## Coping in COVID- 19 period: sharing of experiences by students

The COVID -19 period has been a challenging time for many .All the educational institutes discontinued traditional teaching activities and switched over to online teaching during this lock down period . The social activities have been curtailed . Some may have considered this as an opportunity while others must have found it difficult to cope up. MGMIHS wishes to know how did you students cope up in this crucial time . We would like you to share your experiences and suggest what support from MGMIHS would help you to cope up better.

Request you students to sincerely share your experiences.IQAC MGMIHS ensures confidentiality of your experiences

Kindly provide suggestions for us for help you.

\* Required

Name of the student \*

Your answer

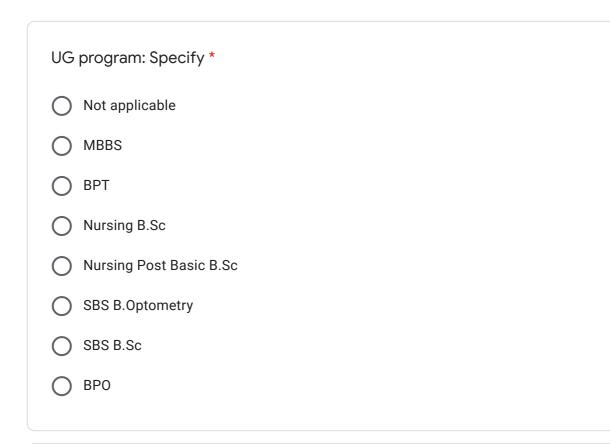
Campus \*

) Aurangabad

) Navi Mumbai

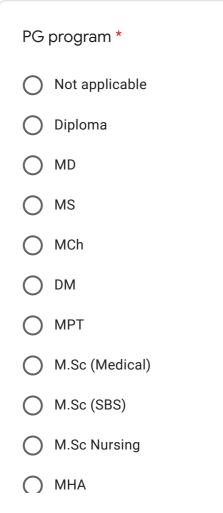
Program \*

O UG



UG Program, specify semester *	
O Not applicable	
Semester I	
Semester II	
Semester III	
O Semester IV	
O Semester V	
O Semester VI	
O SemesterVII	
O Semester IX	

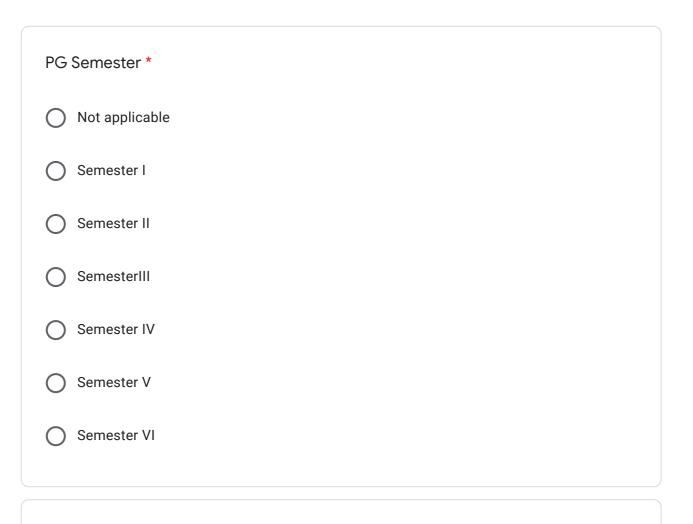
UG specialization: for SBS students *
O Not Applicable
O Perfusion technology
O Medical Dialysis technology
O Operation theater and Anesthesia technology
O Cardiac care technology
O Medical Radiology Imaging technology
O Medical laboratory technology



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PG specialization (subject)

Your answer

Roll number \*

Your answer

Mobile number: \*

Your answer

•

Your answer          Your answer         1.What were your feelings regarding the lock down?*         Anxiety         Fear         Depression         Lonely         Normal         Other:         2.What was your most important concern? Which aspect of the situation was working on you mind *         Your answer         3. Did you require any support ?*         Yes	Email	I ID *
<ul> <li>Anxiety</li> <li>Fear</li> <li>Depression</li> <li>Lonely</li> <li>Normal</li> <li>Other:</li> </ul> 2.What was your most important concern? Which aspect of the situation was working on you mind * Your answer 3. Did you require any support ? *	Your a	answer
<ul> <li>Fear</li> <li>Depression</li> <li>Lonely</li> <li>Normal</li> <li>Other:</li> </ul> 2.What was your most important concern? Which aspect of the situation was working on you mind * Your answer 3. Did you require any support ? * Yes	1.Wha	at were your feelings regarding the lock down? *
<ul> <li>Depression</li> <li>Lonely</li> <li>Normal</li> <li>Other:</li> </ul> 2.What was your most important concern? Which aspect of the situation was working on you mind * Your answer 3. Did you require any support ? * Yes	A	Anxiety
<ul> <li>Lonely</li> <li>Normal</li> <li>Other:</li> <li>2.What was your most important concern? Which aspect of the situation was working on you mind *</li> <li>Your answer</li> <li>3. Did you require any support ? *</li> <li>Yes</li> </ul>	F	Fear
<ul> <li>Normal</li> <li>Other:</li> <li>2.What was your most important concern? Which aspect of the situation was working on you mind *</li> <li>Your answer</li> <li>3. Did you require any support ? *</li> <li>Yes</li> </ul>		Depression
<ul> <li>Other:</li> <li>2.What was your most important concern? Which aspect of the situation was working on you mind *</li> <li>Your answer</li> <li>3. Did you require any support ? *</li> <li>Yes</li> </ul>	Ľ	_onely
<ul> <li>2.What was your most important concern? Which aspect of the situation was working on you mind *</li> <li>Your answer</li> <li>3. Did you require any support ? *</li> <li>Yes</li> </ul>		Normal
<ul> <li>working on you mind *</li> <li>Your answer</li> <li>3. Did you require any support ? *</li> <li>Yes</li> </ul>		Other:
3. Did you require any support ? *		
O Yes	Your a	answer
	3. Dic	d you require any support ? *
	() Y	Yes
<b>O</b> No		Νο

H

O No

5. Who supported you ? (Can tick more than one ) *
Parents
Friends
Siblings
Relatives
Teachers
Counsellors
No One
6. What were your good experiences? ( can tick more than one ) *
More time at hand
More time with family
More time for creativity
Could learn a new skill
Could study the subjects deeply
Others
7. What were your challenging experiences ? ( can tick more than one ) *
Loneliness
Social Activity was stopped
Missed interaction with friends

Lethargy
----------

Daily routine was disturbed

Any other

8.What helped you to cope with this situation ? (Persons,books,Movies,sleep,exercise,any skill,cooking,organizing, any other ) Describe in short \*

Your answer

9. Any skill developed or any achievement in this period. (learnt music, art ,online course completed, online exam given, or any other) Mention the skill or achievement. \*

Your answer

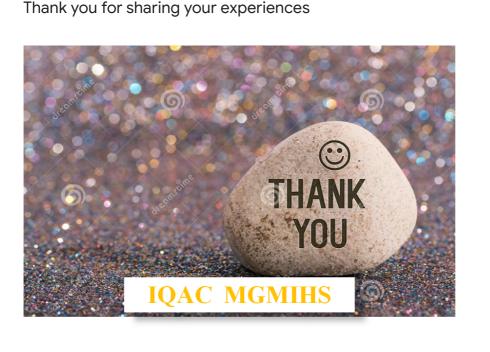
10.Overall how was your experience in accepting the COVID-19 situation and moving on positively?Experiences would be different as each one is facing different challenges.What's your personal experience? \*

Excellent



- ) Good
- 🔵 Fair
- 🔵 Poor

11. What support you expect from your Institute during this period to help you cope better ? \*



Thank you for sharing your experiences

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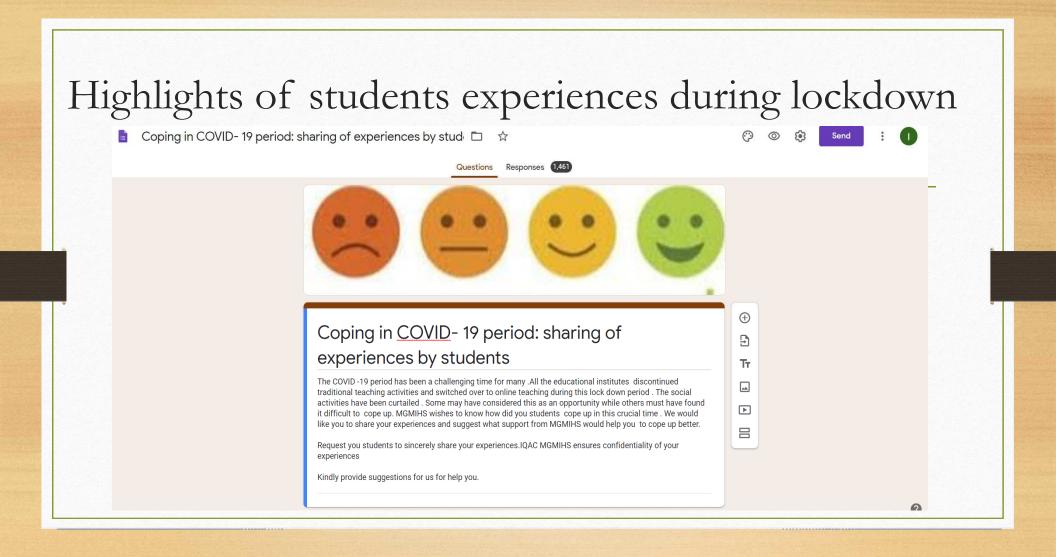
### Highlights of students experiences during lockdown

### Purpose of the survey

- The COVID -19 period has been a challenging time for many .All the educational institutes discontinued traditional teaching activities and switched over to online teaching during this lock down period . The social activities have been curtailed . Some may have considered this as an opportunity while others must have found it difficult to cope up. MGMIHS wishes to know how did you students cope up in this crucial time . We would like you to share your experiences and suggest what support from MGMIHS would help you to cope up better.
- Request you students to sincerely share your experiences.IQAC MGMIHS ensures confidentiality of your experiences
- Kindly provide suggestions for us for help you.

### Highlights of students experiences during lockdown

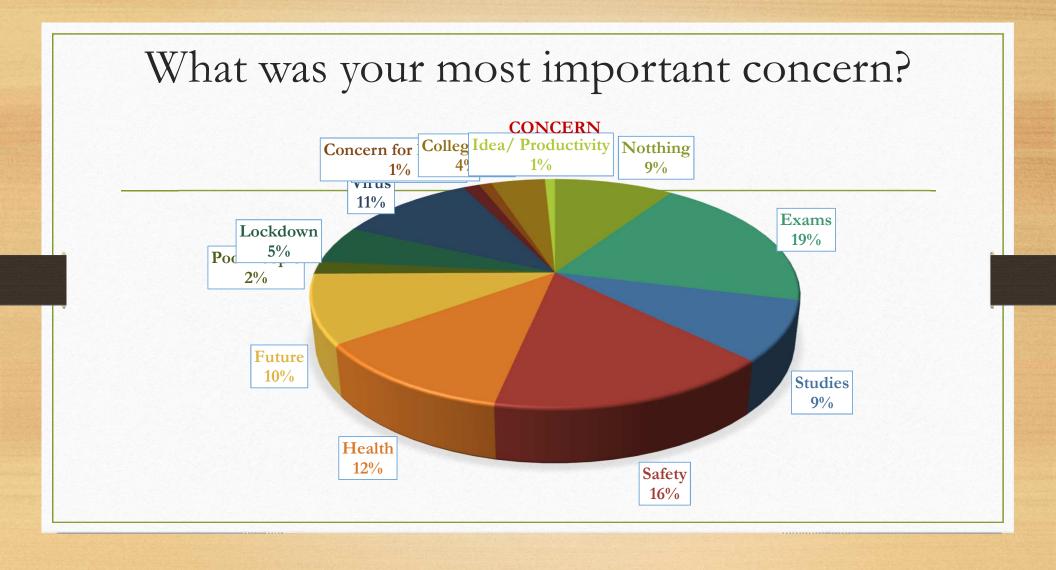
• 1466 responses



# What was your most important concern? Which aspect of the situation was working on your mind?

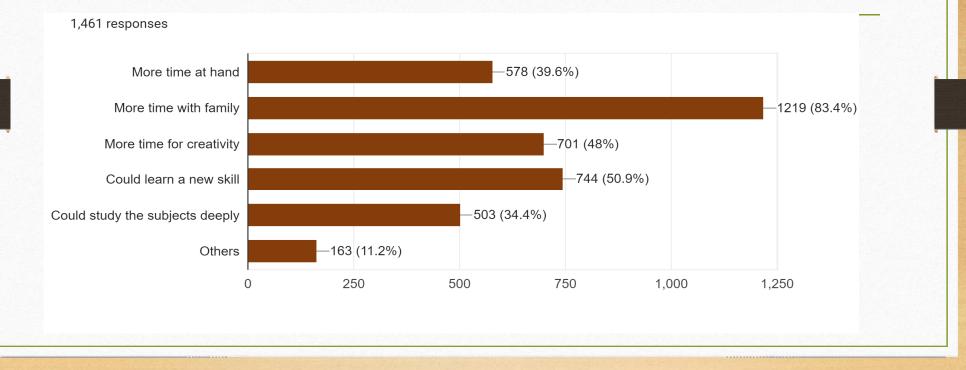
#### What was your most important concern?

Nothing	Exams	Studies	Safety	Health	Future	Poor People	Lockdown	Virus	Hospital Work	Concern for Doctors	College Life	Idea/ Productivity
95	196	86	161	118	99	18	54	108	13	10	43	8

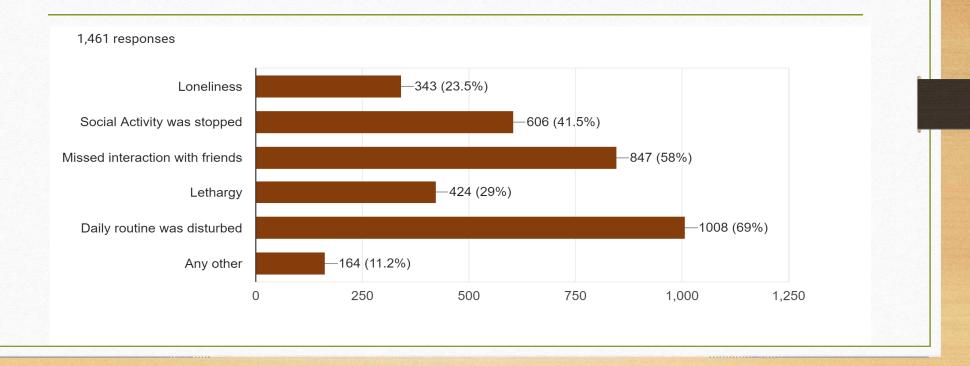


#### Did you require any support? Who supported you ? (Can tick more than one) . . . 1,461 responses 1,461 responses —1188 (81.3%) Parents Yes -838 (57.4%) Friends No 🔵 66.3% Siblings -527 (36.1%) Relatives -248 (17%) Teachers -280 (19.2%) -36 (2.5%) Counsellors 33.7% 180 (12.3%) No One 0 250 500 750 1,000 1,250

# What were your good experiences? (can tick more than one)



# What were your challenging experiences ? ( can tick more than one )



What helped you to cope with this situation ?(Persons,books,Movies,sleep,exercise,any skill,cooking,organizing, any other ) Describe in short

### What helped you cope?

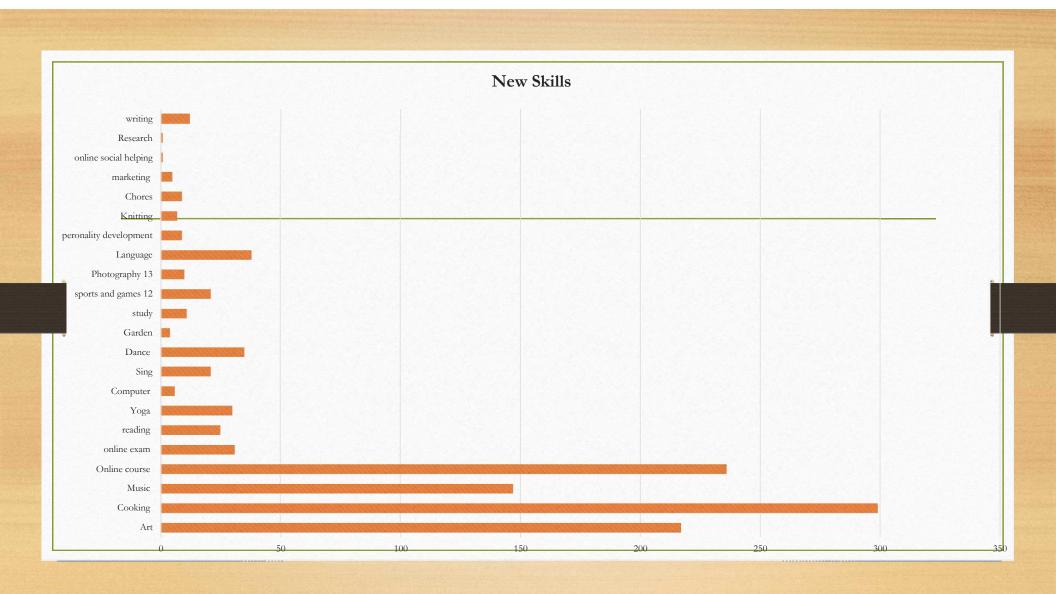
									Online		
Cooking	Movie	Exercise	Books	Sleep	Family	People	Meditation	Others	lectures	Music	social media
19%	19%	13%	15%	10%	8%	6%	1%	5%	1%	2%	1%
19%	1970	13%	1370	10%0	0%	070	1 70	$\mathfrak{I}/\mathfrak{0}$	1 70	$Z^{0}$	1 70



## Any skill developed or any achievement in this period. (learnt music, art ,online course completed, online exam given, or any other) Mention the skill or achievement.

### Skill developed

Art	Cooking		Online course			Yoga	Compute	r Sing	Dance	Garden	study	sports and games	Photography		personalit y developm ent			marketin g		Research	Writing
217	299	147	236	31	25	30	6	21	35	4	11	21	10	38	9	7	9	5	1	1	12



# What support you expect from your **Institute** during this period to help you cope better ?

#### What support you expect from your Institute?

316       195       31       20       10       10       25       17       97       5       198       34       3	Exams	Online Lectures	Practical	Assignmen ts	Revision	Incentives /Stipend	Guidance	Emotional Support	Study Material	Alternative ways except Online	Nothing	Financial Support	Support Poor
	316	195	31	20	10	10	25	17	97	5	198	34	3



Overall how was your experience in accepting the COVID-19 situation and moving on positively?Experiences would be different as each one is facing different challenges.What's your personal experience?

