



MGM INSTITUTE OF HEALTH SCIENCES

(Deemed University u/s 3 of UGC Act, 1956)

Grade 'A' Accredited by NAAC

Sector-01, Kamothe, Navi Mumbai - 410 209

Tel 022-27432471, 022-27432994, Fax 022 - 27431094

Website : www.mgmuhs.com

MOTIVATIONAL TALK SESSION FOR STUDENTS OF MGMIHS

MGMIHS IQAC Initiative

Date -14.08.2020

Time – 9:00 AM

Live On Youtube -

<https://youtu.be/QWxmvDfiSAs>



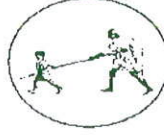
“Coping with the pandemic COVID-19”

Dr Rakesh Ghidiyal
(Professor and Head, Psychiatry, MGMMCNM)

“Introduction to Manodarpan ”

Dr Shubhangi Dere
(Assistant Professor, Psychiatry, MGMMCNM)

Manodarpan - Psychosocial support for mental health and wellbeing of the students- An initiative by MHRD, GOI as part of Atma Nirbhar Bharat Abhiyan



MGM INSTITUTE OF HEALTH SCIENCES

(Deemed University u/s 3 of UGC Act, 1956)

Grade 'A' Accredited by NAAC

Sector-01, Kamothe, Navi Mumbai - 410 209

Tel 022-27432471, 022-27432994, Fax 022 - 27431094

E-mail : registrar@mgmuhs.com ; Website : www.mgmuhs.com

Internal Quality Assurance cell (MGMIHS)

12.8.2020

Wednesday

To,
The Heads of the Institutes
Navi Mumbai and Aurangabad
MGMIHS.

Sub: Motivational talk for students of MGMIHS (approximately 4000 students)

Respected Sir/Madam,

As per the feedback from the student survey about their experiences during the COVID-19 period, there was request for a motivational talk regarding coping with the pandemic situation COVID-19. As per the directives of Hon'ble Vice Chancellor and a quality initiative MGMIHS a session is planned.

The session will include

1. **"Coping with the pandemic COVID-19"- Dr Rakesh Ghidiyal .**

Professsor and Head, Psychiatry, MGMMCNM

2. **Introduction to Manodarpan - Dr Shubhangi Dere.** Assistant Professor, Psychiatry, MGMMCNM
Manodarpan -Psychosocial support for mental health and wellbeing of the students- An initiative by MHRD, GOI as part of Atma Nirbhar Bharat Abhiyan

The program will be conducted online for all the MGMIHS students **live on 14.8.2020**, Friday form **9-10 am**. The link will be provided by the IT department and sent to all the students by 13.8.2020 ,5.00pm.

Request your support to motivate the students through the mentors, whatapp groups and emails. Looking forward for an enthusiastic student participation who can benefit from the session.

Thank you

Regards

RMK 12-8-2020
Dr Rita M. Khadkikar
IQAC Coordinator
MGMIHS
Navi Mumbai

**Co-ordinator
IQAC Cell
MGMIHS
Kamothe, Navi Mumbai - 410209**



MGM INSTITUTE OF HEALTH SCIENCES

(Deemed University u/s 3 of UGC Act, 1956)

Grade 'A' Accredited by NAAC

Sector-01, Kamothe, Navi Mumbai - 410 209

Tel 022-27432471, 022-27432994, Fax 022 - 27431094

E-mail : registrar@mgmuhs.com ; Website : www.mgmuhs.com

Internal Quality Assurance cell (MGMIHS)

12.8.2020

Wednesday

To,
The HOD
Psychiatry Department
MGMMCNM, Kamothe
Navi Mumbai

Sub: Request for giving a motivational talk for students of MGMIHS (approximately 4000 students)

Respected Sir,

As per the feedback from the student survey about their experiences during the COVID-19 period, there was request for a motivational talk regarding coping with the pandemic situation COVID-19. As per the directives of Hon'ble Vice Chancellor, request you to speak on the coping strategies as a MGMIHS quality initiative.

The session will include

1. **"Coping with the pandemic COVID-19"** - **Dr Rakesh Ghidiyal** .
Pofessor and Head, Psychiatry, MGMMCNM

2. **Introduction to Manodarpan** -- **Dr Shubhangi Dere**. Assistant Professor, Psychiatry, MGMMCNM
Manodarpan -Psychosocial support for mental health and wellbeing of the students- An initiative by MHRD, GOI as part of Atma Nirbhar Bharat Abhiyan

The program will be conducted online for all the MGMIHS students **live on 14.8.2020**, Friday form **9-10 am**. The link will be provided by the IT department and sent to all the students by 13.8.2020 ,5.00pm.

Looking forward for your support.

Thank you

Regards


Rmk 12-8-2020


Dr Rita M. Khadkikar
IQAC Coordinator
MGMIHS
Navi Mumbai


**Co-ordinator
IQAC Cell
MGMIHS
Kamothe, Navi Mumbai - 410209**


https://studio.youtube.com/live_chat?is_popout=1&v=QWxmvDfISAs - Google Chrome
studio.youtube.com/live_chat?is_popout=1&v=QWxmvDfISAs


Top chat ▾ 175% - + Reset


 Ravindra Inamdar Very nicely put..Dr Gildiyal Dr Dere Dr Rita ! nice initiative VC sir!


 Mayank C Jain Thank u


 neetya maheshmalkar thank you maam


 Ancy Chinnu Thank you maam


 Akash Tandale thanks ma'am


 ANSA ROY thank you ma'am


 Saurabh Mahajan Thank you sir and ma'am 🙏

 theZENofficial thank you mam

 LIMIAMOL L Thank you ma'am

 PRIYA CHRISTY thank you ma'am

 Mohini Pathrikar thank you mam

 Anil Khandare
Say something...

0/200 ➤

Type here to search

09:25 14-08-2020

11 nos.



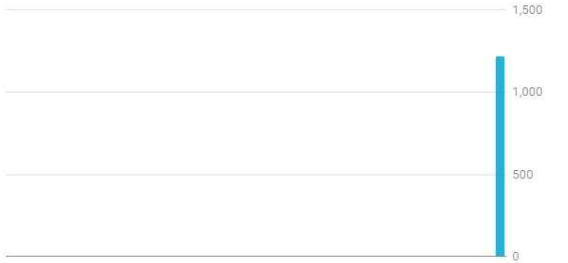
Anil Khandare / Video

Motivational Talk Session for students of MGMIHS

Updating live

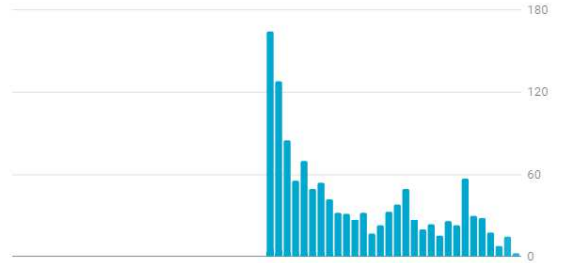
Views · Last 48 hours

1,213



Views · Last 60 minutes

1,213



Video	Publish date	Last 48 hours	Last 60 minutes
 Motivational Talk Session fo...	Aug 12, 2020	1,213	1,218

https://studio.youtube.com/live_chat?is_popout=1&v=QWxmvDfi5As - Google Chrome
studio.youtube.com/live_chat?is_popout=1&v=QWxmvDfi5As

Top chat ▾

- Prashansa Kasat thank you ma'am
- Vedhant Gadhe thank you
- Soham Sawant thank you mam'm
- surayyakd thank you ma'am
- Nabeela Fatema thank you ma'am
- Rishi Nakhate Thank you mam
- komal parwani thank you ma'am
- Geetanjali Puri thank you mam
- Prachi Gawate Thank you ma'am
- Shakshi Rajpurkar thanks
- Tanya Haresh Gursahani thank you ma'am

Anil Khandare
Say something...

0/200

Type here to search

09:26
14-08-2020

11 nos.

https://studio.youtube.com/live_chat?is_popout=1&v=QWxmvDfISAs - Google Chrome
studio.youtube.com/live_chat?is_popout=1&v=QWxmvDfISAs

Top chat ▾

- Tanya Haresh Gursahani thank you ma'am
- Diksha b thank you mam
- Jeeva S Varghese thank you ma'am
- Farooqui Mehreen Thank you Mam
- Mangesh Bansod thanku mam
- Smita Nand thank u maam
- JASMINE JAMES Thank you Ma'am
- Shweta Ghodke Thank you maam
- Poojashri Kannan thank you ma'am
- ashly thomas Thank u maam
- Ketki Kadam Thank you ma'am
- Jemy George Daniel thank you maam

Anil Khandare
Say something...

0/200

Type here to search

09:26
14-08-2020

11 nos.

https://studio.youtube.com/live_chat?is_popout=1&v=QWxmvDfISAs - Google Chrome
studio.youtube.com/live_chat?is_popout=1&v=QWxmvDfISAs

Top chat ▾

- Jemy George Daniel thank you maam
- Priyanka Wilson thankyou ma'am
- Falah Quazi thank you ma'am
- Anuja Bhalerao thank you maam
- Akshata Thakare thankyou
- Renu Khedekar thank you maam
- mrunal Palodkar thank you ma'am
- Snehal Thote thank you ma'am
- Shreya Mokal thank you ma'am
- Prachi Patil ty
- Yash Tijare thank you ma'am
- Alena Siddiqui Thank you ma'am!

Anil Khandare
Say something...

0/200

Type here to search

09:26
14-08-2020

10 nos.

https://studio.youtube.com/live_chat?is_popout=1&v=QWxmvDfISAs - Google Chrome
studio.youtube.com/live_chat?is_popout=1&v=QWxmvDfISAs

Top chat ▾

- Prachi Patil ty
- Yash Tijare thank you ma'am
- Aleena Siddiqui Thank you ma'am!
- Nandini Thorat thank you Ma'am
- Aishwarya Goswami thank you ma'am
- Geeva John Thank you ma'am
- Anushka Mahadik thankyou ma'am
- Sayoni Pawar thankyou ma'am
- sakshi purarkar thank u ma'am
- Harsha Wadhvani thank you ma'am
- Khadija Lokhandwala Thank you ma'am!

Anil Khandare
Say something...

0/200

Type here to search

09:26
14-08-2020

09 nos.

https://studio.youtube.com/live_chat?is_popout=1&v=QWxmVdfiSAs - Google Chrome
studio.youtube.com/live_chat?is_popout=1&v=QWxmVdfiSAs

Top chat ▾

- Shivani Chavan thank you sir and thank you maam
- Chhaya Dhurde thank you ma'am
- Aditi Joshi thank you ma'am
- Gayatri Dashrathe . Thank you sir and ma'am
- Anju Thomas thank u mam
- Tissamol Sebastian Thank you ma'am
- Mishel Pinheiro Tnku anil sir, ritha ma'am...
- Sneha Ambhore thank you ma'am
- Raj Zalavadia Thank you
- Darshana Chachra Thank you Mam
- Always truth channel thank you ma'am

Anil Khandare
Say something...

0/200

Type here to search

09:27
14-08-2020

11 nos.

https://studio.youtube.com/live_chat?is_popout=1&v=QWxmVDFi5As - Google Chrome
studio.youtube.com/live_chat?is_popout=1&v=QWxmVDFi5As

Top chat ▾

- Always truth channel thank you ma'am
- Pooja Jadhav thank you maam
- Esha Karkhanis thankyou ma'm
- Unnati Badjate Thank you ma'am
- Ankita Bhatade thank you ma'am
- priyanka tripathi thanku mam
- Kshipra Shastri thank u mam
- Shesh Dakle** thank u mam
- Mangesh Bansod thanku mam
- Luvpreet Kour Maan thnk u mam
- Yutika Nagwekar Thankyou maam
- Sonusara Sunil good morning ma'am

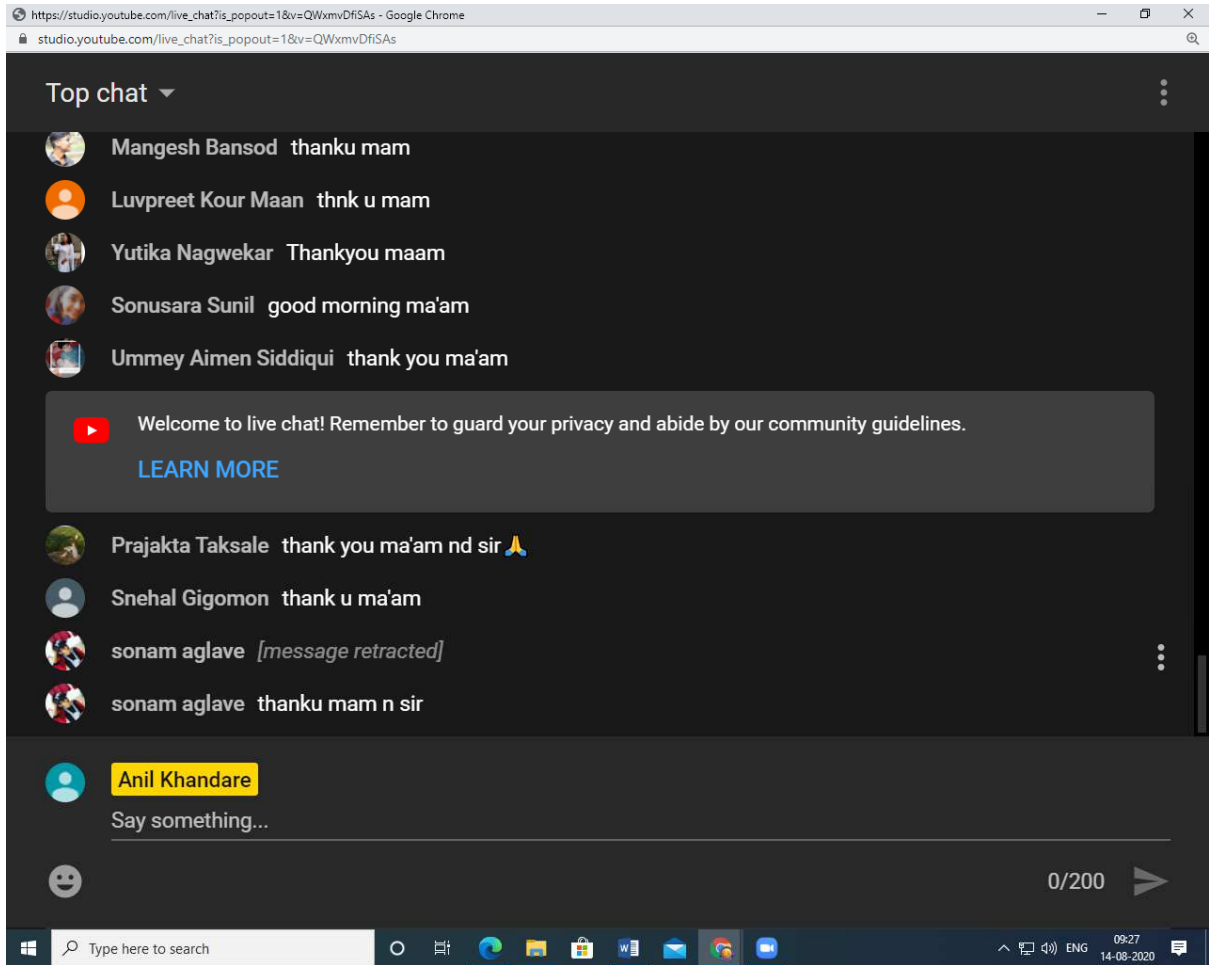
Anil Khandare
Say something...

0/200

Type here to search

09:27
14-08-2020

11 nos.




09 nos.

Grand total of Number of Participants: 83

Viewed on YouTube as on 06-04-2021 at 3.33pm : 1856 number of viewers

 Vaishali Raut 9:01 AM
Vaishali Harish Raut ,good morning
ma'am

 Chat publicly as Ravindra Inamdar...