



MGM INSTITUTE OF HEALTH SCIENCES

(Deemed to be University u/s of 3 UGC Act, 1956)

Accredited by NAAC with 'A++' Grade

MGM IHS /EXAM-VI/ 2026

Date: 06.05.2026

NOTIFICATION NO:239 /2026

SUB: DOCTOR OF PHILOSOPHY (NURSING) THESIS DEFENSE AND VIVA-VOCE, EXAMINATION HELD IN APRIL 2026

Mr. Thombre Sandeep Sopan, Son of Thombre Sopan Bajirao, registered under MGM Institute of Health Sciences, Navi Mumbai in 2018 for Ph.D (Nursing) successfully defended his thesis entitled, "**Effect of Heartfulness Meditation on Physiological and Psychological Parameters among Adults Residing in Rural Areas of Ahmednagar District of Maharashtra**". and qualified in the Viva-Voce examination held at MGM Institute of Health Sciences, Kamothe ,Navi Mumbai on 27.04.2026. The candidate is notified for the award of Ph.D degree in (Nursing).

S. S. S.

06.05.2026

Controller of Examinations
MGM Institute of Health Sciences,
Navi Mumbai



Copy forwarded to:

1. Hon'ble Vice Chancellor, MGMIHS, Navi Mumbai
2. Registrar, MGMIHS, Navi Mumbai with request to upload the notification in MGMIHS website.
3. Dy. Registrar, MGMIHS at Chhatrapati Sambhajnagar Campus for information and co-ordination please.
4. Research Director, MGMIHS, Navi Mumbai
5. Dr. Sindhu Thomas, Associate Professor, Guide of the concerned student to act as per guidelines contained in Ph.D Rules para 6.10 and format as per Annexure-4 of said Rules (copy attached)
6. The Dean/ Principal, Medical / Nursing/ Physiotherapy Colleges are requested to bring this notification to the notice of all faculty members and students, displaying in the College Notice Boards at Chhatrapati Sambhajnagar & Navi Mumbai