences to Professor Dr. Patro [professor -Department of ImmunoHaematology & Blood Transfusion] sad demise during the pandemic.

MGM Institute is grateful to Dr Patro for his selfless contribution in the field of healthcare and appreciate his commitment which he held until the end of his life .



Department of Microbiology



Dr. S.A. Samant [associate professor]

Dr. Harapriya Kar [associate professor]



Department of biochemistry

Dr. Z.G. Badade [professor]



Dr. Parineeta Samant [professor]



Medical Social Worker's team

The medical social worker team played a very important and crucial role during the pandemic . They were the primary interface between the hospital and the patient's relatives.

Their work was appreciated and the team was feliciated by honourable vice chancellor sir

The Medical Social Worker's team -

Mr. Eknath Bagul Mrs. Rupali Gujar Mr Vikrant Dinkar



NURSING DEPARTMENT

The department of nursing provided their full support with full strength to make sure that there is proper functioning of the work during the pandemic. This was appreciated and the nursing team was fecilitated by Dean sir.





Security Department



House keeping department



Pathology , Laboratory and Technician department



Pathology , Laboratory and Technician department







The efforts and hardwork by the following committee during the covid time was remarkable and this was appreciated by Dean sir .

IT department Mess and canteen dept Biomedical Engineering Site office department Mjpjy team Reception team and counselling

The event went in its final phase with the closing remarks of Honourable Vice – Chancellor sir, Medical Superintendent sir and Dean sir.



The Audience during the programme ...







The Audience during the programme ...



The programme was a huge successful due to the efforts of Dr. Pradeep Sawardekar [Professor –Community Medicine, Secretary -Student Council,Program officer -NSS unit], the NSS Unit and Student's Council members.

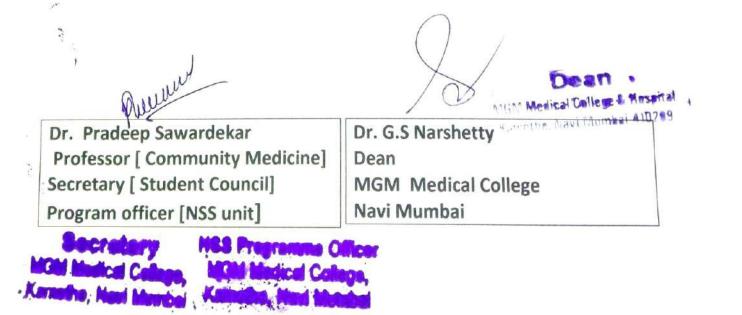
Following is the mention of the students of the NSS Unit and student council

Sr no	Name of student	Year of studying
1	Dr .Sanjay singh kushwah	INTERN
+ E 14 = 3		
2	Shantanu Khandge	FINAL YEAR MBBS
3	Piyush Kothari	3 RD YEAR MBBS
4	Dhaiyay Pandya	3RD YEAR MBBS
5	Raj Zalavadia	3RD YEAR MBBS
6	Bilal Mokashi	3RD YEAR MBBS
7	Pranay Kapur	3RD YEAR MBBS
8	Drishti kukreja	3RD YEAR MBBS
9	Vinay gupta	3RD YEAR MBBS
10	Drishti Kukreja	3RD YEAR MBBS
11	Tanmay saaho	3RD YEAR MBBS
12	Romit unde	3RD YEAR MBBS
13	Anusha hingorani	3RD YEAR MBBS
14	Gayasuddin khan	3RD YEAR MBBS
15	Jhanvi Nair	2nd Year MBBS
16	Neha Powar	2nd Year MBBS
17	Rhea Thomas	2nd Year MBBS

18	Sharon Thomas	2nd Year MBBS
19	Parnika Joshi	2nd Year MBBS
20	Bipasha Kapoor	2nd Year MBBS
21	Pranati Agrawal	2nd Year MBBS
22	Preeti Kavrani	2nd Year MBBS
23	Pratiksha Pathare	2nd Year MBBS
24	Aariya Ramanvjar	2nd Year MBBS
26	Sandipan Sinha Ray	1st Year MBBS
27	Nitnavya Soni	1st Year MBBS
28	Naman Singh	1st Year MBBS
29	Parth Thakre	1st Year MBBS
30	Aditya Shinde	1st Year MBBS
31	Sakshi Sinha	1st Year MBBS
32	Monica Srivastava	1st Year MBBS
33	Riya Verma	1st Year MBBS
34	Sharvari Borse	1st Year MBBS
35	Charchit Vats	1st Year MBBS











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MGM MEDICAL COLLEGE



SECTOR-1, KAMOTHE, NAVI MUMBAI – 410209, INDIA

NSS UNIT

To,

The Dean,

Mgm Medical College

Kamothe ,Navi Mumbai

Respected sir,

Here by submitting the report of Doctor's day celebration activity on occasion of National Doctor's day organized by NSS unit , Student council and department of Community Medicine held on 1/07/2022 (Friday) at Mgm Medical college,Kamothe.

Thanking you, Yours sincerely. humi Dr. Prasad Waingankar Dr. Pradeep Sawardekar Professor and HOD Professor [Community Medicine] Community Medicine Secretary [Student Council] MGM Medical College Navi Mumbai Program officer [NSS unit] Professor & Head Program: Officer Secretary Dept of Community Medicine And Cult MGM Medical College, M G M Medical College, Kamothe, Navi Mumbai Kamothe, Nevi Mumbei-4103

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MGM MEDICAL COLLEGE

SECTOR-1, KAMOTHE, NAVI MUMBAI - 410209, INDIA.

DEPARTMENT OF COMMUNITY MEDICINE NSS UNIT AND STUDENT COUNCIL CELEBRATES DOCTOR'S DAY

DATE: 1ST JULY 2022, FRIDAY .

" only a Doctor is blessed with the magical powers to treat life, and to bring health into our lives ,to be there with us when we have lost all the hope "

Report on Doctor's Day celebration activity held on National Doctor's Day

Date: 1st July 2022

1

Time 9:00 am-12.00 pm

<u>Place : MGM Medical College and Hospital ,</u> <u>Navi Mumbai</u>

The Department of Community Medicine, NSS unit and Student council of MGM Medical college, Navi mumbai celebrated National Doctor's Day on 1st July 2022 to pay tribute to all medical practitioners for their ethical and relentless service to the humanity.

The celebration was an attempt to emphasize on the value of doctors in our lives and to express our gratitude towards them.

Dr. Pradeep Sawardekar [Professor –Community Medicine, Secretary - Student Council, Program officer -NSS unit] explained about the activity to the students and instructed the students regarding the workup for the day. At 9.00 am Dr Pradeep Sawardekar along with the NSS unit Students & Student's council members gathered around the Dean office. The first activity of the day was the felicitation of Dr G. S. Narshetty [Dean - Mgm Medical College Navi Mumbai) with bouquet of flowers by the students.



DR G.S NARSHETTY [DEAN , MGM MEDICAL COLLEGE NAVI MUMBAI] DR PRADEEP SAWARDEKAR [PROFESSOR – COMMUNITY MEDICINE] MR. SHANTANU [G.S OF STUDENT COUNCIL] STUDENTS OF NSS UNIT AND STUDENT COUNCIL

After this, the students were divided into different teams . A total of 16 teams of students was formed .Each team was assigned the task of felicitating each doctor staff in each department of medical college and hospital .

Around 9.30 the students in the assigned group went to the respective department.

4

The students expressed their gratitude towards the doctors by presenting them a flower as a token of appreciation for their immense hard work.

The students felicitated everyone from the department right from the HOD'S, Associate, Assistant professors to the Residents and Interns of the department.



The students covered each and every department of medical college and hospital, wards, opd and tried their level best to felicitate each and every doctor of the MGM Institute

SR NO	DEPARTMENT	NUMBER OF DOCTOR'S FACILIATED	
1	Anatomy	5	
2	Physiology	6	
3	Forensic medicine	2	
4	Community medicine	15	
5	pathology	12	
6	radiology	13	
7	Ear, Nose, and Throat 5		
8	Ophthalmology	7	
9	pharmacology	4	
10	General medicine	24	
11	Anesthesiology	11	
12	Dermatology	8	
13	General surgery	20 18	
4	Obstetrics and gynecology		
15	Psychiatry	5	
.6	microbiology	6	
.7	orthopeadics	11	
8	Paediatrics	10	
9	BIOCHEMISTRY	4	

Residents - Orthopeadics



Residents - General Surgery



Residents and Intern General Medicine



Dr Mitesh Thakkar [Professor – General Medicine]



Department of Biochemistry



Department of Anatomy





Department of Community Medicine



Department of community medicine has visited different outreach centers -

- 1) Subdistrict hospital panvel
- 2) UHTC Khopoli
- 3) RHTC Nere

The community medicine department staff felicitated the various medical field worker working in these centers on the day of national doctor's day



Subdistrict hospital panvel

RHTC Nere



UHTC Khopoli



The SEAL Ashram old age home Nere and the ZP school felicitated the staff of Community Department MGM medical College Navi Mumbai

SEAL Ashram







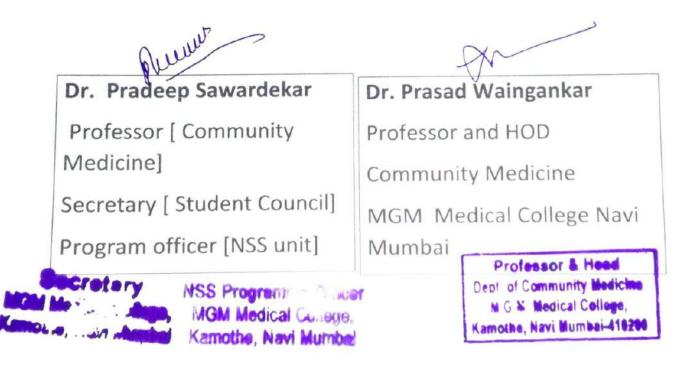
ZP school RHTC





The activity enchanced the understanding of the medical students regarding the hardwork of the medical practioners who are working tirelessly for the humanity.

The NSS volunteers and the Student council members have immensely worked very hard for making this event a grand success.











ENT OF PROSTHETICS & ORTHOTICS

MGM INSTITUTE'S UNIVERSITY DEPARTM (A constituent unit of MGM INSTITUTE OF HEALTH SCIENCES, NAVI MUMBAI)

(Deemed to be University u/s 3 of UGC Act, 1956) Grade 'A++' Accredited by NAAC Sector-1, Kamothe, Navi Mumbai-410 209 | Tel.: 022-27437829, 27437620 Email: mgmudpo@mgmuhs.com | Website: www.mgmudpo.edu.in

CIRCULAR

Date:30th June, 2022

CELEBRATION OF NATIONAL DOCTOR'S DAY-2022

Agenda: To create awareness about Prosthetics & Orthotics field and its role for rehabilitation of Disabled people among common people.

This is to inform all the staffs that, Department will organize an Awareness Programme for Security Personals of MGM Institute of Health Sciences about Prosthetics & Orthotics services at MGM Hospital.

The Details are as follows:

- 1. Date: 01th July 2022, Friday.
- 2. Time: 03.00 PM to 04.00 PM
- 3. Venue: Academic Section, MGM Department of Prosthetics & Orthotics.

NOTE: All staff should be Present in the Department at that time for successful completion of the programme.

Dr. Uttara Deshmukh (P&O) I/C Principal, Associate Professor MGM Institute's University Department of Prosthetics & Orthotics, Kamothe, Navi Mumbai.

Dr. Uttara Deshmukh (P & O), H. O. D. In-Charge. MGM Institute's University Department of Prosthetics and Orthotics, Kamothe, Navi Mumbai,



MGM INSTITUTE'S UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS (A constituent unit of MGM INSTITUTE OF HEALTH SCIENCES, NAVI MUMBAI)

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CELEBRATION OF NATIONAL DOCTOR'S DAY-2022

Name of the event: - Awareness Programme about Prosthetics & Orthotics services and demonstration of Prosthetic and Orthotic products.

Purpose of the Event: To create awareness about Prosthetics & Orthotics field. .

Location of the event: Academics Section, MGM Department of Prosthetics and Orthotics.

Date and time of the event: Date: 01th July 2022.

Time: 03:00 PM to 04:00 PM (One hour).

No. of attendees: 12 Security Personals of MGMIHS.

Proceedings of the event:

Awareness about various allied health care professions plays a key role in improving access and Rehabilitation services to the needy persons.

On the Occasion of National Doctor's Day-2022, MGM Institute's University Department of Prosthetics orthotics organized an Awareness Programme of Prosthetic & Orthotic Services at Department of Prosthetics & orthotics of MGM Institute of Health sciences among security personals.

Dr. Uttara Deshmukh (P&O) demonstrated various types of P&O devices like Arch Support, Heel wedge, Ankle foot Orthosis, Knee Ankle Foot Orthosis, Hip Ankle foot orthosis and Prosthetic equipments like Below knee Prosthesis and Above Knee Prosthesis and various types of other prosthesis. Also she solved all the doubts of security personals regarding Prosthetics & Orthotics Field and answer all the queries. She also gave the information about the Bachelor of Prosthetics & Orthotics graduation programme by which any students can able to serve Disabled People by giving various P& O devices.

Overall the session was beneficial for all security personals by which they learned about Prosthetics & Orthotics fields which is beneficial for the society to give rehabilitation service to disabled Patients.

Dr. Uttara Deshmukh (P&O) I/C Principal, Associate Professor MGM Institute's University Department of Prosthetics & Orthotics, Kamothe, Navi Mumbai. Dr. Uttara Deshmukh (P & O), H. O. D. In-Charge, MGM Institute's University Department of Prosthetics and Orthotics, Kamothe, Navi Mumbai.



MGM INSTITUTE OF HEALTH SCIENCES (Deemed to be University u/s 3 of UGC Act, 1956) Grade 'A' Accredited by NAAC UNIVERSITY DEPARTMENT OF PROSTHETICS AND ORTHOTICS Sector-01, Kamothe, Navi Mumbai - 410 209 Tel 022-27437829/7620, Website: <u>www.mgmudpo.edu.in</u>

Celebration of 'DOCTORS DAY' ON 1ST JULY 2022

Creating awareness of Prosthetics and Orthotics Services in the MGM Campus.

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MGM INSTITUTE'S UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS (A constituent unit of MGM INSTITUTE OF HEALTH SCIENCES, NAVI MUMBAI)

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<u>CELEBRATION OF NATIONAL DOCTOR'S DAY-2021</u> , DATE- 01-07-2022







MGM INSTITUTE'S UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS (A constituent unit of MGM INSTITUTE OF HEALTH SCIENCES, NAVI MUMBAI)

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CELEBRATION OF NATIONAL DOCTOR'S DAY-2021 , DATE- 01-07-2022



World Population Day



MGM INSTITUTE OF HEALTH SCIENCES (Deemed to be University u/s 3 of UGC Act, 1956) Grade 'A' Accredited by NAAC MGM SCHOOL OF PHYSIOTHERAPY Sector-1, Kamothe, Navi Mumbai – 410209

World Population Day

Date: 21.07.2022

Preamble	:	World Population Day is observed every year on 11 th July across the world. The event was established by the Governing Council of the United Nations Development Program in 1989. The UN initiated this program to combat the issue of growing population. It is dedicated to raise awareness about global population issues such as the importance of family planning, gender equality, poverty, maternal health and human rights.
Objective	:	 To spread awareness about issues related to population rise. To explain the importance of family planning. To explain the benefits for educating a girl child. To spread awareness about various national policies.
Event	:	World Population Day
Time and Date	:	9.00 am to 11.00 am, 21 st July, 2022
Organized by	:	NSS Unit of MGM School of Physiotherapy, Navi Mumbai
Participants	i	Bachelor of Physiotherapy students and faculty.
Event Coordinator	Nee.	Dr. Ruturaj Shete (PT), Dr. Aarohi Joshi (PT), Dr. Viral Sarvaiya (PT)
Venue	:	Primary Health Care Center, Nere, Raigad.
Summary	:	NSS Unit of MGM School of Physiotherapy, Navi Mumbai took the initiative to create awareness about importance of family planning gender equality, poverty, maternal health and human rights a Primary Health Care Center, Nere, Raigad on the occasion of World Population Day. The session started with a talk by Janhvi Naik
		NNS volunteer about various issues arising due to rise in population Posters were used to introduce various contraceptive methods to the audience. NSS volunteers raised awareness about prevention o

female feticide and infanticide. Prosperity of having a girl child and importance of providing them with quality education was explained. Various national girl child policies that are introduced by the government were explained. 36 beneficiaries were there out of which 21 were males and 15 were female. The average age was 35 years. Beneficiaries found the session informative.





NSS volunteers spreading awareness regarding birth control measures at PHC, Nere, Raigad.



NSS volunteers with Dr. Viral S. (PT) at PHC, Nere, Raigad.

Dr. Ruturaf Shete (PT) NSS Program Officer MGM School of Physiotherapy, Navi Mumbai

Dr Shrutika Parab (PT) IQAC coordinator MGM School of Physiotherapy, Navi Mumbai

Dr. Rajani Mullerpatan Professor-Director MGM School of Physiotherapy, Navi Mumbai

Dr. Aarohi Joshi (PT) NSS Assistant officer MGM School of Physiotherapy, Navi Mumbai





MGM Institute of Health Sciences (Deemed University u/s 3 of UGC Act, 1956) Grade 'A' Accredited by NAAC

MGM School of Physiotherapy

N-6 CIDCO, Aurangabad-431003

Tel No. 0240-6482000, (Ext. 2912/2913), E-mail: mgmsop@themgmgroup.com

25th Nov 2021

This is to Inform all the Students from first to Final Year, A lecture is scheduled on 2nd Dec 2021on the occasion of National Pollution Control Day in the first year classroom by Dr Snehal Thakur

Topic : What You Should Eat to Avoid Pollution

Resource Person : Dr Snehal Thakur (PT) (IAFT Certified Dietician and Nutritionist)

Time: 4:00 PM to 5:00PM

MGM School of Physiotherapy Auramabad



Ju paralle of Parellence			Doc No.	DC/MGMSOP/ AER/IQAC/00
		MGM SCHOOL OF PHYSIOTHERAPY AURANGABAD	Issue No.	1
			Rev. No.	
21.71	ATNAGANDMINISTON	Academic Event Report Conferences/ Seminars/Workshop/CME/Quiz/	Date	3 rd Dec 2021
216	Con aller Brond	Debate/ Guest Lecture/Extension activity etc	Page	Page 1 of 2
No	1	Points for Report		
1	Name & Level	of Event - College /Regional/ State/ National/ Inte	rnational.	
Gue		occasion of National Pollution Control Day		
		atroduction - Need/ reasons for holding the prg. No	me of Assoc	iation
2	/Collaoration et			
This		nged to make students aware about the need of ad	opting ore en	vironment friendly
		make them aware about the fact that how the		
		tive or negative way	_	
3	Venue -			
	Year Classroom	(First Floor)	-	
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4	Sponsors - Nan	ne & Details		
-		4		
	Inauguration -	Including the details of Chief Guest, Guest(S) of H	Ionor, List o	f speeches given,
5	compared by etc	2		
			*	
6	Speakers/ Judg	ges/ Chairman/Panel Team - Brief Introduction v	vith their ach	ievements.

Speakers/ Judges/ Chairman/Panel Team - Brief Introduction with their achievements.

We were fortunate to have a resource person Dr Snehal Thakur who is an Indian Academy of Fitness Training certified dietician and Nutritionist choo

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MARTINE CONTRACTOR		AURANGABAD	Issue No.	1
		Academic Event Report	Rev. No.	
		Conferences/ Seminars/CME/Quiz/ Debate/ Guest Lecture etc	Date	3 rd Dec 2021
			Page	Page 2 of 2
7	Participants &	& Delegates - No of participant a stat		
Total 40	students attended	& Delegates – No. of participants & delegates/team	ns with their n	ames.
8				
		tion etc - Brief Summary of the Proceeding.		
9	Valedictory C	Ceremony - Brief of the proceeding including chief	f guest etc. and	d who conducted
9				d who conducted
10	Highlights of	the Event - Brief about the main highlight(a) of the		
10 Students	Highlights of s were enlightene	the Event - Brief about the main highlight(s) of th	e event,	
10 Students	Highlights of s were enlightene	the Event - Brief about the main highlight(s) of th	e event,	
10 Students enthusia	Highlights of s were enlightene	the Event - Brief about the main highlight(s) of th d with the knowledge about the food cultures and t t the concept of eating local, seasonal and tradition	e event,	
10 Students enthusia Report	Highlights of s were enlightene astic to implemen Prepared on: 3 rd	the Event - Brief about the main highlight(s) of th d with the knowledge about the food cultures and t t the concept of eating local, seasonal and tradition	e event,	
10 Students enthusia Report Report	Highlights of s were enlightene astic to implemen Prepared on: 3 rd	the Event - Brief about the main highlight(s) of th d with the knowledge about the food cultures and t t the concept of eating local, seasonal and tradition ^d December 2021 Vaibhavi Walimbe (PT)	e event,	

Signature Organizing Chairman/ Secretary

Signature Principal/HOP MOR School of Physiotherapy





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MGM Institute of Health Sciences (Deemed University u/s 3 of UGC Act, 1956) Grade 'A' Accredited by NAAC

MGM School of Physlotherapy

N-6 CIDCO, Aurangabad-431003

Tel No. 0240-6482000, (Ext. 2912/2913), E-mail: mgmsop@themgmgroup.com

List of Students who Attended Lecture on National Pollution Control Day

List of Students Who rates		
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Principal



MGM School of Physiotherapy Aurangebad



MGM SCHOOL OF PHYSIOTHERAPY

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AURANGABAD



National Pollution Control Day (Lecture by Dr Snehal Thakur)



MGM MEDICAL COLLEGE

SECTOR-1, KAMOTHE, NAVI MUMBAI – 410209, INDIA

NSS UNIT AND STUDENT COUNCIL

To,

The Dean,

MGM MEDICAL COLLEGE

Kamothe, NaviMumbai

Subject - Report of celebration of 'World Population Day' activity organized by NSS unit and Student council

Respected sir,

Here by submitting the report of celebration of 'World Population Day' activity organized by NSS unit and Student council held on 13/07/2022 (wednesday) at Mahatma Gandhi Mission Hospital for Women and Children Kalamboli, Navi Mumbai.

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Thanking you,

Yours sincerely,

Ulu

Dr. Pradeep Sawardekar Secretary [Student Council] Program officer [NSS unit]





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MGM MEDICAL COLLEGE



SECTOR-1, KAMOTHE, NAVI MUMBAI - 410209, INDIA.

NSS UNIT AND STUDENT COUNCIL

CELEBRATES WORLD POPULATION DAY

DATE:13th JULY 2022, WEDNESDAY

TIME : 10 AM - 1 PM

PLACE : MAHATMA GANDHI MISSION HOSPITAL FOR WOMEN AND CHILDREN KALAMBOLI, NAVI MUMBAI.

"Reaching a global population of eight billion is a numerical landmark, but our focus must always be on people. In the world we strive to build, 8 billion people means 8 billion opportunities to live dignified and fulfilled lives."

-UN Secretary-General António Guterres



WORLD POPULATION DAY 2022 THEME:

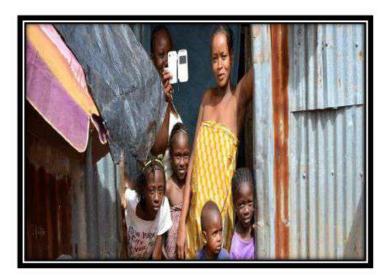
<u>"A world of 8 billion: Towards a resilient future for all -</u> Harnessing opportunities and ensuring rights and choices for all<u>"</u>

In 2011, the world reached a population of 7 billion. This year, the number will hit 8 billion, prompting the attendant responses. Some will marvel at the advancements in health that have extended <u>lifespans</u>, reduced <u>maternal</u> <u>mortality</u> and <u>child mortality</u> and given rise to vaccine development in record time. Others will tout technological innovations that have eased our lives and connected us more than ever. Still others will herald gains in <u>gender equality</u>.

But progress is not universal, throwing inequality into razor-sharp relief. The same concerns and challenges raised 11 years ago remain or have worsened: Climate change, violence, discrimination. The world reached a particularly grim milestone in May: More than <u>100 million forcibly displaced worldwide</u>.

In an ideal world, 8 billion people means 8 billion opportunities for healthier societies empowered by rights and choices. But the playing field is not and has never been even. Based on gender, ethnicity, class, religion, sexual orientation, disability and origin, among other factors, too many are still exposed to discrimination, harassment and violence. We do ourselves no favors when neglecting those left behind.

Let no alarmist headline distract from the work at hand: investing in human and physical capital for inclusive, productive societies that uphold human and reproductive rights. Only then can we tackle the enormous challenges facing our planet and forge a world where health, dignity and education are rights and realities, not privileges and empty promises. In a world of 8 billion, there must always be space for possibility.



World Population Trends

It took hundreds of thousands of years for the world population to grow to 1 billion – then in just another 200 years or so, it grew sevenfold. In 2011, the global population reached the 7 billion mark, it stands at almost 7.9 billion in 2021, and it's expected to grow to around 8.5 billion in 2030, 9.7 billion in 2050, and 10.9 billion in 2100.

This dramatic growth has been driven largely by increasing numbers of people surviving to reproductive age, and has been accompanied by major changes in fertility rates, increasing urbanization and accelerating migration. These trends will have far-reaching implications for generations to come.

The recent past has seen enormous changes in <u>fertility rates</u> and <u>life expectancy</u>. In the early 1970s, <u>women had on average</u> 4.5 children each; by 2015, total fertility for the world had fallen to below 2.5 children per woman. Meanwhile, average <u>global lifespans</u> have risen, from 64.6 years in the early 1990s to 72.6 years in 2019. In addition, the world is seeing high levels of <u>urbanization</u> and accelerating migration. 2007 was the first year in which more people lived in <u>urban areas than</u> <u>in rural areas</u>, and by 2050 about 66 per cent of the world population will be living in cities.

These megatrends have far-reaching implications. They affect economic development, employment, income distribution, poverty and social protections. They also affect efforts to ensure universal access to health care, education, housing, sanitation, water, food and energy. To more sustainably address the needs of individuals, policymakers must understand how many people are living on the planet, where they are, how old they are, and how many people will come after them.



Did you know?

- Since the middle of the 20th century, the world has experienced unprecedented population growth. The world's population more than tripled in size between 1950 and 2020.
- During the period from 2000 to 2020, even though the global population grew at an average annual rate of 1.2%, 48 countries or areas grew at least twice as fast: these included 33 countries or areas in Africa and 12 in Asia.
- The life span of adults in the developed world has increased since the middle of the 20th century - the number of people reaching the age of 100 years has never been greater than it is today.
- Worldwide, the number of deaths relative to the size of the population has been declining since the 1950s, Over the next several decades, projections by the United Nations assume a continuing gradual decrease in agespecific mortality rates.

What is India's current population?

According to Census 2011, the population of India was 1.21 billion. The current population in India is estimated to be around 1.37 billion (according to Untied Nations data 2020) and 1,508,525,200,416 approx according to worldometer in 2022.





The NSS unit and Student council of MGM Medical college, Navi mumbai celebrated World Population Day on on 13/07/2022 (Wednesday) at Mahatma Gandhi Mission Hospital for Women and Children Kalamboli, Navi Mumbai.

The programme was organised by the NSS unit and Student council of MGM Medical college, Navi Mumbai under the supervision and guidance of Dr. Pradeep Sawardekar [Secretary - Student Council, Program officer - NSS unit]

The Programme started with opening speech of Dr. Pradeep Sawardekar who stressed upon the importance of Celebrating World Population Day and the awareness regarding increasing population among the society.

He talked regarding the concerns of the growing population and the ways to control it.



The Programme later progressed with the powerpoint presentation and talk by two final year MBBS students –

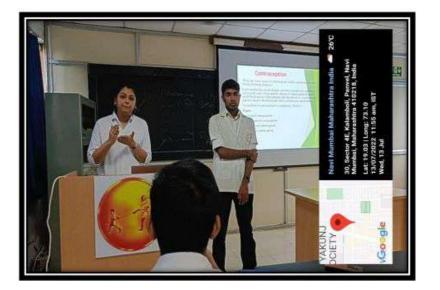
- 1] Keagan Gerard Miranda
- 2] Anushka Anand Hanchate

The topic of the presentation was Contraception .

They explained regarding the basics of contraception, its advantage and disadvantage, the classification, the application of it in controlling the population.

The interaction by Keagan and Anushka was in very simple language which helped the audience to understand the topic very easily.

They were opened to various questions and answers from the audience.



The programme went into its final phase with the closing remarks of Mr. Jeevan Urankar (Assistant program officer- male).He emphasized on the need to control population .



The Audience during the programme



The Audience during the programme







Following are the faculty members involved in the programme

Sr no	Name	Designation	
1	Dr. Pradeep Sawardekar	Program Officer NSS unit Secretary [Student Council]	
2	Mr. Jeevan Urankar	Assistant program officer- male	
3	Ms. Prachi Nangare	Health Inspector	
4	Dr Sanjay Singh Kushwah	Intern [MBBS]	

The NSS volunteers and the student council members

Sr no	Name of the student	Year of studying
1	Shantanu khandge [General secretary- student council]	Final year MBBS
2	Shayaan khan [vice General secretary – student council]	Final year MBBS
3	Keagan Gerard miranda	Final year MBBS
4	Anushka anand hanchate	Final year MBBS

The students who attended the programme

Sr	Name of student	Year of studying
no		
1	Krishna bhanushali	2 nd year MBBS
2	Shravani bhide	2 nd year MBBS
3	Nachiket bhojane	2 nd year MBBS
4	Anvi agrawal	2 nd year MBBS
5	Faria ansari	2 nd year MBBS
6	Zainab bubere	2 nd year MBBS
7	Zarna ansari	2 nd year MBBS
8	Zeal almeda	2 nd year MBBS
9	Ahmed sarathia	2 nd year MBBS
10	Vivek arban	2 nd year MBBS
11	Anoushka sehgal	2 nd year MBBS
12	Khushbu agrawal	2 nd year MBBS
13	Abin koshy	2 nd year MBBS

Sr no	Name of the beneficiary	Contact number
1	Navneet gharat	8356043919
2	Satish mhatre	9920682859
3	Rekha mhatre	9137524655
4	Shallan gaikwad	1
5	Niketa mukerie	8857910341
6	Budal	8355991145
7	Rauli mauraya	8879235427
8	Waseem ansari	6389392239
9	Vijay jhadhav	9619043305
10	Sainath patil	8446251825
11	Abhishek baguee	9619708981
12	Nomu c	9769504845

The beneficiaries who attended the programme

The programme was a huge success due to the efforts of Dr.Pradeep Sawardekar [Secretary - Student Council,Program officer -NSS unit], the NSS Unit and Student's Council members.







Dr. Pradeep Sawardekar

Secretary [Student Council]

Program officer [NSS unit]





Dr. G.S Narshetty- Dean

MGM Medical College

Navi Mumbai



MGM Medical Content & Hospital Kamotne, Navi Melebui 410209



MGM MEDICAL COLLEGE



13th

SECTOR-1, KAMOTHE, NAVI MUMBAI – 410209, INDIA

NSS UNIT

To,

The Dean,

Mgm Medical College

Kamothe ,Navi Mumbai

SUBJECT – Permission to celebrate World Population day [11th july] on 13th july at Mahatma Gandhi Mission Hospital for Women and Children Kalamboli, Navi Mumbai.

Respected sir,

The NSS unit wants to celebrate World Population day [11th july] on Mahatma Gandhi Mission Hospital for Women and Children Kalamboli, Navi Mumbai.

Kindly give the permission to conduct the activity.

Kindly please sanction the following-

1] 1 banner

2] Tea and Snacks for 30 people

Thanking you,

Yours sincerely Dr. Pradeep Sawardekar

Program officer [NSS unit]

NSS Pregramme Officer MGM Medical College, Kamothe, Novi Mumbai

Dean

MGM Medical College & Hospital Kamothe, Navi Mumbai 410209



MGM MEDICAL COLLEGE



SECTOR-1, KAMOTHE, NAVI MUMBAI – 410209, INDIA

NSS UNIT

To,

Dr. Archana Chatterji,

Medical superintendent

Mahatma Gandhi Mission Hospital for Women and Children Kalamboli,

Navi Mumbai

SUBJECT – Permission to celebrate World Population day [11th july] on 14th [3th july at Mahatma Gandhi Mission Hospital for Women and Children Kalamboli, Navi Mumbai.

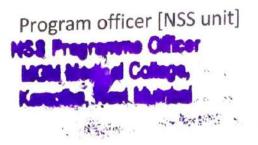
Respected ma'am,

The NSS unit wants to celebrate World Population day [11th july] on 14th july at Mahatma Gandhi Mission Hospital for Women and Children Kalamboli, Navi Mumbai.

Kindly give the permission to conduct the activity.

Thanking you,

Yours singerely.M Dr. Pradeep Sawardekar



World Nature Conservation Day



MGM Institute of Health Sciences (Deemed University u/s 3 of UGC Act, 1956) Grade 'A' Accredited by NAAC MGM School of Physiotherapy N-6 CIDCO, Aurangabad-431003 Tel No. 0240-6482000, (Ext. 2912/2913), E-mail: mgmsop@themgmgroup.com

Date: 27/07/2022

NOTICE

This is to inform the students of First Year BPT CBCS batch that we are organizing Awareness and Beat Plastic Pollution program on the occasion of "World Nature Conservation Day" on

28th of July 2022.

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Venue: MGM Campus, Aurangabad

Time:02PM -03:30PM

Principal

Director MCM School of Physiotherapy Aurangabad



		MGM SCHOOL OF PHYSIOTHERAPY	Doc No.	DC/MGMSOP/ AER/IQAC/00
(E)		AURANGABAD	Issue No.	1
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E	X FR	Conferences/ Seminars/Workshop/CME/Quiz/	Date	14/03/2022
		Debate/ Guest Lecture/Extension activity etc	Page	Page 1 of 2
No		Points for Report		
1	Name & Level	of Event - College		
'Mi		een Human and Nature		
		ntroduction - Need/ reasons for holding the program	n. Name of A	ssociation
2	/Collaborations		n. Name of A	ssociation
122	/Collaborations	etc.		
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– This Day	/Collaborations s National service for NSS Volunt	etc.	of World Na	ture Conservatio
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This Day with	/Collaborations s National service for NSS Volunte n Nature	etc. e scheme activity was organized on the occasion eers, Students, Faculties taking into consideration I	of World Na	ture Conservation
This Day with	/Collaborations s National service for NSS Volunte n Nature	etc. e scheme activity was organized on the occasion eers, Students, Faculties taking into consideration I MGM Campus, Aurangabad	of World Na	ture Conservation
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		MGM SCHOOL OF PHYSIOTHERAPY	Doc No.	DC/MGMSOP/ AER/IQAC/00
a. 20)		AURANGABAD	Issue No.	1
		Academic Event Report	Rev. No.	
0	222	Conferences/ Seminars/CME/Quiz/ Debate/	Date	14/03/2022
		Guest Lecture etc	Page	Page 2 of 2
7	Participants &	Delegates – No. of participants & delegates/team	is with their n	ames.
8	Prize Distribu	tion etc - Brief Summary of the Proceeding.		
9	Valedictory C	eremony - Brief of the proceeding including chief	guest etc. and	who conducted it.
10	Highlights of t	he Event - Brief about the main highlight(s) of the	e event.	
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	formula			
1	2. Use reusable	cloth bags instead of plastic or paper bags		
-	3. They had pos	sitive effects on mind		
		nts actively participated		
Ren	ort Prepared or	1: 30/07/2022	3 . K	
ncp	ontripulou of			
Rep	ort Prepared by	y-Dr Krishna B. Gawande (PT)		
Desi	ignation/ Dept	Assistant Professor		
	BASS	5. 5.		Jung
NSS	Program Offic	er	P	rincipal/ HOD
		Ol of Phys.	MGM	Director School of Physiother Aurangabad
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	MGM's SCHOOL OF PHYSIOTHERAPY	Doc No.	DC/MGMSOP /SCM-S/IQAC
	AURANGABAD	Issue No.	1
6	ATTENDANCE SHEET	Rev. No.	
12 A		Date	
1 1 X		Page	Page 1 of 1

Name of Event- World Nature Conservation Day

Year: July 2022

Topic- Awareness and Beat Plastic Pollution

Sr No	Name of Students/NSS Volunteers	Signature
1	Akansha Sarsande	1 themes
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4	syed Rider .	Pip
5	Vaishpavi . A. Tale.	V. A. Tale
6	Shalph Baeley motel Ayub	Carland
7	Sai Lozhavi Sampath	10-
8	Dakshita Patil	· ·
9	Gunjan Agerawal	quiter
10	Harshita Shah	(flats -
11	Nidhi Miniyar	Nidly
12	Prostidnya Natughane	· Chunghave
13	Namerata Bhakkad	plannate.
14	Anya Shinde	A
15	Shraddha Kalanti	Frances
16	vaishnavi Nikam	Kilkam
17	Gakshi mate	ibrrit.
18	Ashwini Molekar	Bitter.
19	Vaispravi Jadbar	Burlini
20	Pranjal Jaiswal APRIL	Drantal
21	Samrudati sanda (%	DUNE
	Samrudahi pande	1 des

~1 110 Name of Students/NSS Volunteers 22 Signature Vedashree Deshpande 23 Vedenhace Meenaam Baig 24 Davia Mary Nadar 25 Shweta Shreimangthe Shweta_ 26 Sureshin sawart 27 Asuran Partil 28 Mohd . Furkhan 29 Prem Renarguekar 30 Marsh Raskon 31 De Shaunalo Jadhas Shaunah-32 Sunny Verawal 33 Shubham Rout 34 Mnay Chaudhari 35 Peathamesh Pathore Preat 36 Apporta More ms 37 VivekoSo wawre Kraw 30/08 38 Malode Aniket Areloche. 39 Saurabh Jain 40 Laj godil 41 · tadam. ayant ayoup 42 ABHISHEK KALE. 43 Anaya Mandile raypa: 44 Rada Padmia yadav Beele 45 Voushali Parab 46 Ashlesha Magare Rutures. 47 Rutuja Kadan 48 Shandle Akshata Dhamele 49 the Prachi Bramod Shinele. that 50 Shaileh Shaheen Aurangebed]

Sr No	Name of Students/NSS Volunteers	Signature
51	Shubhangi K. Bankar	€
52	Prerna Mhaske	-B-
53	Kavita Chavan	RMM
54	Shambhari. V. Goge.	f.
55	Ashwini Mapari	· A ·
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MGM SCHOOL OF PHYSIOTHERAPY

AURANGABAD

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WORLD NATURE CONSERVATION JULY 2022

World Breastfeeding Day

Event Name: World Breast feeding week celebration

Date & Time:3/08/2022 10.30a.m.-1.30 p.m.

SBS School of Biomedical Sciences

Location: Primary Health care Center , Nere Villege

Sr. No.	Event Tile & Venue Details	Program Coordinators (Team members name)	Total No. of Participants
1	Hand on training on breast feeding techniques	Dr. Shilpi Malhotra	60 ladies (Pregnant ladies and lactating women)
2.	Skit	Dr. Priyanka Pareek	8(MSc. Clinical Nutrition , First year students)
3.	Galactogogues recipe Display	Dr. Priyanka Pareek	8(MSc. Clinical Nutrition ,First year students)

Kindly attach 4 photographs



#

Participants and coordinators and beneficiaries





Skit



OF

Short event report

The event was conducted on 3 rd of August on the account of World breast feeding week. It was a joint activity which has been conducted by Dept. of Clinical Nutrition (MGM School of Biomedical Sciences), Dept. of Community Medicine (MGM Medical College), NSI Mumbai chapter. The purpose of the activity was to teach the correct techniques of breast feeding to the lactating and pregnant ladies and to give them information about nutrition during pregnancy and lactation. The hands on training had been given by Dr. Shilpi Malhotra. She explained in detail with her props the correct position and posture in which the mother should breastfeed. Different techniques were also explained which ensures that the baby gets properly fed. After the lecture the M.Sc. Clinical Nutrition students performed a skit. The skit was based on clearing some common myths and explaining facts regarding breastfeeding. At last they displayed the two galactogogoues recipes for lactating women, these recipes were easy to make and convenient. They also explained the nutritive value and procedure to the ladies. It was really a great experience would like to give thanks to all the SBS team for their support and guidance.

Report Prepared by: Dr. Priyanka Pareek

Assistant Professor, Dept. Of Clinical Nutrition MGM School of Biomedical Science, Navi Mumbai, Kamothe Contact no. 8143640995



Event Name: World Breast Feeding week celebration



Date & Time: 8/08/2022 11.30a.m.-1.30 p.m.

Location: Ram Mandir, Belapur Gaon

Sr. No.	Event Tile & Venue Details	Program Coordinators (Team members name)	Total No. of Participants
1	Street play	Dr. Priyanka Pareek Dr. Saloni Desai	6 (MSc. Clinical Nutrition ,First year students)

Kindly attach 4 photographs





Short event report

The event was conducted on 8 th of August on the account of World breast feeding week. It was a joint activity which has been conducted by Dept. of Clinical Nutrition (MGM School of Biomedical Sciences), and MGM Hospital and research centre, CBD Belapur. The purpose of the activity was to spread awareness regarding breastfeeding and to give them information about nutrition during pregnancy and lactation. The M.Sc. Clinical Nutrition students performed a street play to burst some myths and state some facts regarding breastfeeding. Later they conducted a discussion aiming to spread awareness about breastfeeding techniques among audience. It was really a great experience would like to give thanks to all the SBS team for their support and guidance.

Report Prepared by: Dr. Priyanka Pareek

Assistant Professor, Dept. Of Clinical Nutrition MGM School of Biomedical Science, Navi Mumbai, Kamothe Contact no. 8143640995



76th Independence Day (Azadi ka Amrut Mahotsava)



(Deemed to be University u/s 3 of UGC Act, 1956)

Grade 'A' Accredited by NAAC

Sector-1, Kamothe, Navi Mumbai-410 209 | Tel.: 022-27437829, 27437620 Email: mgmudpo@mgmuhs.com | Website: <u>www.mgmudpo.edu.in</u>

Date: - 08/08/2022

CIRCULAR

Sub: "Celebration of Azadi ka Amrut Mahotsav – India @75"

This is to inform you that, in view of "Celebration of Azadi ka Amrut Mahotsav – India @75", MGMIHS has planned various activities as a central event in Kamothe campus starting from 13th August to 15th August 2022.

All the Students and Staff (Teaching/Non Teaching) are requested to be the part of this program and make the celebration of "Azadi ka Amrut Mahotsav – India @75" energetic and a grand success.

Winners in each category will be performing on Independence Day celebration (15th August 2022) at University Auditorium and they will be felicitated with a certificate and awarded with a cash prize of Rs. 2000/-.

The details of competitions are as follows:

Dance (Solo and Group), Singing (Solo and Group)

- THEME : "Patriotism"
- WHO CAN PARTICIPATE : Students, Teaching Staff & Non Teaching Staff
- CATEGORY OF REGISTRATION : Participation is invited under the following categories :
 - > Singing (Solo) Student
 - Singing (Solo) Staff (Teaching & Non Teaching)
 - > Singing (Group) Student
 - Singing (Group) Staff (Teaching & Non Teaching)
 - Dance (Solo) Student
 - Dance (Solo) Staff (Teaching & Non Teaching)
 - Dance (Group) Student
 - Dance (Group) Staff (Teaching & Non Teaching)

SCHEDULE :

Dates	Event	Venue
05/08/2022 to 11/08/2022	Registration/Practice by interested students/teaching/non teaching staff	MGM Rhythm Academy,
12/08/2022 (12:00 PM to 03:00 PM)	Final Selection for each category	Kamothe campus.

RULES AND REGULATIONS:

- Participation is open to all Students and Staff (teaching/ non teaching).
- Registration fee Free
- Time Limit for each category 5-7min.
- Costume, Prop, etc is solely participant's responsibility.
- All audio-video will be arranged by MGMIHS.
- Winner will be awarded Certificate in respective category with a cash prize of Rs. 2000/-
- Any of category may be cancelled in case of less number of participants.

Essay Competition

- THEME: Nation First, Always First.
- WHO CAN PARTICIPATE : Students, Teaching Staff & Non Teaching Staff
- DATE : 13/08/2022
- TIME : 75 minutes (Begins at 10:30 AM)
- VENUE : DEPARTMENT OF PROSTHETICS & ORTHOTICS, ACADEMIC SECTION
- Winner will be felicitated by prize.

Rangoli Competition

- THEME : "Patriotism"
- WHO CAN PARTICIPATE : Students, Teaching Staff & Non Teaching Staff
- CATEGORY OF REGISTRATION :
 - > Student
 - Staff (Teaching & Non Teaching)
- SCHEDULE :

Dates for registration	Event	Venue
05/08/2022 to 12/08/2022	Registration/Practice by interested students/teaching/non teaching staff	
13/08/2022	 Actual Rangoli to be prepared (02:00 PM to 04:00PM) Final Selection (04:00PM to 06:00 PM) 	3rd floor, Reception of MGMIHS

RULES AND REGULATIONS:

- Participation is open to all Students and Staff (teaching/ non teaching).
- Registration fee Free
- The maximum dimension allowed "3feet by 3feet"
- Participants have to bring their own colors/decoration material.
- Total available slots are 30 (15 students & 15 Staff)
- The designated committee will judge the Rangoli on Saturday, 13/08/2022, from 04:00 PM to
- 06:00 PM
- All participants must remain present during committee visit. Winner will be awarded Certificate in respective category with a cash prize of Rs. 2000/-

Har Ghar Tiranga

- DATE: 14/08/2022
- PARTICIPANTS : NSS VOLUNTEERS
- The NSS Volunteers will put the national flag sticker to the citizens of India and they will click the geotag photograph of the activity.

ai Wrang 2022.

PDr.Uttara Deshmukh (P&O), Associate Professor & I/C Principal, MGMIUDPO, Kamothe, Navi Mumbai.

Dr. Uttara Deshmukh (P & O), H. O. D. In-Charge, MGM Institute's University Department of Prosthetics and Orthotics, Kamothe, Navi Mumbai.



MGM INSTITUTE'S UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS (A constituent unit of MGM INSTITUTE OF HEALTH SCIENCES, NAVI MUMBAI) (Deemed to be University u/s 3 of UGC Act, 1956) Grade 'A++' Accredited by NAAC

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<u>Report of "Celebration of 75th Independence Day"2022</u> <u>"Azadi Ka Amrut Mahotsay"</u>

Name of the event: Celebration of 75th Independence Day "Azadi Ka Amrut Mahotsav".
Purpose of the event: To inculcate the values of independence among the students.
Location of the event: MGM Campus, MGMIHS Kamothe, Navi Mumbai.
Date of the event: 15th August 2022.
Time: 08:00 AM to 12:00 PM
No. of attendees: 18 Students and 04 Faculties

10. of attendees: 18 Students and 04 Faculti

Proceedings of the event:

MGM Institute of Health Sciences celebrated the 75th Independence Day with full joy and happiness with the presence of all members of the great Institute.

The function started with the Prabhat pheri from MGM University Building to MGM Sports Ground, at the MGM Sports Ground tree plantation activity was conducts under NSS Unit MGMIHS, where all the NSS Volunteers and faculty planted the saplings around the ground.

The program proceeded for Flag Hosting, and was continued with a small inaugural speech by Hon'ble Chancellor, Dr. Kamal Kishor Kadam. He gave tribute to all the freedom fighters who sacrificed their ultimate life for independence of this nation.

Further, distribution of artificial limbs, supporting devices & mobility aids by Hon'ble Chancellor sir, which was arranged by the Department of Prosthetics & Orthotics, MGMIHS in association with Department of Community Medicine, MGM Medical College, where three Divyangjans from adopted villages by MGMIHS under Unnat Bharat Abhiyan were benefited.

The program was continued with cultural activities by all constituent units under MGMIHS with the theme "Azadi Ka Amrut Mahotsav". Students from MGMIUDPO performed skit on "Tribute to Indian Army" which was praised by everyone. All the participants from various institutes gave outstanding performance. The program ended with National Anthem and refreshments were distributed to all the students and staff members of MGMIHS.

Dr. Uttara Deshmukh (P & O), H. O. D. In-Charge, MGM Institute's University Department of Prosthetics and Orthotics, Kamothe, Navi Mumbai.



MGM INSTITUTE'S UNIVERSITY DEPARTMENT OF PROSTHETICS & ORTHOTICS (A constituent unit of MGM INSTITUTE OF HEALTH SCIENCES, NAVI MUMBAI) (Deemed to be University u/s 3 of UGC Act, 1956)

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GLIMPSES OF THE EVENT







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Email: mgmudpo@mgmuhs.com | Website: www.mgmudpo.edu.in

Name of the Activity	1	Celebration of 75th Independence Day
Date	3	15/08/2022
Time	4	8:00 Am to 12:00 AM
Venue	3	MGM CAMPUS, MGMINS, NAVI MUMBAI

List of Faculty Participated

Name of the Faculty	Signature
Dr. Uttara Deshmukh (Pto)	
	Spill -
	fBarela
	Sincoffection -
	Dr. Uttara Deshmukh (Pto) Dr. Subharish Paikray (Pto)

Sr No.	Name of the Students	PRNo.	Signature
1	Pronaya More	12110600006	_2_'
2	Rohan Dekate	12110600005	2 Der
3	Divganshu Gehoridiya	12110600008	the
4	Vanshika R. Raval	11910600002	Januale
5	Maria Ubare	1191060000 3	topalit.
6	Lalit Patil	11910600009	equi-
7	Kyutik Jadhav	11910600007	134



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Email: mgmudpo@mgmuhs.com | Website: <u>www.mgmudpo.edu.in</u>

8	Nikhil p. wagh	12010600007	Nowrs 4
9	Hrida Ansari	120 1060000	HBida_
10	Ocovind singh tomar	10010 60000	Geo
11	Surendra singh	1201060000	Gerendra
12	Riya Gawade	11910600005	EF
13	Estia Malik	11210Criment	1212
14	Shikun Garg	11810600018	2%
15	Streeted Gailewood	11810600017	السعاريد إ
16	Yashashire Gawade	11910600001	Vicinia
17	Shivam Panday	11810600010	Fred or
18	Lav kumar	1181 060000	Lave-
19			
20			

Dr. Uttara Deshmukh (P & O), H. O. D. In-Charge, MC M Lemante's University Department of Prosthetics and Orthotics, Kempthe, Gave Mitcabal.



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Report of "Har Ghar Tiranga on occasion of 75th Independence Day" 2022 "Azadi Ka Amrut Mahotsav"

Name of the event: Har Ghar Tiranga on occasion of 75th Independence Day "Azadi Ka Amrut Mahotsav".

Purpose of the event: 'Har Ghar Tiranga' is a campaign under the aegis of Azadi Ka Amrut Mahotsav to encourage people to bring the Tiranga home and to hoist it to mark the 75th year of India's independence.

Location of the event: Local Residence of NSS Volunteers.

Date of the event: 15th August 2022.

No. of attendees: 11 Students.

Proceedings of the event:

As a part of the initiative under the 'Azadi Ka Amrut Mahotsav' to commemorate the 75 glorious years of a progressive independent India, a campaign 'Har Ghar Tiranga' has been launched to encourage the citizens to hoist the National Flag of India in their homes.

MGM Institute's University Department of Prosthetics and Orthotics (MGMIUDPO) have taken the initiative of Har Ghar Tiranga Campaign under NSS Unit, MGMIHS, Navi Mumbai in the remark of 75th Independence Day.

NSS Volunteers from MGMIUDPO visited to the different buildings in their residence to display the National Flag to create the awareness among the people and encourage them to join this huge campaign.

Students from MGMIUDPO enthusiastically participated in this campaign and realized their duties towards the nation.

Dr. 1⁴⁴ - ra Doshmukh (P & O). Ingenarge, Ingeneration iversity Ingeneration orthogous Neurodie, Navi Mumbai.

11:5.



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GLIMPSE OF HAR GHAR TIRANGA ON OCCASION OF 75TH INDEPENDENCE DAY, 2022 "AZADI KA AMRUT MAHOTSAV"











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came of the Activity	1	Har ghar Tironga.
Date	:	15th August 2022
Time	:	4:00 pm
Venue	\$	Local Residence of MSS voluments

Ш.

List of Students Participated

Sr No.	Name of the Students	PRNo.	Signature
1	Rohan Dekate	12110600005	ele-
2	Pranaya more	12110600006	24
3	Divyanshu Ghundiyal	12110600008	A
4	Vanshika - R. Raval	11910600002	Quashik
5	Maria Ubare	11910600003	Mainta
6	Lalit Pati	11910600004	J-stul-1
7	Krufik Jadhay	11910600007	ES
8	Nikhil F. Wagh	12010600007	Apung
9	Hrida Ansari	1201060000	_ heida
10	Govind Singl toman	1201060000	-lini
11	Surendra Singh	1201060000	Surencha
12			
13			
14			
15		19-19 - 19-19 - 19-19	

-	MAHATMA GANDHI MISSION MEDICAL COLLEGE	Doc. No	NSS/MGM/6
6. 5	& HOSPITAL, AURANGABAD	Issue No	01
X IN	NSS Activity Report	Rev. No.	00
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No.	Points for Report
1.	Nature of Event – essay/poster/poem/dance/singing/digital art/sketch/poster/photography
	Independence Day 'Azadi ka Amrit Mahotsav' Celebration 2022
1.	Street Play on 'importance of blood donation'
2.	Power point compilation on 'Advancement in Indian Health Sector in 75 years of independence'
3.	Selfie with Tiranga
4.	Visit to exhibition on 'Horrors of Partition'
5.	Participation in Independence Day Parade at MGM Campus
2.	Date/ Time/ Venue
13 - 1	5/08/2022. The street play was performed at 30 different locations across Aurangabad city. Rest of
the ac	tivities were conducted inside MGM campus, Aurangabad.
3.	Rational/ Need for the Event
In lieu	of celebration of Azadi ka Amrit Mahotsav, various activities were conducted by the NSS volunteers.
These	of celebration of Azadi ka Amrit Mahotsav, various activities were conducted by the NSS volunteers, activities were planned with purpose of creating social impact by raising public awareness regarding
These a socia	activities were planned with purpose of creating social impact by raising public awareness regarding al cause, educating all volunteers about advances and progress made by nation in medical sector post
These a socia indepe	activities were planned with purpose of creating social impact by raising public awareness regarding al cause, educating all volunteers about advances and progress made by nation in medical sector post endence, imbibing sense of pride for the tricolor and paying tribute to the struggles and sacrifices
These a socia indepe	activities were planned with purpose of creating social impact by raising public awareness regarding al cause, educating all volunteers about advances and progress made by nation in medical sector post
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These a socia indepe made 4.	activities were planned with purpose of creating social impact by raising public awareness regarding al cause, educating all volunteers about advances and progress made by nation in medical sector post endence, imbibing sense of pride for the tricolor and paying tribute to the struggles and sacrifices by countrymen for achieving the independence.
These a socia indepe made 4. NSS U	activities were planned with purpose of creating social impact by raising public awareness regarding al cause, educating all volunteers about advances and progress made by nation in medical sector post endence, imbibing sense of pride for the tricolor and paying tribute to the struggles and sacrifices by countrymen for achieving the independence. Organized by Institute/ Dept(s)
These a socia indepe made 4. NSS U	activities were planned with purpose of creating social impact by raising public awareness regarding al cause, educating all volunteers about advances and progress made by nation in medical sector post endence, imbibing sense of pride for the tricolor and paying tribute to the struggles and sacrifices by countrymen for achieving the independence. Organized by Institute/ Dept(s) nit, MGM MCHA Report of Event Proper
These a socia indepe made 4. NSS U 5.	activities were planned with purpose of creating social impact by raising public awareness regarding al cause, educating all volunteers about advances and progress made by nation in medical sector post endence, imbibing sense of pride for the tricolor and paying tribute to the struggles and sacrifices by countrymen for achieving the independence. Organized by Institute/ Dept(s) nit, MGM MCHA Report of Event Proper Street Play: During 13 th & 14 th August, 25 volunteers performed skit at 30 different locations in the
These a socia indepe made 4. NSS U 5.	activities were planned with purpose of creating social impact by raising public awareness regarding al cause, educating all volunteers about advances and progress made by nation in medical sector post endence, imbibing sense of pride for the tricolor and paying tribute to the struggles and sacrifices by countrymen for achieving the independence. Organized by Institute/ Dept(s) nit, MGM MCHA Report of Event Proper Street Play: During 13 th & 14 th August, 25 volunteers performed skit at 30 different locations in the
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These a socia indepe made 4. NSS U 5. 1.	activities were planned with purpose of creating social impact by raising public awareness regarding al cause, educating all volunteers about advances and progress made by nation in medical sector post endence, imbibing sense of pride for the tricolor and paying tribute to the struggles and sacrifices by countrymen for achieving the independence. Organized by Institute/ Dept(s) nit, MGM MCHA Report of Event Proper Street Play: During 13th & 14th August, 25 volunteers performed skit at 30 different locations in the city. The skit was in local language stressing importance of blood donation, explaining eligibility as well as inspiring people to donate blood. PPT compilation: the volunteers gathered information from various sources regarding progress
These a socia indepe made 4. NSS U 5. 1.	activities were planned with purpose of creating social impact by raising public awareness regarding al cause, educating all volunteers about advances and progress made by nation in medical sector post endence, imbibing sense of pride for the tricolor and paying tribute to the struggles and sacrifices by countrymen for achieving the independence. Organized by Institute/ Dept(s) nit, MGM MCHA Report of Event Proper Street Play: During 13th & 14th August, 25 volunteers performed skit at 30 different locations in the city. The skit was in local language stressing importance of blood donation, explaining eligibility as well as inspiring people to donate blood. PPT compilation: the volunteers gathered information from various sources regarding progress made by India in medical sector during last 75 years. They then compiled this information in form of
These a socia indepe made 4. NSS U 5. 1.	activities were planned with purpose of creating social impact by raising public awareness regarding al cause, educating all volunteers about advances and progress made by nation in medical sector post endence, imbibing sense of pride for the tricolor and paying tribute to the struggles and sacrifices by countrymen for achieving the independence. Organized by Institute/ Dept(s) nit, MGM MCHA Report of Event Proper Street Play: During 13 th & 14 th August, 25 volunteers performed skit at 30 different locations in the city. The skit was in local language stressing importance of blood donation, explaining eligibility as well as inspiring people to donate blood.

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- 3. Selfie with Tiranga: 50 volunteers clicked selfie with the tricolor and uploaded them on the harghartirnga.com website. They got certificates for same.
- 4. Exhibition on 'Horrors of Partition': 14th August was observed as the 'Partition Horrors Remembrance Day'. On this day, the volunteers visited an exhibition regarding the political scenario, social factors, mass exodus and consequences of the partition. It was organized in the MGM campus, Aurangabad.
- Independence Day Parade: 22 volunteers participated in parade on 15th August. They were awarded third prize among 22 teams from MGM campus.
- 6. Patients/ Participants/ Audience Details No and characteristics of patients/ participants/ audience.

The street play was performed by 25 volunteers and catered to a population of around 3000 general public. All 140 volunteers benefitted from power point presentation which was compiled by 15 volunteers. 50 volunteers uploaded their selfies. All 140 volunteers visited the exhibition.

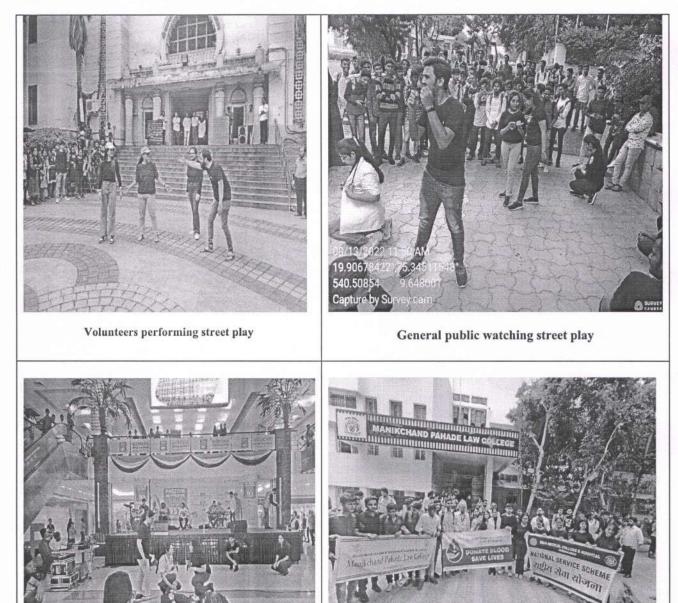
7. Faculty/ Residents/ Students Participated – No, Names etc.

Dr. Deepak Tayade (NSS Advisor), Dr. Bhavna Joshi (NSS Program Officer) and 140 NSS volunteers, supporting staff of MGM MCHA

8. Event Outcome & Projections in Brief

The NSS volunteers learnt organizing and performing skills. The general public was made aware about life saving importance of blood donation, eligibility for donating blood and answered their queries on this topic. Many persons gave feedback that they felt motivated for donating blood. Through these activities, the volunteers learnt the art of expressing themselves as well as cultivated pride and love for the nation. Through participation in the parade, they learnt team-work, co-ordination, discipline.

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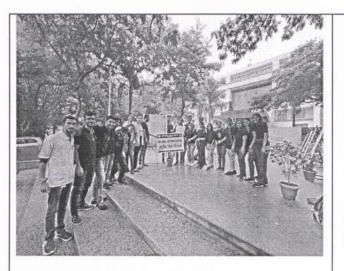


Team at M.P. Law College, Abad

Performing play at Prozone Mall, Abad

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		icate of uploadin	ate of uploading selfie with Tiranga	
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'Horrors of Partition' Exhibition

Discussion on 'Horrors of Partition'



NSS Volunteers at Independence Day Parade

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The NSS troop awarded third prize at the parade

Phavna. Dr. Bhavna Joshi,

Dr. Bhavna Joshi, NSS Program Officer, MGM Medical College, Aurangabad

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Food Safety Week

MGM MEDICAL COLLEGE

SECTOR-1, KAMOTHE, NAVI MUMBAI – 410209, INDIA

Mess /Canteen Committee

To,

The Dean,

MGM Medical College,

Kamothe , Navi Mumbai

Subject - Report of IEC activity of a training programme to **celebrate 'Food Safety Week** [5th August 2022 to 12th August 2022]' by Mess &Canteen Committee

Respected sir,

Here by submitting the report of IEC activity training programme to celebrate food safety week [5th august 2022 to 12th august 2022] by mess & canteen committee for the staff of the mess & canteen.

The activity was conducted at the central mess on 25th august 2022, [11 am to 12pm]

1

Thanking you,

Yours sincerely, Dr. Pradeep Sawardekar Secretary - Mess /Canteen committee Secretary Mode Maded Cologe, Kanahe, New Manbei

Dean MGM Medical College & Hospital Kamo he, Navi Mumbai 410209

In order to celebrate the Food Safety Week [5th august 2022 to 12th august 2022] a training programme for the staff of mess & canteen was organized under the guidance of **Dr. Pradeep Sawardekar [Secretary - Mess /Canteen committee**]

It was a interactive session where various points regarding food handling and food safety was discussed .



Dr. Pradeep Sawardekar [Secretary - Mess /Canteen committee] & Dr rupali gujar [MSW, Member Mess /Canteen committee] during the session.

The programme started with the introductory remarks by Dr Rupali Gujar [Mess Member].

She gave the brief idea regarding the importance of handling the food. She also mentioned regarding the health checkup activities provided by the management to the working staff.

The staff should be aware about it and regular checkup should be done .



Dr Rupali Gujar [Mess Member] interacting with the staff members .

The programme later progressed with the interactive session by Dr Pradeep Sawardekar [Secretary - Mess /Canteen Committee]

He emphasized on the topic of a benefits of good food safety under the headings of- :-

- Satisfied customers
- Loyal and confident customers
- Good reputation customer recommendations
- Operating costs under control
- Profit
- Legal compliance no criminal prosecutions or civil lawsuits
- Pleasant working environment
- Healthy employees
- Motivated employees
 - Better job security
 - Less employee supervision required

Dr Pradeep Sawardekar [Secretary - Mess /Canteen Committee] also mentioned that deworming tablets should be provided to the staff and the responsibility to keep this information updated for each staff was taken by Ms Prachi Nangare [Health Inspector]

He also made a assurance to the staff members that each and every staff member will be provided assistance by the hospital management in regards to their regular check up and routine medical examination.

4

Food Safety Protocols for Food Handlers

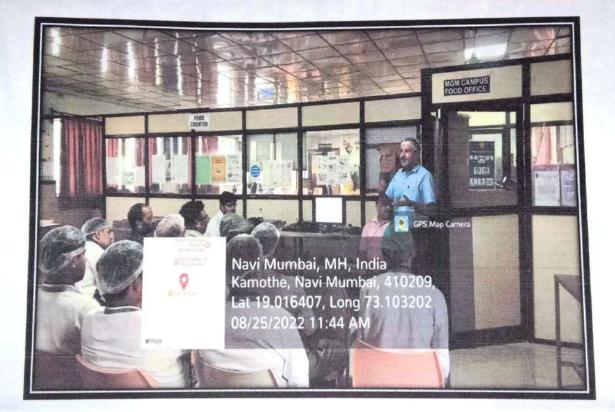
Dr Pradeep Sawardekar Professor – Community Medicine MGM Medical College

The powerpoint presentation made by Dr Pradeep Sawardekar [Secretary -Mess /Canteen Committee]for the session. The Preface of the slide presentation is the above picture



Dr Pradeep Sawardekar [Secretary - Mess /Canteen Committee] during his presentation.

Mr Ravindra Pawar [Manager, Mess And Canteen] later explained the importance of following guidelines and safety. He mentioned that it is the responsibility of each and every individual to carry out their responsibility



Mr Ravindra Pawar [Manager, Mess And Canteen] interacting With The Staff Members.



7

The staff members attending the session .

The event went into its final phase with vote of thanks by Dr Sanjay Singh Kushwah [Intern MBBS] He expressed his gratitude to-Dean Sir Dr Pradeep Sawardekar Sir , Dr Rupali Gujar Ma'am Dr Ravindra Pawar Sir Ms Prachi Nangare Ma'am Dr Parth Mirani Dr Abhjieet Roadpalkar Sir Dr Ramdas Kachare Sir and to all the staff .the collective efforts by each one made the event a successful .



Dr Sanjay Singh Kushwah [Intern MBBS] expressing vote of thanks

Faculty members who conducted the training session

Sr. No.	Name	Designation	Position in the mess and canteen committee
1	Dr. Pradeep Sawardekar	Professor – community medicine	Secretary
2	Dr Rupali Gujar	MSW	Member
3	Mr Ravindra Pawar	Manager -Mess And Canteen	Joint Secretary
4	Ms. Prachi Nangare	Health Inspector	member
5	Mr. Abhijeet Rodpalkar	Clerk	-
6	Mr. Ramdas Kachare	Health assistant	-
7	Dr Parth Mirani	Intern MBBS	-
8	Dr Sanjay Singh Kushwah	Intern MBBS	- Landsont

The staff of the mess and canteen [beneficiaries] who attended the programme

Sr	Name of the staff	Position
no		
1	Liladhar Kadu	Head chef
2	Taleshawar Yadav	Chef
3	Vijay Kadu	Chef
4	Rakesh Sahu	Chef
5	Suraj Kumar	Assistant cook
6	Santosh Vachade	Chef
7	Mahadev Tambatkar	Worker
8	Surekha Jhadav	Worker
9	Seema Sarkar	Worker
10	Jyoti Pawar	Worker
11	Shardha Surve	Worker
12	Rakesh Patil	Worker
13	Siddesh	Store attendant
14	Seema Shinde	Worker
15	Yogesh Yadav	Worker
16	Paresh Thakur	Worker
17	Ajay Shikhavne	Service boy
18	Hiralal Gupta	Tea maker
19	Meena	Worker

The data of the activity

Faculty	beneficiaries	Total	
8	19	27	

a la contra de	Male	Female	Total
Faculty	06	02	08
beneficiaries	13	06	19
total	19	08	27

The programme was a huge success due to the efforts of Dr.Pradeep Sawardekar [secretary – mess & canteen committee] Dr. Sanjay Singh Kushwah [MBBS Intern] & Dr . Parth Mirani [MBBS Intern]

Queen

Dr. Pradeep Sawardekar

Secretary - Mess /Canteen committee

MGM Medical College Navi Mumbai

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Dean MGM Medical College & Hospital

Dr. G.S Narshetty- Dean,

Chairman [Mess / Canteen committee]

MGM Medical College Navi Mumbai

World First Aid Day



EVENTS NAME : WORLD FIRST AID DAY

DATE AND TIME : 14TH SEPTEMBER 2022, 3:30AM TO 5AM

LOCATION : MGM SCHOOL OF BIOMEDICAL SCIENCES

SR NO.	EVENT TITLE AND VENUE DETAIL	PROGRAM COORDINATOR	TOTAL NUMBER OF PARTICIPATS
1	WORLD FIRST AID DAY; MGM SCHOOL OF BIOMEDICAL SCIENCES NAVI MUMBAI		





WORLD FIRST AID DAY WAS CELEBRATED ON 14TH SEPTEMBER, 2022 AT MGM SCHOOL OF BIOMEDICAL SCIENCES, NAVI MUMBAI. NSS STUDENTS ORGANISED THIS EVENT UNDER THE GUIDANCE OF RESPECTED FACULTY. SKIT AND DEMONSTRATION ON FIRST AID WAS HELD ON OCCASION OF FIRST AID DAY, STUDENTS INITIATIVELY PARTICIPATED IN THIS EVENT.

REPORT PREPARED BY: NSS P.O. MRS. ANAMIKA CHALWADI

CONTACT DETAILS : SBS MGM .

•Director MGM School of Biomedical Science Kamothe, Navi Mumbai



World Hindi Diwas



EVENTS NAME : WORLD HINDI DIWAS

DATE AND TIME : 14TH SEPTEMBER 2022, 3:30AM TO 5AM

LOCATION : MGM SCHOOL OF BIOMEDICAL SCIENCES

SR NO.	EVENT TITLE AND VENUE DETAIL	PROGRAM COORDINATOR	TOTAL NUMBER OF PARTICIPATS
1	WORLD HINDI DIWAS ; MGM SCHOOL OF BIOMEDICAL SCIENCES NAVI MUMBAI		



WORLD HINDI DIWAS WAS CELEBRATED ON 14TH SEPTEMBER, 2022 AT MGM SCHOOL OF BIOMEDICAL SCIENCES, NAVI MUMBAI. NSS STUDENTS ORGANISED THIS EVENT UNDER THE GUIDANCE OF RESPECTED FACULTY. POEM AND ESSAY COMPETITION WAS HELD ON OCCASION OF HINDI DIWAS, STUDENTS INITIATIVELY PARTICIPATED IN COMPETITION AND SEMINAR.

REPORT PREPARED BY: NSS P.O. MRS. ANAMIKA CHALWADI

CONTACT DETAILS : SBS MGM .



MGM School of Biomedical Science Kamothe, Navi Mumbai