



MGM INSTITUTE OF HEALTH SCIENCES

(Deemed to be University u/s 3 of UGC Act, 1956)

Grade 'A' Accredited by NAAC

MGM SCHOOL OF PHYSIOTHERAPY

Sector-1, Kamothe, Navi Mumbai – 410209

Value Added Course

Basic Course on Road Safety and Traffic Rules

Venue: MGM School of Physiotherapy

Kamothe, Navi Mumbai



Objectives:

- ✓ Measure the magnitude and impact of road traffic injuries
- ✓ Assess the key risk factors
- ✓ Strengthen the evidence base for prevention
- ✓ Implement promising interventions
- ✓ Deliver post-crash care and transfer techniques
- ✓ Formulate and implement road safety policies

Attendees:

- ✓ III BPT students from MGM School of Physiotherapy

Learning Outcomes:

- ✓ On completion of this course you will achieve enhanced understanding of Basic Road Safety and post-crash care along with transfer techniques

Course co-ordinator: Dr. Meruna Bose

Members: Dr. Anisha Gulati (PT), Dr. Shrutika Parab (PT), Dr. Omeshree Nagrale & Dr. Hiranmayee Bagwe

(PT)



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Programme Schedule

Sr. No.	Date	Time	Topic	Name of Faculty	Mode of delivery
1.	26/06/2020	9am-11am	Rules and regulation of road safety	Dr. Omeshree Nagrale (PT)	Googleclassroom
		12am-2pm	Measures to overcome risk enhancing behaviours in traffic		
2.	27/06/2020	9am-11am	Introduction to causes of road traffic accidents	Dr. Shrutika Parab (PT)	Googleclassroom
		11am-2pm	Safe lifting and transportation technique	Dr. Anisha Gulati (PT)	Googleclassroom
3.	29/06/2020	9:30am-1:30pm	Practical session on lifting	Dr. Anisha Gulati (PT)	Googleclassroom
		2:30pm-4:30pm	Video graphic presentation of different types of mechanisms of injury	Dr. Shrutika Parab (PT)	Googleclassroom
4.	30/6/2020	9am-11am	Consequences of road traffic accident: <ul style="list-style-type: none">• Trauma to head and spine• Trauma to upper and lower extremity• Chest and abdominal trauma	Dr. Shrutika Parab (PT) Dr. Anisha Gulati (PT) Dr. Hiranmayee Bagwe (PT)	Googleclassroom



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Title	Value Added Course - Road Safety and Traffic Rules
Department	MGM School of Physiotherapy, MGM Institute of Health Sciences, Navi Mumbai
Venue	MGM School of Physiotherapy, MGM Institute of Health Sciences, Kamothe, Navi Mumbai
Course objectives	<ul style="list-style-type: none">• Measure the magnitude and impact of road traffic injuries• Assess the key risk factors• Strengthen the evidence base for prevention• Implement promising interventions• Deliver post-crash care and transfer techniques• Formulate and implement road safety policies
Course outline/content	<ul style="list-style-type: none">• Introduction to causes of road traffic accidents• Interaction Session with Spinal Cord Injury persons• Video graphic presentation of different types of mechanisms of injury• To teach the students about safe lifting and transportation of the person/s with injury/s• To understand safety, do's and don'ts to avoid accidents and ways to prevent maximum impact• Hands-on practical session on lifting of a person at accident site• Rules and regulations of road safety• Practice Hand's on session for transfer techniques for various injury levels• Risk enhancing behaviors in traffic measures of overcome them• Measures of overcome risk enhancing behaviors in traffic
Course Instructor	<ul style="list-style-type: none">• Dr. Meruna Bose, Associate Professor, MGM School of Physiotherapy, MGM Institute of Health Sciences, Navi Mumbai
Duration of the course	4 Days - 16 Hours
Course evaluation	Practical skills assessed
Number of students who completed the course	65

Certificate of course
completion

Given to all students

Course Feedback



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Date: 26.6.20, 27.6.20, 29.6.20, 30.6.20

List of III BPT Regular batch students

Roll	Name	Attendance sign in	Attendance sign out
1	Anoli Gupta Alok	Present	Present
2	Arangasseri Shalom Andrews	Present	Present
3	Bhanushali Yash Bhavesh	Present	Present
4	Cardoza Smerra Melwyn	Present	Present
5	Chandanshive Aarti Bapu	Present	Present
6	Chavan Shivani Narendra	Present	Present
7	Damle Neha Atul	Present	Present
8	Desai Mubarak Tajuddin	Present	Present
9	Desai Vidhi Kalpesh	Present	Present
10	Dixit Avani Atul	Present	Present
11	Furia Khilti Rajesh	Present	Present
12	Jain Urvi Rajesh	Present	Present
13	Joad Shifa Salauddin	Present	Present
14	Kadam Kalpita Vijay	Present	Present
15	Kadve Tanvi Santosh	Present	Present
16	Kalokhe Saba Akhtar	Present	Present
17	Kavya Agrawal Harish	Present	Present
18	Kelkar Ankita Makarand	Present	Present
19	Keshav Kumar Jagjit	Present	Present

20	Kukreja Roshni Nandlal	Present	Present
21	Kulkarni Sanika Satish	Present	Present
22	Laiba Imtiyaz Dalvi	Present	Present
23	Lalwani Kajal Jeetender	Present	Present
24	Lokhandwala Khadija Ebrahim	Present	Present
25	Mody Ferzeen Minoo	Present	Present
26	Morye Vishakha Dilip	Present	Present
27	Nambiar Sreya Murlidharan	Present	Present
28	Patil Shreeya Naresh	Present	Present
29	Patil Tanvi Surendra	Present	Present
30	Pillai Kirtika Dharmar	Present	Present
31	Rahul Haridas M V	Present	Present
32	Sahita Kanishka Tarun	Present	Present
33	Savadi Arya Vinayak	Present	Present
34	Shah Hinal Parag	Present	Present
35	Shah Priya Hemant	Present	Present
36	Shaikh Zaheen Zahid	Present	Present
37	Shaili Anil Gogri	Present	Present
38	Shankari Balan	Present	Present
39	Sheth Dhvani Hemanshu	Present	Present
40	Shinde Nirmitti Rajendra	Present	Present
41	Shirude Aishwarya Anil	Present	Present
42	Shitole Swati Sanjay	Present	Present
43	Sibimol Shivprasad	Present	Present
44	Surwase Disha Prakash	Present	Present
45	Tayade Punite Mukund	Present	Present
46	Upadhyay Jalak Rishikesh	Present	Present
47	Vairagi Kasturi Nitin	Present	Present
48	Vayal Shweta Mahesh	Present	Present
49	Sumanvita Batni	Present	Present
50	Rutuja Parte	Present	Present

Ruchak



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List of III BPT casual batch students

Roll	Name	Attendance sign in	Attendance sign out
1	Agarwal Khushboo Manoj	Present	Present
2	Chaudhary Aamina Wajid Ali	Present	Present
3	Gadhawe Sakshi Dinesh	Present	Present
4	Gawade Shruti Santosh	Present	Present
5	Kale Prasanjeet Vinayak	Present	Present
6	Mane Lata Santosh	Present	Present
7	Pawar Snehal Satish	Present	Present
8	Shinde Riddhi Dilip	Present	Present
9	Tejwani Gunjan Rajkumar	Present	Present
10	Zende Shweta Gurudev	Present	Present
11	Singh Madhulikha	Present	Present
12	Gone Sneha	Present	Present
13	Jeeihaan Khairrabadi	Present	Present
14	Kinjal Jain	Present	Present
15	Hridya Nair	Present	Present

Ruchika