



## MGM INSTITUTE OF HEALTH SCIENCES

(Deemed to be University u/s 3 of UGC Act, 1956)  
Grade 'A' Accredited by NAAC

### MGM SCHOOL OF PHYSIOTHERAPY

Sector-1, Kamothe, Navi Mumbai – 410209

#### Meeting to discuss “Physiotherapy care for COVID 19 patients”

**Preamble:** MGM School of Physiotherapy, Navi Mumbai, MGM Institute of Health Sciences (MGMIHS) organized a meeting on “Physiotherapy care for Covid 19 patients ” on 5<sup>th</sup> May 2021 with Dr. Claire Egan (PT) & Dr. Grace Mckee (PT) to share their clinical experience on physiotherapy care given to patients affected with COVID -19.

**Objective:** To enhance exchange of clinical experience of physiotherapy care delivered to patients affected with COVID 19.

**Date:** 5<sup>th</sup> May 2021

**Organized by:** MGM School of Physiotherapy, Navi Mumbai & Beaumont Hospital, Dublin, Ireland.

**Members of the meeting:** Dr. Bela Agarwal (PT), Professor and Dr. Payal Murkudkar (PT), Assistant Professor, MGM School of Physiotherapy, Navi Mumbai.

Dr. Claire Egan (PT) and Dr. Grace Mckee (PT), Clinical therapist, Beaumont Hospital, Dublin, Ireland.

**Summary:** The meeting commenced with Dr. Bela Agrawal (PT), Professor, MGM School of Physiotherapy, Navi Mumbai sharing details of the clinical set up and covid care at MGM Medical Hospital, Kamothe. Dr. Grace Mckee (PT) Clinical therapist Beaumont Hospital, Dublin briefed about the acute care of COVID 19 patients at Beaumont Hospital, Dublin. Dr. Claire briefed about Post Covid Rehabilitation and precautionary measures being taken in view of second wave. Dr. Payal Murkudkar (PT) discussed about the limitations faced in the acute care of covid patients. Dr. Claire Egan (PT) emphasized on the point of less is more and monitored care for patients in view of variability in response to exercise and instability of vital parameters. The meeting concluded with mutual decision of sharing assessment sheets and other relevant documents useful for patient care.

Tel. No. : 022-65143108

E-mail: mgmschoolofphysiotherapy@mgmsopnm.edu.in

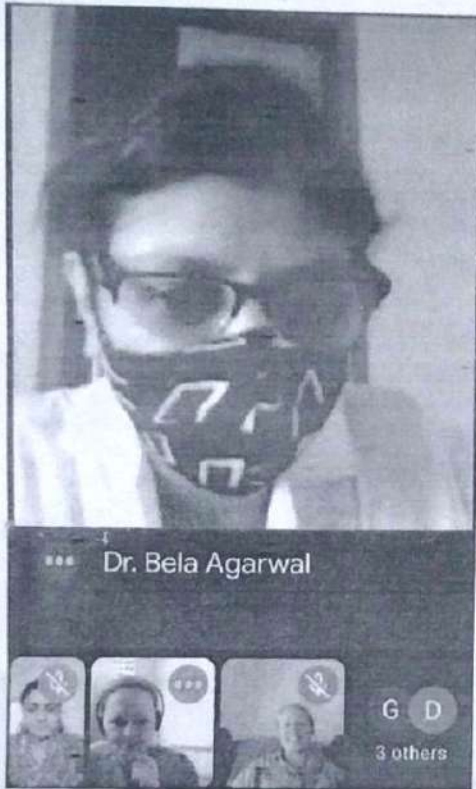
Website: www.mgmsopnm.edu.in







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**MGM SCHOOL OF PHYSIOTHERAPY**  
Sector-1, Kamothe, Navi Mumbai – 410209



**Dr. Bela Agarwal (PT) explaining about Covid care at MGM Hospital, Navi Mumbai**



**Dr. Claire Egan (PT) explaining about the acute care follow-up at Beaumont Hospital, Dublin**

**Dr. Payal Murkudkar (PT)**  
Assistant Professor  
MGM School of Physiotherapy, Navi Mumbai

**Dr. Bela Agarwal (PT)**  
Professor  
MGM School of Physiotherapy, Navi Mumbai

**Dr. Rajani Mullerpatan**  
Professor-Director  
MGM School of Physiotherapy, Navi Mumbai

Tel. No. : 022-65143108

E-mail: [mgmschoolofphysiotherapy@mgmsopnm.edu.in](mailto:mgmschoolofphysiotherapy@mgmsopnm.edu.in)

Website: [www.mgmsopnm.edu](http://www.mgmsopnm.edu)





MGM School of Physiotherapy, Navi Mumbai  
MGM Institute of Health Sciences



World  
Spine Care  
World Spine Care Europe

## *Certificate of Attendance*

presented to

**Dr Hiranmayee Bagwe**

For attending the Spine webinar on  
**Screening for Serious Pathology of Cervical Spine**  
held on 12<sup>th</sup> April 2021

Prof. Rajani Mullerpatan  
Director, MGM School of Physiotherapy,  
MGM Institute of Health Sciences, Navi Mumbai, India

Prof. Margareta Nordin  
Past President, World Spine Care Europe  
Holmfirth, UK





MGM School of Physiotherapy, Navi Mumbai  
MGM Institute of Health Sciences



World  
Spine Care  
World Spine Care Europe

## *Certificate of Attendance*

presented to

**Omeshree Nagrale**

For attending the Spine webinar on  
**Screening for Serious Pathology of Cervical Spine**  
held on 12<sup>th</sup> April 2021

Prof. Rajani Mullerpatan  
Director, MGM School of Physiotherapy,  
MGM Institute of Health Sciences, Navi Mumbai, India

Prof. Margareta Nordin  
Past President, World Spine Care Europe  
Holmfirth, UK



MGM School of Physiotherapy, Navi Mumbai  
MGM Institute of Health Sciences



World  
Spine Care  
World Spine Care Europe

## *Certificate of Attendance*

presented to

**Raturaj Shete**

For attending the Spine webinar on  
**Screening for Serious Pathology of Cervical Spine**  
held on 12<sup>th</sup> April 2021

Prof. Rajani Mullerpatan  
Director, MGM School of Physiotherapy,  
MGM Institute of Health Sciences, Navi Mumbai, India

Prof. Margareta Nordin  
Past President, World Spine Care Europe  
Holmfirth, UK



MGM School of Physiotherapy, Navi Mumbai  
MGM Institute of Health Sciences



World Spine Care  
World Spine Care Europe

## *Certificate of Attendance*

presented to

**Dr. Payal Murkudkar (PT)**

For attending the Spine webinar on  
**Screening for Serious Pathology of Cervical Spine**  
held on 12<sup>th</sup> April 2021

Prof. Rajani Mullerpatan  
Director, MGM School of Physiotherapy,  
MGM Institute of Health Sciences , Navi Mumbai, India

Prof. Margareta Nordin  
Past President, World Spine Care Europe  
Holmfirth, UK





MGM School of Physiotherapy, Navi Mumbai  
MGM Institute of Health Sciences



## *Certificate of Attendance*

presented to

**Dr. Tejashree Dabholkar**

For attending the Spine webinar on  
**Screening for Serious Pathology of Cervical Spine**  
held on 12<sup>th</sup> April 2021

Prof. Rajani Mullerpatan  
Director, MGM School of Physiotherapy,  
MGM Institute of Health Sciences, Navi Mumbai, India

Prof. Margareta Nordin  
Past President, World Spine Care Europe  
Holmfirth, UK



MGM School of Physiotherapy, Navi Mumbai  
MGM Institute of Health Sciences



World  
Spine Care  
World Spine Care Europe

## *Certificate of Attendance*

presented to

**Dr. Anisha Gulati (PT)**

For attending the Spine webinar on  
**Screening for Serious Pathology of Cervical Spine**  
held on 12<sup>th</sup> April 2021

Prof. Rajani Mullerpatan  
Director, MGM School of Physiotherapy,  
MGM Institute of Health Sciences, Navi Mumbai, India

Prof. Margareta Nordin  
Past President, World Spine Care Europe  
Holmfirth, UK





MGM School of Physiotherapy, Navi Mumbai  
MGM Institute of Health Sciences



World Spine Care  
World Spine Care Europe

## *Certificate of Attendance*

presented to

**Bhoomika Sawant**

For attending the Spine webinar on  
**Screening for Serious Pathology of Cervical Spine**  
held on 12<sup>th</sup> April 2021

Prof. Rajani Mullerpatan  
Director, MGM School of Physiotherapy,  
MGM Institute of Health Sciences, Navi Mumbai, India

Prof. Margareta Nordin  
Past President, World Spine Care Europe  
Holmfirth, UK



MGM School of Physiotherapy, Navi Mumbai  
MGM Institute of Health Sciences



World Spine Care  
World Spine Care Europe

## *Certificate of Attendance*

presented to

**Mamta Shetty**

For attending the Spine webinar on  
**Screening for Serious Pathology of Cervical Spine**  
held on 12<sup>th</sup> April 2021

Prof. Rajani Mullerpatan  
Director, MGM School of Physiotherapy,  
MGM Institute of Health Sciences, Navi Mumbai, India

Prof. Margareta Nordin  
Past President, World Spine Care Europe  
Holmfirth, UK





MGMSOP NM &lt;mgmschoolofphysiotherapy@mgmsopnm.edu.in&gt;

## Gurudiksha - a Mentoring Initiative by MGMSOP

3 messages

iqac mgm &lt;iqacmgmsop@gmail.com&gt;

Sat, Jun 26, 2021 at 12:59 PM

To: "Dr. Rucha Pradhan" <rpradhan@mgmsopnm.edu.in>, "Bela Agarwal (MGM)" <bagarwal@mgmsopnm.edu.in>, Tejashree Dabholkar <tejashreedabholkar@mgmsopnm.edu.in>, "Dr. Hiranmayee Bagwe" <hbagwe@mgmsopnm.edu.in>, bhoomika sawant <Sawantbhoomika@gmail.com>, Amrita ghosh <ghoshamrita747@gmail.com>, Ruturaj Shete <raturaj.53@gmail.com>, Omeshree Nagrale <omeshreenagrale123@gmail.com>, "Dr. Mamta Shetty" <mshetty@mgmsopnm.edu.in>, "Dr. Anisha Gulati" <agulati@mgmsopnm.edu.in>, Payal Murkudkar <murkudkarpayal@gmail.com>, pooja dogra <poojasdogra@gmail.com>, dikshabasu@mgmsop.nm.edu.in, suchitharao@mgmsopnm.edu.in, "Dr. Triveni Shetty" <tshetty@mgmsopnm.edu.in>, "Dr. Shrutika Parab" <shrutikaparab.mgmsop@gmail.com>

Cc: Rajani Kanade &lt;rajani.kanade@gmail.com&gt;, MGMSOP NM &lt;mgmschoolofphysiotherapy@mgmsopnm.edu.in&gt;

Dear Team,

We are pleased to inform you all that MGMSOP is starting a new initiative named "Gurudiksha" which rightly means giving of a mantra or an initiation by the guru (in Guru-shishya tradition).

This initiative will be a part of the mentorship program wherein experts in field, senior members of fraternity share their own experience with our budding physiotherapists at MGMSOP, NM. This initiative is conceptualized keeping in mind the rich legacy the senior members in field are carrying and understanding the need to provide our students the career path and varied opportunities through these sessions.

Criteria II team will be responsible for maintaining documentation of this activity under student centric teaching- learning and mentorship.

PFA list of faculty member responsible for conducting the session month wise.

Documentation needed for activity:


1. Circular for activity
2. Geotagged pictures
3. Report of activity along with attendance and feedback

Hoping for your continued support.

All the best !

Thanking you,  
Kind regards,

**IQAC Coordinator,  
MGM School of Physiotherapy,  
Navi Mumbai**

 Gurudiksha- Faculty names and month of conduction.doc  
364K

Rajani Kanade &lt;rajani.kanade@googlemail.com&gt;

Mon, Jun 28, 2021 at 2:01 PM

To: iqac mgm &lt;iqacmgmsop@gmail.com&gt;

Cc: "Dr. Rucha Pradhan" <rpradhan@mgmsopnm.edu.in>, "Bela Agarwal (MGM)" <bagarwal@mgmsopnm.edu.in>, Tejashree Dabholkar <tejashreedabholkar@mgmsopnm.edu.in>, "Dr. Hiranmayee Bagwe" <hbagwe@mgmsopnm.edu.in>, bhoomika sawant <Sawantbhoomika@gmail.com>, Amrita ghosh <ghoshamrita747@gmail.com>, Ruturaj Shete <raturaj.53@gmail.com>, Omeshree Nagrale <omeshreenagrale123@gmail.com>, "Dr. Mamta Shetty" <mshetty@mgmsopnm.edu.in>, "Dr. Anisha Gulati" <agulati@mgmsopnm.edu.in>, Payal Murkudkar <murkudkarpayal@gmail.com>, pooja dogra <poojasdogra@gmail.com>, dikshabasu@mgmsop.nm.edu.in, suchitharao@mgmsopnm.edu.in, "Dr. Triveni Shetty" <tshetty@mgmsopnm.edu.in>, "Dr. Shrutika Parab" <shrutikaparab.mgmsop@gmail.com>, MGMSOP NM <mgmschoolofphysiotherapy@mgmsopnm.edu.in>



5/13/22, 12:51 PM

MGM Institute of Health Sciences Mail - Gurudiksha - a Mentoring Initiative by MGMSOP



MGMSOP NM <mgmschoolofphysiotherapy@mgmsopnm.edu.in>

## Gurudiksha - a Mentoring Initiative by MGMSOP

3 messages

iqac mgm <iqacmgmsop@gmail.com>

Sat, Jun 26, 2021 at 12:59 PM

To: "Dr. Rucha Pradhan" <rpradhan@mgmsopnm.edu.in>, "Bela Agarwal (MGM)" <bagarwal@mgmsopnm.edu.in>, Tejashree Dabholkar <tejashreedabholkar@mgmsopnm.edu.in>, "Dr. Hiranmayee Bagwe" <hbagwe@mgmsopnm.edu.in>, bhoomika sawant <Sawantbhoomika@gmail.com>, Amrita ghosh <ghoshamrita747@gmail.com>, Raturaj Shete <raturaj.53@gmail.com>, Omeshree Nagrale <omeshreenagrale123@gmail.com>, "Dr. Mamta Shetty" <mshetty@mgmsopnm.edu.in>, "Dr. Anisha Gulati" <agulati@mgmsopnm.edu.in>, Payal Murkudkar <murkudkarpayal@gmail.com>, pooja dogra <poojasdogra@gmail.com>, dikshabasu@mgmsop.nm.edu.in, suchitharao@mgmsopnm.edu.in, "Dr. Triveni Shetty" <tshetty@mgmsopnm.edu.in>, "Dr. Shrutika Parab" <shrutikaparab.mgmsop@gmail.com>

Cc: Rajani Kanade <rajani.kanade@gmail.com>, MGMSOP NM <mgmschoolofphysiotherapy@mgmsopnm.edu.in>

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All the best !

Thanking you,  
Kind regards,

**IQAC Coordinator,  
MGM School of Physiotherapy,  
Navi Mumbai**

 Gurudiksha- Faculty names and month of conduction.doc  
364K

Rajani Kanade <rajani.kanade@googlemail.com>

Mon, Jun 28, 2021 at 2:01 PM

To: iqac mgm <iqacmgmsop@gmail.com>

Cc: "Dr. Rucha Pradhan" <rpradhan@mgmsopnm.edu.in>, "Bela Agarwal (MGM)" <bagarwal@mgmsopnm.edu.in>, Tejashree Dabholkar <tejashreedabholkar@mgmsopnm.edu.in>, "Dr. Hiranmayee Bagwe" <hbagwe@mgmsopnm.edu.in>, bhoomika sawant <Sawantbhoomika@gmail.com>, Amrita ghosh <ghoshamrita747@gmail.com>, Raturaj Shete <raturaj.53@gmail.com>, Omeshree Nagrale <omeshreenagrale123@gmail.com>, "Dr. Mamta Shetty" <mshetty@mgmsopnm.edu.in>, "Dr. Anisha Gulati" <agulati@mgmsopnm.edu.in>, Payal Murkudkar <murkudkarpayal@gmail.com>, pooja dogra <poojasdogra@gmail.com>, dikshabasu@mgmsop.nm.edu.in, suchitharao@mgmsopnm.edu.in, "Dr. Triveni Shetty" <tshetty@mgmsopnm.edu.in>, "Dr. Shrutika Parab" <shrutikaparab.mgmsop@gmail.com>, MGMSOP NM <mgmschoolofphysiotherapy@mgmsopnm.edu.in>

<https://mail.google.com/mail/u/0/?ik=45ece271c5&view=pt&search=all&permthid=thread-f%3A1703613261073396175&siml=msg-f%3A1703613261...> 1/2



12:51 PM

MGM Institute of Health Sciences Mail - Gurudiksha - a Mentoring Initiative by MGMSOP

Dear All,  
Let us make this a success!

All the best  
RPM

[Quoted text hidden]

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Dr.Rajani Mullerpatan (PhD, MSc PT)

Prof-Director  
MGM School of Physiotherapy  
MGM Center of Human Movement Science  
MGM Institute of Health Sciences  
Navi Mumbai.  
Tel: 91 22 65143108  
email: mgmschoolofphysiotherapy@gmail.com

---

**Omeshree Nagrale** <omeshreenagrle123@gmail.com>  
To: MGMSOP NM <mgmschoolofphysiotherapy@mgmsopnm.edu.in>

Thu, Jan 13, 2022 at 12:08 PM

----- Forwarded message -----


From: iqac mgm <iqacmgmsop@gmail.com>  
Date: Sat, Jun 26, 2021 at 12:53 PM  
Subject: Gurudiksha - a Mentoring Initiative by MGMSOP  
To: Dr. Rucha Pradhan <rpradhan@mgmsopnm.edu.in>, Bela Agarwal (MGM) <bagarwal@mgmsopnm.edu.in>, Tejashree Dabholkar <tejashreedabholkar@mgmsopnm.edu.in>, Dr. Hiranmayee Bagwe <hbagwe@mgmsopnm.edu.in>, bhoomika sawant <Sawantbhoomika@gmail.com>, Amrita ghosh <ghoshamrita747@gmail.com>, Raturaj Shete <raturaj.53@gmail.com>, Omeshree Nagrale <omeshreenagrle123@gmail.com>, Dr. Mamta Shetty <mshetty@mgmsopnm.edu.in>, Dr. Anisha Gulati <agulati@mgmsopnm.edu.in>, Payal Murkudkar <murkudkarpayal@gmail.com>, pooja dogra <poojasdogra@gmail.com>, <dikshbasu@mgmsop.nm.edu.in>, <suchitharao@mgmsopnm.edu.in>, Dr. Triveni Shetty <tshetty@mgmsopnm.edu.in>, Dr. Shrutika Parab <shrutikaparab.mgmsop@gmail.com>  
Cc: Rajani Kanade <rajani.kanade@gmail.com>, MGMSOP NM <mgmschoolofphysiotherapy@mgmsopnm.edu.in>

[Quoted text hidden]

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Regards,  
Dr. Omeshree Nagrale  
Assistant Professor  
MGM School of Physiotherapy  
Sector -1, Kamothe, Navi Mumbai-410209  
Maharashtra, India  
Phone No- 9673118809

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 **Gurudiksha- Faculty names and month of conduction.doc**  
364K





# MGM INSTITUTE OF HEALTH SCIENCES

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## MGM SCHOOL OF PHYSIOTHERAPY

Sector-1, Kamothe, Navi Mumbai – 410209

Date: 26-06-2021

### “Gurudiksha”

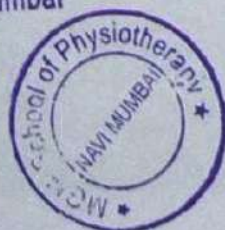
#### a Mentorship initiative by MGMSOP, NM

Following is the list of faculty member who will be responsible for conducting the event

Name of Faculty Member	Month
Dr.Omeshree Nagrale (PT)	July 2021
Dr.Anisha Gulati (PT)	August 2021
Dr.Diksha Basu (PT)	September 2021
Dr.Hiranmayee Bagwe (PT)	October 2021
Dr.Payal Murkudkar (PT)	November 2021
Dr.Triveni Shetty (PT)	December 2021
Dr.Rucha Pradhan (PT)	January 2022
Dr.Ruturaj Shete (PT)	February 2022
Dr.Pooja Dogra(PT)	March 2022
Dr. Bhoomika Sawant (PT)	April 2022
Dr.Shrutika Parab (PT)	May 2022
Dr.Amrita Ghosh (PT)	June 2022
Dr.Sucheta Rao (PT)	July 2022
Dr.Mamta Shetty (PT)	August 2022

*R. Muller*  
Professor - Director  
MGM School of Physiotherapy  
MGMHS, Navi Mumbai

*C. Raju*





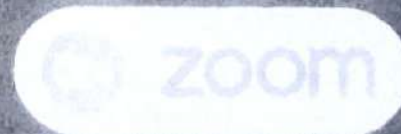


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MGM SCHOOL OF PHYSIOTHERAPY  
Sector-1, Kamothe, Navi Mumbai – 410209

*Presents*

# गुरुदक्षिणा

*An interaction with*  
**DR. BHARATI BELLARE**



**Saturday**

**21<sup>st</sup> August**

**11am  
onwards**

**Dr. Bharati Bellare**, former Professor and HOD, LTMMC, Mumbai is a distinguished personality in the physiotherapy fraternity. She has an experience of **48 years** in clinical domain and **35 years** of teaching experience in the field of physiotherapy

- Former President - Indian Association of Physiotherapy
- More than 40 publications in National/International Journal
- Author of various Community Physiotherapy and Women's health

***Inviting all students and faculty members to join us:***

**<https://us06web.zoom.us/j/8833327745?pwd=RIUzOWlHejVhVzZRa2l3M0hZUllVZz09>**





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## गुरुदीक्षा

<b>Preamble:</b>	'गुरुदीक्षा' is a series for young physiotherapy students which consist of session featuring honorable and renowned faculties in the world of physiotherapy.
<b>Objective:</b>	To inspire budding Physiotherapy students from the senior members in the fraternity
<b>Time and Date:</b>	11:00 am to 1:00 pm, 21 <sup>st</sup> August 2021
<b>Organized By:</b>	MGM School of Physiotherapy, Navi Mumbai
<b>Participants:</b>	113 Participants
<b>Speaker:</b>	Dr. Bharati Bellare Former Professor & Head of department LTM Medical college, Mumbai
<b>Host:</b>	Dr. Omeshree Nagrale (PT) Assistant Professor MGM School of Physiotherapy, Navi Mumbai
<b>Summary:</b>	Dr. Omeshree Nagrale (PT) inaugurated the session गुरुदीक्षा an initiative conceptualized keeping in mind the rich legacy of the senior members in fraternity. Dr. Rajani Mullerpattan had welcome Dr. Bharati Bellare on behalf of MGM School of Physiotherapy. Dr. Bharati Bellare have spoken regarding her contribution during the metamorphosis of physiotherapy from a lower status as assistant to medicos to a status as an independent health profession Vote of thanks was proposed by Dr. Omeshree Nagrale (PT), Assistant Professor.



<b>Feedback:</b>	Students felt that the session was very inspiring & they were grateful for witnessing Dr. Bharati Bellare sharing her wide experiences with respect to academic affair.
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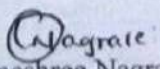
Brochure for गुरुदीक्षा




Dr. Omeshree Nagrale (PT) commencing गुरुदीक्षा Session



Participants attending session online

  
 Dr. Omeshree Nagrale (PT)  
 Event coordinator  
 MGM School of Physiotherapy  
 Navi Mumbai

  
 Dr. Rajani Mullerpatan  
 Prof-Director  
 MGM School of Physiotherapy  
 Navi Mumbai







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Sector-1, Kamothe, Navi Mumbai - 410209

Date : 21/8/2021

#### Gurudiksha Attendance Report

Sr. No.	Name	Designation	Email	Institution
1	Dr. Omeshree Nagrale	Assistant Professor	omeshreenagrale123@gmail.com	MGM School of Physiotherapy
	Dr. tejashree dabholkar	Professor	tejashreedabholkar81@gmail.com	MGM School of Physiotherapy
3	Dr. Mamta Shetty	Assistant Professor	mshetty@mgsopnm.edu.in	MGM School of Physiotherapy
4	Janvi Gerella	BPT Student	gerellajanvi@gmail.com	MGM School of Physiotherapy
5	Dr. Rajani Mullerpatan	Professor-Director	rajani.kanade@gmail.com	MGM School of Physiotherapy
6	Nitin Pawar		npawar@mgsopnm.edu.in	MGM School of Physiotherapy
7	80. Raashi Kadam	BPT Student	raashidkadam@gmail.com	MGM School of Physiotherapy
8	Payal Murkudkar	Assistant Professor	murkudkarpayal@gmail.com	MGM School of Physiotherapy
9	Dr. Bharati Bellare		bharatibellare@hotmail.com	
10	Bela Agarwal	Professor	belaagarwal@gmail.com	MGM School of Physiotherapy
11	Gauri Nawale	BPT Student	gaurinawale651@gmail.com	MGM School of Physiotherapy
12	Vaishnavi Chowdhari	BPT Student	vaish.choudhary27@gmail.com	MGM School of Physiotherapy
13	Anisha Gulati	Assistant Professor	anishagulati05@gmail.com	MGM School of Physiotherapy
14	heli savla	MPT Student	helisavla50@gmail.com	MGM School of Physiotherapy
15	Purva juwatkar	MPT Student	purvamsj2002@gmail.com	MGM School of Physiotherapy
16	Pruthvi shetty	BPT Student	pruthvi1101@gmail.com	MGM School of Physiotherapy
17	Amrita Ghosh	Associate Professor	ghoshamrita747@gmail.com	MGM School of Physiotherapy
18	Gargee Thale	BPT Student	gargeethale@gmail.com	MGM School of Physiotherapy
19	Neha Padia	BPT Student	nehapadia3@gmail.com	MGM School of Physiotherapy
20	Prinkle Pasad	BPT Student	prinklepasad02@gmail.com	MGM School of Physiotherapy
21	Neha Papat	BPT Student	nehapapat2002@gmail.com	MGM School of Physiotherapy
23	Roshani Chaurasia	BPT Student	roshanichaurasia68@gmail.com	MGM School of Physiotherapy
24	kanishka patil	BPT Student	kanishkapatil30@gmail.com	MGM School of Physiotherapy
25	Heba Khan	BPT Student	khanheba85@gmail.com	MGM School of Physiotherapy
26	Kadambari Mahajan	BPT Student	kadambarimahajan2001@gmail.com	MGM School of Physiotherapy



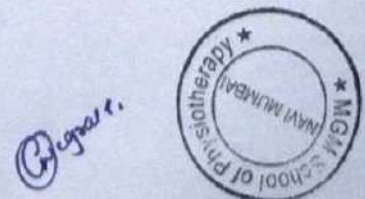


27	Rupali Bhosale	BPT Student	bhosalerupali2807@gmail.com	MGM School of Physiotherapy
28	Divit Mehta	BPT Student	mehtadj26@gmail.com	MGM School of Physiotherapy
29	Neena V	BPT Student	neenavarghese15@gmail.com	MGM School of Physiotherapy
30	Anita Choudhary	BPT Student	choudharyanitak11@gmail.com	MGM School of Physiotherapy
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104	Mooskan Attar	BPT Student	rozinaattar@gmail.com	MGM School of Physiotherapy
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	Karishma Bobade			
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*R. M. Muliyil*  
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MGMS, Navi Mumbai





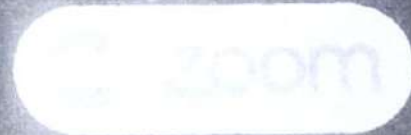


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MGM SCHOOL OF PHYSIOTHERAPY  
Sector-1, Kamothe, Navi Mumbai - 410209.

**Presents**

**गुरुदक्षिणा**

**An interaction with  
DR. MANGALA DESHPANDE  
on her journey as a  
physiotherapist of eminence  
on**



**Dr. Mangala Deshpande**, former Professor and Director, VSPMs College of Physiotherapy, Nagpur, completed her education from Nagpur University in 1993 and has had an experience of over 50 years in the field of physiotherapy

- IAP Hitra oration 1990 at Delhi conference
- Lifetime achievement award at NARCOAD Nagpur in 2013.

**Inviting all students and faculty  
members to join us:**

**<https://zoom.us/j/9123456789>**

**Saturday**

**17th July**

**3:30PM**





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Sector-1, Kamothe, Navi Mumbai – 410209

**गुरुदीक्षा**

<b>Preamble:</b>	'गुरुदीक्षा' is a series for young physiotherapy students which consist of session featuring honorable and renowned faculties in the world of physiotherapy.
<b>Objective:</b>	To inspire budding Physiotherapy students from the senior members in the fraternity
<b>Time and Date:</b>	3:30 pm to 5:00 pm, 17 <sup>th</sup> July 2021
<b>Organized By:</b>	MGM School of Physiotherapy, Navi Mumbai
<b>Participants:</b>	163
<b>Speaker:</b>	Dr. Mangala Deshpande Former Professor & Director VSPMs College of Physiotherapy, Nagpur
<b>Host:</b>	Dr. Omeshree Nagrale (PT) Assistant Professor MGM School of Physiotherapy, Navi Mumbai
<b>Summary:</b>	Dr. Omeshree Nagrale (PT) inaugurated the session गुरुदीक्षा an initiative conceptualized keeping in mind the rich legacy of the senior members in fraternity. Dr. Rajani Mullerpatan had welcome Dr. Mangala Deshpande on behalf of MGM School of Physiotherapy. Dr. Mangala Deshpande have spoken regarding her experience & contributions in the society. She also spoke about conventional & modern physiotherapy practice. Vote of thanks was proposed by Ms. Rashi Kadam, a student of I BPT programme.



**Feedback:**

Students felt that the session was very inspiring & they were grateful for witnessing Dr. Mangala Deshpande sharing her wide experiences with respect to clinical as well as academic affair.



Brochure for **सुराविक्षा**



Dr. Omeshree Nagrale (PT) commencing **सुराविक्षा** Session



BPT Students attending **सुराविक्षा** session online



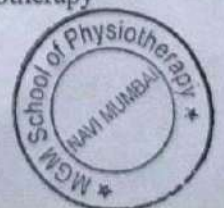
Participants attending session online

**Omshree**  
Dr. Omeshree Nagrale (PT)  
Event coordinator

MGM School of Physiotherapy, Navi Mumbai

**RN**  
Dr. Rajani Mullerpatan  
Prof-Director

MGM School of Physiotherapy







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Sector-1, Kamothe, Navi Mumbai - 410209

Sr.No	Name of the Participants	Designation	Institution
1	krishi	BPT Student	MGMSOP,NM
2	Aishwarya Shirude	BPT Student	MGMSOP,NM
3	Yashvi Bhanushali	BPT Student	MGMSOP,NM
4	Shankari Balan	BPT Student	MGMSOP,NM
5	Gunjan Tejwani	BPT Student	MGMSOP,NM
6	Sanket Derkar	BPT Student	MGMSOP,NM
7	Khushi Khandelwal	BPT Student	MGMSOP,NM
8	Rashmi Amin	BPT Student	MGMSOP,NM
9	Labdhi Gada	BPT Student	MGMSOP,NM
10	Zoya Mohammed	Intern	MGMSOP,NM
11	Smita Gaikwad	BPT Student	MGMSOP,NM
12	Dishti Solanki	BPT Student	MGMSOP,NM
13	Ruturaj	Assistant Professor	MGMSOP,NM
14	Simran Kadam	BPT Student	MGMSOP,NM
15	Yash Bhanushali	BPT Student	MGMSOP,NM
16	Omeshree Nagrale	Assistant Professor	MGMSOP,NM
17	Brinda Shah	BPT Student	MGMSOP,NM
18	Jiniyas Rajput	BPT Student	MGMSOP,NM
19	Dhwani Sheth	BPT Student	MGMSOP,NM
20	Vaishnavi J Bangar	BPT Student	MGMSOP,NM
21	Sumanvita Batni	BPT Student	MGMSOP,NM
22	Dr. Hiranmayee Bagwe	Assistant Professor	MGMSOP,NM
23	Dr. Mamta	Assistant Professor	MGMSOP,NM
24	Damini Aglawe	MPT Student	MGMSOP,NM
25	Kavya Agrawal	BPT Student	MGMSOP,NM
26	shweta zende	BPT Student	MGMSOP,NM
27	Krish Jain	BPT Student	MGMSOP,NM
28	Sakshi Ramani	BPT Student	MGMSOP,NM
29	Aarvi Vora	BPT Student	MGMSOP,NM
30	Nitanshu Sawant	BPT Student	MGMSOP,NM
31	yashvi bhanushali	BPT Student	MGMSOP,NM
32	Aeman shaikh	BPT Student	MGMSOP,NM
33	Esha Nair	BPT Student	MGMSOP,NM





34	Sakshi Ramani	BPT Student	MGMSOP_NM
35	Vedant Bangar	BPT Student	MGMSOP_NM
36	Payal Murkudkar	Assistant Professor	MGMSOP_NM
37	Vaishnavi Bangar (Vedant Bangar)	BPT Student	MGMSOP_NM
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39	Aiman Ali	BPT Student	MGMSOP_NM
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44	Prinkle Patad	BPT Student	MGMSOP_NM
45	Nirja Joshi	BPT Student	MGMSOP_NM
46	Avani Dabri	BPT Student	MGMSOP_NM
47	Charvi Gala	BPT Student	MGMSOP_NM
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56	Kadambari	BPT Student	MGMSOP_NM
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58	Kainat	BPT Student	MGMSOP_NM
59	Anisha Gulati	BPT Student	MGMSOP_NM
60	MGMCM Class5	BPT Student	MGMSOP_NM
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79	Sharmeen	BPT Student	MGMSOP_NM
80	Mooskan Attar	BPT Student	MGMSOP_NM



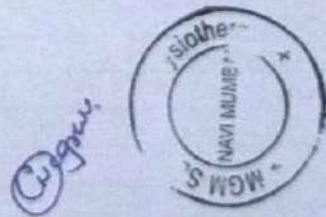
81	Gaurav Patil	BPT Student	MGMSOP,NM
82	Lovina Cardoz	BPT Student	MGMSOP,NM
83	Deetya Oza	BPT Student	MGMSOP,NM
84	Roshani Chaurasia	BPT Student	MGMSOP,NM
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92	Rini Sharma	BPT Student	MGMSOP,NM
93	Nishi Jain	BPT Student	MGMSOP,NM
94	Bhakti Makadia	BPT Student	MGMSOP,NM
95	Dewin Dsouza	BPT Student	MGMSOP,NM
96	Aditya Narkhede	BPT Student	MGMSOP,NM
97	Sana Shaikh	BPT Student	MGMSOP,NM
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120	Vedant Gharat	BPT Student	MGMSOP,NM
121	vishakha (Ig:artsymania 11 .)	BPT Student	MGMSOP,NM
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141	Hridya	BPT Student	MGMSOP,NM
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156	VISHAKHA MORYE	BPT Student	MGMSOP,NM
157	KalpitaKadam	BPT Student	MGMSOP,NM
158	Shalom Andrews	BPT Student	MGMSOP,NM
159	Dr.Shrutika Parab	Assistant Professor	MGMSOP,NM
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161	Dr.Diksha Basu	Assistant Professor	MGMSOP,NM
162	Dr.Pooja Dogra	Assistant Professor	MGMSOP,NM
163	Dr.Suchita Rao	Assistant Professor	MGMSOP,NM

*R Mullerpatan*  
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**MGMHS, Navi Mumbai**







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Presents

## gurudiksha



*An interaction with  
Dr. Hutoxi Writer*

Dr. Hutoxi Writer, is a distinguished personality in the field of Physiotherapy. She is the former Professor, and HOD at College of Physiotherapy, Nair Hospital. She has **44 years** of experience, with **30 years** of teaching experience at Mumbai University and Maharashtra University of Health Science (1990 to 2020).

- She has over **20** publications in the field of Neurorehabilitation.
- She is the former Ph.D. guide at Maharashtra University of Health and Science (MUHS).
- She has served as Academic Council Member, Senate Member, Chairperson of Board of Studies at MUHS.
- Her exemplary service in the field, has been recognized with several awards.

Inviting all students and faculty members to join us:

<https://zoom.us/j/91568709120?>

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**Thursday, 30<sup>th</sup> September 2021, 2pm onwards**





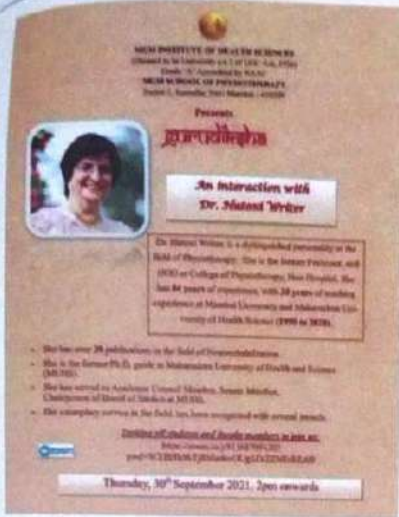
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## GURUDIKSHA

<b>Preamble:</b>	'GURUDIKSHA' is a series for young physiotherapy students which consist of session featuring honorable and renowned faculties in the world of physiotherapy.
<b>Objective:</b>	To inspire budding Physiotherapy students from the senior members in the fraternity
<b>Time and Date:</b>	2:00 pm to 4:00 pm, 30 <sup>th</sup> September 2021
<b>Organized By:</b>	MGM School of Physiotherapy, Navi Mumbai
<b>Participants:</b>	109 Participants
<b>Speaker:</b>	Dr. Hutoxi Writer Former Professor & Head of Department at College of Physiotherapy, Nair Hospital.
<b>Host:</b>	Dr. Diksha Basu (PT) Assistant Professor, MGM School of Physiotherapy, Navi Mumbai
<b>Summary:</b>	Dr. Diksha Basu (PT) inaugurated the session GURUDIKSHA an initiative conceptualized, keeping in mind the rich legacy of the senior members in fraternity. Dr. Rajani Mullerpatan had welcome Dr. Hutoxi Writer on behalf of MGM School of Physiotherapy. Dr. Hutoxi Writer have spoken regarding her contribution during the metamorphosis of physiotherapy from a lower status as an assistant to medicos to a status as an independent health profession. Vote of thanks was proposed by Dr. Akshat Raj, IBPT student.
<b>Feedback:</b>	Students felt that the session was very inspiring & they were grateful for witnessing Dr. Hutoxi Writer sharing her wide experiences with respect to academic and clinical hands on.





Brochure for GURUDI KSHA



Dr. Diksha Basu (PT) commencing GURUDI KSHA



Participants attending session online

Dr. Diksha Basu (PT)  
 Event coordinator  
 MGM School of Physiotherapy  
 Navi Mumbai





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MGM SCHOOL OF PHYSIOTHERAPY

## Pelvic Floor Rehabilitation session

<b>Preamble:</b>	Pelvic floor muscles form an essential part of the core. Dr. Yojna Mange (P.T) further highlighted the role, assessment and rehabilitation of pelvic floor muscles.
<b>Objective</b>	To spread awareness about Importance of Pelvic Floor Rehabilitation among students and practitioners.
<b>Date &amp; Time</b>	28 <sup>th</sup> October 2021, 2:00pm to 4:00pm
<b>Organized by</b>	MGM School of Physiotherapy, Navi Mumbai
<b>Speakers</b>	Dr. Yojna Mange (PT)
<b>Participants</b>	48 Interns and 17 MPT scholars from MGM School Of Physiotherapy, Navi Mumbai
<b>Summary</b>	Dr. Yojna Mange (PT) oriented the students with the anatomy of pelvic floor and various conditions associated with its dysfunction. The theory session which was an eye opener was followed by an offline session focusing on assessment and rehabilitation. The session was terminated with a Q and A round with Dr. Yojna Mange (PT).





Dr. Yojna Mange (PT)  
Educating students on Pelvic floor.



Dr. Yojna Mange (PT) and Dr. Omeshree Nagrale (PT) with students of MGM School of Physiotherapy, Navi Mumbai.

*(N) Nagrale:*

Dr. Omeshree Nagrale (PT)  
Assistant Professor  
MGM School of Physiotherapy, Navi Mumbai





MGMSOP NM &lt;mgmschoolofphysiotherapy@mgmsopnm.edu.in&gt;

**Fwd: "Basic course in Teachers Training programme for Allied Health Science Professionals" to be conducted by Medical Education Unit, MGM Medical College, Navi-Mumbai from 17th -18th August 2021**

1 message

**Omeshree Nagrale** <omeshreenagrale123@gmail.com>  
To: MGMSOP NM <mgmschoolofphysiotherapy@mgmsopnm.edu.in>

Sat, Jan 15, 2022 at 3:58 PM

----- Forwarded message -----

From: mgm school of physiotherapy <mgmschoolofphysiotherapy@gmail.com>  
Date: Mon, Aug 16, 2021 at 2:31 PM  
Subject: Fwd: "Basic course in Teachers Training programme for Allied Health Science Professionals" to be conducted by Medical Education Unit, MGM Medical College, Navi-Mumbai from 17th -18th August 2021  
To: Payal Murkudkar <murkudkarpayal@gmail.com>, Hiranmayee Bagwe <hiranmayee.bagwe@gmail.com>, <omeshreenagrale123@gmail.com>, Ruturaj Shete <raturaj.53@gmail.com>, Dr. Anisha Gulati <agulati@mgmsopnm.edu.in>, Rucha Pradhan <rucha.kastu@gmail.com>, Dr Pooja Dogra <poojasdogra@gmail.com>, Bhoomika Sawant Intern <sawantbhoomika@gmail.com>, rajani.kanade <rajani.kanade@gmail.com>, Dr Bela Agarwal <bagarwal@mgmsopnm.edu.in>

----- Forwarded message -----

From: MEU MGMMC NAVI MUMBAI <mgmmcmeu@gmail.com>  
Date: Mon, 16 Aug 2021 at 12:57  
Subject: "Basic course in Teachers Training programme for Allied Health Science Professionals" to be conducted by Medical Education Unit, MGM Medical College, Navi-Mumbai from 17th -18th August 2021  
To: <raturaj.53@gmail.com>, <nishamane@mgmudn-nm.edu.in>, <pratik.morade@gmail.com>, <neelamyeram21@gmail.com>, <subhasishpaikray@gmail.com>, <murkudkarpayal@gmail.com>, <patcy212@gmail.com>, <himanshurg@gmail.com>, <j.abraham@mgmudn-nm.edu.in>, <pdogra@mgmsopnm.edu.in>, <d.pingale@mgmudn-nm.edu.in>, <r.gupta1357@gmail.com>, <anamikamchalwadi@yahoo.co.in>, <sawantbhoomika@gmail.com>, <s.mohanty@mgmudn-nm.edu.in>, <shelarpratiksha23@gmail.com>, <sivakamasundarip@mgmudn-nm.edu.in>, <snehalnarayanrao@mgmudn-nm.edu.in>  
Cc: <sbsnm@mgmuhs.com>, mansi thakur <mansibiotech79@gmail.com>, Prabha Dasila <prabhadasila@gmail.com>, <principal@mgmudn-nm.edu.in>, <rajani.kanade@gmail.com>, <mgmschoolofphysiotherapy@gmail.com>, <uttara.deshmukh2010@gmail.com>, <mgmudpo@mgmuhs.com>, Mahatma M <mgmmcncb@gmail.com>, MEU MGMMC NAVI MUMBAI <mgmmcmeu@gmail.com>, <drseema23@gmail.com>, Registrar <registrar@mgmuhs.com>, Vice Chancellor MGMIHS <vc@mgmuhs.com>

Dear Participants,

We welcome you for the "Basic course in Teachers Training programme for Allied Health Science Professionals" which will be conducted by Medical Education Unit (MEU), MGM Medical College, Navi-Mumbai from 17th -18th August 2021.

The timings of the workshop:



1/15/22, 4:11 PM

MGM Institute of Health Sciences Mail - Fwd: "Basic course in Teachers Training programme for Allied Health Science Professors"

Breakfast- From 8.30 am to 9.00 am  
Sessions will start from 9 am sharp.

Venue: MEU conference Hall, 1st floor, Near Physiology department, MGM  
Medical College building.

The programme schedule is attached herewith.

You are requested to come to the venue on both days by 8.30 am.

Looking forward to your active participation in this programme.

Regards,

Dr. Mrunal Pimparkar  
(Nee- Dr. Seema Anjenaya)  
Professor, Community Medicine  
& Medical Education Unit (MEU) Co-ordinator  
MGM Medical College, Navi-Mumbai.  
Mobile: 9821661558 / 9372962162  
Email id: mgmmcmeu@gmail.com


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Administrative Office  
MGM School of Physiotherapy  
Kamothe, Navi Mumbai  
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Regards,  
Dr. Omeshree Nagrale  
Assistant Professor  
MGM School of Physiotherapy  
Sector -1, Kamothe, Navi Mumbai-410209  
Maharashtra, India  
Phone No- 9673118809

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 Programme Schedule.pdf  
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**MAHATMA GANDHI MISSION  
MEDICAL COLLEGE & HOSPITAL, NAVI MUMBAI  
MEDICAL EDUCATION UNIT (MEU)**

Junction of NH-4 & Sion Panvel Expressway Sector -1, Kamothe, Navi Mumbai -410 209.  
Tel no - 022/27433404, Email - [mgmmcmeu@gmail.com](mailto:mgmmcmeu@gmail.com)

Programme for

**"Basic course in Teachers Training programme for Allied Health Science Professionals"**

(MGM Physiotherapy, Nursing, SBS & Dept of Prosthetics and Orthotics)

From: 17<sup>th</sup> - 18<sup>th</sup> August 2021 (First Batch)

&

24<sup>th</sup> - 25<sup>th</sup> August 2021 (Second Batch)

**Programme Schedule**

DAY 1		
Time	Session	Faculty Members
9.00 am - 9.30 am	* Registration * Inauguration & Course orientation by Dean <b>Dr. G. S. Narshetty</b> & <b>Dr. Mrunal Pimparkar</b> (Prof., Community Medicine & MEU Co-ordinator) *Pre test	
9.30 am - 10.15 am	Introduction to Group Dynamics ( Ice Breaking, Demonstrate group roles through exercise Group Dynamics, Team Building Managing Teams, Thinking out of Box)	<b>Dr. Mrunal Pimparkar</b> (Prof., Community Medicine & MEU Co-ordinator)
10.15 am - 11.00 am	Systems Approach, Learning Process, Adult Learning (Teaching Learning Process, Pedagogy vs Androgogy, Principles of adult learning, Self directed learning, Motivation to learn)	<b>Dr. Rakesh Gildyal</b> (Prof & HOD, Psychiatry)
11.00 am - 11.15 am	<b>TEA</b>	
11.15 am - 12.00 pm	Curriculum development	<b>Dr. R. S. Inamdar</b> (Prof., & HOD Physiology)
12.00 pm - 12.45 pm	Taxonomy of Learning (Introduction to concepts of taxonomy of learning, Domains of learning and examples, Types of objectives)	<b>Dr. Shilpi Sahu</b> (Prof., & HOD Pathology)
12.45 pm - 1.30 pm	<b>LUNCH</b>	
1.30 pm - 2.15 pm	Interactive and Innovative teaching methods Including Large Group, Small Group	<b>Dr. Anjali Sabnis</b> (Prof., & HOD Anatomy)
2.15 pm - 3.15 pm	Self directed Learning (SDL), Problem Based Learning (PBL)	<b>Dr. R. S. Inamdar</b> (Prof., & HOD Physiology)
3.15 pm - 3.30 pm	<b>TEA</b>	
3.30 pm - 4.00 pm	Microteaching	<b>Dr. Mrunal Pimparkar</b> (Prof.,Community Medicine &MEU Co-ordinator)
4.00 pm - 4.30 pm	Effective use of Media	<b>Dr. Mrunal Pimparkar</b>

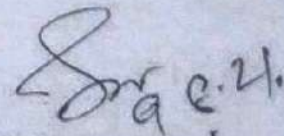


DAY 2		
Time	Session	Faculty Members
9.00 am – 9.30 am	Feedback	Dr. Darpan Kaur (Associate Prof., Psychiatry)
9.30 am – 10.30 am	E- Learning	Dr. Rita Khadakikar (Associate Prof., Physiology) & Dr Darpan Kaur (Associate Prof., Psychiatry)
10.30 am – 11.15 am	Introduction to Assessment- Formative and Summative	Dr. Kalpana Rajiv Kumar (Prof., & HOD, ENT)
11.15 am – 11.30 am	TEA	
11.30 am – 1.15 pm	Assessment of Knowledge: (MCQs including Item analysis, Setting of Question paper and Concept of Blue printing)	Dr. Ipseeta Ray (Professor, Pharmacology)
1.15 pm – 2.00 pm	LUNCH	
2.00 pm – 2.45 pm	Assessment of Knowledge: (Essay type questions, Short Answer questions)	Dr. A. D.Urhekar (Prof., Microbiology)
2.45 pm – 3.15 pm	OSCE, OSPE	Dr. Bageshree Seth (Prof., Paediatrics)
3.15 pm – 3.30 pm	TEA	
3.30 pm – 4.15 pm	Oral & Viva Voce	Dr. Mrunal Pimparkar (Prof., Community Medicine & MEU Co-ordinator)
4.15 pm – 4.45 pm	Open House Post Test Feedback from Participants	



Dr. Mrunal Pimparkar  
Professor, Community Medicine  
& Medical Education Unit Co-ordinator

**Co-ordinator**  
Medical Education Unit  
M.G.M. Medical College,  
Kamethe, Navi Mumbai-410209

Dr. G. S. Narshetty  
DEAN

M.G.M. Medical College & Hospital  
Kamethe, Navi Mumbai - 410209