

Economically Developing Countries (EDC) Project Memorandum of Understanding

Please note this document contains guidelines and examples to assist you when filling in each section. The instructions (highlighted in blue italics) should be deleted when completing this application form.

Declaration by the International Society of Biomechanics (ISB):

The ISB is dedicated to supporting international initiatives that will promote research, education, and the provision of healthcare in the field of biomechanics. The objectives of the ISB, with regards to the advocacy of projects in EDC regions, include the following:

- To make the Society truly international.
- To help develop skills of, and/or opportunities for, clinicians and researchers in EDC who do not have the resources available to do so on their own.
- To provide collaborative learning opportunities for students and researchers in developed countries to help them understand the challenges faced in the developing world.
- To enable donating organizations to do something beneficial with equipment that is no longer needed by
- To help provide a sustainable initiative that will allow biomechanics skills and knowledge to flourish in developing regions.
- To enable clinicians and researchers in developing countries to solve biomechanics-related problems specific to their own region.

The ISB would like to ensure the long-term sustainability and overall success of all EDC projects. As such, all participants must be clear on the objectives of the EDC participating organization(s) and the supporting organization(s), in addition to the outcomes each party wishes to achieve. This Memorandum of Understanding is intended to help clarify this for all participants. It is also the framework by which the ISB will evaluate the success of the project in the short and long-term and to find out whether the expected outcomes have been achieved, thereby enabling improvement of this process for future projects.

Participants:

Please list all organizations involved in this project (include those that are supporting the EDC participant by way of equipment donations, technical or financial support, or other resources) and their primary contacts.

Name of Organization	EDC Participant OR	Supporting Organization	Primary Contact(s)	ISB Member Number*	E-mail
MGM School of Physiotherapy			Dr. Rajani Mullerpatan	5043	rajani.kanade@gmail.com
Indian Institute of Technology, Mumbai			Prof. B. Ravi Mr. Rupesh Ghyar	N/A In progress	b.ravi@ìitb.ac.in
Cardiff University		\boxtimes	Prof. Robert van Deursen	1974	vandeursenR@cardiff.ac.uk
International Society of Biomechanics (ISB)		\boxtimes	John Challis	1192	jhc10@psu.edu

Project Proposal:

2.

3.

a)

To be completed by the **EDC participant**:

1. What is the overall mission of your organization (e.g. to improve the independence and wellbeing of physically disabled people...) and how does this project help to support it?

The overall mission of MGMIHS is to provide healthcare services, research and higher education particularly in the area of medicine, nursing, physiotherapy and health management. Within physiotherapy/rehabilitation, training and research in the area of Biomechanics is essential to help maximize functional independence of people with physical impairments resulting from a wide spectrum of conditions i.e. repetitive stress, congenital, developmental and degenerative conditions precipitated by traumatic, vascular and pathologic origin. Precise and complete kinesiological assessment of such conditions will guide clinical decision making for accurate conservative, surgical, prosthetic/orthotic and ergonomic management for maximal functional outcome.

metroriar outcome.		
What is the primary strategic objethe areas listed below. In formulachieve.]	ective(s) of this project? [Please speci lating your objectives, consider spec	fy details about one or more of cific results you would like to
a. Teaching/educational program	ns:	
level of global merit (to enal worldwide) and local value to r lifestyle influenced by exclusi • Establish training for stud	val for a postgraduate degree course ole qualified postgraduates to participo meet specific functional needs of our po ve Indian culture far different from Wes ents from various disciplines such as Pl metics - Orthotics and Orthopedics at gra	pulation emerging from a tern lifestyle. hysiotherapy, Bio-engineering,
	omechanics of faculty members of MGN	1SOP
b. Research programs:		
	n in the area of human movement science obal in nature and specific to the Indiar	
c. Clinical assessment - diagnosi	s and treatment:	
degenerative conditions precipe guide clinical decision making ergonomic management.	plete kinesiological assessment of con litated by traumatic, vascular and pat for accurate conservative, surgical, pi	hologic origin which will
d. Other (please specify):		
Teaching/Educational programs: Curriculum for posapproval from MGMIHS an	design and/or management strateg stion 2? tgraduate course in Biomechanics will b	
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- A circular will be sent to Bio-engineering, Mechanical Engineering, Prosthetics and Orthotics and Orthopedics departments within the above mentioned Institutes to inform students from respective disciplines training schedule in biomechanics.
- Training will be imparted to faculty members in form of continuing professional development.

b) Research programs:

- Collaborative research projects between the 3 organizations will be developed to produce high end research studies encompassing fundamental and clinical biomechanics. PhD students will be appointed on appropriate research projects. Broad areas of research are
 - i. Barefoot walking and the risk of plantar ulceration (in collaboration with IIT Mumbai, Cardiff University)
 - ii. Foot and knee instability and the development of OA (in collaboration with Cardiff University and the University of Sydney)
 - iii. Yoga postures and their effect on the musculoskeletal system (in collaboration with IIT Mumbai and Cardiff University)

c) Clinical assessment -

• Diagnosis and treatment: Information pertaining to available clinical biomechanical evaluation tools will be circulated to various departments within and outside the hospital within Mumbai and Navi Mumbai. Referred patients will be assessed using biomechanical tools to arrive at precise measurement of impairments. Income generated through such services will be used for financial viability of the center. Expenses incurred for annual maintenance of laboratory equipment will be covered partly from the income generated by the center and partly from the funding acquired for research projects.

4. Who will benefit from this project? (e.g. Students, patients, etc)

- Undergraduate and postgraduate students from Physiotherapy, Bio- engineering, Mechanical Engineering, Prosthetics and Orthotics and Orthopedics department will benefit from training. Training will be imparted to students within India and across continents. Every effort will be made to enroll students from within India and countries abroad.
- Faculty members from MGMIHS will benefit from skill development in clinical biomechanics
- A Biomechanics Center with expert input from biomechanics specialists worldwide operated in India will offer global merit training at subsidized cost thereby making it affordable for students from several developing countries.
- Patients with congenital, developmental and degenerative conditions of traumatic, vascular and pathologic origin will benefit from biomechanical evaluation.

- Students will be exposed to globally used state-of-the-art valid and reliable methods used for biomechanical studiessuch as quantitative movement analysis and plantar pressure measurement. They will receive hands-on training and have opportunities to use various biomechanical tools to conduct research in biomechanics. Such training of global merit will be available at affordable cost to students from developing countries.
- Patients will benefit from precise and complete kinesiological assessment which will guide clinical decision making for accurate conservative, surgical, prosthetic/orthotic and ergonomic management.
- Faculty members will benefit from acquiring skills for biomechanical evaluation which will be applied in both clinical practice and student training.
- The biomechanics center will benefit from financial viability through the above mentioned expected benefits.
- 6. Please list proposed milestones associated with the actions, individuals, and benefits given in Questions 3, 4, and 5, respectively together with a timeline of events. Milestones should include specific outcomes that the collaborators wish to achieve.

Key Milestones	Time period
1. Establish Biomechanics Center: installation of equipment and pilot start	December 2013
2. Collaborative research projects	Already started. Ongoing
3. Design the curriculum for Masters degree course in Biomechanics and seek approval from the above mentioned contributing organizations	September 2014
4. Commence the course in clinical biomechanics	January 2015
5. Commencement of clinical service to patients	March 2014 onwards

- 7. What other authority/administrative body, such as government or college administration officials, must approve this initiative to ensure resources are allocated to the intended recipients? Has approval already been sought (please provide evidence of any approvals)?
 - Administrative/competent authorities of 3 above mentioned institutes have approved development of the research activities proposed at MGM Center for Biomechanics.
 - Additionally, approval will be sought for curriculum for Masters Course in Biomechanics by University Grant Commission, India and Academic Council of MGMIHS.
 - The opportunity to develop and approve transnational education in association with Cardiff University will be investigated.
- 8. What commitments will your organization make to ensure:
 - a. Recognition of contributions provided by supporting organizations? (e.g. Website acknowledgment, progress reports)
 - Publications and patents arising out of collaborative projects with Cardiff
 University and IIT Bombay will be shared by all 3 above mentioned organizations.
 - MGMIHS will acknowledge the support and contribution provided by IIT

- 5. What are the expected benefits for each group listed in Question 4? (e.g. Exposure to state-of-the-art methods of...)
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 - MGMIHS will acknowledge the support and contribution provided by IIT

Mumbai and Cardiff University on its website.

- Technical support provided by IIT Bombay will be acknowledged in relevant presentations and publications.
- Secondly, IIT Bombay will have an opportunity to conduct clinical trials at MGM Center for Biomechanics in collaboration with host organization which will be acknowledged in related reports.
- MGMIHS will acknowledge the support and contribution provided by IIT Mumbai, Cardiff University, ISB and AMTI on its website and in relevant publications
- MGMIHS will provide agreed upon (to be decided) educational materials to ISB to further share with ISB members in support to the EDC educational program
- MGMIHS will provide a brief "Project History" for the ISB website
- b. Long-term sustainability of the project (including personnel required to ensure continuation of project into the future)? (e.g. Staff training, technical support, security and maintenance, etc)
 - The host organization i.e. MGM Center for Biomechanics will provide ongoing security and maintenance of equipment.
 - Technical guidance for equipment selection and experimental data analysis will be provided by II Bombay. The equipment maintenance will be sought via annual maintenance contract from the respective vendors.
 - Staff training will continue as an ongoing process which will be partially supported by MGM Center for Biomechanics.
 - Any agreed joint transnational education programs would facilitate staff development.
 - Income generated through clinical services will aid financial viability of MGM Center for Biomechanics. For e.g. annual maintenance of equipment and expenses incurred towards consumables.
 - Income generated through tuition fees for Masters Course in Biomechanics and PhD program will partially support salary of some staff members.
 - Income generated through any agreed joint initiatives would be negotiated as appropriate.
 - PhD students will be recruited as research assistants on certain projects.

${\it Supporting\ Organizations-Commitments\ and\ Anticipated\ Benefits:}$

What contributions will be made by the supporting organizations? Please list all support that each participant has agreed to provide (e.g. financial, in-kind, training, etc), the period over which they have committed this support, estimated costs for the organization, and how they will benefit (e.g. publicity).

Organization	Commitments	Duration	Estimated Costs	Objectives/Benefits
MGMIHS	Allotted infrastructure for Biomechanics Center	Ongoing	Approx 1 million USD	Supports objectives outlined on pg 1.
	Allotted one competent Professor	Ongoing	Salary is paid by MGMSOP (15,000 USD)	
	Will recruit one research assistant & one laboratory technician	Ongoing	Salary will be paid by MGMIHS (6000 USD)	
	Already purchased some equipment such as emed pressure platform, activity monitoring system, Silicon coach etc. Staff training	2 weeks		
Cardiff	Send Prof. van Deursen for	4 visits:	Covered by	Collaborative Research projects.
University	4-visits	Nov 2013	ISB	
		May 2014		Biomechanics lab design, installation of equipment.
		Nov 2014		
		May 2015		Provide expertise in curriculum design related to clinical biomechanics.
IT Bombay	Technical guidance and collaborative research projects	ongoing		Using the MGMIHS Biomechanics lab for purpose of clinical testing of the products which are developed by IIT Bombay.
SB	Financial support to send Prof. van Deursen to MGMIHS	4 visits	7,503 USD	Supports objectives outlined on pg 1; acknowledgment in appropriate media; support for development of EDC educational material.
	Coordinate donation of two second-hand, re-calibrated	As soon as available	Approx. 30,000 USD	AMTI acknowledgment in appropriate.
	force platforms from AMTI with technical support for 5 years			MGMIHS and ISB media will strengthen relationship with AMTI.

Budget

Before any project can be endorsed by the ISB, a detailed budget for all costs involved for each participating organization must be approved by the ISB President, EDC Project Officer, and ISB Treasurer. In the budget, please consider monetary costs involved in establishing/initiating the project plus ongoing costs to ensure the project is sustainable. Please include the budget as a separate document.

$Signatures\ of\ primary\ contact\ from\ each\ participating\ organization:$

Dr. Rajani Mullerpata	n Priminpatan	25 July 2013
Name (please print)	Signature	Date
Prof. B. Ravi	196°2'	1 August 2013
Name (please print)	Signature	Date
Prof. Robert van Deu	rsen	9 August 2013
Name (please print)	Signature	Date
Prof. John Challis		22 007. 2013
Name (please print)	Signature	Date

(Include additional lines if necessary)